



LIVE MUSIC AT THE HEART OF HEALTHCARE



WISHING WELL MUSIC FOR HEALTH

TRUSTEES REPORT 2023-24

"Thank you for bringing my memories back. As soon as you sang that song, it all came back to me!" patient participant at Royal Sussex County Hospital in Brighton.

The trustees present their annual report and financial statements for the year ended 30 September 2024

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The objects of the charity are as follows:

- To promote and protect the health for the public benefit, through the use of music and other arts within the health and social care sectors and in the community, including advocating the role of music and other arts in relationship to health and wellbeing, providing training and promoting good practice amongst artists and people who work in the health and social care sectors; and
- For the public benefit, the relief of those in need by reason of physical and / or mental ill health within the health and social care sectors / settings and community, primarily through delivering and providing music and art related activities and experiences with the overall objective of improving quality of life.

Our Organisation

"I wish we weren't in the hospital but at least we have met you - you have lifted us up!"
patient and spouse at Royal Sussex County, October 2024

We turn clinical places into cultural spaces to support the wellbeing of the whole hospital community: patients, families and healthcare staff. Hospitalisation can be a time of isolation, boredom, distress and a decline in general wellbeing. We tackle this by bringing live music right to patients' bedsides, creating interactions that enable people to feel valued, motivated and uplifted. A decline in health can be a time of great loss - of independence, mobility and choice - so we use music-making experiences to shine a light on what people *can* do, create and remember.

The Wishing Well programme was created in 2013, became a non-profit Community Interest Company in 2019 and a registered charity in February 2022. We are a small charity making a big impact across Sussex and Surrey, creating long-lasting partnerships with a wide range of healthcare settings including acute hospitals, psychiatric wards and neonatal units. Partnership working and participant voice informs every aspect of our work. We evaluate our programmes using an outcomes approach, using feedback from participants and families and the observations of our partners in healthcare settings and the musicians themselves. We also work towards our long-term aim of embedding live music in the culture of healthcare by delivering training programmes for medical students, healthcare professionals and hospital volunteers.

The trustees have paid close attention to the guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Our Impact

We remain an adaptable and lean organisation. This is critical now more than ever as we find ourselves in a challenging financial environment, where services we work with face significant capacity constraints and are vulnerable to closure. By remaining adaptable and lean, and keeping running costs low, we have made sure our funding creates maximum impact for our participants. The demand for our work is higher than ever. In the past 12 months we have seen our biggest ever investment from our NHS partners, showing how much they value our work.

Wishing Well's strategy contains 3 central pillars: Programmes, Training and Advocacy. Here is

what we delivered in each category:

Programme

We delivered a total of 274 participatory music-making sessions in healthcare settings across Sussex and Surrey, reaching **a total of 1500 children, young people and older people** in hospital and **750 family visitors**.

At the Trevor Mann Baby Unit, Brighton, we sang to early born babies in their incubators, and supported parents to sing lullabies to their newborns for the first time

At The Royal Alexandra Children's Hospital in Brighton, we put instruments into the hands of young patients so that they could create, have fun and express themselves

At Chalk Hill, an inpatient psychiatric ward for young people in mid-Sussex, we supported young people to write lyrics and brand-new music to help express how they were feeling and to provide a consistent safe space for creative connection.

At Princess Royal Hospital in Haywards Heath, we developed new work with speech and language therapists, co-creating singing groups for people recovering from stroke

Across Sussex, in acute and psychiatric wards for older people we heard countless life stories and musical memories; we created space for older people to sing and play themselves back to feelings of levity and motivation



As part of our ACE funded portfolio, we commissioned two Artists to create original sketches incorporating our participants voices. This sketch is by Krina Patel and the quote is from a young person who took part in our music sessions at Chalk Hill Psychiatric unit.

Our **outcomes** for people in hospital, captured through evaluation tools, feedback and observations are:

1. Reduced anxiety: music-making refocuses attention on an uplifting activity and soothes the nervous system.

"It was all going round in my head, but it feels smoother now." patient participant

2. Reduced loneliness: music-making builds a bridge across loneliness, creating a safe and inclusive space for connection

"You're the first person I have really spoken to all day. You don't know how much your visit has meant. Are you coming back?" patient participant.

3. Increased self-expression: Music is a strengths-based activity that shines a light on what we can do, create, remember and learn. We create space for patients to be people.

"With men's mental health....people don't open up enough and it's a problem. It's a way to spread your message..... I hope in the future.... I can make music for people to enjoy and relate to I've just got to get to that point of feeling better and music is going to be a big part of that"

4. Increased understanding of Creative Health practice amongst healthcare staff. Through seeing our work in action, healthcare professionals value the role of the arts in healthcare.

"You know you'd be welcome here every day - now go and work your magic!" Nurse at Worthing General Hospital

An ever-growing evidence base underpins all of our work, and we are delighted to be developing a new research project with Brighton and Sussex Medical School which will include a literature review and new data collection from our programmes.

Training

1. **We taught 40 medical students** through our "Music and the Future Doctor" elective modules at Brighton and Sussex Medical School. The students learn about the impact of participatory music programmes for the hospital community and explore the transferable skills used by hospital musicians which enable us to build trust and rapport with patients and families. One student told us:

"It was so enjoyable and I have recommended it to everyone. It was a breath of fresh air to focus on something that wasn't physiological but that can equally or even more so can impact our patients, the relationship we have with them and ultimately, the level of care we give. It was also lovely to see that by the end of the module, everyone could say they were musical."

2. **We guest lectured on the MSc in Paediatrics and Child Health** at Brighton University, exploring similar themes of outcomes and communication.

3. We delivered a series of **three training sessions for 24 Dementia Champion nurses across Sussex**, reflecting together on the role that music plays in supporting the wellbeing of people with dementia and identifying achievable ways to increase their patients' access to music.

Advocacy

We represented the [Culture Health and Wellbeing Alliance](#) (CHWA) as a Southeast Arts Champion, providing support to the Creative Health sector in our region through advocacy, networking and resources.

Organisational Development

We engaged a freelance consultant to help us apply our learning from working with young people in inpatient NHS settings, to develop a new community-based music programme. We have consulted with groups of young people with lived experience of mental health challenges, mapped existing services to identify gaps and created brand new partnerships. This resulted in the delivery of a new community-based pilot programme in Horsham and the confirmation of a second set of pilots in Brighton and Hove for 2024/25.

The consultant also supported a sustainability review, working with us on a refreshed fundraising and communications strategy to increase our community of support and diversify our income. We identified the need to tell more compelling stories online, to refresh our website and to consider what offer we could make to local corporate partnerships.

The trustees and CEO were delighted to embark on a year-long Equity, Diversity and Inclusion training programme with Spotlight Inclusion. Monthly online meetings offered space to explore key themes and to learn from peers, helping inform how we can continue to embed equity diversity and inclusion in every part of our organisation and the work that we deliver.

The trustees and CEO also developed a new and comprehensive risk register, giving us a more detailed understanding of risk and mitigation for all of our activities.



A joyful moment at East Surrey Hospital with Doctor fulfilling a long-held ambition of playing violin! These important interactions create a feedback loop that benefits the whole hospital community.

We are grateful to have received support from the following Trusts and Foundations and charitable organisations attached to our partner healthcare settings:

**The Allen Lane Foundation
Arts Council England
Brighton and Hove County Council
The Chalk Cliff Trust
The Early Birth Association
Ernest Kleinwort Charitable Trust
Garfield Weston Foundation
The Foyle Foundation
The Margaret Fisher Trust
The National Foundation for Youth Music
The Friends of Uckfield Hospital
The Friends of Brighton Hospital
The Kitty Harrison Foundation
My UHS Charity (UHS NHS Trust)**

Financial review

Income for the period totaled £84,175 (2023: £115,283). Of this £62,241 (2023: £83,060) related to restricted funds. At the balance sheet date, the charity has restricted funds of £15,411 (2023: £16,058) and unrestricted funds of £44,817 (2023: £53,976).

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, the going concern basis has been adopted in the preparation of the financial statements.

Reserves policy

Our policy ensures financial security and the best chance of sustainability for the charity. We aim to make the best possible use of unrestricted income to safeguard the charity itself whilst ensuring maximum potential for running programmes and achieving our aims.

At all times, we aim to keep between three- and six-months running costs in reserves. We define “running costs” as the costs the charity needs to cover every year which includes subscriptions, accountancy and payroll fees, CEO salary, Insurance and freelance communications, fundraising and consultancy.

Unrestricted funds held at 30 September 2024 were £44,817 which equates to six months of running costs, therefore meeting our target.

The trustees will keep reserves under review on a quarterly basis, or more frequently in times of financial difficulty or concern. Should the reserves fall to a level where the charity is at risk of insolvency, external advice will be sought and proper procedure followed. If our reserves are above six months, we will consider using the excess for a purpose to be agreed by the trustees.

Plans for future periods

Our three-year strategy re-affirms our commitment to - and expertise in - bringing musical interactions into the most acute hospital environments to support the mental health and

wellbeing of the whole hospital community. Conversations with hospital partners continue to demonstrate an ever-growing need for our services as pressures on the NHS increase.

Our priorities for the coming year include:

- recruiting additional staff resource to fulfil our ambitions
- expanding our music programme to reach more young people in the community facing mental health challenges
- exploring opportunities to expand our training programme for medical students, hospital volunteers and early career music facilitators.

Structure, governance and management

Wishing Well Music for Health obtained charity status from the Charity Commission on 18 February 2022 and is a charitable incorporated organisation (CIO), charity number 1197978. The charity is governed by its governing document, the Memorandum and Articles of Association.

The Trustees on the up to the date of signature of the financial statements were:

- Eleanor Carson (Appointed 18 February 2022)
- Olivia Doyle (Appointed 18 February 2022)
- Denise Cook (Appointed 11 January 2024)
- Anisa Dar (Appointed 11 January 2024)
- Marie Benton (Resigned 11 January 2024)

Our trustees bring skills in voluntary sector governance, finance and risk, strategy and safeguarding to the organisation.

Method of recruitment and appointment of trustees

During the year we undertook an extensive process to recruit new trustees. Training from organisation “Getting on Board” informed our recruitment process. We advertised well outside of our own networks, through social media, websites and organisations specifically chosen to make sure that we are actively encouraging new trustees from diverse backgrounds including race, disability, lived experience of caring and mental health. Our recruitment pack was carefully compiled and checked with a gender decoder. We were explicit that previous trustee experience was not a requirement and that support and training would be provided and meetings held in accessible venues.

The Board oversees the charity, and the day-to-day management is delegated to Joanne White, the CEO and founder of Wishing Well Music for Health.

The trustees' report was approved by the Board of Trustees.

Olivia Doyle

.....

Olivia Doyle

Trustee

Date: 25/03/2025
.....

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the CIO constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Charity registration number 1197978 (England and Wales)

**WISHING WELL MUSIC FOR HEALTH
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2024**

WISHING WELL MUSIC FOR HEALTH

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Eleanor Carson	
	Olivia Doyle	
	Anisa Dar	(Appointed 11 January 2024)
	Denise Cook	(Appointed 11 January 2024)
Charity number (England and Wales)	1197978	
Principal address	10 Hollycroft	
	East Chiltonington	
	Lewes	
	BN7 3AZ	
Independent examiner	West & Berry Limited	
	Nile House	
	Nile Street	
	Brighton	
	BN1 1HW	

WISHING WELL MUSIC FOR HEALTH

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WISHING WELL MUSIC FOR HEALTH

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF WISHING WELL MUSIC FOR HEALTH

I report to the trustees on my examination of the financial statements of Wishing Well Music for Health (the charity) for the year ended 30 September 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Michelle Westbury FCCA

Michelle Westbury FCCA

West & Berry Limited

Nile House

Nile Street

Brighton

BN1 1HW

Date: 25/03/2025

WISHING WELL MUSIC FOR HEALTH

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 SEPTEMBER 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes						
Income from:							
Donations and legacies	3	19,086	62,241	81,327	30,223	83,060	113,283
Charitable activities	4	2,848	-	2,848	2,000	-	2,000
Total income		<u>21,934</u>	<u>62,241</u>	<u>84,175</u>	<u>32,223</u>	<u>83,060</u>	<u>115,283</u>
Expenditure on:							
Raising funds	5	7,477	1,842	9,319	3,606	3,042	6,648
Charitable activities	6	23,159	61,503	84,662	13,783	76,555	90,338
Total expenditure		<u>30,636</u>	<u>63,345</u>	<u>93,981</u>	<u>17,389</u>	<u>79,597</u>	<u>96,986</u>
Net income/(expenditure)		(8,702)	(1,104)	(9,806)	14,834	3,463	18,297
Transfers between funds		(457)	457	-	-	-	-
Net movement in funds		(9,159)	(647)	(9,806)	14,834	3,463	18,297
Reconciliation of funds:							
Fund balances at 1 October 2023		53,976	16,058	70,034	39,142	12,595	51,737
Fund balances at 30 September 2024		<u>44,817</u>	<u>15,411</u>	<u>60,228</u>	<u>53,976</u>	<u>16,058</u>	<u>70,034</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

WISHING WELL MUSIC FOR HEALTH

BALANCE SHEET

AS AT 30 SEPTEMBER 2024

		2024		2023	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	11		761		1,340
Current assets					
Debtors	12	4,948		17,218	
Cash at bank and in hand		60,396		58,572	
		65,344		75,790	
Creditors: amounts falling due within one year	13	(5,877)		(7,096)	
Net current assets			59,467		68,694
Total assets less current liabilities			60,228		70,034
The funds of the charity					
Restricted income funds	15	15,411		16,058	
Unrestricted funds	16	44,817		53,976	
		60,228		70,034	

The financial statements were approved by the trustees on 25/03/2025

Olivia Doyle

Olivia Doyle
Trustee

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2024

1 Accounting policies

Charity information

Wishing Well Music for Health is a charitable incorporated organisation (CIO), registered on the 18th February 2022 with the Charity Commission, charity number 1197978. The principal address of the charity is: 10 Hollycroft, East Chilmington, Lewes, East Sussex BN7 3AZ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 SEPTEMBER 2024

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Costs of generating funds related to expenditure on raising donations.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and equipment	4 years straight line
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2024

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Donations and gifts	1,562	-	1,562	723	-	723
Grants	17,524	62,241	79,765	29,500	83,060	112,560
	<u>19,086</u>	<u>62,241</u>	<u>81,327</u>	<u>30,223</u>	<u>83,060</u>	<u>113,283</u>

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2024

4 Income from charitable activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Charitable income		
Services provided under contract	2,848	2,000

5 Expenditure on raising funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fundraising and publicity						
Advertising	2,502	1,592	4,094	131	3,042	3,173
Other fundraising costs	4,975	250	5,225	3,475	-	3,475
	7,477	1,842	9,319	3,606	3,042	6,648

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2024

6 Expenditure on charitable activities

	Charitable activities 2024 £	Charitable activities 2023 £
Direct costs		
Staff costs	17,431	16,572
Depreciation and impairment	580	580
Musicians fees	45,762	62,002
Music equipment (small)	87	137
Staff training and supervision	2,342	3,557
Other direct expenses	210	760
Travel costs	1,076	1,105
Venue hire	450	-
Consultancy fees	11,890	-
	<u>79,828</u>	<u>84,713</u>
Share of support and governance costs (see note 7)		
Support	3,034	3,825
Governance	1,800	1,800
	<u>84,662</u>	<u>90,338</u>
Analysis by fund		
Unrestricted funds	23,159	13,783
Restricted funds	61,503	76,555
	<u>84,662</u>	<u>90,338</u>

7 Support costs allocated to activities

	2024 £	2023 £
Subscriptions	205	141
Insurance	561	425
Computer costs	1,010	1,257
Sundry	105	665
Bookkeeping and payroll	1,086	1,337
Trustee expenses	67	-
Governance costs	1,800	1,800
	<u>4,834</u>	<u>5,625</u>
Analysed between:		
Charitable activities	<u>4,834</u>	<u>5,625</u>

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2024

7 Support costs allocated to activities (Continued)

	2024 £	2023 £
Governance costs comprise:		
Accountancy	1,800	1,800
	<u>1,800</u>	<u>1,800</u>

Governance costs includes payment to the independent examiners of £1,500 + VAT (2023: £1,500 + VAT) for accountancy and independent examination fees. Other amounts paid to the examiner totalled £480 + VAT (2023: £760 + VAT) for payroll services.

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year, but one of them was reimbursed a total of £67 travelling expenses (2023 - no trustees were reimbursed expenses).

9 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
	1	1
	<u>1</u>	<u>1</u>
Employment costs	2024 £	2023 £
Wages and salaries	16,898	16,500
Social security costs	-	(403)
Other pension costs	533	475
	<u>17,431</u>	<u>16,572</u>

There were no employees whose annual remuneration was more than £60,000.

10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2024

11 Tangible fixed assets

	Plant and equipment £
Cost	
At 1 October 2023	2,318
At 30 September 2024	2,318
Depreciation and impairment	
At 1 October 2023	977
Depreciation charged in the year	580
At 30 September 2024	1,557
Carrying amount	
At 30 September 2024	761
At 30 September 2023	1,340

12 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
Trade debtors	3,500	1,000
Other debtors	1,448	1,487
Prepayments and accrued income	-	14,731
	4,948	17,218

13 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	32	32
Trade creditors	3,839	3,607
Other creditors	62	58
Accruals and deferred income	1,944	3,399
	5,877	7,096

14 Retirement benefit schemes

	2024 £	2023 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	533	475

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2024

14 Retirement benefit schemes

(Continued)

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

15 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 October 2023	Incoming resources	Resources expended	Transfers	At 30 September 2024
	£	£	£	£	£
	-	-	-	-	-
Brighton and Hove City Council via Music for Connection	1,970	6,169	(8,274)	136	-
The Allen Lane Foundation	-	5,000	(2,540)	-	2,460
Surrey and Sussex Healthcare NHS Charitable Funds	1,235	-	(1,159)	-	76
Friends of Uckfield Hospital	435	1,120	(1,555)	-	-
The National Foundation for Youth Music	-	31,436	(26,698)	-	4,738
The Early Birth Association	-	1,080	(1,080)	-	-
Chalk Cliff	-	5,000	(1,244)	-	3,756
Arts Council England	4,173	-	(4,173)	-	-
The Foyle Foundation	4,400	-	(4,400)	-	-
My UHS Charity - Princess Royal Hospital	712	-	(643)	-	69
My UHS Charity - Newhaven Community Ward	3,134	1,912	(5,367)	321	-
SPFT Brunswick	-	1,120	(1,020)	-	100
SPFT Forget Me Not Unit	-	2,694	(2,694)	-	-
My UHS Charity - Royal Sussex County Hospital	-	3,500	(1,175)	-	2,326
My UHS Charity - Worthing	-	3,210	(1,323)	-	1,887
	<u>16,058</u>	<u>62,241</u>	<u>(63,345)</u>	<u>457</u>	<u>15,411</u>

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2024

15 Restricted funds

(Continued)

Previous year:	At 1 October 2022	Incoming resources	Resources expended	Transfers	At 30 September 2023
	£	£	£	£	£
	-	-	-	-	-
Brighton and Hove City Council via Music for Connection	2,497	6,494	(7,022)	-	1,970
Friends of Worthing Hospitals	1,350	-	(1,350)	-	-
The Rayne Foundation	5,509	-	(5,509)	-	-
Surrey and Sussex Healthcare NHS Charitable Funds	-	1,500	(265)	-	1,235
Friends of Uckfield Hospital	1,753	870	(2,188)	-	435
The National Foundation for Youth Music	1,337	33,102	(34,439)	-	-
Sussex Community Foundation	148	-	(148)	-	-
Arts Council England	-	20,994	(16,821)	-	4,173
D'Oyly Carte Charitable Trust	-	3,000	(3,000)	-	-
The Foyle Foundation	-	4,400	-	-	4,400
Surrey Community Foundation	-	5,000	(5,000)	-	-
My UHS Charity - Princess Royal Hospital	-	2,500	(1,788)	-	712
My USH Charity - Newhaven Community Ward	-	5,200	(2,066)	-	3,134
	<u>12,595</u>	<u>83,060</u>	<u>(79,597)</u>	<u>-</u>	<u>16,058</u>

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2024

15 Restricted funds

(Continued)

The purposes of restricted funds are as follows:

- Brighton and Hove City Council via Music for Connection - older people's bedside music programme at the Royal Sussex County Hospital
- The Allen Lane Foundation - music programme for people with dementia at Forget Me Not Dementia Assessment Unit, Swandean Hospital, worthing.
- Surrey and Sussex Healthcare Charity - older people's bedside music programme at East Surrey Hospital
- The Friends of Uckfield Hospital - Music programme for people with dementia at Beechwood Dementia Assessment Unit, Uckfield Hospital.
- The National Foundation for Youth Music - children and young people's music making programme across five healthcare settings in Sussex including the Royal Alexandra Children's Hospital, and training at Brighton and Sussex Medical School
- The Early Birth Association - music programme at Trevor Mann Baby Unit
- Chalk Cliff - music and dementia programme in East Sussex and covers work at Brunswick Ward, Mill View Hospital, Brighton and Beechwood Ward, Uckfield Hospital,
- Arts Council England - older people's bedside music making in intensive care, for people recovering from stroke and on elderly care wards at Princess Royal Hospital
- The Foyle Foundation - running costs for twelve months of music making activities in hospitals
- My UHS - older people's bedside music making at Princess Royal Hospital, Newhaven Community Ward, Royal Sussex County Hospital and Worthing Hospital.
- The Friends of Brighton Hospital (SPFT Brunswick) - Music programme for people with dementia at Brunswick Dementia Assessment Unit, Millview Hospital, Brighton
- The Kitty Harrison Foundation (SPFT Worthing) - Music programme for people with dementia at Forget Me Not Dementia Assessment Unit, Swandean Hospital, worthing.

16 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 October 2023	Incoming resources	Resources expended	Transfers	At 30 September 2024
	£	£	£	£	£
General funds	53,976	21,934	(30,636)	(457)	44,817
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 October 2022	Incoming resources	Resources expended	Transfers	At 30 September 2023
	£	£	£	£	£
General funds	39,142	32,223	(17,389)	-	53,976
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>

WISHING WELL MUSIC FOR HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2024

17 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 30 September 2024:			
Tangible assets	761	-	761
Current assets/(liabilities)	44,056	15,411	59,467
	<u>44,817</u>	<u>15,411</u>	<u>60,228</u>
	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
At 30 September 2023:			
Tangible assets	1,340	-	1,340
Current assets/(liabilities)	52,636	16,058	68,694
	<u>53,976</u>	<u>16,058</u>	<u>70,034</u>

18 Related party transactions

During the year payments were made to a close family member of the CEO for musicians fees totalling £5,627 (2023: £6,833).

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Identity Check: Email Authentication

Signature Type: Typed

Time Zone: UTC-00:00, Europe/London (Greenwich Mean Time)

Signer: Michelle Westbury FCCA (documents@westandberry.co.uk)

Identity Check: Login with account

Signature Type: Typed

Time Zone: UTC-00:00, Europe/London (Greenwich Mean Time)

Event Log

Mar 25, 2025, 9:28:11 AM - Email notification sent to Olivia Doyle (oliviamcd@googlemail.com).

Mar 25, 2025, 9:28:11 AM - Email notification delivered to Olivia Doyle (oliviamcd@googlemail.com).

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Mar 25, 2025, 10:13:38 AM - Olivia Doyle (oliviamcd@googlemail.com) electronically signed or completed the document(s), from 31.94.26.98.

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