



# ANNUAL REPORT 2024

**PROSPR Paediatric Relief 1197781**

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# OBJECTIVES AND AIMS

Prospr Paediatric Relief aims to combat paediatric healthcare disparities in resource-poor countries through research, awareness, and targeted projects. Our key focus areas include addressing malnutrition and neonatal resuscitation, with the goal of improving child healthcare globally.

# KEY ACTIVITIES

This year, the charity undertook two major initiatives:

## 1. Nutrition Project:

The Nutrition Project is one of Prospr's inaugural international initiatives aimed at tackling malnutrition in developing regions. It focuses on optimising child nutrition from prenatal and neonatal stages through early childhood and adolescence by educating families on proper nutrition, including breastfeeding and formula feeding.

Currently operating in the Khyber Pakhtunkhwa region of Pakistan, the project is based at Buner Children's Hospital, where a consultant paediatrician and a local nutritionist provide essential on-the-ground care.

As the project progresses, we plan to expand our efforts to additional regions. The nutritionist plays a crucial role in admitting severely malnourished children for treatment until they are stabilised and can resume oral feeding.

This initiative also includes comprehensive data collection to guide future evidence-based interventions against malnutrition.

## 2. Neonatal Resuscitation Training in Pakistan:

- The charity organised several training sessions on neonatal resuscitation, utilising neonatal life support dummies and equipment that we acquired. These sessions aimed to equip healthcare professionals with the essential skills and knowledge for effective neonatal care in Pakistan.
- Led by paediatric consultants, the majority of participants were Lady Health Workers (LHWs). Feedback from the sessions has been overwhelmingly positive.

These activities directly supported our overarching mission to address healthcare disparities by focusing on sustainable and preventative healthcare solutions in resource-poor regions.

# ACHIEVEMENTS AND PERFORMANCE

## Malnutrition Project:

- To date, we have successfully admitted 70 patients for nutritional stabilisation, providing them with tailored treatment plans to address their specific needs. In addition, we have seen 105 patients in our outpatient programme, where we monitor their progress and provide ongoing support. Our outreach efforts have extended to over 1,000 mothers, offering comprehensive nutritional advice and resources to empower them in nurturing their children. This holistic approach aims not only to treat malnutrition but also to educate families on the importance of proper nutrition for long-term health.

## Neonatal Resuscitation Training:

- Our most significant achievement this year was the successful implementation of multiple neonatal resuscitation training sessions. Research indicates these sessions significantly enhanced the skills and confidence of healthcare professionals in Pakistan.

## Progress Towards Goals:

While the charity has made strides in improving child healthcare, challenges related to the employment and management of the nutritionist impacted our ability to maintain consistent outcomes throughout the year.

# BENEFICIARIES AND PUBLIC BENEFIT

- **Primary Beneficiaries:**

The primary beneficiaries of our initiatives are the children and mothers of Pakistan, who directly benefit from our targeted, evidence-based interventions.

- **Public Benefit Example:**

One of our success stories involves the work of our nutritionist, who was able to treat several malnourished children, preventing severe health complications and improving their overall health outcomes.



## RISK MANAGEMENT

One of the charity's major risks is the sporadic nature of its interventions, which currently depend heavily on specific individuals. This poses challenges to the sustainability and long-term impact of our programs. To mitigate this risk, we are aiming to get a partner charity on board with our projects in order to secure their long term survival.

# GOVERNANCE

- There were no changes to the board of trustees or key personnel this year.
- Trustees meet quarterly to review and discuss updates and progress.



# PLANS FOR THE FUTURE

Looking ahead, the charity plans to:

1. **Expand Initiatives:**

Broaden the scope of existing projects, particularly around neonatal care and nutrition.

2. **Launch an Online Presence:**

Establish a stronger online presence to increase awareness and fundraising.

3. **Research and Data Publication:**

Collect and publish data on the effectiveness of our interventions to contribute to global healthcare solutions for paediatric care.



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# FINANCIAL STATEMENTS

## Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
<b>Receipts</b>				
General Fundraising	100	-	-	90
		-	-	-
	-	-	-	-
<b>Sub total</b> (Gross income for AR)	100	-	-	90
<b>Asset and investment sales, (see table).</b>				
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	-	-	-	-
<b>Total receipts</b>	100	-	-	90
<b>Payments</b>				
Salary for Nutritionist	-	623.93	-	623.93
	-		-	
	-	-	-	-
<b>Sub total</b>	-	623.93	-	623.93
<b>Asset and investment purchases,</b>				
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	-	-	-	-
<b>Total payments</b>	623.93	-	-	623.93
<b>Net of receipts/(payments)</b>	523.93	-	-	533.93
Transfers between funds	-	-	-	-
Cash funds last year end	2,175	2,940.26	-	5,115.26
<b>Cash funds this year end</b>	1651.07	2,940.26	-	4591.07

## Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Cash funds	Fundraising	4,473.07	118	-
		-	-	-
	<b>Total cash funds</b>	4,473.07	118	-

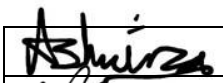

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Other monetary assets		-	-	-

	Details	Fund to which asset belongs	Cost	Current value
Investment assets			-	-

	Details	Fund to which asset belongs	Cost	Current value
Assets retained for the charity's own use			-	-
			-	-

	Details	Fund to which liability relates	Amount due	When due
Liabilities	Website Domain	Restricted	131	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	DR ADAM JAN	12/08/2024
	DR HASEEB QURESHI	12/08/2024