

Trustee Report and Accounts 2025



The Trustees present their annual report and financial statements for the year ended 30 September 2025

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

About Wishing Well

Objectives and aims

The objectives of Wishing Well Music for Health:

- To promote and protect the health for the public benefit, through the use of music and other arts within the health and social care sectors and in the community, including advocating the role of music and other arts in relation to health and wellbeing, providing training and promoting good practice amongst artists and people who work in the health and social care sectors
- For the public benefit, the relief of those in need by reason of physical and/or mental ill health within the health and social care sectors/settings and community, primarily through delivering and providing music and art-related activities and experiences with the overall objective of improving quality of life.

The trustees have paid close attention to the guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Wishing Well at a glance

We turn clinical places into cultural spaces to support the wellbeing of the whole hospital community: patients, families and healthcare staff. Hospitalisation can be a time of isolation, boredom, distress and a decline in general wellbeing. We tackle this by bringing live music right to patients' bedsides, creating interactions that enable people to feel valued, motivated and uplifted. A decline in health can be a time of great loss - of independence, mobility and choice - so we use music-making experiences to shine a light on what people can do, create and remember.

The Wishing Well programme was created in 2013, becoming a non-profit Community Interest Company in 2019 and a registered charity in February 2022. We are a small charity making a big impact across Sussex and Surrey. We create long-lasting partnerships with a wide range of healthcare settings including acute hospitals, psychiatric wards and neonatal units. Partnership working and participant voice inform every aspect of our work from the pace, tone and content of each interaction to Wishing Well's strategy, planning and training.

We work towards our long-term aim of embedding live music in the culture of healthcare by delivering training programmes for medical students, healthcare professionals and creating "Music for Health" apprenticeships for early career music facilitators each year.



"People often seem surprised and relieved by how animated, joyful, emotional & talkative some patients become when they hear a song they recognise and join in; how their mood can change from distant or agitated to inquiring and relaxed."

Healthcare Staff feedback from our programme with the Beechwood Dementia assessment ward, Uckfield.



Impact and programme

Our Impact

We remain an adaptable and lean organisation. We keep running costs low, and ensuring our funding creates maximum impact for our participants. The demand for our work is higher than ever, demonstrated by the significant increase in NHS charitable investment in our work and the consistently positive feedback we receive from partners, participants and families.

A moment of musical connection has a transformative impact on people in the hospital. It offers an often unexpected moment of joy and compassion that helps people feel a connection to the outside world beyond the hospital walls; to remember themselves as people not patients, and to reassure families that moments of joy and connection are still possible.

"My son recently had to spend two weeks in hospital. At times it was frightening, with no idea when he would be well again. When a (Wishing Well) musician came round each week, I could see him just light up. Eight years ago we were on the same ward for three long months with our son. This same music charity was there and we sang / played together each week.

Moments of inspiration, joy and sometimes a little cry while watching your child being tenderly serenaded to, during an incredibly tough time"

Parent feedback from our programme with the Royal Alexandra Children's Hospital.

Our Music Programme

This year we delivered a total of **340** participatory music-making sessions in healthcare settings across Sussex and Surrey, reaching a total of **2,300** children, young people and older people in hospital and **880** family visitors. This was our highest number of participants since the organisation was formed.

In each hospital, weekly sessions were led by our team of professional Creative Health practitioners who, with support and guidance from healthcare staff, use their musical skills to respond to what people need - relaxation, movement, reminiscence, or a space to express themselves.

Our Settings in 2024/25

1. The Trevor Mann Baby Unit, Brighton: We sang to early born babies in their incubators, and supported parents to sing lullabies to their newborns for the first time.
2. The Royal Alexandra Children's Hospital in Brighton: We put instruments into the hands of young patients so that they could create, have fun and express themselves.
3. Royal Sussex County's intensive Care Unit: We crafted soundscapes using acoustic instruments and simple technology to bring a sense of ease to the unit. By chance we met a woman who had heard our musicians play cello on the ward. She told us that during her induced coma and subsequent delirium, she remembered hearing the music and the sense of calm it brought her. She said *"I wanted to thank her so much for giving me a bit of light when I was in the darkest period of my life. I am honored to have met her and am forever grateful."*
4. Chalk Hill, an inpatient psychiatric ward for young people in mid-Sussex - we supported young people to write lyrics and brand-new music to help express how they were feeling. We provided a consistent safe space for creative connection. One participant told us *"Music has such power to transcend when we're right there in the moment, in the flow. You see that you just have to trust yourself, step out of your comfort zone and let yourself be right there in the beat."*
5. Across Sussex, in acute and psychiatric wards for older people we sang countless songs with people which sparked life stories and musical memories; catching the bus with the girls to go dancing on a Saturday night, all dressed up in new skirts; catching the Beatles in concert; playing in marching bands and family gatherings when everyone just sang together. We created space for older people to sing and dance themselves back to feelings of levity, motivation and connection. This plays a vital role in guarding against the risks of "pyjama paralysis"; a downward spiral of mental and physical health caused by long periods of hospitalisation and a lack of stimulation.

Local film maker Dan Stockman produced a short film of our work with older people at The Royal Sussex County Hospital.



This year we tested running a community-based music club for children experiencing anxiety and struggling with school attendance. We explored numerous avenues through pilot programming to create sustainable and impactful partnerships but were not able to identify a way to do this at sufficient scale to continue. We took the decision that our priority at this time should be to strengthen and maintain our core mission of bringing services into healthcare settings. We want to place our time and funding where our experience shows it can be most effective.

Evaluation

The ever growing Creative Health evidence base underpins everything we do. Our own impact is captured by constantly recording feedback from our participants and families, and the careful observations of our creative health practitioners and healthcare staff. Observations allow us to capture vital non-verbal feedback such as changes in facial expression and posture that guide our interactions moment by moment. In addition to this, our partners use a variety of wellbeing scales suitable for acute hospital use such as Dementia Care Mapping.

This year we:

1. Built on our existing partnership with Brighton and Sussex Medical School to begin a research project with three medical students. This will develop in our next financial year involving a music for health literature review and a service evaluation of work with children and families at The Royal Alexandra Children's Hospital trialling validated tools to measure engagement, social connection and anxiety levels.
2. Worked with the occupational therapy team at Forget Me Not unit in Worthing to develop a new observation tool for our programmes with people living with dementia in acute psychiatric settings. Again, this will be trialled during our next financial year and we look forward to sharing data with our funders, partners and stakeholders.

Organisational development

The trustees and CEO continued our year-long Equity, Diversity and Inclusion training programme with Spotlight Inclusion. Monthly online meetings offered space to explore key themes and to learn from peers, helping inform how we can continue to embed equity diversity and inclusion in every part of our organisation and the work that we deliver.

In June 2025, we recruited a freelance income diversification consultant to research and review potential income streams for the organisation in addition to our income from trusts and foundations.

Training

Apprenticeship

Places on our apprentice programme, supporting early career musicians were in high demand this year with a higher number of applications than in 2023/24. This may be due to our increased communications activity and a sustained effort to expand our networks in order to recruit inclusively. Our new partnership with Supajam, a specialist music college in Brighton, created a referral pathway for young musicians who have previously struggled in mainstream education due to social, emotional or special educational needs.

We worked with four apprentice musicians, creating **over 100 hours of training** and work experience as well as signposting to further opportunities in the Creative Health sector.

Music and the Future Doctor

We continue to deliver our "Music and the Future Doctor" elective module at Brighton and Sussex Medical School, to guest lecture on the MSc in Paediatrics and Child Health at Brighton University and to provide training sessions for Dementia Champion nurses at Sussex Community NHS Trust, reflecting together on the role that music plays in supporting the wellbeing of people with dementia and identifying achievable ways to increase their patients' access to music.

Professional Development

We are proud to be part of an inspirational professional development collective with fellow music charities, Soundcastle and New Note Orchestra. Collaborative training days create networking opportunities for our teams, enable us to test new creative ideas for workshops and to pool our resources to bring in external trainers. Training sessions have included music and nervous system regulation, unconscious bias and creating inclusive spaces (delivered by our safeguarding trustee, Anisa Dar) and vocal technique in contemporary gospel soul.



Financial review

Income for the period totalled £112,001 (2024: £84,175). Of this £91,551 (2024: £62,241) related to restricted funds. At the balance sheet date, the charity has restricted funds of £32,316 (2024: £15,411) and unrestricted funds of £32,777 (2024: £44,817).

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, the going concern basis has been adopted in the preparation of the financial statements.

Reserves policy

Our policy ensures financial security and the best chance of sustainability for the charity. We aim to make the best possible use of unrestricted income to safeguard the charity itself whilst ensuring maximum potential for running programmes and achieving our aims.

At all times, we aim to keep between three and six months' running costs in reserves. We define "running costs" as the costs the charity needs to cover every year, which include subscriptions, accountancy and payroll fees, CEO salary, insurance and freelance communications, fundraising and consultancy. Unrestricted funds held at 30 September 2025 were £32,777, which equates to roughly 4 months of running costs, therefore meeting our target.

The trustees will keep reserves under review on a quarterly basis, or more frequently in times of financial difficulty or concern. Should the reserves fall to a level where the charity is at risk of insolvency, external advice will be sought and proper procedure followed. If our reserves are above six months, we will consider using the excess for a purpose to be agreed by the trustees.



Plans for future periods

As our three-year strategy comes to an end, we are in a period of strategic review and the creation of a new strategy for 2026-28. This will reaffirm our commitment to – and expertise in – bringing musical interactions into the most acute hospital environments to support the mental health and wellbeing of the whole hospital community. Conversations with hospital partners continue to demonstrate an ever-growing need for our services as pressures on the NHS increase.

Our priorities for the coming year include:

- continuing to strengthen partnerships with NHS charities to ensure sustainability, quality and impact.
- Recruiting a freelance Individual Giving specialist to create and begin the implication of an IG strategy following on from the recommendations made by our income diversification consultant (Money Tree fundraising).
- Recruiting new trustees to our board, aiming to increase from 4 to 6 trustees in the next financial year to increase board capacity and expertise.
- Continuing our Brighton and Sussex Medical School research partnership to evaluate the impact of our work with children and families in hospital care.



Structure, governance and management

Wishing Well Music for Health obtained charity status from the Charity Commission on 18 February 2022 and is a charitable incorporated organisation (CIO), charity number 1197978. The charity is governed by its governing document, the Memorandum and Articles of Association.

The Trustees on and up to the date of signature of the financial statements were:

Eleanor Carson

Appointed 18 February 2022

Olivia Doyle

Appointed 18 February 2022

Denise Cook

Appointed 11 January 2024

Anisa Dar

Appointed 11 January 2024

Our trustees bring skills in voluntary sector governance, finance and risk, strategy and safeguarding to the organisation.

Method of recruitment and appointment of trustees

We advertise well outside of our own networks, through social media, websites and organisations specifically chosen to make sure that we are actively encouraging new trustees from diverse backgrounds including race, disability, lived experience of caring and mental health. Our recruitment pack is carefully compiled and checked with a gender decoder. We are explicit about the skills and experience that we need to ensure excellent leadership and governance for the charity but that previous trustee experience is not a requirement. Support and training will be provided in addition to the new-trustee induction.

The Board oversees the charity, and the day-to-day management is delegated to Joanne White, the CEO and founder of Wishing Well Music for Health.

The trustees' report was approved by the Board of Trustees.



Olivia Doyle
Trustee

Date: 16/04/2026

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the CIO constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**WISHING WELL MUSIC FOR HEALTH
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2025**

WISHING WELL MUSIC FOR HEALTH

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Eleanor Carson Olivia Doyle Anisa Dar Denise Cook	
Charity registration	England and Wales	1197978
Principal address	10 Hollycroft East Chiltington Lewes BN7 3AZ	
Independent examiner	West & Berry Limited Nile House Nile Street Brighton BN1 1HW	

WISHING WELL MUSIC FOR HEALTH

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WISHING WELL MUSIC FOR HEALTH

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF WISHING WELL MUSIC FOR HEALTH

I report to the trustees on my examination of the financial statements of Wishing Well Music for Health (the charity) for the year ended 30 September 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Michelle Westbury FCCA

West & Berry Limited

West & Berry Limited

Nile House

Nile Street

Brighton

BN1 1HW

Date: 16/04/2026

WISHING WELL MUSIC FOR HEALTH

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 SEPTEMBER 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income from:							
Donations and legacies	3	17,757	91,551	109,308	19,086	62,241	81,327
Charitable activities	4	2,693	-	2,693	2,848	-	2,848
Total income		<u>20,450</u>	<u>91,551</u>	<u>112,001</u>	<u>21,934</u>	<u>62,241</u>	<u>84,175</u>
Expenditure on:							
Raising funds	5	7,462	2,072	9,534	7,477	1,842	9,319
Charitable activities	6	25,028	72,574	97,602	23,159	61,503	84,662
Total expenditure		<u>32,490</u>	<u>74,646</u>	<u>107,136</u>	<u>30,636</u>	<u>63,345</u>	<u>93,981</u>
Net income/(expenditure)		(12,040)	16,905	4,865	(8,702)	(1,104)	(9,806)
Transfers between funds							
		-	-	-	(457)	457	-
Net movement in funds		(12,040)	16,905	4,865	(9,159)	(647)	(9,806)
Reconciliation of funds:							
Fund balances at 1 October 2024		<u>44,817</u>	<u>15,411</u>	<u>60,228</u>	<u>53,976</u>	<u>16,058</u>	<u>70,034</u>
Fund balances at 30 September 2025		<u>32,777</u>	<u>32,316</u>	<u>65,093</u>	<u>44,817</u>	<u>15,411</u>	<u>60,228</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

WISHING WELL MUSIC FOR HEALTH

BALANCE SHEET

AS AT 30 SEPTEMBER 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	11		181		761
Current assets					
Debtors	12	498		4,948	
Cash at bank and in hand		76,818		60,396	
		77,316		65,344	
Creditors: amounts falling due within one year	13	(12,404)		(5,877)	
Net current assets			64,912		59,467
Total assets less current liabilities			65,093		60,228
The funds of the charity					
Restricted income funds	15		32,316		15,411
Unrestricted funds	16		32,777		44,817
			65,093		60,228

The financial statements were approved by the trustees on 16/04/2026



Olivia Doyle
Trustee

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 SEPTEMBER 2025

1 Accounting policies

Charity information

Wishing Well Music for Health is a charitable incorporated organisation (CIO), registered on the 18th February 2022 with the Charity Commission, charity number 1197978. The principal address of the charity is: 10 Hollycroft, East Chiltington, Lewes, East Sussex BN7 3AZ.

1.1 Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2025

1 Accounting policies

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Costs of generating funds related to expenditure on raising donations.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and equipment	4 years straight line
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2025

1 Accounting policies

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	165	-	165	1,562	-	1,562
Grants	17,592	91,551	109,143	17,524	62,241	79,765
	<u>17,757</u>	<u>91,551</u>	<u>109,308</u>	<u>19,086</u>	<u>62,241</u>	<u>81,327</u>

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2025

4 Income from charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Charitable income		
Services provided under contract	2,693	2,848

5 Expenditure on raising funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fundraising and publicity						
Advertising	1,987	1,762	3,749	2,502	1,592	4,094
Other fundraising costs	5,475	310	5,785	4,975	250	5,225
	<u>7,462</u>	<u>2,072</u>	<u>9,534</u>	<u>7,477</u>	<u>1,842</u>	<u>9,319</u>

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2025

6 Expenditure on charitable activities

	Charitable activities 2025 £	Charitable activities 2024 £
Direct costs		
Staff costs	18,123	17,431
Depreciation and impairment	580	580
Musicians fees	55,668	45,762
Music equipment (small)	507	87
Staff training and supervision	4,439	2,342
Other direct expenses	-	210
Travel costs	1,974	1,076
Venue hire	936	450
Consultancy fees	850	11,890
	<u>83,077</u>	<u>79,828</u>
Share of support and governance costs (see note 7)		
Support	12,725	3,034
Governance	1,800	1,800
	<u>97,602</u>	<u>84,662</u>
Analysis by fund		
Unrestricted funds	25,028	23,159
Restricted funds	72,574	61,503
	<u>97,602</u>	<u>84,662</u>

7 Support costs allocated to activities

	2025 £	2024 £
Subscriptions	82	205
Insurance	415	561
Computer costs	3,378	1,010
Sundry	63	105
Bookkeeping and payroll	696	1,086
Trustee expenses	291	67
Consultancy fees	7,800	-
Governance costs	1,800	1,800
	<u>14,525</u>	<u>4,834</u>
Analysed between:		
Charitable activities	<u>14,525</u>	<u>4,834</u>

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2025

7 Support costs allocated to activities

	2025 £	2024 £
Governance costs comprise:		
Accountancy	1,800	1,800
	<u>1,800</u>	<u>1,800</u>

Governance costs includes payment to the independent examiners of £1,500 + VAT (2024: £1,500 + VAT) for accountancy and independent examination fees. Other amounts paid to the examiner totalled £580 + VAT (2024: £480 + VAT) for payroll services.

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year, but two trustees were reimbursed a total of £291 travelling and training expenses (2024 - one trustee was reimbursed a total of £67 travelling expenses).

9 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
	<u>1</u>	<u>1</u>
Employment costs		
	2025 £	2024 £
Wages and salaries	17,564	16,898
Other pension costs	559	533
	<u>18,123</u>	<u>17,431</u>

There were no employees whose annual remuneration was more than £60,000.

10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2025

11 Tangible fixed assets

	Plant and equipment £
Cost	
At 1 October 2024	2,318
At 30 September 2025	2,318
Depreciation and impairment	
At 1 October 2024	1,557
Depreciation charged in the year	580
At 30 September 2025	2,137
Carrying amount	
At 30 September 2025	181
At 30 September 2024	761

12 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Trade debtors	-	3,500
Other debtors	498	1,448
	498	4,948

13 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	-	32
Trade creditors	7,492	3,839
Other creditors	62	62
Accruals and deferred income	4,850	1,944
	12,404	5,877

14 Retirement benefit schemes

	2025 £	2024 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	559	533

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2025

15 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 October 2024	Incoming resources	Resources expended	Transfers	At 30 September 2025
	£	£	£	£	£
BHCC Open Strings Music	-	2,922	(2,786)	-	136
The Allen Lane Foundation	2,460	-	(2,460)	-	-
Charles Hayward	-	4,000	-	-	4,000
Surrey and Sussex Healthcare NHS Charitable Funds	76	-	(76)	-	-
Friends of Uckfield Hospital	-	1,250	-	-	1,250
The National Foundation for Youth Music	4,738	30,483	(29,054)	-	6,167
The Early Birth Association	-	1,080	(131)	-	949
Chalk Cliff	3,756	4,000	(4,097)	-	3,659
Sussex Community Foundation	-	4,112	(2,067)	-	2,045
Arts Council England	-	15,538	(10,965)	-	4,573
D'Oyly Carte Charitable Trust	-	6,000	(1,174)	-	4,826
My UHS Charity - Princess Royal Hospital	69	3,334	(856)	-	2,547
My UHS Charity - Newhaven Community Ward	-	5,736	(5,115)	-	621
SPFT Brunswick	100	-	-	-	100
My USH Charity - Royal Sussex County Hospital	2,326	3,466	(5,138)	-	654
My UHS Charity - Worthing	1,887	9,630	(10,728)	-	789
	<u>15,411</u>	<u>91,551</u>	<u>(74,646)</u>	<u>-</u>	<u>32,316</u>

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2025

15 Restricted funds

Previous year:	At 1 October 2023	Incoming resources	Resources expended	Transfers	At 30 September 2024
	£	£	£	£	£
	-	-	-	-	-
Brighton and Hove City Council via Music for Connection	1,970	6,169	(8,274)	136	-
The Allen Lane Foundation	-	5,000	(2,540)	-	2,460
Surrey and Sussex Healthcare NHS Charitable Funds	1,235	-	(1,159)	-	76
Friends of Uckfield Hospital	435	1,120	(1,555)	-	-
The National Foundation for Youth Music	-	31,436	(26,698)	-	4,738
The Early Birth Association	-	1,080	(1,080)	-	-
Chalk Cliff	-	5,000	(1,244)	-	3,756
Arts Council England	4,173	-	(4,173)	-	-
The Foyle Foundation	4,400	-	(4,400)	-	-
My UHS Charity - Princess Royal Hospital	712	-	(643)	-	69
My UHS Charity - Newhaven Community Ward	3,134	1,912	(5,367)	321	-
SPFT Brunswick	-	1,120	(1,020)	-	100
SPFT Forget Me Not Unit	-	2,694	(2,694)	-	-
My USH Charity - Royal Sussex County Hospital	-	3,500	(1,175)	-	2,326
My UHS Charity - Worthing	-	3,210	(1,323)	-	1,887
	<u>16,058</u>	<u>62,241</u>	<u>(63,345)</u>	<u>457</u>	<u>15,411</u>

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2025

15 Restricted funds

The purposes of restricted funds are as follows:

- Brighton and Hove City Council via Music for Connection - older people's bedside music programme at the Royal Sussex County Hospital.
- The Allen Lane Foundation - music programme for people with dementia at Forget Me Not Dementia Assessment Unit, Swandean Hospital, Worthing.
- Surrey and Sussex Healthcare Charity - older people's bedside music programme at East Surrey Hospital.
- The Friends of Uckfield Hospital - Music programme for people with dementia at Beechwood Dementia Assessment Unit, Uckfield Hospital.
- The National Foundation for Youth Music - children and young people's music making programme across five healthcare settings in Sussex including the Royal Alexandra Children's Hospital, and training at Brighton and Sussex Medical School.
- The Early Birth Association - music programme at Trevor Mann Baby Unit.
- Chalk Cliff - music and dementia programme in East Sussex and covers work at Brunswick Ward, Mill View Hospital, Brighton and Beechwood Ward, Uckfield Hospital.
- Arts Council England - older people's bedside music making in intensive care, for people recovering from stroke and on elderly care wards at Princess Royal Hospital.
- My UHS - older people's bedside music making at Princess Royal Hospital, Newhaven Community Ward, Royal Sussex County Hospital and Worthing Hospital.
- The Friends of Brighton Hospital (SPFT Brunswick) - Music programme for people with dementia at Brunswick Dementia Assessment Unit, Millview Hospital, Brighton.
- Charles Hayward Foundation - Music and Dementia - match funding for our programme with Sussex Partnership NHS Trust bringing music to psychiatric assessment wards for people with dementia in Sussex.
- D'Oyly Carte Charitable Trust - Music and Dementia - match funding for our programme with Sussex Partnership NHS Trust bringing music to psychiatric assessment wards for people with dementia in Sussex.
- Sussex Community Foundation - children and young people's music programme including The Royal Alexandra Children's Hospital and Chalk Hill inpatient psychiatric ward.

16 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 October 2024	Incoming resources	Resources expended	Transfers	At 30 September 2025
	£	£	£	£	£
General funds	44,817	20,450	(32,490)	-	32,777
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 October 2023	Incoming resources	Resources expended	Transfers	At 30 September 2024
	£	£	£	£	£
General funds	53,976	21,934	(30,636)	(457)	44,817
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2025

17 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 30 September 2025:			
Tangible assets	181	-	181
Current assets/(liabilities)	32,596	32,316	64,912
	<u>32,777</u>	<u>32,316</u>	<u>65,093</u>
	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 30 September 2024:			
Tangible assets	761	-	761
Current assets/(liabilities)	44,056	15,411	59,467
	<u>44,817</u>	<u>15,411</u>	<u>60,228</u>

18 Related party transactions

The CEO's partner is part of the Wishing Well team of musicians. Payments were made to him during the year totalling £7,487 (2024: £5,627) as laid out in his schedule of work which is approved at each quarterly board meeting.

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File 1 of 2: Wishing Well Music for Health 2025 accounts-combined.pdf

Signed By

Signer: Olivia Doyle (oliviamcd@googlemail.com)

Identity Check: Email Authentication

Signature Type: Mouse or hand drawn

Time Zone: UTC+01:00, Europe/London (British Summer Time)

Signer: Michelle Westbury (michelle@westandberry.co.uk)

Identity Check: Login with account

Signature Type: Typed

Time Zone: UTC+01:00, Europe/London (British Summer Time)

Event Log

Apr 9, 2026, 2:54:10 PM - Email notification delivered to Olivia Doyle (oliviamcd@googlemail.com).

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Apr 15, 2026, 8:37:56 PM - Olivia Doyle (oliviamcd@googlemail.com) viewed the document(s), from 82.68.58.62.

Apr 15, 2026, 8:38:02 PM - Olivia Doyle (oliviamcd@googlemail.com) opened the email notification (estimated), from 66.249.93.171.

Apr 16, 2026, 10:42:24 AM - Olivia Doyle (oliviamcd@googlemail.com) electronically signed or completed the document(s), from 82.68.58.62.

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Apr 16, 2026, 10:42:49 AM - Email notification delivered to Michelle Westbury (michelle@westandberry.co.uk).

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