

HEARTS FOR HERTS

England & Wales · Charity number 1197822

Details

Status Registered

Legal form CIO

Registered 2022-02-07

Register [View on the Charity Commission register](#)

Contact

Address 40 Lilywhites Lane
Hoddesdon
Hertfordshire
EN11 8FW

Phone 07753405740

Email info@heartsforherts.co.uk

Website www.heartsforherts.co.uk

Activities

Objects: THE ADVANCEMENT OF HEALTH AND SAVING OF LIVES FOR THE PUBLIC BENEFIT IN HERTFORDSHIRE, IN PARTICULAR BUT NOT EXCLUSIVELY, BY: • PROVIDING TRAINING AND EDUCATION ON LIFESAVING CPR AND DEFIBRILLATOR SKILLS• INCREASING THE NUMBER OF DEFIBRILLATORS IN THE COMMUNITY• ADVANCING THE EDUCATION OF THE PUBLIC IN THE SUBJECT OF SERIOUS BLEEDING• EQUIPPING COMMUNITIES WITH BLEEDING CONTROL KITS WHICH IN THE EVENT OF SUCH AN INCIDENT, MAY BUY VALUABLE TIME BEFORE THE ARRIVAL OF THE AMBULANCE SERVICE.

Activities: To provide training for CPR and raise funds for Stop The Bleed kits.

Classification

- **How:** Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Area of benefit: LOCAL
- Hertfordshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-06	£151,390	£85,657	-	-
2024-04-06	£11,787	£10,997	-	-
2023-04-06	£2,052	£825	-	-

Trustees

Name	Role	Appointed
Justin Honey-Jones	Chair	2021-11-05
Cally Agate		2023-06-02
Dr Michael Chilvers		2025-06-12
Sue O'Hare		2021-11-05

HEARTS FOR HERTS

England & Wales - Charity number 1197822

Accounts



ANNUAL TRUSTEES' REPORT 24/25

We are Hertfordshire's volunteer run and paramedic led lifesaving charity.

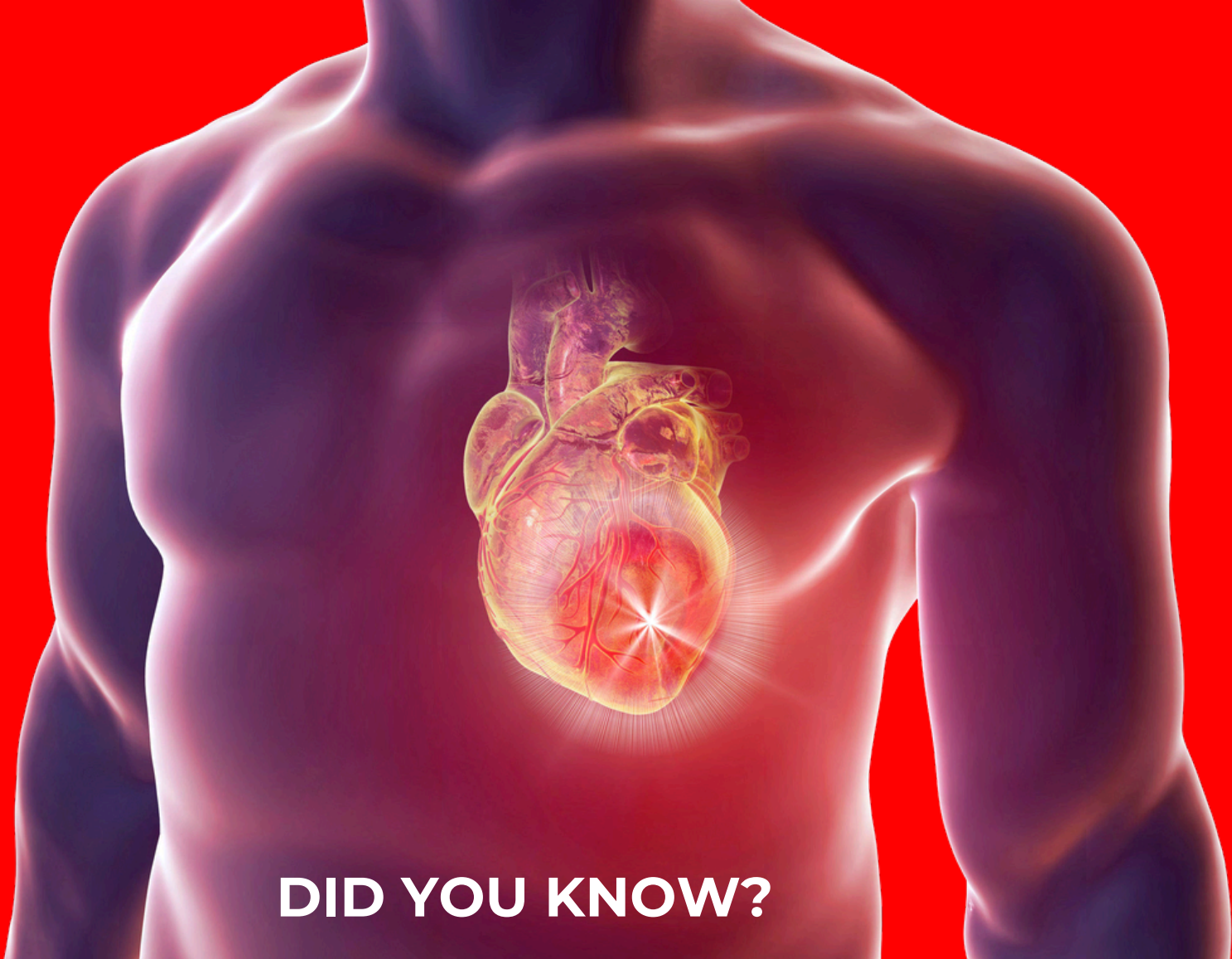


www.heartsforherts.co.uk



Registered with FUNDRAISING REGULATOR





DID YOU KNOW?

EVERY SECOND COUNTS IN A CARDIAC ARREST

- There are nearly 40,000 out of hospital cardiac arrests every year in the UK
- One third of all cardiac arrests in the UK, happen within 300 metres of a school
- Less than 1 in 10 people survive an out of hospital cardiac arrest
- 80% of out-of-hospital cardiac arrests happen at home and 20% happen in a public place
- 8 out of 10 cardiac arrests occur due to a cardiac problem
- Public access defibrillators are being used by bystanders in just 1 in 10 cardiac arrests
- For every minute that someone's in cardiac arrest without receiving CPR and having a defibrillator used on them, their chance of survival decreases by 10%.





“OUR
PURPOSE IN
THIS LIFE IS
TO HELP
OTHERS” -

DALAI LAMA

About our charity

WE ARE A VOLUNTEER RUN AND PARAMEDIC LED CHARITY

Our small team of three volunteer trustees run the charity. We were founded in 2017, becoming a charity in 2022.

WE TEACH LIFESAVING SKILLS

Our Heartstart Lifesaver course is **FREE** and available to all. It is 3.5 hours in duration and teaches lifesaving skills including CPR, how to use a defibrillator safely, how to help someone who is choking, heart attacks, unconsciousness and how to use a public access bleed control kit.

WE FUNDRAISE AND CHAMPION DEFIBRILLATORS

We passionately fundraise to ensure there are lifesaving public access defibrillators available in our communities with 24/7 access.

WE FUNDRAISE AND CHAMPION PUBLIC ACCESS BLEED CONTROL KITS

We use our fundraising to co-locate lifesaving public access bleed control kits with 24/7 access and include them alongside defibrillators.

WE ARE THE GUARDIANS OF LIFESAVING EQUIPMENT

We ensure our lifesaving equipment is always emergency-ready by regularly checking the equipment, responding to activations from the Circuit after use in 999 calls and replacing consumables from our fundraising when needed.



Trustees' Annual Report



FOR THE PERIOD

From 06/04/2024 To 05/04/2025

CHARITY NAME, REGISTRATION NUMBER AND PRINCIPLE ADDRESS :

Hearts for Herts CIO
1197822

40 Lilywhites Lane
Hoddesdon
EN11 8FW

OBJECTIVES AND ACTIVITIES

This report covers our third year as a registered charity. Prior to becoming a charity, we were a community group known as Heartstart East Hertfordshire and were affiliated to the British Heart Foundation from 2017-2021 delivering the Heartstart course in the community.

In June 2021, the British Heart Foundation gave all groups 28 days notice that they would no longer support any group and CPR will be taught online.

Our charity was formed to continue the public benefit of learning inclusive lifesaving skills in the community in person, as well as to fundraise for much needed public access defibrillators and bleed control kits to be installed and maintained across Hertfordshire for the benefit of all with 24/7 availability.

Summary of the purposes of the charity as set out in its governing document:

The objective[s] of the CIO are:

The advancement of health and saving of lives for the public benefit in Hertfordshire, in particular but not exclusively, by:

- Providing training and education on lifesaving CPR and defibrillator skills
- Increasing the number of defibrillators in the community
- Advancing the education of the public in the subject of serious bleeding
- Equipping communities with Bleeding Control Kits which in the event of such an incident, may buy valuable time before the arrival of the ambulance service.

SORP reference: Para 1.17



Trustees' Annual Report



OBJECTIVES AND ACTIVITIES

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts:

- Provides education in lifesaving skills through our Heartstart Lifesaver programme
- Fundraises for Public Access Defibrillators and Bleed Control Kits with 24/7 availability

SORP reference: Para 1.17 and 1.19

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit:

The trustees have read the guidance by the Charity Commission on public benefit and our charity exists purely to benefit the public.

SORP reference: Para 1.18



15% of people surveyed think only trained medical professionals are allowed to use a defibrillator- Resuscitation Council UK.

Trustees' Annual Report



ACHIEVEMENTS AND PERFORMANCE CONTINUED

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole:

All of our public access defibrillators are registered on the National Circuit, a project headed by the British Heart Foundation, which enables the East of England Ambulance Service to identify the nearest defibrillator to the 999 caller and send them to collect it to buy valuable time until an ambulance can arrive.

Our defibrillators were deployed on multiple occasions and we fulfilled our role as guardians of the network by checking each defibrillator, maintaining each cabinet and ensuring they were emergency-ready again and updated on the Circuit, ready for the next 999 call.

A summary of our main achievements include:

- Celebrated our 35th Public Access Defibrillator installation, each with a public access bleed control kit
- Donated 18 Public Access Bleed Control Kits to Hertfordshire Police for inclusion into every Public Access Defibrillator cabinet outside police stations throughout the county
- Donated 9 Public Access Bleed Control Kits to Greater Anglia Trains for inclusion in the train line covering 9 train stations from Hertford East through to Waltham Cross
- Installed the first solar and wind powered defibrillator cabinet in Hertfordshire at Barclay Park, Hoddesdon in partnership with Hertfordshire County Council, Broxbourne Council and the Friends of Barclay Park. This was activated in a 999 call within 56 days of being installed
- Installed a solar powered defibrillator cabinet at Panshanger Park in Hertford. This was activated within 8 days of installation following a 999 call.
- Launched our pioneering School Defibrillator Conversion programme at Robert Barclay Academy in Hoddesdon and Broxbourne School- making lifesaving equipment available to all 24/7
- We commenced a three year partnership with Hertfordshire County Council
- Trialled our innovative Health Promotion QR code at the Barclay Park Solar and Wind Powered Defibrillator cabinet for 6 months. 180 people accessed the code and spent on average 14 mins on the website looking at information to promote health and well-being
- Building on established relationships with other defibrillator charities including Defibrillators in Public Places (DIPPS) and Project H, we donated 45 public access bleed control kits to DIPPS and 12 kits to Project H for inclusion in their public access defibrillator network.
- We extend our gratitude and appreciation to Arline, Dave and Katie Hursey and Roni and Michael Hearn for supporting us with our charitable aims. Collaborating with other charities with a shared charitable purpose and commitment to saving lives enhances the public benefit.

Trustees' Annual Report



ACHIEVEMENTS AND PERFORMANCE CONTINUED

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole:

- We celebrated a key milestone of teaching 1,000 people across Hertfordshire from the ages of 11 to 97 lifesaving skills including CPR and how to use a defibrillator safely
- We are honoured to have been informed that our charity has been nominated for the prestigious Kings Award for Voluntary Service (KAVS)
- Our founder and chair, Justin Honey-Jones was invited by His Majesty the King for a Garden Party at Buckingham Palace. The High Sheriff of Hertfordshire, Annie Brewster JP gave the High Sheriff Award in recognition of great and valuable services to the community. The Mayor of Broxbourne, Cllr Sherrie McDaid also awarded a Borough of Broxbourne Award
- Our engagement on social media with LinkedIn, Facebook and Instagram has helped to raise the charity's profile with increased engagement, access to our Heartstart Lifesaver course and donations to our work.

The difference the charity has made has been significant, it has saved at least two human lives through use of our public access defibrillators and through lifesaving training we provided.

Our charity is equipping the community with lifesaving education and equipment in both urban and rural Hertfordshire and through its increased availability and registration with the National Circuit, we are contributing significantly to the chain of survival and the saving of human lives.

Why? Every Heart Matters



Trustees' Annual Report



FINANCIAL REVIEW

Review of the charity's financial position at the end of the period:

Our financial position is inextricably linked to our fundraising activities.

We are committed to legal, open, honest and respectful fundraising and we believe these are essential for vital income generation which we use to place and maintain our lifesaving equipment for the public benefit. We registered with the Fundraising Regulator and committed to the Code of Fundraising as a result of our commitment to fundraising standards.



Our core costs remain minimal, as the trustees work from home and meetings are held remotely or locally. The Chair stores the charity's equipment in his garage and undertakes his duties from a home office. As a result, we have been able to maximise our funds into the provision of lifesaving equipment and its maintenance.

We recognise that our funds are mostly restricted to specific installations and we have limited unrestricted funds to enable us to support the charity's growth with infrastructure and expertise from consultants.

Due to our close financial oversight, a key priority for us in the next financial year is to continue diversifying our income streams including implementing Gift Aid, legacy donations, philanthropic donations, match funding through the Big Give, and raising the profile of the charity to enable us to generate sufficient unrestricted income to enable us to invest in the expertise we need to continue our charitable purpose and enhance the public benefit of our lifesaving equipment.

We recognise that in 2028 and 2029 a large number of our defibrillators and bleed control kits will have consumables that expire and will require replacing. We have factored this in to our fundraising strategy and financial oversight.

Our income increased significantly through donations, grants and a partnership with Hertfordshire County Council which enabled us to fulfil our charitable aims by purchasing and installing our lifesaving equipment throughout Hertfordshire.

To maximise our impact and fundraising, whilst being conscious of financial risk, our school defibrillator conversion programme makes use of existing defibrillators provided by the Government to all schools in England in 2022. Instead of costing typically £1300 for a new installation, it costs the charity around £550 per school to convert (external heated cabinet, bleed control kit and electrical costs) and make the existing defibrillator available 24/7 to all (rather than locked behind school gates).

Trustees' Annual Report



FINANCIAL REVIEW

Review of the charity's financial position at the end of the period:

We utilised the Department of Health and Social Care Defibrillator Grant when it was available and we were able to purchase some defibrillators and cabinets for £750 each. We proactively worked with our suppliers to secure discounts for bulk orders and thus enabled our fundraising to go further for the public benefit.

This is the first year that our accounts are required to have independent examination and we have chosen HB Accountants in Hoddesdon to do so.

We had sufficient funds to take over into the next financial year and enable us to continue to build on our progress.

SORP reference: Para 1.21

Statement explaining the policy for holding reserves stating why they are held, amount of reserves held and reasons for holding zero reserves:

During this financial year the charity did not have a Reserves Policy but the trustees closely monitored the funds to ensure financial viability and have worked with Hertfordshire Community Foundation's Better Boards programme and are developing a reserves policy which will be adopted in the next financial year and will reflect the charities growth.

SORP reference: Para 1.22

Explanation of any uncertainties about the charity continuing as a going concern:

N/A

SORP reference: Para 1.23

Details of fund materially in deficit:

There was no deficit.

SORP reference: Para 1.24

Trustees' Annual Report



STRUCTURE, GOVERNANCE AND MANAGEMENT

Description of charity's trusts

Type of governing document:

Constitution

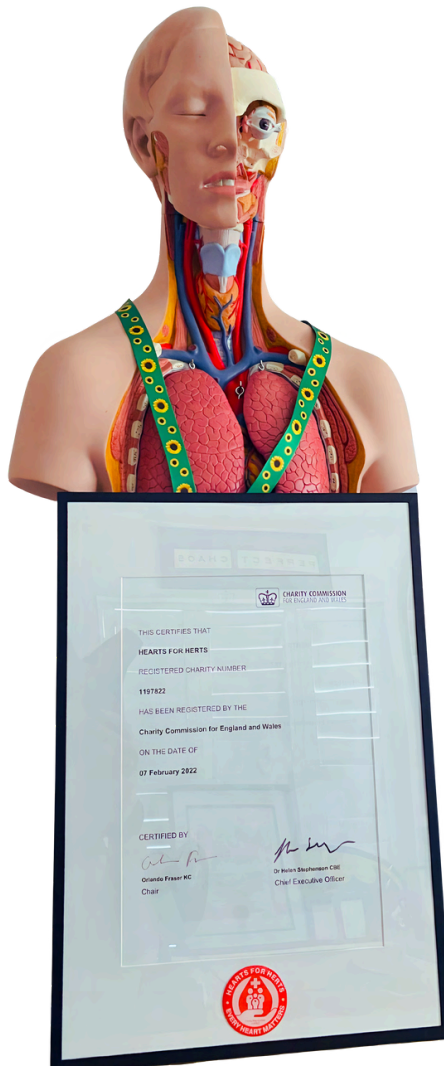
How is the charity constituted?

Charitable Incorporated Organisation (CIO)

Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees:

In accordance with our constitution, we use its provisions and powers to enable us to appoint new trustees following a recruitment process based on the skills we require.

SORP reference: Para 1.25



Trustees' Annual Report



STRUCTURE, GOVERNANCE AND MANAGEMENT

Governance processes

Our key achievements during this time frame were our continued development of our governance processes including our policies and procedures, continuing to work with Hertfordshire Community Foundation to build and develop the foundations of the charity and work towards the fundamental principles of the Charity Governance Code for Small Charities and our charitable aims. The trustees are committed to strong governance and meeting our regulatory requirements. We are utilising the resources available to support us including from the Charity Commission, the Charity Excellence Framework and our membership of the National Council for Voluntary Organisations (NCVO) which commenced in 2024.

The Chair was granted a place on the Small Charity Leader course, an invaluable course which involved working with other charity leaders from around the UK. We would like to thank Vic Hancock Fell for giving us a grant to access the programme and for her leadership in creating an excellent course which has enabled us to develop the charity further.

We recognised as a small team of three trustees that we needed to increase the trustee board due to the growth of the charity and we undertook our first recruitment campaign. We appointed Dr Michael Chilvers, a Consultant Anaesthetist as trustee designate and will formally commence his duties on the board in July 2025.

The foundations we built in the first two years as a charity enabled us in this financial year to maximise our impact across the county due to the established relationships and fundraising activities we undertook. We saw a significant increase in our fundraising, this is due to our decision to diversify our income streams to support our charitable objectives and reduce financial risk in a challenging financial climate impacting the whole third sector. Our fundraising included grants from the Simon Gibson Trust and Hertfordshire County Councillors using their Locality Support Fund, a partnership with Hertfordshire County Council, public donations, corporate donations and community events.



Trustees' Annual Report



NAMES OF THE CHARITY TRUSTEES WHO MANAGE THE CHARITY

- Justin Honey-Jones (Chair and Trustee)
- Sue O'Hare (Trustee)
- Cally Agate (Trustee and Treasurer)
- Michael Chilvers (Trustee- appointed 12/06/2025)

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signature:

Position: Chair

Date: 3rd February 2026



24/25 Impact Summary

£151,000

Total fundraising received
24/25

£11,787

Total fundraised for the
previous financial year 23/24

38

Number of organisations
worked with

Education Support

1,000+

People taught lifesaving skills for free to date

11

Youngest taught to
date

97

Oldest taught to
date

Equipment installations

32

Defibrillators

200

Bleed Control Kits

999 activations

25 hrs

Fastest activation post
installation

79

Defibrillator activations

2

Bleed kits used

Number of volunteers

3

Trustees

4

Defibrillator guardians

3

Fundraisers





Our lifesaving work in action





One third of out-of-hospital cardiac arrests happen within 300 metres of a school

In 2023, the UK Government provided 20,000 schools with lifesaving defibrillators throughout England. A large majority of schools already had defibrillators and a vast number throughout the country are not available 24/7.

A cardiac arrest can affect anyone at anytime of day, access to a lifesaving defibrillator should not be determined if a school is open or not.

Our pioneering funded school defibrillator conversion programme

There are 40,000 out of hospital cardiac arrests every year according to the UK Resuscitation Council and with a third of these being within 300 metres of a school, we determined that lifesaving equipment needs to be available 24/7.

At no cost to schools, we will make the defibrillator available to the school and the community 24/7 and register it on the National Circuit.



We are funding 70 school defibrillator conversions

Thanks to our fundraising and a partnership with Hertfordshire County Council, this lifesaving programme is building momentum and we have more demand than we can currently fund.

James Cant, Chief Executive of the UK Resuscitation Council said "This is a brilliant initiative that we're proud to support. Making defibrillators accessible outside school gates, particularly in high-risk areas, means communities have life-saving equipment close at hand when it matters most."



We fully fund:

- An external heated defibrillator cabinet with light
- A Public Access Bleed Control Kit
- Electrician
- Checks by our volunteer guardians, ensuring it is always Emergency Ready, and replacements of consumables

Sustainable lifesaving equipment in green spaces

Green spaces are key to our health and well-being



Solar and wind power at Barclay Park, Hoddesdon

Using both sustainable technologies keep this lifesaving piece of equipment powered all year round.

Minutes matter in a cardiac arrest, for every minute without CPR and a defibrillator, the chance of survival decreases by 10% every minute.



Solar power at Panshanger Park

Green spaces can cause delays in the ambulance service reaching someone in need. Every minute matters.

Panshanger is unique in its layout and by placing the new installation in the centre, it houses lifesaving equipment to buy valuable time until an ambulance can arrive on scene.



Partnership and collaboration

Our sustainable lifesaving solutions would not be possible without collaboration and partnership. Together, we are saving lives and helping our communities to enjoy the beauty of Hertfordshire's green spaces with peace of mind knowing lifesaving equipment is available if the worst should happen.





SOLAR AND WIND POWERED DEFIBRILLATOR AT BARCLAY PARK IN HODDESDON



Unveiled by Deputy
Lieutenants Karen Trew JP,
DL and Dr Sally Burton DL



SOLAR POWERED DEFIBRILLATOR AT PANSHANGAR PARK HERTFORD



Unveiled by Deputy Lieutenant Mark Bretton MBE, TD, DL and High Sheriff of Hertfordshire Annie Brewster JP, this defibrillator was called into action 8 days later.



COLLABORATIVE PROJECTS

We are committed to collaborating to save lives throughout Hertfordshire.

We donated 18 Public Access Bleed Control Kits for each police station's defibrillator cabinet throughout the county.

Thanks to the support of the Police and Crime Commissioner, Jonathan Ash Edwards, we were able to install these vital lifesaving kits with 24/7 public access.

They were unveiled at a ceremony at Police Headquarters with the High Sheriff of Hertfordshire, Annie Brewster JP.





9 Lifesaving Public Access Bleed Control Kits donated to Greater Anglia Train Stations.

Unveiled at a ceremony by the Mayor of Broxbourne, Cllr Sherrie McDaid, Lewis Cocking MP and Cllr Paul Seeby.



Fundraising

Our ability to provide, maintain and sustain a lifesaving network of public access defibrillators and bleed control kits across Hertfordshire is dependant upon our fundraising activities to provide the funds we need to purchase vital equipment.

Our volunteer fundraisers Joyce, Janet and Cheryl and supporters run a number of events throughout the year including quiz nights, a curry night, tombola and other fun events. Every pound and penny raised enables us to fund our lifesaving mission.

We teamed up with Herts Sport and Physical Activity Partnership with a 100KM Rowathon to raise vital funds for a solar powered defibrillator cabinet at Panshanger Park.



Donate with **JustGiving**

COLLABORATION WITH DIPPS CHARITY TO SAVE LIVES





JOIN OUR
MISSION
TO SAVE
LIVES





Receipts and payments accounts

CC16a

For the period
from

4/6/2024

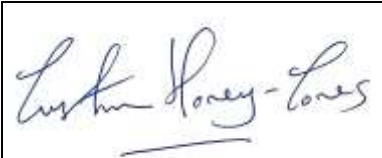
To

4/5/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	9,210	44,390	-	53,600	4,930
Grant	-	15,400	-	15,400	6,620
Contract	-	81,900	-	81,900	-
Interest	458	-	-	458	207
Cashback	32	-	-	32	30
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	9,700	141,690	-	151,390	11,787
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	9,700	141,690	-	151,390	11,787
A3 Payments					
Bleed Kits	-	9,430	-	9,430	6,080
Defibrillators	-	58,486	-	58,486	3,000
Other Equipment	-	-	-	-	385
Cabinets	-	11,865	-	11,865	-
Installation	-	2,444	-	2,444	385
Parts for Defibrillators	-	1,091	-	1,091	-
Insurance	180	-	-	180	175
IT Costs	331	-	-	331	238
Memberships	50	-	-	50	234
Marketing	350	-	-	350	-
Sundry	1,430	-	-	1,430	500
Sub total	2,341	83,316	-	85,657	10,997
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	2,341	83,316	-	85,657	10,997
Net of receipts/(payments)	7,359	58,374	-	65,733	790
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,018	-	-	2,018	1,227
Cash funds this year end	9,377	58,374	-	67,751	2,017

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
				
	2	J Honey-Jones	3/2/2026	



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Hearts for Herts CIO

**On accounts for the year
ended**

5 April 2025

**Charity no
(if any)**

1197822

Set out on pages

1 - 26

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 5 April 2025.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

HB Accountants

Date:

4/2/25

Name:

HB Accountants

**Relevant professional
qualification(s) or body
(if any):**

I.C.A.E.W.

Address:

28 Plumpton House, Hoddesdon, Herts. EN11 0LB

HEARTS FOR HERTS

England & Wales - Charity number 1197822

Accounts



HEARTS FOR HERTS CHARITY ANNUAL TRUSTEES'S REPORT 2023/2024





“OUR
PURPOSE IN
THIS LIFE IS
TO HELP
OTHERS” -

DALAI LAMA

About our charity

WE ARE A VOLUNTEER RUN AND PARAMEDIC LED CHARITY

Our small team of three volunteer trustees run the charity.

WE TEACH LIFESAVING SKILLS

Our Heartstart Lifesaver course is **FREE** and available to all. It is 3.5 hours in duration and teaches lifesaving skills including CPR, how to use a defibrillator safely, how to help someone who is choking, heart attacks, unconsciousness and how to use a public access bleed control kit.

WE FUNDRAISE AND CHAMPION DEFIBRILLATORS

We passionately fundraise to ensure there are lifesaving public access defibrillators available in our communities with 24/7 access.

WE FUNDRAISE AND CHAMPION PUBLIC ACCESS BLEED CONTROL KITS

We use our fundraising to co-locate lifesaving public access bleed control kits with 24/7 access and include them alongside defibrillators.

WE ARE THE GUARDIANS OF LIFESAVING EQUIPMENT

We ensure our lifesaving equipment is always emergency ready by regularly checking the equipment, responding to activation's from the Circuit after use in 999 calls and replacing consumables from our fundraising when needed.



Each year, roughly 100,000 people suffer an out-of-hospital cardiac arrest - that's around 250 people every day.- Resuscitation Council UK

Trustees' Annual Report



FOR THE PERIOD

From 07/04/2023 To 06/04/2024

CHARITY NAME AND REGISTRATION NUMBER:

Hearts for Herts Charity
1197822

OBJECTIVES AND ACTIVITIES

**Summary of the purposes of the charity as set out in its governing document:
The objective[s] of the CIO are:**

The advancement of health and saving of lives for the public benefit in Hertfordshire, in particular but not exclusively, by:

- Providing training and education on lifesaving CPR and defibrillator skills
- Increasing the number of defibrillators in the community
- Advancing the education of the public in the subject of serious bleeding
- Equipping communities with Bleeding Control Kits which in the event of such an incident, may buy valuable time before the arrival of the ambulance service.

SORP reference: Para 1.17

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts:

- Provides education in lifesaving skills through our Heartstart Lifesaver programme
- Fundraises for Public Access Defibrillators and Bleed Control Kits

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Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit:

The trustees have read the guidance by the Charity Commission on public benefit and our charity exists purely to benefit the public.

SORP reference: Para 1.18



Trustees' Annual Report



ACHIEVEMENTS AND PERFORMANCE

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole:

This report covers our second year as a charity and prior to becoming a charity, we were a community group known as Heartstart East Hertfordshire and were affiliated to the British Heart Foundation from 2017-2021.

In June 2021, the British Heart Foundation gave all groups 28 days notice that they would no longer support any group.

Our charity was formed to continue the public benefit of learning lifesaving skills as well as to fundraise for public access defibrillators and bleed control kits to be installed across Hertfordshire for the benefit of all 24/7.

Our key achievements during this time frame was our continued development of our governance processes, continuing to work with Hertfordshire Community Foundation to establish the foundations of the charity and work towards the fundamental principles of the Charity Governance Code for Small Charities and our charitable aims.

We were successful with a grant application for £5,000 and together with smaller grants from County Councillors Lewis Cocking and Roni Hearn using their Locality Support Grants, we were able to purchase 76 public access bleed control kits and start rolling out their installation into public access defibrillator cabinets across Hertfordshire.

Our first public access bleed control kit was installed in a red converted phone box and was officially unveiled by His Majesty's Lord-Lieutenant Robert Voss CBE, CStJ. We also launched our first public access defibrillator with a bleed control kit in Turnford, Broxbourne at the McMullen Bulls Head Pub and was officially unveiled by Fergus McMullen DL and the Mayor of Broxbourne Cllr Paul Seeby. We installed a further two defibrillators in the McMullen Old Anchor Pub, Cheshunt (unveiled by the High Sheriff of Hertfordshire, Liz Green OBE, MStJ, DL) and at the Isabel Hospice Charity Shop in Hertford (unveiled by Dr Sally Burton DL).

The bleed control kit installed at the Bulls Head Pub was called upon in an emergency and used by a member of the public who knew it was available thanks to social media.

We established relationships with other defibrillator charities including Defibrillators in Public Places (Dipps) and Project H. With their own defibrillator networks across Hertfordshire, by working collaboratively, we were able to start installing 45 bleed control kits into these lifesaving network's. We extend our gratitude and appreciation to Arline, Dave and Katie Hursey and Michael Hearn for supporting us with our charitable aims.

15% of people surveyed think only trained medical professionals are allowed to use a defibrillator- Resuscitation Council UK.

Trustees' Annual Report



ACHIEVEMENTS AND PERFORMANCE CONTINUED

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole:

All of our public access defibrillators are registered on the National Circuit, a project headed by the British Heart Foundation and enables the East of England Ambulance Service to identify the nearest defibrillator to the 999 caller and send them to collect it to buy valuable time.

Our defibrillators were deployed on multiple occasions and we fulfilled our role as guardians of the network by checking each defibrillator, maintaining each cabinet and ensuring they were Emergency Ready again and updated on the Circuit, ready for the next 999 call.

We were able to utilise the Government's part funded defibrillator scheme from the Department for Health and Social Care. The grant enabled us to purchase a new defibrillator and external heated cabinet for £750 each, a significant saving from standard commercial pricing and this enabled the fundraising to go further and resulted in more installations being completed.

We continued with our commitment to deliver lifesaving skills through our free Heartstart Lifesaver course. It's 3.5 hours and have been able to increase our venue access.

Our commitment to inclusive education was recognised by the British Dyslexia Association with the recognition of the the Bronze Quality Mark and we are proud to have committed to the sunflower scheme ensuring anyone with a hidden disability can be supported to learn lifesaving skills.

Our engagement on social media with LinkedIn, Facebook and Instagram has helped to raise the charities profile with increased engagement, access to our Heartstart Lifesaver course and donations to our work.

As volunteers with full time careers, we are proud of the progress to date of our charity, it has been a significant learning curve and full of challenges in a cost of living crisis. However, we look forward to building on the foundations of these last two years with optimism and relish the challenge of 2024/2025 where our commitment is resolved to ensure access to lifesaving equipment and lifesaving education is at the forefront of our objectives.

Why? Every Heart Matters

BRONZE



British
Dyslexia
Association



80% of out-of-hospital cardiac arrests happen at home- Resuscitation Council UK.

Trustees' Annual Report



FINANCIAL REVIEW

Review of the charity's financial position at the end of the period:

As this was our second year as a charity, our income increased through donations and grants and they enabled us to purchase our initial public access bleed control kits and defibrillators.

We had sufficient funds to take over into the next financial year and enable us to continue to build on our progress.

SORP reference: Para 1.21

Statement explaining the policy for holding reserves stating why they are held, Amount of reserves held, Reasons for holding zero reserves:

During this financial year, the charity did not have a reserves policy due to being a new charity and having a relatively small income. The trustees closely monitored the funds to ensure financial viability and have worked with Hertfordshire Community Foundation's Better Boards programme to develop policies including a reserves policy which will be adopted in the next financial year.

SORP reference: Para 1.22

Explanation of any uncertainties about the charity continuing as a going concern:

N/A

SORP reference: Para 1.23

Details of fund materially in deficit:

There was no deficit.

SORP reference: Para 1.24

“
The heart beats
100,000 times a day
and pumps around the
body 5 litres of blood.
Every drop is precious
to life.
www.heartsforherts.co.uk

SAFEGUARD
MEDICAL
PUBLIC ACCESS
BLEED CONTROL KIT
www.heartsforherts.co.uk

1 in 10 people survive an out-of-hospital cardiac arrest- Resuscitation Council UK.

Trustees' Annual Report



STRUCTURE, GOVERNANCE AND MANAGEMENT

Description of charity's trusts

Type of governing document:

Constitution

How is the charity constituted?

Charitable Incorporated Organisation (CIO)

Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees:

The trustees are cofounders. In accordance to the constitution, new trustees would need to be appointed.

During this financial year, cofounder trustee Ellie Shewring emigrated to the United States and resigned from her position. Justin Honey-Jones and Sue O'Hare adopting guidance from our constitution and advice from our charity adviser at Hertfordshire Community Foundation, appointed Cally Agate as a trustee with affect from the 2nd June 2023.

SORP reference: Para 1.25

Reference and Administrative details

Charity name

Hearts for Herts CIO

Other name the charity uses:

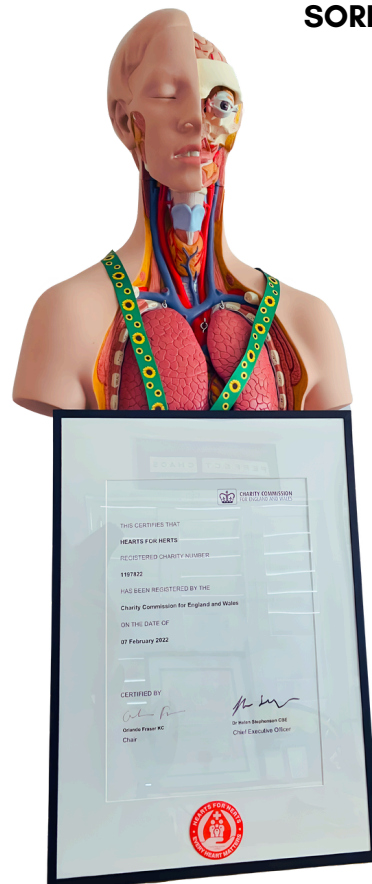
Hearts for Herts Charity

Registered charity number:

1197822

Charity's principal address:

40 Lilywhites Lane
Hoddesdon
EN11 8FW



Every minute without CPR and defibrillation reduces the chance of survival by 10%.

- Resuscitation Council UK.

Trustees' Annual Report



NAMES OF THE CHARITY TRUSTEES WHO MANAGE THE CHARITY

- Justin Honey-Jones (Chair and Trustee)
- Sue O'Hare (Trustee)
- Ellie Shewring (Trustee: resigned 1st May 2023)
- Cally Agate (Trustee: appointed by J Honey-Jones and S O'Hare 2nd June 2023)

Corporate trustees - names of the directors at the date the report was approved:

N/A

Name of trustees holding title to property belonging to the charity:

N/A

Funds held as custodian trustees on behalf of others:

N/A

Exemptions from disclosure:

N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signature:

Position: Chair

Date: 16th January 2025



“THERE’S
NOTHING
STRONGER
THAN THE
HEART OF A
VOLUNTEER” -

JAMES DOLITTLE





CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Hearts for Herts	No (if any)
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Receipts and payments accounts

CC16a

For the period from	Period start date 4/7/2023	To	Period end date 4/6/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	4,930	-	-	4,930	1,548
Grant	6,620	-	-	6,620	500
Interest	207	-	-	207	4
Cashback	30	-	-	30	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	11,787	-	-	11,787	2,052
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	11,787	-	-	11,787	2,052
A3 Payments					
Installation	385	-	-	385	-
Insurance	175	-	-	175	-
IT	238	-	-	238	300
Membership	234	-	-	234	-
Sundry	500	-	-	500	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,532	-	-	1,532	300
A4 Asset and investment purchases, (see table)					
Bleed Kits	6,080	-	-	6,080	-
Defibrillators	3,000	-	-	3,000	-
First Aid Equipment	385	-	-	385	525
Sub total	9,465	-	-	9,465	525
Total payments	10,997	-	-	10,997	825
Net of receipts/(payments)	790	-	-	790	1,227
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	790	-	-	790	1,227

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	2,018	-	-
		-	-	-
		-	-	-
	Total cash funds	2,018	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK


	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Justin Honey-Jones	1/16/2025

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HEARTS FOR HERTS

England & Wales - Charity number 1197822

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES



Trustees' Annual Report for the period

From 07/02/2022 To 06/04/2023

Charity name: Hearts for Herts CIO

Charity registration number: 1197822

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The object[s] of the CIO [is][are]</p> <p>The advancement of health and saving of lives for the public benefit in Hertfordshire, in particular but not exclusively, by:</p> <ul style="list-style-type: none">• Providing training and education on lifesaving CPR and defibrillator skills• Increasing the number of defibrillators in the community• Advancing the education of the public in the subject of serious bleeding• Equipping communities with Bleeding Control Kits which in the event of such an incident, may buy valuable time before the arrival of the ambulance service.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<ul style="list-style-type: none">▪ Provides education in lifesaving skills through our Heartstart Lifesaver programme▪ Fundraises for Public Access Defibrillators and Bleed Control Kits
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees have read the guidance by the Charity Commission on public benefit and our charity exists purely to benefit the public.</p>

Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>This report covers our first year as a charity.</p> <p>Prior to becoming a charity, we were a community group known as Heartstart East Hertfordshire and were affiliated to the British Heart Foundation from 2017-2021.</p> <p>In June 2021, the British Heart Foundation gave all groups 28 days notice that they would no longer support any group.</p> <p>Our charity was formed to continue the public benefit of learning lifesaving skills as well as to fundraise for public access defibrillators and bleed control kits to be installed across Hertfordshire for the benefit of all 24/7.</p> <p>Our key achievements during this time frame was the development of governance processes, opening a bank account (took 9 months), working with Hertfordshire Community Foundation to establish the foundations of the charity, securing an initial small grant to purchase training equipment and receiving a small number of donations to enable the charity to financial meet it's costs and be financially sustainable.</p> <p>We were also able to create a website.</p> <p>We were able to deliver training to the community and start to deliver our message of the purpose for Hearts for Herts to a wider audience.</p> <p>Our training has enabled the wider beneficiaries to learn lifesaving skills which can buy valuable time until an ambulance can arrive, as well as how to identify their nearest defibrillator.</p>

Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>As this was our first year, our income was small but sufficient to enable us to start the charity and purchase training equipment.</p> <p>We had sufficient funds to take over into the next financial year and enable us to continue to build on our progress.</p>
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Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity does not have a reserves policy due to being a new charity and having a small income.
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	There was no deficit.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The trustees are cofounders. In accordance to the constitution, new trustees would need to be appointed.

Reference and Administrative details

Charity name	Hearts for Herts CIO
Other name the charity uses	Hearts for Herts Charity
Registered charity number	1197822
Charity's principal address	40 Lilywhites Lane Hoddesdon EN11 8FW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Justin Honey-Jones	Chair Trustee		
2	Ellie Shewring	Trustee		
3	Sue O'Hare	Trustee		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a

Other optional information


We recognise this return is late and we apologise. There was no notification that it was due and we have since taken steps to be proactively planning for it's submission in our trustee meetings going forward.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Justin Honey-Jones	
--------------------	--

Position (eg Secretary,
Chair, etc)

Chair and Trustee	
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Date

19/05/24



CHARITY COMMISSION
FOR ENGLAND AND WALES

Hearts for Herts CIO

No (if any)
1197822

Receipts and payments accounts

CC16a

For the period from	Period start date 4/6/2022	To	Period end date 4/5/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1,548	-	-	1,548	-
Grant	500	-	-	500	-
Interest	4	-	-	4	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	2,052	-	-	2,052	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2,052	-	-	2,052	-
A3 Payments					
IT Costs	300	-	-	300	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	300	-	-	300	-
A4 Asset and investment purchases, (see table)					
First Aid Equip	525	-	-	525	-
	-	-	-	-	-
Sub total	525	-	-	525	-
Total payments	825	-	-	825	-
Net of receipts/(payments)	1,227	-	-	1,227	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,227	-	-	1,227	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	1,227	-	-
		-	-	-
		-	-	-
	Total cash funds	1,227	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
#VALUE!	Justin Honey-Jones	5/19/2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Herts 4 Herts	No (if any) 1197822
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CC16a

Receipts and payments accounts

For the period from	Period start date 4/6/2023	To	Period end date 4/5/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations		-	-	-	1,548
Grant		-	-	-	500
Interest		-	-	-	4
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	2,052
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	2,052
A3 Payments					
IT Costs		-	-	-	300
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	300
A4 Asset and investment purchases, (see table)					
First Aid Equip		-	-	-	525
	-	-	-	-	-
Sub total	-	-	-	-	525
Total payments	-	-	-	-	825
Net of receipts/(payments)	-	-	-	-	1,227
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	-	-	-	1,227

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank		-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	to nearest £	to nearest £	to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	