

RBKARES

England & Wales · Charity number 1197621

Details

Status Registered

Legal form CIO

Registered 2022-01-21

Register [View on the Charity Commission register](#)

Contact

Address 46 Norbiton Avenue
Kingston Upon Thames
KT1 3QR

Phone 07811053877

Email info@rbkares.org

Website www.rbkares.org

Activities

Objects: (A) THE RELIEF OF THOSE IN NEED BY REASON OF AGE, ILL HEALTH, DISABILITY, FINANCIAL HARDSHIP OR SOCIAL DISADVANTAGE IN THE ROYAL BOROUGH OF KINGSTON UPON THAMES AND THE SURROUNDING AREA BY PROVIDING SUCH SERVICES, ITEMS AND SUPPORT AS THE TRUSTEES THINK FIT;(B) THE RELIEF OF SICKNESS AMONGST ELDERLY AND VULNERABLE PEOPLE IN ROYAL BOROUGH OF KINGSTON UPON THAMES AND SURROUNDINGS IN PARTICULAR BY PROVIDING OR ASSISTING IN THE PROVISION OF EQUIPMENT, FACILITIES, ITEMS AND SERVICES NOT NORMALLY PROVIDED BY THE STATUTORY AUTHORITIES AND ANCILLARY TO THOSE PROVIDED BY DOCTORS.

Activities: RBKares connects kindness and generosity in the Kingston community with vulnerable people and key-workers. We focus on providing support to NHS staff, care homes and other vulnerable groups eg: refugees and the homeless. We use the community's sewing and crafting skills to make items to support people in our community, run sewing workshops and wellbeing days empowering people to help themselves.

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Kingston Upon Thames
- Surrey

Finances

Period end	Income	Expenditure	Assets	Employees
2024-10-31	£34,378	£36,648	-	-
2023-10-31	£32,793	£19,027	-	-
2022-10-31	£20,792	£13,916	-	-

Trustees

Name	Role	Appointed
Dr Beatrix Kate Margot Kenyon	Chair	2021-04-24
Jane Watson		2022-08-02
Khanda Qader Abubaker		2025-08-19
Miranda Gibson		2024-06-17
Philippa Coe		2022-02-15
Tessa Claire Green		2021-04-24

RBKARES

England & Wales - Charity number 1197621

Accounts

RBKARES (Charitable Incorporated Organisation)

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER	1197621
DATE OF REGISTRATION	21st January 2022
START OF FINANCIAL PERIOD	1 st November 2023
END OF FINANCIAL PERIOD	31st October 2024
TRUSTEES	
	Pippa Coe
	Miranda Gibson (appointed 17 th June 2024)
	Tess Green
	Beatrix Kenyon (chair)
	Samantha Lord (resigned 13 th February 2024)
	Jane Watson (treasurer) (appointed 2nd August 2022)
LEGAL STATUS	CIO - Foundation Registered 21st January 2022
GOVERNING INSTRUMENT	Charitable Incorporated Organisation
CORRESPONDENCE ADDRESS	46 Norbiton Avenue, Kingston upon Thames, KT1 3QR
PRIMARY BANKERS	NatWest, 73 High Street, Walton-on-Thames, KT12 1DW
INDEPENDENT EXAMINER	Michelle Roberts, 10 Courtlands Rd, Surbiton, KT5 8PL

Annual Report Oct 2023 – Oct 2024

The board of trustees has pleasure in presenting RBKares trustees' report and financial statement for the year ended 31 October 2024. RBKares remains a fully volunteer-run charity that creates social change, tackles inequality and makes the community a kinder, better place to live. We were delighted to continue to support the Kingston community by building stronger relationships with local services to support more residents as we identify their needs to make a difference to their lives.

Summary of Purpose

RBKares connects kindness and generosity in the Kingston community with vulnerable people and key-workers. We focus on providing support to NHS staff, care homes as well as vulnerable groups such as those on low income, refugees and rough sleepers. We use the community's sewing and crafting skills to make items to support people in our community, run sewing workshops and we run monthly wellbeing days empowering people to help themselves. Our mission is to address local need in the Royal Borough of Kingston-upon-Thames and make a lasting impact in our community by bringing Kingston residents and services together to support community members in need. We want to make a difference on a personal level, by plugging support gaps or by complementing local services to support community members.

Summary of the Main Activities

Wellbeing Days:

The RBKares Wellbeing days continue to be popular monthly events supporting the guests of the Cambridge Road Estate foodbank, low income families, asylum seekers, refugees, substance users and rough sleepers, by bringing over 15 local services to support their mental, physical, financial and digital health. By having all these services in one place, where people are gathered for food, attendees can readily access the help they really need. These include Dentaid Dental charity bus, Mind in Kingston, the Samaritans, Royal borough of Kingston (RBK) Benefits support, RBK skills and employment/We Are Digital, RBK Get Active, RBK Adult Education, Superhighways, Foot care, NHS roving vaccination team, Health checks, Kick-it smoking cessation service, Kingston Churches Action on Homelessness (KCAH), SPEAR, Dr Bike from Kingston Cycling Campaign and Full Cycle Community Bike Project. We continued to distribute household goods and toiletries plus preloved clothes, as well as free access to different types of reusable and disposable period products through our partnership with Hey Girls.

In June 2024 we teamed up with the St Georges Hepatitis fibroscan team who check for blood borne viruses and do liver scans. In September 2024 we teamed up with the Oral Health Promoter team from King's College Hospital who regularly attend to give oral health advice. Prior to the election, we helped make residents attending the Wellbeing day aware of the paperwork they would need in order to vote.

The Wellbeing days had a very smooth move to Kingston Churches Action on Homelessness following a fire at Queen Mary Hall. This strengthened our partnerships and introduced some new local residents to the event. Through partnering with Surbiton High School, we were able to distribute 150 toy filled shoeboxes to those in need over Christmas.

With grants from the The Brothers Trust, the NHS, the Cambridge Road Estates Community Chest, The Co-op Branch Managers and Kingston Voluntary Action, we continue to be able to offer dentistry, bikes, a good range of toiletries and underwear while increasing the range of people who are eligible for our energy vouchers. RBKares teamed up with Kingston Charitable Foundation to produce a 'Hot lunch leaflet' which lets residents know where they can get food, a hot meal or hot drink, on every day of the week. This is updated every 3 to 4 months.

Over 29 months, we've gained the trust of attendees and created an atmosphere where they feel comfortable asking for help. These collaborations have become a real asset to our community and they continue to develop. The services and charities that attend Wellbeing days find them a good way to engage with people who are normally hard to reach.

Refugee sewing workshop / Sue Sewell Sewing workshop:

RBKares continues to run weekly sewing workshops with asylum seekers and refugees from many different countries at the Refugee Action Kingston community hub at St. John's Church each Wednesday. Over 32 months RBKares volunteers have created a friendly, collaborative group where language is not such a barrier – these workshops have been transformational in terms of camaraderie, confidence, skills and integration into the community. A team of volunteers sets up 10-12 sewing machines, overlockers, donated fabric and notions and support those attending to make clothing, do alterations, sew decorative items, make thermal cooking bags and build strong friendships. With a high number of volunteers, a lot of fun is had while the refugees get creative. With a grant from the Kingston Charitable Foundation, each refugee was given a Fabricland voucher so that they could choose their own fabrics. These were given out during a Mayoral visit. We also team up with the Ahmadiyya Muslim Community who cook Biryani for our end of term sessions and for celebrations.

The death of one of our volunteers and key teacher in December 2023, was a shock to all the team and refugees. Each refugee now has a full sewing kit in her memory to enable them to sew at home. The workshop is named after her.

We continue to support refugees in the borough and those in temporary accommodation with advice and emergency support and household items to make them more comfortable. With a kind donation from the John Lewis Community Fund we were able to lay on a great Christmas party with a visiting Santa for asylum seekers in a hotel in Kingston. The trust we have developed means that many refugees and asylum seekers are now volunteering with us.

Supporting Kingston Hospital:

RBKares continues to support staff at Kingston Hospital with a variety of projects to boost morale or provide staff with items to help them support their patients.

During this year we continued delivering baked goods from the community to the hospital every week, boosting this at times of increased strain. The volunteers added 120 worry pockets to gowns on small teddies to give children, encourage them to talk about their worries. They also made small 'bravery' bags to give to children having invasive procedures. We delivered Christmas presents for patients who were in hospital over Christmas. The volunteers continue to sew and embroider bespoke scrubs for the chaplaincy. We make and fill bags with treats for 'Cancer Nurse Day'. We made cushions for the chemotherapy rooms as well as syringe driver bags to make it easier for patients to move around during treatment. RBKares volunteers knitted hundreds of chicks and rabbits to put on Easter eggs which the play-therapists distributed through the hospital. Our volunteers continue to make items for the neonatal unit e.g. bonding squares, hats and blankets. A team of 27 RBKares volunteers raised £4,507 on the Kingston Hospital Night to Remember walk in September, raising much needed funds for their bereavement services. We made scrunchies, lavender bags and worry worms to be given out to in-patients at Tolworth Hospital. We also made bags which were filled with stationary, crafts items and worry worms for Child and Adolescent Mental Health Services unit at Tolworth Hospital. Our volunteers made bags that we filled with various fidgets, sweets, colouring books and items to distract and help ground children attending A&E who are suffering from anxiety and poor mental health who are being supported by the Child and Adolescent Mental Health Service Services staff at Kingston Hospital.

Warmer in Winter project:

We repeated the success of last year's winter's Warmer in Winter project which helped low-income residents keep warm. Our incredible volunteers knitted or crocheted hundreds of blankets, scarves and hats, and we bought thermal socks and gloves, hot water bottles, thermal travel mugs, torches, cuppa soup, drinks sachets, gifts and collected information leaflets and cards from school children. The bags were packed by volunteers at the Kingston Liberal Synagogue as part of their Mitzvah day. 280 of these bags were distributed to vulnerable or elderly Kingston residents through local services and charities we work with including SPEAR, Voices of Hope, Foodbanks, Refugee Action Kingston, Alfriston Outreach, local Churches, schools and Kingston Young Carers Project.

Care Homes:

Our fourth Christmas care home project proved extremely popular with Kingston residents. Care home staff and key workers let us know the hobbies or likes of their residents who have no family to buy gifts for them, and through posting on social media, community members are matched to care home residents. These are collated in a central point and sorted into specific care homes and distributed by volunteers, alongside thousands of cards from local schools.

Refuge:

We have developed a partnership with the domestic violence charity, Refuge and been delivering furniture to those moving into their accommodation. We are discussing regular donations of 'starter sets' for those arriving at the houses.

Fidget mat group:

This group of quite astonishing ladies continues to meet on alternate weeks. They are the main source of knitted, crocheted and sewn items for all the RBKares projects and are a force to be reckoned with. They are very creative and produce an incredible amount of handcrafted goods. They sewed cushions with large emotion wheels on them for the counselling rooms at the Child and Adolescent Mental Health Service at Tolworth. Together with the wider community and the New Malden Methodist wives' group, they knitted around 400 hats for a Christmas tree of hats for All Saints Church Festival of trees and a second tree where those in need could take a hat for themselves. Many beautiful hand-made items were crafted for our first Dragon boat stall where we raised over £1,000. They crocheted 120 'möbius/infinity' loops for a school supporting autistic children and 100s of fidget squares and mazes for children with special educational needs. The ladies also knitted traditional figures for the clients supported by Alfriston Outreach. The age range runs from around 38-94, though most are above 70 and between them, they spend an extraordinary 15,000 hours knitting and sewing for us each year. Many enjoyed the thank you party we held at Alfriston, celebrating our second year of becoming a registered charity.

The trustees would like to express their utmost thanks to the wonderful contribution made by all the volunteers over the year. They have given their time and skills, from sewing, knitting, and crocheting to designing and teaching, sourcing and transporting, and to supporting the vulnerable people in our community through various events. Without this fabulous contribution of time, energy and expertise, we would not have been able to achieve what we have; they have helped create social change, tackled inequality and made our community a kinder, better place to live.

The success of our Wellbeing days earned us a Frances Moseley Award for commitment to communities. RBKares was a finalist in the Best Charity at the Kingston Business Borough Awards and won a Partnership award with Refugee Action Kingston in the Kingston Council Celebrating Communities award. We ran a successful Jumblebee Auction raising nearly £2,300. The Sewing Angels chose RBKares as one of the recipients of funds raised by their sales. RBKares is looking forward to collaborating with more services and charity partners in future to support Kingston residents in need.

Objectives for the year ahead:

Our main objectives for the year ahead include:

- Making our services accessible to more people, especially those considered "hard to reach" and ensuring that the environment at our Wellbeing days is always welcoming to all.
- Developing partnerships with more organisations to make our Wellbeing days deliver still stronger impact.
- Explore running Wellbeing days on a different day.
- Recruiting more volunteers, particularly for the Wellbeing days and to assist with central admin functions.
- Set up new hosting for website and emails.

- Developing a 1-, 3- and 5-year business plan to enable us to demonstrate our sustainability to funding bodies.
- Developing a succession plan.

I would like to thank all the charities, companies and groups that have made all these projects possible with the help of our trustees and volunteers.

A handwritten signature in black ink that reads "K. Kenyon". The signature is written in a cursive style with a large, looped 'K' and a long, sweeping tail on the 'y'.

Beatrix Kate Kenyon
Chair
2 July 2025

Receipts and Payments Account

	12 months ended 31 Oct 2024	12 months ended 31 Oct 2023
Income		
Donations - restricted - Care Homes	284	583
Donations - restricted - coffee machine	-	100
Donations - restricted - Fidget mats	-	-
Donations - restricted - Hospital fleeces	-	-
Donations - restricted - Kindness kits	1,000	-
Donations - restricted - Refugee Sewing	2,859	3,000
Donations - restricted - scrubs	-	-
Donations - restricted - wellbeing	15,743	9,000
Donations - restricted - Winter Warmer	3,896	9,924
Donations - unrestricted	10,595	10,186
TOTAL DONATIONS	34,378	32,792
Interest income	-	0
TOTAL RECEIPTS	34,378	32,793
Expenditure		
Expenses - restricted - Care Homes	-	186
Expenses - restricted - coffee machines	-	151
Expenses - restricted - Fidget mats	153	61
Expenses - restricted - Hospital fleeces	-	-
Expenses - restricted - Kindness kits	1,120	921
Expenses - restricted - Refugee Sewing	3,142	2,337
Expenses - restricted - scrubs	5	260
Expenses - restricted - wellbeing	23,370	8,531
Expenses - restricted - Winter Warmer	6,341	5,520
Expenses - unrestricted	2,516	-
TOTAL CHARITABLE EXPENSES	36,648	17,968
Admin costs	-	1,059
TOTAL PAYMENTS	36,648	19,027
Surplus for the accounting period	- 2,270	13,766

Statement of Assets and Liabilities

	31 Oct 2024	31 Oct 2023
Current assets		
Debtors	20	22
Cash	23,078	25,349
Current liabilities		
Creditors	0	2
NET ASSETS	23,099	25,369
Reserves		
Restricted	1,512	11,862
Unrestricted	21,586	13,507
TOTAL RESERVES	23,099	25,369

These accounts were approved by the Trustees on 2 July 2025.



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
RBKares

**On accounts for the
accounting period**

1 November 2023 – 31 October 2024

**Charity no
(if any)**

1197621

Set out on pages

6-7

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/10/2023.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

MHRoberts

Date: 3 July 2025

Name:

Michelle Roberts

**Relevant professional
qualification(s) or body
(if any):**

Institute of Chartered Accountants of England and Wales
Member 1589891

Address:

10 Courtlands Road

Surbiton

KT5 8PL

RBKARES

England & Wales - Charity number 1197621

Accounts



Section A

Independent Examiner's Report

**Report to the trustees/
members of** Charity Name
RBKares

**On accounts for the
accounting period** 1 November 2022 – 31 October 2023 **Charity no
(if any)** 1197621

Set out on pages 2 to 8
(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/10/2023.

**Responsibilities and
basis of report** As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement** I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:  **Date:** 9 August 2024

Name: Michelle Roberts

**Relevant professional
qualification(s) or body
(if any):** Institute of Chartered Accountants of England and Wales
Member 1589891

Address: 10 Courtlands Road
Surbiton
KT5 8PL

RBKARES (Charitable Incorporated Organisation)

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER 1197621 (Charitable Incorporated Organisation)

DATE OF REGISTRATION 21 January 2022

START OF FINANCIAL PERIOD 1 November 2022

END OF FINANCIAL PERIOD 31 October 2023

TRUSTEES

Pippa Coe (appointed 15th February 2022)

Miranda Gibson (appointed 17th June 2024)

Tess Green

Beatrix Kenyon (chair)

Samantha Lord (resigned 13th February 2024)

Jane Watson (treasurer)

CORRESPONDENCE ADDRESS

46 Norbiton Avenue

Kingston upon Thames

KT1 3QR

PRIMARY BANKERS

NatWest Bankline

73 High Street

Walton-on-Thames

Surrey

KT12 1DW

INDEPENDENT EXAMINER

Michelle Roberts

ANNUAL REPORT

The board of trustees has pleasure in presenting RBKares trustees' report and financial statement for the year ended 31 October 2023. RBKares remains a fully volunteer-run charity that creates social change, tackles inequality and makes the community a kinder, better place to live. We were delighted to continue to support the Kingston community by building stronger relationships with local services to support more residents as we identify their needs and make a difference.

Summary of Purpose

RBKares connects kindness and generosity in the Kingston community with vulnerable people and key-workers. We focus on providing support to NHS staff, care homes and other vulnerable groups such as refugees and the homeless. We use the community's sewing and crafting skills to make items to support people in our community, run sewing workshops and wellbeing days empowering people to help themselves.

Our mission is to address local need in the Royal Borough of Kingston-upon-Thames and make a lasting impact in our community by bringing Kingston residents and services together to support community members in need. We want to make a difference on a personal level, by plugging support gaps or by complementing local services to support community members.

Summary of the Main Activities

Wellbeing Days:

The RBKares Wellbeing days continue to be a popular monthly event supporting the guests of the Cambridge Road Estate foodbank by bringing 12-15 local services to support their mental, physical, financial and digital health. These include Mind in Kingston, the Samaritans, Royal borough of Kingston (RBK) Benefits support, RBK skills and employment/We Are Digital, RBK Get Active, RBK Adult Education, Superhighways, Footcare, NHS vaccination team, Health checks, Kick-it smoking cessation, Kingston Churches Action on Homelessness (KCAH), SPEAR, Dr Bike from Kingston Cycling Campaign and Full Cycle Community Bike Project. The guests are low income, refugees, substance abusers or rough sleepers and by having these services on site, they can readily access the help they really need. Over 26 months, we've gained the trust of attendees and created an atmosphere where they feel comfortable asking for help. This collaboration is a real asset to our community and continues to develop. The services and charities that attend find it a good way to engage with people who are normally hard to reach.

During this period we held a dental assessment which gave us the data we needed to apply for grants. The Brothers Trust paid for 3 dental sessions with Dentaaid during this time. We held a one off Specsavers clinic in May 2023 where 21 guests were seen and fitted with glasses the following week. We became HeyGirl Partners to provide free access to different types of reusable and disposable period products. We teamed up with Franco Manca to give over 200 free pizzas to food bank guests. At Christmas we decorated and ran Santa's Grotto for the families attending the foodbank.

Refugee sewing workshop:

RBKares continues to run weekly sewing workshops with refugees from over 15 different countries at the Refugee Action Kingston community hub at St. John's Church each Wednesday. Over 20 months RBKares volunteers has gained their trust creating a friendly, collaborative group where English is not such a barrier – these workshops have been transformational in terms of camaraderie, confidence, skills and integration into the community. With 12 sewing machines, overlockers, donated fabric and a team of volunteers, a lot of fun is had while the refugees make clothing, do alterations, sew decorative items and build strong friendships. We continue to support refugees in the borough and those in temporary accommodation with advice and items to make them more comfortable.

Supporting Kingston Hospital:

RBKares continues to support staff at Kingston Hospital with a variety of projects to boost morale amongst staff or to provide staff with items to help them support their patients.

During this year we continued delivering baked goods from the community to the hospital every week boosting this at times of increased strain and involving some local schools. We delivered Christmas presents to give to the patients who were in hospital over Christmas. To help Kingston Hospital celebrate the 75th anniversary of the NHS, many large cakes were made to help different departments celebrate. The volunteers continue to sew and embroider bespoke scrubs for the chaplaincy. We make and fill bags with treats for 'Cancer Nurse Day' and Maternity bereavement. Volunteers knitted nurses to help Matrons start conversations, and when stress levels were high and morale low, they made Dammit Dolls to help with frustrations. RBKares volunteers knitted hundreds of chicks and rabbits to put on easter eggs which the play therapists distributed through the hospital. The volunteers knitted angel pockets for people who lost babies before 24 weeks gestation. A team of 20 RBKares volunteers raised £2,235 on the Kingston Hospital Night to Remember walk, raising much needed funds for their bereavement services. The volunteers then made 120 bags which were filled with arts and craft items and worry worms for the paediatric team. On World Mental Health day we gave hundreds of 'pocket hugs' to be distributed in the hospital and at Tolworth

Hospital. We supported the Child and Adolescent Mental Health unit with anti-anxiety bags which were filled with stationery, fidget toys and worms.

Warmer in Winter project:

With much of the community struggling with the cost of living and high energy prices we decided to sew bags and fill them with items to help keep clients warm. Our incredible volunteers knitted or crocheted blankets, scarves and hats, and bought thermal socks and gloves, hot water bottles, thermal travel mugs, torches, cuppa soup, drinks sachets, gifts, information leaflets and cards from a school children. 280 of these bags were distributed to vulnerable or elderly Kingston residents through local services and charities we work with like SPEAR, Voices of Hope, Foodbanks, Refugee Action Kingston, Alfriston Outreach, Churches, schools and Kingston Young Carers Project.

Care Homes:

Our third Christmas care home project proved very popular with Kingston residents. Care homes let us know the hobbies or likes of their residents who have no family to buy gifts for them, and through posting on social media, community members are matched to care home residents. These are distributed with thousands of cards from local schools.

Fidget mat group:

This group, founded through a loneliness and isolation grant in January 2021, continues to meet alternate weeks. The ladies in this group are the main source of knitted, crocheted and sewn items for all these projects and are a force to be reckoned with. They are very creative and produce an incredible amount of handcrafted goods. Many enjoyed the thank you party we held at Alfriston, celebrating our first year of becoming a registered charity.

The trustees would like to express their utmost thanks to the wonderful contribution made by all the volunteers over the year. They have given their time and skills, from sewing, knitting, and crocheting to designing and teaching, sourcing and transporting, and to supporting the vulnerable people in our community through various events. Without this valuable contribution of time, energy and expertise, we would not have been able to achieve what we have. They have helped create social change, tackle inequality and make our community a kinder, better place to live.

During this accounting year our Chair was awarded a BEM, our warmer in winter bag packing day was a finalist in the Mitzvah Day Awards and RBKares came runner up and was highly commended in the Best Charity/Social Enterprise at the Kingston Business Borough Awards.

RBKares is looking forward to collaborating with more services and charity partners to support Kingston residents in need.

Objectives for the year ahead

Our main objectives for the year ahead include:

- Making our services accessible to more people, especially those considered “hard to reach” and ensuring that the environment at our Wellbeing days is always welcoming to all
- Recruiting more volunteers, particularly for the Wellbeing days and to assist with central admin functions
- Developing a 3- and 5-year business plan to enable us to demonstrate our sustainability to funding bodies
- Developing a succession plan

I would like to thank the companies and groups that have helped us which, with the help of trustees and volunteers, have made all these projects possible.

A handwritten signature in black ink that reads "K. Kenyon". The signature is written in a cursive, flowing style.

Beatrix Kenyon

Chair

Receipts and Payments Account

	12 months ended 31 Oct 2023	9 months ended 31 Oct 2022
Income		
Donations - restricted - Care Homes	583	-
Donations - restricted - coffee machine	100	260
Donations - restricted - Fidget mats	-	2,187
Donations - restricted - Hospital fleeces	-	-
Donations - restricted - Kindness kits	-	2,900
Donations - restricted - Refugee Sewing	3,000	1,000
Donations - restricted - scrubs	-	-
Donations - restricted - wellbeing	9,000	11,550
Donations - restricted - Winter Warmer	9,924	1,505
Donations - unrestricted	10,186	1,389
TOTAL DONATIONS	<u>32,792</u>	<u>20,791</u>
Interest income	0	0
TOTAL RECEIPTS	<u><u>32,793</u></u>	<u><u>20,792</u></u>
Expenditure		
Expenses - restricted - Care Homes	186	1,493
Expenses - restricted - coffee machines	151	80
Expenses - restricted - Fidget mats	61	360
Expenses - restricted - Hospital fleeces	-	-
Expenses - restricted - Kindness kits	921	1,711
Expenses - restricted - Refugee Sewing	2,337	205
Expenses - restricted - scrubs	260	121
Expenses - restricted - wellbeing	8,531	9,029
Expenses - restricted - Winter Warmer	5,520	117
Expenses - unrestricted	-	104
TOTAL CHARITABLE EXPENSES	<u>17,968</u>	<u>13,219</u>
Admin costs	1,059	697
TOTAL PAYMENTS	<u><u>19,027</u></u>	<u><u>13,916</u></u>
Surplus for the accounting period	<u><u>13,766</u></u>	<u><u>6,876</u></u>

Statement of Assets and Liabilities

	31 Oct 2023	31 Oct 2022
Current assets		
Debtors	22	-
Cash	25,349	11,605
Current liabilities		
Creditors	2	2
NET ASSETS	25,369	11,603
Reserves		
Restricted	11,862	5,329
Unrestricted	13,507	6,274
TOTAL RESERVES	25,369	11,603

These accounts were approved by the Trustees on 19 July 2024.

RBKARES

England & Wales - Charity number 1197621

Accounts

RBKARES (Charitable Incorporated Organisation)

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER	1197621
DATE OF REGISTRATION	21st January 2022
START OF FINANCIAL PERIOD	21st January 2022
END OF FINANCIAL PERIOD	31st October 2022
TRUSTEES	
	Pippa Coupland (appointed 15th February 2022) Ady Gomersall (resigned 25th April 2022) Tess Green Sara Grimshaw (resigned 2nd August 2022) Beatrix Kenyon (chair) Samantha Lord Zena Poole Jane Watson (treasurer) (appointed 2nd August 2022)
LEGAL STATUS	CIO - Foundation Registered 21st January 2022
GOVERNING INSTRUMENT	Charitable Incorporated Organisation
CORRESPONDENCE ADDRESS	46 Norbiton Avenue, Kingston upon Thames, KT1 3QR
PRIMARY BANKERS	NatWest, 73 High Street, Walton-on-Thames, KT12 1DW
INDEPENDENT EXAMINER	Yvann Stephens, 4 Akerman Road, Surbiton, KT6 5NS

ANNUAL REPORT

The board of trustees has pleasure in presenting RBKares trustees' report and financial statement for the year ended October 2022. We were delighted to become a registered charity on the 21st January 2022 which set us in good stead to be able to continue to mobilise more volunteers, build stronger relationships to support more residents as we identify their needs and make a difference.

Summary of purpose:

RBKares connects the kindness and generosity of the community in Kingston-Upon-Thames with vulnerable people and key-workers. Set up during the pandemic, RBKares focuses on providing local support to NHS staff, care homes and to other vulnerable groups including refugees and the homeless. We use the community's sewing and crafting skills to make items, distribute kindness kits and sort donations.

Summary of Main Activities:

RBKares turns goodwill into meaningful action to show that RBK (Royal Borough of Kingston) cares.

- Fidget mat group - a weekly workshop for the isolated and vulnerable to meet to make 120 'fidget mats' with multi-sensory patches to donate to people with dementia. This group has benefitted from being able to help others as much as their donations have helped recipients.
- Covid Champions - a project to ensure members of our community understood the risks, spread and management of Covid 19 and where and when to get vaccinations
- Supporting Kingston Hospital - supporting the staff of Kingston and Tolworth hospitals with 300 'kindness kits', making bespoke scrubs for the chaplaincy, supporting the children in hospital with toys and outfits for their chemo ducks, supporting in-patients with games while the entertainment system was down and knitting items for babies in the neonatal units. We also raised £2,200 for the bereavement unit by joining in their memory walk. Knitting hundreds of Easter egg covers for the paediatric team to distribute throughout the hospital.
- Supporting Voices of Hope - Making welcome bags for the Women's hub, personalised bunting and bean bag 'fruit and vegetables' to promote Brite Box.
- Supporting young carers - making and filling 200 bags to the young carers and holding a tea party for them at the Home of Compassion.
- Supporting Yorda adventures - making and filling 35 kindness kits for parents attending the family sessions
- Supporting Princes Alice Hospice - making 200 bags for belongings of deceased relatives to be given back to their families and 30 catheter stand covers to preserve dignity of inpatients.
- Refugee sewing group - a weekly sewing workshop for refugees that are registered with Refugee Action Kingston, allowing them to develop skills, improve their English and make clothes and decorative items.
- Wellbeing days at Piper Hall - a monthly event supporting the mental, physical and digital health of clients attending the foodbank.
- Warmer in Winter bags - knitting blankets, hats, scarves and hearts and putting them in a hand made bag with gloves, socks, thermos mug, torch and gift to give to those struggled to keep themselves warm.
- Worry Worms - crocheting 500 worry worms to help anxious children.
- Sourcing items needed by refugees - encouraging donations of bikes and clothes and sorting and fixing them to give to refugees.
- Involving schoolchildren in community projects - encouraging school children to support their community through making and writing cards to go in 'Warmer in Winter' bags and designing cards to be used at Kingston Hospitals memory walk.
- Involving local residents in their community - bringing Kingston residents together to support local communities and people in need.

The trustees would like to express their utmost thanks to the incredible contribution made by all the volunteers over the year. They have given their time and skills in many ways, from sewing and knitting, to designing and teaching, sourcing and transporting, to supporting young, elderly, refugees and vulnerable in the community through various activities and events. Without this valuable contribution of time, energy and expertise, we would not have been able to achieve so much. They have helped create social change, tackle inequality and make our community a kinder, better place live.

Main Achievements

Continuing

- Refugee sewing workshop - continuity has shown the refugees that we are committed to the workshop and this has developed trust, which has improved the dynamic of the group
- Wellbeing days - these maximise limited resources to support a community in need
- Projects supporting Kingston Hospital - the staff will continue to need support and recognition as they work through unprecedented difficulties.

Looking forward

- Collaborating with more services to support the clients at the wellbeing days, particularly to help them with their eye and dental health.

Challenges

Our main challenges are supporting hard to reach people during a worsening cost of living crisis and tackling inequalities; to achieve this we need to continue to securing funding. We need to strengthen our governance by bringing on board trustees with expertise in specific roles.

The Trustees would like to thank the companies and groups that have helped us which, with the help of trustees and volunteers has made all these projects possible.

Financial review

As the charity's income is below the audit threshold we are allowed to prepare a simple annual report. The Trustees have elected to have an independent examination for good governance.

RBKares' income in the financial period has come from grants and donations.

Receipts and Payments Account

	9 months ended 31 Oct 2022	12 months ended 20 Jan 2022
Income		
Donations - restricted - Care Homes	-	2,061
Donations - restricted - coffee machine	260	1,130
Donations - restricted - Fidget mats	2,187	-
Donations - restricted - Hospital fleeces	-	-
Donations - restricted - Kindness kits	2,900	-
Donations - restricted - Refugee Sewing	1,000	-
Donations - restricted - scrubs	-	78
Donations - restricted - wellbeing	11,550	-
Donations - restricted - Winter Warmer	1,505	-
Donations - unrestricted	1,389	4,138
TOTAL DONATIONS	<u>20,791</u>	<u>7,407</u>
Interest income	0	1
TOTAL RECEIPTS	<u><u>20,792</u></u>	<u><u>7,408</u></u>
Expenditure		
Expenses - restricted - Care Homes	1,493	1,224
Expenses - restricted - coffee machines	80	2,027
Expenses - restricted - Fidget mats	360	43
Expenses - restricted - Hospital fleeces	-	151
Expenses - restricted - Kindness kits	1,711	110
Expenses - restricted - Refugee Sewing	205	-
Expenses - restricted - scrubs	121	873
Expenses - restricted - wellbeing	9,029	-
Expenses - restricted - Winter Warmer	117	-
Expenses - unrestricted	104	2,498
TOTAL CHARITABLE EXPENSES	<u>13,219</u>	<u>6,925</u>
Admin costs	697	308
TOTAL PAYMENTS	<u><u>13,916</u></u>	<u><u>7,233</u></u>
Surplus for the accounting period	<u><u>6,876</u></u>	<u><u>176</u></u>

Statement of Assets and Liabilities

	31 Oct 2022	21 Jan 2022
Current assets		
Cash	11,605	4,727
Current liabilities		
Creditors	2	-
NET ASSETS	<u><u>11,603</u></u>	<u><u>4,727</u></u>
Reserves		
Restricted	5,329	- 958
Unrestricted	6,274	5,685
TOTAL RESERVES	<u><u>11,603</u></u>	<u><u>4,727</u></u>

These accounts were approved by the Trustees on 18 July 2023.



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
RBKares

**On accounts for the
accounting period**

21 January 2022 – 31 October 2022

**Charity no
(if any)**

1197621

Set out on pages

4 and 5

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the nine-month period ended 31/10/2022.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

14 August 2023

Name:

Yvann Stephens

**Relevant professional
qualification(s) or body
(if any):**

Institute of Chartered Accountants of England and Wales
Member 1910929

Address:

4 Akerman Road

Surbiton

KT6 5NS