



**CHARITY COMMISSION  
FOR ENGLAND AND WALES**

## **Trustees' Annual Report for the period**

**From 1/11/22  
Period end date**

**Period start date To 1/11/23**

**Charity name: CMIST (Community Men in Sheds Taunton)**

**Charity registration number:**

## **Objectives and Activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote social inclusion for the benefit by preventing people (particularly but not exclusively older men) living in Taunton and surrounding areas, from becoming socially excluded, relieving the needs of those people who Are socially excluded and assisting them to integrate into society through the provision of facilities in which they can meet jointly or individually to undertake creative, physical or recreational activities, learn or pass on skills and knowledge and support each other socially.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The CMIST charity was set up in March 2022 and is actively engaged in community projects. We promote the shared experiences and skills of the members. To be totally inclusive we became a community shed, and therefore do not discriminate on gender, or other areas.</p> <p>Projects to date include repairing and renovating a memorable bench from thr 1<sup>st</sup> World War; plaques for a memorable garden park; a bell slide for a church bell; a 1970s retro style bar for a dementia unit; planters for relandscaping a brown site; repurposing furniture for a local charity; our facilities is uses by a psychiatric hospital as part of clients rehabilitation program; refer from the NHS, Mental health, Village Agents. We are also affiliated with Watchet Hedgehog Group; Forum and 21 and Minehead Community Woodland-for fuel poverty; Somerset Wildlife Trust.</p>

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We are fully conversant and adhere to the guidance.
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### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	The understanding in CMIST is that each member can do their own projects, but we all come together to invest in the community with helping other groups around the area. In fact we have made 20 hedgehog houses for Watchet hedgehog group that enable the release of hedgehogs after they was rescued
Contribution made by volunteers	Para 1.38	N/A
Other		

### Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The main achievements of the Charity is to bring isolated people together; supporting members to share conversations in a safe haven and ameliorate their mental health issues. The advice and information the National Shed provide, and the uptake of membership has proven that there is a need for facilities such as ours to reduce loneliness and mental health.
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#### **Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Due to the recent set up of the Charity we have now implemented many activities and project to be shared by all.
Performance of fundraising activities against objectives set	Para 1.41	We have had funding from Somerset Community Foundation to purchase a new shed; money from the Masonic Lodge; The Co-op; donation from a local mental health institution.
Investment performance against objectives	Para 1.41	N/A
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	We are in a very good position financial with increased membership and grants for projects
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The policy is under the current account we hold a year financial outgoing all the excess is placed in the reserved account, the reason being is directly after the pandemic and lockdown we was very close to shutting the shed permanently
Amount of reserves held	Para 1.22	At this time £3500
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Membership fees and daily attendance fees, and limited sales
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Loss of lease
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Unincorporated association CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Election annually at an AGM of one or more trustees, as in the constitution, a single trustee stands down each year. The positions are open to all members, but the officers of management committee, Chairperson, Secretary and Treasurer are elected

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Once elected there is a general meeting the experienced trustees involve the newly elected members
The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/A
Relationship with any related parties	Para 1.51	N/A
Other		

## Reference and Administrative details

Charity name	Community Men in Sheds Taunton
Other name the charity uses	CMIST

Registered charity number	Registered Charity No. 1198052
Charity's principal address	CMIST - Community Men in Sheds Taunton Unit 1, Old Engineering Workshops, Station Approach North, Taunton Station, Taunton, Somerset, TA1 1QP

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Maxine Courage	Secretary	1/6/2023	
2	John Thwaites	Chairperson	1/6/2023	
3	Ron Williamson	Treasurer	1/6/2023	
4	Peter Buttle	Trustee	1/6/2023	
5	Veronica Roach	Trustee	1/6/2023	
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### Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		


Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		



## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

## Additional information (optional)

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Maxine Courage

Full name(s)

Maxine Courage

Position (eg  
Secretary, Chair, etc)

Secretary

Date

26/10/2023