

In2MedSchool
Registered Charity Number: 1197973
Report for the year 1st September 2022- 31st August
2023

Company information

Trustees

Brian Wang	Chair of the Board of Trustees
Gabriela Barzyk	Trustee
Andrew Bull	Trustee
Robin Browne	Trustee
Louise Lindsay	Trustee
William Tremellen	Trustee

Registered office:

192A Merten High Street
London
SW19 1AX

Charitable Objective

To advance in life and relieve the needs of young people between the ages of 16-18 who are socially and economically disadvantaged, primarily through

- (A) providing support to assist young people to apply to study Medicine and other related subjects at university.
- (B) providing events, resources and advice to support young people applying for higher education.
- (C) providing mentorship programmes.
- (D) providing financial support to pursue higher education.

Our Vision and Mission

In2MedSchool is a widening participation organisation that provides free mentorship, resources, and support for children across the UK aspiring to study Medicine and healthcare-related degrees.

Our mission is to provide a support network for students from widening participation backgrounds, who aim to study medicine and get to university, by providing regular mentoring, numerous resources and various enrichment opportunities to (1) drive their personal development, (2) Ensure they make the right career choices and (3) empower them to see their potential.

We are committed to eliminating barriers faced by students from widening participation backgrounds and shaping a healthcare workforce representative of the community it serves.

Trustee Recruitment

The charity trustees were appointed due to the skills, knowledge and experience needed for the effective administration of In2MedSchool. All new Trustees will be reviewed by the current Board of Trustees to ensure that their aims are aligned with those of the charity.

Chair of the Board of Trustees Report

Reflecting on the past year, it is evident that In2MedSchool has continued to thrive and grow since its registration as a charity in February 2022. The internal restructuring and the appointment of trustees have been pivotal in guiding the organisation towards achieving its mission. Our subcommittee Directors, granted greater autonomy, have not only taken significant strides in enhancing the initiative's impact but have also demonstrated remarkable personal and professional development.

This year has been a testament to the resilience and adaptability of our community. As we emerged from a period of global isolation and uncertainty, the importance of mentorship has become more pronounced than ever. In2MedSchool has been a beacon of support and inspiration, empowering individuals to shape a better future through guidance and shared experiences.

We are the sum of our collective experiences and knowledge. It is our duty and privilege to pass on what we have learned to the next generation, ensuring that they are equipped to navigate and excel in their medical journeys. The success stories and the progress we have witnessed within our community are a testament to the power of mentorship and the enduring impact of our shared mission.

As we look ahead, we remain committed to fostering a supportive and empowering environment for all our mentees and mentors. Together, we will continue to build on our successes, driven by our passion for making a meaningful difference in the lives of aspiring medical professionals.

Thank you for your unwavering support and dedication to In2MedSchool.

Trustee's Report

The past year has been a period of significant growth and achievement for In2MedSchool. With the rapid expansion of our community, we have continued to witness remarkable drive and dedication within the organization. Our efforts have not only impacted our immediate community but have also sparked broader conversations around widening participation in the medical field.

Our charity status, achieved in February 2022, has been instrumental in opening new avenues and opportunities. This recognition has enabled us to tackle greater challenges and set higher aspirations while remaining steadfast in our core mission: supporting students from widening participation backgrounds.

At the two-year mark since our inception, we proudly observe our first cohort of mentees—those who have been with us from the beginning—successfully entering university and embarking on their medical careers. The testimonials and feedback from these students continue to inspire and motivate us, reaffirming the profound impact of our work.

Over the last 12 months, In2MedSchool has made significant strides in promoting diversity and inclusion in the medical profession. Our focus has remained on providing essential guidance, mentorship, and resources to talented individuals facing financial and social barriers. Key highlights from this period include:

1. **Mentorship Program Expansion:** Our mentorship program has grown substantially, with more mentors joining from diverse backgrounds, offering a wealth of experience and knowledge to our mentees.
2. **Resource Development:** We have developed and disseminated a range of new resources, including study guides, application workshops, and mental health support, tailored to the unique needs of our community.
3. **Partnerships and Collaborations:** We have established new partnerships with educational institutions, healthcare organisations, and other charities to amplify our reach and impact.

4. Events and Workshops: Our events calendar was busier than ever, featuring numerous workshops, webinars, and networking events designed to equip our mentees with the skills and confidence they need to succeed.

As we look ahead, we are filled with optimism and determination. We are committed to building on our successes, expanding our reach, and continuing to break down barriers for aspiring medical professionals from all backgrounds. Our vision for the future is one of inclusivity, support, and excellence in medical education and practice.

Thank you to all our mentors, partners, and supporters for your unwavering dedication to In2MedSchool. Together, we are making a tangible difference in the lives of many, and we look forward to the continued journey ahead.

Sincerely,

Brian Wang
Chair of the Board of Trustees

Achievements

Mentorship programme: our Mentorship programme expanded, connecting aspiring medical students with experienced medical students and doctors across the UK. Through this initiative, we provided guidance on university applications, interview preparations and personal development. By August 2023, of those who responded to our end of year feedback, mentees had at least 2 medical school interviews. 94 students received at least 1 medical school placement offer after interview and of these, 86 have gone on to study Medicine at university. We are also very proud of the 9 students who accepted offers to study Medicine at the University of Oxford and University of Cambridge.

Events programme: our Events team have organised and hosted webinars and workshops throughout the term times, as well as delivering the yearly conference and summer school. Open to all members of the public, the events programme has supported aspiring healthcare professionals from all backgrounds to make a more informed decision about their future. Over the period of September 2022-August 2023, the events team introduced face-to-face events facilitating networking for mentees and skill development for volunteers. 450 students participated in mock interviews in London, Edinburgh and online, promoting accessibility. Furthermore, a hybrid conference attracted over 200 attendees, combining online and in-person experiences. Our YouTube channel surpassed 15,000 views and we successfully collaborated with the National Medical Schools Widening Participation Forum in a national conference held in Birmingham.

Acceleration programme: In2MedSchool reached out to disadvantaged communities, conducting lifestyle medicine information sessions, workshops, and career talks. These events helped raise awareness about medical careers and provided valuable insights into the application process and self-development critical for adolescent development. We delivered over 450 hours of teaching to 18 schools, benefitting over 250 students. The programme also organised a Lifestyle Medicine essay competition with approximately 70

entries and successfully held an in-person Hackathon in London. The programme is also proud to have supported the personal development of 25 officers with a 95% retention rate from the previous year.

Schools Engagement Programme: The 2022/23 academic year marked the unofficial pilot year for the new School Engagement Programme, which will officially launch in the 2023/24 academic session. The School Engagement Programme evolved from activities initiated by the mentorship committee with the primary goal of engaging with schools across the UK. Our aim was to organise and deliver in-person visits to schools, providing insights into careers in Medicine, the path to medical school, and various allied health courses. The focus was on offering information, resources, and guidance to students and staff. The key achievements included 31 school visits delivered in 10 months, attended by 996 pupils aged between 11 and 18, with a total duration of visits summing to over 64 hours. These sessions included 13 presentations, 12 career fairs, 4 informal Q&A sessions, and 2 workshops.

Ambassadors Programme: The In2MedSchool Ambassadors Programme had two primary objectives during the academic year – firstly, to provide work experience across various healthcare domains (hospital, GP, nursing homes, hospices, and virtual) to In2MedSchool mentees. Secondly, to offer educational opportunities that support mentees' applications to medical school, including an online educational programme associated with work experience. Over the 12-month period, the programme successfully delivered 8 work experience placements during the February half-term (all in hospitals). It also confirmed a significant number of placements for the summer holidays in 2023: 190 virtual, 2 hospital, and 30 nursing home placements. The programme also organised a Situational Judgement Test attended by medical students, with over 900 student sign-ups and approximately 350 live event attendees, receiving positive feedback.

Academia: The academia team have continued to ensure the organisation has all necessary resources across UCAT, interviews, personal statements and writing skills to support mentees and mentors on our mentorship scheme, as well as support the delivery of educational events to support medical school applicants in the wider public. The successes over the last 12 months include the launch of the writing skills course and essay competition, as well as facilitating the Getting into Med School Conference held at St George's London and the Critical Appraisal/Medical Stats Course with our Ambassadors team, delivering eight webinars attended by medical students across the UK. The average UCAT score achieved by mentees on our mentorship programme was 2671, compared to the national average of 2516, reflecting the strong support that academia provides for our programmes.

Registration of Charity Status in Scotland: Since inception the organisation has been hugely successful in working with communities across the United Kingdom. This year, we were successful in gaining charity status in Scotland. We aim to utilise our position as a charity in Scotland to explore opportunities for support from organisations in Scotland.

Financial Highlights

The financial performance of In2MedSchool remains strong. The increase in funds allowed us to expand our programmes and offer additional support to more students. Detailed financial report is available in the balance sheets and Accounts and Annual Return report.

Governance and Future Plans

The Board of Trustees actively engaged in the strategic oversight and decision-making processes of In2MedSchool. We ensured compliance with legal and regulatory requirements, maintained transparent financial reporting, and implemented effective risk management procedures.

Looking ahead, In2Medschool aims to further enhance its programmes and broaden its reach. We plan to strengthen partnerships with educational institutions, medical professionals, and corporate sponsors to expand our mentorship network, increase scholarship opportunities and reach a greater number of aspiring medical students.

Appreciation and Thanks:

We express our sincere gratitude to our dedicated volunteers, Mentors and financial supporters who have contributed their time, expertise, and resources to make In2MedSchool's vision a reality. Your unwavering support has positively impacted the lives of aspiring medical students across the country and has helped create a more diverse and inclusive medical profession.

We also extend our thanks to the wider community, including schools, universities and individuals who have collaborated with us and shown their commitment to our cause.

Together, we can continue to make a lasting difference in the lives of talented individuals who aspire to become medical professionals.

Chair of the Board of Trustees – Brian Wang

24th June 2024

Accounts as of 31st August 2023

Section A Receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total funds to nearest £	Last year to nearest £
<u>A1 Receipts</u>				
Voluntary receipts	14,155	275	14,430	9,435
Other Receipts	1,239		1,239	932
<i>Sub total</i>	<i>15,394</i>	<i>275</i>	<i>15,669</i>	<i>10,367</i>
<u>A2 Asset and investment sales</u>				
Loans received	-	-	-	1,345
<i>Sub total</i>	<i>-</i>	<i>-</i>	<i>-</i>	<i>1,345</i>
Total receipts	15,394	275	15,669	11,712
<u>A3 Payments</u>				
Costs of charitable activities	7,790	300	8,090	395
Governance costs	4,595	-	4,595	1,332
<i>Sub total</i>	<i>12,385</i>	<i>300</i>	<i>12,685</i>	<i>1,727</i>
<u>A4 Asset and investment purchases</u>				
Purchase of fixed assets	-	-	-	1,742
Loans repaid	1,345	-	1,345	-
<i>Sub total</i>	<i>1,345</i>	<i>-</i>	<i>1,345</i>	<i>1,742</i>
Total payments	13,730	300	14,030	3,469
Net of receipts/(payments)	1,664	(25)	1,639	8,243
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	8,043	200	8,243	-
Cash funds this year end	9,707	175	9,882	8,243

Trustees' Remuneration and Benefits

There were no Trustees' remuneration or other benefits for the year ended 31st August 2022.

Trustees' Expenses

There were no Trustees' expenses paid for the year ended 31st August 2022

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

Bank Account balance
Total cash funds

Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
9,707	175	-
9,707	175	-

B2 Other monetary assets

N/A

Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
-	-	-

B3 Investment assets

N/A

Fund to which asset belongs	Cost to nearest £	Current value to nearest £
-	-	-

B4 Assets retained for the charity's own use

N/A

Fund to which asset belongs	Cost to nearest £	Current value to nearest £
-	-	-

B5 Liabilities

N/A

Fund to which liability belongs	Amount Due to nearest £	When due
-	-	-

Brian Wang
Chair of the Board of Trustees
Approved by the board virtually on 24th June 2024