

SOUTH OF ENGLAND NEUROSCIENCES ASSOCIATION

**SOUTH OF ENGLAND NEUROSCIENCES ASSOCIATION
("SENA")**

**TRUSTEE'S ANNUAL REPORT and FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

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Charity registration number: 1198001

SOUTH OF ENGLAND NEUROSCIENCES ASSOCIATION **("SENA")**

Trustee's Annual Report to Members for

From Period start date: 1st JAN 2024 To Period end date: 31st DEC 2024

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Charity registration number: 1198901

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| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.10 |

Additional Information (optional)

You may choose to include further statements where relevant about:

| | |
|--|-----------|
| Policy on grant making | Para 1.20 |
| Policy on social investment including program related investment | Para 1.20 |



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From Period start date: 1st JAN 2024 To Period end date: 31st DEC 2024

Charity name: South of England Neurosciences Association (SENA)

Charity registration number: 1198001

Objectives and Activities

| | SORP reference | |
|--|--------------------|--|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | To advance education in the field of Neuroscience and promote the improvement of the care and treatment of patients for the public benefit. |
| | Para 1.17 and 1.19 | Through neuroscience education, the South of England Neurosciences Association (SENA) worked to improve health, treatment and well-being of people with neurological conditions throughout southeast England. It held two neuroscience educational events this year and raised funds of £42,800 to support this. |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | The Trustees confirm that they have complied with the duty in Section 17 of the Charities Act 2011 and have referred to the guidance contained in the Charity Commissions' general guidance on public benefit when reviewing the Charity's aims and objectives, and in planning future activities. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | SORP reference | |
|--|----------------|--|
| Policy on grant making | Para 1.38 | <p>The charity does not currently receive grants.</p> <p>A decision to start award-giving in 2024 was implemented - a grant-making policy and process to support this was produced. Small grants to advance education in the field of Neuroscience and promote the improvement of the care and treatment of patients for the public benefit has been offered and is pending application.</p> |
| Policy on social investment including program related investment | Para 1.38 | <p>None (not applicable).</p> <p>Any significant amounts of cash at bank, which are likely to be used in the short term, are placed on deposit.</p> |

| | | |
|---------------------------------|-----------|---|
| | | Trustees would consider a low-risk medium term investment option, should its capital position change but this is not anticipated at this time or in the short term. |
| Contribution made by volunteers | Para 1.38 | None. |
| Other | | SENA's annual Risk Register assessment carried out and approved by Trustees. |

Achievements and Performance

| | SORP reference | |
|---|----------------|---|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20 | <p>The South of England Neurosciences Association (SENA) held two educational events on neuroscience health this year.</p> <p>SENA continues to respond to the changing needs in terms of education and following feedback. The 'host neuroscience centre' continued on a rotational basis, with the Spring event hosted by the Royal Free Hospital, London in Spring and by and King's Hospital, London in Autumn.</p> <p>2024 at SENA marked the inaugural year of new President, Dr Lina Nashef. Highlights included ongoing high number of attendees (highest recorded to date) and sponsors (including the highest amount of funds raised through sponsorship), the most in the event's history. The events received excellent feedback with an overall 4 out of 5 rating, and the Trustees extend their heartfelt thanks to the dedicated volunteer team for their contributions to these successes.</p> <p>Furthermore, the charity was delighted to formally appoint Dr Matthew Harris as Treasurer in April 2024.</p> <p>SENA proudly hosted its 40th meeting in Autumn 2024 and was delighted to have in attendance the alumni of former presidents who provide their highlights and insights at the conference. Trustees are grateful to stand on these shoulders and continue in its highly successful and ever-growing benefits to the community.</p> <p>In response to the growing demand for SENA events, the Trustees held and implemented a strategic review and</p> |

| | | |
|---|-----------|--|
| | | <p>restructured their meetings, to enable larger attendance (meeting feedback and increasing requirements of the services provided by the charity), enhanced venues and sponsorship to ensure financial sustainability while keeping the events free for all participants.</p> <p>Trustees proudly awarded the 2024 'Registrar Prize' at the Autumn SENA conference, awarded to an up and coming professional in recognition of their contributions to neuroscience education.</p> <p>Feedback confirmed that through these educational events, neurological excellence was delivered through training of neurologist / neuroscience professionals and trainees, in clinical practice and research findings.</p> <p>Furthermore, learnings from patient interest groups provided guidance and fostered communication on complex neurological well-being for patients & carers.</p> <p>SENA is committed to all aspects of education and training in neuroscience and its continuing professional development (CPD) is recognised by the Royal College of Physicians (RCP) who awarded CPD points to attendees for attending SENA educational events this year – a continuing endorsement that the SENA trustees were proud to deliver, in partnership with the RCP. This will continue into 2025.</p> <p>The next SENA education events will be hosted by University Hospitals Sussex, Brighton in April 2025, with further events planned at St. George's Hospital in the coming year.</p> <p>SENA's online offering was also enhanced this year to include even more educational information and webinars by global leaders of neuroscience on its website.</p> <p>Trustees remain very grateful to team of SENA Volunteer Representatives for their service and commitment to the association, which enables the charity to continue to deliver with outstanding results.</p> <p>SENA remain committed to continue delivering high quality and impact neuroscience education that fully aligns to the SENA's strategy for sustainable growth. Its success is reflected in the charity</p> |
| Additional information (optional) You may choose to include further statements | | |
| Achievements against objectives set | Page 1.41 | |
| Performance of fundraising activities against objectives set | Page 1.41 | |
| Investment performance against objectives | Page 1.41 | |
| Other | | |
| Financial Review | | |
| Review of the charity's financial position at the end of the period | Page 1.21 | |
| Statement explaining the policy for holding reserves stating why they are held | Page 1.22 | |
| Amount of reserves held | Page 1.23 | |
| Reasons for holding and how they are used | Page 1.23 | |
| Details of fund transfers in 2024 | Page 1.24 | |
| Statement of any uncertainties about the charity continuing as a going concern | Page 1.25 | |

| | | |
|--|--|--|
| Additional information (optional) You may choose to include further statements about: | | receiving record levels of individuals registered with SENA since the association was established 39 years ago and sponsorship, amounting to £40,500. This enabled the CIO to meet its operational costs of running the two educational events and maintain its online offering / website. |
|--|--|--|

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|--|-----------|---|
| Achievements against objectives set | Para 1.41 | No formal targets were set with regards to donations. Trustees are pleased to report that SENA continues to have sufficient funds to meet committed expenditure. |
| Performance of fundraising activities against objectives set | Para 1.41 | N/A. No formal targets were set with regards to fundraising. Trustees are pleased to report that funds from sponsorship increased year on year. |
| Investment performance against objectives | Para 1.41 | N/A. The charity does not have any investments. |
| Other | | |

Financial Review

| | | |
|--|-----------|--|
| Review of the charity's financial position at the end of the period | Para 1.21 | At the end of the period, the CIO had funds amounting to £39,667 (this includes net profit in the period of £3,309). |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | While no reserves policy is necessary, given the CIO has no ongoing financial commitments, SENA operates a policy of holding adequate reserves to cover the cost of the next educational event plus contingency. |
| Amount of reserves held | Para 1.22 | £10,000 |
| Reasons for holding zero reserves | Para 1.22 | CIO's reserve and unrestricted funds are readily realisable. |
| Details of fund materially in deficit | Para 1.24 | Not applicable. |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | None. There are no uncertainties about the charity continuing as a going concern. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|---|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | <p>The principal source of funds is fundraising from commercial sponsors.</p> <p>SENA remains free to join with no membership fees.</p> <p>SENA Gift Aid this year was £2315.</p> |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | <p>None (not applicable).</p> <p>Any significant amounts of cash at bank, is used for charity operations and reserves management.</p> |
| A description of the principal risks facing the charity | Para 1.46 | <p>A Risk Assessment was completed this year and following evaluation, the principal risk facing SENa was under governance and the risk of 'Supplier dependency'. Trustees have mitigating actions in place to manage this risk (monitor quality/timeliness/cost of provision, use of service level agreements, and engaged with key stakeholders to develop future plans).</p> |
| Other | | <p>In 2024, the charity implemented its three-year strategic priorities (spanning the period to 2027) to include:</p> <ul style="list-style-type: none"> a. Education b. Succession c. Growth & sustainability d. Equality, Diversity & Inclusion e. Communications f. Safeguarding g. Partnerships h. Fundraising i. Volunteers j. Grant making <p>The detailed three-year strategy plan to 2027 to support these outcomes was reviewed and agreed. This will enable the charity to continue delivering neuroscience education and fully aligns to the SENa's strategy for sustainable growth.</p> |

Structure, Governance and Management

| | | |
|----------------------------------|-----------|--|
| Description of charity's trusts: | | |
| Type of governing document | Para 1.25 | Constitution |
| How is the charity constituted? | Para 1.25 | <p>Charitable Incorporated Organisation (CIO)</p> <p>SENA was incorporated as a CIO in February 2022 and is a registered charity. It</p> |

| | | |
|---|-----------|--|
| Reference and Administrative | | is governed by its constitution, which has not been materially amended since incorporation – the only changes made were to reflect changes in board members. |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | The management of SENA is the responsibility of the trustees who are appointed under the terms of the constitution and are elected by decision of members at annual general meeting. |
| | | |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|---|
| Policies and procedures adopted for the induction and training of trustees | Para 1.51 | SENA trustee training on its constitution, risk register and policies to be used in induction, along with a bespoke trustee shadowing programme for the period of trustee elect until becoming fully voted in as a trustee. |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 | None |
| Relationship with any related parties | Para 1.51 | SENA had two connected party fees for charitable services in the period (governance & finance, totalling £1802.50) - this was in full accordance with the charity's constitution and deemed appropriate by (non-connected) trustees and Independent Examiner. This has been reduced to one connected party to support SENA governance since April 2024. Trustees have controls in place to declare & manage potential conflicts of interest, along with robust procurement processes (for tendering, obtaining quotations and monitoring service provision). |
| Other | | The following policies were subject to annual review by SENA: <ul style="list-style-type: none"> • Safeguarding (NHS safeguarding policy was adopted by SENA trustees). • Equal Opportunities (renamed EDI policy) • Risk Management • Conflict of interest • Complaints • Volunteering • Financial Control A new policy in line with best practice was also produced and adopted: <ul style="list-style-type: none"> • Code of Conduct |

Reference and Administrative details

| | |
|-----------------------------|--|
| Charity name | South of England Neurosciences Association |
| Other name the charity uses | SENA |
| Registered charity number | 1198001 |
| Charity's principal address | Department of Neurology Chelsea and Westminster Hospital 369 Fulham Road London SW10 9NH |

Corporate trustees – names of the directors at the date the report was approved

| | |
|---------------|--|
| Director name | |
| N/A | |
| | |
| | |
| | |

Name of trustees holding title to property belonging to the charity

| | |
|--------------|-------------------------------------|
| Trustee name | Date acquired if not for whole year |
| N/A | |
| | |
| | |
| | |

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|----------------------|-----------------|-----------------------------------|---|
| 1 | Lina Nashef | Chair | | CIO Trustee |
| 2 | Romi Saha | | APR 2024 | CIO Trustee |
| 3 | Christopher Carswell | | | CIO Trustee |
| 4 | Matthew Harris | | APR 2024 | CIO Trustee |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
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| 18 | | | | |
| 19 | | | | |
| 20 | | | | |

Corporate trustees – names of the directors at the date the report was approved

| Director name | |
|---------------|--|
| N/A | |
| | |
| | |
| | |
| | |

Name of trustees holding title to property belonging to the charity

| Trustee name | Dates acted if not for whole year | |
|--------------|-----------------------------------|--|
| N/A | | |
| | | |
| | | |
| | | |
| | | |

Funds held as custodian trustees on behalf of others

| | |
|---|-----|
| Description of the assets held in this capacity | N/A |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | N/A |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets | N/A |

Additional information (optional)

Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|----------------------|------------------|---|
| Charity / Governance | Deirdre Carswell | 21 Ruskin Avenue, Kew, Richmond, TW9 4DR. |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (Optional information)

| |
|-----|
| N/A |
|-----|

Exemptions from disclosure

Reason for non-disclosure of key personnel details

| |
|-----|
| N/A |
|-----|

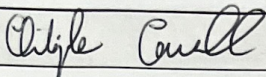
Other optional information

| |
|-----|
| N/A |
|-----|

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|-------------------------------------|---|--|
| Signature(s) |  | |
| Full name(s) | CHRISTOPHER CARWELL | |
| Position (eg Secretary, Chair, etc) | SECRETARY | |
| Date | 29/09/2025 | |

I report to the trustees on my examination of the accounts of the above charity ("The Trust") for the year ended 31st December 2024.

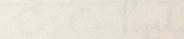
As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 122 of the Charities Act or
- the accounts did not accord with the accounting records, or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirements that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have carried across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the Accounts to be reached.

Signed:  Date: 24th September 2025

Name: David Popely

Relevant professional qualification(s) or body (if any): MAAT

Address: CP Associates (Accountants) Limited
Long Cross, Ashwell Park
Bedford MK44 9DZ



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees

Charity Name

South of England Neurosciences Association

On accounts for the year ended

31st December 2024

Charity no
(if any)

1198001

Set out on pages

Remember to include the page numbers of accounts and notes

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st December 2024.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

D. C. Popely

Date:

24th September 2025

Name:

David Popely

Relevant professional
qualification(s) or body
(if any):

MAAT

Address:

DP Associates (Accountancy) Limited

Long Barn, Ashwell Park

Ilminster TA19 9DX

Section B Disclosure

Section B Disclosure

Section B Disclosure

Give here brief details of any items that the examiner wishes to disclose.

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

South of England Neurosciences Association "SENA"

1198001

Receipts and payments accounts

| | | | |
|------------------------|-----------|----|-----------|
| For the period from | 01-Jan-24 | To | 31-Dec-24 |
|------------------------|-----------|----|-----------|

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last Year to the nearest £ |
|--|--|---|--|---------------------------------|----------------------------------|
| A1 Receipts | | | | | |
| Sponsorship donations | 40,500.00 | - | - | 40,500 | 31,000 |
| Gift Aid donations | 2,316.00 | - | - | 2,316 | 131 |
| Sub total (Gross income for AR) | 42,816.00 | - | - | 42,816 | 31,131 |
| A2 Asset and investment sales | 0.00 | | | | |
| N/A | 0.00 | - | - | - | - |
| Sub total | 0.00 | - | - | - | - |
| Total receipts | 42,816.00 | - | - | 42,816 | 31,131 |
| A3 Payments | | | | | |
| Events expenditure | 20,597.00 | - | - | 20,597 | 27,494 |
| SENA Prizes | 850.00 | - | - | 850 | 1,000 |
| Governance costs | 1,803.00 | - | - | 1,803 | 363 |
| Costs of charitable activities | 16,257.00 | - | - | 16,257 | 14,334 |
| Sub total | 39,507.00 | - | - | 39,507 | 43,190 |
| A4 Asset and investment purchases | | | | | |
| | 0.00 | - | - | - | - |
| | 0.00 | - | - | - | - |
| Sub total | 0.00 | - | - | - | - |
| Total payments | 39,507.00 | - | - | 39,507 | 43,190 |
| Net of receipts/(payments) | 3,309.00 | - | - | 3,309 | 12,060 |
| A5 Transfers between funds | 0.00 | - | - | - | - |
| A6 Cash funds last year end | 36,622.00 | - | - | 36,622 | 48,418 |
| Cash funds this year end | 39,931 | - | - | 39,931 | 36,358 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Last Year to nearest £ |
|----------------------|--|------------------------------------|----------------------------------|---------------------------|
| B1 Cash funds | Cash balance at bank | 29,859 | - | 28,179 |
| | Cash on deposit at bank | 10,436 | | 8,443 |
| | Total cash funds | 40,295 | - | 36,622 |
| | (agree balances with receipts and payments account(s)) | OK | OK | OK |

| | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Last Year to nearest £ |
|---------------------------------|--------------------|------------------------------------|----------------------------------|---------------------------|
| B2 Other monetary assets | Gift Aid donations | 2,316 | - | 131 |
| | Bank Interest | 365 | | 264 |

| | Details | Fund to which asset belongs | Cost (optional) | Cost (optional) |
|-----------------------------|---------|-----------------------------|-----------------|-----------------|
| B3 Investment assets | None | | - | - |

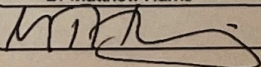
| | Details | Fund to which asset belongs | Cost (optional) | Cost (optional) |
|---|---------|-----------------------------|-----------------|-----------------|
| B4 Assets retained for the charity's own use | None | | - | - |
| | | | - | - |

| | Details | Fund to which liability relates | Amount due (optional) | Amount due (optional) |
|-----------------------|---------|---------------------------------|-----------------------|-----------------------|
| B5 Liabilities | None | | - | - |

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

| | |
|--|--|
| | Dr Matthew Harris |
| |  |