DARNALL WELL BEING

England & Wales · Charity number 1197748

Details

Status	Registered
Legal form	Charitable company
Company number	04027680
Registered	2022-02-01
Register	View on the Charity Commission register

Contact

Address	Darnall Primary Care Centre 290 Main Road Sheffield S9 4QH
Phone	01142496315
Email	dwb.enquiries@darnallwellbeing.org.uk
Website	https://darnallwellbeing.org.uk/

Activities

Objects: TO PRESERVE, PROTECT, IMPROVE AND ENHANCE THE MEDICAL, SOCIAL, PSYCHOLOGICAL, PHYSICAL AND COMMUNITY HEALTH AND WELL BEING OF THE INHABITANTS OF THE DARNALL, ATTERCLIFFE AND TINSLEY AREAS OF THE CITY OF SHEFFIELD (THE AREA OF BENEFIT).

Activities: Darnall Well Being are working to help the people of Darnall, Tinsley and neighbouring areas of Sheffield stay healthy. We offer a combination of activities, 1 to 1 support and volunteering opportunities, as well as delivering local health campaigns, health events, training and talks.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** The General Public/mankind

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Geography

- Sheffield City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£634,210	£702,246	£154,518	16
2024-03-31	£662,081	£644,354	£222,554	15
2023-03-31	£549,874	£611,939	£204,827	19

Trustees

Name	Role	Appointed
Andrew Edward Snelling Mr		2025-11-06
Dr Donal John Anthony Farrell		2024-10-17
Dr Jack Maciej Czauderna		2000-07-05
Lucie Hutchings		2024-10-17
Natalie Louise Jones		2025-11-06
Rev Gina Louise Kalsi		2021-08-17
Riyam Shaief AL-Khaily		2022-01-31
Teresa Nina Hart		2024-10-24

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DARNALL WELL BEING

England & Wales - Charity number 1197748

Accounts

Company number: 04027680
Charity number: 1197748

Darnall Well Being

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

for the year ended 31 March 2025

Darnall Well Being
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Darnall Well Being
Legal and administrative information
for the year ended 31 March 2025

Other names

Darnall Well-Being Centre Limited	05 Jul 2000 - 02 Sep 2021
Darnall Well Being Limited	02 Sep 2021 - 23 Sep 2021
Darnall Well Being	from September 2021

Directors

Janet Harris	Acting Chair
Jack Czauderna	
Mark Gamsu	
Mohammed Rahman	Resigned 24.10.2024
Gina Kalsi	
Riyam Al-Khaily	
Teresa Hart	Appointed 24.10.2024
Donal Farrell	Appointed 17.10.2024
Shabir Aziz	Appointed 04.04.2025
Lucie Nield	Appointed 17.10.2024

Senior Leadership Team

Chief Executive Officer	Lucy Melleney
Project Manager	Natalie Duffy
Finance & Business Manager	Milda Hameed
Contracts & Communications Manager	Fran Arnold
Health & Wellbeing Manager	Waqas Hameed

Company number
04027680

Charity number
1197748

Registered office
Darnall Primary Care Centre
290 Main Road
Darnall
Sheffield
S9 4QH

Accountants
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Chair's Report

Since the official end of the Covid-19 pandemic in 2023, our organisation has been focusing on addressing the long term effects of social isolation, shielding, and Long Covid alongside a continued reduction in finances, increased unemployment, and an increase in mental health needs across our population. Many local people continue to express anxiety about being out in public places; the efforts in supporting people to continue to venture out has resulted in a positive increase in face to face attendance. In the UK, a 2024 report found that 71% have had Long Covid for over a year. In our neighbourhood, there are a number of "Long Haulers" - people who have had Long Covid for over 2 years - who are unable to work. Further, people who have been experiencing symptoms for considerable lengths of time continue to come forward as we work to increase awareness. The Long Covid Support Group that we established in 2023 now serves as a model for other community organisations in Sheffield.

Other challenges encountered this year concerned the winter fuel crisis and food poverty, alongside the government's declaration of a national economic recession. See 'Welcome Places' project highlights below.

The situation has increased demand for services while at the same time greatly reducing the amount of resources available to community organisations. The Board and Senior Leadership Team have responded to this challenge by developing routine procedures for bi-monthly review of finances via the Finance Sub-Committee, and regular financial reports at each Board meeting. Procedures for preparing funding applications have been streamlined, and a watching brief is kept in order to identify potential funding. The Board updated our policy on reviewing free reserves, and revised our reserve target in the face of changing economic circumstances.

DWB has also made significant progress on establishing an IT system that will be used to routinely track activity and impact. Evidencing impact is particularly important when there is fierce competition for limited funding.

Our 2023 campaign to increase the number of Board members has been successful, with 4 new members added in the past 12 months. One Board member has stepped down. We have developed a formal induction process to orient new members and in the process of providing face to face and online training which is aligned with the NCVO roles and requirements for Board members. As new members increase their understanding of Board requirements, each one has volunteered to play a key role in working with the Senior Leadership Team e.g. in Human Resources, Finance, Evaluation, and Funding. In tandem with induction, we began reviewing and updating all policies and procedures for Darnall Well Being. New policies include Menopause, Religious National Holidays and Wellbeing Hour.

Despite our funding application successes (more than 50% success rate), the amount of money awarded from funding bodies is consistently lower than previous years and competition for the shrinking funding base continues to increase. We are responding to this challenge by developing strategies to diversify our funding base, which will draw upon the skills and networks of Board members.

Darnall Well Being
Trustee's' Annual Report
for the year ended 31 March 2025

The trustees are pleased to present their annual trustee's report together with the financial statements of the charity for the year ended 31 March 2025 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

Structure, Governance & Management
Darnall Well Being was incorporated on 5 July 2000 and its Memorandum and Articles of Association govern it. The Memorandum and Articles of Association were amended in December 2021 to assist in the registration with the Charity Commission – this was completed on 1 February 2022. The registered charity number is 1197748. The organisation's name was also changed to "Darnall Well Being" during this process – the previous name was "Darnall Well-Being Centre Limited".

Any surplus income is reinvested to meet our objectives, which are charitable; that is to say they are carried out entirely for the public benefit, to promote health and wellbeing, especially but not exclusively in the Darnall Ward. Resources are targeted to areas or to community interest groups who suffer the highest levels of deprivation and health inequalities.

The trustees all carry out their duties in a voluntary capacity. They meet at least eight times each year to consider the work of the charity and to receive reports and take advice from its managers. They then decide and oversee its strategy and supervise the managers who are charged with implementing it. The managers are responsible for day to day decision making and for supervising the remaining staff and volunteers.

Vision, Aims and Objectives

The objects of the charity are to preserve, protect, improve and enhance the medical, social, psychological, physical and community health and wellbeing of the inhabitants of the Darnall, Attercliffe and Tinsley areas of the city of Sheffield (the area of benefit).

Our Vision:

Everyone in our vibrant multicultural community is inspired and able to develop their health and wellbeing with the right support, achieving their full potential as active citizens.

Our core remit as a local community anchor organisation, is to work with local people, to build resilience and address health inequalities, with a focus on early intervention and prevention. We help to foster an environment where people feel able to connect, share and feel part of something, working on what matters to them. We have a range of one-to-one support, social prescribing (a local signposting and referral service), group activities, training, events, health campaigns and volunteering opportunities.

We are embedded in the community, maintaining a 24-year consistent and holistic approach inspired by the Peckham Experiment (1920-50s), which recognised that "health is more than just the absence of disease" and the "crucial role played by the environment in promoting health". This led to our sustainable co-location with general practice (sponsored by the NHS SY Integrated Care Board - ICB) that enables social, healthy wellbeing activity and advocacy to take place under one roof.

Our Values:

We are inclusive. Diversity and integrity are at the forefront of our approach – collaboration with community, individuals, partners and other organisations is at the heart of our every day delivery.

We offer high quality activities and services, offering a range of opportunities to remove barriers and deliver significant lasting impact and affect change.

We are proactive, offering consistency while being responsive to emerging needs in uncertain times.

We involve local people at every stage; planning activities through to evaluation.

Our Aims:

Develop the conditions for people and communities to be healthy and thrive, by building confidence, collaboration and ultimately capacity in the community.

Create opportunities for people to engage, connect, share, learn and feel part of something great, and offer hope, promoting social cohesion.

Enable wellbeing by delivering bespoke, holistic support that takes a 'whole person' approach rooted in community, complementing the relationship clinicians have with people, asking 'What is the matter with you?' with the relationship we have, which asks 'What matters to you?' .

Deliver an inclusive range of activities comprising social and physical activity groups, one to one advocacy and healthier lifestyle support, training and volunteering opportunities, as well as health promotion and events.

Encourage proactive long term condition management, increasing understanding and self efficacy, improving quality of life.

Our Approach

We take an innovative, collaborative and creative approach to inspire solutions to the challenges our community face, enabling research to affect change, developing meaningful opportunities for local people's voices to be heard.

Through consistent, cohesive strategic focus and management of limited resource, we focus and respond to greatest need and ensure we remain agile in a fact-paced, changing world.

We share best practice generously, working with academic and statutory partners to influence service design and improve outcomes. This deepens our insights and scope of what we offer; ultimately helping us to create the opportunities for people to be healthy and thrive.

We value the assets, diversity and interests that exist locally, and welcome the transformative change that happens when people come together, share and connect around common goals.

The Communities We Serve

As the 'The Hamza Darnall Area Youth Action Plan' (July 2025, D.Hemborough - SHU) showcases, "Darnall is a socially rich, vibrant and proud community with deep rooted heritage and Sheffield traditions. It has a bustling busy Highstreet, parks and green spaces and a connected community".

With a total population size of 22,283 [Census 2021], 42% of people in the Darnall Ward fall within the most deprived 10% of neighbourhoods in England. As such, they are adversely impacted by local government cuts and rising cost of living.

Referrals are increasingly complex due to stark health inequalities but we have had high impact across the depth and breadth of activity and services we offer; working with our NHS and statutory partners to support the health and wellbeing of the local population.

High levels of need we serve include long term condition management, co-morbidity, earlier detection of cancer, support for those at risk of or newly diagnosed with dementia, unpaid carers, nutrition, accessible physical activity (particularly for those with declining or limited mobility or a physical disability), mental health including loneliness and isolation, dementia risk, health services for people with low health literacy (especially where English is not first language. We have clients from 17 ethnicities.) Working with and across the whole community supports cohesion; our area is culturally diverse with 60.86% of the population being in a Non-White ethnic group compared to 18.95% for England. Within the BAME population, some groups have been long-term Darnall residents while others are newer communities such as Slovak Roma. Most staff and volunteers are local and speak 15 community languages, maximising community engagement.

Our Impact - summary of the main activities

Our services help to remove barriers and aim to reach those that need it most, through being:

- Accessible and inclusive: local, free or low cost and catered for mixed ability and need
- Appropriate and consistent: co-produced, person-centred, helping build trust

Delivery Themes:

- 1 to 1 health improvement support (holistic & proactive) and Social Prescribing inc.
    - Condition management and Peer Support Groups
- Activity programme including exercise & social groups
- Volunteering and Training
- Voice and Influence: capturing feedback from lesser heard voices to inform service design & improve use of resources inc.
    - community research, consultation and co-production/design
- Local community anchor role
    - neighbourhood coordination, partnerships and networks
    - fostering cohesion & Welcome Spaces

Of which, delivery can be categorised as follows:

- direct health 60%
- broader health and wellbeing 30%
- not health specific 10%

Key Project Achievements

We would particularly like to draw attention to the following achievements, which help show the progress we have made during the past year and the sort of benefits we have been able to bring to our community through the support from our funders, donors, partners and service users.

Growth and Partnership

We have seen our relationship with Primary Care deepen with further investment via a '*New Ways of Working' Project,* shaping a multi-disciplinary, integrated, neighbourhood model together. This enabled us to welcome two new members to our 1to1 team.

Through a joint partnership bid with three other peer organisations in Sheffield, we successfully tendered for a Sheffield Children's Hospital social prescribing service over two years - '*Together Link Workers'.* Long term, complex medical needs and high A&E attendances are addressed by intensive, holistic family-focused support that can help advocate and navigate paediatric health services, lifestyle etc, prioritising the NHS core 20% most deprived.

A five-year UK research project with Sheffield Hallam University's 'Centre for Collaboration in Community Connectedness' resulted in DWB being one of five core Community Catapults partners with a role to inform policy and practice, evidencing effective interventions needed for communities to thrive.

We have worked on pilots such as: supporting clients on the Autism diagnosis, diabetes work with Disability Sheffield & Mencap for those with learning disabilities, neurodiversity & carers, creating new resources. Green Social Prescribing walks for mental health needs in Peak District & mindfulness. Ongoing Slovak Roma drop ins helped build trust and engagement, seeing an uptake in our pain group.

Reach into community

We are delighted to welcome three local trustees with lived experience & health expertise, in addition to 15 local community researchers trained and the continuation of hosting the AWRC's embedded researcher who has helped bring together local partners to develop a shared youth plan (themes include health & wellbeing and employment).

Almost all senior staff have 10+ years experience in this community. Our diversity reflects the area, staff born in 9 countries speaking 15 languages. The team have lived experience of disability, long term conditions & being a carer. 5 trustees live, work or worked locally. We aim to increase this.

There has been a 10% rise in total points of contact (12,000) across core services; targeted dementia early 1to1 / group interventions seeing 216% referral increase (68 to 147) & link workers 16% increase in triaging, nearly 1,000 referrals overall.

Use of data and evidence to understand and improve our work and impact

Further development of our data system, Air Table, improves how we capture and evidence impact, tracking outputs alongside qualitative data as well as utilising external statistics, NHS system data and clinical MDT input that all inform planning.

Independent evaluation of our five-year volunteer programme (62 volunteers supported and recruited and 55 interviewed as part of the evaluation) showed we are effectively improving the wellbeing of volunteers and clients.

Our embedded researcher uses evidence-based peer review literature to inform practice and approaches to develop a youth plan informed by 150 local people (80 youths + parents & staff). This highlighted the support young people would most benefit from, which has led to our plans to develop a 'Stepped Volunteer Programme' offering tailored placements and emphasising mentoring opportunities.

Our Activity and Service Highlights

Our team supported 706 different people regularly across our groups, volunteers and 1-1 referrals. We supported a further 679 people with lighter touch support.

1 to 1 Support and Signposting Service (inc. Social Prescribing Link Worker)
Our Health & Wellbeing team continued to receive referrals for people in need of 1 to 1 support. People were referred to us for a large number of reasons, including:

Diabetes type 2, pre-diabetes, high blood pressure, weight management, high cholesterol, persistent pain, anxiety, depression, stress, isolation, mental health issues, and a desire to get involved in local community

As well as providing support to **239 individuals from both new and existing referrals through 430 appointments**, the team also signposted clients to a number of services. Working with the Seven Hills Primary Care Network, we provided a Social Prescribing Link Worker across five local surgeries, as well as two more in the city centre, managing a total of **631 referrals (an increase of 9%) via 1707 points of contact (an increase of 16% on last year).**

Case study from 1-1 team

Postcode: S9 Age: 42, male
Reason for referral: Homelessness, stress management, community engagement
Referred by: GP to Social Prescribing Link Worker
Reason for referral:
The patient was referred by the GP to our SPLW, and after the link worker had an initial conversation, the patient was referred on to one of our health & wellbeing workers, to offer him support with ongoing community engagement and stress management, along with access to benefits and foodbank vouchers. The patient had been struggling to cope with stress, due to a relationship breakup and having no access to his children, benefits, struggling with any routine and being unemployed.
He was sofa surfing because of his relationship breakup and was stressed about his housing application and follow-up process, due to his mental health situation.
Health and Wellbeing Worker support:
After a long conversation with the client and getting to know more about his stress and worries, the wellbeing worker agreed with the client an initial wellbeing plan, which included:

- Issuing a Foodbank Voucher
- Asking the client to see Citizens Advice Sheffield advisor at Darnall Foodbank on Tuesday for benefits review
- Sending the information about Shelter housing support in Darnall via text
- Asking the client to come to DWB's Men's Health Group to get peer support.

Change in health behaviour/ Impact of support:

- Client went to the Foodbank, where he got food and advice about his finances. He is happy that he has made a link at CAS now for future reference, too.
- Client spoke with a Shelter adviser, so he is now aware of his rights and responsibilities around council or private housing.
- Client has taken to regularly attending our Men's Group and hopes that he can keep coming to this group in future.

How life has changed and future plans:
When asked how he is feeling about coming to the Men's Group in particular and support from Darnall Well Being he said that "Darnall Well Being has done a fantastic job in supporting me; I am now part of this welcoming group of locals and have access to a DWB worker in the group. I have been asking about my waiting list for the Primary Care Mental Health Team referral, and the DWB social prescriber helped me to get that information. I feel better in myself and I'm looking forward to the day that I can manage myself and get back to work and get connection with my kids. As long as I can, I will keep coming to the Men's Group, because in future, it might be me who could support someone else in my situation."

Mental Health Peer Support Worker
As part of the peer support framework under the Mental Health VCSE Alliance, we continue to host a Mental Health Peer Support Worker linked to our Primary Care Network (PCN) partner - Sevenhills. They offer advocacy and one to one or small group support for adults with: a mental illness which seriously impact their daily life, persistent symptoms or have a diagnosis

People Keeping Well - Dementia Project
Our dementia support comprised of two dementia cafes (one fortnightly in Handsworth, and another monthly in Darnall), Dementia Carers' Support Group and JoJanGles, a Dementia Music Focus group, as well as a summer offer of 12 Dementia-Friendly sessions at Darnall Allotment Project. **80 dementia groups** ran over the course of the year, **with 3,452 attendances in total**.

There were **95 unique group attendees** over the whole year, with numerous beneficiaries attending more than one of the groups we provide. We also took **147 new referrals** (a **216% increase** on last year) and made **267 wellbeing calls** to dementia service users, as well as an additional **259 one-off calls** for things like offering advice, speaking to referrals' relatives, etc. Quarterly breakdown below:

	Q1	Q2	Q3	Q4	Year Total
Dementia 1to1 referrals	44	28	38	37	**147**
Dementia wellbeing calls	32	50	89	96	**267**
Other Dementia contacts	24	34	48	53	**259**
Cafes					**80 sessions**
Unique beneficiaries					**95 individuals**
Attendances	961	925	852	714	**3,452 points of contact**
Dementia Friends trained	9	4	31	11	**55**
of which, Volunteers					**5**

NB: All of this Dementia work continues to be delivered by just one part-time worker, supported by volunteers.
Feedback from participants

Dementia Carers' Group attendee - Female, age 101, living in S13

"As carers, I don't think the majority of us get much respite. Often we have no family or they are too far away and involved in working and raising their own family. Sessions based on quality and listening make a difference, and they truly make you feel known and seen – unlike anything else. The getting to know us and knowledge of our loved ones make us feel special. It's a pleasure to come, and this just can't be measured."

Making Memories Dementia Cafe and Dementia Carers' Group attendee - Female, age 73, living in S9

"I am empowered here with support by other friends who have had similar experiences, having been on the same life journey. Your enabling and follow-up shows deep care and we, as family, are grateful for this. I realise I am not on my own!"

Community Wellbeing Programme and Peer Support Groups
We provided **ten different core activity groups**, offering opportunities for the local community to come together and improve their physical and mental wellbeing in different ways. Groups in this period were:

Craft, Women's Chairobics (Darnall & Tinsley), Women's Yoga (Darnall & Tinsley), Women's Circuits, Men's Health, English Conversation, Health Walk and Somali Dance.

We also ran **six regular peer support groups** for people with long-term conditions:

- Diabetes Peer Support Groups in Darnall (monthly) & Tinsley (quarterly)
- Neuro-Friendly Diabetes Support Group in Darnall (monthly since October 2024)
- Long Covid Support and Persistent Pain Groups in Darnall (both monthly)
- Carers' Support Group (monthly) delivered in partnership with Sheffield Carers' Centre

Across all of these groups, we delivered **a total of 303 sessions**, a **26% increase** on last year. See below for breakdown per group:

Group	**Individual attendees**	**Attendances for year**
Craft Group	27	176
Darnall Women's Chairobics	54	397
Women's Circuit Training	25	63
Carers' Support Group	31	86
Darnall Women's Yoga	41	187
Diabetes Peer Support - Darnall	55	108
Diabetes Peer Support - Tinsley	22	31
Conversation Group - with SAVTE	42	143
Long Covid Peer Support Group	20	51
Men's Health Group	53	559
Monday Health Walk	24	304
Neuro-Friendly Diabetes Support Group	12	18
Persistent Pain Peer Support Group	46	84
Somali Dance	43	243
Tinsley Women's Chairobics	27	277
Tinsley Women's Yoga	29	214
	402 unique beneficiaries (deduplicated across all groups) (**45% increase** on last year)	**2,941** total attendances across the year (**49% increase** on last year)

- Ages of attendees ranged from 12 to 101.
- 70% of group attendees live in the S9 postcode area, and are from at least 17 different ethnicities.
- Of the total attendees, there were 285 women, 97 men, 20 unknown/prefer not to say.
- One woman attended 7 different groups, another attended 6, and a man attended 5, with a significant number more attending 3 or 4 different groups.

Feedback from participants

Men's Health Group attendee - White British Male, age 79, living in S9

"Coming to Men's Group means I come out of the house. By coming and doing the exercise and socialising means a lot. Doing all this means I think less about my pain, which stops me taking as much pain medication."

Darnall Women's Chairobics attendee - Pakistani Female, age 50, living in S9

"The activity has helped a lot with my health. The session is very good and helpful for my physical and mental health."

Somali Dance attendee - African Female, age 47, living in S9

I feel that Somali Dance helps my health, because it's a form of exercise, but it's much more fun and also takes my mind off things. I love it, because it's also a great way to socialise when I have had a long day at work or just want to get out of the house. This session helps a lot of us to have good exercise and a good time together."

Contribution made by our Volunteers

46 volunteers provided support to the running of our groups, **contributing a total of 2,601 hours**, including spending time on training and 1-1 and group supervisions.

Tasks undertaken include helping to set up and close down rooms for groups, taking registers and registering new attendees, providing refreshments, offering signposting information about local support available, and having conversations about health and care topics, feeding back to our staff where relevant/necessary. Our dementia groups were particularly well supported by a number of volunteers at every session. One volunteer also provided regular admin support with our CRM system, simplifying and improving our reporting and monitoring.

A number of volunteers undertook Dementia Friends and Citizen's Advice Digital training. We continued to pair new volunteers with more experienced volunteers or members of staff leading the activities.

As we came to the end of five years of funding for our Wellbeing Champions volunteer programme from the National Lottery Community Fund, we organised and ran a red carpet event, celebrating the impact of our volunteers over the past 5 years of our volunteer programme. We also planned and ran an event for other local voluntary organisations, bringing them together to network and learn about volunteer recruitment and retention, etc from local experts.

Training
Staff and volunteer learning and development opportunities remain an ongoing priority. Focus this year has included a 2-day Mental Health First Aider course, Introduction to Community Development & Health (ICDH) and our Project Leads attending a specialist 6-month TeamWorks programme provided by The Kings Fund.

Local Community Anchor Role - Wider Community Development:

Welcome Places: over 100 points of contact

Alongside the Local Area Committee worker we have been developing the network of Welcome Places to ensure support and help for all impacted by the 'cost of living' crisis. Our Community Development Worker made regular visits to existing Welcome Places venues around the area, as well as meeting and signing up new places, widening the existing network and linking places with each other and with other helpful support, training and funding opportunities, including with SYFAB and VAS. She arranged four networking meetings for the local Welcome Places over the course of the year, and created and maintained up to date information around provisions in a map and spreadsheet.

Our own Welcome Place session continued, and we started to offer a period product bank there, thanks to partnership with iRise. We also offered free children's books, as well as donations of clothing during the colder months. We made numerous referrals to the local foodbank and signposted people to other support from these sessions.

Picking up on a common need for better digital inclusion in the community, we arranged four sessions of digital training for beginners from Citizens Advice Sheffield. These were attended by 12 local people, who attended consistently and all received a free tablet to help them continue with their online skills afterwards.

Our worker also organised two First Aid training sessions to upskill local volunteers, which took place at two local Welcome Places, and a Scam Awareness session, to help people recognise and avoid possible scams. And she arranged Food Hygiene Level 2 training for volunteers from several local Welcome Places.

Our partnership with Migrant Help continued, which ensured that continuous support around the EU Settlement Scheme was offered to the local Slovak Roma and EU communities. She has sourced 5 laptops for a local Homework club at one of the Welcome Places.

Academic Partnership and Research
We continue to work closely with both Universities in the city with developments - highlights include:

- Recruitment and training for 15 local community researchers as part a co-produced research project with Hallam University (SHU); 'Culturally Sensitive Social Prescribing and Frailty Prevention
- New 5-year UK research project with SHU as part of the 'Centre for Collaboration in Community Connectedness; DWB 1 of 5 Community Catapults to inform policy & practice, evidencing effective interventions needed for communities to thrive. Final report can be found here: https://www.shu.ac.uk/centre-regional-economic-social-research/publications/culturally-sensitive-social-prescribing---final-report

- We are also involved with AWRC's Public Involvement in Research Group and we support service users to be involved in research e.g. a community frailty art project

Economic Recovery Fund
The Discover Darnall Project drew to a close. Hosted in partnership with Sheffield City Council, with support from local stakeholders including St Alban's Church, achievements included:

- the installation of three street murals in and around the Darnall High Street, each having design in collaboration with local groups and schools, led by artist in residence Alastair Flindall of Neck of the Woods Studio
- Our Darnall, Our Home litter campaign - open source resources by OD Create and Graft Creative
- Highstreet improvements including lamppost banners, extra bins and planters,
- Community planting and improvement to local green spaces with a new Community Garden on Main Road - this was supported by Nature Recovery Sheffield, Regather and the Darnall Allotment Group and we commissioned Play to Measure to design and build planters, seating and sensory boards
- Community events with planting and litter pick
- A local Business Directory

Children and Young People

DWB coordinated the The Darnall & Tinsley SYNC Hub (Sheffield Youth Neighbourhood & Communities) in partnership with Tinsley Forum and DESA, which offered a community led local area partnerships in the Darnall Ward focussing on reducing exploitation and working with community to understand and address local needs. Funding enabled positive, ongoing engagement and regular sessions including physical activity and sport.
Key Activities and Examples of Work;

- Football Sessions (DESA & Tinsley Forum) - Attendance ranged from 40 to 100 young people receiving regular engagement and informal mentoring.
- Knife Bin Installed in Tinsley (Part of wider work around youth safety and serious violence prevention)
- MUGA and Youth Building (Tinsley) - Project is ongoing, though progress is delayed due to design challenges and lack of response from the development side.
- Conversations on Grooming and Gangs (with adults, to build awareness and early intervention)

In the final six months of the project, we were able to secure an in-kind contribution from SHU's the AWRC (Advanced Wellbeing Research Centre) through a day a week of embedded researcher time as part of the Transforming Place for Children, Young People and Families work, undertaken by Dave Hembrough. Dave helped to facilitate:

- Project meetings and partner engagement
- Community outreach and desk-based research
- Attendance at community and statutory events

Work has focused on four core areas:

1. Supporting partner organisations through monthly Connect meetings and a "soft review" process to report progress, challenges, and reflections
2. Co-producing a Community Youth Action Plan for Darnall
3. Developing an Adverse Critical Event Response Plan
4. Representing the project at external meetings and synthesising insights back to the project hub

A Community Youth Event – Held in December 2024 at the AWRC in collaboration with the East Local Area Committee (LAC), focused on serious youth violence and brought together young residents, families and local services to explore available support and discuss solutions. Two specialists facilitated discussions on youth violence, and attendees participated in a survey designed to capture community insights.

Data Synthesis Meeting
Following the event a data synthesis session with community leaders, council representatives, service providers, and young residents identified key themes:

Strengths	**Concerns & Frustrations**	**Solutions & Opportunities**
Community	Physical Environment	Community Collaboration
Activities	Community Safety	Safety Improvements
Diversity	Community Health	Health Initiatives
Environment	Amenities	Infrastructure Development

Survey conducted: With 109 responses, the survey provided valuable data and insights which supported the area action plan work and may be useful for future grant applications.

The co-produced Darnall Community Youth Action Plan has been drafted and although the official delivery phase of SY-NC concluded in March 2025, all three organisations remain dedicated to continued collaboration in this space.

March 2025 also saw the recruitment of an additional Social Prescribing Link Worker (Young People and Families focused) funded by our PCN under a 'New Ways of Working' scheme

Events/local outreach – we have reached around 2,750 people via these routes.

Examples of the events we attended include:

We helped to organise the annual Lantern Parade on 5th November, working with local schools, the City Council and faith leaders to put on an event that was very well attended by children and parents from a number of schools. Our Somali Dance group also performed at the event, and we provided information there.

We also ran an information and crafting stall at the annual Sheffield Olympic Legacy Park "Legacy in Action" event. This was a very popular event, and we spoke to **over 100 people**, supporting children to colour in suncatchers and magnets to take home with them. Ethnicities we spoke to at the event included White British, Indian, Arab, Pakistani, Bangladeshi, Yemeni, Nigerian, Polish, German and Moroccan.

Collaborating with Oasis Academy Don Valley, we brought craft activities to their Parent/Carer Coffee Mornings. We also arranged visits for the group to take part in activities at the English Institute of Sport and to go ten-pin bowling. These sessions were a valuable opportunity to talk to local people about support available from DWB and other organisations, and were well attended.

With Diabetes UK Sheffield, in February 2025 we organised and ran a local event attended by 50 people, who learned about managing Diabetes, thanks to Diabetes UK Sheffield, SACMHA, Diabetic Eye Screening Service and Community Podiatry. And with Parkinsons UK, we put on an event in April 2024, which local people attended to learn about living with Parkinson's and the support available.

We supported a number of local people to attend two "Acting Differently Together - Prevention & Early Identification" workshops, enabling them to share their views and input to future NHS plans. Our founder and two members of the team also spoke at Sheffield's Festival of Debate on the topic of "What Is Health?".

During the year, we **hosted two medical students** on community placements from Sheffield University. As well as getting to know our activities, support and service users, one of the students did a project to pull together and digitise feedback that we have had from a number of AGMs and other events. The other student supported the organisation and running of our Lottery-funded event for local community organisations, and she wrote up outcomes from this in a presentation afterwards.

In collaboration with Sheffield Olympic Legacy Park, Tinsley Forum, St Albans House Christian Community and some local residents, we have put together another three editions of the **Community Connector** – a free, printed colour newsletter which our team makes available via 1,000 copies each edition to pick up all around Darnall ward, as well as being available to read online. This newsletter has included content from over 40 local groups and organisations, sharing information about support and activities that are available in the local area.

We posted **218 social media posts** across Facebook and Instagram, which resulted in **666 engagements** from our followers. We also focused on building our profile on LinkedIn, with follower numbers on the platform now at 380, after we took the decision to leave Twitter/X at the end of 2024. We created **over 100 posters** for groups and activities, which reached **over 500 people** regularly, by posting them in WhatsApp groups - the majority of group members being local to Darnall ward.

In December 2023, we supported a Neighbourhood Mapping project, which was being run by Citizen Network Research, with the support of local mapping expert Tom French, and SY-ICB. The project focused on the role of neighbourhoods in the life of the city as essential building blocks for citizens to take action and build communities that work for all. As well as sharing online and paper versions of their mapping survey, we also invited Tom along to our Monday Health Walk, where he had a session drawing out local neighbourhoods with input from service users. A follow up session where all the outputs from the work around the city was shared with stakeholders was attended by our Communications Manager in January 2024, and we continue to remain involved in progress of the project. Outputs from the project so far can be found here: https://dataforaction.notion.site/Mapping-the-neighbourhoods-of-Sheffield-the-story-so-far-ab89bda30d934cceb5fb3695b611a911

Awards/Recognition

We're proud to have been nominated for several awards, in recognition of the hard work of our team as a whole, and of some individual staff:

- Community Impact Award - Our team was shortlisted for this at the Sheffield Business Awards 2024.
- Commitment To Care Award - Jo-Anne van Levesley was shortlisted at the Sheffield Cares Excellence Awards.
- Move More Community Activity Champion - Saada Osman was nominated for this award and attended the Move More Awards 2025 ceremony, along with other team members.
- VAS New Initiatives Award - Won by DWB volunteers Glenys Chettleburgh and Janet Hilbert for running our new JoJanGles Dementia Music Group.

We were pleased to be asked to host a visit from 11 Permanent Secretaries to the UK Government in September 2024. And in January 2025, we were asked to host the National Academy for Social Prescribing's team away day, which was attended by 16 members of the NASP team, along with the People Keeping Well Commissioner, Seven Hills PCN and the CEO of SOAR. At both events, attendees heard from members of DWB staff, our volunteers and service users.

Additional activities
As a community anchor organisation in Sheffield, we are often involved in sharing information or raising awareness about health topics, available support, training, and more. In this 12 month period, we had requests for our support or involvement in **203 wider projects**, and we were able to support **72%** of these. They included:

In response to demand from local women, we offered a pilot project of some **Clubbercise sessions** for short periods in both Darnall and Tinsley, thanks to funding from Move More. In Darnall, the **4 sessions** were attended by **14 local women** from **8 ethnicities**, ranging in age from 31 to 56. In Tinsley, the **6 sessions** were attended by **20 local women** from **9 ethnicities**, ranging in age from 31 to 70. The sessions were enjoyed, with lots of positive feedback, including: "leaves you feeling energised!" and "It gives me motivation to get going and is easy access for the community".

We were again successful in a bid to run **Green Social Prescribing** sessions, and we arranged **16 walks** to green spaces in and outside Sheffield. Half of these were run in partnership with Open Gates Outdoors CIC. The walks were targeted at people who were struggling with their mental health, and **23 local people** attended, with a number attending over 10 different walks. ONS4 wellbeing scores increased by 2 on average for attendees, showing an increase in life satisfaction and feeling happy and that life is worthwhile as a result of taking part.
Feedback from one participant: "I have been able to relax, get out with a group and speak with others. Noticing and appreciating nature in the parks and peaks means I can escape from a busy life, slow down, get peace and quiet and also spectacular views."

During the school holidays, the majority of our group activities are paused. However, in summer 2024, we decided to trial offering a **"Community Cafe" drop in** session on Thursdays, in response to demand from those who we knew would be isolated at home without groups to come along to. Because there were riots in some other areas of England during summer 2024, our staff were able to support attendees to discuss these events together in a constructive way, enabling people to see different points of view and learn more about one another. The positive feedback we had from these sessions led us to continue offering them in other school holidays.

Financial review

Despite a challenging funding horizon and uncertain income sources, the charity has been able to sustain its activities by securing additional funding during the year. Thanks to our funders over the year 24-25;

- Sheffield City Council
- NHS South Yorkshire ICB and SevenHills Primary Care Network
- The National Lottery, Awards for All and Garfield Weston
- Sheffield Hallam University and Sheffield University
- Voluntary Action Sheffield, Sheffield Community Contact Tracers and Voluntary Action Rotherham
- Synergy Sheffield Mental Health Alliance
- Kings Fund - GlaxoSmithKline (GSK) IMPACT Award

Some reserves were used in the year to carry out all our activities.

Reserves policy

According to the updated reserves policy, the free reserves will be kept between a minimum of £73,629 (to meet cost of redundancies) and maximum of £147,629 (to meet redundancies plus short-term running costs and risk management/short term budget fluctuations).

The free reserves target will be updated annually (which equates to the general fund balance).
As of the year ending 31 March 2025, free reserves were £96,122, meeting the minimum reserves target.

DWB will try to break even each year and maintain the current free reserves balance. However, general funds will be allowed to reduce if this course of action is in the best interests of the organisation.

In addition, the organisation holds £1,119 designated funds for ring-fenced ongoing projects and £57,277 in restricted funds, for use as specified by the funder.

Investment policy

Aside from retaining a prudent amount in reserves each year most of the charity's funds are to be spent in the short term so there are few funds for long term investment. The charity therefore only holds funds in current bank accounts for easy access.

Risk management

The charity has conducted a review of the major risks to which the charity is exposed, and is reviewing a risk register. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Ongoing core capacity funding is a key source of risk – secured funding and the process of applications is reviewed regularly by the trustees.

Our Funding strategy helps minimise risk and enables DWB to maintain a consistent approach to identifying opportunities that align with our vision, aims and objectives. Our funding principles consider:

- Is there a significant development opportunity?
- Does it cover the costs of any additional hours required?
- Can it contribute to core costs?

The role of our Funding & Finance Sub-Committee:

- look at priorities and make recommendations to board. Trustees can then check if it does or doesn't fit in with strategic vision.
- limit funding for delivery that attracts additional pressures on capacity
- consider how we expand our limited fundraising capacity and diversify income
- prioritise funds that enable Full Cost Recovery (FCR) and minimise strategic risk

Our key priorities for the year 24/25 include further diversification of our funding sources and strategic partnerships, enabled by the development of our board of trustees with particular lived experience and skills. We will continue to consolidate and refine what we do, our role as a local anchor and how we capture impact.

Trustees' responsibilities in relation to the financial statements
The charity trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing a Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Small Company Exemptions
The directors have taken advantage of the exemptions available to small companies including the audit exemption (see statement on balance sheet).

The directors declare that they have approved the directors' report above on 30 September 2025

Signed on behalf of the directors:



G Kalsi

Trustee

Independent examiner's report to the directors of Darnall Well Being ('the Company')

I report to the directors on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the directors of the Company you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to organisations preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

S Cochrane

Signed:

Susan Cochrane, FCA DChA
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Date: 01 Oct 2025

Darnall Well Being
Statement of financial activities (incorporating the income and expenditure account)
For the year ended 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Income from:					
Charitable activities	**2**	91,937	349,877	441,814	456,358
Rental income from non-investment property		191,747	-	191,747	198,187
Donations, core grants and legacies	**3**	649	-	649	7,536
Total income		**284,333**	**349,877**	**634,210**	**662,081**
Expenditure on:					
Charitable activities					
Activity & Project Costs		8,377	111,080	119,457	62,023
Gross Salaries	**4**	133,031	221,385	354,416	332,496
Staff & Volunteer On Costs		4,211	3,913	8,124	8,207
Consultancy costs		-	-	-	11,707
Operational Costs		17,778	9,493	27,271	30,705
Other Misc Costs		842	-	842	473
Rental cost on non-investment property		192,093	43	192,136	198,743
Total expenditure		**356,332**	**345,914**	**702,246**	**644,354**
Net income/(expenditure)		(71,999)	3,963	(68,036)	17,727
Transfer of funds	**9**	43,157	(43,157)	-	-
Net movement in funds		(28,842)	(39,194)	(68,036)	17,727
Total funds brought forward		126,083	96,471	222,554	204,827
Total funds carried forward		**97,241**	**57,277**	**154,518**	**222,554**

Darnall Well Being
Balance Sheet
As at 31 March 2025

	Notes	2025 £	2024 £
Current Assets			
Balance at bank and cash		173,100	229,218
Debtors	**5**	9,824	6,764
Total current assets		182,924	235,982
Creditors: amounts falling due within one year	**6**	(28,406)	(13,428)
Net current assets		154,518	222,554
Total assets less current liabilities		154,518	222,554
Creditors: amounts falling due after more than one year		-	-
Total net assets		**154,518**	222,554
Represented By			
FUNDS			
General fund		96,122	111,042
Designated funds		1,119	15,041
Total unrestricted income funds	**8**	97,241	126,083
Restricted income funds	**9**	57,277	96,471
	10	**154,518**	**222,554**

For the year ending 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

Approved by the Board of directors on 30 September 2025

Signed on behalf of the Board of directors:



G Kalsi
Trustee

Darnall Well Being

Statement of Cash Flows
As at 31 March 2025

	2025	2024
	£	£
Net income/(expenditure) for the year (as per the SOFA)	(68,036)	17,727
Adjustments for:		
(Increase)/decrease in debtors	(3,060)	33
Increase/(decrease) in creditors	14,978	985
Net cash provided by/(used in) operating activities	**(56,118)**	**18,745**
Cash and cash equivalents at the beginning of the year	229,218	210,473
Cash and cash equivalents at the end of the year	173,100	229,218

1 Accounting Policies

(a) General

Darnall Well Being is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011.

The directors consider that Darnall Well Being meets the definition of a public benefit entity under FRS 102. The financial statements are prepared under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £.

(b) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from Government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service it is deferred until the criteria for income recognition are met.

(c) Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised in the financial statements. Further information regarding theircontribution is included in the Trustees' Annual Report.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

(d) Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Charitable expenditure comprises those costs incurred by the organisation in the delivery of its activities for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

The organisation undertakes projects with interconnected outcomes and targets. Allocation of expenditure is prioritised to restricted funding, as agreed with funders, on the basis that outcomes and targets of these projects are delivered. A by-product of this approach is that many outcomes and targets of unrestricted projects are also delivered.

(e) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(f) Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables.

(g) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

(h) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1 Accounting Policies - continued

(i) Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose.

Designated funds have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the accounts.

Restricted funds are to be used for specific purposes as laid down by the donor.

(j) Pensions

The organisation has a defined contributions pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

(k) Taxation

As a charity, the organisation is exempt from tax on income and gains falling within the available tax exemptions to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

(l) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that the charity will continue to operate for 12 months from authorising these financial statements. Not all funding streams are secure this far in advance however the trustees will develop a plan of action to be taken to reduce costs, should the required income not be secured.

2 Income from charitable activities

		Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Funder	**Project**				
Big Lottery Fund	Wellbeing Champions	-	21	21	42,535
Manor & Castle Development Trust	Healthy Holidays	-	-	-	5,739
People Keeping Well - Sheffield City Council	Community Wellbeing Programme (including Health Champions and Health Trainer Service)	-	97,700	97,700	97,700
People Keeping Well - Sheffield City Council	Resilient Communities	-	-	-	25,000
People Keeping Well - Sheffield City Council	Dementia work	-	21,444	21,444	19,500
People Keeping Well - Sheffield City Council	Dementia work - extra	-	-	-	3,500
Voluntary Action Sheffield	SY:NC	-	35,961	35,961	60,693
South Yorkshire's Community Foundaiton	Cost of living grant	-	-	-	9,589
Sheffield City Council	Welcome Place	-	30,150	30,150	29,083
Primary Care Sheffield/ NHS South Yorkshire ICB	Social Prescribing link worker	37,973	-	37,973	35,741
Sheffield City Council/Home Office	EU Settlement project	-	-	-	20,005
Voluntary Action Sheffield	Street Champions	-	15,000	15,000	15,000
Voluntary Action Sheffield	Diabetes Action Hub	-	-	-	4,677
Sheffield Autism Partnership Network	Autism project	-	-	-	4,700
Primary Care Network	Mental Health Peer support	12,651	-	12,651	6,037
National Lottery Awards for All	Mindfully moving more	-	19,994	19,994	-
Sheffield City Council	ERF: Discover Darnall	-	63,764	63,764	24,080
Sheffield Town Trust	IT costs	-	-	-	3,000
Sports England	Good sport project	-	-	-	2,471
Sheffield University	Loneliness toolkit	-	-	-	1,468
Sheffield Communtiy Contract tracers	long covid group	1,000	-	1,000	1,050
Voluntary Action Sheffield	Move more	-	800	800	-
Primary Care Sheffield	New Ways of Working	5,253	-	5,253	-
Places for People	Welcoming Place Project	-	1,000	1,000	-
Hubbub Foundation	Darnall Allotment Project	-	6,000	6,000	-
South Yorkshire's Community Foundation	Green Blue social prescribing	-	6,823	6,823	-
The J G Graves Charitable Trust	Community Allotment Storage	-	2,444	2,444	-
Sheffield City Council	Resilient Communities	-	25,000	25,000	-
Peter Harrison Foundation	Peter Harrison Foundation	-	18,000	18,000	
Voluntary Action Sheffield	Reflective Support programme	-	4,000	4,000	-
SYCF	SYCF Legacy Fund	-	776	776	-
Sheffield City Council	Ward pot - IT equipment	-	1,000	1,000	-
Other commissioned work		32,970	-	32,970	43,237
Activities		2,090	-	2,090	1,553
		91,937	**349,877**	**441,814**	456,358
2024: fund split		132,707	323,651		456,358

3 Income from donations, core grants and legacies

	Note	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Donations		649	-	649	4,036
Donations in kind		-	-	-	3,500
		649	**-**	**649**	7,536
2024: fund split		7,536	-		7,536

4 Staff Costs and Numbers

	2025 £	2024 £
Salaries	311,094	292,680
Employer's national insurance Costs	23,641	22,086
Employment allowance	(5,000)	(5,000)
Employer's pension contribution	24,681	22,730
	354,416	332,496

No employee received emoluments of more than £60,000. The average monthly number of employees during the year was 17 (2024: 18).

5 Debtors

	2025 £	2024 £
Trade debtors	9,824	6,764
	9,824	**6,764**

6 Creditors: amounts falling due within one year

	Note	2025 £	2024 £
Trade Creditors		5,387	7,687
Accruals		2,610	2,820
Other creditors		2,906	2,921
Agency funds	**7**	17,503	-
		28,406	**13,428**

7 Agency funds

	2025 £	2024 £
Received in year	19,407	-
Released in the year	(1,904)	-
	17,503	**-**

During the year, the charity received and disbursed funds in an agency capacity on behalf of Sheffield Contact Tracers. These funds do not form part of the charity's own income and expenditure and are therefore excluded from the Statement of Financial Activities. The Charity receives a management fee of £164 for administering the fund.

8 Unrestricted funds

	Balance at 1-Apr-24 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-25 £
Designated funds					
EU Settlement project	3,910	-	(3,238)	(672)	-
Social Prescribing link worker	-	37,973	(33,341)	(4,632)	-
New Ways of Working	-	5,253	(2,287)	(2,171)	795
Diabetes Action Hub	4,677	-	(4,157)	(520)	-
Autism project	3,459	-	(3,459)	-	-
Mental Health Peer support	2,995	12,651	(12,563)	(2,759)	324
Total designated funds	15,041	55,877	(59,045)	(10,754)	1,119
General funds	111,042	228,456	(297,287)	53,911	96,122
Total unrestricted funds	**126,083**	**284,333**	**(356,332)**	**43,157**	**97,241**

The directors have decided to allocate designated funds where projects are not restricted by the funder but they wish to better identify the costs incurred for the projects.
Transfers to general funds have been made in relation to management fees or surpluses on completion of projects.

Prior year comparison	*Balance at 1-Apr-23 £*	*Income £*	*Expenditure £*	*Transfers £*	*Balance at 31-Mar-24 £*
Designated funds					
EU Settlement project	-	*20,005*	*(12,705)*	*(3,390)*	*3,910*
Social Prescribing link worker	-	*35,741*	*(33,341)*	*(2,400)*	-
Healthy Holidays	*3,294*	*5,739*	*(8,379)*	*(654)*	-
Diabetes Action Hub	-	*4,677*	-	-	*4,677*
Autism project	-	*4,700*	*(250)*	*(991)*	*3,459*
Mental Health Peer support	-	*6,037*	*(2,145)*	*(897)*	*2,995*
Total designated funds	*3,294*	*76,899*	*(56,820)*	*(8,332)*	*15,041*
General funds	*132,249*	*261,531*	*(330,068)*	*47,330*	*111,042*
Total unrestricted funds	*135,543*	*338,430*	*(386,888)*	*38,998*	*126,083*

9 Restricted funds

	Balance at 1-Apr-24 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-25 £
Community Wellbeing Programme (including Health Champions and Health Trainer Service)	-	97,700	(77,413)	(20,287)	-
Dementia work	2,926	21,444	(21,013)	(2,578)	779
Men's Football	380	-	-	-	380
Wellbeing Champions	40,772	21	(40,793)	-	-
Tackling Inequalities Fund	671	-	-	-	671
Green Blue social prescribing	-	6,823	(6,189)	(634)	-
Mindfully moving more	892	19,994	(11,439)	(2,208)	7,239
BAME Capacity building	339	-	(339)	-	-
Activity sessions	124	-	(124)	-	-
ERF: Discover Darnall	19,073	63,764	(51,271)	(4,276)	27,290
IT costs	2,229	-	(2,229)	-	-
Good sport project	2,471	-	(2,471)	-	-
Street Champions	(808)	15,000	(14,192)	-	-
SY:NC	14,218	35,961	(50,458)	(4,722)	(5,001)
Cost of living grant	9,589	-	(9,589)	-	-
Welcome Place	3,595	30,150	(26,258)	(3,943)	3,544
Move more	-	800	(800)	-	-
Welcoming Place Project	-	1,000	(1,000)	-	-
Darnall Allotment Project	-	6,000	(4,370)	(30)	1,600
Community Allotment Storage	-	2,444	(2,415)	(29)	-
Resilient Communities	-	25,000	(20,550)	(4,450)	-
Peter Harrison Foundation	-	18,000	-	-	18,000
SYCF Legacy Fund	-	776	-	-	776
Ward pot - IT equipment	-	1,000	(1,000)	-	-
Reflective Support programme	-	4,000	(2,001)	-	1,999
	96,471	**349,877**	**(345,914)**	**(43,157)**	**57,277**

9 Restricted funds - continued

Transfers

The transfers are to unrestricted funds for management and administration charges, recharged overhead costs and internal room hire.

Prior year comparison	*Balance at 1-Apr-23* £	*Income* £	*Expenditure* £	*Transfers* £	*Balance at 31-Mar-24* £
Community Wellbeing Programme (including Health Champions and Health Trainer Service)	-	*97,700*	*(78,325)*	*(19,375)*	-
Resilient Communities	-	*25,000*	*(20,812)*	*(4,188)*	-
Dementia work	*1,160*	*19,500*	*(15,156)*	*(2,578)*	*2,926*
Suicide prevention	*3,000*	-	*(2,700)*	*(300)*	-
Dementia Carers	*1,000*	-	*(1,000)*	-	-
Men's Football	*380*	-	-	-	*380*
Wellbeing activities (previously Cycling activities)	*218*	-	*(218)*	-	-
Wellbeing Champions	*42,934*	*42,535*	*(44,697)*	-	*40,772*
Tackling Inequalities Fund	*1,727*	-	*(1,056)*	-	*671*
Green Blue social prescribing	*3,066*	-	*(3,066)*	-	-
Mindfully moving more	*9,981*	-	*(8,132)*	*(957)*	*892*
BAME Capacity building	*1,709*	-	*(1,370)*	-	*339*
Community Infrastructure Levy	*994*	-	*(600)*	*(394)*	-
Activity sessions	*2,915*	-	*(2,791)*	-	*124*
Innovation Project	*200*	-	-	*(200)*	-
ERF: Discover Darnall	-	*24,080*	*(3,983)*	*(1,024)*	*19,073*
IT costs	-	*3,000*	*(771)*	-	*2,229*
Good sport project	-	*2,471*	-	-	*2,471*
Street Champions	-	*15,000*	*(15,808)*	-	*(808)*
SY:NC	-	*60,693*	*(42,155)*	*(4,320)*	*14,218*
Cost of living grant	-	*9,589*	-	-	*9,589*
Welcoming spaces	-	*24,083*	*(14,826)*	*(5,662)*	*3,595*
	69,284	*323,651*	*(257,466)*	*(38,998)*	*96,471*

10 Analysis of net assets by fund

	General Fund £	**Designated Funds** £	**Restricted Funds** £	**2025 Total** £
Current assets	124,528	1,119	57,277	182,924
Current liabilities	(28,406)	-	-	(28,406)
	96,122	**1,119**	**57,277**	**154,518**

Prior year comparison	*General Fund* £	*Designated Funds* £	*Restricted Funds* £	*2024 Total* £
Current assets	*124,470*	*15,041*	*96,471*	*235,982*
Current liabilities	*(13,428)*	-	-	*(13,428)*
	111,042	*15,041*	*96,471*	*222,554*

11 Independent examiner's fee

	2025 £	2024 £
Independent examination fee - included within operational costs	2,610	2,520
Other fees paid to independent examiner's organisation:		
Taxation services	-	300
Other services	324	270
	324	570

12 Directors' remuneration, benefits and expenses, and the cost of key management personnel

The directors were not paid or received any other benefits from employment with the charity in the year (2024: £nil). No directors were reimbursed expenses during the year (2024: £nil). No director received payment for professional or other services supplied to the charity (2024: £nil).

The key management personnel of the charity comprise the directors and the Senior Leadership Team (SLT) as noted on page 1 of the accounts. The SLT structure was changed from 1 September 2023. The total employee benefits of the key management personnel of the organisation were £156,506 (2024: £160,849) based on the SLT structure splut during the year.

13 Related party transactions

Some directors were involved in local groups which helped the organisation carry out their activities - income at market value was received in the course of this work.

There were no other related party transactions other than those detailed in note 11.

14 Statement of Financial Activities - comparatives

	Unrestricted funds	**Restricted funds**	**Total 2025**	Unrestricted funds	Restricted funds	Total 2024
	£	**£**	**£**	£	£	£
Income from:						
Charitable activities	91,937	349,877	**441,814**	132,707	323,651	456,358
Rental income from non-investment property	191,747	-	**191,747**	198,187	-	198,187
Donations, core grants and legacies	649	-	**649**	7,536	-	7,536
Total income	**284,333**	**349,877**	**634,210**	338,430	323,651	662,081
Expenditure on:						
Charitable activities						
Activity & Project Costs	8,377	111,080	**119,457**	13,456	48,567	62,023
Gross Salaries	133,031	221,385	**354,416**	132,038	200,458	332,496
Staff & Volunteer On Costs	4,211	3,913	**8,124**	6,479	1,728	8,207
Consultancy costs	-	-	**-**	10,097	1,610	11,707
Operational Costs	17,778	9,493	**27,271**	25,635	5,070	30,705
Other Misc Costs	842	-	**842**	440	33	473
Rental cost on non-investment property	192,093	43	**192,136**	198,743	-	198,743
Total expenditure	**356,332**	**345,914**	**702,246**	386,888	257,466	644,354
Net income/(expenditure)	(71,999)	3,963	**(68,036)**	(48,458)	66,185	17,727
Transfer of funds	43,157	(43,157)	**-**	38,998	(38,998)	-
Net movement in funds	(28,842)	(39,194)	(68,036)	(9,460)	27,187	17,727
Total funds brought forward	126,083	96,471	**222,554**	135,543	69,284	204,827
Total funds carried forward	**97,241**	**57,277**	**154,518**	126,083	96,471	222,554

DARNALL WELL BEING

England & Wales - Charity number 1197748

Accounts

Company number: 04027680
Charity number: 1197748

Darnall Well Being

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

for the year ended 31 March 2024

Darnall Well Being
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Darnall Well Being
Legal and administrative information
for the year ended 31 March 2024

Other names

Darnall Well-Being Centre Limited	05 Jul 2000 - 02 Sep 2021
Darnall Well Being Limited	02 Sep 2021 - 23 Sep 2021
Darnall Well Being	from September 2021

Directors

Janet Harris	Acting Chair	
Gareth Johnstone	Chair	Resigned 20 October 2023
Jack Czauderna		
Mark Gamsu		
Mohammed Rahman		
Sheila Manclark		Resigned 27 July 2023
Gina Kalsi		
Riyam Al-Khaily		

Senior Leadership Team from 1st of April to 31st of August 2023

Chief Executive Officer	Lucy Melleney
Project Manager	Natalie Duffy
Finance & Business Officer	Milda Hameed
Health & Wellbeing Manager	Yvonne Witter
Health & Wellbeing Manager	Waqas Hameed
Senior Health & Wellbeing Worker	Jo Ann Van Levesley
Senior Health & Wellbeing Worker	Sofia Gkika
Senior Health & Wellbeing Worker	Claire Birkinshaw

Senior Leadership Team from 1st of September 2023

Chief Executive Officer	Lucy Melleney
Project Manager	Natalie Duffy
Finance & Business Manager	Milda Hameed
Contracts & Communications Manager	Fran Arnold
Health & Wellbeing Manager	Waqas Hameed

Company number
04027680

Charity number
1197748

Registered office
Darnall Primary Care Centre
290 Main Road
Darnall
Sheffield
S9 4QH

Accountants
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Darnall Well Being
Trustee's' Annual Report
for the year ended 31 March 2024

The trustees are pleased to present their annual trustee's report together with the financial statements of the charity for the year ended 31 March 2024 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

Vision, Aims and Objectives

The objects of the charity are to preserve, protect, improve and enhance the medical, social, psychological, physical and community health and wellbeing of the inhabitants of the Darnall, Attercliffe and Tinsley areas of the city of Sheffield (the area of benefit).

Our Vision:
Everyone in our vibrant multicultural community is inspired and able to develop their health and wellbeing with the right support, achieving their full potential as active citizens.

Our core remit as a local community anchor organisation, is to work with local people, to build resilience and address health inequalities, with a focus on early intervention and prevention. We help to foster an environment where people feel able to connect, share and feel part of something, working on what matters to them. We have a range of one-to one support, social prescribing (a local signposting and referral service), group activities, training, events, health campaigns and volunteering opportunities.

We are embedded in community, maintaining a 24-year consistent and holistic approach inspired by the Peckham Experiment (1920-50s), which recognised that "health is more than just the absence of disease" and the "crucial role played by the environment in promoting health". This led to our sustainable co-location with general practice (sponsored by the NHS SY Integrated Care Board - ICB) that enables social, healthy wellbeing activity and advocacy to take place under one roof.

Our Values:
We are inclusive. Diversity and integrity are at the forefront of our approach – collaboration with community, individuals, partners and other organisations is at the heart of our every day delivery.

We offer high quality activities and services, offering a range of opportunities to remove barriers and deliver significant lasting impact and affect change.

We are proactive, offering consistency while being responsive to emerging needs in uncertain times.

We involve local people at every stage; planning activities through to evaluation.

Our Aims:
Develop the conditions for people and communities to be healthy and thrive, by building confidence, collaboration and ultimately capacity in the community.

Create opportunities for people to engage, connect, share, learn and feel part of something great, and offer hope, promoting social cohesion.

Enable wellbeing by delivering bespoke, holistic support that takes a 'whole person' approach rooted in community, complementing the relationship clinicians have with people, asking 'What is the matter with you?' with the relationship we have, which asks 'What matters to you?' .

Deliver an inclusive range of activities comprising social and physical activity groups, one to one advocacy and healthier lifestyle support, training and volunteering opportunities, as well as health promotion and events.

Encourage proactive long term condition management, increasing understanding and self efficacy, improving quality of life.

Our Approach

Through our trusted connections within the neighbourhood, we develop meaningful community research opportunities with our academic partners (notably with Sheffield Hallam University's the Advanced Wellbeing Research Centre - AWRC). This helps capture the voice and lived experience of local people and influence policy and service design. Proactive collaboration with a range of organisations helps us identify and adapt to changing needs, enrich the scope of what we offer to the community and help us create the opportunities for people to be healthy and thrive.

We value the assets, diversity, skills, and interests found in our local communities, and we celebrate the different strengths that individuals and groups bring and share. We welcome the changes that happen when people choose to make the Darnall Ward their home. By taking an asset- based approach, we encourage everyone to be active participants in building a stronger community, improving the health and wellbeing of all, and work together to achieve our common goals, irrespective of all differences.

The Communities We Serve

We understand and meet the complex, multiple needs of our community.
With a total population size of 22,283 [Census 2021], 42% of people in the Darnall Ward fall within the most deprived 10% of neighbourhoods in England. As such, they are adversely impacted by local government cuts, the cost of living crisis, impact from the pandemic and rising inequality. High levels of need include;

- accessible physical activity, declining mobility (14.45% claim Personal Independence Payment , England = 8.66%),
- 8.91% of the working population are disabled under the Equality Act and whose day to day activities are limited a lot (England = 7.33%) and 10.6% of the working age population receive unemployment benefits (England = 4.39%).
- services for people with low literacy (particularly where English is not a first language).
- a number of priority groups based on age, gender, ethnicity and risk indicators such as serious mental illness (SMI) and mental health for all ages including social isolation and loneliness,
- multiple long-term condition management, chronic ill-health and co-morbidity
- support for unpaid carers (3.59% of the working population are providing 50+ hours of unpaid care a week compared with 2.63% for England),
- cohesion: our area is culturally diverse with 60.86% of the population being in a Non-White ethnic group compared to 18.95% for England Within the BAME population, some groups have been long-term Darnall residents while others are newer communities such as Slovak Roma. Most staff and volunteers are local and speak 13 community languages, maximising community engagement .

Chair's Report

Although April 2023 saw the announcement that the Covid pandemic had ended, the World Health Organisation noted that the effects of it would be experienced for long afterwards. This is especially apparent in community organisations, such as Darnall Well Being (DWB), who provide essential, timely and responsive support in the face of local crises and changing needs. At the beginning of the year, we faced some major challenges as an organisation and in terms of the people we support. Many local people continue to express anxiety about being out in public places; this has affected face to face attendance levels and has meant that staff have put more time than was needed pre-pandemic, to support people to go out and to connect. The pandemic has also left a legacy of Long Covid. It is estimated that up to 10% of the UK population are affected by Long Covid, that the prevalence is higher in women, and that it disproportionately affects those in lower income groups. As a result, local people have been unable to work and are feeling the knock on effects of financial and emotional stress as they are challenged to support their families. Over the past 3 years, Darnall Well Being has played a lead role in Sheffield in partnering with other organisations to support people to manage, and they have also been the first to establish a Long Covid Support Group.

Other challenges encountered this year concerned the winter fuel crisis and food poverty., alongside the government's declaration of a national economic recession. See 'Welcome Places' project highlights below.

The situation has increased demand for services while at the same time greatly reducing the amount of resources available to community organisations. The Board and Senior Leadership Team have responded to this challenge by developing routine procedures for bi-monthly review of finances via the Finance Sub-Committee, and regular financial reports at each Board meeting. Procedures for preparing funding applications have been streamlined, and a watching brief is kept in order to identify potential funding. The Board updated our policy on reviewing free reserves, and revised our reserve target in the face of changing economic circumstances.

DWB has also made significant progress on establishing an IT system that will be used to routinely track activity and impact. Evidencing impact is particularly important when there is fierce competition for limited funding.

The Board experienced some turnover during the year, and we would like to thank Gareth Johnstone and Sheila Manclark for their contributions. We have used the turnover to review policies and procedures for recruiting Board members; a campaign has been started to add to our Board membership and plans are being made for further Board training and development.

Last but not least, in October 2023, the team submitted an application to the Kings Fund Glaxo Smith Kline (GSK) Impact Awards. This highly prestigious national award is given each year to 15 charitable organisations. Out of 500+ applicants, we were successful in winning a runner up award of £4,000 and a teach coaching training package worth £3,500. The judging panel provided highly positive feedback on our organisation, and we were encouraged to apply again in 2024. This feedback is a national reflection of the importance of the work that is done by all DWB staff and volunteers - as well as the participation of local people. Local people, working together with volunteers and staff, alongside a wider network of Sheffield partners, have been able to sustain connections and further activities that continue to make Darnall a special place. In the face of the many challenges faced in 2023/2024, the synergies created are a major achievement.

Our Impact - summary of the main activities
Through increasing access to services, we can help mitigate risks such as loneliness and isolation. Our services help to remove barriers and aim to reach those that need it most, through being:

- Accessible and inclusive: local, free or low cost and catered for mixed ability and e.g. for those with a disability, caring needs or dementia-friendly.
- Appropriate and consistent: co-produced, person-centred, helping build trust
- Culturally sensitive where possible and appropriate including community language support
- Designed to address a particular public health priority (e.g. diabetes, dementia, chronic pain)

Delivery Themes:

- 1 to 1 health improvement support (holistic & proactive) and Social Prescribing inc.
    - Condition management and Peer Support Groups
- Activity programme including exercise & social groups
- Volunteering and Training
- Voice and Influence: capturing feedback from lesser heard voices to inform service design & improve use of resources inc.
    - community research, consultation and co-production/design
- Local community anchor role
    - community asset development
    - neighbourhood coordination, partnerships and networks
    - fostering cohesion & Welcome Spaces

Of which, delivery can be categorised as follows:

- direct health 40%
- broader health and wellbeing 45%
- not health specific 15%

Key Project Achievements
We would particularly like to draw attention to the following achievements, which help show the progress we have made during the past year and the sort of benefits we have been able to bring to our community through the support from our funders, donors, partners and service users.

1 to 1 Support and Signposting Service (inc. Social Prescribing Link Worker)
Our Health & Wellbeing team continued to receive referrals for people in need of 1 to 1 support. People referred to us had a number of health conditions, including:

Diabetes type 2, Pre-Diabetes, High Blood Pressure, Fibromyalgia, Obesity, Cholesterol, Persistent Pain, Anxiety, Vitamin D deficiency/ Iron deficiency, Depression, Stress.

As well as providing support to 177 individuals (654 appointments), the team also signposted clients to a number of services. Working with the SevenHills Primary Care Network, we provided a Social Prescribing Link Worker across five local surgeries, as well as two more in the city centre, managing a total of **581 referrals (an increase of 6%) via 1,471 points of contact (an increase of 7% on last year).**

Case study from 1-1 team
Postcode: S9, Age: 45, Female. Reason for Referral: diabetes type 2, persistent Pain and overweight - to improve knowledge of health and wellbeing to manage health conditions.

Process of change: client needed to make small achievable changes (goals) to her lifestyle.

Motivation
- Come out of the house to see a DWB worker - a first step to making changes.
- Encouraged to understand the importance of a healthy diet, reduced portion sizes and carbs awareness, as well as high and low fat usage whilst cooking
- To increase physical activity by accessing Darnall Well Being groups.

Role of the DWB intervention
- Connected her to our local, monthly diabetes peer support group.
- Educated her about how to make healthier choices, the importance of exercise for losing weight and to help her joints with gentle movement at the chairobics group.
- Since receiving 1-1 support, she is able to engage with others better, she doesn't feel tired as much as she used to and she now feels able to make further changes for herself. DWB group sessions helped her learn about other health problems and how to prevent other illnesses.

Change in Behaviour for client
- Feeling very happy and connected - overall wellbeing has improved.
- Became more aware of diabetes complications - managed to control her diabetes
- More confident to attend to the groups by herself now.

Health & Wellbeing Perspective
The client has become more determined to stay healthy by looking after herself and remembering that good health leads towards a happier and brighter life span. She has done well in making the changes to her diet, increased her physical activity, and changed the behaviour of her family. She has been very proactive in managing the changes and motivating her family to do the same. She has immensely appreciated our support and now has the resources to enable her to continue to understand and feel in control of her diabetes.

EU Settled Status Project
On the EU Settlement Scheme project, we have supported **477 unique individuals with 1,403 interactions in total,** helping with the submission of 106 EUSS applications, as well as providing support and signposting with a number of other needs, including cost of living support.

People Keeping Well - Dementia Project
Our dementia support comprised two dementia cafes (one fortnightly in Handsworth, and another monthly in Darnall), On The Plot (art-based activities for people with dementia and their carers at Darnall Allotment Project), Dementia Carers' Support Group and a Dementia Music Focus group, run in collaboration with the University of Sheffield. **120 dementia groups** ran over the course of the year, **with 2,877 attendances in total.**

Groups and 1-1 numbers: unique attendees over the whole year is around 104. We took 68 new referrals and made 204 wellbeing calls to dementia service users. Quarterly breakdown below:

	Q1	Q2	Q3	Q4	Year Total
1to1 Referrals	6	26	10	26	68
Wellbeing calls	41	49	43	71	204
Other contacts	131	62	54	51	298
Cafes & Plot					120 sessions
Unique beneficiaries					104 individuals (est)
Attendances	432	494	994	957	2,877 points of contact
Dementia Friends trained	3	21	8	8	40
of which, Volunteers					**10**
Dementia Awareness-raising and stigma-reducing events/ stalls/talks/sessions sessions	97	127	431	359	1,014 points of contact

We also ran 12 Dementia Carers sessions with a total of 21 beneficiaries (169 points of contact).

NB: All of this Dementia work is delivered by one part-time worker, supported by volunteers with the carers' group delivered in partnership with Sheffield Carers' Centre since Jan '24.

Community Wellbeing Programme and Peer Support Groups
We provided **nine different core activity groups**, offering opportunities for the local community to come together and improve their physical and mental wellbeing in different ways. Groups in this period were:

Craft, Women's Chairobics (Darnall & Tinsley), Women's Yoga (Darnall & Tinsley), Women's Fun Fitness, Men's Health, Health Walk and Somali Dance.

We also ran **four regular peer support groups** for people with long-term conditions:

- Diabetes Peer Support Groups in Darnall (monthly) & Tinsley (quarterly)
- Long Covid Support and Persistent Pain Groups in Darnall (both monthly)

Across all groups, we delivered **a total of 241 sessions** (see below for breakdown per group).

Particularly notable in this period is that we decided to increase the frequency of our Men's Health Group from fortnightly to weekly, in response to increased demand. We started Somali Dance in November 2023, and this proved so popular that we have already moved it to a bigger venue, to allow more women to take part.

Group	unique beneficiaries	Attendances for year
Craft group	22	207
Darnall Women's chairobics	44	264
Women's Fun Fitness	5	9
Darnall Women's Yoga	13	30
Diabetes Peer Support - Darnall	62	147
Diabetes Peer Support - Tinsley	24	35
Long Covid Peer Support	13	53
Men's Health Group	33	253
Monday Health walk	28	243
Persistent Pain Peer Support	45	82
Somali Dance	24	97
Tinsley Women's Chairobics	32	315
Tinsley Women's Yoga	36	236
	278 total beneficiaries	**1,971 total points of contact**

- Ages of attendees ranged from 20 to 93.
- They came from 11 different postcode areas, and from at least 15 different ethnicities.
- Of which, 189 women, 58 men, 31 unknown/prefer not to say.
- Two of these people (one man, one woman) attended five different groups each, and a significant number of people attended 4 or 3 different groups.

Suicide Prevention

In collaboration with Sheffield Flourish, via a Sheffield City Council Small Grants, we were able to organise and facilitate two interactive sessions in June 2023, aimed at raising awareness of suicide, helping reduce stigma around mental health, and making people aware of the range of services/support available across the city. **We had 16 attendees at each session; 32 points of contact in total**. There was a good turnout of older male participants, some of whom have experienced mental health difficulties and have faced several barriers and stigma accessing support. We also had some female participants from the Asian community, some of whom struggled understanding English, so we developed the session and tailored our resources to meet their needs.

Men's Health Group also had a number of group discussions on Men's Healthy Minds, focusing on introducing supportive strategies around looking after one's mental health. Ten members of staff and one volunteer also did the Zero Suicide Alliance Suicide Prevention training.

Local Community Anchor Role - Wider Community Development:
A 2022 report by Locality (a national membership network) found that local community 'anchor' organisations take an holistic, whole-person approach to support, which plays a vital role in allowing them to positively impact on the quality of life of those most affected by health inequalities. This mainly occurs through: community engagement, social connectedness, strengthening community infrastructure, skills development, and physical and mental health improvement over time. Community Anchors tend to be:

- independent and community led, focusing on local impact and challenges
- multi-purpose, employing staff, providing services and activities,
- committed to positive economic, social, or environmental change in their community,
- surviving often through generating a diversity of income streams
- a way to give voice to local people in the shaping and delivery of community services

We continue to embed and develop our wider neighbourhood role, with health and wellbeing at our core.

Welcome Places Sep '23 to Mar '24: at least 129 points of contact
Alongside the Local Area Committee worker we will develop the network of Welcome Places to ensure support and help for all impacted by the 'cost of living' crisis. Our two Community Development Workers have made regular visits to existing Welcome Places venues around the area, as well as meeting and signing up new places, widening the existing network and linking places with each other and with other helpful support, training and funding opportunities. Our own Welcome Place session re-opened and a brand new pop-up display was made for Cost of Living Information and local activities as well as adding a new space in the GP waiting room to add information in Slovakian/ Czech Language for the local Roma Community to access information. We made numerous referrals to the local foodbank and signposted people to other support.

Recognising that there was a need to raise awareness about the number of Welcome Places around the area in a clear accessible way, our Communications Manager developed a poster listing all venues in the community, using symbols to communicate the facilities and support available at each place. This proactive and novel approach gave stronger project visibility and a sense of collective participation. It has been picked up on and replicated by at least two other areas of the city.

Events/local outreach – we have reached around 1,700 people via these routes.
Events examples - Collaborative Conversations in Darnall and Tinsley that fed into the Sheffield City Goals work. During the year, we have **hosted five medical students,** two dietetics students and two OT students on community placements from Sheffield University and Sheffield Hallam University. We have attended a number of community events, sharing information about our support and activities to over 1000 people, as well as distributing books from Sheffield Reads to local children and families.

In collaboration with Sheffield Olympic Legacy Park, Tinsley Forum and some local residents, we have put together three editions of the **Community Connector** – a free printed colour newsletter which our team makes available to pick up all around Darnall ward, as well as being available to read online. This newsletter has included content from over 40 local groups and organisations, sharing information about support and activities that are available in the local area.

We posted 532 social media posts across Facebook, Instagram and Twitter, which resulted in 4103 engagements from our followers. We also reached over 500 people regularly via posting to WhatsApp groups - the majority of group members being local to Darnall ward.

Sheffield Youth – Neighbourhoods & Communities Programme (SY:NC)

Jun '23 to Mar '24: 94 sessions recorded (inc. physical activity, conversations, trips). One of the original aims for SYNC was to enable greater connectivity and coordination with two key, locally based, delivery partners (Tinsley Forum and Darnall Education & Sports Academy - DESA) to support, enhance and extend existing delivery and capacity. This added value and helped strengthen local infrastructure in the area, alongside the overarching themes and objectives of SYNC.

We remain passionate about increasing opportunities for local people and want to enable infrastructure investment and capacity-building to help bridge gaps and lead the way in terms of a more strategic and joined-up approach and are well-placed to facilitate partnerships and sharing best practice in the context of Children, Young People and Families.

Voice and Influence - citywide
We have continued to represent the area at VAS and Healthwatch's Long Covid Network Steering Group, and a member of our team is representative for the VCSE sector on South Yorkshire ICB's Digital, Research and Innovation System Delivery Group. Our CEO is a member of the VCS Leaders Forum and our senior team attended monthly PKW provider Network meetings.

Sheffield VCS Communications & Marketing Network group organised, planning and facilitating 4 in-person meetings during the year.

Partner and network meetings that we facilitate include:

- SYNC partnership meetings
- Darnall Attercliffe & Tinsley Partnership
- VCS Comms & Marketing network
- Community Connector planning with partners
- Community researcher meetings

Other collaborations included the groups: Somali Development Group, Citizens Advice re Community Access Point, SUFC Community Foundation, Sheffield Young Explorers, Disability Sheffield re autism, mental health, Tinsley Forum re parenting course and Oasis Don Valley parents' coffee morning outreach.

SHU Civic Fellowship – Embedded Research
We saw the second year of this ongoing research delivered by Sheffield Hallam University's (SHU) AWRC. The research explored the relationship between sport, physical activity and employment in youth and young adults. The project did things differently by using co-production methods, offering between 12 - 15 paid intern roles for 16 - 23 year olds in Darnall to attend workshops that shaped a framework for service design.

Contribution made by our Volunteers

29 volunteers provided support to the running of our groups, **contributing a total of 2,200 hours**, including spending time on training and 1-1 and group supervisions.

Tasks undertaken include helping to set up and close down rooms for groups, taking registers, registering new attendees, providing refreshments, offering signposting information about local support available, and having conversations about health and care topics, and feeding back to our staff where relevant/necessary. Our

dementia groups were particularly well supported by a number of volunteers at every session. One volunteer provided regular admin support with our CRM system, simplifying and improving our reporting and monitoring.

A number of volunteers undertook Mental Health First Aid, Cancer Awareness and Dementia Friends Training. We paired new volunteers with more experienced volunteers or members of staff leading the activities.

Staff training

Our team has attended a number of training sessions, including:

- A number of staff and volunteers attended a 2 day Mental Health First Aider course
- Cost of living with Citizens Advice Sheffield – expanding knowledge on signposting
- Nine team members completed suicide prevention training
- Training with Voluntary Action Sheffield – learning about volunteering good practice
- Community Leadership
- Tenancy rights
- The whole team has done GDPR training
- Some Senior Leadership Team has done Designated Safeguarding Lead training.
- 2 team members attended Autism Waiting List training, and at the end of Q4 we launched as a provider in the city-wide Autism Waiting List support project.
- We also have a team member who is working on the Mental Health Peer Support project, and she has undertaken training, ahead of referrals starting.

New Developments

Co-produced community research into social prescribing and frailty in a culturally diverse community

We have run training in collaboration with SHU AWRC – 15 local people have been trained in becoming Community Researchers, and between them have carried out 27 interviews. The project aimed to explore: what frailty prevention services people used, identify any gaps, who should provide the services and where, what is understood about social prescribing and how might socially prescribed services meet frailty needs.

The approach was to "do research **with** rather than **on** communities, to value the **lived experience** and **insider knowledge** that people closest to specific issues bring and to build the capacity of individuals and organisations to do research themselves...leaving a legacy".

A celebration event, followed by an evaluation, will be reported on in the next financial year and the hope is this will lead to further opportunities.

Future plans

Our key priorities for the year 24/25 include further diversification of our funding sources and strategic partnerships, enabled by the development of our board of trustees with particular lived experience and skills. We plan to refine our funding toolkit and strengthen our narrative through investing in time to shape how we measure and capture impact and consistent data across the whole organisation. This in turn will help DWB raise our profile as a local anchor and the need for more infrastructure investment.

Financial review

Despite a challenging funding horizon and uncertain income sources, the charity has been able to sustain its activities by securing additional funding during the year. Thanks to our funders over the year 23-24;

- Sheffield City Council
- NHS South Yorkshire ICB and SevenHills Primary Care Network
- The National Lottery, Awards for All and Garfield Weston
- Sheffield Hallam University and Sheffield University
- Voluntary Action Sheffield, Sheffield Community Contact Tracers and Voluntary Action Rotherham
- Synergy Sheffield Mental Health Alliance
- Kings Fund - GlaxoSmithKline (GSK) IMPACT Award

Reserves policy
The free reserves policy sets out the free reserves target to be kept between a minimum of £60,000 (to meet cost of redundancies) and maximum of £134,000 (to meet redundancies plus short term running costs and risk management/short term budget fluctuations).

As at 31 March 2024, free reserves (general funds) were £111,042, falling within the reserves target range. In addition the organisation held £15,041 designated funds for ring-fenced ongoing projects and £96,471 in restricted funds, for use as specified by the funder.

The free reserves target range will be updated annually. DWB will try to break even each year and maintain the current free reserves balance. However, general funds will be allowed to reduce if this course of action is in the best interests of the organisation.

Structure, Governance & Management
Darnall Well Being was incorporated on 5 July 2000 and its Memorandum and Articles of Association govern it. The Memorandum and Articles of Association were amended in December 2021 to assist in the registration with the Charity Commission – this was completed on 1 February 2022. The registered charity number is 1197748. The organisation's name was also changed to "Darnall Well Being" during this process – the previous name was "Darnall Well-Being Centre Limited".

Any surplus income is reinvested to meet our objectives, which are charitable; that is to say they are carried out entirely for the public benefit, to promote health and wellbeing, especially but not exclusively in the Darnall Ward. Resources are targeted to areas or to community interest groups who suffer the highest levels of deprivation and health inequalities.

The trustees all carry out their duties in a voluntary capacity. They meet at least eight times each year to consider the work of the charity and to receive reports and take advice from its managers. They then decide and oversee its strategy and supervise the managers who are charged with implementing it. The senior leadership team are responsible for day to day decision making and for supervising the remaining staff and volunteers.

Risk management
The charity has conducted a review of the major risks to which the charity is exposed, and is reviewing a risk register. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Ongoing core capacity funding is a key source of risk – secured funding and the process of applications is reviewed regularly by the trustees.

Further development of our Board of Trustees remains a priority, to broaden diversity, local representation and attract specific areas of interest that will help the organisation thrive including creating a Friends of Darnall Wellbeing Group.

Our new **Funding Strategy** has been developed to ensure an approach that enables DWB to:

- maintain a consistent, clear approach to identifying and reviewing new and emerging opportunities
- align new funding and projects to our vision, aims and strategic objectives
- refine our approach when we horizon scan the funding landscape
- consider collaborative funding, in relation to our aims and needs
- more clearly communicate our fundraising priorities and criteria for progressing a bid

Our funding principles consider the following questions to help manage risk:

- Is there a significant development opportunity?
- Does it cover the costs of any additional hours required?
- Does it cover core costs?
- Restricted V Designated?

The role of our Funding & Finance Sub-Committee:

- to look at priorities and give recommendations to the board. Trustees can then check if it does or doesn't fit in with strategic vision.
- limit funding for delivery that attracts additional pressures on capacity
- consider how we expand our limited fundraising capacity
- prioritise funds that enable Full Cost Recovery (FCR) and minimise strategic risk

Investment policy
Aside from retaining a prudent amount in reserves each year most of the charity's funds are to be spent in the short term so there are few funds for long term investment. The charity therefore only holds funds in current bank accounts for easy access.

Trustees' responsibilities in relation to the financial statements
The charity trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing a Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Small Company Exemptions
The directors have taken advantage of the exemptions available to small companies including the audit exemption (see statement on balance sheet).

The directors declare that they have approved the directors' report above on 11/10/24

Signed on behalf of the directors:

Print Name: Gina Kabsi

Position: Trustee

Independent examiner's report to the directors of Darnall Well Being ('the Company')

I report to the directors on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the directors of the Company you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

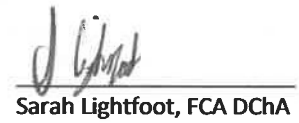
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to organisations preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Sarah Lightfoot, FCA DChA
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Date: 17 October 2024

Darnall Well Being
Statement of financial activities (incorporating the income and expenditure account)
For the year ended 31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Income from:					
Charitable activities	2	132,707	323,651	456,358	371,049
Rental income from non-investment property		198,187	-	198,187	160,675
Donations, core grants and legacies	3	7,536	-	7,536	18,150
Total income		**338,430**	**323,651**	**662,081**	**549,874**
Expenditure on:					
Charitable activities					
Activity & Project Costs		13,456	48,567	62,023	45,988
Gross Salaries	4	132,038	200,458	332,496	354,053
Staff & Volunteer On Costs		6,479	1,728	8,207	4,092
Consultancy costs		10,097	1,610	11,707	9,924
Operational Costs		25,635	5,070	30,705	35,346
Other Misc Costs		440	33	473	495
Governance costs - legal fees		-	-	-	1,366
Rental cost on non-investment property		198,743	-	198,743	160,675
Total expenditure		**386,888**	**257,466**	**644,354**	**611,939**
Net income/(expenditure)		(48,458)	66,185	17,727	(62,065)
Transfer of funds	9	38,998	(38,998)	-	-
Net movement in funds		(9,460)	27,187	17,727	(62,065)
Total funds brought forward		135,543	69,284	204,827	266,892
Total funds carried forward		**126,083**	**96,471**	**222,554**	**204,827**

Darnall Well Being
Balance Sheet
As at 31 March 2024

	Notes	2024 £	2023 £
Current Assets			
Balance at bank and cash		229,218	210,473
Debtors	5	6,764	6,797
Total current assets		235,982	217,270
Creditors: amounts falling due within one year	6	(13,428)	(12,443)
Net current assets		222,554	204,827
Total assets less current liabilities		222,554	204,827
Creditors: amounts falling due after more than one year		-	-
Total net assets		**222,554**	204,827
Represented By			
FUNDS			
General fund		111,042	132,249
Designated funds		15,041	3,294
Total unrestricted income funds	8	126,083	135,543
Restricted income funds	9	96,471	69,284
	10	**222,554**	**204,827**

For the year ending 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

Approved by the Board of directors on 11/10/24

Signed on behalf of the Board of directors:

Print name: Gina Kalsi

Position: Trustee.

Darnall Well Being

Statement of Cash Flows
As at 31 March 2024

	2024	2023
	£	£
Net income/(expenditure) for the year (as per the SOFA)	17,727	(62,065)
Adjustments for:		
(Increase)/decrease in debtors	33	37,076
Increase/(decrease) in creditors	985	(14,718)
Net cash provided by/(used in) operating activities	**18,745**	**(39,707)**
Cash and cash equivalents at the beginning of the year	210,473	250,180
Cash and cash equivalents at the end of the year	229,218	210,473

1 Accounting Policies

(a) General

Darnall Well Being is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011.

The directors consider that Darnall Well Being meets the definition of a public benefit entity under FRS 102. The financial statements are prepared under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £.

(b) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from Government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service it is deferred until the criteria for income recognition are met.

(c) Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised in the financial statements. Further information regarding theircontribution is included in the Trustees' Annual Report.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

(d) Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Charitable expenditure comprises those costs incurred by the organisation in the delivery of its activities for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

The organisation undertakes projects with interconnected outcomes and targets. Allocation of expenditure is prioritised to restricted funding, as agreed with funders, on the basis that outcomes and targets of these projects are delivered. A by-product of this approach is that many outcomes and targets of unrestricted projects are also delivered.

(e) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(f) Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables.

(g) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

(h) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1 Accounting Policies - continued

(i) Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose.

Designated funds have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the accounts.

Restricted funds are to be used for specific purposes as laid down by the donor.

(j) Pensions

The organisation has a defined contributions pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

(k) Taxation

As a charity, the organisation is exempt from tax on income and gains falling within the available tax exemptions to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

(l) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that the charity will continue to operate for 12 months from authorising these financial statements. Not all funding streams are secure this far in advance however the trustees will develop a plan of action to be taken to reduce costs, should the required income not be secured.

2 Income from charitable activities

		Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Funder	**Project**				
Big Lottery Fund	Wellbeing Champions	-	42,535	42,535	42,536
Manor & Castle Development Trust	Healthy Holidays	5,739	-	5,739	23,715
People Keeping Well - Sheffield City Council	Community Wellbeing Programme (including Health Champions and Health Trainer Service)	-	97,700	97,700	96,100
People Keeping Well - Sheffield City Council	Resilient Communities	-	25,000	25,000	25,000
People Keeping Well - Sheffield City Council	Dementia work	-	19,500	19,500	19,000
People Keeping Well - Sheffield City Council	Dementia work - extra	3,500	-	3,500	-
Sheffield City Council	Suicide prevention	-	-	-	3,000
Voluntary Action Sheffield	SY:NC	-	60,693	60,693	-
South Yorkshire's Community Foundaiton	Cost of living grant	-	9,589	9,589	-
Sheffield City Council	Welcoming spaces	5,000	24,083	29,083	-
Primary Care Sheffield/ NHS South Yorkshire ICB	Social Prescribing link worker	35,741	-	35,741	32,400
Sheffield City Council/Home Office	EU Settlement project	20,005	-	20,005	25,327
Voluntary Action Sheffield	Street Champions	-	15,000	15,000	28,750
Voluntary Action Sheffield	Diabetes Action Hub	4,677	-	4,677	-
Sheffield Autism Partnership Network	Autism project	4,700	-	4,700	-
Primary Care Network	Mental Health Peer support	6,037	-	6,037	-
National Lottery Awards for All	Mindfully moving more	-	-	-	9,981
Sheffield City Council	ERF: Discover Darnall	-	24,080	24,080	-
Sheffield Town Trust	IT costs	-	3,000	3,000	-
Sports England	Good sport project	-	2,471	2,471	-
Sheffield University	Loneliness toolkit	1,468	-	1,468	-
Sheffield Communtiy Contract tracers	long covid group	1,050	-	1,050	-
We are cycling UK	The Big Bike Revival	-	-	-	1,951
Move More	Move more Empowering Communities	-	-	-	9,300
NHS South Yorkshire ICB	Cost Of Living	-	-	-	15,000
NHS South Yorkshire ICB	Vaccination programme	-	-	-	3,300
Sheffield Football Association	Innovation Project	-	-	-	200
Voluntary Action Rotherham	BAME Capacity building	-	-	-	3,000
Sheffield City Council	Community Infrastructure Levy	-	-	-	3,548
Sheffield City Council - EAST LAC	Activity sessions	-	-	-	3,000
Eon	Wellbeing activities (previously Cycling activities)	-	-	-	3,050
Talbot trust	Roma health work	-	-	-	2,500
Sheffield City Council	Covid 19 memorial fund	-	-	-	1,641
Harry Bottom Charitable Trust	Office costs	-	-	-	2,500
Sheffield Community Contact Tracers	Sheffield Community Contact Tracers	-	-	-	660
NHS South Yorkshire ICB	Dementia Carers	-	-	-	1,000
Other commissioned work		43,237	-	43,237	13,827
Activities		1,553	-	1,553	763
		132,707	**323,651**	**456,358**	**371,049**
2023: fund split		140,542	230,507		371,049

3 Income from donations, core grants and legacies

	Note	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Donations		4,036	-	4,036	8,150
Donations in kind		3,500	-	3,500	-
Core grants		-	-	-	10,000
		7,536	-	7,536	18,150
2023: fund split		10,250	7,900		18,150

4 Staff Costs and Numbers

	2024 £	2023 £
Salaries	292,680	309,976
Employer's national insurance Costs	22,086	23,587
Employment allowance	(5,000)	(5,000)
Employer's pension contribution	22,730	25,490
	332,496	354,053

No employee received emoluments of more than £60,000. The average monthly number of employees during the year was 18 (2023: 19).

5 Debtors

	2024 £	2023 £
Trade debtors	6,764	6,797
	6,764	6,797

6 Creditors: amounts falling due within one year

	Note	2024 £	2023 £
Trade Creditors		7,687	7,799
Accruals		2,820	2,280
Other creditors		2,921	2,364
Deferred income	7	-	-
		13,428	12,443

7 Deferred income

	2024 £	2023 £
Brought forward	-	13,752
Released in the year	-	(13,752)
	-	-

Deferred income relates to funding received prior to the funding period specified by the funder.

8 Unrestricted funds

	Balance at 1-Apr-23	Income	Expenditure	Transfers	Balance at 31-Mar-24
	£	£	£	£	£
Designated funds					
EU Settlement project	-	20,005	(12,705)	(3,390)	3,910
Social Prescribing link worker	-	35,741	(33,341)	(2,400)	-
Healthy Holidays	3,294	5,739	(8,379)	(654)	-
Diabetes Action Hub	-	4,677	-	-	4,677
Autism project	-	4,700	(250)	(991)	3,459
Mental Health Peer support	-	6,037	(2,145)	(897)	2,995
Total designated funds	3,294	76,899	(56,820)	(8,332)	15,041
General funds	132,249	261,531	(330,068)	47,330	111,042
Total unrestricted funds	135,543	338,430	(386,888)	38,998	126,083

The directors have decided to allocate designated funds where projects are not restricted by the funder but they wish to better identify the costs incurred for the projects.
Transfers to general funds have been made in relation to management fees or surpluses on completion of projects.

Prior year comparison	*Balance at 1-Apr-22*	*Income*	*Expenditure*	*Transfers*	*Balance at 31-Mar-23*
	£	*£*	*£*	*£*	*£*
Designated funds					
EU Settlement project	-	*25,327*	*(19,832)*	*(5,495)*	-
Social Prescribing link worker	-	*32,400*	*(30,000)*	*(2,400)*	-
Healthy Holidays	-	*23,715*	*(18,041)*	*(2,380)*	*3,294*
Move more Empowering Communities	-	*9,300*	*(8,373)*	*(927)*	-
Street Champions	*24,854*	*28,750*	*(53,604)*	-	-
Vaccination programme	-	*3,300*	*(2,640)*	*(660)*	-
Total designated funds	*24,854*	*122,792*	*(132,490)*	*(11,862)*	*3,294*
General funds	*154,548*	*188,675*	*(249,586)*	*38,612*	*132,249*
Total unrestricted funds	*179,402*	*311,467*	*(382,076)*	*26,750*	*135,543*

9 Restricted funds

	Balance at 1-Apr-23	Income	Expenditure	Transfers	Balance at 31-Mar-24
	£	£	£	£	£
Community Wellbeing Programme (including Health Champions and Health Trainer Service)	-	97,700	(78,325)	(19,375)	-
Resilient Communities	-	25,000	(20,812)	(4,188)	-
Dementia work	1,160	19,500	(15,156)	(2,578)	2,926
Suicide prevention	3,000	-	(2,700)	(300)	-
Dementia Carers	1,000	-	(1,000)	-	-
Men's Football	380	-	-	-	380
Wellbeing activities (previously Cycling activities)	218	-	(218)	-	-
Wellbeing Champions	42,934	42,535	(44,697)	-	40,772
Tackling Inequalities Fund	1,727	-	(1,056)	-	671
Green Blue social prescribing	3,066	-	(3,066)	-	-
Mindfully moving more	9,981	-	(8,132)	(957)	892
BAME Capacity building	1,709	-	(1,370)	-	339
Community Infrastructure Levy	994	-	(600)	(394)	-
Activity sessions	2,915	-	(2,791)	-	124
Innovation Project	200	-	-	(200)	-
ERF: Discover Darnall	-	24,080	(3,983)	(1,024)	19,073
IT costs	-	3,000	(771)	-	2,229
Good sport project	-	2,471	-	-	2,471
Street Champions	-	15,000	(15,808)	-	(808)
SY:NC	-	60,693	(42,155)	(4,320)	14,218
Cost of living grant	-	9,589	-	-	9,589
Welcoming spaces	-	24,083	(14,826)	(5,662)	3,595
	69,284	323,651	(257,466)	(38,998)	96,471

9 Restricted funds - continued

Transfers

The transfers are to unrestricted funds for management and administration charges, recharged overhead costs and internal room hire.

Prior year comparison	*Balance at 1-Apr-22* £	*Income* £	*Expenditure* £	*Transfers* £	*Balance at 31-Mar-23* £
Community Wellbeing Programme (including Health Champions and Health Trainer Su	-	*96,100*	*(78,815)*	*(17,285)*	-
Resilient Communities	-	*25,000*	*(20,735)*	*(4,265)*	-
Dementia work	-	*19,000*	*(15,262)*	*(2,578)*	*1,160*
Suicide prevention	*1,000*	*3,000*	*(1,000)*	-	*3,000*
Dementia Carers	-	*1,000*	-	-	*1,000*
Men's Football	*380*	-	-	-	*380*
Staff Wellbeing	*244*	-	*(244)*	-	-
Wellbeing activities (previously Cycling activities)	*1,046*	*3,050*	*(3,291)*	*(587)*	*218*
Wellbeing Champions	*41,502*	*42,536*	*(41,104)*	-	*42,934*
Tackling Inequalities Fund	*1,950*	-	*(223)*	-	*1,727*
Community Connector	*4,190*	-	*(4,190)*	-	-
The Big Bike Revival	-	*1,951*	*(1,480)*	*(471)*	-
Community Covid Recovery Grant	*23,632*	-	*(22,771)*	*(861)*	-
Green Blue social prescribing	*9,474*	-	*(6,408)*	-	*3,066*
Mindfully moving more	-	*9,981*	-	-	*9,981*
Grow Together	*4,072*	-	*(4,072)*	-	-
Cost Of Living	-	*15,000*	*(15,000)*	-	-
BAME Capacity building	-	*3,000*	*(987)*	*(304)*	*1,709*
Community Infrastructure Levy	-	*3,548*	*(2,554)*	-	*994*
Activity sessions	-	*3,000*	*(85)*	-	*2,915*
Roma health work	-	*2,500*	*(2,250)*	*(250)*	-
Innovation Project	-	*200*	-	-	*200*
Covid 19 memorial fund	-	*1,641*	*(1,492)*	*(149)*	-
Restricted donations	-	*7,900*	*(7,900)*	-	-
	87,490	*238,407*	*(229,863)*	*(26,750)*	*69,284*

10 Analysis of net assets by fund

	General Fund £	**Designated Funds** £	**Restricted Funds** £	**2024 Total** £
Current assets	124,470	15,041	96,471	235,982
Current liabilities	(13,428)	-	-	(13,428)
	111,042	**15,041**	**96,471**	**222,554**

Prior year comparison	*General Fund* £	*Designated Funds* £	*Restricted Funds* £	*2023 Total* £
Current assets	*144,692*	*3,294*	*69,284*	*217,270*
Current liabilities	*(12,443)*	-	-	*(12,443)*
	132,249	*3,294*	*69,284*	*204,827*

11 Independent examiner's fee

	2024 £	2023 £
Independent examination fee - included within operational costs	2,520	2,130
Other fees paid to independent examiner's organisation:		
Taxation services	300	-
Other services	270	-
	570	-

12 Directors' remuneration, benefits and expenses, and the cost of key management personnel

The directors were not paid or received any other benefits from employment with the charity in the year (2023: £nil). No directors were reimbursed expenses during the year (2023: £nil). No director received payment for professional or other services supplied to the charity (2023: £nil).

The key management personnel of the charity comprise the directors and the Senior Leadership Team (SLT) as noted on page 1 of the accounts. The SLT structure was changed from 1 September 2023. The total employee benefits of the key management personnel of the organisation were £160,849 (2023: £186,114) based on the SLT structure splut during the year.

13 Related party transactions

Some directors were involved in local groups which helped the organisation carry out their activities - income at market value was received in the course of this work.

There were no other related party transactions other than those detailed in note 11.

14 Statement of Financial Activities - comparatives

	Unrestricted funds £	Restricted funds £	Total 2024 £	Unrestricted funds £	Restricted funds £	Total 2023 £
Income from:						
Charitable activities	132,707	323,651	**456,358**	140,542	230,507	371,049
Rental income from non-investment property	198,187	-	**198,187**	160,675	-	160,675
Donations, core grants and legacies	7,536	-	**7,536**	10,250	7,900	18,150
Total income	**338,430**	**323,651**	**662,081**	311,467	238,407	549,874
Expenditure on:						
Charitable activities						
Activity & Project Costs	13,456	48,567	**62,023**	21,622	24,366	45,988
Gross Salaries	132,038	200,458	**332,496**	160,335	193,718	354,053
Staff & Volunteer On Costs	6,479	1,728	**8,207**	3,180	912	4,092
Consultancy costs	10,097	1,610	**11,707**	3,924	6,000	9,924
Operational Costs	25,635	5,070	**30,705**	30,479	4,867	35,346
Other Misc Costs	440	33	**473**	495	-	495
Governance costs - legal fees	-	-	**-**	1,366	-	1,366
Rental cost on non-investment property	198,743	-	**198,743**	160,675	-	160,675
Total expenditure	**386,888**	**257,466**	**644,354**	382,076	229,863	611,939
Net income/(expenditure)	(48,458)	66,185	**17,727**	(70,609)	8,544	(62,065)
Transfer of funds	38,998	(38,998)	**-**	26,750	(26,750)	-
Net movement in funds	(9,460)	27,187	17,727	(43,859)	(18,206)	(62,065)
Total funds brought forward	135,543	69,284	**204,827**	179,402	87,490	266,892
Total funds carried forward	**126,083**	**96,471**	**222,554**	135,543	69,284	204,827

DARNALL WELL BEING

England & Wales - Charity number 1197748

Accounts

Company number: 04027680
Charity number: 1197748

Darnall Well Being

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

for the year ended 31 March 2023

Darnall Well Being
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Darnall Well Being
Legal and administrative information
for the year ended 31 March 2023

Other names

Darnall Well-Being Centre Limited	to September 2021
Darnall Well Being Limited	during September 2021

Directors

Gareth Johnstone	Chair	
Jack Czauderna		
Mark Gamsu		
Mohammed Rahman		
Sheila Manclark		Resigned 27 July 2023
Janet Harris		
Lyn Brandon		Resigned 19 May 2022
Rosalyn Davies		Resigned 14 April 2023
Gina Kalsi		
Riyam Al-Khaily		

Key management

Chief Executive Officer	Lucy Melleney
Project Manager	Natalie Duffy
Health and Wellbeing Managers	Waqas Hameed
	Yvonne Witter
Senior Health and Wellbeing Workers	Claire Birkinshaw
	Jo Anne Van Levesley
	Sofia Gkika
Finance and Business Officer	Milda Hameed

Company number
04027680

Charity number
1197748

Registered office
Darnall Primary Care Centre
290 Main Road
Darnall
Sheffield
S9 4QH

Independent Examiner (and accountants)
Sarah Lightfoot, FCA DChA
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Darnall Well Being
Directors' annual report
for the year ended 31 March 2023

The directors are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2023 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

Structure Governance & management
Darnall Well Being was incorporated on 5 July 2000 and its Memorandum and Articles of Association govern it. The Memorandum and Articles of Association were amended in December 2021 to assist in the registration with the Charity Commission – this was completed on 1 February 2022. The registered charity number is 1197748. The organisation's name was also changed during this process – the previous name was "Darnall Well-Being Centre Limited".

The directors all carry out their duties in a voluntary capacity. They meet at least eight times each year to consider the work of the charity and to receive reports and take advice from its managers. They then decide and oversee its strategy, and supervise the managers who are charged with implementing it. The managers are responsible for day to day decision making and for supervising the remaining staff and volunteers.

Aims and objectives
The objects of the charity are to preserve, protect, improve and enhance the medical, social, psychological, physical and community health and wellbeing of the inhabitants of the Darnall, Attercliffe and Tinsley areas of the city of Sheffield (the area of benefit).

Our core remit is to work with local people, to build resilience and address health inequalities, with a focus on early intervention and prevention. We help to foster an environment where people feel able to connect, share and feel part of something, working on what matters to them. We have a range of one-to one support, social prescribing (a local signposting and referral service), group activities, training, events, health campaigns and volunteering opportunities.

We are embedded in community, maintaining a 22-year consistent and holistic approach inspired by the Peckham Experiment (1920-50s), which recognised that "health is more than just the absence of disease" and the "crucial role played by the environment in promoting health". This led to our sustainable co-location with general practice, that enables social, healthy wellbeing activity to take place under one roof.

Through our trust and connections in community, we aim to involve local people at every stage; planning activities through to evaluation. Proactive collaboration with a range of organisations helps us identify and adapt to changing needs, enhance the scope of what we offer to community and help us create the opportunities for people to be healthy and thrive.

Our services and team reflect the area's diversity and are open to all. With our asset-based approach to community development and awareness of the social determinants of health, we create a framework for positive change.

Through increasing access to services, we can help mitigate risks such as loneliness and isolation. Our services help to remove barriers and aim to reach those that need it most, through being:

- Accessible and inclusive: local, free or low cost and catered for mixed ability and e.g. for those with a disability, caring needs or dementia-friendly.
- Appropriate and consistent: co-produced, person-centred, helping build trust because we listen and try to respond to local need.
- Culturally sensitive where possible and appropriate including community language support
- Designed to address a particular public health priority (diabetes, dementia, chronic pain, unpaid carers)

The communities we serve

We value the diversity, skills, and interests found in our local communities, and we celebrate the different strengths that individuals and groups bring and share. We welcome the changes that happen when people choose to make Darnall, Tinsley, Acres Hill and Attercliffe, their home. By taking an asset- based approach we encourage everyone to be active participants in building a stronger community, improving the health and wellbeing of all, and work together to achieve our common goals, irrespective of all differences.

Any surplus income is reinvested to meet our objectives, which are charitable; that is to say they are carried out entirely for the public benefit, to promote health and wellbeing, especially but not exclusively in Darnall Ward. Resources are targeted to areas or to community interest groups who suffer the highest levels of deprivation and health inequalities.

The Ward encompasses Darnall, Tinsley, Acres Hill and Attercliffe areas, which fall within the 10% most deprived nationally; Darnall is the third most deprived neighbourhood in Sheffield with an IMD (Incidence of Multiple Deprivation) 2015 score of 59.2 and 18% of 65+ at risk of hospital admission - Acres Hill and Attercliffe with 5% of 'all ages' at risk (*CCG CPM database 2015*). As such, it is disproportionately affected by austerity measures leading to inequality. With an ageing population and increasing prevalence of co-morbidity, people benefit from moving away from services designed around illness, to a focus on what is important to the person.

Our area is culturally diverse, with over half of the population (total 22,149) from a Black and Minority Ethnic (BAME) background (53.8%). Within the BAME population, some groups have been long-term Darnall residents while others are new arrivals. The Darnall neighbourhood (within the Ward) is the third most deprived neighbourhood in Sheffield, experiencing higher levels of ill-health, poverty and low health literacy than the city's average. There are also transient communities such as Slovak Roma. There are high levels of need related to poor mental health, social isolation in the elderly, chronic ill-health and co-morbidity as well as low levels of physical activity, uptake of services e.g. screening, poor nutrition and obesity and low literacy levels (particularly where English is not a first language). There are a number of priority 'communities of interest' groups based on age, gender, ethnicity and risk indicators such as serious mental illness (SMI) and being a carer (*2011 census*: 10% of the Darnall Ward were unpaid carers – second highest in Sheffield).

Activity and Core Offer

Our services continue to help address the root causes of health inequality and ill-health. During the year 1st April 2022 – 31st March 2023 we continued to develop our core public health work. Our Community Wellbeing Programme delivers:

- One to one support: Our health and well being workers offer healthy lifestyle or condition management support with some complex case management specialisms)
- Social prescribing: person-centred one to one advocacy, signposting and GP referral service, working in an integrated, multi-disciplinary partnership with health, social care and other statutory services, plus a range of specialist citywide and local providers.
- Volunteering – Well Being Champions taking a community development approach to skills building and peer support, helping build trust and reach in to community
- Public health promotion – events, training, awareness-raising, campaigns, talks and workshops
- Group sessions – focusing on physical and social health.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

Achievements and Project Performance

We would particularly like to draw attention to the following achievements, which help show the progress we have made during the past year and the sort of benefits we have been able to bring to our community through the support from our funders, donors, partners and service users.

Social Prescribing (1to1 support and signposting service, April 22 – March 23)

- Our Social Prescribing link worker (PCN funded) received 545 referrals this year, a 15% increase on the year before. We had a total point of contact 1373 working across 5 GP practices. Working on issues ranging from support with long term conditions to housing and benefits.
- The Health and Wellbeing team had 1185 points of contact and saw 233 new Clients.
- Dementia 1:1 Support: received 97 referrals – over 500 points of contact each quarter
- Food bank referrals – 38 (not inc. EU settlement project referrals Darnall and Tinsley residents)
- Morrisons Community Food donation - food, toiletries and Christmas presents – 72 families in the year.

EU Settlement project

Between April 2022 and March 2023, the EUSS team of two part time employees continued to support clients (mostly from the Slovak Roma community) with the settlement scheme. The team continued to deal with many clients month after month, even after the government deadline in June 2021 and reduced funding. We have supported 1983 individuals and recorded 3229 points of contacts with those individuals. 235 applications were submitted with our one to one support. 244 queries were non EUSS related queries and 122 referrals were made to other organisations such as foodbanks, CAS, SCC and other charities and organizations.

People Keeping Well

Our People Keeping Well programme consist of the below projects:
Community Well Being, Resilient Communities, Dementia, and Suicide Prevention.

Community Wellbeing Programme highlights

Our post-Covid recovery is to offer stability, a reassuring presence, enable people to reconnect, get out in the fresh air and lift people's mood. Through our community well being programme we continued to develop and deliver a core offer of activities focusing on:

- Move more (men's and women's health, use of outdoor spaces, uptake in group activity and improve mobility and long-term condition management),
- Improving mood and mental wellbeing / emotional resilience
- Social and fun activities to lift community spirit, rekindle connections and enable people to process and reflect
- Learning, empowering, access.

During the financial year April 2022 to March 2023, DWB delivered the following activities;

- Monday health walk
- Chairobics – Darnall (Online sessions)
- Chairobics - Tinsley (Face to face sessions)
- Men's Health group
- Craft group
- Tinsley Women Only Walk
- Fun Football – women only
- Activity Taster Sessions at English Institute of Sport Sheffield (EIS) – mixed group
- Activity Taster session at EIS – Women only

A total of 946 participants attended activities which included participants who attend Green and Blue social prescribing and new participants.

Green and Blue Social Prescribing encouraged and delivered walks in a place the community could access via public transport. Group trips to Peak District (Longshaw, Castleton, Hathersage, Langsett), Clifton Park, Millhouses Park, Endcliffe Park, Botanical Gardens, Porter Valley & Forge Dam, Victoria Quays, Tinsley Canal, Canal boat trip and Weston Park Museum.

Our focus for Resilient Communities over the year was to continue facilitating and supporting growth and resilience in the community, delivering services and activities that provide opportunities for local people's voice, concerns and ideas to be harnessed in order to affect positive change. We did this by leading and supporting partnership working such as Darnall and Tinsley stakeholders meeting and co-production of the Community Connector newsletter. We continued to share good practice and developed active links with partners such as the university to facilitate active citizenship through participation in research. As well as facilitating and enabling our volunteers.

Dementia Activity Highlights
Well Being Calls to clients have continued; these are generally well received and give a clear indication of the interest, accessibility, and availability for the clients/ carers in attending activities.

Activities running throughout the year have included Memories Café (Handsworth) and 'Happy Memories' (Darnall), Carers Zooms and 'On the Plot' Allotment experience with an 'Art Twist'. Volunteers have continued to support delivery, Dementia Friends training and activities for example 35 Dementia Friends were made in one Quarter.

A carer commented that "It has always been lovely attending the MM sessions, bringing back Nan to life, with memories and latterly tactile experiences, so she could join in. You are the only place that treat us all properly, nan and the family – I am so very impressed with the care, dedication, and sheer life you breathe into clients and carers – I didn't know what to expect when we first came, even thought I am a carer, by profession."

"I am so deeply touched by all you have done for us as a family your support has been fantastic! Thank you" (Client and Granddaughter)

Healthy Activities with Food
We continued with the successful delivery of HAF, taking on the locality coordination for Darnall and Tinsley. During the year we supported other organisations in the area to successfully apply and deliver, as well as deliver activities ourselves through the half terms.

We organised and delivered 25 sessions in total and 593 places offered to children eligible for free school meals between the ages of 5 and 16 years to participate in sport and craft activities with food.

Volunteers
Reaching Communities and Community Champions: We had 40 volunteers active at different times throughout the year, 16 of whom were new Wellbeing Champions recruited during that period. Approximately 800 volunteer hours completed over that period.

A Thank You event was held in High Hazels Park in June 2022 to mark National Volunteers' Week, and regular meetings were held for volunteers to catch up with one another, do training, get the latest information about DWB, and so on.

Over the year volunteers have helped support with activity group delivery, public health promotion, combating misinformation about Covid vaccines, running community events, and have been crucial in feeding back what they hear about local people's concerns and needs throughout the year.

Digital volunteering training arranged in September 2022 with Heeley Development Trust to get two of our volunteers feeling confident in offering support with getting online at our Welcoming Places drop in from late September 2022 onwards.

Good Things Foundation came in to meet 3 volunteers, who carried out road testing of their updated Learn My Way training. "We're really looking forward to our visit and hearing what you and your learners think about the new Learn My Way." Mary Booth, Good Things Foundation

Partnership Delivery (Activities delivered in partnership)

- SCCCC winter blanket campaign – got our craft group involved with knitting squares for this campaign. Feedback from SCCCC when they'd received them all: "Huge thank you to all the wonderful crafters at @darnallwb for their donation to our #knitawinterblanket campaign. They are wonderful".
- Sheffield University Medical School – hosted 3 students, who all contributed towards running groups, delivering Community Connectors, making local contacts, creating a video about Darnall Allotment Project, and reviewing our website to make it more user friendly.
- Welcoming Places network – created flyers for the area with consistent branding, shared regular comms with all the registered Welcoming Places in the area, and helped run meetings with them.

As well as our activities and services, we also delivered and engaged in a wider variety of other community engagement activity **including events, talks, workshops, consultations, and health initiatives.** Examples;

- Ongoing work on building a bespoke Client Relationship Management (CRM) system for the organisation using AirTable, thanks to support from Tom French.
- National Data Bank – we became members of this initiative from the Good Things Foundation in autumn 2022, and are listed on the map on their website as a source of access to free mobile data.
- Laptops 4 All – sourced 4 laptops for people in need in the community, plus a further 2 for our digital volunteers, which they use when running drop in sessions and providing admin support.
- We had an information stall and provided craft and dodgeball activities throughout the day at the inaugural Olympic Legacy in Action event in June 2022.
    - We also provided craft activities and an information stall at the Waterfront Festival at Attercliffe Moorings in September 2022.
- Public Health community briefing and shared notes from the call with the DWB team. Raised questions with Public Health on behalf of team members and fed back answers - 23 June 2022
- Roma History Month – Sheffield City Council event supported by DWB.

COVID -19 specific work

- We had ongoing comms with SCC and CCG re vaccines. Pulled together feedback from our Community Champions and staff about vaccine clinics and comms around them – response from Emma Taylor, Covid Response Project Coordinator: "thank you so, so much for your information – this is incredibly valuable community intelligence. Thank you for taking the time to explain and consider all aspects of a potential clinic offer in the community in terms of intelligence, area locations and events. All extremely useful."
- We also sat on the Long Covid Steering Group – active participant in regular meetings about Long Covid needs and support in the city - with VAS and Healthwatch, and STH Long Covid Rehab Hub.
- We planned and ran two Covid Community Memorial events in March – one in Darnall and another in Tinsley. An open invitation to local communities, our service users and activity participants to come together and share their experiences during Covid. This was facilitated by Darnall Well Being staff and volunteers, with involvement from local faith leaders and support organisations (Church of Christ – Darnall, Attercliffe & Darnall Centre of Mission, Friday Apostles, Darnall Allotment, Tinsley Allotment, Sheffield Churches Council for Community Care and Rivers Team Ministry, Sheffield Mind, Compassionate Sheffield, Sheffield IAPT). It was an opportunity for people to take time to reflect on the past few years in the pandemic.

Social Media and Website (April 2022 – March 23)

Posts on DWB social media have been about: vaccines (importance of having, safety, pop up clinics, how to book appointments, who is eligible), mental wellbeing, access to food, diabetes support inc Diabetes Week, dementia support, our activity groups online and in person, local events, access to food, employment support, cost of living support, Citizens Advice access, food waste recycling trial in Darnall

- 30 new posts/pages on our website
- Filmed, edited and posted 22 videos on DWB's YouTube channel.
- 159 posters/flyers/leaflets created
- Social media following increased as follows: Instagram 450 to 540, Twitter 1359 to 1860 and Facebook 296 to 547.

Over the year, we posted 528 tweets and 434 Facebook/Instagram posts in total, and kept our entries up to date on the Alzheimer's' Society Dementia Directory and People Keeping Well websites, as well as helping Sheffield City Council to update their Living Well guide for all activities in our area. Update emails sent with information about our own and other organisations' support and activities weekly throughout the year to our team, volunteers, and local contacts.

Staff training

Our staff and volunteers have also undertaken a number of different training opportunities such as;
Training:

- Advancing Digital training was made available for the team, with some members obtaining their Essential Digital Skills qualification.
- Safeguarding, Food hygiene, Chair based exercise training, Fire training, Mindfulness training, Emergency First Aid At Work training, Walk leadership awareness, Level 3 Social Prescribing link worker training, Live Lighter training, Understanding Overweight and Obesity

Awards

Milda Hameed was shortlisted to the top 10 for the Glu Recruit Office Heroes award, after a team nomination!

Financial review

Despite the background of uncertain income sources, the charity has been able to sustain its activities with additionally secured funding during the year.

Thanks to our principal funders over the year 22-23;

- Sheffield City Council
- NHS South Yorkshire ICB (formally Sheffield CCG)
- Primary Care Network
- Big Lottery Fund
- Big Lottery Awards for All
- Sheffield Hallam University
- Sheffield University
- Manor And Castle Development Trust
- Yorkshire Sports Foundation
- Voluntary Action Sheffield
- We Are Cycling UK
- Sheffield Medical School
- South Yorkshire's Community Foundation
- Eon
- Talbot Trust
- Sheffield Community Contact tracers
- Voluntary Action Rotherham
- Sheffield Football Association
- Harry Bottom Charitable Trust
- Garfield Weston Foundation

Some reserves were utilised in the year to carry out all our activities:

- General funds decreased by £22,299 to £132,249
- Designated funds decreased by £21,560 to £3,294
- Restricted funds decreased by £18,206 to £69,284 (fully utilising all remaining covid-19 support)

Reserves policy

The free reserves target as of 31 March 2023 was £133,000 to meet cost of redundancies, short term running costs and risk management/short term budget fluctuations The free reserves target will be updated annually.

The free reserves (which equates to the general fund balance) as of 31 March 2023 were £136,173, meeting the minimum reserves target. DWB will try to break even each year and maintain the current free reserves balance. However, general funds will be allowed to reduce if this course of action is in the best interests of the organisation.

In addition the organisation holds £3,294 designated funds for ring-fenced ongoing projects and £69,546 in restricted funds, for use as specified by the funder.

Investment policy

Aside from retaining a prudent amount in reserves each year most of the charity's funds are to be spent in the short term so there are few funds for long term investment. The charity therefore only holds funds in current bank accounts for easy access.

Risk management

The charity has conducted a review of the major risks to which the charity is exposed, and is in the process of developing a risk register. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces.

Ongoing funding is a key source of risk – secured funding and the process of applications is reviewed regularly by the trustees. Future plans to broaden income streams are outlined below.

Further development of our Board of Trustees remains a priority, to broaden diversity, local representation and attract specific areas of interest that will help the organisation thrive including creating a Friends of Darnall Well Being group.

Future plans

We want to broaden our income streams to both protect existing operating levels and consolidate our broader remit as a local neighbourhood anchor organisation, with leadership in areas such as community development, digital inclusion, cohesion and grassroots public health approaches. Part of this work will be to prioritise opportunities that encourage local collaboration and partnerships, extending our capacity, showing we are serious about prevention by reaching people at an earlier stage e.g. young people and young adults. With short-term funding, it remains difficult to undertake longer-term business planning and therefore a Funding and Finance Sub-Group has been established to review our forecasting and budgets and help develop our funding strategy. This will help us make the best use of resources available, whilst ensuring we remain as responsive as possible to local need.

We will also be looking at improving our organisational infrastructure and internal monitoring systems, to ensure we are excelling and can more clearly demonstrate scope and impact.

Our delivery plans for the coming year will focus on shaping how we ensure our Community Wellbeing Programme stays consistent and meets the needs of the local community. We will start to focus on Welcoming Places where we will offer support and guidance on the Cost of Living Crisis. With the addition of Community Champions funded via Voluntary Action Sheffield we hope to strengthen our volunteer team.

We want to deepen our understanding of the needs of local people and how best to meet the challenges and harness the vibrancy and opportunities in the area. Initial plans include further development of our relationship with academic partners. Specifically, hosting our AWRC colleague - Dave Hembrough – as part of an embedded researcher 2-day secondment, funded by Westfield Health. The brief will explore experiences of and opportunities for local young people and young adults and DWB's role in this.

We hope to host third-year University of Sheffield medical students again, as part of their social accountability term.

A key part of DWB's future sustainability and operation is our continued presence in Darnall Primary Care Centre. We will continue our dialogue with the Integrated Care Board for ongoing sponsorship of our tenancy in the building and review our dedicated community space, in order to sign a new lease that is fit for purpose.

The funding horizon is even more challenging and uncertain than ever before in the face of continued austerity measures and cost of living crisis. We will continue to explore new avenues of funding and find ways to broaden income streams; helping to create a more mixed economy of funding. This will in part include encouraging direct investment from health e.g. primary care.

Working in partnership both locally and across the city, is integral to our future sustainability.

Exemptions
The directors have taken advantage of the exemptions available to small companies including the audit exemption (see statement on balance sheet).

The directors declare that they have approved the directors' report above on 9/10/2023

Signed on behalf of the directors:

Print Name: G.KALSI

Position: TRUSTEE

Darnall Well Being
Chair's report
for the year ended 31 March 2023

As we look back on another year of activity I am struck by both how things have changed, and how much more has continued as before. We remain committed to providing opportunities to improve the health and wellbeing of everyone in the communities we serve – and make no mistake, as an organisation, we are here to serve the community.

The threat of Covid-19 remained real throughout the year, and we are rightly proud that throughout the pandemic we have maintained services and developed our role as a trusted communicator between the NHS, the Local Authority, and the community. As vaccination, social distancing, and public awareness, mitigated some of the risks of infection we continued our partnership work with Public Health and the NHS to address a wide range of other health issues affecting people of all ages and circumstances.

Our staff and volunteers have provided information, practical and emotional support, and enjoyable activities, throughout the year in many settings, encouraging participants to try new things, make changes, and join their families, friends and neighbours in exploring opportunities available. I cannot speak highly enough of each and every one of them.

Partnership working is key to how we operate, bringing our respective strengths and resources together. Some of this is high profile with major Sheffield institutions such as the previously mentioned NHS and Council, and also the Universities, Westfield Health, other People Keeping Well providers, and with smaller local groups and organisations. Details of much of this can be found in regular issues of Community Connector, an initiative created during the height of the pandemic, and which now forms part of our ongoing communications strategy, making available to all information about not only Darnall Well Being activities, but those of dozens of other groups as well. (An online example can be read here:

https://darnallwellbeing.org.uk/news/newsletters/community-connector-spring-2023/)

None of this would happen without stable, secure funding, and we are grateful to our funders and donors who have made our work possible and achievable. However like many voluntary, community, and charitable organisations, we begin each year with a funding deficit, and struggle to bring in sufficient additional money to balance the books. The work that goes on behind the scenes to identify funding sources, write and submit bids, and not be discouraged when many of these are rejected cannot be underestimated, and is greatly appreciated.

As ever challenges other than funding exist. Recruitment and retention of staff and volunteers when they have so many other demands on them is an ongoing concern, and we are fortunate to have their loyalty and commitment. An often overlooked role is that of Trustee, and our board needs to be more diverse, reflecting the demographics of DWB and the wider community. As we are a registered charity, members of the Board play a vital role in ensuring that the organisation fulfils its core purposes. Attendance at board meetings 6-8 times a year for 90 minutes or so can help us achieve our goals. If you would like to know more please contact me via the office and I will be happy to speak to you about it in more detail.

Finally, if there's something you think we could be doing that would improve the health, wellbeing, and general quality of life for this community, let us know. Even better, think about joining us and making it happen. We are stronger, and more able, together.

Gareth Johnstone

Chair, Board of Trustees

Independent examiner's report to the directors of Darnall Well Being ('the Company')

I report to the directors on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the directors of the Company you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

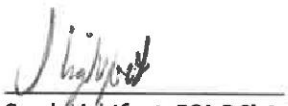
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I a member of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to organisations preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Sarah Lightfoot, FCA DChA
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Date: 10 October 2023

Darnall Well Being
Statement of financial activities (incorporating the income and expenditure account)
For the year ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Income from:					
Charitable activities	2	139,779	230,507	370,286	501,436
Rental income from non-investment property		160,675	-	160,675	146,220
Donations, core grants and legacies		10,250	7,900	18,150	50
Other trading activities					
Activities and fundraising		763	-	763	91
Total income		**311,467**	**238,407**	**549,874**	**647,797**
Expenditure on:					
Charitable activities					
Activity & Project Costs		21,622	24,366	45,988	41,877
Gross Salaries	3	160,335	193,718	354,053	347,355
Staff & Volunteer On Costs		3,180	912	4,092	6,505
Consultancy costs		3,924	6,000	9,924	-
Operational Costs		30,479	4,867	35,346	44,346
Other Misc Costs		495	-	495	31
Governance costs - legal fees		1,366	-	1,366	-
Rental cost on non-investment property		160,675	-	160,675	146,220
Total expenditure		**382,076**	**229,863**	**611,939**	**586,334**
Net income/(expenditure)		(70,609)	8,544	(62,065)	61,463
Transfer of funds	9	26,750	(26,750)	-	-
Net movement in funds		(43,859)	(18,206)	(62,065)	61,463
Total funds brought forward		179,402	87,490	266,892	205,429
Total funds carried forward		**135,543**	**69,284**	**204,827**	**266,892**

Darnall Well Being
Balance Sheet
As at 31 March 2023

	Notes	2023 £	2022 £
Current Assets			
Balance at bank and cash		210,473	250,180
Debtors	4	6,797	43,873
Total current assets		217,270	294,053
Creditors: amounts falling due within one year	5	(12,443)	(27,161)
Net current assets		204,827	266,892
Total assets less current liabilities		204,827	266,892
Creditors: amounts falling due after more than one year		-	-
Total net assets		**204,827**	266,892
Represented By			
FUNDS			
General fund		132,249	154,548
Designated funds		3,294	24,854
Total unrestricted income funds	8	135,543	179,402
Restricted income funds	9	69,284	87,490
	10	**204,827**	**266,892**

For the year ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

Approved by the Board of directors on 9/10/2023

Signed on behalf of the Board of directors:



Print name: G.KALSI

Position: TRUSTEE

Darnall Well Being

Statement of Cash Flows
As at 31 March 2023

	2023 £	2022 £
Net income/(expenditure) for the year (as per the SOFA)	(62,065)	61,463
Adjustments for:		
(Increase)/decrease in debtors	37,076	(39,258)
Increase/(decrease) in creditors	(14,718)	7,838
Net cash provided by/(used in) operating activities	**(39,707)**	**30,043**
Cash and cash equivalents at the beginning of the year	250,180	220,137
Cash and cash equivalents at the end of the year	210,473	250,180

Darnall Well Being
Notes to the financial statements
For the year ended 31 March 2023

1 Accounting Policies

(a) General

Darnall Well Being is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011.

The directors consider that Darnall Well Being meets the definition of a public benefit entity under FRS 102. The financial statements are prepared under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £.

(b) Income

All incoming resources are included in the Statement of Financial Activities when the organisation has entitlement to the funds, certainty of receipt and the amount can be measured with sufficient reliability.

Grants and programme income, where entitlement is not conditional on the delivery of a specific performance by the organisation, are recognised when the organisation becomes unconditionally entitled to the grant.

Income from grants and projects, where related to performance and specific deliverables, are accounted for as the organisation earns the right to consideration by its performance.

(c) Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Charitable expenditure comprises those costs incurred by the organisation in the delivery of its activities for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

The organisation undertakes projects with interconnected outcomes and targets. Allocation of expenditure is prioritised to restricted funding, as agreed with funders, on the basis that outcomes and targets of these projects are delivered. A by-product of this approach is that many outcomes and targets of unrestricted projects are also delivered.

(d) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(e) Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables.

(f) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

(g) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

(h) Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose.

Designated funds have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the accounts.

Restricted funds are to be used for specific purposes as laid down by the donor.

1 Accounting Policies - continued

(i) Pensions

The organisation has a defined contributions pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

(j) Taxation

As a charity, the organisation is exempt from tax on income and gains falling within the available tax exemptions to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

(k) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that the charity will continue to operate for 12 months from authorising these financial statements. Not all funding streams are secure this far in advance however the trustees will develop a plan of action to be taken to reduce costs, should the required income not be secured.

2 Income from charitable activities

Funder	Project	Note	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Big Lottery Fund	Wellbeing Champions		-	42,536	42,536	42,536
Manor & Castle Development Trust	Healthy Holidays		23,715	-	23,715	17,603
People Keeping Well - Sheffield City Council	Community Wellbeing Programme (including Health Champions and Health Trainer Service)		-	96,100	96,100	96,100
People Keeping Well - Sheffield City Council	Resilient Communities		-	25,000	25,000	25,000
People Keeping Well - Sheffield City Council	Dementia work		-	19,000	19,000	15,000
Sheffield City Council	Suicide prevention		-	3,000	3,000	-
Primary Care Sheffield/ NHS South Yorkshire ICB	Social Prescribing link worker		32,400	-	32,400	32,400
Sheffield City Council/Home Office	EU Settlement project		25,327		25,327	47,020
Sheffield City Council	Street Champions		28,750		28,750	39,750
We are cycling UK	The Big Bike Revival		-	1,951	1,951	790
Move More	Move more Empowering Communities		9,300		9,300	16,800
National Lottery Awards for All	Mindfully moving more		-	9,981	9,981	-
NHS South Yorkshire ICB	Cost Of Living		-	15,000	15,000	-
NHS South Yorkshire ICB	Vaccination programme		3,300		3,300	-
Sheffield Football Association	Innovation Project		-	200	200	-
Voluntary Action Rotherham	BAME Capacity building		-	3,000	3,000	-
Sheffield City Council	Community Infrastructure Levy		-	3,548	3,548	-
Sheffield City Council - EAST LAC	Activity sessions		-	3,000	3,000	-
Eon	Wellbeing activities (previously Cycling activities)		-	3,050	3,050	-
Talbot trust	Roma health work		-	2,500	2,500	-
Sheffield City Council	Covid 19 memorial fund		-	1,641	1,641	-
Harry Bottom Charitable Trust	Office costs		2,500		2,500	-
Sheffield Community Contact Tracers	Sheffield Community Contact Tracers		660		660	-
NHS South Yorkshire ICB	Dementia Carers		-	1,000	1,000	-
South Yorkshire's Community Foundation	Green Blue social prescribing		-	-	-	10,000
Tinsley Community Forum	Community Connector		-	-	-	1,800
People Keeping Well - Sheffield City Council	Partnership Expansion		-	-	-	10,000
Primary Care Sheffield	DAP worker		-	-	-	32,400
Sheffield CCG	Engagement work		-	-	-	5,000
Sheffield City Council	New Arrivals		-	-	-	3,000
Sheffield City Council	Community Covid Response Fund		-	-	-	20,000
Sheffield City Council	Community Covid Recovery Grant		-	-	-	23,632
Sheffield City Council Core Service Grant	Holiday Hunger		-	-	-	2,456
Sheffield City Council	Women Cycling		-	-	-	16,525
Sheffield City Council	Sheffield is Sweet Enough		-	-	-	600
Cycling UK	Cyclist club		-	-	-	1,883
The JG Graves Charitable Trust	Art on the Plot (Darnall Allotment)		-	-	-	1,500
Darnall Area Trust Fund	Activity Support		-	-	-	375
National Lottery Awards for All	Grow Together		-	-	-	9,986
Other commissioned work			13,827	-	13,827	29,280
			139,779	**230,507**	**370,286**	501,436
2022: fund split			218,253	283,183		501,436

3 Staff Costs and Numbers

	2023	2022
	£	£
Salaries	309,976	307,085
Employer's national insurance Costs	23,587	20,370
Employment allowance	(5,000)	(4,000)
Employer's pension contribution	25,490	23,900
	354,053	347,355

No employee received emoluments of more than £60,000. The average monthly number of employees during the year was 19 (2022: 19).

4 Debtors

	2023	2022
	£	£
Trade debtors	6,797	43,873
	6,797	**43,873**

5 Creditors: amounts falling due within one year

	Note	2023	2022
		£	£
Trade Creditors		7,799	8,417
Accruals		2,280	2,550
Other creditors		2,364	2,442
Agency funds	6	-	-
Deferred income	7	-	13,752
		12,443	**27,161**

6 Agency funds

There were no agency funds in the year.

Prior year comparison	*Balance at 1-Apr-21*	*Income*	*Expenditure*	*Transfers*	*Balance at 31-Mar-22*
	£	*£*	*£*	*£*	*£*
Victory Club Roof	-	*23,000*	*(23,000)*	-	-
High Hazels PTA	-	*2,500*	*(2,375)*	*(125)*	-
	-	*25,500*	*(25,375)*	*(125)*	-

Agency funds were administered on behalf of organisations that do not have separate bank accounts. Any fees charged for acting as agent are recognised as income.

7 Deferred income

	2023	2022
	£	£
Brought forward	13,752	10,000
Released in the year	(13,752)	(10,000)
Deferred in the year	-	13,752
	-	**13,752**

Deferred income relates to funding received prior to the funding period specified by the funder.

8 Unrestricted funds

	Balance at 1-Apr-22 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-23 £
Designated funds					
EU Settlement project	-	25,327	(19,832)	(5,495)	-
Social Prescribing link worker	-	32,400	(30,000)	(2,400)	-
Healthy Holidays	-	23,715	(18,041)	(2,380)	3,294
Move more Empowering Communities	-	9,300	(8,373)	(927)	-
Street Champions	24,854	28,750	(53,604)	-	-
Vaccination programme	-	3,300	(2,640)	(660)	-
Total designated funds	24,854	122,792	(132,490)	(11,862)	3,294
General funds	154,548	188,675	(249,586)	38,612	132,249
Total unrestricted funds	**179,402**	**311,467**	**(382,076)**	**26,750**	**135,543**

The directors have decided to allocate designated funds where projects are not restricted by the funder but they wish to better identify the costs incurred for the projects.
Transfers to general funds have been made in relation to management fees or surpluses on completion of projects.

Prior year comparison

	Balance at 1-Apr-21 £	*Income* £	*Expenditure* £	*Transfers* £	*Balance at 31-Mar-22* £
Designated funds					
EU Settlement project	*7,640*	*47,020*	*(48,216)*	*(6,444)*	-
Allotment	*199*	-	*(199)*	-	-
Social Prescribing link worker	-	*32,400*	*(30,000)*	*(2,400)*	-
Healthy Holidays	-	*17,603*	*(14,869)*	*(2,734)*	-
DAP worker	-	*32,400*	*(30,000)*	*(2,400)*	-
Move more Empowering Communities	-	*16,800*	*(12,936)*	*(3,864)*	-
Street Champions	-	*39,750*	*(14,896)*	-	*24,854*
Total designated funds	*7,839*	*185,973*	*(151,116)*	*(17,842)*	*24,854*
General funds	*123,658*	*178,641*	*(194,229)*	*46,478*	*154,548*
Total unrestricted funds	*131,497*	*364,614*	*(345,345)*	*28,636*	*179,402*

9 Restricted funds

	Balance at 1-Apr-22 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-23 £
Community Wellbeing Programme (including Health Champions and Health Trainer Service)	-	96,100	(78,815)	(17,285)	-
Resilient Communities	-	25,000	(20,735)	(4,265)	-
Dementia work	-	19,000	(15,262)	(2,578)	1,160
Suicide prevention	1,000	3,000	(1,000)	-	3,000
Dementia Carers	-	1,000	-	-	1,000
Men's Football	380	-	-	-	380
Staff Wellbeing	244	-	(244)	-	-
Wellbeing activities (previously Cycling activities)	1,046	3,050	(3,291)	(587)	218
Wellbeing Champions	41,502	42,536	(41,104)	-	42,934
Tackling Inequalities Fund	1,950	-	(223)	-	1,727
Community Connector	4,190	-	(4,190)	-	-
The Big Bike Revival	-	1,951	(1,480)	(471)	-
Community Covid Recovery Grant	23,632	-	(22,771)	(861)	-
Green Blue social prescribing	9,474	-	(6,408)	-	3,066
Mindfully moving more	-	9,981	-	-	9,981
Grow Together	4,072	-	(4,072)	-	-
Cost Of Living	-	15,000	(15,000)	-	-
BAME Capacity building	-	3,000	(987)	(304)	1,709
Community Infrastructure Levy	-	3,548	(2,554)	-	994
Activity sessions	-	3,000	(85)	-	2,915
Roma health work	-	2,500	(2,250)	(250)	-
Innovation Project	-	200	-	-	200
Covid 19 memorial fund	-	1,641	(1,492)	(149)	-
Restricted donations	-	7,900	(7,900)	-	-
	87,490	**238,407**	**(229,863)**	**(26,750)**	**69,284**

9 Restricted funds - continued

Transfers

The transfers are to unrestricted funds for management and administration charges, and recharged overhead costs.

Prior year comparison	*Balance at 1-Apr-21* £	*Income* £	*Expenditure* £	*Transfers* £	*Balance at 31-Mar-22* £
Community Wellbeing Programme (including Health Champions and Health	-	*96,100*	*(78,555)*	*(17,545)*	-
Resilient Communities	*4,873*	*25,000*	*(26,053)*	*(3,820)*	-
Partnership Expansion	-	*10,000*	*(8,475)*	*(1,525)*	-
Dementia work	*2,000*	*15,000*	*(16,100)*	*(900)*	-
Suicide prevention	*1,000*	-	-	-	*1,000*
Early Years volunteers	*2,185*	-	*(2,185)*	-	-
Walking for Purpose	*6,390*	-	*(6,390)*	-	-
University Community Panel	*356*	-	*(356)*	-	-
Men's Football	*380*	-	-	-	*380*
Staff Wellbeing	*244*	-	-	-	*244*
Holiday Hunger	-	*2,456*	*(2,206)*	*(250)*	-
Cycling activity	*1,046*	-	-	-	*1,046*
People Keeping Well	*1,251*	-	*(1,251)*	-	-
Sheffield Town Trust	*2,500*	-	*(2,500)*	-	-
Wellbeing Champions	*41,768*	*42,536*	*(42,802)*	-	*41,502*
Health Inequalities	*301*	-	*(301)*	-	-
Tackling Inequalities Fund	*4,978*	-	*(3,028)*	-	*1,950*
Community Covid Response Fund	-	*20,000*	*(15,000)*	*(5,000)*	-
Vaccination programme	*5,000*	-	*(5,000)*	-	-
Community Connector	-	*1,800*	*(2,815)*	*5,205*	***4,190***
Women Cycling	*(340)*	*16,525*	*(12,795)*	*(3,390)*	-
The Big Bike Revival	-	*790*	*(790)*	-	-
Engagement work	-	*5,000*	*(4,500)*	*(500)*	-
Community Covid Recovery Grant	-	*23,632*	-	-	***23,632***
Green Blue social prescribing	-	*10,000*	-	*(526)*	***9,474***
Cyclist club	-	*1,883*	*(1,703)*	*(180)*	-
Art on the Plot (Darnall Allotment)	-	*1,500*	*(1,295)*	*(205)*	-
Sheffield is Sweet Enough	-	*600*	*(600)*	-	-
National Lottery Awards for All	-	*9,986*	*(5,914)*	-	***4,072***
Activity Support	-	*375*	*(375)*	-	-
	73,932	*283,183*	*(240,989)*	*(28,636)*	*87,490*

10 Analysis of net assets by fund

	General Fund £	**Designated Funds** £	**Restricted Funds** £	**2023 Total** £
Current assets	144,692	3,294	69,284	217,270
Current liabilities	(12,443)	-	-	(12,443)
	132,249	**3,294**	**69,284**	**204,827**

Prior year comparison	*General Fund* £	*Designated Funds* £	*Restricted Funds* £	*2022 Total* £
Current assets	*181,709*	*24,854*	*87,490*	*294,053*
Current liabilities	*(27,161)*	-	-	*(27,161)*
	154,548	*24,854*	*87,490*	*266,892*

11 Independent examiner's fee

	2023 £	2022 £
Independent examination fee - included within operational costs	2,130	2,400

The 2022 fee was payable to the previous independent examiner's organisation. No other fees were payable to the independent examiner's organisation during the year.

12 Directors' remuneration, benefits and expenses, and the cost of key management personnel

The directors were not paid or received any other benefits from employment with the charity in the year (2022: £nil). No directors were reimbursed expenses during the year (2022: £nil). No director received payment for professional or other services supplied to the charity (2022: £nil).

The key management personnel of the charity comprise the directors and the Senior Leadership team as noted on page 1 of the accounts. The total employee benefits of the key management personnel of the organisation were £186,114 (2022: £156,753).

13 Related party transactions

Mark Gamsu, a director, was a lay member of the governing body of NHS Sheffield Clinical Commissioning Group (Sheffield CCG) until June 2022, when the NHS structure changed. The replacement body is the NHS South Yorkshire ICB. £160,675 was received from Sheffield CCG/NHS South Yorkshire ICB in the year for rent and service charges for the building (2022: £146,220). This money was paid out 100% directly to the Landlord.

The following transactions took place where directors were involved in local groups which helped the organisation carry out their activities:

- £600 was received by Sheffield Community Contact Tracers Darnall Allotment Project in support of mutual activities. Jack Czauderna, a director, is a committee member of this organisation.

Directors with conflicts of interests do not take part in the decision making process regarding the connected organisations.

A director donated £7,900 for restricted purposes relating to staffing needs, as a result of identifying these needs.

14 Statement of Financial Activities - comparatives

	Unrestricted funds	Restricted funds	Total 2023	Unrestricted funds	Restricted funds	Total 2022
	£	£	£	£	£	£
Income from:						
Charitable activities	139,779	230,507	**370,286**	218,253	283,183	501,436
Rental income from non-investment property	160,675	-	**160,675**	146,220	-	146,220
Donations, core grants and legacies	10,250	7,900	**18,150**	50	-	50
Other trading activities						
Activities and fundraising	763	-	**763**	91	-	91
Total income	**311,467**	**238,407**	**549,874**	364,614	283,183	647,797
Expenditure on:						
Charitable activities						
Activity & Project Costs	21,622	24,366	**45,988**	6,826	35,051	41,877
Gross Salaries	160,335	193,718	**354,053**	156,338	191,017	347,355
Staff & Volunteer On Costs	3,180	912	**4,092**	3,200	3,305	6,505
Consultancy costs	3,924	6,000	**9,924**	-	-	-
Operational Costs	30,479	4,867	**35,346**	32,730	11,616	44,346
Other Misc Costs	495	-	**495**	31	-	31
Governance costs - legal fees	1,366	-	**1,366**	-	-	-
Rental cost on non-investment property	160,675	-	**160,675**	146,220	-	146,220
Total expenditure	**382,076**	**229,863**	**611,939**	345,345	240,989	586,334
Net income/(expenditure)	(70,609)	8,544	**(62,065)**	19,269	42,194	61,463
Transfer of funds	26,750	(26,750)	-	28,636	(28,636)	-
Net movement in funds	(43,859)	(18,206)	(62,065)	47,905	13,558	61,463
Total funds brought forward	179,402	87,490	**266,892**	131,497	73,932	205,429
Total funds carried forward	**135,543**	**69,284**	**204,827**	179,402	87,490	266,892