

# REALISE ONE

England & Wales · Charity number 1197904

## Details

---

**Status** Registered

**Legal form** CIO

**Registered** 2022-02-14

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** Realise One  
45-47 High Street  
West Bromwich  
B70 6PB

**Phone** 07973232468

**Email** [info@realiseone.org](mailto:info@realiseone.org)

**Website** [www.realiseone.com](http://www.realiseone.com)

## Activities

---

**Objects:** THE PREVENTION OR RELIEF OF POVERTY.THE RELIEF OF THOSE IN NEED, BY REASON OF YOUTH, AGE, ILL-HEALTH, DISABILITY, FINANCIAL HARDSHIP OR OTHER DISADVANTAGE.UNDER THE ETHOS OF THE 3 PILLARS OF THE SIKH FAITH - ? KIRAT KARNA (TO WORK AND EARN AN HONEST LIVING)? VAND KE SHAKNA (SHARING YOUR TIME AND EARNINGS WITH OTHERS)? NAAM JAPNA (FOCUS YOUR MIND ON GOD AND SPIRITUALITY)

**Activities:** Raising awareness and profile of humanitarian projects concerning primarily but not limited to the Panjabi community around the world.

## Classification

---

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability, The Prevention Or Relief Of Poverty
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

---

- India
- Throughout England And Wales

## Finances

---

Period end	Income	Expenditure	Assets	Employees
2024-12-31		-	-	-
2023-12-31		£0	£0	-
2022-12-31		£0	£0	-

---

## Trustees

---

Name	Role	Appointed
Gurpreet Singh Sidhu		2022-02-14
Harjap Singh Bhangal		2023-02-14
Jarnail Singh Dulai		2022-02-14

---

**REALISE ONE**

England & Wales - Charity number 1197904

---

# Accounts

---



# Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	01	Jan	2023		31	Dec	2023

## Section A Reference and administration details

<b>Charity name</b>	Realise One
<b>Other names charity is known by</b>	n/a
<b>Registered charity number (if any)</b>	1197904
<b>Charity's principal address</b>	45-47 HIGH STREET West Brom
<b>Postcode</b>	B70 6PB

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Harjap Singh Bhangal	n/a	Whole year	
2	Gurpreet Singh Sidhu	n/a	Whole year	
3	Jarnail Singh Dulai	n/a	Whole year	
4	<b>Names of the trustees for the charity, if any, (for example, any custodian trustees)</b>			
5	<b>Name</b>	<b>Dates acted if not for whole year</b>		
6				
7				

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO Foundation Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Elected by original membership

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

N/A

**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

The prevention or relief of poverty.  
The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage.

Under the ethos of the 3 pillars of the Sikh faith –

- Kirat Karna (To work and earn an honest living)
- Vand Ke Shakna (Sharing your time and earnings with others)
- Naam Japna (Focus your mind on God and Spirituality)

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Identifying individuals and families in need, identifying their needs and supporting them through:-  
- the provision of items such as furniture, bedding, clothing, food, fuel, heating appliances, washing machines, fridges etc  
- payment for services such as essential house decorating, insulation and repairs, laundering, meals of wheels, outings, and entertainment, child-minding, telephone line, rates, utilities, etc  
- the provision of facilities such as the supply of tools or books, payments of fees for instruction, examination or other expenses connected with vocational training, language, literacy, numerical or technical skills, related travelling expenses etc  
- payment of fees for medical expenses, or for disability aids such as wheelchairs etc

These are examples and not an exhaustive list.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

N/A

## Section D

## Achievements and performance

Summary of the main achievements of the charity during the year

Set up of charity, structure, documents, procedures  
Identifying projects and causes for relief

## Section E

## Financial review

Brief statement of the charity's policy on reserves

Nil

Details of any funds materially in deficit

N/A

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

### ANNUAL ACCOUNTS

The total Income/Spending/Expenditure for this Financial Year is £0

The trustees have voluntarily spent their time in the setup of the charity and researching future projects

## Section F

## Other optional information

N/A

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	jsdulai	
Full name(s)	Jarnail Singh Dulai	
Position (eg Secretary, Chair, etc)	Trustee	
Date	08/10/2024	



**REALISE ONE**

England & Wales - Charity number 1197904

---

# Accounts

---



# Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	14	Feb	2022		31	Dec	2022

## Section A Reference and administration details

<b>Charity name</b>	Realise One
<b>Other names charity is known by</b>	n/a
<b>Registered charity number (if any)</b>	1197904
<b>Charity's principal address</b>	45-47 HIGH STREET
	West Brom
<b>Postcode</b>	B70 6PB

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Harjap Singh Bhangal	n/a	Whole year	
2	Gurpreet Singh Sidhu	n/a	Whole year	
3	Jarnail Singh Dulai	n/a	Whole year	
4	<b>Names of the trustees for the charity, if any, (for example, any custodian trustees)</b>			
5	<b>Name</b>	<b>Dates acted if not for whole year</b>		
6				
7				

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO Foundation Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Elected by original membership

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

N/A

**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

The prevention or relief of poverty.  
The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage.

Under the ethos of the 3 pillars of the Sikh faith –

- Kirat Karna (To work and earn an honest living)
- Vand Ke Shakna (Sharing your time and earnings with others)
- Naam Japna (Focus your mind on God and Spirituality)

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Identifying individuals and families in need, identifying their needs and supporting them through:-  
- the provision of items such as furniture, bedding, clothing, food, fuel, heating appliances, washing machines, fridges etc  
- payment for services such as essential house decorating, insulation and repairs, laundering, meals of wheels, outings, and entertainment, child-minding, telephone line, rates, utilities, etc  
- the provision of facilities such as the supply of tools or books, payments of fees for instruction, examination or other expenses connected with vocational training, language, literacy, numerical or technical skills, related travelling expenses etc  
- payment of fees for medical expenses, or for disability aids such as wheelchairs etc

These are examples and not an exhaustive list.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

N/A

## Section D

## Achievements and performance

Summary of the main achievements of the charity during the year

Set up of charity, structure, documents, procedures  
Identifying projects and causes for relief

## Section E

## Financial review

Brief statement of the charity's policy on reserves

Nil

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

### ANNUAL ACCOUNTS

The total Income/Spending/Expenditure for this Financial Year is £0

The trustees have voluntarily spent their time in the setup of the charity and researching future projects

## Section F

## Other optional information

N/A

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	jsdulai	
Full name(s)	Jarnail Singh Dulai	
Position (eg Secretary, Chair, etc)	Trustee	
Date	08/10/2024	

