

Clean Slate for the period from 1<sup>st</sup> February 2022 to 31<sup>st</sup> March 2023

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CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

### Section A

### Independent Examiner's Report

Report to the  
trustees/directors/memb  
ers of

**Clean Slate**

On accounts for the year  
ended

March 31<sup>st</sup> 2023

Charity no: 1197726

Set out on pages

2-8

I report to the charity trustees on my examination of the accounts of the Company for the year ended **31/03/2023**.

Responsibilities and  
basis of report

I report in respect of my examination of Clean Slate's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

Independent  
examiner's statement

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

*Pattira Udomsathapol*

Date: 25/03/2023

Name:

Pattira Udomsathapol

Relevant professional  
qualification(s) or body  
(if any):

Address:

14 All Saints Road, Acton

London

W3 8FG



# Trustees' Annual Report for the period

Period start date

1<sup>st</sup> February 2022

Period end date

31<sup>st</sup> March 2023

From

To

## Section A

## Reference and administration details

Charity name Clean Slate

Other names charity is known by

Registered charity number (if any) 1197726

Charity's principal address The Chapel, Building 572 Brice Road

Upper Heyford

Oxon

Postcode

OX25 5TE

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Anji Hall	Interim Chair	01/10/2022	
2	Megan Foster	Secretary	03/02/2023	
3	Rebecca Sutherland			
4	Amy Farrell			
5	Ian Bush			
6	Jo Baker		03/02/2023	
7	Tanya Macdonald		03/02/2023	
8	Gemma Roper		03/02/2023	
9	Louise Yeomans		03/02/2023	
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year



### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

Nadia Brown CEO

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution Adopted on the 31st of January 2022 when changing to CIO originally constituted on 23/9/2009
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Trustees are appointed or reappointed annually at the Annual General Meeting held in February

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Board Trustees are responsible for the integral running of Clean Slate, and to ensure that services given are ethically and morally delivered. All disputes and complaints are dealt with by the Trustees if major or complex. This is made up of a group of named persons who are held accountable to the charity and the Charities Commission.

There is a standing agenda item for:

- Safeguarding
- Complaints and Incidents
- Standards and Quality
- CEO report – (Service delivery update)

CEO is a paid member of staff who is supported by 2 part-time coordinators, they oversee the general running of the whole service. They are accountable to the Board of Trustees. The CEO seeks the views of users, the staff, and volunteers in deciding the activities we provide.

There is a safeguarding policy in place.

Criminal Records Bureau checks are carried out prior to commencement of employment or trusteeship and checks are carried out again in line with statutory requirements. All volunteers and Trustees are required to attend Inductions and undertake Level 1 Safeguarding before commencing their role.

Clean Slate is affiliated with The Survivors Trust. Members of the National Counselling Society & ACCPH, we have a long running affiliation with Dorchester Living who allow us to run our services from their premises free of charge.

All trustees give their time voluntarily and received no remuneration or other benefits.

**Summary of the objects of the charity set out in its governing document**

To further or benefit Adults and Young People (the beneficiaries) in the UK, in particular in Cherwell and wider Oxfordshire, without distinction of sexual orientation, race or of political, religious or other opinions by associating together the said beneficiaries and voluntary and other organisations in a common effort to advance education, protect and preserve good physical and mental health, for the victims of Physical, Mental and Sexual Abuse.

Relieve financial hardship and to provide facilities in the interest of social welfare for recreation leisure time occupation with the object of improving the conditions of life for the beneficiaries.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.

The main activities are as follows:

- Counselling
- Peer to peer Emotional support
- Group support
- Freedom programme (Domestic Abuse Programme for women)
- Online support groups
- Educational courses around personal development.
- Volunteer development

These activities promote long-term emotional support for survivors of abuse in Oxfordshire. We aim to encourage individuals to explore their own mental health needs and adopt positive coping strategies for long term recovery.

To support Men, Women and their families who have been victim too or witnessed domestic, sexual, mental, emotional, and financial abuse regardless of personal background, faith, gender, or personal circumstances.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We are extremely grateful for the many hours volunteers have spent listening and encouraging our clients and working with the team. Without this valuable contribution of time, energy, and expertise we would not have been able to achieve so much.

Our volunteers are the life blood of our charity. Contributions in Kind from volunteers was in excess of £120,000 this year, which is over double the amount from previous years, this is due to us increasing our volunteers in line with the increased number of referrals.



## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

This year our achievements and performances have been:

- 246 Referrals
- Provided 2495 counselling hours.
- 254 clients accessed counselling.
- 65 victims of domestic abuse attended the freedom programme.
- 5 x Freedom Programmes delivered.
- We have increased the numbers of women attending women's support group.
- 48 Trainee Counsellors
- 5 Qualified counsellors
- We have taken on 2 trainee social workers from Brookes University to do their placements with us.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

Cash at bank on 31/3/2023 was £13,477.

£5234 - Unrestricted funds  
£8244 - Restricted.

The main financial risk to the charity is loss of funding opportunities and reduced donations and contributions.

### Details of any funds materially in deficit

Not applicable

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds this year has been contribution in kind from volunteers, grants, client contributions, charitable trust, parish councils and donations.

We use general funds to subsidise activity costs and hold a small, restricted fund to subsidise activity costs for individuals who would otherwise not be able to access the service.

The majority of income is applied for to cover the charities related activities. With the main costs incurred being services, staffing and volunteer development.

## Section F

## Other optional information

### Future

The coming year we hope to

- Gain TST Standards
- Increase fundraising income.
- Promotion of self-paced courses
- Using social media to promote our services.
- Update our Client Management System
- Train more Peer support workers

### Long-term Goals

- Sourcing and securing additional space for counselling face to face.
- Funding strategy for a new premises
- Become self-funded so as to not require access to grants which can be time consuming.
- Have a dedicated male services manager who can facilitate group work for males which is so needed.

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Angela Jane Hall

Position (eg Secretary, Chair,  
etc)

Chair

Date

24/04/2023





CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name

CLEAN SLATE

No (if any)

1197726

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
1st February 2022

To

Period end date  
31st March 2023

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Grants	0	14,595	-	14,595	-
Contract	0	-	-	0	-
Charitable Trusts	500	24,382	-	24,882	-
Parish Councils	3,975	-	-	3,975	-
Fundraisers	285	-	-	285	-
Donations/Pledges	4,482	-	-	4,482	-
Client Contribution	26,640	-	-	26,640	-
Gift Aid	3,417	-	-	3,417	-
Furlough/Sundry	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	<b>39,299</b>	<b>38,977</b>	<b>-</b>	<b>78,276</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>0</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>39,299</b>	<b>38,977</b>	<b>-</b>	<b>78,276</b>	<b>-</b>
<b>A3 Payments</b>					
Salaries	30,356	44,171	-	74,528	-
Subcontract Fees	4,248	-	-	4,248	-
Rent	240	-	-	240	-
Telephone & Internet	288	-	-	288	-
Zoom Communication	202	-	-	202	-
Office Supplies	389	114	-	503	-
Postage	22	35	-	58	-
Fundraising Charges	561	-	-	561	-
Insurance	581	-	-	581	-
Accounts Audit & Payroll	423	-	-	423	-
IT & SOFTWARE	235	475	-	710	-
Subscriptions	340	-	-	340	-
Training	222	119	-	341	-
Volunteer Expenses	100	1,268	-	1,368	-
Work From Home Allowance	0	1,800	-	1,800	-
Travel Expenses	250	1,497	-	1,747	-
DBS Checks	70	234	-	303	-
Womens Support Group Sundry	186	679	-	865	-
Freedom Programme Sundry	37	53	-	90	-
<b>Sub total</b>	<b>38,749</b>	<b>50,445</b>	<b>-</b>	<b>89,194</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>38,749</b>	<b>50,445</b>	<b>-</b>	<b>89,194</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>550</b>	<b>- 11,468</b>	<b>-</b>	<b>- 10,918</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>- 4,746</b>	<b>4,746</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>9,429</b>	<b>14,966</b>	<b>-</b>	<b>24,395</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>5,234</b>	<b>8,244</b>	<b>-</b>	<b>13,477</b>	<b>-</b>



## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	NATWEST BANK	5,057	8,244	-
	PAYPAL	177		-
				-
	<b>Total cash funds</b>		5,234	8,244
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details			
	AYDYEN CONTRIBUTIONS RECEIVED	1,498	-	-
	KINDLINK CONTRIBUTIONS RECEIVED	560	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	HMRC PAYE	Unrestricted	3,185	22 April 2023
	HMRC PAYE	Restricted	104	22 April 2023
	CHERWELL DC	Restricted	254	22 April 2023
	SUBCONTRACT FEES	Unrestricted	800	05 April 2023
	FINANCE CHARGES	Unrestricted	51	05 April 2023
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Louise Yeomans	LOUISE YEOMANS	26/4/23	
	Megan Foster	MEGAN FOSTER	26/4/23	