



# Trustees' Annual Report for the period

|      |                   |                  |              |    |                 |                   |              |
|------|-------------------|------------------|--------------|----|-----------------|-------------------|--------------|
| From | Period start date |                  |              | To | Period end date |                   |              |
|      | Day<br>1st        | Month<br>January | Year<br>2024 |    | Day<br>31st     | Month<br>December | Year<br>2024 |

## Section A Reference and administration details

|                                    |                                              |
|------------------------------------|----------------------------------------------|
| Charity name                       | International Zen Association United Kingdom |
| Other names charity is known by    | IZAUK                                        |
| Registered charity number (if any) | 1197451                                      |
| Charity's principal address        | 91-93 Gloucester Road                        |
|                                    | Bishopston                                   |
|                                    | Bristol                                      |
|                                    | Postcode BS7 8AT                             |

### Names of the charity trustees who manage the charity

|    | Trustee name            | Office (if any)           | Dates acted if not for whole year  | Name of person (or body) entitled to appoint trustee (if any) |
|----|-------------------------|---------------------------|------------------------------------|---------------------------------------------------------------|
| 1  | Kate Thompson           | Chair                     |                                    |                                                               |
| 2  | Jeremy Waring           | Secretary                 |                                    |                                                               |
| 3  | Adrian Tuttiett         | Treasurer                 |                                    |                                                               |
| 4  | Alana Berrington        |                           |                                    |                                                               |
| 5  | Heather Smith           |                           |                                    |                                                               |
| 6  | Anette Fajardo          |                           |                                    |                                                               |
| 7  | John Callaghan          |                           |                                    |                                                               |
| 8  | Ryan Johnson<br>McCourt | Friends<br>Representative | From 1/1/24 – resigned<br>13/10/24 |                                                               |
| 9  |                         |                           |                                    |                                                               |
| 10 |                         |                           |                                    |                                                               |
| 11 |                         |                           |                                    |                                                               |
| 12 |                         |                           |                                    |                                                               |
| 13 |                         |                           |                                    |                                                               |
| 14 |                         |                           |                                    |                                                               |
| 15 |                         |                           |                                    |                                                               |
| 16 |                         |                           |                                    |                                                               |
| 17 |                         |                           |                                    |                                                               |
| 18 |                         |                           |                                    |                                                               |
| 19 |                         |                           |                                    |                                                               |
| 20 |                         |                           |                                    |                                                               |

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |
|      |                                   |
|      |                                   |

### Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

### Name of chief executive or names of senior staff members (Optional information)

|  |
|--|
|  |
|--|

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document  
(eg. trust deed, constitution)

**Foundation Model Constitution**

How the charity is constituted  
(eg. trust, association, company)

**Charitable Incorporated Organisation**

Trustee selection methods  
(eg. appointed by, elected by)

**Trustees are selected by existing trustees on the basis of their experience and length of practice within the Charity.  
One trustee is appointed by the 'Friends of the International Zen Association UK'.**

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

**To promote the understanding and practice of Soto Zen Buddhism with particular emphasis on the teaching of the late Taisen Deshimaru Roshi for the public benefit.**

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity supports and co-ordinates the activities of approximately 9 local groups in the UK (Bradford, Brighton, Bristol, Leeds, London x2, Manchester, Norwich, Wells-next-the-sea) plus 2 correspondent groups.

It also plans and organises sesshins (Zen retreats) and similar events which are open to the public.

The charity maintains a website by which members of the public may access information about local groups, forthcoming events, announcements and articles about Zen and Buddhism.

Publishes a Zen News with news and articles about Zen and the UK sangha which are available to members and the wider public through local groups.

Develops and maintains links with outside organisations such as the Association Zen Internationale and the European Sotoshu Office.

Invites certified teachers from the Soto school to lead and direct sesshins in the UK.

Makes available for sale books by Master Deshimaru and others, zafus, incense and other artefacts which may be helpful for the study of Zen Buddhism.

The charity carries out its aims and objectives with regard to the guidance issued by the Charity Commission on public benefit.

#### Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

**3 sesshins (Zen retreats) were held during the year in: Crosby Hall (Liverpool) and Sheringham (Norfolk) x2.**

**1 Kesa sewing sesshin was also organised at Shawbottom Farm (near Leek, Staffs)**

**One of the sesshins held at Sheringham was led by an elder of the UK sangha.**

**Further special events such as zen days, weekends, kesa sewing practice and talks have been organised by local groups. This is in addition to the regular daily zazen practice (zen meditation) organised by local groups.**

**IZAUK also maintains a Bursary Fund to supplement the sesshin fees of those who have low or no income.**

**The charity produces and circulates to members a Zen newsletter 3 or 4 times per year.**

## Section E Financial review

Brief statement of the charity's policy on reserves

The charity maintains a fund to be used for special projects including the establishment of a future residential retreat centre.

Details of any funds materially in deficit

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principle sources of funds are : donations, membership fees, income from sesshins, sale of merchandise & accessories to members, Gift Aid.

The charity's main expenditure consists of: hire of accommodation & catering for sesshins, committee meetings, purchase of merchandise, supporting local groups, charity administration, financial support to individual members to attend events via bursary fund.

The charity maintains the greater part of its reserves in ethical funds and is set to continue this policy.

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

|  |  |
|--|--|
|  |  |
|--|--|

Full name(s)

|                      |  |
|----------------------|--|
| Adrian John Tuttiett |  |
|----------------------|--|

Position (eg Secretary, Chair, etc)

|           |  |
|-----------|--|
| Treasurer |  |
|-----------|--|

Date

|                              |
|------------------------------|
| 22 <sup>nd</sup> August 2025 |
|------------------------------|



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
International Zen Association UK (CIO)

No (if any)  
1197451

## Receipts and payments accounts

CC16a

| For the period<br>from | Period start date | To | Period end date |
|------------------------|-------------------|----|-----------------|
|                        | 01/01/24          |    | 31/12/24        |

### Section A Receipts and payments

|                                                    | Unrestricted<br>funds<br>to the nearest<br>£ | Restricted<br>funds<br>to the nearest £ | Endowment<br>funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|----------------------------------------------------|----------------------------------------------|-----------------------------------------|----------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>                                 |                                              |                                         |                                        |                                 |                               |
| Membership                                         | 690                                          | -                                       | -                                      | 690                             |                               |
| Donations                                          | 2,002                                        |                                         |                                        | 2,002                           | 4,348                         |
| Sesshin Income                                     | 23,713                                       | -                                       | -                                      | 23,713                          | 19,375                        |
| Boutique Sales                                     | 2,413                                        | -                                       | -                                      | 2,413                           | 1,413                         |
| Sewing Sales                                       | 155                                          | -                                       | -                                      | 155                             | 20                            |
| Interest                                           | 441                                          | -                                       | -                                      | 441                             | 565                           |
| Transfer in from Trust                             | 7,855                                        | -                                       | -                                      | 7,855                           | 12,512                        |
| Transfer in from Bursary                           | 450                                          |                                         |                                        | 450                             |                               |
| Loan Repayments                                    | 5,000                                        | -                                       | -                                      | 5,000                           | 3,333                         |
| Gift Aid Claim                                     | 311                                          | -                                       | -                                      | 311                             | -                             |
| Ordinations                                        | 690                                          |                                         |                                        | 690                             |                               |
| <b>Sub total (Gross income for AR)</b>             | <b>43,720</b>                                | <b>-</b>                                | <b>-</b>                               | <b>43,720</b>                   | <b>41,566</b>                 |
| <b>A2 Asset and investment sales, (see table).</b> |                                              |                                         |                                        |                                 |                               |
|                                                    | -                                            | -                                       | -                                      | -                               |                               |
|                                                    | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Sub total</b>                                   | <b>-</b>                                     | <b>-</b>                                | <b>-</b>                               | <b>-</b>                        | <b>-</b>                      |
| <b>Total receipts</b>                              | <b>43,720</b>                                | <b>-</b>                                | <b>-</b>                               | <b>43,720</b>                   | <b>41,566</b>                 |
| <b>A3 Payments</b>                                 |                                              |                                         |                                        |                                 |                               |
| Sesshin Expenses                                   | 20,741                                       | -                                       | -                                      | 20,741                          | 21,909                        |
| Committee Meeting Expenses                         | 1,389                                        | -                                       | -                                      | 1,389                           | 1,313                         |

|                                  |               |          |          |               |                |
|----------------------------------|---------------|----------|----------|---------------|----------------|
| Boutique Purchases               | 1,642         | -        | -        | 1,642         | 1,808          |
| Core Management & Administration | 961           | -        | -        | 961           | 334            |
| Local Group Support              | 817           | -        | -        | 817           | 3,454          |
| Bursary Support                  | 450           | -        | -        | 450           | 715            |
| AZI Transfer                     | 1,023         | -        | -        | 1,023         | 3,132          |
| Printing Postage & Stationery    | 75            | -        | -        | 75            | 13             |
| General Refunds                  | 25            | -        | -        | 25            | 72             |
| Bank Charges                     |               |          |          |               | 80             |
| Special Projects                 | 200           |          |          | 200           | 150,000        |
| Sewing Expenses                  | 580           |          |          | 580           |                |
| Equipment                        | 59            |          |          | 59            |                |
| Other Sesshin expenses           | 70            |          |          | 70            |                |
| <b>Sub total</b>                 | <b>28,032</b> | <b>-</b> | <b>-</b> | <b>28,032</b> | <b>182,830</b> |

|                                                       |          |          |          |          |          |
|-------------------------------------------------------|----------|----------|----------|----------|----------|
| <b>A4 Asset and investment purchases. (see table)</b> |          |          |          |          |          |
|                                                       | -        | -        | -        | -        |          |
|                                                       | -        | -        | -        | -        |          |
| <b>Sub total</b>                                      | <b>-</b> | <b>-</b> | <b>-</b> | <b>-</b> | <b>-</b> |

|                       |               |          |          |               |                |
|-----------------------|---------------|----------|----------|---------------|----------------|
| <b>Total payments</b> | <b>28,032</b> | <b>-</b> | <b>-</b> | <b>28,032</b> | <b>182,830</b> |
|-----------------------|---------------|----------|----------|---------------|----------------|

|                                    |               |          |          |               |                  |
|------------------------------------|---------------|----------|----------|---------------|------------------|
| <b>Net of receipts/(payments)</b>  | <b>15,688</b> | <b>-</b> | <b>-</b> | <b>15,688</b> | <b>- 141,264</b> |
| <b>A5 Transfers between funds</b>  | <b>-</b>      | <b>-</b> | <b>-</b> | <b>-</b>      | <b>-</b>         |
| <b>A6 Cash funds last year end</b> | <b>19,967</b> | <b>-</b> | <b>-</b> | <b>19,967</b> | <b>-</b>         |
| <b>Cash funds this year end</b>    | <b>35,655</b> | <b>-</b> | <b>-</b> | <b>35,655</b> | <b>- 141,264</b> |

## Section B Statement of assets and liabilities at the end of the period

| Categories           | Details                  | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|----------------------|--------------------------|---------------------------------|-------------------------------|------------------------------|
| <b>B1 Cash funds</b> |                          |                                 |                               |                              |
|                      | Cooperative Direct Plus  | 6,449                           | -                             | -                            |
|                      | Cooperative Bursary Fund | 1,311                           | -                             | -                            |
|                      | Ecology Building Society | 11,731                          | -                             | -                            |

|                                                        |   |  |               |          |          |
|--------------------------------------------------------|---|--|---------------|----------|----------|
| Triodos Bank                                           | T |  | 8,748         |          |          |
| Cooperastive Business Select                           |   |  | 21            |          |          |
| lloyds membership account                              |   |  | 6,923         |          |          |
| Membership Cash account                                |   |  | 184           |          |          |
| Boutique Cash account                                  |   |  | 76            |          |          |
| Stripe account                                         |   |  | 212           |          |          |
| <b>Total cash funds</b>                                |   |  | <b>35,655</b> | <b>-</b> | <b>-</b> |
| (agree balances with receipts and payments account(s)) |   |  | OK            | OK       | OK       |

**Unrestricted funds**  
to nearest £

**Restricted funds**  
to nearest £

**Endowment funds**  
to nearest £

**Details**

**B2 Other monetary assets**

|                      |         |   |   |
|----------------------|---------|---|---|
| BZD Loan Outstanding | 141,667 | - | - |
|                      | -       | - | - |
|                      | -       | - | - |
|                      | -       | - | - |
|                      | -       | - | - |
|                      | -       | - | - |

**Details**

**B3 Investment assets**

|  | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|--|-----------------------------|-----------------|--------------------------|
|  |                             | -               | -                        |
|  |                             | -               | -                        |
|  |                             | -               | -                        |
|  |                             | -               | -                        |
|  |                             | -               | -                        |

**Details**

**B4 Assets retained for the charity's own use**

|  | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|--|-----------------------------|-----------------|--------------------------|
|  |                             | -               | -                        |
|  |                             | -               | -                        |

|  |  |   |   |
|--|--|---|---|
|  |  | - | - |
|  |  | - | - |
|  |  | - | - |
|  |  | - | - |
|  |  | - | - |
|  |  | - | - |
|  |  | - | - |

**B5 Liabilities**

| Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|---------|---------------------------------|-----------------------|---------------------|
|         |                                 | -                     |                     |
|         |                                 | -                     |                     |
|         |                                 | -                     |                     |
|         |                                 | -                     |                     |
|         |                                 | -                     |                     |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|-----------|------------|------------------|
|           |            |                  |
|           |            |                  |



Section A

Independent Examiner's Report

Report to the trustees

Charity Name  
International Zen Association UK (CIO)

On accounts for the year  
ended

31/12/2024

Charity no  
(if any)

1197451

Set out on pages

n/a

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/12/2024**.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

*L. Angelini*

Date:

05 October 2025

Name:

Lukas Angelini

Relevant professional  
qualification(s) or body  
(if any):

Address:

38 Longton Grove, London SE26 6QE

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**