

Company number: 04027680
Charity number: 1197748

Darnall Well Being

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

for the year ended 31 March 2024

**Darnall Well Being
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**Darnall Well Being
Legal and administrative information
for the year ended 31 March 2024**

Other names

Darnall Well-Being Centre Limited	05 Jul 2000 - 02 Sep 2021
Darnall Well Being Limited	02 Sep 2021 - 23 Sep 2021
Darnall Well Being	from September 2021

Directors

Janet Harris	Acting Chair	
Gareth Johnstone	Chair	Resigned 20 October 2023
Jack Czauderna		
Mark Gamsu		
Mohammed Rahman		
Sheila Manclark		Resigned 27 July 2023
Gina Kalsi		
Riyam Al-Khaily		

Senior Leadership Team from 1st of April to 31st of August 2023

Chief Executive Officer	Lucy Melleney
Project Manager	Natalie Duffy
Finance & Business Officer	Milda Hameed
Health & Wellbeing Manager	Yvonne Witter
Health & Wellbeing Manager	Waqas Hameed
Senior Health & Wellbeing Worker	Jo Ann Van Levesley
Senior Health & Wellbeing Worker	Sofia Gkika
Senior Health & Wellbeing Worker	Claire Birkinshaw

Senior Leadership Team from 1st of September 2023

Chief Executive Officer	Lucy Melleney
Project Manager	Natalie Duffy
Finance & Business Manager	Milda Hameed
Contracts & Communications Manager	Fran Arnold
Health & Wellbeing Manager	Waqas Hameed

Company number

04027680

Charity number

1197748

Registered office

Darnall Primary Care Centre
290 Main Road
Darnall
Sheffield
S9 4QH

Accountants

Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

**Darnall Well Being
Trustee's' Annual Report
for the year ended 31 March 2024**

The trustees are pleased to present their annual trustee's report together with the financial statements of the charity for the year ended 31 March 2024 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

Vision, Aims and Objectives

The objects of the charity are to preserve, protect, improve and enhance the medical, social, psychological, physical and community health and wellbeing of the inhabitants of the Darnall, Attercliffe and Tinsley areas of the city of Sheffield (the area of benefit).

Our Vision:

Everyone in our vibrant multicultural community is inspired and able to develop their health and wellbeing with the right support, achieving their full potential as active citizens.

Our core remit as a local community anchor organisation, is to work with local people, to build resilience and address health inequalities, with a focus on early intervention and prevention. We help to foster an environment where people feel able to connect, share and feel part of something, working on what matters to them. We have a range of one-to one support, social prescribing (a local signposting and referral service), group activities, training, events, health campaigns and volunteering opportunities.

We are embedded in community, maintaining a 24-year consistent and holistic approach inspired by the Peckham Experiment (1920-50s), which recognised that "health is more than just the absence of disease" and the "crucial role played by the environment in promoting health". This led to our sustainable co-location with general practice (sponsored by the NHS SY Integrated Care Board - ICB) that enables social, healthy wellbeing activity and advocacy to take place under one roof.

Our Values:

We are inclusive. Diversity and integrity are at the forefront of our approach – collaboration with community, individuals, partners and other organisations is at the heart of our every day delivery.

We offer high quality activities and services, offering a range of opportunities to remove barriers and deliver significant lasting impact and affect change.

We are proactive, offering consistency while being responsive to emerging needs in uncertain times.

We involve local people at every stage; planning activities through to evaluation.

Our Aims:

Develop the conditions for people and communities to be healthy and thrive, by building confidence, collaboration and ultimately capacity in the community.

Create opportunities for people to engage, connect, share, learn and feel part of something great, and offer hope, promoting social cohesion.

Enable wellbeing by delivering bespoke, holistic support that takes a 'whole person' approach rooted in community, complementing the relationship clinicians have with people, asking 'What is the matter with you?' with the relationship we have, which asks 'What matters to you?' .

Deliver an inclusive range of activities comprising social and physical activity groups, one to one advocacy and healthier lifestyle support, training and volunteering opportunities, as well as health promotion and events.

Encourage proactive long term condition management, increasing understanding and self efficacy, improving quality of life.

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Our Approach

Through our trusted connections within the neighbourhood, we develop meaningful community research opportunities with our academic partners (notably with Sheffield Hallam University's the Advanced Wellbeing Research Centre - AWRC). This helps capture the voice and lived experience of local people and influence policy and service design. Proactive collaboration with a range of organisations helps us identify and adapt to changing needs, enrich the scope of what we offer to the community and help us create the opportunities for people to be healthy and thrive.

We value the assets, diversity, skills, and interests found in our local communities, and we celebrate the different strengths that individuals and groups bring and share. We welcome the changes that happen when people choose to make the Darnall Ward their home. By taking an asset- based approach, we encourage everyone to be active participants in building a stronger community, improving the health and wellbeing of all, and work together to achieve our common goals, irrespective of all differences.

The Communities We Serve

We understand and meet the complex, multiple needs of our community.

With a total population size of 22,283 [Census 2021], 42% of people in the Darnall Ward fall within the most deprived 10% of neighbourhoods in England. As such, they are adversely impacted by local government cuts, the cost of living crisis, impact from the pandemic and rising inequality. High levels of need include;

- accessible physical activity, declining mobility (14.45% claim Personal Independence Payment , England = 8.66%),
- 8.91% of the working population are disabled under the Equality Act and whose day to day activities are limited a lot (England = 7.33%) and 10.6% of the working age population receive unemployment benefits (England = 4.39%).
- services for people with low literacy (particularly where English is not a first language).
- a number of priority groups based on age, gender, ethnicity and risk indicators such as serious mental illness (SMI) and mental health for all ages including social isolation and loneliness,
- multiple long-term condition management, chronic ill-health and co-morbidity
- support for unpaid carers (3.59% of the working population are providing 50+ hours of unpaid care a week compared with 2.63% for England),
- cohesion: our area is culturally diverse with 60.86% of the population being in a Non-White ethnic group compared to 18.95% for England Within the BAME population, some groups have been long-term Darnall residents while others are newer communities such as Slovak Roma. Most staff and volunteers are local and speak 13 community languages, maximising community engagement .

Chair's Report

Although April 2023 saw the announcement that the Covid pandemic had ended, the World Health Organisation noted that the effects of it would be experienced for long afterwards. This is especially apparent in community organisations, such as Darnall Well Being (DWB), who provide essential, timely and responsive support in the face of local crises and changing needs. At the beginning of the year, we faced some major challenges as an organisation and in terms of the people we support. Many local people continue to express anxiety about being out in public places; this has affected face to face attendance levels and has meant that staff have put more time than was needed pre-pandemic, to support people to go out and to connect. The pandemic has also left a legacy of Long Covid. It is estimated that up to 10% of the UK population are affected by Long Covid, that the prevalence is higher in women, and that it disproportionately affects those in lower income groups. As a result, local people have been unable to work and are feeling the knock on effects of financial and emotional stress as they are challenged to support their families. Over the past 3 years, Darnall Well Being has played a lead role in Sheffield in partnering with other organisations to support people to manage, and they have also been the first to establish a Long Covid Support Group.

Other challenges encountered this year concerned the winter fuel crisis and food poverty., alongside the government's declaration of a national economic recession. See 'Welcome Places' project highlights below.

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The situation has increased demand for services while at the same time greatly reducing the amount of resources available to community organisations. The Board and Senior Leadership Team have responded to this challenge by developing routine procedures for bi-monthly review of finances via the Finance Sub-Committee, and regular financial reports at each Board meeting. Procedures for preparing funding applications have been streamlined, and a watching brief is kept in order to identify potential funding. The Board updated our policy on reviewing free reserves, and revised our reserve target in the face of changing economic circumstances.

DWB has also made significant progress on establishing an IT system that will be used to routinely track activity and impact. Evidencing impact is particularly important when there is fierce competition for limited funding.

The Board experienced some turnover during the year, and we would like to thank Gareth Johnstone and Sheila Manclark for their contributions. We have used the turnover to review policies and procedures for recruiting Board members; a campaign has been started to add to our Board membership and plans are being made for further Board training and development.

Last but not least, in October 2023, the team submitted an application to the Kings Fund Glaxo Smith Kline (GSK) Impact Awards. This highly prestigious national award is given each year to 15 charitable organisations. Out of 500+ applicants, we were successful in winning a runner up award of £4,000 and a teach coaching training package worth £3,500. The judging panel provided highly positive feedback on our organisation, and we were encouraged to apply again in 2024. This feedback is a national reflection of the importance of the work that is done by all DWB staff and volunteers - as well as the participation of local people. Local people, working together with volunteers and staff, alongside a wider network of Sheffield partners, have been able to sustain connections and further activities that continue to make Darnall a special place. In the face of the many challenges faced in 2023/2024, the synergies created are a major achievement.

Our Impact - summary of the main activities

Through increasing access to services, we can help mitigate risks such as loneliness and isolation. Our services help to remove barriers and aim to reach those that need it most, through being:

- Accessible and inclusive: local, free or low cost and catered for mixed ability and e.g. for those with a disability, caring needs or dementia-friendly.
- Appropriate and consistent: co-produced, person-centred, helping build trust
- Culturally sensitive where possible and appropriate including community language support
- Designed to address a particular public health priority (e.g. diabetes, dementia, chronic pain)

Delivery Themes:

- 1 to 1 health improvement support (holistic & proactive) and Social Prescribing inc.
 - Condition management and Peer Support Groups
- Activity programme including exercise & social groups
- Volunteering and Training
- Voice and Influence: capturing feedback from lesser heard voices to inform service design & improve use of resources inc.
 - community research, consultation and co-production/design
- Local community anchor role
 - community asset development
 - neighbourhood coordination, partnerships and networks
 - fostering cohesion & Welcome Spaces

Of which, delivery can be categorised as follows:

- direct health 40%
- broader health and wellbeing 45%
- not health specific 15%

Key Project Achievements

We would particularly like to draw attention to the following achievements, which help show the progress we have made during the past year and the sort of benefits we have been able to bring to our community through the support from our funders, donors, partners and service users.

**Darnall Well Being
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1 to 1 Support and Signposting Service (inc. Social Prescribing Link Worker)

Our Health & Wellbeing team continued to receive referrals for people in need of 1 to 1 support. People referred to us had a number of health conditions, including:

Diabetes type 2, Pre-Diabetes, High Blood Pressure, Fibromyalgia, Obesity, Cholesterol, Persistent Pain, Anxiety, Vitamin D deficiency/ Iron deficiency, Depression, Stress.

As well as providing support to 177 individuals (654 appointments), the team also signposted clients to a number of services. Working with the SevenHills Primary Care Network, we provided a Social Prescribing Link Worker across five local surgeries, as well as two more in the city centre, managing a total of **581 referrals (an increase of 6%) via 1,471 points of contact (an increase of 7% on last year).**

Case study from 1-1 team

Postcode: S9, Age: 45, Female. Reason for Referral: diabetes type 2, persistent Pain and overweight - to improve knowledge of health and wellbeing to manage health conditions.

Process of change: client needed to make small achievable changes (goals) to her lifestyle.

Motivation

- Come out of the house to see a DWB worker - a first step to making changes.
- Encouraged to understand the importance of a healthy diet, reduced portion sizes and carbs awareness, as well as high and low fat usage whilst cooking
- To increase physical activity by accessing Darnall Well Being groups.

Role of the DWB intervention

- Connected her to our local, monthly diabetes peer support group.
- Educated her about how to make healthier choices, the importance of exercise for losing weight and to help her joints with gentle movement at the chairbics group.
- Since receiving 1-1 support, she is able to engage with others better, she doesn't feel tired as much as she used to and she now feels able to make further changes for herself. DWB group sessions helped her learn about other health problems and how to prevent other illnesses.

Change in Behaviour for client

- Feeling very happy and connected - overall wellbeing has improved.
- Became more aware of diabetes complications - managed to control her diabetes
- More confident to attend to the groups by herself now.

Health & Wellbeing Perspective

The client has become more determined to stay healthy by looking after herself and remembering that good health leads towards a happier and brighter life span. She has done well in making the changes to her diet, increased her physical activity, and changed the behaviour of her family. She has been very proactive in managing the changes and motivating her family to do the same. She has immensely appreciated our support and now has the resources to enable her to continue to understand and feel in control of her diabetes.

EU Settled Status Project

On the EU Settlement Scheme project, we have supported **477 unique individuals with 1,403 interactions in total**, helping with the submission of 106 EUSS applications, as well as providing support and signposting with a number of other needs, including cost of living support.

People Keeping Well - Dementia Project

Our dementia support comprised two dementia cafes (one fortnightly in Handsworth, and another monthly in Darnall), On The Plot (art-based activities for people with dementia and their carers at Darnall Allotment Project), Dementia Carers' Support Group and a Dementia Music Focus group, run in collaboration with the University of Sheffield. **120 dementia groups** ran over the course of the year, **with 2,877 attendances in total.**

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Groups and 1-1 numbers: unique attendees over the whole year is around 104. We took 68 new referrals and made 204 wellbeing calls to dementia service users. Quarterly breakdown below:

	<u>Q1</u>	<u>Q2</u>	<u>Q3</u>	<u>Q4</u>	<u>Year Total</u>
1to1 Referrals	6	26	10	26	68
Wellbeing calls	41	49	43	71	204
Other contacts	131	62	54	51	298
Cafes & Plot					120 sessions
Unique beneficiaries					104 individuals (est)
Attendances	432	494	994	957	2,877 points of contact
Dementia Friends trained	3	21	8	8	40
of which, Volunteers					10
Dementia Awareness-raising and stigma-reducing events/ stalls/talks/sessions sessions	97	127	431	359	1,014 points of contact

We also ran 12 Dementia Carers sessions with a total of 21 beneficiaries (169 points of contact).

NB: All of this Dementia work is delivered by one part-time worker, supported by volunteers with the carers' group delivered in partnership with Sheffield Carers' Centre since Jan '24.

Community Wellbeing Programme and Peer Support Groups

We provided **nine different core activity groups**, offering opportunities for the local community to come together and improve their physical and mental wellbeing in different ways. Groups in this period were:

Craft, Women's Chairiobics (Darnall & Tinsley), Women's Yoga (Darnall & Tinsley), Women's Fun Fitness, Men's Health, Health Walk and Somali Dance.

We also ran **four regular peer support groups** for people with long-term conditions:

- Diabetes Peer Support Groups in Darnall (monthly) & Tinsley (quarterly)
- Long Covid Support and Persistent Pain Groups in Darnall (both monthly)

Across all groups, we delivered a **total of 241 sessions** (see below for breakdown per group).

Particularly notable in this period is that we decided to increase the frequency of our Men's Health Group from fortnightly to weekly, in response to increased demand. We started Somali Dance in November 2023, and this proved so popular that we have already moved it to a bigger venue, to allow more women to take part.

<u>Group</u>	<u>unique beneficiaries</u>	<u>Attendances for year</u>
Craft group	22	207
Darnall Women's chairiobics	44	264
Women's Fun Fitness	5	9
Darnall Women's Yoga	13	30
Diabetes Peer Support - Darnall	62	147
Diabetes Peer Support - Tinsley	24	35
Long Covid Peer Support	13	53
Men's Health Group	33	253
Monday Health walk	28	243
Persistent Pain Peer Support	45	82
Somali Dance	24	97
Tinsley Women's Chairiobics	32	315
Tinsley Women's Yoga	36	236
	278 total beneficiaries	1,971 total points of contact

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- Ages of attendees ranged from 20 to 93.
- They came from 11 different postcode areas, and from at least 15 different ethnicities.
- Of which, 189 women, 58 men, 31 unknown/prefer not to say.
- Two of these people (one man, one woman) attended five different groups each, and a significant number of people attended 4 or 3 different groups.

Suicide Prevention

In collaboration with Sheffield Flourish, via a Sheffield City Council Small Grants, we were able to organise and facilitate two interactive sessions in June 2023, aimed at raising awareness of suicide, helping reduce stigma around mental health, and making people aware of the range of services/support available across the city. **We had 16 attendees at each session; 32 points of contact in total.** There was a good turnout of older male participants, some of whom have experienced mental health difficulties and have faced several barriers and stigma accessing support. We also had some female participants from the Asian community, some of whom struggled understanding English, so we developed the session and tailored our resources to meet their needs.

Men's Health Group also had a number of group discussions on Men's Healthy Minds, focusing on introducing supportive strategies around looking after one's mental health. Ten members of staff and one volunteer also did the Zero Suicide Alliance Suicide Prevention training.

Local Community Anchor Role - Wider Community Development:

A 2022 report by Locality (a national membership network) found that local community 'anchor' organisations take an holistic, whole-person approach to support, which plays a vital role in allowing them to positively impact on the quality of life of those most affected by health inequalities. This mainly occurs through: community engagement, social connectedness, strengthening community infrastructure, skills development, and physical and mental health improvement over time. Community Anchors tend to be:

- independent and community led, focusing on local impact and challenges
- multi-purpose, employing staff, providing services and activities,
- committed to positive economic, social, or environmental change in their community,
- surviving often through generating a diversity of income streams
- a way to give voice to local people in the shaping and delivery of community services

We continue to embed and develop our wider neighbourhood role, with health and wellbeing at our core.

Welcome Places Sep '23 to Mar '24: at least 129 points of contact

Alongside the Local Area Committee worker we will develop the network of Welcome Places to ensure support and help for all impacted by the 'cost of living' crisis. Our two Community Development Workers have made regular visits to existing Welcome Places venues around the area, as well as meeting and signing up new places, widening the existing network and linking places with each other and with other helpful support, training and funding opportunities. Our own Welcome Place session re-opened and a brand new pop-up display was made for Cost of Living Information and local activities as well as adding a new space in the GP waiting room to add information in Slovakian/ Czech Language for the local Roma Community to access information. We made numerous referrals to the local foodbank and signposted people to other support.

Recognising that there was a need to raise awareness about the number of Welcome Places around the area in a clear accessible way, our Communications Manager developed a poster listing all venues in the community, using symbols to communicate the facilities and support available at each place. This proactive and novel approach gave stronger project visibility and a sense of collective participation. It has been picked up on and replicated by at least two other areas of the city.

Events/local outreach – we have reached around 1,700 people via these routes.

Events examples - Collaborative Conversations in Darnall and Tinsley that fed into the Sheffield City Goals work. During the year, we have **hosted five medical students**, two dietetics students and two OT students on community placements from Sheffield University and Sheffield Hallam University. We have attended a number of community events, sharing information about our support and activities to over 1000 people, as well as distributing books from Sheffield Reads to local children and families.

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In collaboration with Sheffield Olympic Legacy Park, Tinsley Forum and some local residents, we have put together three editions of the **Community Connector** – a free printed colour newsletter which our team makes available to pick up all around Darnall ward, as well as being available to read online. This newsletter has included content from over 40 local groups and organisations, sharing information about support and activities that are available in the local area.

We posted 532 social media posts across Facebook, Instagram and Twitter, which resulted in 4103 engagements from our followers. We also reached over 500 people regularly via posting to WhatsApp groups - the majority of group members being local to Darnall ward.

Sheffield Youth – Neighbourhoods & Communities Programme (SY:NC)

Jun '23 to Mar '24: 94 sessions recorded (inc. physical activity, conversations, trips). One of the original aims for SYNC was to enable greater connectivity and coordination with two key, locally based, delivery partners (Tinsley Forum and Darnall Education & Sports Academy - DESA) to support, enhance and extend existing delivery and capacity. This added value and helped strengthen local infrastructure in the area, alongside the overarching themes and objectives of SYNC.

We remain passionate about increasing opportunities for local people and want to enable infrastructure investment and capacity-building to help bridge gaps and lead the way in terms of a more strategic and joined-up approach and are well-placed to facilitate partnerships and sharing best practice in the context of Children, Young People and Families.

Voice and Influence - citywide

We have continued to represent the area at VAS and Healthwatch's Long Covid Network Steering Group, and a member of our team is representative for the VCSE sector on South Yorkshire ICB's Digital, Research and Innovation System Delivery Group. Our CEO is a member of the VCS Leaders Forum and our senior team attended monthly PKW provider Network meetings.

Sheffield VCS Communications & Marketing Network group organised, planning and facilitating 4 in-person meetings during the year.

Partner and network meetings that we facilitate include:

- SYNC partnership meetings
- Darnall Attercliffe & Tinsley Partnership
- VCS Comms & Marketing network
- Community Connector planning with partners
- Community researcher meetings

Other collaborations included the groups: Somali Development Group, Citizens Advice re Community Access Point, SUFC Community Foundation, Sheffield Young Explorers, Disability Sheffield re autism, mental health, Tinsley Forum re parenting course and Oasis Don Valley parents' coffee morning outreach.

SHU Civic Fellowship – Embedded Research

We saw the second year of this ongoing research delivered by Sheffield Hallam University's (SHU) AWRC. The research explored the relationship between sport, physical activity and employment in youth and young adults. The project did things differently by using co-production methods, offering between 12 - 15 paid intern roles for 16 - 23 year olds in Darnall to attend workshops that shaped a framework for service design.

Contribution made by our Volunteers

29 volunteers provided support to the running of our groups, contributing a total of **2,200 hours**, including spending time on training and 1-1 and group supervisions.

Tasks undertaken include helping to set up and close down rooms for groups, taking registers, registering new attendees, providing refreshments, offering signposting information about local support available, and having conversations about health and care topics, and feeding back to our staff where relevant/necessary. Our

dementia groups were particularly well supported by a number of volunteers at every session. One volunteer provided regular admin support with our CRM system, simplifying and improving our reporting and monitoring.

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A number of volunteers undertook Mental Health First Aid, Cancer Awareness and Dementia Friends Training. We paired new volunteers with more experienced volunteers or members of staff leading the activities.

Staff training

Our team has attended a number of training sessions, including:

- A number of staff and volunteers attended a 2 day Mental Health First Aider course
- Cost of living with Citizens Advice Sheffield – expanding knowledge on signposting
- Nine team members completed suicide prevention training
- Training with Voluntary Action Sheffield – learning about volunteering good practice
- Community Leadership
- Tenancy rights
- The whole team has done GDPR training
- Some Senior Leadership Team has done Designated Safeguarding Lead training.
- 2 team members attended Autism Waiting List training, and at the end of Q4 we launched as a provider in the city-wide Autism Waiting List support project.
- We also have a team member who is working on the Mental Health Peer Support project, and she has undertaken training, ahead of referrals starting.

New Developments

Co-produced community research into social prescribing and frailty in a culturally diverse community

We have run training in collaboration with SHU AWRC – 15 local people have been trained in becoming Community Researchers, and between them have carried out 27 interviews. The project aimed to explore: what frailty prevention services people used, identify any gaps, who should provide the services and where, what is understood about social prescribing and how might socially prescribed services meet frailty needs.

The approach was to “do research **with** rather than **on** communities, to value the **lived experience** and **insider knowledge** that people closest to specific issues bring and to build the capacity of individuals and organisations to do research themselves...leaving a legacy”.

A celebration event, followed by an evaluation, will be reported on in the next financial year and the hope is this will lead to further opportunities.

Future plans

Our key priorities for the year 24/25 include further diversification of our funding sources and strategic partnerships, enabled by the development of our board of trustees with particular lived experience and skills. We plan to refine our funding toolkit and strengthen our narrative through investing in time to shape how we measure and capture impact and consistent data across the whole organisation. This in turn will help DWB raise our profile as a local anchor and the need for more infrastructure investment.

Financial review

Despite a challenging funding horizon and uncertain income sources, the charity has been able to sustain its activities by securing additional funding during the year. Thanks to our funders over the year 23-24;

- Sheffield City Council
- NHS South Yorkshire ICB and SevenHills Primary Care Network
- The National Lottery, Awards for All and Garfield Weston
- Sheffield Hallam University and Sheffield University
- Voluntary Action Sheffield, Sheffield Community Contact Tracers and Voluntary Action Rotherham
- Synergy Sheffield Mental Health Alliance
- Kings Fund - GlaxoSmithKline (GSK) IMPACT Award

**Darnall Well Being
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Reserves policy

The free reserves policy sets out the free reserves target to be kept between a minimum of £60,000 (to meet cost of redundancies) and maximum of £134,000 (to meet redundancies plus short term running costs and risk management/short term budget fluctuations).

As at 31 March 2024, free reserves (general funds) were £111,042, falling within the reserves target range. In addition the organisation held £15,041 designated funds for ring-fenced ongoing projects and £96,471 in restricted funds, for use as specified by the funder.

The free reserves target range will be updated annually. DWB will try to break even each year and maintain the current free reserves balance. However, general funds will be allowed to reduce if this course of action is in the best interests of the organisation.

Structure, Governance & Management

Darnall Well Being was incorporated on 5 July 2000 and its Memorandum and Articles of Association govern it. The Memorandum and Articles of Association were amended in December 2021 to assist in the registration with the Charity Commission – this was completed on 1 February 2022. The registered charity number is 1197748. The organisation's name was also changed to "Darnall Well Being" during this process – the previous name was "Darnall Well-Being Centre Limited".

Any surplus income is reinvested to meet our objectives, which are charitable; that is to say they are carried out entirely for the public benefit, to promote health and wellbeing, especially but not exclusively in the Darnall Ward. Resources are targeted to areas or to community interest groups who suffer the highest levels of deprivation and health inequalities.

The trustees all carry out their duties in a voluntary capacity. They meet at least eight times each year to consider the work of the charity and to receive reports and take advice from its managers. They then decide and oversee its strategy and supervise the managers who are charged with implementing it. The senior leadership team are responsible for day to day decision making and for supervising the remaining staff and volunteers.

Risk management

The charity has conducted a review of the major risks to which the charity is exposed, and is reviewing a risk register. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Ongoing core capacity funding is a key source of risk – secured funding and the process of applications is reviewed regularly by the trustees.

Further development of our Board of Trustees remains a priority, to broaden diversity, local representation and attract specific areas of interest that will help the organisation thrive including creating a Friends of Darnall Wellbeing Group.

Our new **Funding Strategy** has been developed to ensure an approach that enables DWB to:

- maintain a consistent, clear approach to identifying and reviewing new and emerging opportunities
- align new funding and projects to our vision, aims and strategic objectives
- refine our approach when we horizon scan the funding landscape
- consider collaborative funding, in relation to our aims and needs
- more clearly communicate our fundraising priorities and criteria for progressing a bid

Our funding principles consider the following questions to help manage risk:

- Is there a significant development opportunity?
- Does it cover the costs of any additional hours required?
- Does it cover core costs?
- Restricted V Designated?

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The role of our Funding & Finance Sub-Committee:

- to look at priorities and give recommendations to the board. Trustees can then check if it does or doesn't fit in with strategic vision.
- limit funding for delivery that attracts additional pressures on capacity
- consider how we expand our limited fundraising capacity
- prioritise funds that enable Full Cost Recovery (FCR) and minimise strategic risk

Investment policy

Aside from retaining a prudent amount in reserves each year most of the charity's funds are to be spent in the short term so there are few funds for long term investment. The charity therefore only holds funds in current bank accounts for easy access.

Trustees' responsibilities in relation to the financial statements

The charity trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing a Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Small Company Exemptions

The directors have taken advantage of the exemptions available to small companies including the audit exemption (see statement on balance sheet).

The directors declare that they have approved the directors' report above on 11/10/24

Signed on behalf of the directors: 

Print Name: Gina Kalsi

Position: Trustee

Independent examiner's report to the directors of Darnall Well Being ('the Company')

I report to the directors on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the directors of the Company you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to organisations preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Sarah Lightfoot, FCA DChA
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Date:

17 October 2024

Darnall Well Being

Statement of financial activities (incorporating the income and expenditure account)

For the year ended 31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Income from:					
Charitable activities	2	132,707	323,651	456,358	371,049
Rental income from non-investment property		198,187	-	198,187	160,675
Donations, core grants and legacies	3	7,536	-	7,536	18,150
Total income		338,430	323,651	662,081	549,874
Expenditure on:					
Charitable activities					
Activity & Project Costs		13,456	48,567	62,023	45,988
Gross Salaries	4	132,038	200,458	332,496	354,053
Staff & Volunteer On Costs		6,479	1,728	8,207	4,092
Consultancy costs		10,097	1,610	11,707	9,924
Operational Costs		25,635	5,070	30,705	35,346
Other Misc Costs		440	33	473	495
Governance costs - legal fees		-	-	-	1,366
Rental cost on non-investment property		198,743	-	198,743	160,675
Total expenditure		386,888	257,466	644,354	611,939
Net income/(expenditure)		(48,458)	66,185	17,727	(62,065)
Transfer of funds	9	38,998	(38,998)	-	-
Net movement in funds		(9,460)	27,187	17,727	(62,065)
Total funds brought forward		135,543	69,284	204,827	266,892
Total funds carried forward		126,083	96,471	222,554	204,827

**Darnall Well Being
Balance Sheet
As at 31 March 2024**

	Notes	2024 £	2023 £
Current Assets			
Balance at bank and cash		229,218	210,473
Debtors	5	6,764	6,797
Total current assets		<u>235,982</u>	<u>217,270</u>
Creditors: amounts falling due within one year	6	(13,428)	(12,443)
Net current assets		<u>222,554</u>	<u>204,827</u>
Total assets less current liabilities		222,554	204,827
Creditors: amounts falling due after more than one year		-	-
Total net assets		<u><u>222,554</u></u>	<u><u>204,827</u></u>
Represented By FUNDS			
General fund		111,042	132,249
Designated funds		15,041	3,294
Total unrestricted income funds	8	126,083	135,543
Restricted income funds	9	96,471	69,284
	10	<u><u>222,554</u></u>	<u><u>204,827</u></u>

For the year ending 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

Approved by the Board of directors on 11/10/24

Signed on behalf of the Board of directors: 

Print name: Gina Kalsi

Position: Trustee.

Darnall Well Being**Statement of Cash Flows
As at 31 March 2024**

	2024	2023
	£	£
Net income/(expenditure) for the year (as per the SOFA)	17,727	(62,065)
Adjustments for:		
(Increase)/decrease in debtors	33	37,076
Increase/(decrease) in creditors	985	(14,718)
Net cash provided by/(used in) operating activities	18,745	(39,707)
Cash and cash equivalents at the beginning of the year	210,473	250,180
Cash and cash equivalents at the end of the year	229,218	210,473

1 Accounting Policies

(a) General

Darnall Well Being is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011.

The directors consider that Darnall Well Being meets the definition of a public benefit entity under FRS 102. The financial statements are prepared under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £.

(b) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from Government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service it is deferred until the criteria for income recognition are met.

(c) Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised in the financial statements. Further information regarding their contribution is included in the Trustees' Annual Report.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

(d) Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Charitable expenditure comprises those costs incurred by the organisation in the delivery of its activities for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

The organisation undertakes projects with interconnected outcomes and targets. Allocation of expenditure is prioritised to restricted funding, as agreed with funders, on the basis that outcomes and targets of these projects are delivered. A by-product of this approach is that many outcomes and targets of unrestricted projects are also delivered.

(e) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(f) Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables.

(g) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

(h) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Darnall Well Being
Notes to the financial statements - continued
For the year ended 31 March 2024

1 Accounting Policies - continued

(i) Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose.

Designated funds have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the accounts.

Restricted funds are to be used for specific purposes as laid down by the donor.

(j) Pensions

The organisation has a defined contributions pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

(k) Taxation

As a charity, the organisation is exempt from tax on income and gains falling within the available tax exemptions to the extent that these are applied to its charitable objects. No tax changes have arisen in the charity.

(l) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that the charity will continue to operate for 12 months from authorising these financial statements. Not all funding streams are secure this far in advance however the trustees will develop a plan of action to be taken to reduce costs, should the required income not be secured.

2 Income from charitable activities

		Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Funder	Project				
Big Lottery Fund	Wellbeing Champions	-	42,535	42,535	42,536
Manor & Castle Development Trust	Healthy Holidays	5,739	-	5,739	23,715
People Keeping Well - Sheffield City Council	Community Wellbeing Programme (including Health Champions and Health Trainer Service)	-	97,700	97,700	96,100
People Keeping Well - Sheffield City Council	Resilient Communities	-	25,000	25,000	25,000
People Keeping Well - Sheffield City Council	Dementia work	-	19,500	19,500	19,000
People Keeping Well - Sheffield City Council	Dementia work - extra	3,500	-	3,500	-
Sheffield City Council	Suicide prevention	-	-	-	3,000
Voluntary Action Sheffield	SY:NC	-	60,693	60,693	-
South Yorkshire's Community Foundation	Cost of living grant	-	9,589	9,589	-
Sheffield City Council	Welcoming spaces	5,000	24,083	29,083	-
Primary Care Sheffield/ NHS South Yorkshire ICB	Social Prescribing link worker	35,741	-	35,741	32,400
Sheffield City Council/Home Office	EU Settlement project	20,005	-	20,005	25,327
Voluntary Action Sheffield	Street Champions	-	15,000	15,000	28,750
Voluntary Action Sheffield	Diabetes Action Hub	4,677	-	4,677	-
Sheffield Autism Partnership Network	Autism project	4,700	-	4,700	-
Primary Care Network	Mental Health Peer support	6,037	-	6,037	-
National Lottery Awards for All	Mindfully moving more	-	-	-	9,981
Sheffield City Council	ERF: Discover Darnall	-	24,080	24,080	-
Sheffield Town Trust	IT costs	-	3,000	3,000	-
Sports England	Good sport project	-	2,471	2,471	-
Sheffield University	Loneliness toolkit	1,468	-	1,468	-
Sheffield Community Contract tracers	long covid group	1,050	-	1,050	-
We are cycling UK	The Big Bike Revival	-	-	-	1,951
Move More	Move more Empowering Communities	-	-	-	9,300
NHS South Yorkshire ICB	Cost Of Living	-	-	-	15,000
NHS South Yorkshire ICB	Vaccination programme	-	-	-	3,300
Sheffield Football Association	Innovation Project	-	-	-	200
Voluntary Action Rotherham	BAME Capacity building	-	-	-	3,000
Sheffield City Council	Community Infrastructure Levy	-	-	-	3,548
Sheffield City Council - EAST LAC	Activity sessions	-	-	-	3,000
Eon	Wellbeing activities (previously Cycling activities)	-	-	-	3,050
Talbot trust	Roma health work	-	-	-	2,500
Sheffield City Council	Covid 19 memorial fund	-	-	-	1,641
Harry Bottom Charitable Trust	Office costs	-	-	-	2,500
Sheffield Community Contact Tracers	Sheffield Community Contact Tracers	-	-	-	660
NHS South Yorkshire ICB	Dementia Carers	-	-	-	1,000
Other commissioned work		43,237	-	43,237	13,827
Activities		1,553	-	1,553	763
		132,707	323,651	456,358	371,049
2023: fund split		140,542	230,507		371,049

Darnall Well Being
Notes to the financial statements - continued
For the year ended 31 March 2024

3 Income from donations, core grants and legacies

	Note	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Donations		4,036	-	4,036	8,150
Donations in kind		3,500	-	3,500	-
Core grants		-	-	-	10,000
		<u>7,536</u>	<u>-</u>	<u>7,536</u>	<u>18,150</u>
2023: fund split		<u>10,250</u>	<u>7,900</u>		<u>18,150</u>

4 Staff Costs and Numbers

	2024 £	2023 £
Salaries	292,680	309,976
Employer's national insurance Costs	22,086	23,587
Employment allowance	(5,000)	(5,000)
Employer's pension contribution	22,730	25,490
	<u>332,496</u>	<u>354,053</u>

No employee received emoluments of more than £60,000. The average monthly number of employees during the year was 18 (2023: 19).

5 Debtors

	2024 £	2023 £
Trade debtors	6,764	6,797
	<u>6,764</u>	<u>6,797</u>

6 Creditors: amounts falling due within one year

	Note	2024 £	2023 £
Trade Creditors		7,687	7,799
Accruals		2,820	2,280
Other creditors		2,921	2,364
Deferred income	7	-	-
		<u>13,428</u>	<u>12,443</u>

7 Deferred income

	2024 £	2023 £
Brought forward	-	13,752
Released in the year	-	(13,752)
	<u>-</u>	<u>-</u>

Deferred income relates to funding received prior to the funding period specified by the funder.

Darnall Well Being
Notes to the financial statements - continued
For the year ended 31 March 2024

8 Unrestricted funds

	Balance at 1-Apr-23 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-24 £
<u>Designated funds</u>					
EU Settlement project	-	20,005	(12,705)	(3,390)	3,910
Social Prescribing link worker	-	35,741	(33,341)	(2,400)	-
Healthy Holidays	3,294	5,739	(8,379)	(654)	-
Diabetes Action Hub	-	4,677	-	-	4,677
Autism project	-	4,700	(250)	(991)	3,459
Mental Health Peer support	-	6,037	(2,145)	(897)	2,995
Total designated funds	3,294	76,899	(56,820)	(8,332)	15,041
General funds	132,249	261,531	(330,068)	47,330	111,042
Total unrestricted funds	135,543	338,430	(386,888)	38,998	126,083

The directors have decided to allocate designated funds where projects are not restricted by the funder but they wish to better identify the costs incurred for the projects.

Transfers to general funds have been made in relation to management fees or surpluses on completion of projects.

Prior year comparison

	Balance at 1-Apr-22 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-23 £
<u>Designated funds</u>					
EU Settlement project	-	25,327	(19,832)	(5,495)	-
Social Prescribing link worker	-	32,400	(30,000)	(2,400)	-
Healthy Holidays	-	23,715	(18,041)	(2,380)	3,294
Move more Empowering Communities	-	9,300	(8,373)	(927)	-
Street Champions	24,854	28,750	(53,604)	-	-
Vaccination programme	-	3,300	(2,640)	(660)	-
Total designated funds	24,854	122,792	(132,490)	(11,862)	3,294
General funds	154,548	188,675	(249,586)	38,612	132,249
Total unrestricted funds	179,402	311,467	(382,076)	26,750	135,543

9 Restricted funds

	Balance at 1-Apr-23 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-24 £
Community Wellbeing Programme (including Health Champions and Health Trainer Service)	-	97,700	(78,325)	(19,375)	-
Resilient Communities	-	25,000	(20,812)	(4,188)	-
Dementia work	1,160	19,500	(15,156)	(2,578)	2,926
Suicide prevention	3,000	-	(2,700)	(300)	-
Dementia Carers	1,000	-	(1,000)	-	-
Men's Football	380	-	-	-	380
Wellbeing activities (previously Cycling activities)	218	-	(218)	-	-
Wellbeing Champions	42,934	42,535	(44,697)	-	40,772
Tackling Inequalities Fund	1,727	-	(1,056)	-	671
Green Blue social prescribing	3,066	-	(3,066)	-	-
Mindfully moving more	9,981	-	(8,132)	(957)	892
BAME Capacity building	1,709	-	(1,370)	-	339
Community Infrastructure Levy	994	-	(600)	(394)	-
Activity sessions	2,915	-	(2,791)	-	124
Innovation Project	200	-	-	(200)	-
ERF: Discover Darnall	-	24,080	(3,983)	(1,024)	19,073
IT costs	-	3,000	(771)	-	2,229
Good sport project	-	2,471	-	-	2,471
Street Champions	-	15,000	(15,808)	-	(808)
SY:NC	-	60,693	(42,155)	(4,320)	14,218
Cost of living grant	-	9,589	-	-	9,589
Welcoming spaces	-	24,083	(14,826)	(5,662)	3,595
Total	69,284	323,651	(257,466)	(38,998)	96,471

Darnall Well Being
Notes to the financial statements - continued
For the year ended 31 March 2024

9 Restricted funds - continued

Transfers

The transfers are to unrestricted funds for management and administration charges, recharged overhead costs and internal room hire.

Prior year comparison	Balance at 1-Apr-22 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-23 £
Community Wellbeing Programme (including Health Champions and Health Trainer Support)	-	96,100	(78,815)	(17,285)	-
Resilient Communities	-	25,000	(20,735)	(4,265)	-
Dementia work	-	19,000	(15,262)	(2,578)	1,160
Suicide prevention	1,000	3,000	(1,000)	-	3,000
Dementia Carers	-	1,000	-	-	1,000
Men's Football	380	-	-	-	380
Staff Wellbeing	244	-	(244)	-	-
Wellbeing activities (previously Cycling activities)	1,046	3,050	(3,291)	(587)	218
Wellbeing Champions	41,502	42,536	(41,104)	-	42,934
Tackling Inequalities Fund	1,950	-	(223)	-	1,727
Community Connector	4,190	-	(4,190)	-	-
The Big Bike Revival	-	1,951	(1,480)	(471)	-
Community Covid Recovery Grant	23,632	-	(22,771)	(861)	-
Green Blue social prescribing	9,474	-	(6,408)	-	3,066
Mindfully moving more	-	9,981	-	-	9,981
Grow Together	4,072	-	(4,072)	-	-
Cost Of Living	-	15,000	(15,000)	-	-
BAME Capacity building	-	3,000	(987)	(304)	1,709
Community Infrastructure Levy	-	3,548	(2,554)	-	994
Activity sessions	-	3,000	(85)	-	2,915
Roma health work	-	2,500	(2,250)	(250)	-
Innovation Project	-	200	-	-	200
Covid 19 memorial fund	-	1,641	(1,492)	(149)	-
Restricted donations	-	7,900	(7,900)	-	-
	87,490	238,407	(229,863)	(26,750)	69,284

10 Analysis of net assets by fund

	General Fund £	Designated Funds £	Restricted Funds £	2024 Total £
Current assets	124,470	15,041	96,471	235,982
Current liabilities	(13,428)	-	-	(13,428)
	111,042	15,041	96,471	222,554
Prior year comparison				
	General Fund £	Designated Funds £	Restricted Funds £	2023 Total £
Current assets	144,692	3,294	69,284	217,270
Current liabilities	(12,443)	-	-	(12,443)
	132,249	3,294	69,284	204,827

11 Independent examiner's fee

	2024 £	2023 £
Independent examination fee - included within operational costs	2,520	2,130
Other fees paid to independent examiner's organisation:		
Taxation services	300	-
Other services	270	-
	570	-

12 Directors' remuneration, benefits and expenses, and the cost of key management personnel

The directors were not paid or received any other benefits from employment with the charity in the year (2023: £nil). No directors were reimbursed expenses during the year (2023: £nil). No director received payment for professional or other services supplied to the charity (2023: £nil).

The key management personnel of the charity comprise the directors and the Senior Leadership Team (SLT) as noted on page 1 of the accounts. The SLT structure was changed from 1 September 2023. The total employee benefits of the key management personnel of the organisation were £160,849 (2023: £186,114) based on the SLT structure split during the year.

13 Related party transactions

Some directors were involved in local groups which helped the organisation carry out their activities - income at market value was received in the course of this work.

There were no other related party transactions other than those detailed in note 11.

14 Statement of Financial Activities - comparatives

	Unrestricted funds £	Restricted funds £	Total 2024 £	Unrestricted funds £	Restricted funds £	Total 2023 £
Income from:						
Charitable activities	132,707	323,651	456,358	140,542	230,507	371,049
Rental income from non-investment property	198,187	-	198,187	160,675	-	160,675
Donations, core grants and legacies	7,536	-	7,536	10,250	7,900	18,150
Total income	338,430	323,651	662,081	311,467	238,407	549,874
Expenditure on:						
Charitable activities						
Activity & Project Costs	13,456	48,567	62,023	21,622	24,366	45,988
Gross Salaries	132,038	200,458	332,496	160,335	193,718	354,053
Staff & Volunteer On Costs	6,479	1,728	8,207	3,180	912	4,092
Consultancy costs	10,097	1,610	11,707	3,924	6,000	9,924
Operational Costs	25,635	5,070	30,705	30,479	4,867	35,346
Other Misc Costs	440	33	473	495	-	495
Governance costs - legal fees	-	-	-	1,366	-	1,366
Rental cost on non-investment property	198,743	-	198,743	160,675	-	160,675
Total expenditure	386,888	257,466	644,354	382,076	229,863	611,939
Net income/(expenditure)	(48,458)	66,185	17,727	(70,609)	8,544	(62,065)
Transfer of funds	38,998	(38,998)	-	26,750	(26,750)	-
Net movement in funds	(9,460)	27,187	17,727	(43,859)	(18,206)	(62,065)
Total funds brought forward	135,543	69,284	204,827	179,402	87,490	266,892
Total funds carried forward	126,083	96,471	222,554	135,543	69,284	204,827