

Dementia Support Hampshire & IOW

**DEMENTIA SUPPORT HAMPSHIRE & IOW
REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 28 FEBRUARY 2025**

**Registered Charity Number: 1198042
Registered Company Number: CE028436**

CONTENTS

Page

Report of the trustees	1 – 6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9
Notes to the financial statements	10 – 15

Page 1

REPORT OF THE TRUSTEES

The Trustees present their report and the accounts of the Charity for the period ended 28 February 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Dementia Support Hampshire & IOW is a Charitable Incorporated Organisation (CIO), governed according to the Constitution dated 23 February 2022.

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE CHARITY, ITS TRUSTEES AND ADVISERS

Charity name: The charity is known by the name "Dementia Support Hampshire & IOW"
Charity Number: 1198042

The trustees at the date of approval of this report and those who served during the period were:

Petina Leaver – Chair of Trustees
Simon Elliott - Treasurer
Claire Applin
Cameron Pinn
Helen Bodiam
Karon Walton
Dr Nicola Andrews

Registered address:

C/O One Community,
12 Romsey Road,
Eastleigh,
Hampshire,
SO50 9AL

Independent Examiner:

Paul Underwood
Morris Crocker
Station House
50 North Street
Havant
PO9 1QU

Page 2

REPORT OF THE TRUSTEES STATUS, GOVERNANCE AND MANAGEMENT

Governing document

The charity is governed by its constitution dated 23 February 2022.

Recruitment and appointment of new trustees

No new trustees were recruited during the period.

New trustees can be appointed by a resolution passed at a meeting of charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. New trustees are inducted into the workings of the charity during meetings held on a regular basis.

Trustee and Treasurer, Simon Elliot, gave notice of intention to retire from the Board. The date is tbc to accommodate a handover of duties to Helen Bodiam who will step in to the Treasurer role. Simon is happy to volunteer his time as an advisor to the Board on an ad-hoc basis should the Board need any assistance at any time.

Organisational structure

The charity is a Charitable Incorporated Organisation. Overall responsibility for the management of the charity is vested in the Trustees. The charity is managed on a day-to-day basis by the Chief Executive, Helen Hamblen. The charity holds trustee meetings throughout the period; these meetings are organised by the Trustees to continue with the work necessary to maintain the objects of the charity. All trustees give of their time freely and no trustee remuneration was paid in the period.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The trustees actively review the major risks faced by the Charity on a regular basis.

All the challenges are addressed with a view to minimising the impact on delivery of information, advice, and community services. The Board is confident that the Charity is in a fit state and able to move towards growth and continue to offer its support services over the upcoming years.

OBJECTIVES AND ACTIVITIES

Dementia Support Hampshire & IOW is a small independent charity led by people with lived experience through caring for a loved one with the condition.

Our ambition is a future where everyone affected by dementia has access to person-centred care and support that maximises their quality of life and enables them to live as independently as possible in their own homes staying connected to their families, friends, and local community for as long as possible.

Page 3

REPORT OF THE TRUSTEES

Dementia Support Hampshire & IOW offer support from the first signs of memory loss, throughout the dementia journey, for anyone and everyone impacted by dementia. Be it the person with dementia, their family, friends, or caregivers. Our focus is on emotional health and wellbeing, reducing isolation and loneliness, and practical support - making a lasting difference to people's lives.

ACHIEVEMENT AND PERFORMANCE

It has been another busy year for Dementia Support Hampshire & IOW in which we have seen substantial growth in the number of people that we support and the number of attendances at our peer support groups and via our helpline.

In addition to our weekly Support & Social Groups and monthly Musical Moments Groups, we have organised and facilitated trips to Panto, a day by the sea, four boat trips in partnership with Solent Dolphin, a Christmas Party at each Support & Social Group and Christmas Carols & Mince Pie events at each Support & Social Group.

We have supported 810 people via 5965 interactions.

4909 attendances at our weekly Support & Social Groups
226 attendances at our monthly Musical Moments Groups
620 information services/helpline interactions/home safety checks
210 attendances at day trips/outings

Supporting 320 people with a dementia diagnosis and 490 family/friends/carers

Our support is provided in the heart of the community, reducing isolation, widening access to services, and removing barriers to support.

We are hugely grateful for the kindness and generosity of everyone that has supported us this year. To our amazing team of volunteers, who give their time to help at one of our peer support groups, fundraising events, help with IT support, artwork design, or administration tasks. We could not deliver our services without all this wonderful support. During the period our volunteers have gifted us 1872 hours of their time.

To everyone that has participated in one of our own fundraising events or taken on a challenge to fundraise on our behalf. To those that have donated in memory of a loved one, or because they appreciate the support that we provide. We thank you for your support.

To all our wonderful corporate donors and grant funders, we thank you for enabling us to support people living with dementia across Hampshire and the Isle of Wight. Together, we make a difference.

Page 4

REPORT OF THE TRUSTEES

Community Support Services

Support & Social Groups

Our Support & Social Groups are held weekly, as routine and consistency for people with dementia is immensely important. Regular contact enables people to develop new friendships and build support networks.

The groups enable people with dementia and their family carers to meet others in the same situation. Being able to talk about and share your experiences with others can be highly therapeutic. During the sessions group members can participate in arts and crafts, cognitive stimulation games, reminiscence, and conversation. All activities are designed to stimulate the mind and provide social interaction.

Group members can also request 1:1 time with staff to talk about their worries or concerns, or to ask for help to claim financial benefits that they may be entitled to, or get guidance on Power of Attorney, respite, care at home, and residential care options.

Outcomes for people include reduced anxiety, less feelings of isolation and loneliness, and improved support networks, all of which help to improve wellbeing.

Musical Moments Groups

Our Musical Moments Groups are held monthly, in the care home environment, and whilst are suitable for anyone living with memory loss or dementia, these groups are particularly beneficial for people with mid-late-stage dementia as it gives them the opportunity to socialise and reminisce through music. Hosting these groups in the care home environment also enables people to see what it is like to be inside a care home. Our group members tell us that this helps to reduce their fears for the future.

Information Services

Helpline

Our helpline is available Monday to Friday 8am-6pm (excluding bank holidays). People can call at a time to suit them, to ask for information or guidance, to be signposted to relevant services, or to enquire about our Support & Social Groups, Musical Moments Groups, and activities and events taking place in the local community hosted by other organisations and voluntary groups.

Information Days

We host information days in local libraries and attend community events, to bring our services to people close to where they live.

REPORT OF THE TRUSTEES

Website

Our website provides information about all aspects of living with dementia, including signs and symptoms, local care pathways and dementia services, benefits, activities, and events in the local community. The event calendar includes activities and events hosted by us, and other organisations and voluntary groups, offering a central point of reference to everyone living with dementia in Hampshire and the Isle of Wight. Having a single point of reference provides easy access to support and services and offers choice; enabling people to stay connected to their community.

Household Support Fund

We continued to support households living with dementia during the cost-of-living crisis, by issuing supermarket vouchers.

SGN Safe and Warm Partnership

Through the partnership we identify and support households living with dementia with energy safeguarding support in 3 key areas:

- Gas safety in the home:
 - Carbon monoxide alarm distribution
 - Locking Cooker Valve installation
 - Support to access the Priority Services Register
- Increasing energy efficiency:
 - Support to access energy efficiency advice and access to energy efficiency schemes, facilitated through the National Energy Foundation
- Providing support to help keep people affordably warm:
 - Providing crisis fuel vouchers for households in energy crisis
 - Heated Throws
 - Support access to hardship funds

FINANCIAL REVIEW

During the period ending 28th February 2025, the charity employed FTE3 staff to manage all aspects of service delivery, fundraising, marketing, and daily finance processes, and payments.

All transactions and accounts are processed through QuickBooks accounting software, and we have secured the services of Morris Crocker again this year, to examine the end of year accounts. The Charity is registered for Gift Aid.

Fundraising

During this period, the Charity has hosted a sponsored walk 'Walk for Dementia' where we raised £8,390 thanks to our sponsors and walkers. We also hosted a virtual fundraising campaign 'Bake a Difference' to raise funds, and members of the public have very kindly supported us to host events and fundraise on our behalf, raising a fantastic £1,106.

REPORT OF THE TRUSTEES

We are grateful for the support from corporate and community donors and partners, Redwood Financial Ltd, iQlink Ltd, HSBC Business Banking, Parkside Bowling Club, Boswells Cafe, Needles Eye Cafe, CO OP West End, Tesco New Milton, Snowdrop Place Care Home, Florence Court Care Home, Sway Place Care Home, Banana Wharf, Sunnybank House Care Home, Templeton Place Care Home, Parker Meadows Care Home, Right at Home Solent, Rowe & Co Estate Agents, and Farley Dwek Solicitors, Fleet U3A, Ventnor Bridge Club, Hartley Wintney Golf Club, Heart & Voice Community Choir, HIOW Masons, Wessex Lodge of Fidelity, Rose of Hampshire Lodge, Fides et Justitia Chapter of Princes Rose Croix.

Grants were gratefully received from Hampshire County Council, The National Lottery Fund, Tesco Community Grants, The Kenwood Community Fund, The Linbury Trust, The Shanley Foundation, Eli Lilly, Southampton Charitable Trust, The Chandris Foundation, The Valentine Trust, The Allen Lane Foundation, The Michael & Anna Wix Charitable Trust, The Ardwick Trust, HIWCF, The Charles Burnett Memorial Fund, The Clothworkers Foundation, Sir Jules Thorn Charitable Trust, SGN, Basingstoke and Deane Borough Council, The Broyst Foundation, The Gledswood Charitable Trust

Reserves policy

In general, it is considered prudent to maintain a level of useable reserves sufficient to cover unexpected and unplanned events, so that the Charity's primary objective is preserved. At the same time the Trustees wish to ensure that it uses its funding to benefit the community.

Investment policy and objectives

Aside from retaining a prudent amount in reserves each year, most of the Charity's funds are spent in the short-term, so there are few funds available for long-term investment. Investment may be an option in future years, but at present, the trustees believe the Charity's money needs to remain available and be easily accessible should unforeseen expenses arise.

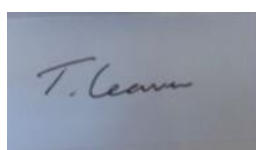
It is our aim to have a minimum of 6 months unrestricted reserves in the bank to ensure our sustainability.

FUTURE DEVELOPMENTS

2025/26 will be another period of growth for the charity as due to the 3-year grant from the National Lottery that commenced 1st March 2024, we intend to employ more staff to facilitate the new peer support groups across Hampshire enabling us to provide support for more people living with dementia and their family carers. Also, to explore other ways in which we can help people.

Approved by order of the board of trustees on 10/11/25 and signed on its behalf by:

Petina Leaver
Chair of Trustees



Page 7

Independent examiner's report to the trustees of Dementia Support Hampshire & IOW

I report to the charity trustees on my examination of the accounts of Dementia Support Hampshire & IOW (the Charity) for the year ended 28 February 2025.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



P J Underwood, FCCA
Morris Crocker
Chartered Accountants
Station House
North Street
Havant
Hampshire
PO9 1QU

Date: 13 November 2025

STATEMENT OF FINANCIAL ACTIVITIES

		<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Total</u> <u>2025</u>	<u>Total</u> <u>2024</u>
	Notes	£	£	£	£
<u>Income and endowments from</u>					
Charitable activities		1,050	-	1,050	300
Donations		35,057	1,803	36,860	25,364
Fundraising Events		306	-	306	2,679
Grants	2	2,700	227,233	229,933	82,936
Other		1,127	-	1,127	-
Total income		40,240	229,036	269,276	111,279
<u>Expenditure on:</u>					
Project Costs	3	-	46,700	46,700	2,700
Direct Charitable Costs	3	2,228	89,722	91,950	59,086
Raising Funds	3	1,182	10,747	11,929	3,865
Support Costs	3	321	23,007	23,328	22,971
Governance	4	-	900	900	900
Total expenditure		3,731	171,076	174,807	89,522
Net income/(expenditure)		36,509	57,960	94,469	21,757
<u>Reconciliation of funds</u>					
Balance at 29 February 2024		34,999	60,209	95,208	95,208
Balance at 28 February 2025		71,508	118,169	189,677	-

The Statement of Financial Activities includes all gains and losses recognised in the year.

All incoming resources and resources expended derive from continuing activities.

The notes on pages 10-14 form part of these financial statements.

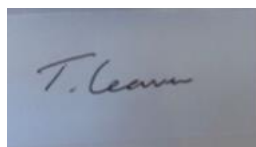
Page 9

STATEMENT OF FINANCIAL POSITION

	Notes	2025 £	2024 £
Fixed assets			
Intangible assets		1,848	2,772
Tangible assets		898	1,347
	9	2,746	4,119
Current assets			
Debtors	7	150	-
Cash at bank		190,136	93,651
		190,286	93,651
Liabilities			
Creditors: Amounts falling due within one year	8	3,355	2,562
Net current assets		186,931	91,089
Total assets less current liabilities		189,677	95,208
Funds			
Unrestricted funds		71,508	34,999
Restricted Funds		118,169	60,209
		189,677	95,208

The financial statements were approved by the Board of Trustees on 10/11/25 and were signed on its behalf by:

Petina Leaver
Chair of Trustees



NOTES TO THE FINANCIAL STATEMENTS

Note 1 – ACCOUNTING POLICIES

Accounting convention

The financial statements of the CIO, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Incoming resources

All charity income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably. Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance. Other grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant. Incoming resources from other charitable activities are accounted for when earned.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Going concern

The trustees have determined that there are no material uncertainties in relation to going concern.

NOTES TO THE FINANCIAL STATEMENTS

Fixed Assets

Fixed assets are recorded at cost, or at estimated value if donated.

Depreciation or amortisation is charged on a straight-line basis over the assets' useful lives.

Intangible fixed assets are being amortised over a useful economic life of 5 years.

Tangible fixed assets are being depreciated over a useful economic life of 3 years.

Assets are reviewed annually, and any losses on disposal or impairment are recognised in the accounts.

Financial instruments

The charity only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable, loans from banks and other third parties and loans to related parties and investments in non-puttable ordinary shares.

Trade and other debtors

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, deposits with banks and other short-term highly liquid investments and bank overdrafts. In the balance sheet, bank overdrafts are shown within borrowings or current liabilities.

Trade and other creditors

Short term trade creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

NOTES TO THE FINANCIAL STATEMENTS

Note 2 – Grant income

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total 2025</u>	<u>Total 2024</u>
	£	£	£	£
Grants	2,700	227,233	229,933	82,936
Total grant income	2,700	227,233	229,933	111,279

Note 3 – ANALYSIS OF EXPENDITURE

Project costs

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total 2025</u>	<u>Total 2024</u>
	£	£	£	£
Household support fund	-	46,700	46,700	2,700
Total	-	46,700	46,700	2,700

Direct Charitable Costs

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total 2025</u>	<u>Total 2024</u>
	£	£	£	£
Support Groups & Information Services	2,228	22,428	24,656	15,098
Staff Costs	-	67,294	67,294	43,988
Total	2,228	89,722	91,950	59,086

Raising Funds

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total 2025</u>	<u>Total 2024</u>
	£	£	£	£
Event Costs	1,182	-	1,182	775
Staff Costs	-	10,747	10,747	3,090
Total	1,182	10,747	11,929	3,865

NOTES TO THE FINANCIAL STATEMENTS

Note 3 – ANALYSIS OF EXPENDITURE (cont..)

Support Costs

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total 2025</u>	<u>Total 2024</u>
	£	£	£	£
Office support	292	8,712	9,004	1,375
Staff Costs	29	14,295	14,324	21,596
Total	321	23,007	23,328	22,971

Note 4 – GOVERNANCE COSTS

Governance Costs

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total 2025</u>	<u>Total 2024</u>
	£	£	£	£
Independent Examiners Fee	-	900	900	900
Total	-	900	900	900

Note 5 – STAFF COSTS

	<u>Total 2025</u>
	£
Wages and Salaries	73,221
Social Security Costs	14,791
Pension costs	4,209
	92,221

The average monthly number of employees during the year as follows was:

<u>Total 2025</u>	<u>Total 2024</u>
3	2

Key Management Personnel:

The key management personnel of the Charity comprise of the Charity Chief Executive.

No employee received remuneration of over £60,000 during the year.

NOTES TO THE FINANCIAL STATEMENTS**Note 6 - TRUSTEES REMUNERATION AND EXPENSES**

The trustees neither received nor waived any emoluments or expenses during the period.

Note 7 – TRADE DEBTORS

	<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Total</u> <u>2025</u>	<u>Total</u> <u>2024</u>
	£	£	£	£
Trade Debtors	150	-	150	-
Total	150	-	150	-

Note 8 – CREDITORS DUE WITHIN ONE YEAR 2025

	<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Total</u> <u>2025</u>	<u>Total</u> <u>2024</u>
	£	£	£	£
Trade Creditors	-	205	205	205
Accruals	-	900	900	899
Net Wages	-	-	-	-
PAYE/NI	-	1,861	1,861	1,139
Pensions	-	389	389	319
Total	-	3,355	3,355	2,562

Note 9 – FIXED ASSETS

	<u>Intangible</u> <u>Fixed Assets</u>	<u>Tangible</u> <u>Fixed</u> <u>Assets</u>	<u>Total</u> <u>Fixed</u> <u>Assets</u>
	£	£	£
Cost brought forward	4,620	1,347	5,967
Additions	-	-	-
Cost carried forward	4,620	1,347	5,967
Amortisation brought forward	1,848		1,848
Amortisation charge for the year	924	449	1,373
Amortisation carried forward	2,772	449	3,221
Net book value at 28/02/2025	1,848	898	2,746
Net book value at 29/02/2024	2,772	1,347	4,119

NOTES TO THE FINANCIAL STATEMENTS**Note 10 – MOVEMENT IN FUNDS**

	<u>Balance</u> <u>1.03.2024</u>	<u>Movement</u> <u>In funds</u>	<u>Balance</u> <u>28.02.2025</u>
	£	£	£
Unrestricted funds			
General	34,999	36,509	71,508
Restricted funds			
Peer Support	40,609	30,709	71,318
Household Support	1,554	6,760	8,314
Salaries	10,763	23,995	34,758
Core Costs	7,282	(3,507)	3,775
IT	-	4	4
	<u>60,209</u>	<u>57,960</u>	<u>118,169</u>
	<u>95,208</u>	<u>94,470</u>	<u>189,678</u>

Peer Support Fund

This fund supports the delivery of peer-led dementia support groups, enabling people living with dementia and their carers to share experiences, reduce isolation, and build confidence within the community.

Household Support Fund

This fund provides direct assistance to individuals and families affected by dementia who are experiencing financial hardship. It helps cover essential household costs such as utilities, food, and basic living needs.

Salaries Fund

This restricted fund covers salary costs for staff directly engaged in delivering dementia support activities, including peer support coordination and family outreach.

Core Costs Fund

This fund contributes to essential operational costs such as office rent, insurance, and administrative support that enable the charity to deliver its services effectively. Negative movement represents the use of restricted income received in previous periods.

Note 11 – RELATED PARTIES

There were related party transactions of £218.88 in the period ending 28 February 2025 for the purchase of a software licence through a company 50% owned by director Simon Elliott.

Note 12 – ULTIMATE CONTROLLING PARTY

The entity is an independent charitable incorporated organisation. The charity has no ultimate controlling party. The trustees have overall control of the charity and are responsible for its governance and strategic direction.

DEMENTIA SUPPORT HAMPSHIRE & IOW**FINANCIAL STATEMENTS FOR THE PERIOD ENDED 28 FEBRUARY 2025**