

Malombo Music Association Trustees Annual Report

This report highlights the significant achievements and ongoing efforts of the Malombo Music Association from January 2022 to February 2024, demonstrating our dedication to fostering a more inclusive and healthy society through the power of music and the arts.

1. Mission Statement:

Our mission is to enrich lives through music and the arts, promote social inclusion, and support the wellbeing of our communities. We strive to create opportunities for artistic expression, cultural exchange, and personal development for all individuals, regardless of age or background

2. Malombo Music Association and the Support We Provide

The Malombo Music Association is dedicated to leveraging the power of music as a catalyst for community engagement, health, and well-being, while championing quality music experiences and combating health inequalities. We recognize the profound impact of music on mental health and emotional well-being, particularly in underserved populations

Central to our mission is the delivery of exceptional music experiences that uphold the intrinsic value of the arts in promoting health and wellbeing and tackling health disparities, while embracing contemporary influences and collaborations. By nurturing emerging talent and creating platforms for artistic expression, we ensure the continuation of this rich musical tradition for future generations to enjoy and explore.

Through innovative programs, workshops, and performances, we aim to foster a sense of belonging and unity within communities, using music as a universal language to bridge divides and cultivate meaningful connections. Moreover, we recognize the profound impact of music on mental health and emotional well-being, particularly in underserved populations. Our projects prioritize accessibility and inclusivity, providing therapeutic outlets and support systems for individuals facing adversity.

In the fight against health inequalities, we utilize music as a tool for education, advocacy, and empowerment. By raising awareness of health disparities and promoting preventive care through culturally relevant mediums, we strive to improve health outcomes and promote equitable access to resources and services.

3. Malombo Music Association Programs

Delivery of engagement activities, promoting the use of music and arts as tools for social change and community cohesion

- Drop-in support for improve the digital literacy and health of senior citizens and digital inclusion projects for the arts to promote music engagement experience
- Youth Engagement; Beats for Mental Health Project and engage youth through music workshops and technological innovation
- Arts for Wellbeing and advocacy for health inequalities through targeted arts-based programs and engagement with NHS system leaders, Local Authorities, faith based organisation, communities and third sector organisations
- Digital inclusion and Data Poverty support initiative through providing support and resources for those in need, including surplus food and data SIM distribution.

4. The Public Benefit:

The activities and programs of the Malombo Music Association provide significant public benefits, including enhanced quality of life for senior citizens, meaningful engagement opportunities for youth, and improved health outcomes through creative initiatives. Our work helps to bridge cultural divides, reduce social isolation, and build stronger, healthier communities.

How we responded to public benefit guidance offered by the Commission:

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance when reviewing the charity's aims and objectives and in planning future activities.

<https://www.gov.uk/guidance/prepare-a-charity-trustees-annual>

5. Work and Impact from 2022 to 2024

Senior Citizens Digital Inclusion and Health and Wellbeing

- **Digital Inclusion Workshops:** Conducted a series of workshops aimed at improving digital literacy among senior citizens. These sessions included training on using smartphones, social media, and accessing online health resources
- **Health and Wellbeing Programs:** Collaborated with local healthcare providers to offer wellness activities such as music therapy sessions, gentle exercise classes, and health seminars

Youth Engagement through Music Workshops and Delivery Partner of Tri-Borough Music Hub

- **Music Workshops:** Organized regular music workshops for youth, focusing on both performance and production skills. These workshops provided a creative outlet and helped develop musical talents
- **Tri-Borough Music Hub Partnership:** Acted as a delivery partner for the Tri-Borough Music Hub, facilitating music education programs in Hammersmith & Fulham, Kensington and Chelsea, and Westminster

Arts for Health and Wellbeing Project:

Collaborative Initiatives: Partnered with music network organizations and NHS system partners to deliver the Arts for Health and Wellbeing Project. This project integrated arts into healthcare settings, providing therapeutic benefits to communities, closer to where they live.

Arts Tackling Health Inequalities Events:

- **Healing Our Broken Village: Tackling Health Inequalities in Black Communities:** Organized events focused on addressing health disparities within Black communities, with music as engagement tool. These events included panel discussions, performances, and workshops aimed at raising awareness and promoting solutions
- **Healing Our Broken Village: Building Bridges:** A follow-up series that continued the conversation on health inequalities and focused on building bridges between different community groups to foster understanding and collaboration

Community-Based Music Workshops:

Inclusive Music Sessions: Hosted community music workshops open to all ages and abilities, encouraging participation from diverse groups and promoting community cohesion through shared musical experiences.

Surplus Food Distribution and Free Data SIM Distribution in Partnership with Vodafone Connect:

- **Food Distribution:** Distributed surplus food as part of the neighbourly partnership scheme to families in need, ensuring access to nutritious meals
- **Data SIM Distribution:** Partnered with Vodafone Connect to distribute free data SIMs, helping to bridge the digital divide and ensure connectivity for those who might otherwise be isolated

Creative Tech Hub for the Youth:

- **Tech Hub:** Created a tech hub/forum where youth can learn about and engage with the latest in creative technologies. This initiative included workshops on coding, digital music production, and multimedia arts, providing young people with valuable skills for the future.

IT Device Donation Collection and Distribution:

- **Device Collection and Distribution:** Initiated a campaign to collect and distribute IT devices such as laptops, tablets, and smartphones to individuals and families lacking access to digital technology. This effort aims to combat digital exclusion and promote equitable access to digitized services and the digital economy.
- **Promoting Digital Equity:** By providing these devices, we have enabled greater access to online education, healthcare, and employment opportunities, ensuring that disadvantaged groups are not left behind in the digital age

6. Our Focus for 2024:

In 2024, the Malombo Music Association aims to build upon its successful programs and initiatives, with a particular focus on expanding digital inclusion and health and wellbeing efforts. We plan to enhance our Senior Citizens Digital Inclusion and Health and Wellbeing programs by incorporating more advanced technology workshops and increasing collaboration with local healthcare providers to offer comprehensive wellness services.

Our youth engagement will continue to grow through innovative music workshops and the development of the Creative Tech Hub, providing young people with cutting-edge skills in digital music production and multimedia arts. Additionally, we will extend our IT Device Donation Collection and Distribution campaign to ensure more families have access to essential digital tools.

Our commitment to tackling health inequalities will see us organizing more Arts for Health and Wellbeing projects and community events, such as further series of "Healing our Broken Village."

Finally, we will strengthen our partnerships for surplus food and data SIM distribution to support those in need, ensuring equitable access to nutrition and connectivity. These focused efforts will help us achieve our mission of enriching lives through the arts, fostering social inclusion, and promoting overall community wellbeing.

7. Financial review:

During the period from January 2022 to February 2024 the **total income for the charity was £24,000** with **expenditure of £23,976**. No reserves at February 2024.

8. Reserves policy:

The trustees' aim is to maintain unrestricted reserves at the level sufficient to cover 3 months of operating costs with improvement target of 6 months by 2025

9. Risk Management:

The trustees' have a duty to identify and review the risks to which the charity is exposed to. As a result of this the trustees must ensure appropriate controls are in place to provide reasonable assurance against fraud and error

The trustees are also responsible for overseeing the risks faced by Malombo Music Association. Risks are identified and assessed throughout the year. The trustees are satisfied that any risks have been adequately mitigated where necessary and they have undertaken an overall risk assessment.

10. Organisational Structure:

At the trustees quarterly meetings project delivery, expected impact and finances are reviewed.

Appointments – potential new trustees are interviewed by board of trustees and invited to attend a trustees meeting, after which a decision is made by the board.

11. Induction:

New trustees are introduced to existing charity work and given space to familiarise themselves with the way the charity operates and priorities it serves. They are also provided with opportunity to contribute new ideas as they establish their role of support within the charity.

12. Governing Document:

The governing document is a Constitution based on the Charity Commission model for a CIO.

13. Reference and administrative details:

Registered Charity number: 1197689

Principal address: 11A Archel Road, W14 9QJ

Conclusion:

The Malombo Music Association remains committed to its mission of leveraging the arts to make a positive impact on the community. Through our various programs and partnerships, we have successfully engaged senior citizens, youth, and the broader community, contributing to their health, wellbeing, and social inclusion. We look forward to continuing this important work and expanding our reach and impact in the years to come.

Trustees:

Name of Trustees: Dr Zinhle Makatini

Name of Trustees: Dr Sample Ibemerum

Name of Trustees: Pinky Miles

Statement of Trustees Responsibilities:

The trustees are responsible for preparing the Report of the Trustees and the Financial statements in accordance with the applicable law and the United Kingdom Accounting Standards.

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the affairs of the charity and of the incoming resources and application of the resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charity SORP;
- Make judgement and estimates that are reasonable and prudent;

Charity Number: 1197689

- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained on the ongoing concern basis unless it is inappropriate to presume that the charity will continue in business

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provision of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities,

Approved by order of the Trustees on 30 February 2024 and signed on its behalf:

Pinky Miles

Trustee and Secretary

Date of the Report Submission: 21/05/2024



 *P R E S E N T S*

HEALING OUR BROKEN VILLAGE

TACKLING HEALTH INEQUALITIES IN BLACK COMMUNITIES

Our event aims to not only celebrate cultural music but also to address pressing issues within our community, particularly concerning health inequalities that disproportionately impact the black community.

DATE: 26TH APRIL (12PM TO 5PM)

VENUE: SANDS END ARTS AND COMMUNITY CENTRE, FULHAM.  Sands End Arts & Community Centre

Highlights:

- Cultural Music showcase
- Health and Wellbeing Promotion: Information sessions, and resources.
- Plenary Sessions

1. Mobilizing Communities for Change: Advocating for Structural Reform in Mental Health Services. Advocates with lived experience share their insights & reflections.
2. Building Bridges: Bridging the Digital Divide for Equitable Access to Health, Social Care, and the Digital Economy.
3. Amplifying Grassroots Voices: Shaping the Future of Social Prescribing for Children and Young People, Mental Health Promotion and Youth Engagement.

Help Us To Tackle Health Inequalities

- Donate to support event
- Sponsorship opportunities available

CONTACT FOR SPONSORSHIP AND DONATIONS: PINKY MILES;
PARTNERSHIP PROGRAM LEAD, MALOMBO MUSIC ASSOCIATION;
REGISTRATION NUMBER: 1197689

 07572059991  INFO@MALOMBO.ORG

SAVE THE DAY I SPREAD THE WORD I BE PART OF POSITIVE CHANGE
MALOMBO MUSIC ASSOCIATION BUILDING COMMUNITY THROUGH MUSIC