

**Darnall Well Being**

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**for the year ended 31 March 2025**

**Darnall Well Being**  
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**Darnall Well Being  
Legal and administrative information  
for the year ended 31 March 2025**

**Other names**

Darnall Well-Being Centre Limited	05 Jul 2000 - 02 Sep 2021
Darnall Well Being Limited	02 Sep 2021 - 23 Sep 2021
Darnall Well Being	from September 2021

**Directors**

Janet Harris	Acting Chair
Jack Czauderna	
Mark Gamsu	
Mohammed Rahman	Resigned 24.10.2024
Gina Kalsi	
Riyam Al-Khaily	
Teresa Hart	Appointed 24.10.2024
Donal Farrell	Appointed 17.10.2024
Shabir Aziz	Appointed 04.04.2025
Lucie Nield	Appointed 17.10.2024

**Senior Leadership Team**

Chief Executive Officer	Lucy Melleney
Project Manager	Natalie Duffy
Finance & Business Manager	Milda Hameed
Contracts & Communications Manager	Fran Arnold
Health & Wellbeing Manager	Waqas Hameed

**Company number**

04027680

**Charity number**

1197748

**Registered office**

Darnall Primary Care Centre  
290 Main Road  
Darnall  
Sheffield  
S9 4QH

**Accountants**

Seven Hills Accountants Limited  
57 Burton Street  
Sheffield  
S6 2HH

### **Chair's Report**

Since the official end of the Covid-19 pandemic in 2023, our organisation has been focusing on addressing the long term effects of social isolation, shielding, and Long Covid alongside a continued reduction in finances, increased unemployment, and an increase in mental health needs across our population. Many local people continue to express anxiety about being out in public places; the efforts in supporting people to continue to venture out has resulted in a positive increase in face to face attendance. In the UK, a 2024 report found that 71% have had Long Covid for over a year. In our neighbourhood, there are a number of "Long Haulers" - people who have had Long Covid for over 2 years - who are unable to work. Further, people who have been experiencing symptoms for considerable lengths of time continue to come forward as we work to increase awareness. The Long Covid Support Group that we established in 2023 now serves as a model for other community organisations in Sheffield.

Other challenges encountered this year concerned the winter fuel crisis and food poverty, alongside the government's declaration of a national economic recession. See 'Welcome Places' project highlights below.

The situation has increased demand for services while at the same time greatly reducing the amount of resources available to community organisations. The Board and Senior Leadership Team have responded to this challenge by developing routine procedures for bi-monthly review of finances via the Finance Sub-Committee, and regular financial reports at each Board meeting. Procedures for preparing funding applications have been streamlined, and a watching brief is kept in order to identify potential funding. The Board updated our policy on reviewing free reserves, and revised our reserve target in the face of changing economic circumstances.

DWB has also made significant progress on establishing an IT system that will be used to routinely track activity and impact. Evidencing impact is particularly important when there is fierce competition for limited funding.

Our 2023 campaign to increase the number of Board members has been successful, with 4 new members added in the past 12 months. One Board member has stepped down. We have developed a formal induction process to orient new members and in the process of providing face to face and online training which is aligned with the NCVO roles and requirements for Board members. As new members increase their understanding of Board requirements, each one has volunteered to play a key role in working with the Senior Leadership Team e.g. in Human Resources, Finance, Evaluation, and Funding. In tandem with induction, we began reviewing and updating all policies and procedures for Darnall Well Being. New policies include Menopause, Religious National Holidays and Wellbeing Hour.

Despite our funding application successes (more than 50% success rate), the amount of money awarded from funding bodies is consistently lower than previous years and competition for the shrinking funding base continues to increase. We are responding to this challenge by developing strategies to diversify our funding base, which will draw upon the skills and networks of Board members.



**Darnall Well Being  
Trustee's' Annual Report  
for the year ended 31 March 2025**

The trustees are pleased to present their annual trustee's report together with the financial statements of the charity for the year ended 31 March 2025 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

**Structure, Governance & Management**

Darnall Well Being was incorporated on 5 July 2000 and its Memorandum and Articles of Association govern it. The Memorandum and Articles of Association were amended in December 2021 to assist in the registration with the Charity Commission – this was completed on 1 February 2022. The registered charity number is 1197748. The organisation's name was also changed to "Darnall Well Being" during this process – the previous name was "Darnall Well-Being Centre Limited".

Any surplus income is reinvested to meet our objectives, which are charitable; that is to say they are carried out entirely for the public benefit, to promote health and wellbeing, especially but not exclusively in the Darnall Ward. Resources are targeted to areas or to community interest groups who suffer the highest levels of deprivation and health inequalities.

The trustees all carry out their duties in a voluntary capacity. They meet at least eight times each year to consider the work of the charity and to receive reports and take advice from its managers. They then decide and oversee its strategy and supervise the managers who are charged with implementing it. The managers are responsible for day to day decision making and for supervising the remaining staff and volunteers.

**Vision, Aims and Objectives**

The objects of the charity are to preserve, protect, improve and enhance the medical, social, psychological, physical and community health and wellbeing of the inhabitants of the Darnall, Attercliffe and Tinsley areas of the city of Sheffield (the area of benefit).

**Our Vision:**

Everyone in our vibrant multicultural community is inspired and able to develop their health and wellbeing with the right support, achieving their full potential as active citizens.

Our core remit as a local community anchor organisation, is to work with local people, to build resilience and address health inequalities, with a focus on early intervention and prevention. We help to foster an environment where people feel able to connect, share and feel part of something, working on what matters to them. We have a range of one-to-one support, social prescribing (a local signposting and referral service), group activities, training, events, health campaigns and volunteering opportunities.

We are embedded in the community, maintaining a 24-year consistent and holistic approach inspired by the Peckham Experiment (1920-50s), which recognised that "health is more than just the absence of disease" and the "crucial role played by the environment in promoting health". This led to our sustainable co-location with general practice (sponsored by the NHS SY Integrated Care Board - ICB) that enables social, healthy wellbeing activity and advocacy to take place under one roof.

**Our Values:**

We are inclusive. Diversity and integrity are at the forefront of our approach – collaboration with community, individuals, partners and other organisations is at the heart of our every day delivery.

We offer high quality activities and services, offering a range of opportunities to remove barriers and deliver significant lasting impact and affect change.

We are proactive, offering consistency while being responsive to emerging needs in uncertain times.

We involve local people at every stage; planning activities through to evaluation.

**Our Aims:**

Develop the conditions for people and communities to be healthy and thrive, by building confidence, collaboration and ultimately capacity in the community.

Create opportunities for people to engage, connect, share, learn and feel part of something great, and offer hope, promoting social cohesion.

Enable wellbeing by delivering bespoke, holistic support that takes a 'whole person' approach rooted in community, complementing the relationship clinicians have with people, asking 'What is the matter with you?' with the relationship we have, which asks 'What matters to you?' .

Deliver an inclusive range of activities comprising social and physical activity groups, one to one advocacy and healthier lifestyle support, training and volunteering opportunities, as well as health promotion and events.

Encourage proactive long term condition management, increasing understanding and self efficacy, improving quality of life.

**Our Approach**

We take an innovative, collaborative and creative approach to inspire solutions to the challenges our community face, enabling research to affect change, developing meaningful opportunities for local people's voices to be heard.

Through consistent, cohesive strategic focus and management of limited resource, we focus and respond to greatest need and ensure we remain agile in a fast-paced, changing world.

We share best practice generously, working with academic and statutory partners to influence service design and improve outcomes. This deepens our insights and scope of what we offer; ultimately helping us to create the opportunities for people to be healthy and thrive.

We value the assets, diversity and interests that exist locally, and welcome the transformative change that happens when people come together, share and connect around common goals.

## **The Communities We Serve**

As the 'The Hamza Darnall Area Youth Action Plan' (July 2025, D.Hemborough - SHU) showcases, "Darnall is a socially rich, vibrant and proud community with deep rooted heritage and Sheffield traditions. It has a bustling busy Highstreet, parks and green spaces and a connected community".

With a total population size of 22,283 [Census 2021], 42% of people in the Darnall Ward fall within the most deprived 10% of neighbourhoods in England. As such, they are adversely impacted by local government cuts and rising cost of living.

Referrals are increasingly complex due to stark health inequalities but we have had high impact across the depth and breadth of activity and services we offer; working with our NHS and statutory partners to support the health and wellbeing of the local population.

High levels of need we serve include long term condition management, co-morbidity, earlier detection of cancer, support for those at risk of or newly diagnosed with dementia, unpaid carers, nutrition, accessible physical activity (particularly for those with declining or limited mobility or a physical disability), mental health including loneliness and isolation, dementia risk, health services for people with low health literacy (especially where English is not first language. We have clients from 17 ethnicities.) Working with and across the whole community supports cohesion; our area is culturally diverse with 60.86% of the population being in a Non-White ethnic group compared to 18.95% for England. Within the BAME population, some groups have been long-term Darnall residents while others are newer communities such as Slovak Roma. Most staff and volunteers are local and speak 15 community languages, maximising community engagement.

## **Our Impact - summary of the main activities**

Our services help to remove barriers and aim to reach those that need it most, through being:

- Accessible and inclusive: local, free or low cost and catered for mixed ability and need
- Appropriate and consistent: co-produced, person-centred, helping build trust

### **Delivery Themes:**

- 1 to 1 health improvement support (holistic & proactive) and Social Prescribing inc.
  - Condition management and Peer Support Groups
- Activity programme including exercise & social groups
- Volunteering and Training
- Voice and Influence: capturing feedback from lesser heard voices to inform service design & improve use of resources inc.
  - community research, consultation and co-production/design
- Local community anchor role
  - neighbourhood coordination, partnerships and networks
  - fostering cohesion & Welcome Spaces

Of which, delivery can be categorised as follows:

- direct health 60%
- broader health and wellbeing 30%
- not health specific 10%

## **Key Project Achievements**

We would particularly like to draw attention to the following achievements, which help show the progress we have made during the past year and the sort of benefits we have been able to bring to our community through the support from our funders, donors, partners and service users.

### **Growth and Partnership**

We have seen our relationship with Primary Care deepen with further investment via a '*New Ways of Working*' Project, shaping a multi-disciplinary, integrated, neighbourhood model together. This enabled us to welcome two new members to our 1to1 team.

Through a joint partnership bid with three other peer organisations in Sheffield, we successfully tendered for a Sheffield Children's Hospital social prescribing service over two years - '*Together Link Workers*'. Long term, complex medical needs and high A&E attendances are addressed by intensive, holistic family-focused support that can help advocate and navigate paediatric health services, lifestyle etc, prioritising the NHS core 20% most deprived.

A five-year UK research project with Sheffield Hallam University's 'Centre for Collaboration in Community Connectedness' resulted in DWB being one of five core Community Catapults partners with a role to inform policy and practice, evidencing effective interventions needed for communities to thrive.

We have worked on pilots such as: supporting clients on the Autism diagnosis, diabetes work with Disability Sheffield & Mencap for those with learning disabilities, neurodiversity & carers, creating new resources. Green Social Prescribing walks for mental health needs in Peak District & mindfulness. Ongoing Slovak Roma drop ins helped build trust and engagement, seeing an uptake in our pain group.

### **Reach into community**

We are delighted to welcome three local trustees with lived experience & health expertise, in addition to 15 local community researchers trained and the continuation of hosting the AWRC's embedded researcher who has helped bring together local partners to develop a shared youth plan (themes include health & wellbeing and employment).

Almost all senior staff have 10+ years experience in this community. Our diversity reflects the area, staff born in 9 countries speaking 15 languages. The team have lived experience of disability, long term conditions & being a carer. 5 trustees live, work or worked locally. We aim to increase this.

There has been a 10% rise in total points of contact (12,000) across core services; targeted dementia early 1to1 / group interventions seeing 216% referral increase (68 to 147) & link workers 16% increase in triaging, nearly 1,000 referrals overall.

### **Use of data and evidence to understand and improve our work and impact**

Further development of our data system, Air Table, improves how we capture and evidence impact, tracking outputs alongside qualitative data as well as utilising external statistics, NHS system data and clinical MDT input that all inform planning.

Independent evaluation of our five-year volunteer programme (62 volunteers supported and recruited and 55 interviewed as part of the evaluation) showed we are effectively improving the wellbeing of volunteers and clients.

Our embedded researcher uses evidence-based peer review literature to inform practice and approaches to develop a youth plan informed by 150 local people (80 youths + parents & staff). This highlighted the support young people would most benefit from, which has led to our plans to develop a 'Stepped Volunteer Programme' offering tailored placements and emphasising mentoring opportunities.

## **Our Activity and Service Highlights**

**Our team supported 706 different people regularly across our groups, volunteers and 1-1 referrals. We supported a further 679 people with lighter touch support.**

### **1 to 1 Support and Signposting Service (inc. Social Prescribing Link Worker)**

Our Health & Wellbeing team continued to receive referrals for people in need of 1 to 1 support. People were referred to us for a large number of reasons, including:

Diabetes type 2, pre-diabetes, high blood pressure, weight management, high cholesterol, persistent pain, anxiety, depression, stress, isolation, mental health issues, and a desire to get involved in local community

As well as providing support to **239 individuals from both new and existing referrals through 430 appointments**, the team also signposted clients to a number of services. Working with the Seven Hills Primary Care Network, we provided a Social Prescribing Link Worker across five local surgeries, as well as two more in the city centre, managing a total of **631 referrals (an increase of 9%) via 1707 points of contact (an increase of 16% on last year).**

### **Case study from 1-1 team**

Postcode: S9 Age: 42, male

Reason for referral: Homelessness, stress management, community engagement

Referred by: GP to Social Prescribing Link Worker

Reason for referral:

The patient was referred by the GP to our SPLW, and after the link worker had an initial conversation, the patient was referred on to one of our health & wellbeing workers, to offer him support with ongoing community engagement and stress management, along with access to benefits and foodbank vouchers. The patient had been struggling to cope with stress, due to a relationship breakup and having no access to his children, benefits, struggling with any routine and being unemployed.

He was sofa surfing because of his relationship breakup and was stressed about his housing application and follow-up process, due to his mental health situation.

Health and Wellbeing Worker support:

After a long conversation with the client and getting to know more about his stress and worries, the wellbeing worker agreed with the client an initial wellbeing plan, which included:

- Issuing a Foodbank Voucher
- Asking the client to see Citizens Advice Sheffield advisor at Darnall Foodbank on Tuesday for benefits review
- Sending the information about Shelter housing support in Darnall via text
- Asking the client to come to DWB's Men's Health Group to get peer support.

Change in health behaviour/ Impact of support:

- Client went to the Foodbank, where he got food and advice about his finances. He is happy that he has made a link at CAS now for future reference, too.
- Client spoke with a Shelter adviser, so he is now aware of his rights and responsibilities around council or private housing.
- Client has taken to regularly attending our Men's Group and hopes that he can keep coming to this group in future.

How life has changed and future plans:

When asked how he is feeling about coming to the Men's Group in particular and support from Darnall Well Being he said that "Darnall Well Being has done a fantastic job in supporting me; I am now part of this welcoming group of locals and have access to a DWB worker in the group. I have been asking about my waiting list for the Primary Care Mental Health Team referral, and the DWB social prescriber helped me to get that information. I feel better in myself and I'm looking forward to the day that I can manage myself and get back to work and get connection with my kids. As long as I can, I will keep coming to the Men's Group, because in future, it might be me who could support someone else in my situation."

### **Mental Health Peer Support Worker**

As part of the peer support framework under the Mental Health VCSE Alliance, we continue to host a Mental Health Peer Support Worker linked to our Primary Care Network (PCN) partner - Sevenhills. They offer advocacy and one to one or small group support for adults with: a mental illness which seriously impact their daily life, persistent symptoms or have a diagnosis

### **People Keeping Well - Dementia Project**

Our dementia support comprised of two dementia cafes (one fortnightly in Handsworth, and another monthly in Darnall), Dementia Carers' Support Group and JoJanGles, a Dementia Music Focus group, as well as a summer offer of 12 Dementia-Friendly sessions at Darnall Allotment Project. **80 dementia groups** ran over the course of the year, **with 3,452 attendances in total.**

There were **95 unique group attendees** over the whole year, with numerous beneficiaries attending more than one of the groups we provide. We also took **147 new referrals** (a **216% increase** on last year) and made **267 wellbeing calls** to dementia service users, as well as an additional **259 one-off calls** for things like offering advice, speaking to referrals' relatives, etc. Quarterly breakdown below:

	Q1	Q2	Q3	Q4	Year Total
Dementia 1to1 referrals	44	28	38	37	<b>147</b>
Dementia wellbeing calls	32	50	89	96	<b>267</b>
Other Dementia contacts	24	34	48	53	<b>259</b>
Cafes					<b>80 sessions</b>
Unique beneficiaries					<b>95 individuals</b>
Attendances	961	925	852	714	<b>3,452 points of contact</b>
<b>Dementia Friends trained</b>	9	4	31	11	<b>55</b>
<b>of which, Volunteers</b>					<b>5</b>

NB: All of this Dementia work continues to be delivered by just one part-time worker, supported by volunteers.  
**Feedback from participants**

#### **Dementia Carers' Group attendee - Female, age 101, living in S13**

"As carers, I don't think the majority of us get much respite. Often we have no family or they are too far away and involved in working and raising their own family. Sessions based on quality and listening make a difference, and they truly make you feel known and seen – unlike anything else. The getting to know us and knowledge of our loved ones make us feel special. It's a pleasure to come, and this just can't be measured."

#### **Making Memories Dementia Cafe and Dementia Carers' Group attendee - Female, age 73, living in S9**

"I am empowered here with support by other friends who have had similar experiences, having been on the same life journey. Your enabling and follow-up shows deep care and we, as family, are grateful for this. I realise I am not on my own!"

### **Community Wellbeing Programme and Peer Support Groups**

We provided **ten different core activity groups**, offering opportunities for the local community to come together and improve their physical and mental wellbeing in different ways. Groups in this period were:

Craft, Women's Chairbics (Darnall & Tinsley), Women's Yoga (Darnall & Tinsley), Women's Circuits, Men's Health, English Conversation, Health Walk and Somali Dance.

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Trustee's' Annual Report - continued  
for the year ended 31 March 2025**

We also ran **six regular peer support groups** for people with long-term conditions:

- Diabetes Peer Support Groups in Darnall (monthly) & Tinsley (quarterly)
- Neuro-Friendly Diabetes Support Group in Darnall (monthly since October 2024)
- Long Covid Support and Persistent Pain Groups in Darnall (both monthly)
- Carers' Support Group (monthly) delivered in partnership with Sheffield Carers' Centre

Across all of these groups, we delivered a **total of 303 sessions**, a **26% increase** on last year. See below for breakdown per group:

Group	Individual attendees	Attendances for year
Craft Group	27	176
Darnall Women's Chairobics	54	397
Women's Circuit Training	25	63
Carers' Support Group	31	86
Darnall Women's Yoga	41	187
Diabetes Peer Support - Darnall	55	108
Diabetes Peer Support - Tinsley	22	31
Conversation Group - with SAVTE	42	143
Long Covid Peer Support Group	20	51
Men's Health Group	53	559
Monday Health Walk	24	304
Neuro-Friendly Diabetes Support Group	12	18
Persistent Pain Peer Support Group	46	84
Somali Dance	43	243
Tinsley Women's Chairobics	27	277
Tinsley Women's Yoga	29	214
	<b>402</b> unique beneficiaries (deduplicated across all groups) <b>(45% increase</b> on last year)	<b>2,941</b> total attendances across the year <b>(49% increase</b> on last year)

- Ages of attendees ranged from 12 to 101.
- 70% of group attendees live in the S9 postcode area, and are from at least 17 different ethnicities.
- Of the total attendees, there were 285 women, 97 men, 20 unknown/prefer not to say.
- One woman attended 7 different groups, another attended 6, and a man attended 5, with a significant number more attending 3 or 4 different groups.

### **Feedback from participants**

#### **Men's Health Group attendee - White British Male, age 79, living in S9**

"Coming to Men's Group means I come out of the house. By coming and doing the exercise and socialising means a lot. Doing all this means I think less about my pain, which stops me taking as much pain medication."

#### **Darnall Women's Chairrobics attendee - Pakistani Female, age 50, living in S9**

"The activity has helped a lot with my health. The session is very good and helpful for my physical and mental health."

#### **Somali Dance attendee - African Female, age 47, living in S9**

I feel that Somali Dance helps my health, because it's a form of exercise, but it's much more fun and also takes my mind off things. I love it, because it's also a great way to socialise when I have had a long day at work or just want to get out of the house. This session helps a lot of us to have good exercise and a good time together."

### **Contribution made by our Volunteers**

**46 volunteers** provided support to the running of our groups, **contributing a total of 2,601 hours**, including spending time on training and 1-1 and group supervisions.

Tasks undertaken include helping to set up and close down rooms for groups, taking registers and registering new attendees, providing refreshments, offering signposting information about local support available, and having conversations about health and care topics, feeding back to our staff where relevant/necessary. Our dementia groups were particularly well supported by a number of volunteers at every session. One volunteer also provided regular admin support with our CRM system, simplifying and improving our reporting and monitoring.

A number of volunteers undertook Dementia Friends and Citizen's Advice Digital training. We continued to pair new volunteers with more experienced volunteers or members of staff leading the activities.

As we came to the end of five years of funding for our Wellbeing Champions volunteer programme from the National Lottery Community Fund, we organised and ran a red carpet event, celebrating the impact of our volunteers over the past 5 years of our volunteer programme. We also planned and ran an event for other local voluntary organisations, bringing them together to network and learn about volunteer recruitment and retention, etc from local experts.

### **Training**

**Staff and volunteer learning and development opportunities remain an ongoing priority. Focus this year has included** a 2-day Mental Health First Aider course, Introduction to Community Development & Health (ICDH) and our Project Leads attending a specialist 6-month TeamWorks programme provided by The Kings Fund.



**Local Community Anchor Role - Wider Community Development:**

**Welcome Places: over 100 points of contact**

Alongside the Local Area Committee worker we have been developing the network of Welcome Places to ensure support and help for all impacted by the 'cost of living' crisis. Our Community Development Worker made regular visits to existing Welcome Places venues around the area, as well as meeting and signing up new places, widening the existing network and linking places with each other and with other helpful support, training and funding opportunities, including with SYFAB and VAS. She arranged four networking meetings for the local Welcome Places over the course of the year, and created and maintained up to date information around provisions in a map and spreadsheet.

Our own Welcome Place session continued, and we started to offer a period product bank there, thanks to partnership with iRise. We also offered free children's books, as well as donations of clothing during the colder months. We made numerous referrals to the local foodbank and signposted people to other support from these sessions.

Picking up on a common need for better digital inclusion in the community, we arranged four sessions of digital training for beginners from Citizens Advice Sheffield. These were attended by 12 local people, who attended consistently and all received a free tablet to help them continue with their online skills afterwards.

Our worker also organised two First Aid training sessions to upskill local volunteers, which took place at two local Welcome Places, and a Scam Awareness session, to help people recognise and avoid possible scams. And she arranged Food Hygiene Level 2 training for volunteers from several local Welcome Places.

Our partnership with Migrant Help continued, which ensured that continuous support around the EU Settlement Scheme was offered to the local Slovak Roma and EU communities. She has sourced 5 laptops for a local Homework club at one of the Welcome Places.

**Academic Partnership and Research**

We continue to work closely with both Universities in the city with developments - highlights include:

- Recruitment and training for 15 local community researchers as part a co-produced research project with Hallam University (SHU); 'Culturally Sensitive Social Prescribing and Frailty Prevention
- New 5-year UK research project with SHU as part of the 'Centre for Collaboration in Community Connectedness; DWB 1 of 5 Community Catapults to inform policy & practice, evidencing effective interventions needed for communities to thrive. Final report can be found here:  
<https://www.shu.ac.uk/centre-regional-economic-social-research/publications/culturally-sensitive-social-prescribing---final-report>
- We are also involved with AWRC's Public Involvement in Research Group and we support service users to be involved in research e.g. a community frailty art project

**Economic Recovery Fund**

The Discover Darnall Project drew to a close. Hosted in partnership with Sheffield City Council, with support from local stakeholders including St Alban's Church, achievements included:

- the installation of three street murals in and around the Darnall High Street, each having design in collaboration with local groups and schools, led by artist in residence Alastair Flindall of Neck of the Woods Studio
- Our Darnall, Our Home litter campaign - open source resources by OD Create and Graft Creative
- Highstreet improvements including lamppost banners, extra bins and planters,
- Community planting and improvement to local green spaces with a new Community Garden on Main Road - this was supported by Nature Recovery Sheffield, Regather and the Darnall Allotment Group and we commissioned Play to Measure to design and build planters, seating and sensory boards
- Community events with planting and litter pick
- A local Business Directory

### **Children and Young People**

DWB coordinated the The Darnall & Tinsley SYNC Hub (Sheffield Youth Neighbourhood & Communities) in partnership with Tinsley Forum and DESA, which offered a community led local area partnerships in the Darnall Ward focussing on reducing exploitation and working with community to understand and address local needs. Funding enabled positive, ongoing engagement and regular sessions including physical activity and sport.

Key Activities and Examples of Work;

- Football Sessions (DESA & Tinsley Forum) - Attendance ranged from 40 to 100 young people receiving regular engagement and informal mentoring.
- Knife Bin Installed in Tinsley (Part of wider work around youth safety and serious violence prevention)
- MUGA and Youth Building (Tinsley) - Project is ongoing, though progress is delayed due to design challenges and lack of response from the development side.
- Conversations on Grooming and Gangs (with adults, to build awareness and early intervention)

In the final six months of the project, we were able to secure an in-kind contribution from SHU's the AWRC (Advanced Wellbeing Research Centre) through a day a week of embedded researcher time as part of the Transforming Place for Children, Young People and Families work, undertaken by Dave Hembrough. Dave helped to facilitate:

- Project meetings and partner engagement
- Community outreach and desk-based research
- Attendance at community and statutory events

Work has focused on four core areas:

1. Supporting partner organisations through monthly Connect meetings and a "soft review" process to report progress, challenges, and reflections
2. Co-producing a Community Youth Action Plan for Darnall
3. Developing an Adverse Critical Event Response Plan
4. Representing the project at external meetings and synthesising insights back to the project hub

A Community Youth Event – Held in December 2024 at the AWRC in collaboration with the East Local Area Committee (LAC), focused on serious youth violence and brought together young residents, families and local services to explore available support and discuss solutions. Two specialists facilitated discussions on youth violence, and attendees participated in a survey designed to capture community insights.

### **Data Synthesis Meeting**

Following the event a data synthesis session with community leaders, council representatives, service providers, and young residents identified key themes:

<b>Strengths</b>	<b>Concerns &amp; Frustrations</b>	<b>Solutions &amp; Opportunities</b>
Community	Physical Environment	Community Collaboration
Activities	Community Safety	Safety Improvements
Diversity	Community Health	Health Initiatives
Environment	Amenities	Infrastructure Development

Survey conducted: With 109 responses, the survey provided valuable data and insights which supported the area action plan work and may be useful for future grant applications.

The co-produced Darnall Community Youth Action Plan has been drafted and although the official delivery phase of SY-NC concluded in March 2025, all three organisations remain dedicated to continued collaboration in this space.

March 2025 also saw the recruitment of an additional Social Prescribing Link Worker (Young People and Families focused) funded by our PCN under a 'New Ways of Working' scheme

**Events/local outreach – we have reached around 2,750 people via these routes.**

Examples of the events we attended include:

We helped to organise the annual Lantern Parade on 5th November, working with local schools, the City Council and faith leaders to put on an event that was very well attended by children and parents from a number of schools. Our Somali Dance group also performed at the event, and we provided information there.

We also ran an information and crafting stall at the annual Sheffield Olympic Legacy Park “Legacy in Action” event. This was a very popular event, and we spoke to **over 100 people**, supporting children to colour in suncatchers and magnets to take home with them. Ethnicities we spoke to at the event included White British, Indian, Arab, Pakistani, Bangladeshi, Yemeni, Nigerian, Polish, German and Moroccan.

Collaborating with Oasis Academy Don Valley, we brought craft activities to their Parent/Carer Coffee Mornings. We also arranged visits for the group to take part in activities at the English Institute of Sport and to go ten-pin bowling. These sessions were a valuable opportunity to talk to local people about support available from DWB and other organisations, and were well attended.

With Diabetes UK Sheffield, in February 2025 we organised and ran a local event attended by 50 people, who learned about managing Diabetes, thanks to Diabetes UK Sheffield, SACMHA, Diabetic Eye Screening Service and Community Podiatry. And with Parkinsons UK, we put on an event in April 2024, which local people attended to learn about living with Parkinson's and the support available.

We supported a number of local people to attend two “Acting Differently Together - Prevention & Early Identification” workshops, enabling them to share their views and input to future NHS plans. Our founder and two members of the team also spoke at Sheffield’s Festival of Debate on the topic of “What Is Health?”.

During the year, we **hosted two medical students** on community placements from Sheffield University. As well as getting to know our activities, support and service users, one of the students did a project to pull together and digitise feedback that we have had from a number of AGMs and other events. The other student supported the organisation and running of our Lottery-funded event for local community organisations, and she wrote up outcomes from this in a presentation afterwards.

In collaboration with Sheffield Olympic Legacy Park, Tinsley Forum, St Albans House Christian Community and some local residents, we have put together another three editions of the **Community Connector** – a free, printed colour newsletter which our team makes available via 1,000 copies each edition to pick up all around Darnall ward, as well as being available to read online. This newsletter has included content from over 40 local groups and organisations, sharing information about support and activities that are available in the local area.

We posted **218 social media posts** across Facebook and Instagram, which resulted in **666 engagements** from our followers. We also focused on building our profile on LinkedIn, with follower numbers on the platform now at 380, after we took the decision to leave Twitter/X at the end of 2024. We created **over 100 posters** for groups and activities, which reached **over 500 people** regularly, by posting them in WhatsApp groups - the majority of group members being local to Darnall ward.

In December 2023, we supported a Neighbourhood Mapping project, which was being run by Citizen Network Research, with the support of local mapping expert Tom French, and SY-ICB. The project focused on the role of neighbourhoods in the life of the city as essential building blocks for citizens to take action and build communities that work for all. As well as sharing online and paper versions of their mapping survey, we also invited Tom along to our Monday Health Walk, where he had a session drawing out local neighbourhoods with input from service users. A follow up session where all the outputs from the work around the city was shared with stakeholders was attended by our Communications Manager in January 2024, and we continue to remain involved in progress of the project. Outputs from the project so far can be found here: <https://dataforaction.notion.site/Mapping-the-neighbourhoods-of-Sheffield-the-story-so-far-ab89bda30d934cceb5fb3695b611a911>

### **Awards/Recognition**

We're proud to have been nominated for several awards, in recognition of the hard work of our team as a whole, and of some individual staff:

- Community Impact Award - Our team was shortlisted for this at the Sheffield Business Awards 2024.
- Commitment To Care Award - Jo-Anne van Levesley was shortlisted at the Sheffield Cares Excellence Awards.
- Move More Community Activity Champion - Saada Osman was nominated for this award and attended the Move More Awards 2025 ceremony, along with other team members.
- VAS New Initiatives Award - Won by DWB volunteers Glenys Chettleburgh and Janet Hilbert for running our new JoJanGles Dementia Music Group.

We were pleased to be asked to host a visit from 11 Permanent Secretaries to the UK Government in September 2024. And in January 2025, we were asked to host the National Academy for Social Prescribing's team away day, which was attended by 16 members of the NASP team, along with the People Keeping Well Commissioner, Seven Hills PCN and the CEO of SOAR. At both events, attendees heard from members of DWB staff, our volunteers and service users.

### **Additional activities**

As a community anchor organisation in Sheffield, we are often involved in sharing information or raising awareness about health topics, available support, training, and more. In this 12 month period, we had requests for our support or involvement in **203 wider projects**, and we were able to support **72%** of these. They included:

In response to demand from local women, we offered a pilot project of some **Clubbercise sessions** for short periods in both Darnall and Tinsley, thanks to funding from Move More. In Darnall, the **4 sessions** were attended by **14 local women** from **8 ethnicities**, ranging in age from 31 to 56. In Tinsley, the **6 sessions** were attended by **20 local women** from **9 ethnicities**, ranging in age from 31 to 70. The sessions were enjoyed, with lots of positive feedback, including: "leaves you feeling energised!" and "It gives me motivation to get going and is easy access for the community".

We were again successful in a bid to run **Green Social Prescribing** sessions, and we arranged **16 walks** to green spaces in and outside Sheffield. Half of these were run in partnership with Open Gates Outdoors CIC. The walks were targeted at people who were struggling with their mental health, and **23 local people** attended, with a number attending over 10 different walks. ONS4 wellbeing scores increased by 2 on average for attendees, showing an increase in life satisfaction and feeling happy and that life is worthwhile as a result of taking part. Feedback from one participant: "I have been able to relax, get out with a group and speak with others. Noticing and appreciating nature in the parks and peaks means I can escape from a busy life, slow down, get peace and quiet and also spectacular views."

During the school holidays, the majority of our group activities are paused. However, in summer 2024, we decided to trial offering a **"Community Cafe" drop in** session on Thursdays, in response to demand from those who we knew would be isolated at home without groups to come along to. Because there were riots in some other areas of England during summer 2024, our staff were able to support attendees to discuss these events together in a constructive way, enabling people to see different points of view and learn more about one another. The positive feedback we had from these sessions led us to continue offering them in other school holidays.

### **Financial review**

Despite a challenging funding horizon and uncertain income sources, the charity has been able to sustain its activities by securing additional funding during the year. Thanks to our funders over the year 24-25;

- Sheffield City Council
- NHS South Yorkshire ICB and SevenHills Primary Care Network
- The National Lottery, Awards for All and Garfield Weston
- Sheffield Hallam University and Sheffield University
- Voluntary Action Sheffield, Sheffield Community Contact Tracers and Voluntary Action Rotherham
- Synergy Sheffield Mental Health Alliance
- Kings Fund - GlaxoSmithKline (GSK) IMPACT Award

Some reserves were used in the year to carry out all our activities.

### **Reserves policy**

According to the updated reserves policy, the free reserves will be kept between a minimum of £73,629 (to meet cost of redundancies) and maximum of £147,629 (to meet redundancies plus short-term running costs and risk management/short term budget fluctuations).

The free reserves target will be updated annually (which equates to the general fund balance).

As of the year ending 31 March 2025, free reserves were £96,122, meeting the minimum reserves target.

DWB will try to break even each year and maintain the current free reserves balance. However, general funds will be allowed to reduce if this course of action is in the best interests of the organisation.

In addition, the organisation holds £1,119 designated funds for ring-fenced ongoing projects and £57,277 in restricted funds, for use as specified by the funder.

### **Investment policy**

Aside from retaining a prudent amount in reserves each year most of the charity's funds are to be spent in the short term so there are few funds for long term investment. The charity therefore only holds funds in current bank accounts for easy access.

### **Risk management**

The charity has conducted a review of the major risks to which the charity is exposed, and is reviewing a risk register. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Ongoing core capacity funding is a key source of risk – secured funding and the process of applications is reviewed regularly by the trustees.

Our Funding strategy helps minimise risk and enables DWB to maintain a consistent approach to identifying opportunities that align with our vision, aims and objectives. Our funding principles consider:

- Is there a significant development opportunity?
- Does it cover the costs of any additional hours required?
- Can it contribute to core costs?

The role of our Funding & Finance Sub-Committee:

- look at priorities and make recommendations to board. Trustees can then check if it does or doesn't fit in with strategic vision.
- limit funding for delivery that attracts additional pressures on capacity
- consider how we expand our limited fundraising capacity and diversify income
- prioritise funds that enable Full Cost Recovery (FCR) and minimise strategic risk

**Our key priorities for the year 24/25 include** further diversification of our funding sources and strategic partnerships, enabled by the development of our board of trustees with particular lived experience and skills. We will continue to consolidate and refine what we do, our role as a local anchor and how we capture impact.

**Trustees' responsibilities in relation to the financial statements**

The charity trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing a Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

**Small Company Exemptions**

The directors have taken advantage of the exemptions available to small companies including the audit exemption (see statement on balance sheet).

The directors declare that they have approved the directors' report above on 30 September 2025

Signed on behalf of the directors:



G Kalsi

Trustee

## **Independent examiner's report to the directors of Darnall Well Being ('the Company')**

I report to the directors on my examination of the accounts of the Company for the year ended 31 March 2025.

### **Responsibilities and basis of report**

As the directors of the Company you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### **Independent examiner's statement**

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to organisations preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*S Cochrane*

Signed:

Susan Cochrane, FCA DChA  
Seven Hills Accountants Limited  
57 Burton Street  
Sheffield  
S6 2HH

Date: 01 Oct 2025

**Darnall Well Being**  
**Statement of financial activities (incorporating the income and expenditure account)**  
**For the year ended 31 March 2025**

	Notes	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
<b>Income from:</b>					
Charitable activities	2	91,937	349,877	441,814	456,358
Rental income from non-investment property		191,747	-	191,747	198,187
Donations, core grants and legacies	3	649	-	649	7,536
<b>Total income</b>		<b>284,333</b>	<b>349,877</b>	<b>634,210</b>	<b>662,081</b>
<b>Expenditure on:</b>					
Charitable activities					
Activity & Project Costs		8,377	111,080	119,457	62,023
Gross Salaries	4	133,031	221,385	354,416	332,496
Staff & Volunteer On Costs		4,211	3,913	8,124	8,207
Consultancy costs		-	-	-	11,707
Operational Costs		17,778	9,493	27,271	30,705
Other Misc Costs		842	-	842	473
Rental cost on non-investment property		192,093	43	192,136	198,743
<b>Total expenditure</b>		<b>356,332</b>	<b>345,914</b>	<b>702,246</b>	<b>644,354</b>
<b>Net income/(expenditure)</b>		(71,999)	3,963	(68,036)	17,727
Transfer of funds	9	43,157	(43,157)	-	-
<b>Net movement in funds</b>		(28,842)	(39,194)	(68,036)	17,727
<b>Total funds brought forward</b>		126,083	96,471	222,554	204,827
<b>Total funds carried forward</b>		<b>97,241</b>	<b>57,277</b>	<b>154,518</b>	<b>222,554</b>



**Darnall Well Being  
Balance Sheet  
As at 31 March 2025**

	Notes	2025 £	2024 £
<b>Current Assets</b>			
Balance at bank and cash		173,100	229,218
Debtors	5	<u>9,824</u>	<u>6,764</u>
<b>Total current assets</b>		<u>182,924</u>	<u>235,982</u>
Creditors: amounts falling due within one year	6	(28,406)	(13,428)
<b>Net current assets</b>		<u>154,518</u>	<u>222,554</u>
<b>Total assets less current liabilities</b>		154,518	222,554
Creditors: amounts falling due after more than one year		-	-
<b>Total net assets</b>		<u><u>154,518</u></u>	<u><u>222,554</u></u>
<b>Represented By</b>			
<b>FUNDS</b>			
General fund		96,122	111,042
Designated funds		<u>1,119</u>	<u>15,041</u>
Total unrestricted income funds	8	<u>97,241</u>	<u>126,083</u>
Restricted income funds	9	<u>57,277</u>	<u>96,471</u>
	10	<u><u>154,518</u></u>	<u><u>222,554</u></u>

For the year ending 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

Approved by the Board of directors on 30 September 2025

Signed on behalf of the Board of directors:



G Kalsi  
Trustee

**Darnall Well Being****Statement of Cash Flows  
As at 31 March 2025**

	<b>2025</b> <b>£</b>	2024 £
Net income/(expenditure) for the year (as per the SOFA)	(68,036)	17,727
Adjustments for:		
(Increase)/decrease in debtors	(3,060)	33
Increase/(decrease) in creditors	14,978	985
<b>Net cash provided by/(used in) operating activities</b>	<b>(56,118)</b>	<b>18,745</b>
<b>Cash and cash equivalents at the beginning of the year</b>	229,218	210,473
<b>Cash and cash equivalents at the end of the year</b>	<b>173,100</b>	<b>229,218</b>

## **1 Accounting Policies**

### **(a) General**

Darnall Well Being is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011.

The directors consider that Darnall Well Being meets the definition of a public benefit entity under FRS 102. The financial statements are prepared under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £.

### **(b) Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from Government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service it is deferred until the criteria for income recognition are met.

### **(c) Donated services and facilities**

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised in the financial statements. Further information regarding their contribution is included in the Trustees' Annual Report.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

### **(d) Expenditure**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Charitable expenditure comprises those costs incurred by the organisation in the delivery of its activities for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

The organisation undertakes projects with interconnected outcomes and targets. Allocation of expenditure is prioritised to restricted funding, as agreed with funders, on the basis that outcomes and targets of these projects are delivered. A by-product of this approach is that many outcomes and targets of unrestricted projects are also delivered.

### **(e) Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

### **(f) Trade debtors**

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables.

### **(g) Trade creditors**

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

### **(h) Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Darnall Well Being**  
**Notes to the financial statements - continued**  
**For the year ended 31 March 2025**

**1 Accounting Policies - continued**

**(i) Fund accounting**

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose.

Designated funds have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the accounts.

Restricted funds are to be used for specific purposes as laid down by the donor.

**(j) Pensions**

The organisation has a defined contributions pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

**(k) Taxation**

As a charity, the organisation is exempt from tax on income and gains falling within the available tax exemptions to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

**(l) Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that the charity will continue to operate for 12 months from authorising these financial statements. Not all funding streams are secure this far in advance however the trustees will develop a plan of action to be taken to reduce costs, should the required income not be secured.

**2 Income from charitable activities**

		Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
<b>Funder</b>	<b>Project</b>				
Big Lottery Fund	Wellbeing Champions	-	21	21	42,535
Manor & Castle Development Trust	Healthy Holidays	-	-	-	5,739
People Keeping Well - Sheffield City Council	Community Wellbeing Programme (including Health Champions and Health Trainer Service)	-	97,700	97,700	97,700
People Keeping Well - Sheffield City Council	Resilient Communities	-	-	-	25,000
People Keeping Well - Sheffield City Council	Dementia work	-	21,444	21,444	19,500
People Keeping Well - Sheffield City Council	Dementia work - extra	-	-	-	3,500
Voluntary Action Sheffield	SY:NC	-	35,961	35,961	60,693
South Yorkshire's Community Foundaiton	Cost of living grant	-	-	-	9,589
Sheffield City Council	Welcome Place	-	30,150	30,150	29,083
Primary Care Sheffield/ NHS South Yorkshire ICB	Social Prescribing link worker	37,973	-	37,973	35,741
Sheffield City Council/Home Office	EU Settlement project	-	-	-	20,005
Voluntary Action Sheffield	Street Champions	-	15,000	15,000	15,000
Voluntary Action Sheffield	Diabetes Action Hub	-	-	-	4,677
Sheffield Autism Partnership Network	Autism project	-	-	-	4,700
Primary Care Network	Mental Health Peer support	12,651	-	12,651	6,037
National Lottery Awards for All	Mindfully moving more	-	19,994	19,994	-
Sheffield City Council	ERF: Discover Darnall	-	63,764	63,764	24,080
Sheffield Town Trust	IT costs	-	-	-	3,000
Sports England	Good sport project	-	-	-	2,471
Sheffield University	Loneliness toolkit	-	-	-	1,468
Sheffield Community Contract tracers	long covid group	1,000	-	1,000	1,050
Voluntary Action Sheffield	Move more	-	800	800	-
Primary Care Sheffield	New Ways of Working	5,253	-	5,253	-
Places for People	Welcoming Place Project	-	1,000	1,000	-
Hubbub Foundation	Darnall Allotment Project	-	6,000	6,000	-
South Yorkshire's Community Foundation	Green Blue social prescribing	-	6,823	6,823	-
The J G Graves Charitable Trust	Community Allotment Storage	-	2,444	2,444	-
Sheffield City Council	Resilient Communities	-	25,000	25,000	-
Peter Harrison Foundation	Peter Harrison Foundation	-	18,000	18,000	-
Voluntary Action Sheffield	Reflective Support programme	-	4,000	4,000	-
SYCF	SYCF Legacy Fund	-	776	776	-
Sheffield City Council	Ward pot - IT equipment	-	1,000	1,000	-
Other commissioned work		32,970	-	32,970	43,237
Activities		2,090	-	2,090	1,553
		<b>91,937</b>	<b>349,877</b>	<b>441,814</b>	<b>456,358</b>
2024: fund split		<b>132,707</b>	<b>323,651</b>		<b>456,358</b>

**3 Income from donations, core grants and legacies**

	<b>Note</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2025 £</b>	<b>Total 2024 £</b>
Donations		649	-	649	4,036
Donations in kind		-	-	-	3,500
		<b>649</b>	<b>-</b>	<b>649</b>	<b>7,536</b>
2024: fund split		<b>7,536</b>	<b>-</b>		<b>7,536</b>

**4 Staff Costs and Numbers**

	<b>2025 £</b>	<b>2024 £</b>
Salaries	311,094	292,680
Employer's national insurance Costs	23,641	22,086
Employment allowance	(5,000)	(5,000)
Employer's pension contribution	24,681	22,730
	<b>354,416</b>	<b>332,496</b>

No employee received emoluments of more than £60,000. The average monthly number of employees during the year was 17 (2024: 18).

**5 Debtors**

	<b>2025 £</b>	<b>2024 £</b>
Trade debtors	9,824	6,764
	<b>9,824</b>	<b>6,764</b>

**6 Creditors: amounts falling due within one year**

	<b>Note</b>	<b>2025 £</b>	<b>2024 £</b>
Trade Creditors		5,387	7,687
Accruals		2,610	2,820
Other creditors		2,906	2,921
Agency funds	<b>7</b>	17,503	-
		<b>28,406</b>	<b>13,428</b>

**7 Agency funds**

	<b>2025 £</b>	<b>2024 £</b>
Received in year	19,407	-
Released in the year	(1,904)	-
	<b>17,503</b>	<b>-</b>

During the year, the charity received and disbursed funds in an agency capacity on behalf of Sheffield Contact Tracers. These funds do not form part of the charity's own income and expenditure and are therefore excluded from the Statement of Financial Activities. The Charity receives a management fee of £164 for administering the fund.

**Darnall Well Being**  
**Notes to the financial statements - continued**  
**For the year ended 31 March 2025**

**8 Unrestricted funds**

	Balance at 1-Apr-24 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-25 £
<u>Designated funds</u>					
EU Settlement project	3,910	-	(3,238)	(672)	-
Social Prescribing link worker	-	37,973	(33,341)	(4,632)	-
New Ways of Working	-	5,253	(2,287)	(2,171)	795
Diabetes Action Hub	4,677	-	(4,157)	(520)	-
Autism project	3,459	-	(3,459)	-	-
Mental Health Peer support	2,995	12,651	(12,563)	(2,759)	324
Total designated funds	15,041	55,877	(59,045)	(10,754)	1,119
General funds	111,042	228,456	(297,287)	53,911	96,122
<b>Total unrestricted funds</b>	<b>126,083</b>	<b>284,333</b>	<b>(356,332)</b>	<b>43,157</b>	<b>97,241</b>

The directors have decided to allocate designated funds where projects are not restricted by the funder but they wish to better identify the costs incurred for the projects.

Transfers to general funds have been made in relation to management fees or surpluses on completion of projects.

*Prior year comparison*

	Balance at 1-Apr-23 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-24 £
<u>Designated funds</u>					
EU Settlement project	-	20,005	(12,705)	(3,390)	3,910
Social Prescribing link worker	-	35,741	(33,341)	(2,400)	-
Healthy Holidays	3,294	5,739	(8,379)	(654)	-
Diabetes Action Hub	-	4,677	-	-	4,677
Autism project	-	4,700	(250)	(991)	3,459
Mental Health Peer support	-	6,037	(2,145)	(897)	2,995
Total designated funds	3,294	76,899	(56,820)	(8,332)	15,041
General funds	132,249	261,531	(330,068)	47,330	111,042
Total unrestricted funds	135,543	338,430	(386,888)	38,998	126,083

**9 Restricted funds**

	Balance at 1-Apr-24 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-25 £
Community Wellbeing Programme (including Health Champions and Health Trainer Service)	-	97,700	(77,413)	(20,287)	-
Dementia work	2,926	21,444	(21,013)	(2,578)	779
Men's Football	380	-	-	-	380
Wellbeing Champions	40,772	21	(40,793)	-	-
Tackling Inequalities Fund	671	-	-	-	671
Green Blue social prescribing	-	6,823	(6,189)	(634)	-
Mindfully moving more	892	19,994	(11,439)	(2,208)	7,239
BAME Capacity building	339	-	(339)	-	-
Activity sessions	124	-	(124)	-	-
ERF: Discover Darnall	19,073	63,764	(51,271)	(4,276)	27,290
IT costs	2,229	-	(2,229)	-	-
Good sport project	2,471	-	(2,471)	-	-
Street Champions	(808)	15,000	(14,192)	-	-
SY:NC	14,218	35,961	(50,458)	(4,722)	(5,001)
Cost of living grant	9,589	-	(9,589)	-	-
Welcome Place	3,595	30,150	(26,258)	(3,943)	3,544
Move more	-	800	(800)	-	-
Welcoming Place Project	-	1,000	(1,000)	-	-
Darnall Allotment Project	-	6,000	(4,370)	(30)	1,600
Community Allotment Storage	-	2,444	(2,415)	(29)	-
Resilient Communities	-	25,000	(20,550)	(4,450)	-
Peter Harrison Foundation	-	18,000	-	-	18,000
SYCF Legacy Fund	-	776	-	-	776
Ward pot - IT equipment	-	1,000	(1,000)	-	-
Reflective Support programme	-	4,000	(2,001)	-	1,999
	<b>96,471</b>	<b>349,877</b>	<b>(345,914)</b>	<b>(43,157)</b>	<b>57,277</b>

**Darnall Well Being**  
**Notes to the financial statements - continued**  
**For the year ended 31 March 2025**

**9 Restricted funds - continued**

**Transfers**

The transfers are to unrestricted funds for management and administration charges, recharged overhead costs and internal room hire.

<i>Prior year comparison</i>	<i>Balance at 1-Apr-23 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers £</i>	<i>Balance at 31-Mar-24 £</i>
<i>Community Wellbeing Programme (including Health Champions and Health Trainer Service)</i>	-	97,700	(78,325)	(19,375)	-
<i>Resilient Communities</i>	-	25,000	(20,812)	(4,188)	-
<i>Dementia work</i>	1,160	19,500	(15,156)	(2,578)	2,926
<i>Suicide prevention</i>	3,000	-	(2,700)	(300)	-
<i>Dementia Carers</i>	1,000	-	(1,000)	-	-
<i>Men's Football</i>	380	-	-	-	380
<i>Wellbeing activities (previously Cycling activities)</i>	218	-	(218)	-	-
<i>Wellbeing Champions</i>	42,934	42,535	(44,697)	-	40,772
<i>Tackling Inequalities Fund</i>	1,727	-	(1,056)	-	671
<i>Green Blue social prescribing</i>	3,066	-	(3,066)	-	-
<i>Mindfully moving more</i>	9,981	-	(8,132)	(957)	892
<i>BAME Capacity building</i>	1,709	-	(1,370)	-	339
<i>Community Infrastructure Levy</i>	994	-	(600)	(394)	-
<i>Activity sessions</i>	2,915	-	(2,791)	-	124
<i>Innovation Project</i>	200	-	-	(200)	-
<i>ERF: Discover Darnall</i>	-	24,080	(3,983)	(1,024)	19,073
<i>IT costs</i>	-	3,000	(771)	-	2,229
<i>Good sport project</i>	-	2,471	-	-	2,471
<i>Street Champions</i>	-	15,000	(15,808)	-	(808)
<i>SY:NC</i>	-	60,693	(42,155)	(4,320)	14,218
<i>Cost of living grant</i>	-	9,589	-	-	9,589
<i>Welcoming spaces</i>	-	24,083	(14,826)	(5,662)	3,595
	<u>69,284</u>	<u>323,651</u>	<u>(257,466)</u>	<u>(38,998)</u>	<u>96,471</u>

**10 Analysis of net assets by fund**

	<b>General Fund £</b>	<b>Designated Funds £</b>	<b>Restricted Funds £</b>	<b>2025 Total £</b>
Current assets	124,528	1,119	57,277	182,924
Current liabilities	(28,406)	-	-	(28,406)
	<u>96,122</u>	<u>1,119</u>	<u>57,277</u>	<u>154,518</u>
<i>Prior year comparison</i>	<i>General Fund £</i>	<i>Designated Funds £</i>	<i>Restricted Funds £</i>	<i>2024 Total £</i>
Current assets	124,470	15,041	96,471	235,982
Current liabilities	(13,428)	-	-	(13,428)
	<u>111,042</u>	<u>15,041</u>	<u>96,471</u>	<u>222,554</u>

**11 Independent examiner's fee**

	<b>2025 £</b>	<b>2024 £</b>
Independent examination fee - included within operational costs	<u>2,610</u>	<u>2,520</u>
Other fees paid to independent examiner's organisation:		
Taxation services	-	300
Other services	<u>324</u>	<u>270</u>
	<u>324</u>	<u>570</u>

## 12 Directors' remuneration, benefits and expenses, and the cost of key management personnel

The directors were not paid or received any other benefits from employment with the charity in the year (2024: £nil). No directors were reimbursed expenses during the year (2024: £nil). No director received payment for professional or other services supplied to the charity (2024: £nil).

The key management personnel of the charity comprise the directors and the Senior Leadership Team (SLT) as noted on page 1 of the accounts. The SLT structure was changed from 1 September 2023. The total employee benefits of the key management personnel of the organisation were £156,506 (2024: £160,849) based on the SLT structure splut during the year.

## 13 Related party transactions

Some directors were involved in local groups which helped the organisation carry out their activities - income at market value was received in the course of this work.

There were no other related party transactions other than those detailed in note 11.

## 14 Statement of Financial Activities - comparatives

	Unrestricted funds £	Restricted funds £	Total 2025 £	Unrestricted funds £	Restricted funds £	Total 2024 £
<b>Income from:</b>						
Charitable activities	91,937	349,877	<b>441,814</b>	132,707	323,651	456,358
Rental income from non-investment property	191,747	-	<b>191,747</b>	198,187	-	198,187
Donations, core grants and legacies	649	-	<b>649</b>	7,536	-	7,536
<b>Total income</b>	<b>284,333</b>	<b>349,877</b>	<b>634,210</b>	<b>338,430</b>	<b>323,651</b>	<b>662,081</b>
<b>Expenditure on:</b>						
Charitable activities						
Activity & Project Costs	8,377	111,080	<b>119,457</b>	13,456	48,567	62,023
Gross Salaries	133,031	221,385	<b>354,416</b>	132,038	200,458	332,496
Staff & Volunteer On Costs	4,211	3,913	<b>8,124</b>	6,479	1,728	8,207
Consultancy costs	-	-	-	10,097	1,610	11,707
Operational Costs	17,778	9,493	<b>27,271</b>	25,635	5,070	30,705
Other Misc Costs	842	-	<b>842</b>	440	33	473
Rental cost on non-investment property	192,093	43	<b>192,136</b>	198,743	-	198,743
<b>Total expenditure</b>	<b>356,332</b>	<b>345,914</b>	<b>702,246</b>	<b>386,888</b>	<b>257,466</b>	<b>644,354</b>
<b>Net income/(expenditure)</b>	<b>(71,999)</b>	<b>3,963</b>	<b>(68,036)</b>	<b>(48,458)</b>	<b>66,185</b>	<b>17,727</b>
<b>Transfer of funds</b>	<b>43,157</b>	<b>(43,157)</b>	<b>-</b>	<b>38,998</b>	<b>(38,998)</b>	<b>-</b>
<b>Net movement in funds</b>	<b>(28,842)</b>	<b>(39,194)</b>	<b>(68,036)</b>	<b>(9,460)</b>	<b>27,187</b>	<b>17,727</b>
<b>Total funds brought forward</b>	<b>126,083</b>	<b>96,471</b>	<b>222,554</b>	<b>135,543</b>	<b>69,284</b>	<b>204,827</b>
<b>Total funds carried forward</b>	<b>97,241</b>	<b>57,277</b>	<b>154,518</b>	<b>126,083</b>	<b>96,471</b>	<b>222,554</b>