

CMIST

England & Wales · Charity number 1198052

Details

Status Registered

Legal form CIO

Registered 2022-02-24

Register [View on the Charity Commission register](#)

Contact

Address Cmist
Unit 1
Taunton Station
Taunton
Somerset
TA1 1QP

Phone 0300 102 1618

Email cmist.taunton@gmail.com

Website <https://cmist.uk>

Activities

Objects: TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE (PARTICULARLY BUT NOT EXCLUSIVELY OLDER MEN) LIVING IN TAUNTON AND SURROUNDING AREAS, FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY THROUGH THE PROVISION OF FACILITIES IN WHICH THEY CAN MEET JOINTLY OR INDIVIDUALLY TO UNDERTAKE CREATIVE, PHYSICAL OR RECREATIONAL ACTIVITIES, LEARN OR PASS ON SKILLS AND KNOWLEDGE AND SUPPORT EACH OTHER SOCIALLY. FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY OR PARTS OF SOCIETY AS A RESULT OF UNEMPLOYMENT, FINANCIAL HARDSHIP, YOUTH OR OLD AGE, GENDER, ILL HEALTH (PHYSICAL OR MENTAL).

Activities: We provide a community space, workshop activities and facilities to combat isolationism through attendance and knowledge sharing. We have a comprehensive wood working workshop, and hope to expand into many other interests such as metal working, ceramics, textiles etc to offer a wider set of interests to the Taunton Community. The shed is driven by the knowledge and experience of its members.

Classification

- **How:** Provides Buildings/facilities/open Space
- **What:** General Charitable Purposes
- **Who:** Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Somerset

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£24,000	£20,000	-	-
2024-03-31	£9,500	£5,800	-	-
2023-03-31	£8,200	£5,600	-	-

Trustees

Name	Role	Appointed
John Thwaites	Chair	2022-03-04
Maxine Courage		2022-03-04
Peter Buttle		2023-06-29
Ronald Williamson		2023-06-29

CMIST

England & Wales - Charity number 1198052

Accounts

CMIST Accounts 2024 - 2025

Feb-24

2/1/2024	Cash Deposit		£140.00
2/5/2024	Network Rail	£280.74	
2/16/2024	UK Mens Sheds	£30.00	
2/19/2024	Etech Electrical	£222.00	
2/19/2024	Service Charge	£5.00	
2/20/2024	J&S Holland		£20.00
2/22/2024	Cash Deposit		£220.00
2/28/2024	EDF	£150.00	
2/29/2024	A&A Setter		£20.00

March 24

3/4/2024	Amazon	£17.99	
3/4/2024	Network Rail	£280.74	
3/8/2024	Cash Deposit		£200.00
3/8/2024	Andy Smith	£86.80	
3/14/2024	Transfer from Restricted		£1,300.00
3/14/2024	Andy Smith	£121.62	
3/19/2024	Service charge	£5.00	
3/22/2024	Cash Deposit		£190.00
3/27/2024	www.biz.co.uk	£9.49	
3/27/2024	EDF	£150.00	

Apr-24

4/3/2023	Network Rail	£280.74	
4/10/2024	Cash Deposit		£190.00
4/12/2024	Second Step		£44.00
4/18/2024	Ladbrook Insurance	£788.98	
4/19/2024	Taunton Town Council		£2,500.00
4/19/2024	To Restricted	£2,500.00	
4/18/2024	Axminster Tools	£30.98	
18/4/234	Yesterhome	£21.99	
4/19/2024	Cash Deposit		£220.00

May-24

5/3/2024	Network Rail	£280.74	
5/8/2024	Cash Deposit		£320.00
5/8/2024	Amazon	£181.98	
5/9/2024	Cygnat		£252.00
5/10/2024	Lottery Grant		£7,000.00
5/10/2024	Transfer to Restricted	£7,000.00	
5/13/2024	Get Clean	£36.67	
5/13/2024	From Restricted		£5,703.60

5/13/2024	Portable Space	£5,703.60	
5/14/2024	Cygnat		£260.00
5/22/2024	Cygnat		£336.00
5/23/2024	Geckoella		£45.00
5/23/2024	Amazon	£22.03	
5/24/2024	Cash Deposit		£230.00
5/24/2024	Transer to savings	£378.00	
5/30/2024	Andy Smith - electrics	£111.65	
5/30/2024	From Restricted		£111.65

Jun-24

6/3/2024	EDF	£150.00	
6/3/2024	Network Rail	£280.74	
6/4/2024	Andy Smith	£71.93	
6/4/2024	Andy Smith	£36.00	
6/4/2024	From Restricted		£107.93
6/7/2024	Cash & Cheque paid in		£235.00
6/10/2024	Morrisons Foundation		£4,000.00
6/10/2024	Transfer to restricted	£4,000.00	
6/13/2024	Andy Smith	£253.98	
6/14/2024	Cash paid in		£175.00
6/17/2024	Etech Electrical	£103.20	
6/18/2024	Wiveliscombe Community		£280.00
6/20/2024	From Restricted		£103.20
6/20/2024	Sedgemoor Fire Prevention Ltd	£697.02	
6/20/2024	From Restricted		£697.02
6/27/2024	Sitebox online	£219.98	
6/28/2024	Cash paid in		£320.00

Jul-24

7/2/2024			£200.00
7/3/2024	Network Rail	£280.74	
7/9/2024	Cheque Deposit Thursday Group		£100.00
7/9/2024	Wix Annual Subscription	£129.60	
7/9/2024	Axminster Tools	£64.92	
7/9/2024	To Savings	£100.00	
7/11/2024	Cash paid in		£205.00
7/11/2024	Amazon	£349.99	
7/11/2024	From restricted		£349.99
7/12/2024	To CMIST	£100.00	
7/16/2024	Cash paid in		£125.00
7/17/2024	Amazon	£22.97	
7/22/2024	Jane Sharp		£50.00
7/26/2024	Cash paid in		£180.00
7/26/2024	Transfer to savings account	£250.00	

Aug-24

8/2/2024	EDF payment	£150.00	
4/5/2024	Network Rail	£280.74	
8/6/2024	Andy Smith	£48.50	
8/6/2024	Aloysius Fortescue		£84.50
8/9/2024	Cash paid in		£175.00
8/15/2024	Axminster tools	£81.74	
8/15/2024	Amazon	£65.91	
8/21/2024	Cash paid in		£135.00
8/27/2024	Jane Sharp		£48.00
8/27/2024	Warm Glass	£247.07	
8/28/2024	Cash paid in		£345.00

Sep-24

9/2/2024	Jane Sharp		£80.00
9/2/2024	Transfer to savings account	£110.00	
4/3/2024	Network Rail	£280.74	
9/3/2024	Andy Smith	£95.00	
9/5/2024	@2K	£40.00	
9/6/2024	Cash paid in		£130.00
9/10/2024	Perlo Ltd	£207.18	
8/13/2024	Cash paid in		£150.00
9/17/2024	Geoff Thomas	£29.58	
9/20/2024	Cash paid in		£150.00
9/20/2024	Robert Price-Bates Membership		£20.00
9/24/2024	Epic Laser Designs	£30.00	
9/24/2024	From Restricted		£30.00
9/25/2024	Epic Laser Designs	£30.00	
9/26/2024	Cash paid in		£165.00

Oct-24

10/1/2024	Ron Williamson		£20.00
10/1/2024	Network Rail	£280.74	
10/4/2024	R Robertson	£20.00	
10/4/2024	Ryan Connor		£20.00
10/4/2024	Ryan Connor		£3.00
10/8/2024	Pauline Smith		£20.00
10/9/2024	Cash Paid in		£500.00
10/9/2024	Transfer to Savings	£250.00	
10/9/2024	Epic Laser Designs	£30.00	
10/10/2024	VJ Roach - Membership		£20.00
10/11/2024	Cash Paid in		£400.00
10/11/2024	Transfer to Savings	£350.00	

10/11/2024	EDF payment	£100.00	
10/15/2024	Cygnnet paymenr		£624.00
10/15/2024	Transfer to Savings	£201.00	
10/23/2024	Roy Cramer Membership		£20.00
10/25/2024	Cash Paid in		£290.00
10/25/2024	Transfer to Savings	£250.00	
10/30/2024	Bath Potters	£3,237.33	
10/30/2024	From Restricted		£3,237.33
10/30/2024	Amazon	£104.99	

Nov-24

11/1/2024	Elizabeth Passmore		£20.00
11/4/2024	Network Rail	£280.74	
11/6/2024	Cash Paid in		£305.00
11/6/2024	Cleaning	£53.33	
11/7/2024	Rachel Robertson		£43.00
11/11/2024	EDF	£100.00	
11/13/2024	Cash Paid in		£470.00
11/13/2024	Ron Williamson Xmas meal		£16.95
11/14/2024	Andy Smith - Toilet flush	£31.00	
11/14/2024	Proper job - printing paper	£4.99	
11/14/2024	Amazon - First Aid Kit	£31.98	
11/14/2024	Josephine Webb - Xmas lunch		£17.00
11/14/2024	Josephine Webb - Xmas lunch		£17.00
11/15/2024	R Robertson - Xmas lunch		£17.00
11/18/2024	Setter A+A, Membership		£20.00
11/19/2024	Ryan Connor - Xmas meal		£17.00
11/20/2024	Cash Paid in		£400.00
11/27/2024	Key Barrels and keys	£134.00	
11/28/2024	CPC for Drill guard	£18.38	

Dec-24

12/2/2024	Cash paid in		£300.00
12/3/2024	Network Rail	£280.74	
12/3/2024	Somerset and West Country Stairlift Ltd	£1,320.00	
12/4/2024	Somerset Fire Prevention	£107.10	
12/4/2024	Ali Express	£82.18	
12/4/2024	EDF	£150.00	
12/6/2024	The Merry Monk	£488.90	
12/6/2024	The Merry Monk	£24.00	
12/18/2024	Lightburn Software	£96.00	
12/20/2024	Aliexpress refund		£82.18
12/24/2024	Cash paid in		£320.00

Jan-25

1/2/2025	Marianne Baly		£20.00
1/3/2025	Network Rail	£280.74	
1/3/2025	EDF	£100.00	
1/17/2025	Cash paid in		£300.00
1/17/2025	Marianne Baly		£3.00
1/17/2025	Marianne Baly		£3.00
1/17/2025	BLT Direct		£379.49
1/24/2025	(@2K)	£30.00	

CMIST

England & Wales - Charity number 1198052

Accounts



Trustees' Annual Report for the period

From 1/12/23
Period end date

Period start date To 2/12/24

Charity name: **Cmist**
Charity registration number: **1198052**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To support those who suffer from depression and loniles
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Various art and crafts, DIY, community projects
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Yes

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Train, support, join together in Community projects. Making environmentally friendly products.

Other		
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Planters for Wiveliscombe Town Council. Planters for Taunton Station. Hedgehog boxes for Watchet Hedgehogs. Bug hotels for Watchet Splashpoint. Bat boxes for Watchet Conservation. Hedgehog boxes for Taunton station.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	3 grants received. Lottery Fund, Morrisons, Taunton Town Council
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	In profit
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held as we are on a 6 month rolling lease which will enable us to rent new premises if required
Amount of reserves held	Para 1.22	£6000
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Membership and attendance, donations and sales
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Closure of the Shed. Lack of volunteers
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Annual vote, with 1 Trustee stepping down per year

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	CMIST – Community Men in Sheds Taunton
Other name the charity uses	
Registered charity number	1198052
Charity's principal address	Unit 1, Engineering Workshop Station Approach Taunton TA1 1QP

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

John Thwaites

John Thwaites	
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Position (eg Secretary,
Chair, etc)

Chairman

Chairman	
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Date

14-1-2025

14-1-2025



CMIST
Unit 1 Engineers Workshop
Taunton
Somerset
TA1 1QP

Your Account

Sort Code 30-90-89
Account Number 26508063

TREASURERS ACCOUNT

01 December 2024 to 31 December 2024

Money In	£702.18	Balance on 01 December 2024	£3,575.37
Money Out	£2,548.92	Balance on 31 December 2024	£1,728.63

Your Transactions

Date	Description	Type	Money In (£)	Money Out (£)	Balance (£)
02 Dec 24	P.O. 15 PRIORSWOOD	DEP	300.00		3,875.37
03 Dec 24	NETWORK RAIL 5757723	DD		280.74	3,594.63
03 Dec 24	SOMERSET AND WEST 100000001459152922 21890	FPO		1,320.00	2,274.63
04 Dec 24	SEDGMOOR FIRE PREV 400000001473708644 23049	FPO		107.10	2,167.53
04 Dec 24	ALIEXPRESS.COM CD 4613	DEB		82.18	2,085.35
04 Dec 24	EDF UK CARD PAYMEN CD 4613	DEB		150.00	1,935.35
06 Dec 24	The Merry Monk CD 4613	DEB		24.00	1,911.35
06 Dec 24	The Merry Monk CD 4613	DEB		488.90	1,422.45
18 Dec 24	SP LIGHTBURN SOFTW CD 4613	DEB		96.00	1,326.45
20 Dec 24	ALIEXPRESS.COM CD 4613	DEB	82.18		1,408.63
24 Dec 24	P.O. 15 PRIORSWOOD	DEP	320.00		1,728.63

Transaction types

BGC Bank Giro Credit	BP Bill Payments	CHG Charge	CHQ Cheque
COR Correction	CPT Cashpoint	DD Direct Debit	DEB Debit Card
DEP Deposit	FEE Fixed Service	FPI Faster Payment In	FPO Faster Payment Out
MPI Mobile Payment In	MPO Mobile Payment Out	PAY Payment	SO Standing Order
TFR Transfer			

CMIST

England & Wales - Charity number 1198052

Accounts



Trustees' Annual Report for the period

From 1/11/22
Period end date

Period start date To 1/11/23

Charity name: CMIST (Community Men in Sheds Taunton)

Charity registration number:

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote social inclusion for the benefit by preventing people (particularly but not exclusively older men) living in Taunton and surrounding areas, from becoming socially excluded, relieving the needs of those people who Are socially excluded and assisting them to integrate into society through the provision of facilities in which they can meet jointly or individually to undertake creative, physical or recreational activities, learn or pass on skills and knowledge and support each other socially.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The CMIST charity was set up in March 2022 and is actively engaged in community projects. We promote the shared experiences and skills of the members. To be totally inclusive we became a community shed, and therefore do not discriminate on gender, or other areas.</p> <p>Projects to date include repairing and renovating a memorable bench from thr 1st World War; plaques for a memorable garden park; a bell slide for a church bell; a 1970s retro style bar for a dementia unit; planters for relandscaping a brown site; repurposing furniture for a local charity; our facilities is uses by a psychiatric hospital as part of clients rehabilitation program; refer from the NHS, Mental health, Village Agents. We are also affiliated with Watchet Hedgehog Group; Forum and 21 and Minehead Community Woodland-for fuel poverty; Somerset Wildlife Trust.</p>

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We are fully conversant and adhere to the guidance.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	The understanding in CMIST is that each member can do their own projects, but we all come together to invest in the community with helping other groups around the area. In fact we have made 20 hedgehog houses for Watchet hedgehog group that enable the release of hedgehogs after they was rescued
Contribution made by volunteers	Para 1.38	N/A
Other		

Achievements and Performance

	SORP reference	

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The main achievements of the Charity is to bring isolated people together; supporting members to share conversations in a safe haven and ameliorate their mental health issues. The advice and information the National Shed provide, and the uptake of membership has proven that there is a need for facilities such as ours to reduce loneliness and mental health.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	<p>Due to the recent set up of the Charity we have now implemented many activities and project to be shared by all.</p>
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	<p>We have had funding from Somerset Community Foundation to purchase a new shed; money from the Masonic Lodge; The Co-op; donation from a local mental health institution.</p>
<p>Investment performance against objectives</p>	<p>Para 1.41</p>	<p>N/A</p>
<p>Other</p>		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	We are in a very good position financial with increased membership and grants for projects
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The policy is under the current account we hold a year financial outgoing all the excess is placed in the reserved account, the reason being is directly after the pandemic and lockdown we was very close to shutting the shed permanently
Amount of reserves held	Para 1.22	At this time £3500
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Membership fees and daily attendance fees, and limited sales
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Loss of lease
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Unincorporated association CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Election annually at an AGM of one or more trustees, as in the constitution, a single trustee stands down each year. The positions are open to all members, but the officers of management committee, Chairperson, Secretary and Treasurer are elected

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Once elected there is a general meeting the experienced trustees involve the newly elected members
The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/A
Relationship with any related parties	Para 1.51	N/A
Other		

Reference and Administrative details

Charity name	Community Men in Sheds Taunton
Other name the charity uses	CMIST

Registered charity number	Registered Charity No. 1198052
Charity's principal address	CMIST - Community Men in Sheds Taunton Unit 1, Old Engineering Workshops, Station Approach North, Taunton Station, Taunton, Somerset, TA1 1QP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Maxine Courage	Secretary	1/6/2023	
2	John Thwaites	Chairperson	1/6/2023	
3	Ron Williamson	Treasurer	1/6/2023	
4	Peter Buttle	Trustee	1/6/2023	
5	Veronica Roach	Trustee	1/6/2023	
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16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Maxine Courage	
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Full name(s)	Maxine Courage	
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Position (eg Secretary, Chair, etc)	Secretary	
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Date	26/10/2023
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