

Companies House Registration Number: CE028121

Charity Registration Number: 1197742

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 May 2022

for

Family Compass CIO

(A Charitable Incorporated Organisation)

Green Accountancy Limited
Association of Chartered Certified Accountants
Windrush House
Windrush Park Road
Witney
Oxfordshire
OX29 7DX

Family Compass CIO

Contents

Charity information	1
Report of the trustees	2-13
Independent examiner's report	14
Statement of Financial Activities	15
Balance Sheet	16
Notes to the Financial Statements	17-26

Family Compass CIO

Reference and administrative details

Registered Charitable Incorporated Organisation number in England and Wales

CE028121

Registered Charity number

1197742

Registered office

Old Town Station
North Walk
Barnstaple
EX31 1DF

Trustees

Lucy Scanlan
Bridie Downing
Helen Fothergill
Conor Warren
Nicola Poole
Lucy Howard
Louise Round
Kari Talbot
Elizabeth Clifford

Independent Examiner

David Wilsdon FCCA
Association of Chartered Certified Accountants
Green Accountancy Limited
Windrush House
Windrush Park Road
Witney
Oxfordshire
OX29 7DX

Trustees' Annual Report for the period 1st June 2021 to 31st May 2022

Family Compass

Charitable Incorporated Organisation

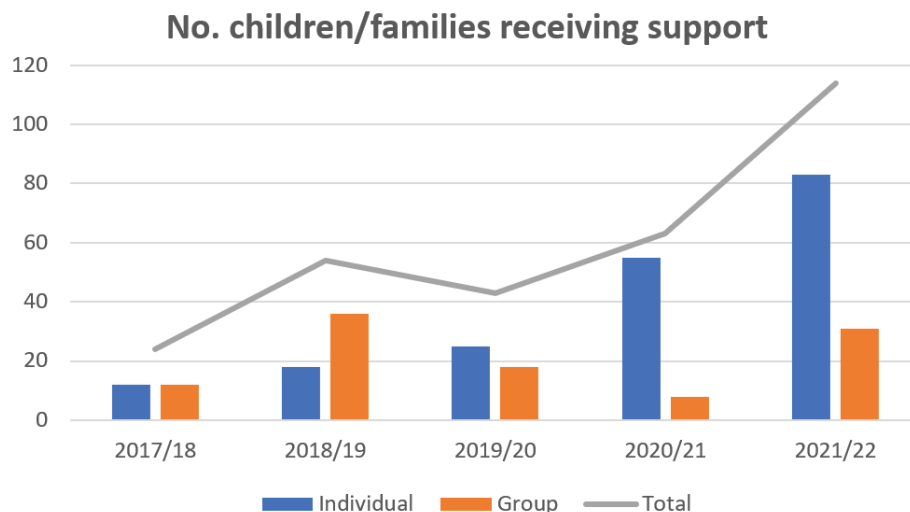
Registered Charity No. 1197742

Registered address: Old Town Station, North Walk, Barnstaple EX31 1DF

Introduction

Family Compass provides a variety of mental health services to children and families. We have a team of skilled therapists and mental health practitioners who work creatively alongside children, young people and families to help them cope with the challenges they face, to feel happier and more resilient, and to reach their full potential.

Our 5th year of operation has seen Family Compass grow significantly. With a focus on individual rather than group support (the ongoing effects of Covid still impacting our ability to deliver groups), our team has expanded to accommodate the considerable increase in demand for our mental health services.



In February 2022 Family Compass converted from a Community Interest Company (CIC) to Charitable Incorporated Organisation (CIO). This change in status will help us move forward with our goal to benefit more children, young people and families, giving us access to a greater range of grant funding and raising our profile in our community.

We are hugely grateful to our trustee board for steering us through this period of transition, and are looking to improve the diversity and skills of the board as we grow to help us reach more children and families. Particular thanks go to our two young trustees for their invaluable insight and knowledge.

Objectives

Mental health problems are increasingly affecting children and young adults, which in turn affect the whole family. We are seeing an unprecedented number of enquiries from families desperate for support. We know that when children are struggling with their mental health their social, academic and family life suffers, which has a knock on effect to others around them. The sooner they receive support, the better it is for them, their family and society as a whole.

Our long term goal is to be able to offer everyone support when they need it, and not to have to turn anyone away.

Our key objectives, as stated in our constitution, are:

The promotion of good mental health in children and young people aged 0-25, and their families, who have experienced, are at risk of, or are recovering from mental health difficulties; and,

The promotion of good mental health as a preventative measure to protect children and young people aged 0-25, and their families, from the development of mental health difficulties

through the provision of:

- Creative therapies (including play therapy, art therapy and dramatherapy)
- Therapeutic resilience-building support (including group support) and therapeutic family support services
- Social and recreational activities involving the local community
- Wellbeing boxes

All our support focuses on helping children and young people improve their confidence and self-belief, build positive relationships with others and manage their strong feelings effectively.

We continue to prioritise delivering a high quality service, ensuring that all our staff are trained to a high standard, receive regular supervision and are well supported by the management team, enabling them to do their best work when providing services to children and families.

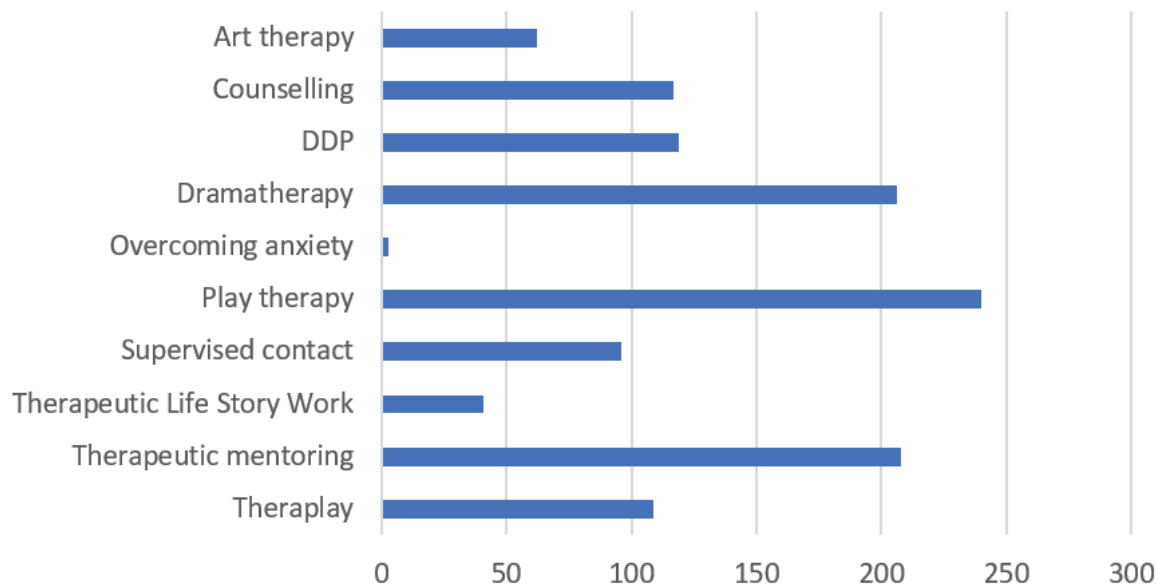
Activities

The support we provide falls into three categories:

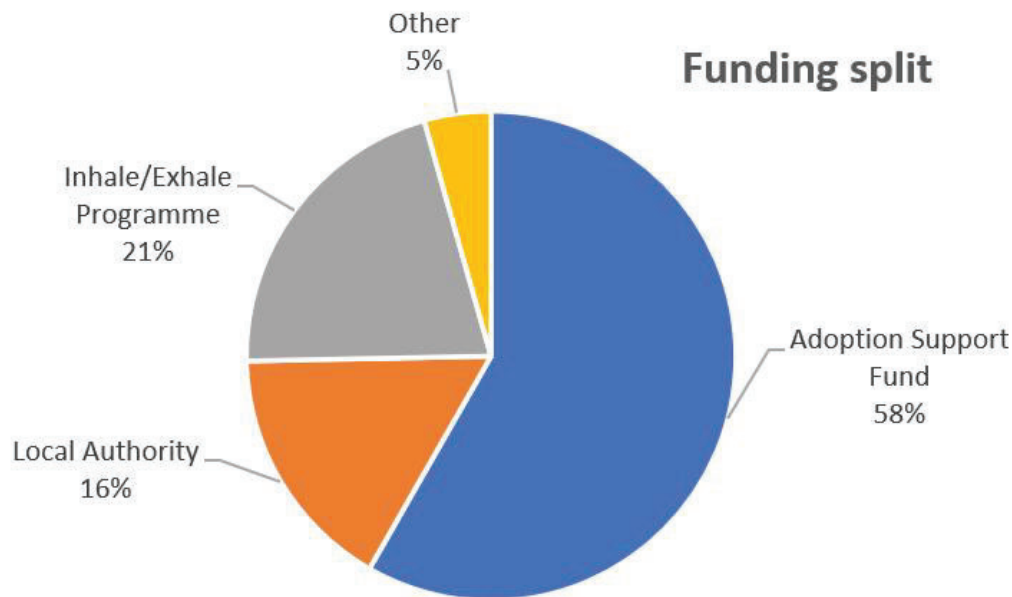
1. Funded support (which may be through the Adoption Support Fund, a local authority, school or other private funding stream). Children are generally referred to us by professionals working with a family.
2. Our community support offer, Inhale/Exhale. All Inhale/Exhale referrals are funded by grants, donations, community fundraising and our reserves. These children are usually referred directly by parents/carers.
3. KiT (Keeping it Together) boxes – a ‘complete emotional wellbeing programme in a box’, KiT boxes are provided free of charge to families using specific grant funding, or are available to buy.

During this period, 83 children, young people and families received individual support, a total of 1201 sessions (not including additional meetings, reports and supervision).

Individual support provided (no. of sessions)



Of the sessions provided, 58% were funded via the Adoption Support Fund (a capped fund aimed at providing therapeutic support and available to all families who adopt children who were previously in Local Authority care), and 21% through our community offer, Inhale/Exhale.



A further 31 children attended 10 group sessions each (310 sessions) through the Play Matters project, a partnership between Family Compass and a local primary school funded by Devon Education Fund. This project also saw two of our therapists deliver 5 Therapeutic Play workshops to a total of 40 practitioners from within the local community.

An additional 62 children received KiT wellbeing boxes funded by the Bideford Bridge Trust and Tesco Community Grants.

This brings our total beneficiary reach over the period to 176.

After successfully applying to the Enterprise Development Programme (EDP) we were able to benefit from their support across a broad spectrum of different areas. The programme offers a safe space to challenge assumptions and make decisions which will ultimately result in a stronger, more resilient social enterprise.

Support offered included:

1. The further development of KiT boxes through a grant.
2. Backfill for a finance and admin post to free up management time.
3. Consultancy: business and financial.
4. Advice and support: workshops, expert advice, mentoring/guidance.
5. A premises grant to grow our capacity to deliver traded services.
6. A training grant to increase the breadth of our traded services offer.

All Family Compass trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Achievements and Performance

Impact

Family Compass monitors the achievement of outcomes for every child we support. Alongside an in-house outcomes measure, we also use the standardised Goodman Strengths and Difficulties Questionnaire (SDQ) to assess whether there has been any significant change over the course of our support.

From the very beginning, the outcomes results recorded by children and parents/carers have indicated that Family Compass services have a consistently positive impact. Almost 80% of children and young people reported that they had made progress in at least one of our three outcomes areas (confidence and self-belief, managing strong feelings and positive relationships with others). Confirming these results, over 75% of parents/carers reported an improvement in their child's behaviour and emotional wellbeing using the SDQ.

As well as these quantitative measures, we also value qualitative feedback and have had consistently positive responses from parents, carers and children following support. Below is just a snapshot of the experiences of children for whom the support offered by Family Compass has made a life-changing difference.

Case Study 1

D, aged 11

D was struggling with anxiety, low mood and anger issues following a family breakdown. She sometimes self-harmed when anxious. She had lost self confidence in herself and felt nervous around people.

D had 12 sessions of one-to-one mentoring using our Inhale/Exhale approach. During the sessions D became more animated and chattier as her confidence grew and she started her new school. She made new friends, started new clubs and was less moody and anxious at home. Her carer said she was opening up more at home and was amazed at the positive change in her. During her sessions, D lost three family members and Family Compass supported her and her carer through the bereavements, tailoring sessions that were suited to her needs and often at the last minute, changing dates and times to fit in with the family.

“

A fantastic service which worked wonders for D. When we sought help from other agencies and heard nothing but waiting lists or no availability, Family Compass stepped in and provided some amazing support. This made such a difference at such a difficult time in D's life. She has not complained of having a tight chest in a long time, and has not sucked on her arm through nerves at all. She is more happy and looking forward to the future with confidence.

”

Case Study 2

L, aged 10

L was really struggling with her school and home life, particularly her relationships with her siblings, one of whom has autism. She was quieter and more introverted than her siblings and felt she was unpopular and had no friends. She didn't want to burden her mum, so would keep her feelings bottled up and then have outbursts of anger and frustration which she felt bad about.

L had 18 sessions of one to one mentoring support. L now recognises that she can challenge herself and she will not mess things up, that she is actually very capable. Her relationships have improved and she acknowledges that other children get pleasure from her company and vice versa which makes her feel good. She did a presentation on autism to her class – something she would previously never have considered - and although she was nervous she did an amazing job. The sessions helped L to manage her emotions and build up her confidence and self belief. She is more resilient than she realises and has coped with many changes well. L has discovered how many strengths she has, and has learnt to be more assertive.

“

Having a kind adult who was able to focus on L's abilities and positive attributes made a huge difference. It was extremely beneficial and so appreciated that Family Compass could step in and support L when we knew CAMHS would be years to wait for. I wish more children could access this support.

”

Case Study 3

S, aged 13

S was showing challenging behaviour in school and becoming disengaged. He was considered to be vulnerable to CSE. Following a rift with his wider family, both S and his mum were feeling anxious, depressed and isolated.

Support focused on establishing a trusting relationship with both S and his mum, using a person-centred counselling approach to help them both overcome their anxiety and build their confidence and autonomy, ultimately helping S to re-engage with education and feel better about himself. Sessions were a mixture of one-to-one support with mum, one-to-one sessions with S, and sessions with both of them together which helped them to develop a shared understanding of their experiences.

Both S and his mum enjoyed the opportunity to tell their stories and express their thoughts and feelings in a safe, non-judgemental environment. They recognised their achievements and courage. School have noted an improvement in S's behaviour at school, resulting in higher grades, more positive teacher feedback and fewer sanctions.

“

S is more positive about his abilities in school, and has chosen his subject options with enthusiasm. He has made new friendships with students his own age. He seems more confident in expressing his thoughts and feelings, and is more optimistic about his future.

”

Other Achievements

In the summer we were lucky enough to be chosen by a local swimming group as the beneficiary of their annual fundraiser which involved swimming the distance of the English Channel...twice! With over £2,000 raised to contribute to our Inhale/Exhale project, this was a fantastic achievement which also raised our profile considerably in our local community.



We continue to face challenges in terms of developing a robust and supportive management structure which will facilitate the growth of Family Compass into the future. We are balancing the need for more management and administration hours with the increased financial burden this brings. We believe that our new charity structure will enable us to do this successfully over the longer term, and that our focus on traded services and our community offer will ensure we stay on track to be able to grow our income adequately to support this.

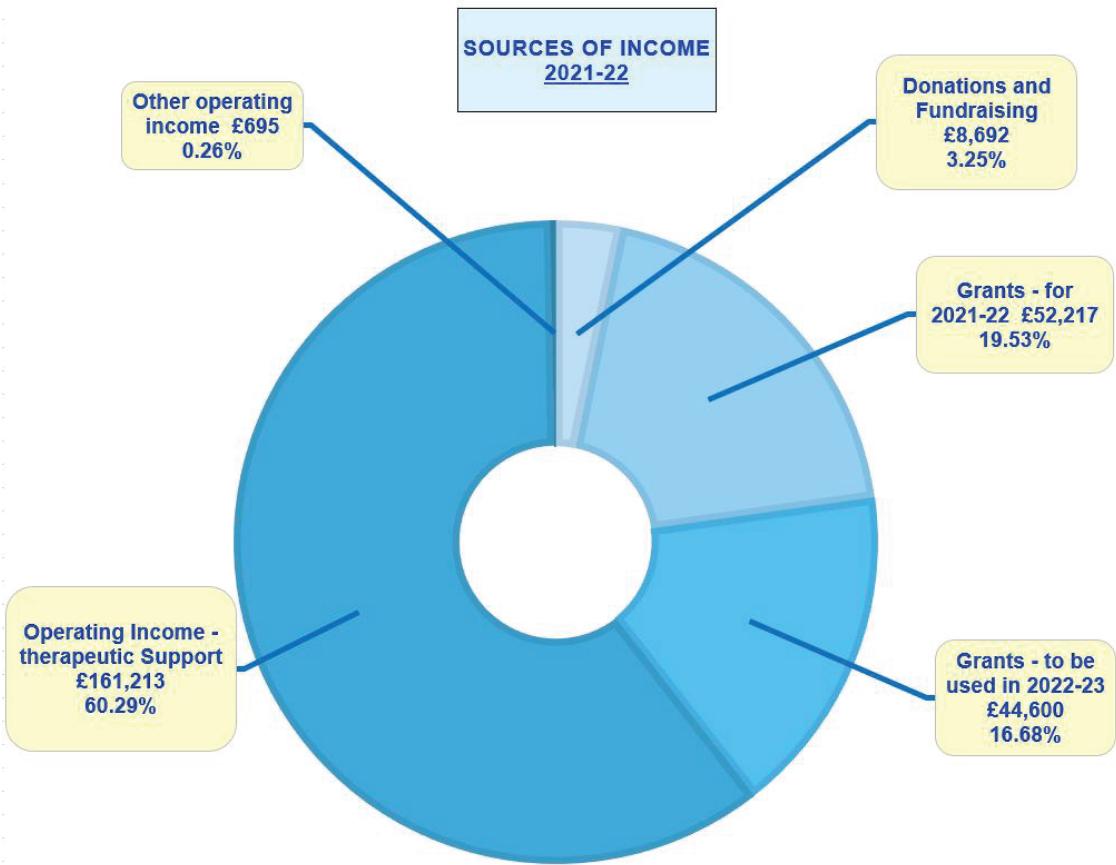
Financial Review

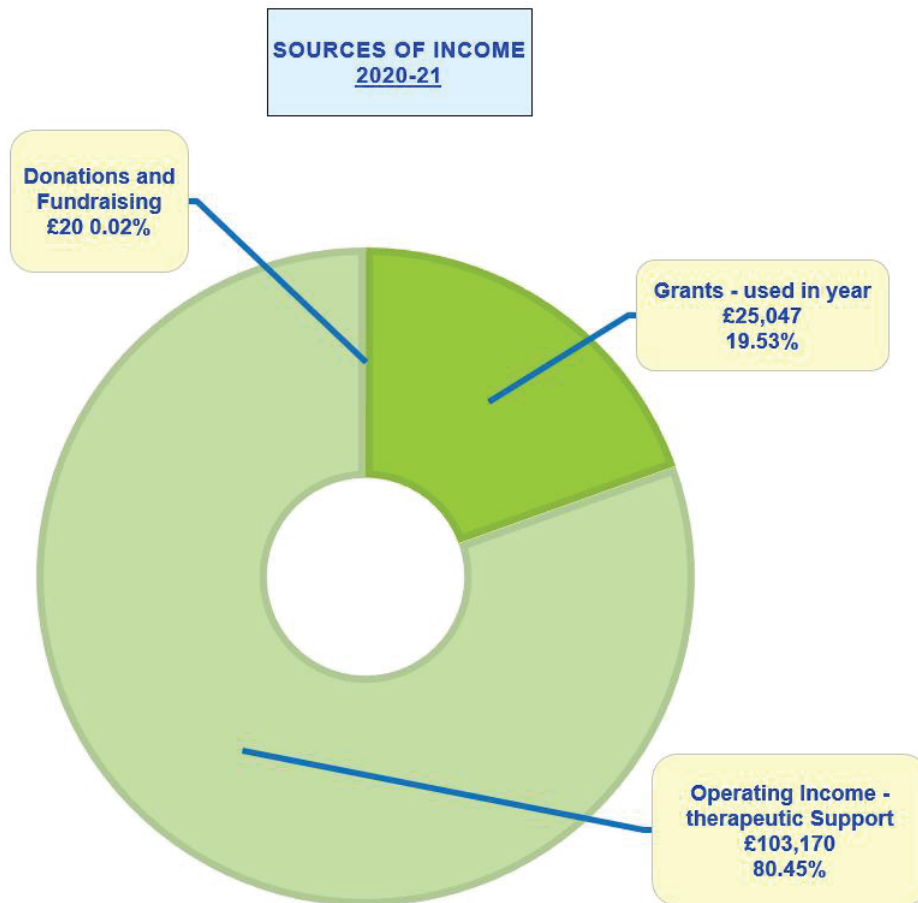
Review of the financial year

The year began as the country was emerging from the final stages of the Covid lockdown when, despite the challenges faced, we had reserves of £4,325. The relaxation of restrictions enabled us to move forward with our plans to grow and increase the support we offer to young people and their families. It also meant we could begin increasing our profile once more and generate additional voluntary income.

Income

This work increased our total income to £267,383, up some 56% from £128,239 in 2021.





Our income from providing therapeutic support increased from £103,172 to £161,215, showing we were able to support more people and extend our reach.

Voluntary Income

Grant income increased from £25,047 to £96,815. We were delighted to be successful in our application Youth Matters for their Thriving Minds project for funding to support our Inhale/Exhale project. It resulted in an annual grant of £44,600 for three years, giving certainty and confidence to plan more help for those who need our support. The first instalment of the grant was received at the end of the financial year. The funds were intended for, and have been designated for, our Inhale/Exhale programme supporting more people in 2022-23.

To help develop our future strategy and build the right structure for growing and increasing the support we provide in the future, we received restricted grant funding of £22,178 under the Enterprise Development Programme (EDP). Part of the related costs, £5,595, were incurred in 2022-23 and have been carried forward as part of our restricted reserves.

An additional £9,555 was provided by Devon Education Fund for Play Matters. This project was a partnership between a local primary school and Family Compass, working together to provide accessible therapeutic opportunities for children in the school catchment area with social, emotional and mental health needs.

Released from Covid restrictions, we started to grow our profile and improve awareness of what we do. Income from voluntary donations and fundraising income grew to £8,692 and we have plans for how to increase this in the future. We are sincerely grateful for the generosity of all those who support us by giving their time and money.

Expenditure

Our total expenditure increased by 60% to £204,915 from £128,648 in 2021. Extending our reach and increasing the therapeutic support and help provided to our users meant an increase in the direct costs of doing so by just under £56,000 (60%). This includes £4,626 for the costs of providing our Keeping In Together (KiT) wellbeing boxes which help young people to express their feelings and grow in confidence.

Costs incurred in this financial year funded by the EDP grant totalled £11,851. This is directed at organisational development, administrative support to release management time for strategic activities and at training and development of the team to expand our services and improve flexibility.

Surplus

The progress made during the year resulted in a surplus of £56,706 in unrestricted funds. This includes the £44,600 designated for our Inhale/Exhale programme in 2023-23. A further surplus of £5,595 arises from restricted income covering the remaining costs to be spent under the EDP grant. The total surplus for the year was £62,502.

Reserves

At the end of the year, our reserves had increased to £66,827 as follows:

	£
Restricted funds	5,595
Unrestricted funds:	
- Designated funds	44,600
- General funds	<u>16,632</u>
Total funds	£ <u>66,827</u>

Further details are given in the notes to the accounts. The general unrestricted funds are needed to help finance the working capital required to operate the charity. We are a relatively young charity; one of our aims is to build these reserves to a level which increases our resilience and stability, reducing risks for the future.

We will also continue to grow and use funds for our Inhale/Exhale fund. This is a grant and donation funded project offering twelve weeks of therapeutic mental health support to children and young people who don't meet the thresholds for statutory support. Sadly, we have a waiting list of those people who need help and would like to operate at a level where no one has to wait to receive the support they need.

Cash balances

At the end of the year, our cash balances had increased from £8,035 in 2021 to £67,046. There is a significant increase due to the grant funding of £44,600 received from Thriving Minds. This was received in May 2022 and will be used in the next financial year.

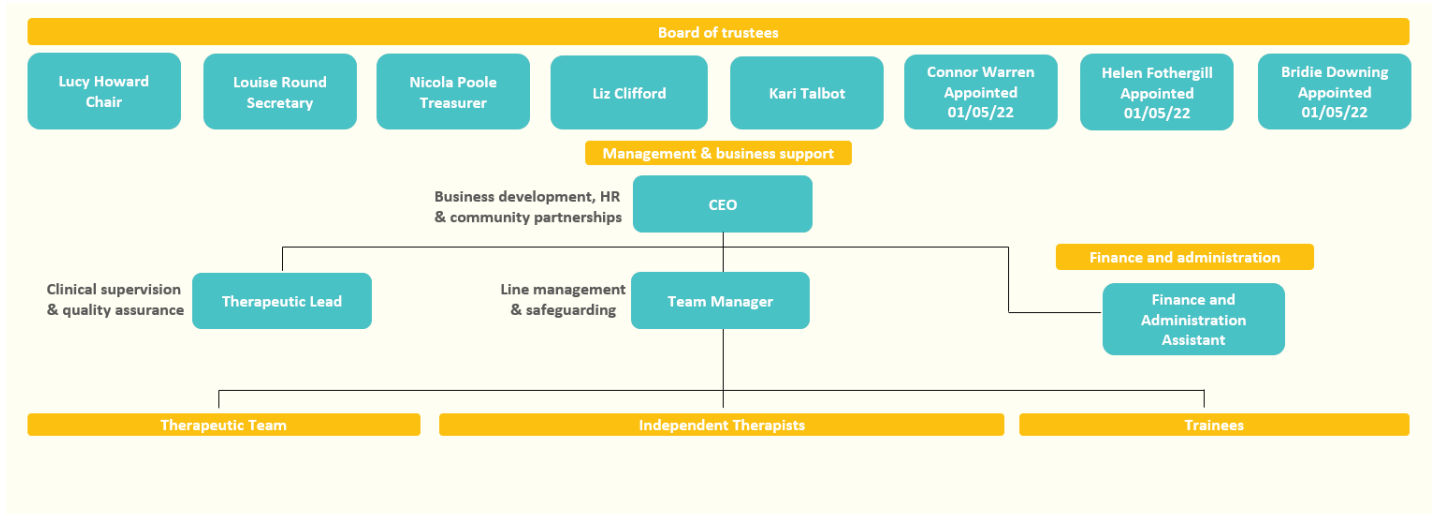
Structure, Governance and Management

Family Compass is constituted as a Charitable Incorporated Organisation (CIO). The governing document is the Family Compass constitution. Trustees are appointed in accordance with the constitution by a majority decision.

We are going through a process of considering the composition of the board, and are seeking to fill existing gaps (for example in finance and business knowledge) with appropriate trustees over the next 12 months.

We are currently reviewing the structure of our management team so that we have a robust and secure foundation for our future growth in both our funded and community services.

Organisation Structure at the end of the period



Reference and Administrative details

Charity name	Family Compass
Registered charity number	1197742
Charity's principal address during the reporting period	116-118 Boutport St, Barnstaple, Devon EX31 1TD
Charity's principal address (current)	Old Town Station, North Walk, Barnstaple EX31 1DF

Names of the charity trustees on the date the report was signed

Trustee name	Office (if any)	Dates acted if not for whole year)
1. Lucy Scanlan	Chair	Appointed 15/09/22
2. Louise Round	Secretary	
3. Nicola Poole	Treasurer	

4. Lucy Howard		
5. Liz Clifford		
6. Conor Warren		Appointed 01/05/22
7. Bridie Downing		Appointed 01/05/22
8. Helen Fothergill		Appointed 01/05/22
9. Rebecca Goss		Appointed 04/11/22

Plans for the future


Over the next two years we plan to increase our capacity to deliver both our traded and grant funded services to more children and families. We aim to do this by moving into new premises, and have identified a suitable building which has space for us to grow while remaining in Barnstaple town centre (key for us as a community provider). There is also potential to generate further income through therapeutic room hire which is much in demand locally. We have the potential to generate significantly more grant income with the focus of a key management role on grant application. Now that we are a charity, we also plan to increase our fundraising activities, with corporate partnerships and community events playing a key role.

Following this growth period, we aim to stabilise and consolidate, focusing on maintaining our key role as a provider of high-quality mental health services.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	
Full name(s)	Nicola Poole
Position (eg Secretary, Chair, etc)	Treasurer
Date	28/03/2023

Independent Examiner's Report to the Trustees of Family Compass CIO

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 May 2022.

Responsibilities and basis of report

As the charity's trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

Having satisfied myself that the accounts of the charity are not required to be audited and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1 accounting records were not kept in respect of the charity as required by the 2011 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of the 2011 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Wilsdon

David Wilsdon FCCA
Association of Chartered Certified Accountants
Green Accountancy Limited
Windrush House
Windrush Park Road
Witney
Oxfordshire
OX29 7DX

Date: 29/03/2023

Family Compass CIO

Statement of Financial Activities for the year ended 31 May 2022

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Incoming resources					
<i>Income and endowments from:</i>					
Donations and legacies	3.1	8,692	-	8,692	-
Charitable activities - income	3.2	209,466	49,259	258,725	128,239
Total Income		218,158	49,259	267,417	128,239
Resources expended					
<i>Expenditure on:</i>					
Charitable activities - expenditure	4.2	161,251	43,664	204,915	128,648
Total expenditure		161,251	43,664	204,915	128,648
Net income/(expenditure) before investment gains/(losses)		56,907	5,595	62,502	(409)
Net gains/(losses) on investments		-	-	-	-
Net movement in funds		56,907	5,595	62,502	(409)
<i>Reconciliation of funds:</i>					
Total funds brought forward		4,325	-	4,325	4,734
Total funds carried forward		61,232	5,595	66,827	4,325

Continuing operations

All income and expenditure has arisen from continuing activities.

Balance Sheet as at 31 May 2022

CIO Number CE028121

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Fixed assets					
Tangible assets	5	1,965	-	1,965	2,800
Total fixed assets		<u>1,965</u>	<u>-</u>	<u>1,965</u>	<u>2,800</u>
Current assets					
Stocks	6	966	-	966	-
Debtors	6	23,091	-	23,091	13,864
Cash at bank and in hand	7	61,451	5,595	67,046	8,035
Total current assets		<u>85,508</u>	<u>5,595</u>	<u>91,103</u>	<u>21,899</u>
Creditors: amounts falling due within one year	8	20,700	-	20,700	13,999
Net current assets/(liabilities)		<u>64,808</u>	<u>5,595</u>	<u>70,403</u>	<u>7,900</u>
Total assets less current liabilities		<u>66,773</u>	<u>5,595</u>	<u>72,368</u>	<u>10,700</u>
Creditors: amounts falling due after one year	9	5,541	-	5,541	6,375
Total net assets		<u>61,232</u>	<u>5,595</u>	<u>66,827</u>	<u>4,325</u>
Funds of the Charity					
Unrestricted funds	10	61,232		61,232	4,325
Restricted income funds	10		5,595	5,595	-
Total funds		<u>61,232</u>	<u>5,595</u>	<u>66,827</u>	<u>4,325</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 28/03/2023 and were signed on its behalf by:


.....

Nicola Poole
Trustee (Treasurer)

Notes to the Financial Statements for the year ended 31 May 2022

1 Basis of preparing the financial statements

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)',
- Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'
- and with the Charities Act 2011.

The charity is a Charitable Incorporated Organisation and constitutes a public benefit entity as defined by FRS 102.

2 Accounting Policies

Income

Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are included in the SoFA when the general income recognition criteria are met.

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met.

Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Notes to the Financial Statements for the year ended 31 May 2022

Tangible fixed assets

These are capitalised if they can be used for more than one year, and cost at least £200. They are valued at cost.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer & Other Equipment - 25% Straight Line Basis

Stocks

Stocks held for sale as part of non-charitable trade are measured at the lower of cost or net realisable value.

Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.

Taxation

The charity registered as a charity on 1 February 2022 and since that date has been exempt from corporation tax on its charitable trading activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Notes to the Financial Statements for the year ended 31 May 2022

3.1 Income from donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Total donations and legacies	8,692	-	8,692	-

3.2 Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
KiT box sales	335	-	335	-
Services	161,215	-	161,215	103,172
Other income	363	-	363	20
Grants	47,553	49,259	96,812	25,047
Total income from charitable activities	209,466	49,259	258,725	128,239

Family Compass CIO

Notes to the Financial Statements for the year ended 31 May 2022

<i>Grants received included in the above amounts:</i>	Unrestricted funds	Restricted funds	Total 2022	Total 2021
	£	£	£	£
Bideford Bridge Trust	-	1,000	1,000	-
Devon Community Foundation	-	1,940	1,940	2,500
Devon County Council	-	-	-	476
Enterprise Development Programme	-	22,178	22,178	-
Fullabrook CIC	2,000	-	2,000	-
Government Grant - Bounce Back Loan Interest	32	-	32	-
Groundworks (Tesco)	-	2,000	2,000	-
Devon Education Fund	-	9,555	9,555	-
Cornavirus Job Retention Scheme	763	-	763	5,380
National Lottery Community Fund	-	9,987	9,987	-
ND Community Councillor Grants	-	600	600	-
Rotary Club of Barnstaple	160	-	160	-
Devon Community Foundation - COVID Fund	-	-	-	598
UnLtd Inclusive Recovery Fund	-	-	-	16,093
Woodward Charitable Trust	-	2,000	2,000	-
UK Youth Fund - Thriving Minds	-	44,600	44,600	-
Total grants for charitable activities	2,955	93,860	96,815	25,047

Notes to the Financial Statements for the year ended 31 May 2022

4.2 Charitable activities - expenditure

The Objects of Family Compass are as set out in the Trustees' Report, which include the promotion of good mental health in children and young people and their families, who have experienced, are at risk of, or are recovering from mental health difficulties; and, also as a preventative measure to protect those people from the development of mental health difficulties.

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
<i>Direct cost of charitable activity:</i>				
Staff costs	63,846	26,260	90,106	74,356
Independent Therapists	50,946	-	50,946	14,759
KiT Boxes	-	4,626	4,626	
Other Direct Costs	1,373	352	1,725	2,726
<i>Direct Support Costs</i>				
Staff costs	29,386	5,626	35,012	12,392
Marketing and Development	160	2,210	2,370	7,174
Premises and Facilities	8,217	-	8,217	7,686
IT and Communications	1,552	-	1,552	1,378
Administration and Insurance	1,818	-	1,818	2,581
Finance and Depreciation	1,092	-	1,092	1,162
Governance	2,861	4,590	7,451	4,434
Total expenditure on charitable activities	161,251	43,664	204,915	128,648

Support costs

All support costs are allocated to the single charitable activity of the charity and are included above.

Notes to the Financial Statements for the year ended 31 May 2022

4.3 Governance costs included above	Unrestricted funds	Restricted funds	Total 2022	Total 2021
	£	£	£	£
Organisational Development	251	4,590	4,841	3,091
Legal and secretarial	13	-	13	-
Accountancy fees	1,837	-	1,837	2,027
Independent Examination	600	-	600	-
Interest costs	160	-	160	-
Corporation tax charge	-	-	-	(684)
Total governance costs	2,861	4,590	7,451	4,434

4.4 Trustee remuneration

None of the trustees were remunerated during the year or the previous year.

No trustee expenses were paid during the year

4.5 Staff costs

The average number of employees, including directors, during the year was 8 (2021: 6)

There are no employees who received total employee benefits (excluding employer pension costs) of more than £60,000

5 Tangible fixed assets

	Computer & other equipment	Totals
	£	£
Cost		
At 1 June 2021	3,733	3,733
Additions	830	830
Disposals	(760)	(760)
At 31 May 2022	3,803	3,803
Depreciation		
At 1 June 2021	933	933
Charge for year	905	905
At 31 May 2022	1,838	1,838
Net book value		
At 31 May 2022	1,965	1,965
At 31 May 2021	2,800	2,800

Family Compass CIO

Notes to the Financial Statements for the year ended 31 May 2022

6	Stocks			Total 2022 £ 966	Total 2021 £ -
	Stocks held for charitable activities				
	Total stocks			<u>966</u>	<u>-</u>
6	Debtors				
		Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
	Trade debtors	8,570	-	8,570	10,625
	Prepayments	2,197	-	2,197	905
	Rent deposit	1,650	-	1,650	1,650
	Corporation tax recoverable assets	-	-	-	684
	Accrued income	10,674	-	10,674	-
	Total debtors	<u>23,091</u>	<u>-</u>	<u>23,091</u>	<u>13,864</u>
7	Cash at bank and in hand				
		Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
	Bank current account	16,226	5,595	21,821	7,911
	Bank deposit account	44,724	-	44,724	124
	Cash in hand	35	-	35	-
	PayPal	466	-	466	-
	Total cash at bank and in hand	<u>61,451</u>	<u>5,595</u>	<u>67,046</u>	<u>8,035</u>

Notes to the Financial Statements for the year ended 31 May 2022

8 Creditors: amounts falling due within one year

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Bank loans due within one year	1,663	-	1,663	1,375
PAYE and social security	3,094	-	3,094	1,243
Accruals and deferred income	862	-	862	1,300
Other short term loans	15,081	-	15,081	10,081
Total creditors due within one year	20,700	-	20,700	13,999

9 Creditors: amounts falling due after more than one year

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Bank loans due after more than one year	5,541	-	5,541	6,375
Total creditors due within one year	5,541	-	5,541	6,375

Notes to the Financial Statements for the year ended 31 May 2022

10 Charity funds - current year

	At 1 June 2021 £	Net movement in funds £	Transfers between funds £	At 31 May 2022 £
Restricted funds	-	5,595	-	5,595
Unrestricted funds	4,325	56,907	-	61,232
Total funds	4,325	62,502	-	66,827
<i>Designated funds included in Unrestricted funds</i>	-	44,600	-	44,600

The restricted fund are grants received in the year and unspent at the end of the year.

	At 1 June 2021 £	Incoming resources £	Resources expended £	At 31 May 2022 £
Restricted funds				
Play Matters	-	9,555	9,555	-
Inhale Exhale	-	17,527	17,527	-
Enterprise Development Programme	-	22,178	16,583	5,595
Total Restricted funds	-	39,705	34,109	5,595
Unrestricted funds	4,325	218,158	161,251	61,232
Total funds	4,325	257,863	195,360	66,827
<i>Designated funds included in Unrestricted funds</i>	-	44,600	-	44,600

Notes to the Financial Statements for the year ended 31 May 2022

10 Play Matters

Funded by the Devon Education Fund, this project is a partnership between Ilfracombe Infants School and Family Compass, working together to provide accessible therapeutic opportunities for children in Ilfracombe with social, emotional and mental health needs (SEMH).

A therapeutic play programme, delivered either one to one or in small groups, it is a play based therapy evidenced based to positively impact SEMH of children and young people

Inhale Exhale Community Project

This is a grant and donation funded project which offers twelve weeks of therapeutic mental health support to children and young people, who don't meet the thresholds for statutory support.

Enterprise Development Programme

The grant received from this fund is targeted at organisational development, administrative support to release management time for strategic activities and at training and development of the team to expand our services and improve flexibility.

Part of the funding was also to help develop our Keeping it Together (KiT) boxes that offer activities for young people and their carers to help build emotional resilience.

Designated funds

The funds of £44,600 from Youth Matters for their Thriving Minds project were received at the end of the financial year. They were intended for, have been designated for, our Inhale Exhale programme taking place in the next year, 2022-23.

SIGNATURE CERTIFICATE



REFERENCE NUMBER

5E4F442E-6C49-498C-9BBB-3FD453BA7DDF

TRANSACTION DETAILS

Reference Number

5E4F442E-6C49-498C-9BBB-3FD453BA7DDF

Transaction Type

Signature Request

Sent At

03/27/2023 15:25 +00

Executed At

03/29/2023 15:02 +00

Identity Method

email

Distribution Method

email

Signed Checksum

fe9d746da4e859dd22084949a7a45b4937fc44e70ce519b7c32b81a7967a5d28

Signer Sequencing

Enabled

Document Passcode

Disabled

DOCUMENT DETAILS

Document Name

4460 Family Compass Charity Accounts Period Ended 31 May 2022 230327

Filename

4460_family_compass_charity_accounts_period_ended_31_may_2022_230327.p

Pages

28 pages

Content Type

application/pdf



File Size

940 KB

Original Checksum

546a33f2b137281fcf21859570dbf96ec7ef5e011d2d0039db11e29c92e46164

SIGNERS

SIGNER	E-SIGNATURE	EVENTS
Name David Wilsdon	Status signed	Viewed At 03/29/2023 15:02 +00
Email david@greenaccountancy.com	Multi-factor Digital Fingerprint Checksum 905a3cf149d0971b288229abafd24218056d2f77923c133d58b20b33e35f8994	Identity Authenticated At 03/29/2023 15:02 +00
Signer Sequence 1	IP Address 151.237.238.105	Signed At 03/29/2023 15:02 +00
Components 2	Device Firefox via Windows	
	Typed Signature 	
	Signature Reference ID C52D1F45	
Name Nicola Poole	Status signed	Viewed At 03/28/2023 13:20 +00
Email poolen975@gmail.com	Multi-factor Digital Fingerprint Checksum c07e8b5ac95dbe40f1cfc6a934ed9a5591808b24fc56175a4b9dec8ed58745ab	Identity Authenticated At 03/28/2023 13:24 +00
Signer Sequence 0	IP Address 81.154.231.212	Signed At 03/28/2023 13:24 +00
Components 4	Device Chrome via Windows	
	Drawn Signature 	
	Signature Reference ID B11980B8	
	Signature Biometric Count 4	

AUDITS

TIMESTAMP	AUDIT
03/27/2023 15:25 +00	David Wilsdon (sharefile@greenaccountancy.com) created document '4460_family_compass_charity_accounts_period_ended_31_may_2022_230327.pdf' on Firefox via Windows from 176.27.68.34.
03/27/2023 15:25 +00	Nicola Poole (poolen975@gmail.com) was emailed a link to sign.
03/28/2023 13:20 +00	Nicola Poole (poolen975@gmail.com) viewed the document on Chrome via Windows from 81.154.231.212.
03/28/2023 13:20 +00	Nicola Poole (poolen975@gmail.com) viewed the document on Chrome via Windows from 213.104.143.70.
03/28/2023 13:24 +00	Nicola Poole (poolen975@gmail.com) authenticated via email on Chrome via Windows from 81.154.231.212.
03/28/2023 13:24 +00	Nicola Poole (poolen975@gmail.com) signed the document on Chrome via Windows from 81.154.231.212.
03/28/2023 13:24 +00	David Wilsdon (david@greenaccountancy.com) was emailed a link to sign.
03/29/2023 15:02 +00	David Wilsdon (david@greenaccountancy.com) viewed the document on Firefox via Windows from 35.158.152.146.
03/29/2023 15:02 +00	David Wilsdon (david@greenaccountancy.com) viewed the document on Firefox via Windows from 151.237.238.105.
03/29/2023 15:02 +00	David Wilsdon (david@greenaccountancy.com) authenticated via email on Firefox via Windows from 151.237.238.105.
03/29/2023 15:02 +00	David Wilsdon (david@greenaccountancy.com) signed the document on Firefox via Windows from 151.237.238.105.