

Charity Commission

Clean Slate Accounts

For the period from 1st April 2024 to 31st March 2025

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Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Clean Slate

On accounts for the year
ended

31st March 2025

Charity no
(if any)

1197726

Set out on pages

(remember to include the page numbers of additional sheets)

Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2025.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: L Boss

Date: 07/08/2025

Name: Leeann Boss

Relevant professional AAT

**qualification(s) or body
(if any):**

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Address:

90, Purslane Drive

Bicester

OX26 3EF

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of
any items that the
examiner wishes to
disclose.**

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Trustees' Annual Report for the period

	Period start date			Period end date		
From	1 st	April	2024	To	31 st	March 2025

Section A Reference and administration details

Charity name Clean Slate

Other names charity is known by

Registered charity number (if any) 1197726

Charity's principal address The Chapel, Building 572 Brice Road

Upper Heyford

Oxon

Postcode

OX25 5TE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jo Baker	Chair		
2	Megan Foster	Secretary		
3	Rebecca Sutherland			
4	Amy Farrell			
5	Amanda Lovejoy			
6	Penelope Buckler			
7	Tanya Macdonald			
8	Gemma Roper			
9	Louise Yeomans			
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Nadia Brown CEO

Section B Structure, governance and management**Description of the charity's trusts**

Type of governing document
(eg. trust deed, constitution)

Constitution Adopted on the 31st of January 2022 when changing to CIO originally constituted on 23/9/2009

How the charity is constituted
(eg. trust, association, company)

CIO

Trustee selection methods
(eg. appointed by, elected by)

Trustees are appointed or reappointed annually at the Annual General Meeting held in February

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Board Trustees are responsible for the integral running of Clean Slate, and to ensure that services given are ethically and morally delivered. All disputes and complaints are dealt with by the Trustees if major or complex. This consists of a group of named individuals who are responsible to the charity and the Charities Commission.

There is a standing agenda item for:

- Safeguarding
- Complaints and Incidents
- Standards and Quality
- CEO report – (Service delivery update)

The CEO is a paid member of staff who is supported by two part-time coordinators. They oversee the general running of the whole service and are accountable to the Board of Trustees. The CEO seeks the views of users, staff, and volunteers when deciding on the activities we provide.

There is a safeguarding policy in place.

Criminal Records Bureau checks are carried out before commencement of employment or trusteeship and checks are carried out again in line with statutory requirements. All volunteers and Trustees are required to attend Inductions and undertake Level 1 Safeguarding before commencing their role.

Clean Slate is affiliated with The Survivors Trust. Members of the National Counselling Society & ACCPH, we have a long-running affiliation with Dorchester Living who allow us to run our services from their premises at a reduced rate.

All trustees give their time voluntarily and receive no remuneration or other benefits.

Summary of the objects of the charity set out in its governing document

To further or benefit Adults and Young People (the beneficiaries) in the UK, in particular in Cherwell and wider Oxfordshire, without distinction of sexual orientation, race or of political, religious or other opinions by associating together the said beneficiaries and voluntary and other organisations in a common effort to advance education, protect and preserve good physical and mental health, for the victims of Physical, Mental and Sexual Abuse.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Summary of Activities Undertaken for the Public Benefit (2024–25)

During the financial year 2024–25, Clean Slate continued to deliver therapeutic services and support programmes designed to promote emotional wellbeing, personal agency, and community integration. Our core activities included:

- **Individual and Group Support:** Providing accessible therapeutic spaces and group programmes focused on healing, resilience, and empowerment. These included “Healing Your Inner Child,” which was specifically designed to offer shame-free, non-judgemental support.
- **Volunteer Coordination and Supervision:** Engaging and supervising a dedicated network of volunteers, ensuring they receive reflective support and training to uphold safeguarding standards and offer informed, empathetic care.
- **Resource Development:** Creating and distributing practical tools and reflective sheets for both clients and practitioners, designed to encourage emotional regulation, self-exploration, and supportive engagement.
- **Safeguarding and Ethical Oversight:** Implementing robust safeguarding procedures and compliance mechanisms to ensure our services remained safe, inclusive, and aligned with our values of participant dignity and autonomy.
- **Community Advocacy and Accessibility:** Ensuring our programmes were financially accessible through tiered fee structures and flexible registration processes. Communications were tailored to foster transparency and psychological safety.

The trustees have had due regard to the guidance issued by the Charity Commission on public benefit, and confirm that all activities carried out during the year served to further Clean Slate’s charitable objectives and deliver tangible public benefit

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We are deeply appreciative of the generous time, energy, and expertise our volunteers have invested throughout the year. Their dedication—whether through listening, encouraging clients, or working alongside our team—has been instrumental to everything we’ve achieved.

Volunteers continue to be at the heart of Clean Slate’s mission. This year, the value of in-kind contributions surpassed £150,000—more than double that of previous years. This growth reflects both the increasing volume of referrals and our strategic expansion of the volunteer team to meet rising demand, ensuring participants continue to receive accessible, high-quality support.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Clean Slate has had a transformative year of growth and deepened impact. Over the course of 2024–25, we:

- Received **208 referrals**, reflecting a strong and growing demand for our services
- Delivered **4214 hours of counselling**, offering high-quality therapeutic support to individuals navigating complex emotional challenges
- Supported **150 clients** through counselling, contributing to healing, self-understanding, and improved wellbeing
- Increased regular attendance at our **women's support group**, expanding access to communal healing and peer connection
- Sustained a team of **97 qualified and trainee counsellors**, enhancing capacity while nurturing professional growth
- Welcomed **three trainee social workers** from Oxford Brookes University, reflecting our commitment to professional development and collaborative practice

These milestones reflect Clean Slate's dedication to meeting rising community needs while maintaining excellence in therapeutic provision, safeguarding, and ethical care.

Section E

Financial review

Brief statement of the charity's policy on reserves

Cash at bank on 31/3/2025 was £20490

£8340 - Unrestricted funds
£12467 - Restricted.

The charity faces its main financial risk with the potential loss of funding opportunities, and reduced donations, and contributions.

Details of any funds materially in deficit

Not applicable

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Clean Slate's principal sources of income during 2024–25 included:

- **Client Contributions:** Income from counselling services and therapeutic programmes, structured to ensure financial accessibility while sustaining service quality.
- **Voluntary Donations and Fundraising:** Contributions from individuals and community partners, including ad hoc fundraising initiatives and in-kind support.
- **Volunteer Contributions:** Though not a financial inflow, the significant value of volunteer hours (exceeding £150,000 this year) materially strengthened our capacity and reach.

All income was directed towards advancing our charitable objectives

Clean Slate received a variety of grants and charitable donations throughout the financial year, totalling **£15,730.00**. These funds directly supported service delivery across key programme areas, including female services, male services, and youth engagement. Notable contributions included:

Warburtons	400.00
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Cherwell Lottery	650.00
Moto Foundation	1000.00
Albert Hunt Trust	2000.00
Platform Housing	2180.00
Oxford Diocesan	1000.00
Souter Charitable Trust	2000.00
Allen Lance Foundation	3000.00
J A Pye	2500.00

Clean Slate received generous financial support from local Parish and Town Councils across the region, totalling **£2,876.00**. These contributions reflect growing recognition of our therapeutic and safeguarding work within local communities.

Section F

Other optional information

Future Plans (2025–26)

Clean Slate is entering a year of intentional growth, focusing on quality, accessibility, and sustainability:

- **Increase fundraising income** to support programme development and core operations
- **Train and deliver the Own My Life programme**, with emphasis on **volunteer training and facilitation support**
- **Promote self-paced therapeutic courses** for flexible, independent learning
- **Use social media strategically** to amplify reach and deepen engagement

Long-Term Vision

As Clean Slate continues building stability and impact, our long-term goals include:

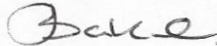
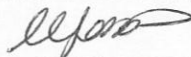
- **Secure additional face-to-face counselling space** to meet rising demand
- **Develop a funding strategy for new premises**, aligning with our values and future scale
- **Transition to self-funding** to reduce grant dependency and support organisational autonomy
- **Establish a youth provision**, bringing trauma-informed support to younger participants

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jo Baker	Megan Foster
Position (eg Secretary, Chair, etc)	Chair	Trustee
Date	07/08/2025	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
CLEAN SLATE

No (if any)
1197726

Receipts and payments accounts

CC16a

For the period
from

Period start date
1st April 2024

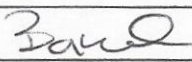
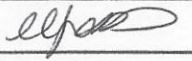
To

Period end date
31st March 2025

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last period
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Grants	1,281	4,230	-	5,511	18,000
Contract	-	-	-	-	-
Charitable Trusts	2,000	8,500	-	10,500	16,413
Parish Councils	2,476	-	-	2,476	6,315
Fundraisers	162	1,003	-	1,165	1,602
Donations/Pledges	2,025	-	-	2,025	5,225
Client Contribution	54,087	-	-	54,087	45,411
Gift Aid	5,341	-	-	5,341	6,746
Furlough/Sundry	-	-	-	-	-
Sub total (Gross income for AR)	67,372	13,733	-	81,105	99,712
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	0	-	-	-	-
Total receipts	67,372	13,733	-	81,105	99,712
A3 Payments					
Salaries	22,730	44,843	-	67,573	65,603
Subcontract Fees	8,993	650	-	9,643	7,383
Rent	1,090	-	-	1,090	960
Telephone & Internet	1,424	-	-	1,424	376
Zoom Communication	140	-	-	140	187
Office Supplies	413	51	-	464	744
Postage	-	-	-	-	-
Fundraising Charges	1,032	-	-	1,032	606
Insurance	730	-	-	730	679
Accounts Audit & Payroll	397	-	-	397	420
IT & SOFTWARE	210	-	-	210	483
Subscriptions	386	-	-	386	100
Training	-	600	-	600	162
Volunteer Expenses	426	668	-	1,094	1,225
Work From Home Allowance	-	1,800	-	1,800	1,800
Travel Expenses	-	250	-	250	634
DBS Checks	-	156	-	156	283
Womens Support Group Sundry	5	3	-	8	120
Publicity & Sundry	1,101	1,247	-	2,348	2,377
Sub total	39,077	50,268	-	89,345	84,142
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	39,077	50,268	-	89,345	84,142
Net of receipts/(payments)	28,295	- 36,535	-	- 8,240	15,570
A5 Transfers between funds	- 23,000	23,000	-	-	-
A6 Cash funds last year end	3,045	26,002	-	29,047	13,477
Cash funds this year end	8,340	12,467	-	20,807	29,047

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	NATWEST BANK	8,023	12,467	-
	PAYPAL	317		-
				-
				-
	Total cash funds		8,340	12,467
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Details			
B2 Other monetary assets	AYDYEN CONTRIBUTIONS RECEIVED	15	-	-
	KINDLINK CONTRIBUTIONS RECEIVED	15	-	-
	CAF	790	-	-
		-	-	-
		-	-	-
		-	-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	HMRC PAYE	Unrestricted	3,257	22 April 2025
	SUBCONTRACT FEES	Unrestricted	885	05 April 2025
	FINANCE CHARGES	Unrestricted	34	04 April 2025
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		J. BAKER	07/08/2025	
		M. FOSTER	07/08/25	