

FLYNN'S PORT IN THE STORM LTD

England & Wales · Charity number 1197853

Details

Status Registered

Legal form Charitable company

Company number [13453948](#)

Registered 2022-02-09

Register [View on the Charity Commission register](#)

Contact

Address 9 Rivington Road
Ellesmere Port
CH65 0AW

Phone 01513059346

Email RITA@FLYNNSCRISIS.ORG

Activities

Objects: The objects of the charity are, for the public benefit, in Cheshire East, Cheshire West and Chester, the Liverpool City Region, and the Wirral:a) to preserve and protect mental and emotional health and wellbeing of individuals and families by working collaboratively with commissioners, service providers and other agencies to identify and provide innovative mental health solutions and services to relieve the needs of those experiencing mental health difficulties, in particular those affected by abuse, including but not limited to psychological, physical, sexual, emotional, or economic abuse.b) to relieve poverty, financial hardship and social disadvantage among individuals and families experiencing mental health difficulties or crisis, by providing access to essential support, including but not limited to food, clothing, crisis intervention services, and other community-based resources.

Activities: We provide mental health services through our mental health crisis cafe. We counsell and provide mental health services to patients throughout Cheshire West and Chester/Cheshire East/Wirral and Merseyside.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- **Area of benefit:** LOCAL
- Cheshire East
- Cheshire West & Chester
- Denbighshire
- Flintshire
- Liverpool City
- Wirral

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£226,937	£206,474	-	-
2024-06-30	£216,206	£211,602	-	-
2023-06-30	£193,629	£187,850	-	-

Trustees

Name	Role	Appointed
Dorothy Cartwright MBE	Chair	2022-01-20
Amin Rashidnezhad		2026-04-06
Deborah McCloud		2025-05-08
Malgorzata Lukaszewicz		2026-04-06
Rita LEWIS		2021-09-20
Susan Kinsella		2025-05-08

FLYNN'S PORT IN THE STORM LTD

England & Wales - Charity number 1197853

Accounts

FLYNN'S PORT IN THE STORM LTD

(Company Number: 13453948)

REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2025

KARL JACKSON ACCOUNTANCY

FRIDAY



AESRE25

A06

07/11/2025

#290

COMPANIES HOUSE

FLYNN'S PORT IN THE STORM LTD
REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2025

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FLYNN'S PORT IN THE
STORM
ANNUAL REPORT FOR THE
YEAR ENDING 31st JULY
2025

PORT IN THE STORM



FLYNN'S PORT IN THE STORM LTD-ANNUAL REPORT FOR THE YEAR ENDING JULY 2025

Reflections year ending July 2025

As we close out 2024, we do so against the backdrop of a year defined by both rising demand and increasing strain across the sector. Referrals have continued to rise, as they have year on year, a clear indicator of *growing need within the communities we serve*. Following the trend of previous years, we witnessed the unfortunate closure of several key partner organisations, trusted charities and community groups whose work has been essential to supporting vulnerable individuals.

These closures are particularly concerning in light of the growing recognition from both the NHS and government bodies of the vital role the voluntary and community sector plays in addressing health inequalities and supporting better outcomes. From shaping local services to championing the voices of people with lived experience, these organisations bring unique value that cannot be easily replaced.



Sustaining the Frontline, Investing in the Future

Despite national commitments to strengthening the third sector, too little investment reaches the frontline. For many grassroots initiatives, survival still hinges on time-limited grants and uncertain funding streams. As we move into our 2025/26 financial year, the need for sustained, accessible funding for community-led services has never been more urgent.

While national bodies such as the NHS recognise the important role of community organisations, many grassroots services continue to rely on limited grant funding — and are often among the first to be affected by funding shortages.

Amid these challenges, we're proud to have strengthened our commitment to the next generation of mental health professionals. Over the past year, we have developed strong partnerships with Chester University, Liverpool John Moores University, and Edge Hill University. As part of this collaboration, student Nurses and Paramedics complete a placements with us, gaining valuable, real-time experience by shadowing our professional staff, as well as educational training on various disciplines of mental health.

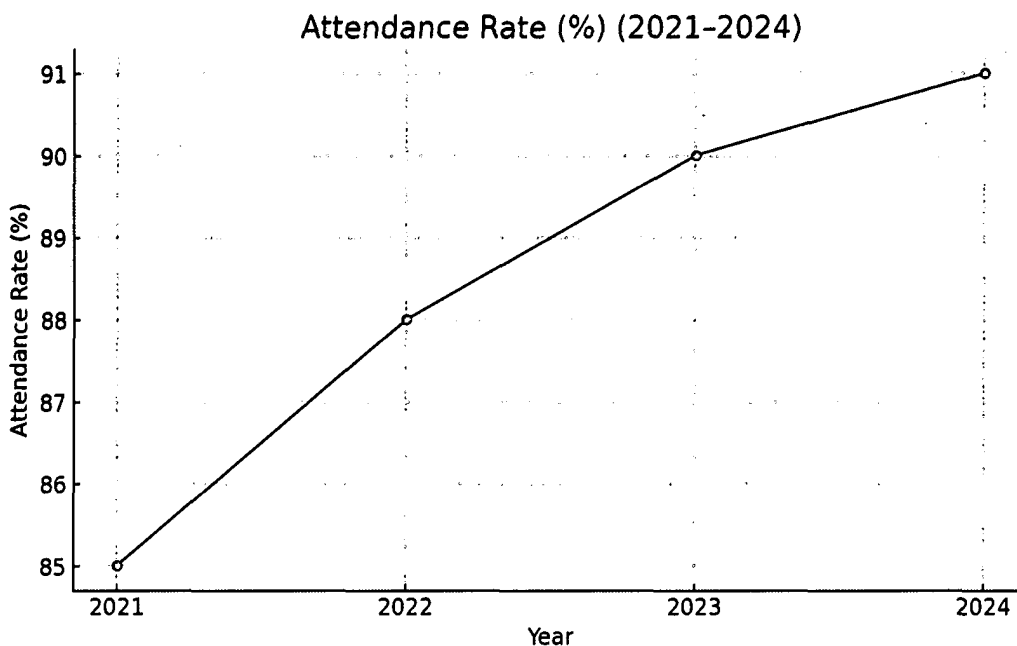
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Service Delivery in 2024 figures

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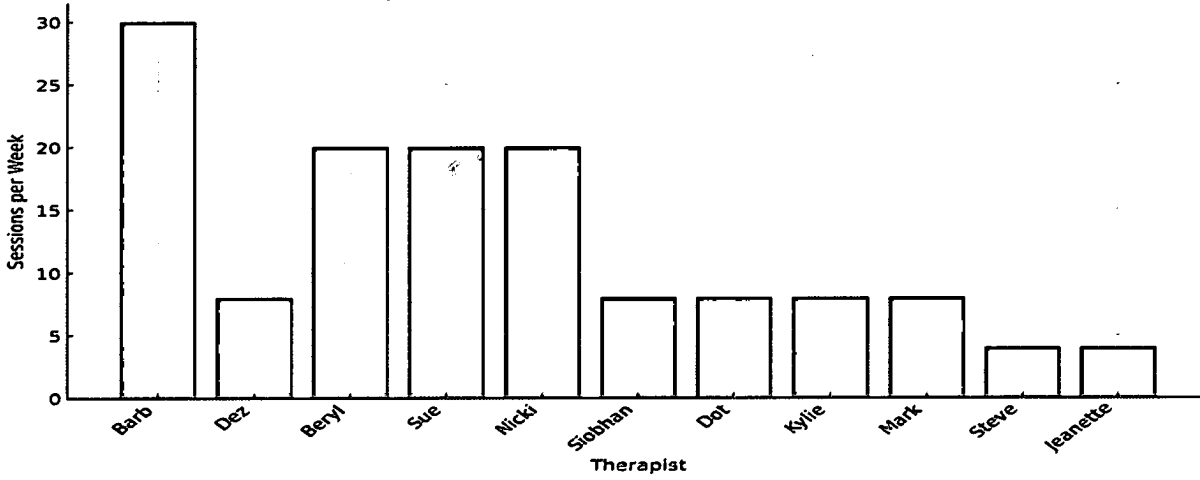
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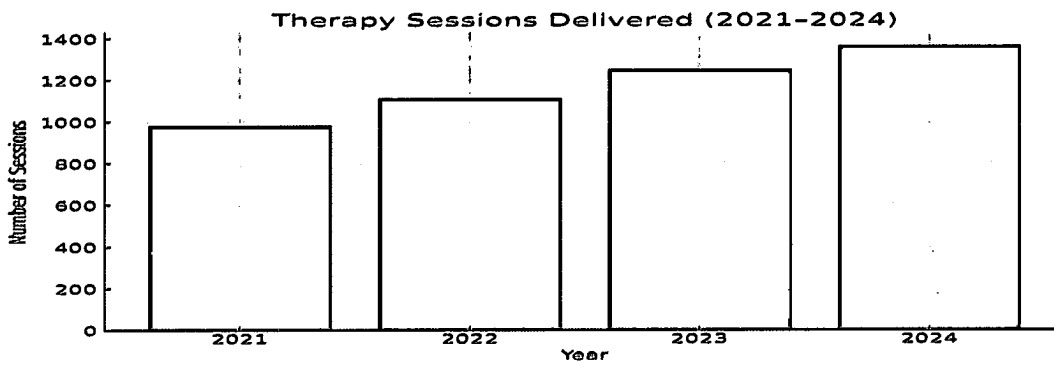


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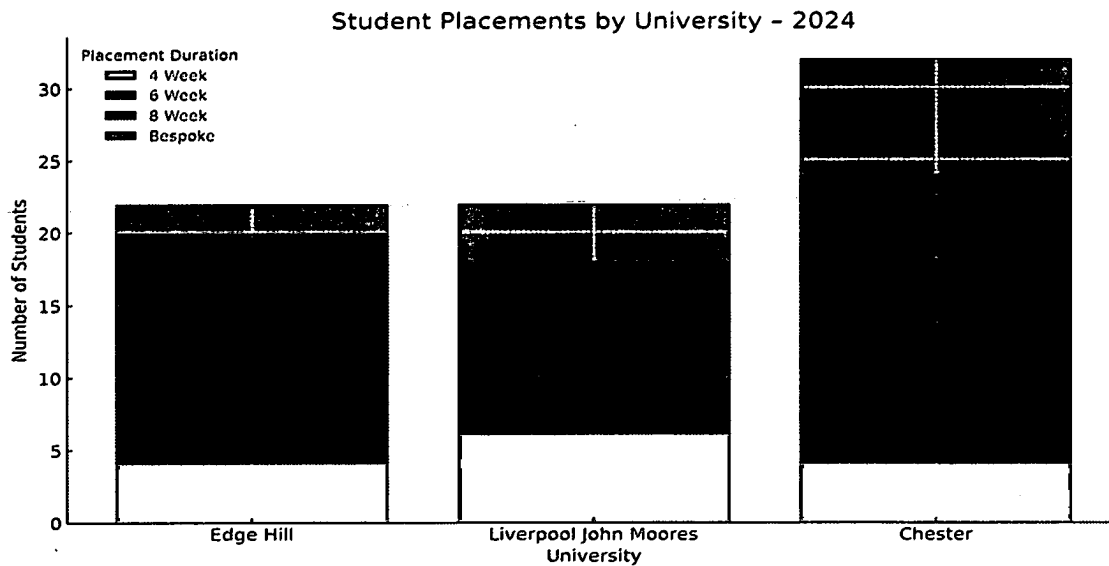
Therapy Sessions Delivered per Week by Therapist



Attendance Rate (%) (2021–2024)



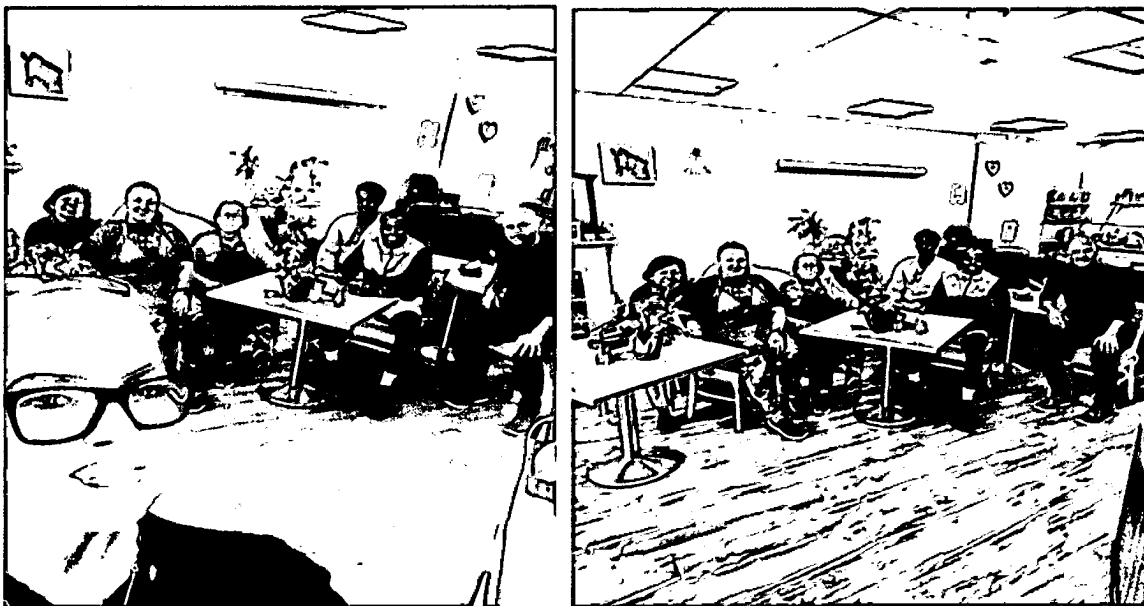
Therapy Sessions Delivered (2021–2024)



Across our team, one truth stands firm: we cannot tackle mental health without first listening — really listening — to those most affected. That means hearing from young people, over 70% of whom report feeling overwhelmed by pressure, anxiety, and uncertainty about the future. It means acknowledging the experiences of racialised communities, who are 40% less likely to receive proper mental health support while still facing the daily toll of systemic injustice. It means recognising that one in three people living in poverty can't access the mental health care they need, even as they carry the heaviest burdens. It means standing with transgender and LGBT+ individuals, over 70% of whom face discrimination, violence, or exclusion because of who they are. And it means no longer ignoring the epidemic of chronic loneliness — a condition as dangerous to our health as smoking 15 cigarettes a day, quietly affecting millions.

Mental health isn't a trend. It's a crisis — and it cannot be solved with surface-level fixes or one-size-fits-all responses. Real change begins with radical empathy, honest conversation, and putting lived experience at the centre of everything we do.

These are not fringe experiences they are frontline realities. And while the pandemic may be behind us, its shadow still lingers, deepening pre-existing inequalities and exposing just how fragile mental health support remains for so many. We have seen a stark rise in support required for immigrants and asylum seekers and are adapting our referral process bespoke to this marginalised group to ensure people suffering with mental health and trauma do not fall through the net due to ignorance and language barriers



Mental health is no longer something spoken about in whispers. It's on the front pages, debated in parliament, and acknowledged by public figures—including members of the royal family. But visibility is not enough. Awareness must lead to action, investment, and change especially for the people and communities who've been left out of the conversation for far too long.

It has become increasingly evident that there are significant gaps in mental health support for children and young people, existing services are overwhelmed. Over the past year, we have witnessed a sharp rise in the demand for such services so much so that individuals have brought young people directly to our door in urgent need of support. In response, we have employed a part-time child therapist and partnered with our local Youth Federation to share resources, expertise, and support.

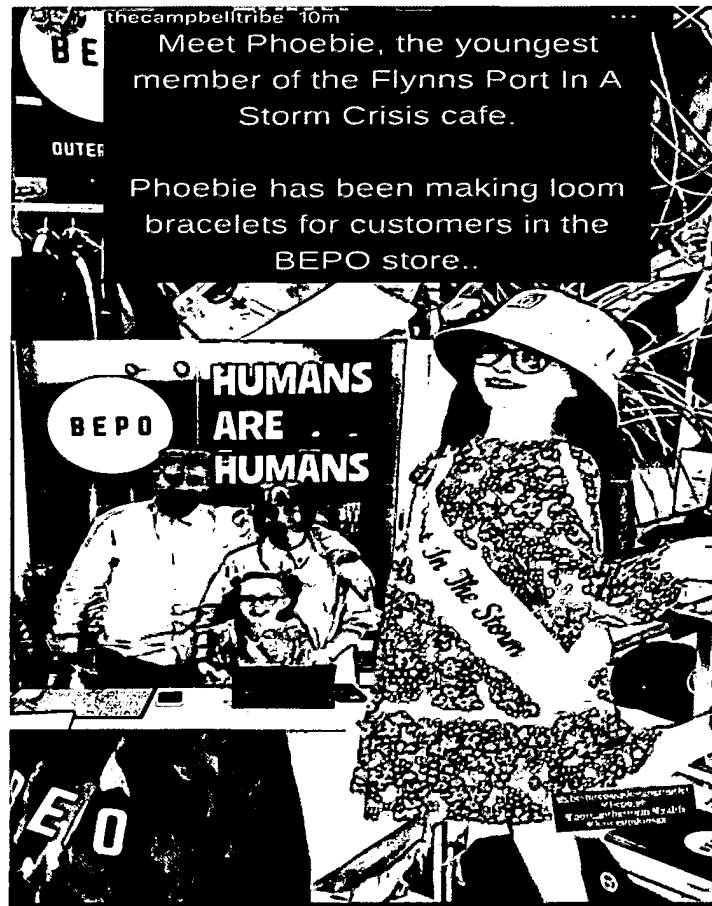


Connection Beyond Conversation

One of the most powerful developments this year has been our activity-based group sessions — spaces intentionally designed around shared experience as well as formal therapy. These groups have proven to be a quiet but transformative success. Without pressure, participants begin to share their personal stories: why they came to Flynn's, the struggles they've faced, and the friendships they've built along the way. What emerges is community, trust, and healing — often in ways that can't be replicated in a clinical setting.

Building on this success, we've expanded our holistic wellbeing programme with daytime sessions in practices such as yoga and Reiki. Attendance has grown steadily. While women still make up the majority of participants, we're seeing a welcome rise in men joining too. Encouragingly, mixed groups are forming naturally, fostering a sense of inclusion and mutual support at the heart of everything we do. These groups remind us that recovery doesn't always begin in the therapy room — it often starts with being seen, being heard, and simply belonging.

This year we've also seen an increase in patients facing serious court cases. In response, we have developed a close connection with a Criminal Barrister in Chambers in Chester, ensuring our patients receive essential legal support while we hold them together mentally during these traumatic situations. We've participated in even more Team Around the Family (TAF) meetings and play an active role in child protection meetings, strengthening the safety nets around vulnerable individuals.



We remain deeply committed to offering both early intervention and urgent crisis support to those who need it most. As part of our outreach, we're preparing to launch a dedicated, user-friendly website — designed to break down barriers and make it easier for people to access help, guidance, and connection whenever they need it.

We're also working hand-in-hand with other services, reaching out to those who are struggling in today's challenging times. Wherever there is need, we will be there, offering support, compassion, and hope. While our work may not yet influence large-scale change in how mental health is supported or understood, we value and amplify the efforts of larger organisations working in this field. We share our voice, experience, and commitment through participation in conferences, events, and surveys, knowing that every contribution helps move things forward. Change may take time, but it is happening.

None of what we've accomplished would be possible without the unwavering dedication of our extraordinary staff and volunteers — or without the trust and collaboration of our referrers. Their belief in our mission powers everything we do. Together, we are changing lives — and that is no small thing.

Mrs Dorothy Cartwright MBE *D. Cartwright MBE*
Chair Trustee
Flynn's Port in the Storm
September 2025

FLYNN'S PORT IN THE STORM LTD

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND
EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 30 JUNE 2025

	<u>Note</u>	<u>2025</u>	<u>2024</u>
INCOMING RESOURCES			
Donations and grants		211937	216206
Legacy		15000	-
		-----	-----
Total incoming resources		226937	216206
		=====	=====
RESOURCES EXPENDED			
Costs of charitable activities			
Costs of activities	3	206474	211602
		-----	-----
Total resources expended		206474	211602
		=====	=====
Net Incoming resources			
Legacy		5463	4604
		15000	-
		-----	-----
		20463	4604
		=====	=====

FLYNN'S PORT IN THE STORM LTD

BALANCE SHEET AS AT 30 JUNE 2025

	<u>Note</u>	<u>2025</u>	<u>2024</u>
CURRENT ASSETS			
Cash at Bank		20176	5004
		=====	=====
CREDITORS:			
Amounts falling due within one year	2	787	400
		===	===
NET CURRENT ASSETS			
		19389	4604
		-----	-----
		19389	4604
		=====	=====
RESERVES			
Capital Account		19389	4604
		-----	-----
TOTAL CHARITY FUNDS			
		19389	4604
		=====	=====

In approving these financial statements, as director of the company, I hereby confirm:

1. that for the year ended 30 June 2025 the company was entitled to the exemption from audit under section 477 of the companies Act 2006;
2. that the members have not required the company to obtain an audit in accordance with section 476 of the companies act 2006.

FLYNN'S PORT IN THE STORM LTD

BALANCE SHEET AS AT 30 JUNE 2025

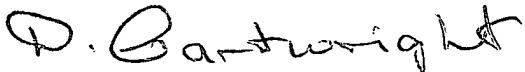
3. that I acknowledge my responsibilities for:

a) complying with the requirements of the Act with respect to accounting records and for the preparation of accounts, and

b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit for that year and which otherwise comply with the provisions of the Companies Act 2006 relating to the financial statements, so far as applicable to the company.

For the year ended 30 June 2025, the company was entitled to exemption from audit under section 477 of the Companies Act 2006. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006. The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The financial statements set out on pages 7 to 14 were approved on 18 September 2025.



Dorothy Cartwright MBE
Chair Trustee
Flynn's Port In the Storm Ltd

FLYNN'S PORT IN THE STORM LTD
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2025

1. ACCOUNTING POLICIES

Accounting Convention

The accounts are prepared under the historical cost convention and in accordance with The Financial Reporting Standard for Smaller Entities (effective April 2008), the Statement of Recommended Practice: Accounting and Reporting Charities (revised 2005) and the Companies Act 2006.

Income

Voluntary income is received by way of donations and gifts and is included in full in the statement of financial activities when receivable.

2. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	<u>2025</u>	<u>2024</u>
Amounts falling due within one year:		
Sundry Creditors and Accruals	787	400
	===	===

FLYNN'S PORT IN THE STORM LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2025

3. COSTS OF ACTIVITIES

	<u>2025</u>	<u>2024</u>
Salaries	184629	189972
Insurance	923	916
Telephone	2440	2348
Stationery	462	432
Marketing	240	300
Accountancy	714	534
Utilities	4589	4668
Rent	12000	12000
Equipment rental	477	432
	-----	-----
	206474	211602
	=====	=====

ACCOUNTANTS REPORT TO THE DIRECTOR ON THE UNAUDITED ACCOUNTS
OF FLYNN'S PORT IN THE STORM LTD

As described on the balance sheet you are responsible for the preparation of the accounts for the year ended 30 June 2025, set out on pages 1 to 6, and you consider that the company is exempt from audit. In accordance with your instructions, we have compiled these unaudited accounts in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to me.

Karl Jackson

Karl Jackson Accountancy

Preston

18 September 2025

FLYNN'S PORT IN THE STORM LTD

England & Wales - Charity number 1197853

Accounts

FLYNN'S PORT IN THE STORM LTD

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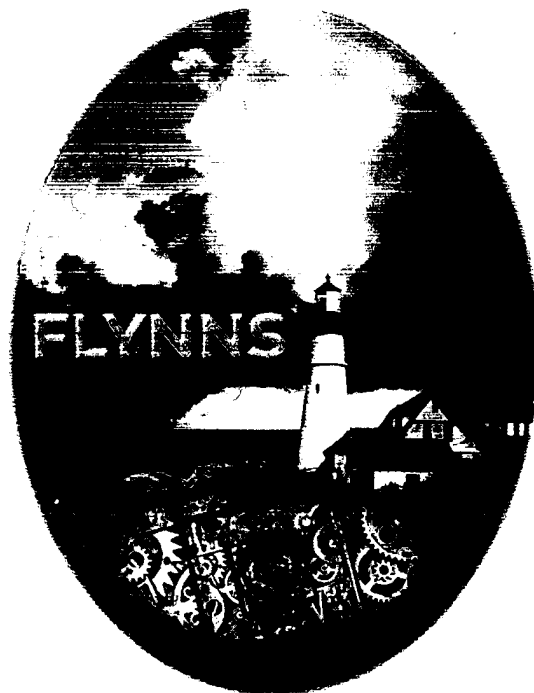
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PORT IN THE STORM



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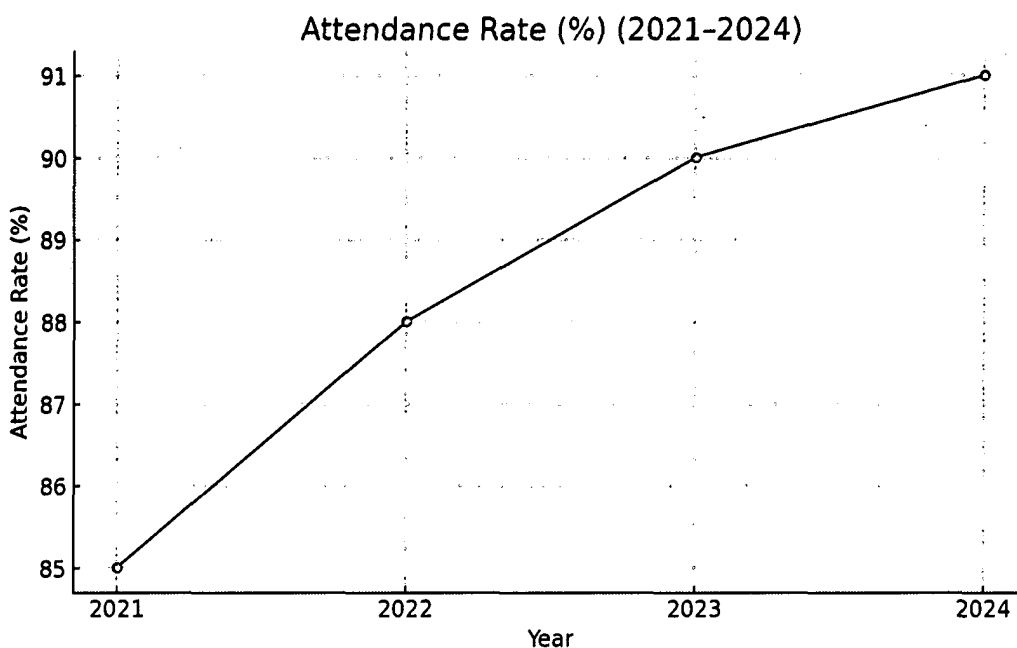
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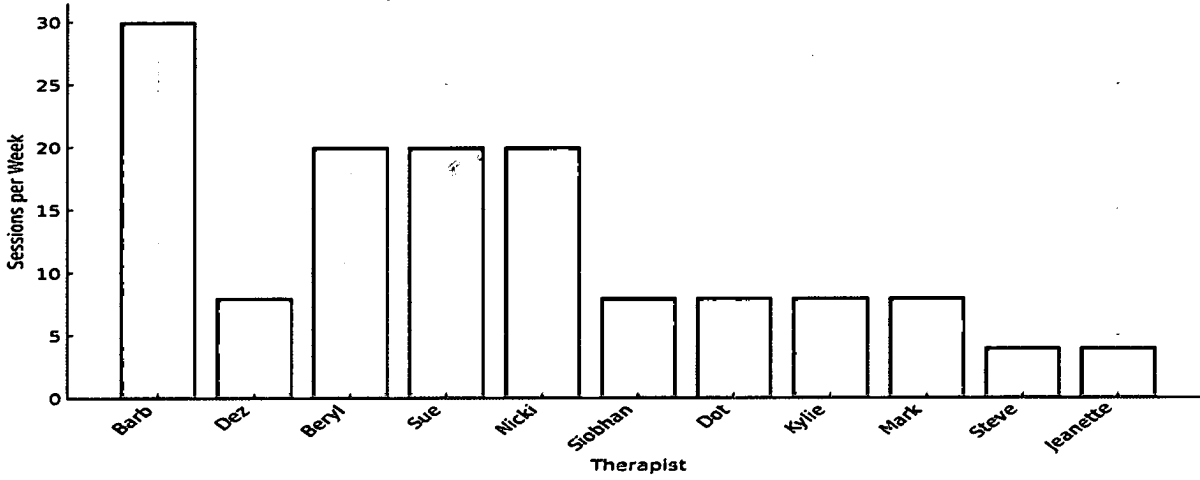
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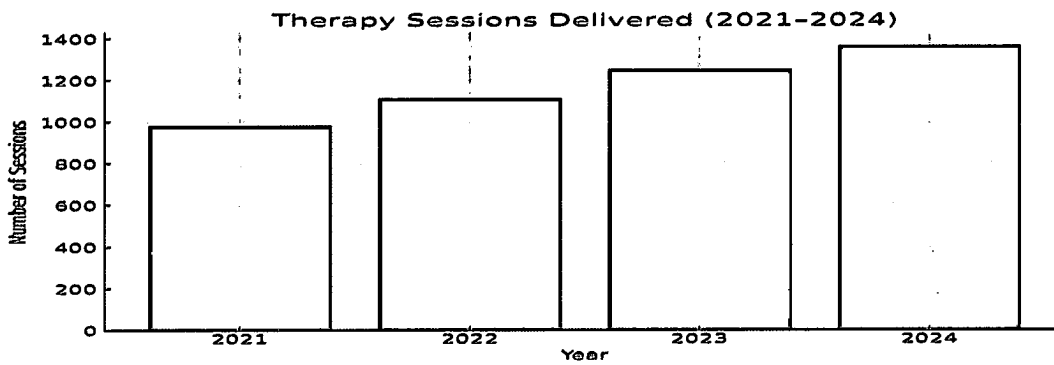


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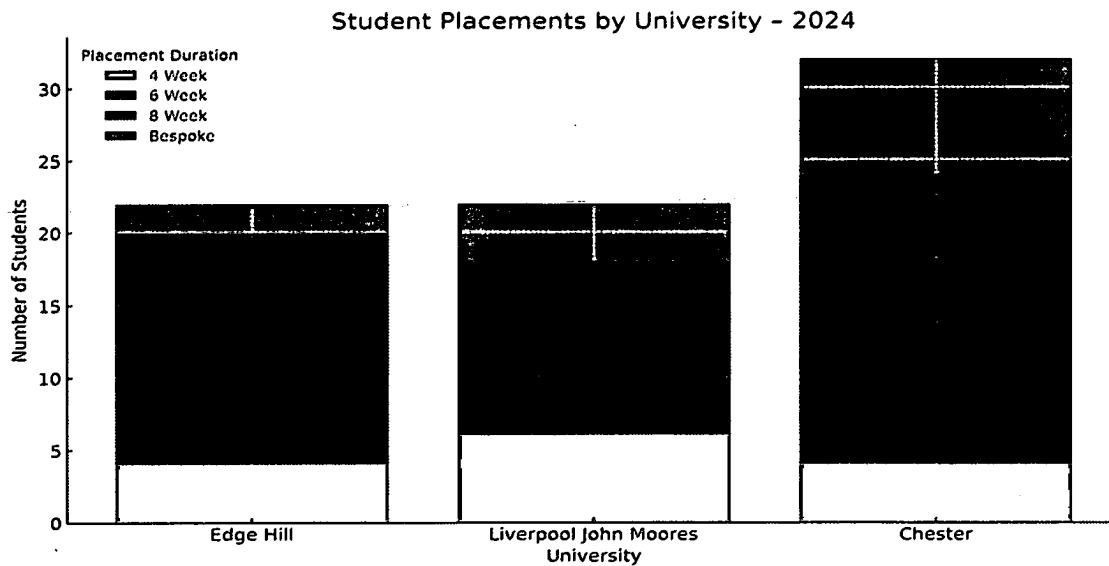
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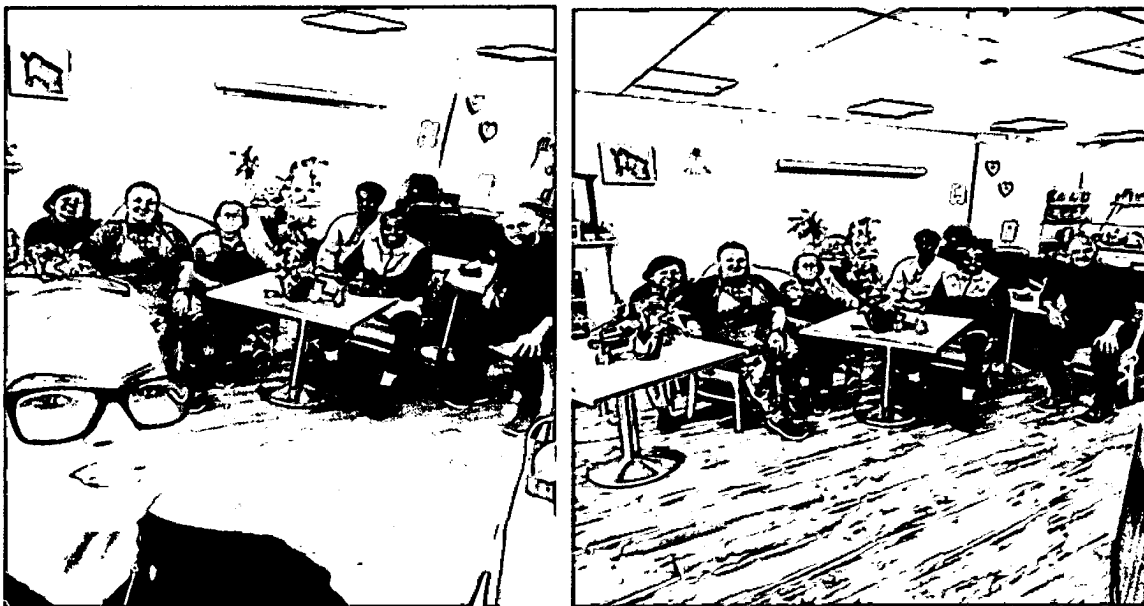
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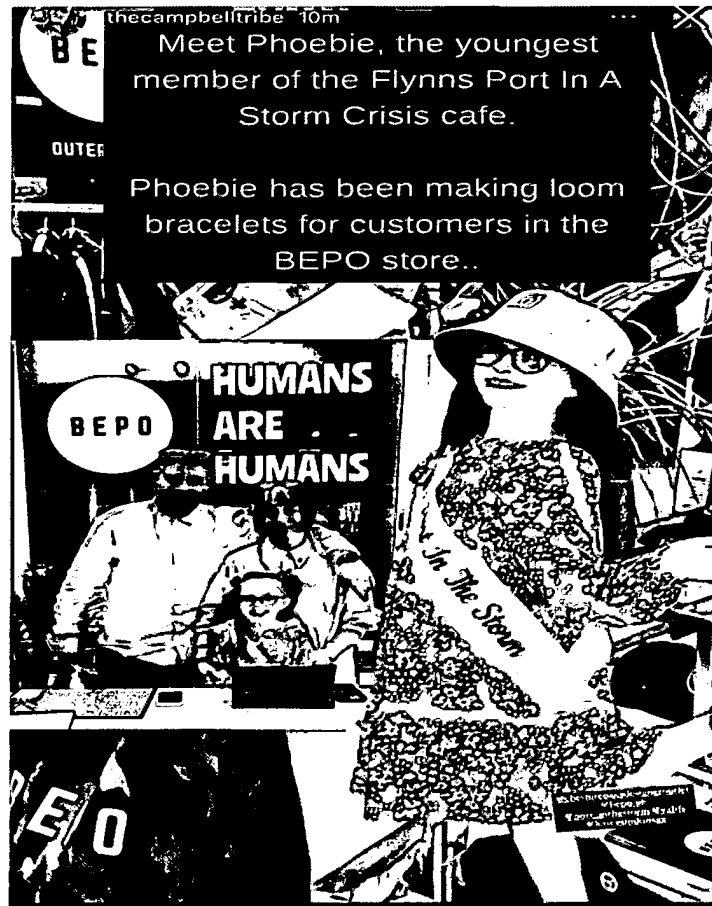


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FLYNN'S PORT IN THE STORM LTD

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND
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FOR THE YEAR ENDED 30 JUNE 2025

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FLYNN'S PORT IN THE STORM LTD

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		=====	=====
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		=====	=====
RESERVES			
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TOTAL CHARITY FUNDS			
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BALANCE SHEET AS AT 30 JUNE 2025

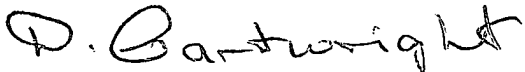
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Flynn's Port In the Storm Ltd

FLYNN'S PORT IN THE STORM LTD
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2025

1. ACCOUNTING POLICIES

Accounting Convention

The accounts are prepared under the historical cost convention and in accordance with The Financial Reporting Standard for Smaller Entities (effective April 2008), the Statement of Recommended Practice: Accounting and Reporting Charities (revised 2005) and the Companies Act 2006.

Income

Voluntary income is received by way of donations and gifts and is included in full in the statement of financial activities when receivable.

2. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	<u>2025</u>	<u>2024</u>
Amounts falling due within one year:		
Sundry Creditors and Accruals	787	400
	===	===

FLYNN'S PORT IN THE STORM LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2025

3. COSTS OF ACTIVITIES

	<u>2025</u>	<u>2024</u>
Salaries	184629	189972
Insurance	923	916
Telephone	2440	2348
Stationery	462	432
Marketing	240	300
Accountancy	714	534
Utilities	4589	4668
Rent	12000	12000
Equipment rental	477	432
	-----	-----
	206474	211602
	=====	=====

ACCOUNTANTS REPORT TO THE DIRECTOR ON THE UNAUDITED ACCOUNTS
OF FLYNN'S PORT IN THE STORM LTD

As described on the balance sheet you are responsible for the preparation of the accounts for the year ended 30 June 2025, set out on pages 1 to 6, and you consider that the company is exempt from audit. In accordance with your instructions, we have compiled these unaudited accounts in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to me.

Karl Jackson

Karl Jackson Accountancy

Preston

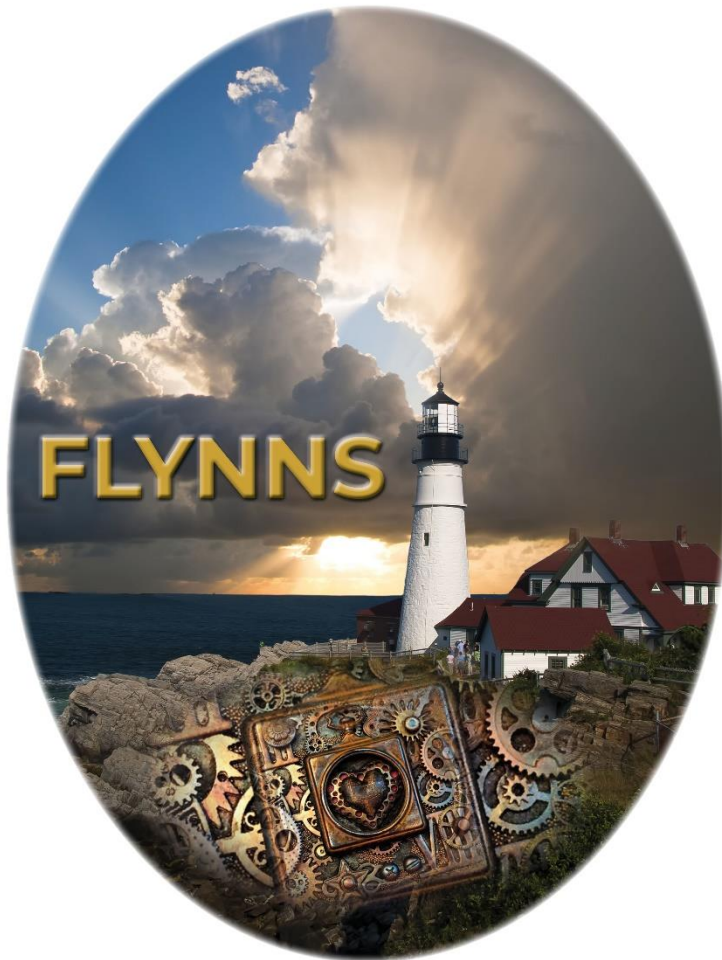
18 September 2025

FLYNN'S PORT IN THE STORM LTD

England & Wales - Charity number 1197853

Accounts

PORT IN THE STORM



FLYNN'S PORT IN THE STORM

Annual Report for the Financial Year
ending July 2023

Annual Report

We are now entering our third year at Flynn's Port in The Storm, with two of those years being officially recognised as a charitable organisation. Consistently, the number of referrals from our partner organisations continues to keep increasing month after month. Our mission remains steadfast: to promptly assist individuals with pre-crisis or crisis scenarios, guaranteeing minimal or no delays.

Securing funding has proven to be exceptionally challenging this year. Several funders have chosen to withdraw from the market in order to develop new strategies, while others have not included mental health as a focus area for their support.

Several of our funding applications have been rejected, with the comments indicating that these services fall within the category of statutory services. Consequently, if we provide financing for your organisation, it may result in a lack of funding for these services.

We are facing an impossible dilemma as both local authorities and the NHS are experiencing financial constraints, yet we persist in delivering our services.



STUDENTS



This year, Chester University, Edge Hill University and Liverpool John Moore's University approached us, and we have now become an essential component of their University Nurse and Counselling education program. Consequently, the initiative has experienced growth as other departments have become involved. Presently, we have the active participation of students from the following disciplines: nurses, psychology, and paramedics. We have received 99.8% positive feedback from the University, which is responsible for evaluating the quality of mental health training and community needs. This feedback demonstrates that our nursing program is not only focused on bedside care, but also actively involves practical experience in the community.

This program is expected to become an essential component of the training provided to nurses, counsellors, and paramedics who are focused on addressing the needs of patients once they are prepared to regain control of their lives and develop effective coping strategies. This enhances the students' capacity to interact with patients during their most vulnerable moments and witness their triumph over obstacles, which we teach here at Flynn's to assist patients in managing their emotions and challenges in their own homes. Flynn's is honored to have been selected to participate in this innovative program.

PATIENT STATISTICS

Future Plans



We plan to persist in our enthusiastic efforts and further enhance the outstanding reputation we have already achieved. In January 2023, we were honored to be chosen as the Charity of the Year for Cheshire Oaks, a recognition that fills us with great pride. Here is a link to the story written by the local newspaper; [Cheshire Oaks Designer Outlet pledges support to Ellesmere Port charity | InYourArea Community](#)



We are implementing an outreach programme to extend our services to patients who are not actively involved and are being overlooked, resulting in them silently suffering without support.

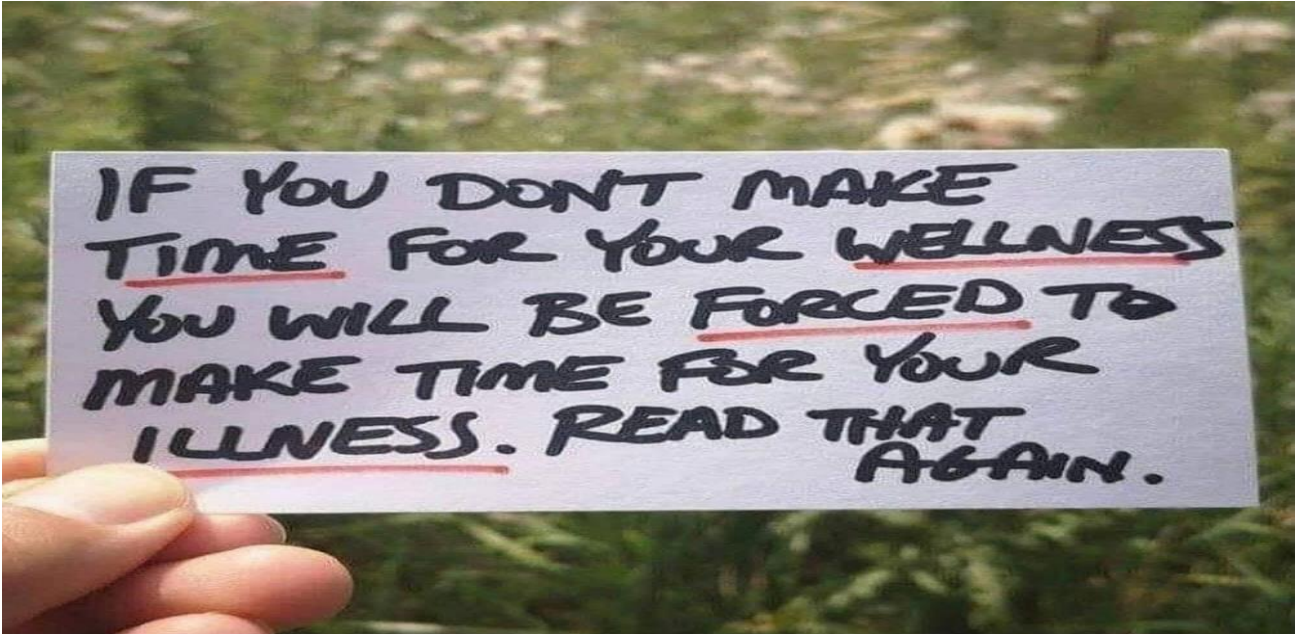
We will be cultivating more robust connections through the Mental Health Alliance and with our current affiliations, namely John Moores University, Chester University, Edge Hill University, and the NHS commissioners.

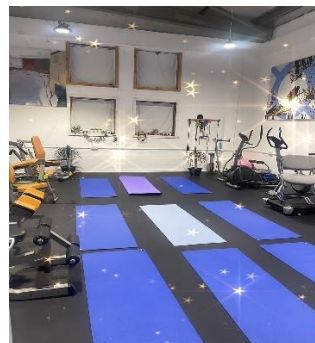
We will maintain our collaboration with the Cheshire West Primary care team, and we will also be actively seeking long-term support to ensure our ongoing viability.

There has been no decrease in the number of individuals seeking treatment for mental health problems, whether it is for mild cases that require minimal intervention or for more severe cases that necessitate medication and involuntary hospitalisation. The statistics consistently show an upward trend, possibly due to increased knowledge and less social stigma surrounding mental health, as well as the mounting pressures of modern life. The current repercussions and consequences of the Covid epidemic are becoming evident as is the economic climate as a whole.

Regardless of what the upcoming year has for Flynn's history, we are confident that our dedicated team of managers, staff, and volunteers will handle it with ease and continue to

provide an outstanding mental health service from our base in Ellesmere Port and throughout cheshire and Wirral.





WE WOULD LIKE TO OFFER OUR VERY SINCERE THANKS TO:

All the staff, volunteers and companies who have believed and supported the mission of Flynn's Port in the Storm the success that it is today.

With Thanks to all our supports past present and future, here is too building stronger resistance and good mental health



FLYNN'S PORT IN THE STORM LTD
REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

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Notes to the Financial Statements	11 - 12
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FLYNN'S PORT IN THE STORM LTD

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND
EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 30 JUNE 2023

	<u>Note</u>	<u>2023</u>	<u>2022</u>
INCOMING RESOURCES			
Donations and grants		173629	191328
NOS Commissioning		20000	-
		-----	-----
Total incoming resources		193629	191328
		=====	=====
RESOURCES EXPENDED			
Costs of charitable activities			
Costs of activities	3	187850	187024
		-----	-----
Total resources expended		187850	187024
		=====	=====
Net Incoming resources		5779	4304
		=====	=====

FLYNN'S PORT IN THE STORM LTD

BALANCE SHEET AS AT 30 JUNE 2023

	<u>Note</u>	<u>2023</u>	<u>2022</u>
CURRENT ASSETS			
Cash at Bank		6379	5004
		=====	=====
CREDITORS:			
Amounts falling due within one year	2	600	700
		===	===
NET CURRENT ASSETS			
		5779	4304
		-----	-----
		5779	4304
		=====	=====
RESERVES			
Net Movement in Funds		5779	4304
		-----	-----
TOTAL CHARITY FUNDS			
		5779	4304
		=====	=====

In approving these financial statements, as director of the company, I hereby confirm:

1. that for the year ended 30 June 2023 the company was entitled to the exemption from audit under section 477 of the companies Act 2006;
2. that the members have not required the company to obtain an audit in accordance with section 476 of the companies act 2006.

Cont...

FLYNN'S PORT IN THE STORM LTD

BALANCE SHEET AS AT 30 JUNE 2023

3. that I acknowledge my responsibilities for:

a) complying with the requirements of the Act with respect to accounting records and for the preparation of accounts, and

b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit for that year and which otherwise comply with the provisions of the Companies Act 2006 relating to the financial statements, so far as applicable to the company.

For the YEAR ended 30 June 2023, the company was entitled to exemption from audit under section 477 of the Companies Act 2006. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006. The director's acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The financial statements set out on pages 10 to 14 were approved on 3 April 2024.

Dorothy Cartwright MBE
Chair Trustee
Flynn's Port In the Storm Ltd

FLYNN'S PORT IN THE STORM LTD
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

1. ACCOUNTING POLICIES

Accounting Convention

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Income

Voluntary income is received by way of donations and gifts and is included in full in the statement of financial activities when receivable.

2. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	<u>2023</u>	<u>2022</u>
Amounts falling due within one year:		
Sundry Creditors and Accruals	600	700
	===	===

FLYNN'S PORT IN THE STORM LTD
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

3. COSTS OF ACTIVITIES

	<u>2023</u>	<u>2022</u>
Salaries	166200	133200
Child Therapist Salary	-	33000
Insurance	807	744
Telephone	2430	2400
Stationery	560	960
Marketing	480	600
Accountancy	693	700
Utilities	4680	3420
Rent	12000	12000
	-----	-----
	187850	187024
	=====	=====

ACCOUNTANTS REPORT TO THE DIRECTOR ON THE UNAUDITED ACCOUNTS OF
FLYNN'S PORT IN THE STORM LTD

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Karl Jackson Accountancy

Preston

3 April 2024