

Charity Number
1197548

Carers Together In Hampshire CIO

Report and Accounts

For the Year ended

31 March 2023

Munro's
Accountants & Business Advisors
Scots House
Scots Lane
Salisbury
Wiltshire
SP1 3TR

Carers Together In Hampshire CIO
General Information

Charity number	1197548
Registered office	9 Love Lane Romsey Hampshire SO51 8DE
Trustees and members	Ms S Thomas Mrs A Meader Mr K Meader Ms M Ward
Secretary	Mrs A Meader
Accountants	Munro's Accountants & Business Advisors Scots House Scots Lane Salisbury Wiltshire
Bank	Lloyds Bank Plc The Square Bishops Waltham Hampshire SO32 1GS

Carers Together In Hampshire CIO

The Trustees present their report and accounts for the year ended 31 March 2023.

GOVERNING DOCUMENTS

Carers Together is a registered Charitable Incorporated Organisation number 1197548. It was established on 18 January 2022 and registered with the Charity Commissioners at that time. It is governed under its constitution, which was adopted on the 18 January 2022. It was formed to take over the activities of Carers Together in Hampshire, an unincorporated charity, but such takeover was delayed until 1st April 2023.

RECRUITMENT AND APPOINTMENT OF TRUSTEES

The Trustees are elected at the Annual General Meeting. All Trustees relinquish their positions every year and are eligible for re-election at the Annual General Meeting.

Any carer or former carer may be elected to be a Trustee, excluding paid members of staff of the organisation. It is our aim to have members from different areas of Hampshire, Portsmouth and Southampton, with a range of skills to enhance the work of the organisation. In the event of particular skills being lost due to retirement, individuals are approached to offer themselves for election to the management committee.

TRUSTEE INDUCTION AND TRAINING

Most prospective Trustees are already familiar with the work of the Organisation, however, they are normally invited to attend a minimum of one Trustee Committee meeting as observers before agreeing to be co-opted to the committee and/or standing for election at the AGM.

All new Trustees are invited, encouraged and supported to attend a comprehensive induction programme. A Trustee Induction Pack is distributed to all new Trustees along with a copy of the Constitution and the Essential Trustee, a guide published by the Charity Commission. Feedback from new Trustees is sought and changes to the programme may be made in the light of that feedback.

ORGANISATION

The Board of Trustees meets five times a year and is responsible for the overall governance of the organisation. Decisions on the day-to-day operation of the Organisation are taken by the Secretary and the Finance Sub-Committee, which meets two monthly.

This Sub-Committee carries out assessment of the financial position of the Organisation and monitoring of its resources. Specific responsibilities of the Committee include the management of the assets and liabilities of the Organisation, the agreement and monitoring of the annual budget, management of the investment portfolio, ensuring the Organisation meets high and consistent levels of quality and approving levels of delegation to the operational management.

The Trustees have delegated the day-to-day management of the operation to the Organisation's Secretary. The Board receives a report quarterly from the Project Managers on operational matters and from the Treasurer on financial performance. Decisions with significant implications for the organisation are brought to the Board of Trustees.

These include:

- Organisational priorities;
- All matters of risk to the organisation - in particular resources and reputation;
- Significant organisational change;
- Major initiatives;
- Policy formation and development;
- Appointment of senior posts.

The operation's structure is robust with a full complement of committed Trustees. An experienced team of Project Workers provides the drive and hands-on approach to implementing the organisation's vision to an exceptionally high standard.

Carers Together In Hampshire CIO

INTERNAL CONTROL

The Trustees have overall responsibility for ensuring that the Organisation has appropriate systems of internal control across the entire organisation.

The Organisation has set up a Quality Assurance Sub-Committee which meets at least twice a year and reports to the Board of Trustees. It is responsible for providing:

- Assurance to the Trustees that the Organisation operates sound systems of internal control;
- Comfort and transparency to donors and beneficiaries that there are appropriate systems in place to ensure that the resources of the Organisation are effectively allocated and utilised;
- An internal audit system which conducts an ongoing programme is being introduced as part of work towards Quality Mark;
- A strategic plan and an annual budget for approval by the Trustees;
- Regular consideration by the Trustees of financial results, variances from budgets, forecasts and performance indicators;
- Delegation of authority and segregation of duties;
- Identification and management of risk.

RISK

The Trustees have in place a formal risk management process to assess risks and implement risk management strategies. This process includes review by Trustees and other Organisation staff. The process identifies the types of risks the Organisation faces, prioritises them in terms of likelihood of occurrence and potential impact and identifies the means of mitigating these risks. Risk management is embedded in the day-to-day processes of the Organisation.

OBJECTIVES, ACTIVITIES AND ACHIEVEMENTS

Once the organisation commences operations the Trustees will comply with the duty set out in S.4 of the Charities Act 2006 to have regard to the public benefit guidance published by the Charity

The Organisation's primary object is to relieve the stresses experienced by carers, as defined in The Carers (Recognition and Services) Act 1995, of people with physical, mental, or sensory impairment or illness, particularly by representatives of voluntary organisations and statutory authorities within the area of benefit.

Specific activities, which confirm the public benefit that the Organisation produces by its existence, are set out below, within the sub-heading Current Projects.

CURRENT PROJECTS

On 1st April 2023 the CIO took over the activities and functions of the Carers Together in Hampshire charity, Charity Number 1051879 which had been established in 1993. Problems with opening bank accounts and transferring the charity account across to the CIO led to considerable, unnecessary, delays including the unauthorised confiscation of one of the charity's bank accounts by NatWest bank.

As a result the CIO had no projects to report upon.

THE IMPACT OF CARERS TOGETHER CIO

The Trustees intend to ensure that the CIO has the same or similar impact as the charity it will be taking over.

PRIORITY OBJECTIVES IN 2023/24

- To provide advocacy, support and advice for carers.
- To run training courses, including End of Life Care courses for carers.
- To support carers with Direct Payments and Personal Health Budgets, to understand, run and manage their Direct Payments.

Carers Together In Hampshire CIO

- To work with Southern Health to provide support for carers and training for staff on carers issues.
- To expand the number and range of training and awareness opportunities for carers across Hampshire.
- To source ongoing funding for the Carers Active Listening Line.
- To produce a quality planning process for carers and older people that will make a difference to their long term plans and care.
- To work with older people and carers to increase the number who make personal plans and put in place legal plans for the future.
- To organise and work towards a high quality service across all projects.
- To ensure that Carers Together CIO services are understood and marketed by raising awareness of the organisation throughout the community.
- To establish a database for advertising publicity material and ensure timely distribution of information.
- To use social media including Facebook to reach carers who otherwise may be isolated and unrecognised.
- To produce imaginative and appropriate materials to maintain the image of and to promote Carers Together CIO.
- To work with the media to increase awareness, aiming for monthly press publicity.
- To organise and deliver a programme of public talks and presentations.
- To develop Carers Week activities and other national opportunities as major awareness raising events.
- To continue to develop our programme of activities across the area including improving end of life care.
- To continue to develop Say it Once and to influence culture change in health and social care.
- To continue to work with carers and older people to hear their voice and take forward actions and activities to improve their lives.

PLANS FOR THE FUTURE - 2023/24

- To secure long term funding arrangements for all our existing projects but in particular realistic levels of funding for single issue advocacy.
- To develop improved systems with the help of quality assurance experts to assist in developing the Organisation's procedures as part of the development of a quality process.
- To produce a service specification for carers cafes and other proposed activities.
- To monitor the demand and impact of personalisation and to make such changes to the organisation's systems that are necessary to secure maximum benefit to carers.
- To develop new services for carers based on identified gaps and needs. Including, for example, improved end of life care, better information and partnership working in localities using the Community Café Project and Community Wellbeing and Information Hub to support this.
- The Carers Together CIO Business Plan provides comprehensive details of the organisations aims and objectives.
- Developing the Hampshire Carers Partnership as an active coproduction group.

FINANCIAL REVIEW AND RESERVES

As a result of the delays in commencement there are no financial matters to report.

Some bank accounts were opened before the year end date and funds were transferred from the Organisation in order to activate the accounts. There were no other transactions to report.

TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS

Law applicable to CIOs in England requires the trustees to prepare accounts for each financial year,

In preparing those accounts, the trustees should follow best practice and:

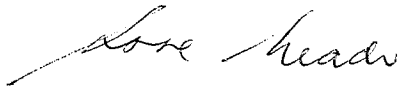
- Select suitable accounting policies and then apply them consistently;

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- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the accounts;
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the Organisation will continue in operation.

The trustees are responsible for keeping accounting records which disclose, with reasonable accuracy, the financial position of the Organisation, and which enable them to ensure that the accounts comply with the Charities Act 2011, the Organisation (Accounts and Reports) 2008 Regulations and the provisions of the trust deed. They are also responsible for safeguarding the assets of the Organisation and hence for taking reasonable steps for the prevention and detection of

This report was approved by the trustees and signed on their behalf by:



Anne Meader
Honorary Secretary

Date: 23rd January 2024

Carers Together In Hampshire CIO
Statement of Financial Activities (including summary income and expenditure account)
For the year ended 31 March 2023

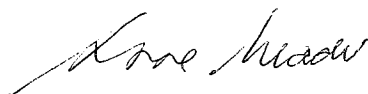
The organisation had neither income nor expenditure to report in the year to 31st March 2023.

Carers Together In Hampshire CIO
Balance Sheet
As at 31 March 2023

	Notes	£	2023 £
Current assets			
Cash at bank and in hand		2,793	
Creditors: amounts falling due within one year	2	(2,793)	
Net current assets			-
Net assets			-
Funds of the charity			
Total of restricted and unrestricted funds			-

The Financial Statements have been prepared in accordance with Statement of Recommended Practice applicable to charities preparing accounts in accordance with the FRS 102 published in 2015.

Approved by the trustees and signed on their behalf by:-



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 Mrs A Meader
 Honorary Secretary

Date: 23rd January 2024

Carers Together In Hampshire CIO
Notes to the Accounts
For the year ended 31 March 2023

1 Accounting policies

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with applicable United Kingdom accounting standards and the Statement of Recommended Practice 'Accounting and Reporting by Charities' issued in 2015, and the

2 Creditors: amounts falling due within one year	2023
	£
Amounts owing to Carers Together in Hampshire (the charity)	<u><u>2,793</u></u>