

Dementia Support Hampshire & IOW

**DEMENTIA SUPPORT HAMPSHIRE & IOW
REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 29 FEBRUARY 2024**

**Registered Charity Number: 1198042
Registered Company Number: CE028436**

CONTENTS

	Page
Report of the trustees	1 – 6
Independent examiner's report	7
Statement of financial activities	8
Statement of financial position	9
Notes to the financial statements	10 – 15

REPORT OF THE TRUSTEES

The Trustees present their report and the accounts of the Charity for the period ended 29 February 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Dementia Support Hampshire & IOW is a Charitable Incorporated Organisation (CIO), governed according to the Constitution dated 23 February 2022.

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE CHARITY, ITS TRUSTEES AND ADVISERS

Charity name: The charity is known by the name "Dementia Support Hampshire & IOW"

Charity Number: 1198042

The trustees at the date of approval of this report and those who served during the period were:

Petina Leaver – Chair of Trustees
Simon Elliott - Treasurer
Claire Applin
Cameron Pinn
Helen Bodiam
Karon Walton
Dr Nicola Andrews (appointed on 6 February 2024)

Registered address:

C/O One Community,
12 Romsey Road,
Eastleigh,
Hampshire,
SO50 9AL

Independent Examiner:

Paul Underwood
Morris Crocker
Station House
50 North Street
Havant
PO9 1QU

REPORT OF THE TRUSTEES STATUS, GOVERNANCE AND MANAGEMENT

Governing document

The charity is governed by its constitution dated 23 February 2022.

Recruitment and appointment of new trustees

One new trustee was recruited during the period matching to skills audit bringing specialist dementia nursing experience and clinical expertise to the Board.

New trustees can be appointed by a resolution passed at a meeting of charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. New trustees are inducted into the workings of the charity during meetings held on a regular basis.

Organisational structure

The charity is a Charitable Incorporated Organisation. Overall responsibility for the management of the charity is vested in the Trustees. The charity is managed on a day-to-day basis by the Chief Executive, Helen Hamblen. The charity holds trustee meetings throughout the period, these meetings are organised by the Trustees to continue with the work necessary to maintain the objects of the charity. All trustees give of their time freely and no trustee remuneration was paid in the period.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The trustees actively review the major risks faced by the Charity on a regular basis.

All the challenges are addressed with a view to minimising the impact on delivery of information, advice, and community services. The Board is confident that the Charity is in a fit state and able to move towards growth and continue to offer its support services over the upcoming years.

OBJECTIVES AND ACTIVITIES

Dementia Support Hampshire & IOW is a small independent charity led by people with lived experience through caring for a loved one with the condition.

Our ambition is a future where everyone affected by dementia has access to person-centred care and support that maximises their quality of life and enables them to live as independently as possible in their own homes staying connected to their families, friends, and local community for as long as possible.

REPORT OF THE TRUSTEES

Dementia Support Hampshire & IOW offer support from the first signs of memory loss, throughout the dementia journey, for anyone and everyone impacted by dementia. Be it the person with dementia, their family, friends, or caregivers. Our focus is on emotional health and wellbeing, reducing isolation and loneliness, and practical support - making a lasting difference to people's lives.

ACHIEVEMENT AND PERFORMANCE

It has been another busy year for Dementia Support Hampshire & IOW in which we have seen substantial growth in the number of people that we support and the number of attendances at our peer support groups and via our helpline.

In addition to our weekly Support & Social Groups and monthly Musical Moments Groups, we have organised and facilitated a day trip to Milestones Museum, a day by the sea, three boat trips in partnership with Solent Dolphin, a theatre trip to see the first dementia friendly performance held at the Mayflower Theatre, a Tea Party to celebrate the Kings Coronation, a Christmas Party and three Christmas Carols & Mince Pie events.

We have supported 549 people via 4420 interactions.

3789 attendances at our weekly Support & Social Groups
265 attendances at our monthly Musical Moments Groups
260 information services/helpline interactions
107 attendances at day trips/outings

Supporting 280 people with a dementia diagnosis and 269 family/friends/carers

Our support is provided in the heart of the community, reducing isolation, widening access to services, and removing barriers to support.

We are hugely grateful for the kindness and generosity of everyone that has supported us this year.

To our amazing team of volunteers, who give their time to help at one of our peer support groups, fundraising events, help with IT support, artwork design, or administration tasks. We could not deliver our services without all this wonderful support.

To everyone that has participated in one of our own fundraising events or taken on a challenge to fundraise on our behalf. To those that have donated in memory of a loved one, or because they appreciate the support that we provide. We thank you for your support.

To all our wonderful corporate donors and grant funders, we thank you for enabling us to support people living with dementia across Hampshire and the Isle of Wight.

Together, we make a difference.

REPORT OF THE TRUSTEES

Community Support Services

Support & Social Groups

Our Support & Social Groups are held weekly, as routine and consistency for people with dementia is immensely important. Regular contact enables people to develop new friendships and build support networks.

The groups enable people with dementia and their family carers to meet others in the same situation. Being able to talk about and share your experiences with others can be highly therapeutic.

During the sessions group members can participate in arts and crafts, cognitive stimulation games, reminiscence, and conversation. All activities are designed to stimulate the mind and provide social interaction.

Group members can also request a 1:1 with staff to talk about their worries or concerns, or to ask for help to claim financial benefits that they may be entitled to, or get guidance on Power of Attorney, respite, care at home, and residential care options.

Outcomes for people include reduced anxiety, less feelings of isolation and loneliness, and improved support networks, all of which help to improve wellbeing.

Musical Moments Groups

Our Musical Moments Groups are held monthly, in the care home environment, and whilst are suitable for anyone living with memory loss or dementia, these groups are particularly beneficial for people with mid-late-stage dementia as it gives them the opportunity to socialise and reminisce through music. Hosting these groups in the care home environment also enables people to see what it is like to be inside a care home. Our group members tell us that this helps to reduce their fears for the future.

Information Services

Helpline

Our helpline is available Monday to Friday 8am-6pm (excluding bank holidays). People can call at a time to suit them, to ask for information or guidance, to be signposted to relevant services, or to enquire about our Support & Social Groups, Musical Moments Groups, and activities and events taking place in the local community hosted by other organisations and voluntary groups.

Information Days

We host information days in local libraries and attend community events, to bring our services to people close to where they live.

REPORT OF THE TRUSTEES

Website

Our website provides information about all aspects of living with dementia, including signs and symptoms, local care pathways and dementia services, benefits, activities, and events in the local community. The event calendar includes activities and events hosted by us, and other organisations and voluntary groups, offering a central point of reference to everyone living with dementia in Hampshire and the Isle of Wight. Having a single point of reference provides easy access to support and services and offers choice; enabling people to stay connected to their community.

Household Support Fund

We continued to support households living with dementia during the cost-of-living crisis, by issuing supermarket vouchers paid for with grant funding carried over from the previous fiscal year.

FINANCIAL REVIEW

During the period ending 29th February 2024, the charity employed FTE 1.9 staff to manage all aspects of service delivery, fundraising, marketing, and daily finance processes, and payments.

All transactions and accounts are processed through QuickBooks accounting software, and we have secured the services of Morris Crocker again this year, to examine the end of year accounts. An instant access savings account was opened to enable the Charity to earn a small amount of interest on funds in the bank. The Charity is registered for Gift Aid.

Fundraising

During this period, the Charity has hosted a sponsored walk 'Walk for Dementia' and a virtual fundraising campaign 'Bake a Difference' to raise funds, and members of the public have very kindly supported us to fundraise on our behalf.

We are grateful for the support from corporate and community donors, Redwood Financial Ltd, iQlink Ltd, Whitesales Ltd, HSBC Business Banking, Chris Bryant, Parkside Bowling Club, SUP Theatre Group, Fair Oak Masonic Lodge, Boswells Cafe, Needles Eye Cafe, CO OP West End, Tesco New Milton, and M&S Hedge End.

Grants were gratefully received from Hampshire County Council, The National Lottery Fund, Tesco Community Grants, The Hendy Foundation, Abri Community Fund, The Kenwood Community Fund, The Albert Hunt Trust, Sunlife Financial of Canada, The Hobson Charity, The Linbury Trust, The Syder Foundation, Alice Ellen Cooper Dean Charitable Trust, The Shanley Foundation, Eli Lilly, The Hasluck Charitable Trust, The Foyle Foundation, Southampton Charitable Trust, The Ardwick Trust, The Culra Charitable Trust, James Wise Charitable Trust, Ladbrokes Coral Trust, Eastleigh Borough Council, SNG (Sovereign Network Group) Community Fund, Cllr Hiscock, Cllr Broomfield, and Cllr Bryant

REPORT OF THE TRUSTEES

Reserves policy

In general, it is considered prudent to maintain a level of useable reserves sufficient to cover unexpected and unplanned events, so that the Charity's primary objective is preserved. At the same time the Trustees wish to ensure that it uses its funding to benefit the community.

Investment policy and objectives

Aside from retaining a prudent amount in reserves each year, most of the Charity's funds are spent in the short-term, so there are few funds available for long-term investment. Investment may be an option in future years, but at present, the trustees believe the Charity's money needs to remain available and be easily accessible should unforeseen expenses arise.

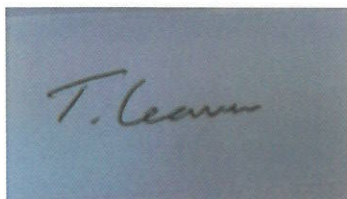
It is our aim to have a minimum of 6 months unrestricted reserves in the bank to ensure our sustainability.

FUTURE DEVELOPMENTS

2024/25 will be a period of growth for the charity as due to a 3-year grant from the National Lottery that commences 1st March 2024, we will be able to employ more staff, enabling us to set up more peer support groups across Hampshire to provide support for more people living with dementia and their family carers.

Approved by order of the board of trustees on 04 November 2024 and signed on its behalf by:

Petina Leaver
Chair of Trustees

A rectangular box containing a handwritten signature in dark ink. The signature appears to be 'T. Leaver' written in a cursive style.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DEMENTIA SUPPORT HAMPSHIRE & IOW**Independent examiner's report to the trustees of Dementia Support Hampshire & IOW**

I report to the charity trustees on my examination of the accounts of Dementia Support Hampshire & IOW (the Charity) for the year ended 29 February 2024.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



P J Underwood, FCCA

Morris Crocker
Chartered Accountants
Station House
North Street
Havant
Hampshire
PO9 1QU

Date: 5 November 2024

STATEMENT OF FINANCIAL ACTIVITIES

		<u>Unrestricted</u>	<u>Restricted</u>	<u>Total</u>	<u>Total</u>
		<u>Funds</u>	<u>Funds</u>	<u>2023/24</u>	<u>2022/23</u>
	Notes	£	£	£	£
<u>Income and expenditure</u>					
Total incoming resources	2	28,893	82,386	111,279	129,943
Expenditure on:					
Project Costs	3	-	2,700	2,700	1,800
Direct Charitable Costs	3	-	59,086	59,086	41,461
Raising Funds	3	-	3,865	3,865	5,289
Support Costs	3	-	22,971	22,971	7,042
Governance	4	-	900	900	900
Total expenditure		-	89,522	89,522	56,492
Net income/(expenditure)		28,893	(7,136)	21,757	73,451
Reconciliation of funds					
Balance at 28 February 2023		6,106	67,345	73,451	73,451
Balance at 29 February 2024		34,999	60,209	95,208	-

The Statement of Financial Activities includes all gains and losses recognised in the year.
All incoming resources and resources expended derive from continuing activities.

The notes on pages 10-15 form part of these financial statements.

STATEMENT OF FINANCIAL POSITION

	Notes	2023/24 £	2022/23 £
Fixed assets			
Intangible assets		2,772	3,696
Tangible assets		1,347	-
	9	4,119	3,696
Current assets			
Debtors	7	-	2,000
Cash at bank		93,651	76,526
		93,651	78,526
Liabilities			
Creditors: Amounts falling due within one year	8	2,562	8,771
Net current assets		91,089	69,755
Total assets less current liabilities		95,208	73,451
Funds			
Unrestricted funds		34,999	6,106
Restricted Funds		60,209	67,345
		95,208	73,451

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 29 February 2024.

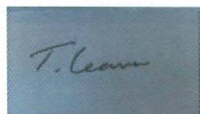
The members have not required the company to obtain an audit of its financial statements for the year ended 29 February 2024 in accordance with Section 476 of the Companies Act 2006.

The Trustees acknowledge their responsibilities for:

- a. ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and,
- b. preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395, and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Approved by the Board of Trustees on 4 November 2024 and signed on its behalf by:

Petina Leaver
Chair of Trustees



NOTES TO THE FINANCIAL STATEMENTS

Note 1 – ACCOUNTING POLICIES

Accounting convention

The financial statements of the CIO, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Incoming resources

All charity income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably. Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance. Other grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant. Incoming resources from other charitable activities are accounted for when earned.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for restricted purposes.

Going concern

The trustees have determined that there are no material uncertainties in relation to going concern.

NOTES TO THE FINANCIAL STATEMENTS**Fixed Assets**

Intangible fixed assets are being amortised over a useful economic life of 5 years.

Note 2 – ANALYSIS OF INCOME

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total 2023/24</u>	<u>Total 2022/23</u>
	£	£	£	£
Charitable activities	300	-	300	550
Donations	25,364	-	25,364	10,429
Fundraising Events	2,679	-	2,679	3,067
Grants	550	82,386	82,936	115,106
Sponsorship	-	-	-	792
Total expenditure	28,893	82,386	111,279	129,943

Note 3 – ANALYSIS OF EXPENDITURE**Project costs**

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total 2023/24</u>	<u>Total 2022/23</u>
	£	£	£	£
Household support fund	-	2,700	2,700	1,800
Total	-	2,700	2,700	1,800

Direct Charitable Costs

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total 2023/24</u>	<u>Total 2022/23</u>
	£	£	£	£
Support Groups & Information Services	-	15,098	15,098	6,249
Staff Costs	-	43,988	43,988	35,212
Total	-	59,086	59,086	41,461

NOTES TO THE FINANCIAL STATEMENTS

Raising Funds

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total 2023/24</u>	<u>Total 2022/23</u>
	£	£	£	£
Event Costs	-	775	775	1,355
Staff Costs	-	3,090	3,090	3,934
Total	-	3,865	3,865	5,289

Support Costs

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total 2023/24</u>	<u>Total 2022/23</u>
	£	£	£	£
Office support	-	1,375	1,375	1,309
Staff Costs	-	21,596	21,596	5,733
Total	-	22,971	22,971	7,042

Note 4 – GOVERNANCE COSTS**Governance Costs**

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total 2023/24</u>	<u>Total 2022/23</u>
	£	£	£	£
Independent Examiners Fee	-	900	900	900
Total	-	900	900	900

NOTES TO THE FINANCIAL STATEMENTS**Note 5 – STAFF COSTS**

	<u>Total</u> <u>2023/24</u>	<u>Total</u> <u>2022/23</u>
	£	£
Wages and Salaries	52,510	43,932
Social Security Costs	12,511	0
Pension costs	4,350	940
	69,371	44,872

The average monthly number of employees during the year as follows was:

<u>Total</u> <u>2023/24</u>	<u>Total</u> <u>2022/23</u>
1.9	1.12

Key Management Personnel:

The key management personnel of the Charity comprise of the Chief Executive.
No employee received remuneration of over £50,000 during the year.

Note 6 - TRUSTEES REMUNERATION AND EXPENSES

The trustees neither received nor waived any emoluments or expenses during the period.

Note 7 – TRADE DEBTORS

	<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Total</u> <u>2023/24</u>	<u>Total</u> <u>2022/23</u>
	£	£	£	£
Trade Debtors	-	-	-	2,000
Total	-	-	-	2,000

NOTES TO THE FINANCIAL STATEMENTS

Note 8 – CREDITORS DUE WITHIN ONE YEAR 2023/24

	<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Total</u> <u>2023/24</u>	<u>Total</u> <u>2022/23</u>
	£	£	£	£
Trade Creditors	-	205	205	21
Accruals	-	899	899	899
Net Wages	-	-	-	3,851
PAYE/NI	-	1,139	1,139	3,630
Pensions	-	319	319	370
Total	-	2,562	2,562	8,771

NOTE 9 - FIXED ASSETS NOTE

	<u>Intangible</u> <u>Website</u> 20% SL	<u>Tangible</u> <u>Office</u> <u>Equipment</u>	<u>Totals</u>
	£	£	£
Cost brought forward	4,620	-	4,620
Additions	-	1,347	1,347
Cost carried forward	4,620	1,347	5,967
Amortisation/Dep'n brought forward	924	-	924
Amortisation/Dep'n charge for year	924	-	924
Amortisation/Dep'n carried forward	1,848	-	1,848
Net book value at 29/02/2024	2,772	1,347	4,119
Net book value at 28/02/2023	3,696	-	3,696

NOTES TO THE FINANCIAL STATEMENTS

Note 10 – MOVEMENT IN FUNDS

	<u>Balance</u> <u>b/fwd</u> £	<u>Movement</u> <u>In funds</u> £	<u>Balance</u> <u>c/fwd</u> £
Unrestricted funds			
General	6,106	28,893	34,999
Restricted funds			
Peer Support	49,833	(9,224)	40,609
Household Support	5,220	(3,666)	1,554
Salaries	12,000	(1,237)	10,763
Core Costs	-	7,282	7,282
IT	292	(292)	-
	67,345	(7,137)	60,209
	73,451	21,756	95,208

Note 11 – RELATED PARTIES

There were related party transactions of £184.32 in the period ended 29 February 2024 for the purchase of a software licence through a company 50% owned by director Simon Elliott.