

INTERNATIONAL ZEN ASSOCIATION (UNITED KINGDOM)

England & Wales · Charity number 1197451

Details

Status Registered

Legal form CIO

Registered 2022-01-11

Register [View on the Charity Commission register](#)

Contact

Address 91-93 Gloucester Road
Bishopston
Bristol
BS7 8AT

Phone 01179424347

Email chair@izauk.org

Website <https://www.izauk.org/>

Activities

Objects: PROMOTE THE UNDERSTANDING AND PRACTICE OF SOTO ZEN BUDDHISM WITH PARTICULAR EMPHASIS ON THE TEACHINGS OF THE LATE TAISEN DESHIMARU ROSHI FOR THE PUBLIC BENEFIT.

Activities: Providing a linking structure for 9 local groups in the UK; Bradford, Brighton, Bristol, Leeds, London x 2 (Islington x 1, Lewisham x 1) Manchester, Norwich, Nottingham, Wells next the Sea. Organising sesshins (Zen retreats) and similar events open to the public.

Classification

- **How:** Provides Services, Acts As An Umbrella Or Resource Body
- **What:** Religious Activities
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£43,720	£28,032	-	-
2023-12-31	£41,566	£182,830	-	-
2022-12-31	£650	£0	-	-

Trustees

Name	Role	Appointed
KATE THOMPSON	Chair	2022-01-11
ADRIAN TUTTIETT		2022-01-11
ANETTE FAJARDO		2022-01-11
Heather Smith		2022-01-11
JEFF DENNIS O'LOUGHLIN		2025-05-27
Jeremy Peter Waring		2022-01-11
John Callaghan		2022-01-11
Rev Alana Berrington		2022-01-11

INTERNATIONAL ZEN ASSOCIATION (UNITED KINGDOM)

England & Wales - Charity number 1197451

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 1st	Month January	Year 2024		Day 31st	Month December	Year 2024

Section A Reference and administration details

Charity name	International Zen Association United Kingdom
Other names charity is known by	IZAUK
Registered charity number (if any)	1197451
Charity's principal address	91-93 Gloucester Road
	Bishopston
	Bristol
	Postcode BS7 8AT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kate Thompson	Chair		
2	Jeremy Waring	Secretary		
3	Adrian Tuttiett	Treasurer		
4	Alana Berrington			
5	Heather Smith			
6	Anette Fajardo			
7	John Callaghan			
8	Ryan Johnson McCourt	Friends Representative	From 1/1/24 – resigned 13/10/24	
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Foundation Model Constitution

How the charity is constituted
(eg. trust, association, company)

Charitable Incorporated Organisation

Trustee selection methods
(eg. appointed by, elected by)

Trustees are selected by existing trustees on the basis of their experience and length of practice within the Charity. One trustee is appointed by the 'Friends of the International Zen Association UK'.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote the understanding and practice of Soto Zen Buddhism with particular emphasis on the teaching of the late Taisen Deshimaru Roshi for the public benefit.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity supports and co-ordinates the activities of approximately 9 local groups in the UK (Bradford, Brighton, Bristol, Leeds, London x2, Manchester, Norwich, Wells-next-the-sea) plus 2 correspondent groups.

It also plans and organises sesshins (Zen retreats) and similar events which are open to the public.

The charity maintains a website by which members of the public may access information about local groups, forthcoming events, announcements and articles about Zen and Buddhism.

Publishes a Zen News with news and articles about Zen and the UK sangha which are available to members and the wider public through local groups.

Develops and maintains links with outside organisations such as the Association Zen Internationale and the European Sotoshu Office.

Invites certified teachers from the Soto school to lead and direct sesshins in the UK.

Makes available for sale books by Master Deshimaru and others, zafus, incense and other artefacts which may be helpful for the study of Zen Buddhism.

The charity carries out its aims and objectives with regard to the guidance issued by the Charity Commission on public benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

3 sesshins (Zen retreats) were held during the year in: Crosby Hall (Liverpool) and Sheringham (Norfolk) x2.

1 Kesa sewing sesshin was also organised at Shawbottom Farm (near Leek, Staffs)

One of the sesshins held at Sheringham was led by an elder of the UK sangha.

Further special events such as zen days, weekends, kesa sewing practice and talks have been organised by local groups. This is in addition to the regular daily zazen practice (zen meditation) organised by local groups.

IZAUK also maintains a Bursary Fund to supplement the sesshin fees of those who have low or no income.

The charity produces and circulates to members a Zen newsletter 3 or 4 times per year.

Section E Financial review

Brief statement of the charity's policy on reserves

The charity maintains a fund to be used for special projects including the establishment of a future residential retreat centre.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principle sources of funds are : donations, membership fees, income from sesshins, sale of merchandise & accessories to members, Gift Aid.

The charity's main expenditure consists of: hire of accommodation & catering for sesshins, committee meetings, purchase of merchandise, supporting local groups, charity administration, financial support to individual members to attend events via bursary fund.

The charity maintains the greater part of its reserves in ethical funds and is set to continue this policy.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

--	--

Full name(s)

Adrian John Tuttiett	
----------------------	--

Position (eg Secretary, Chair, etc)

Treasurer	
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Date

22 nd August 2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
International Zen Association UK (CIO)

No (if any)
1197451

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01/01/24		31/12/24

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Membership	690	-	-	690	
Donations	2,002			2,002	4,348
Sesshin Income	23,713	-	-	23,713	19,375
Boutique Sales	2,413	-	-	2,413	1,413
Sewing Sales	155	-	-	155	20
Interest	441	-	-	441	565
Transfer in from Trust	7,855	-	-	7,855	12,512
Transfer in from Bursary	450			450	
Loan Repayments	5,000	-	-	5,000	3,333
Gift Aid Claim	311	-	-	311	-
Ordinations	690			690	
Sub total (Gross income for AR)	43,720	-	-	43,720	41,566
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	43,720	-	-	43,720	41,566
A3 Payments					
Sesshin Expenses	20,741	-	-	20,741	21,909
Committee Meeting Expenses	1,389	-	-	1,389	1,313

Boutique Purchases	1,642	-	-	1,642	1,808
Core Management & Administration	961	-	-	961	334
Local Group Support	817	-	-	817	3,454
Bursary Support	450	-	-	450	715
AZI Transfer	1,023	-	-	1,023	3,132
Printing Postage & Stationery	75	-	-	75	13
General Refunds	25	-	-	25	72
Bank Charges					80
Special Projects	200			200	150,000
Sewing Expenses	580			580	
Equipment	59			59	
Other Sesshin expenses	70			70	
Sub total	28,032	-	-	28,032	182,830

A4 Asset and investment purchases. (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-

Total payments	28,032	-	-	28,032	182,830
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Net of receipts/(payments)	15,688	-	-	15,688	- 141,264
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	19,967	-	-	19,967	-
Cash funds this year end	35,655	-	-	35,655	- 141,264

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
	Cooperative Direct Plus	6,449	-	-
	Cooperative Bursary Fund	1,311	-	-
	Ecology Building Society	11,731	-	-

Triodos Bank	T		8,748		
Cooperastive Business Select			21		
lloyds membership account			6,923		
Membership Cash account			184		
Boutique Cash account			76		
Stripe account			212		
Total cash funds			35,655	-	-
(agree balances with receipts and payments account(s))			OK	OK	OK

Unrestricted funds
to nearest £

Restricted funds
to nearest £

Endowment funds
to nearest £

Details

B2 Other monetary assets

BZD Loan Outstanding	141,667	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

Details

B3 Investment assets

	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

Details

B4 Assets retained for the charity's own use

	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-

		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval



Section A

Independent Examiner's Report

Report to the trustees

Charity Name
International Zen Association UK (CIO)

On accounts for the year
ended

31/12/2024

Charity no
(if any)

1197451

Set out on pages

n/a

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/12/2024**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

L. Angelini

Date:

05 October 2025

Name:

Lukas Angelini

Relevant professional
qualification(s) or body
(if any):

Address:

38 Longton Grove, London SE26 6QE

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

INTERNATIONAL ZEN ASSOCIATION (UNITED KINGDOM)

England & Wales - Charity number 1197451

Accounts



Digitally Signed Document

Document ID: 97C2B8B1A21199

Document Details

Filename:	Accounts for approval INT0011.pdf
Client of:	Haines Watts

Signature Details

Name:	Adrian Tuttiett
Email:	a.tuttiett@virginmedia.com
Date & Time:	20/01/2025 14:41:54 PM (GMT)
IP Address:	86.31.165.74
Signing Statement:	Adrian Tuttiett agrees and approves the contents of this document.

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REGISTERED CHARITY NUMBER: 1197451

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 DECEMBER 2023
FOR
INTERNATIONAL ZEN ASSOCIATION (UNITED KINGDOM)**



Trustees' Annual Report for the period

From

Period start date

1st January 2023

To

Period end date

31st December 2023

Section A

Reference and administration details

Charity name

International Zen Association United Kingdom

Other names charity is known by

IZAUK

Registered charity number (if any)

1197451

Charity's principal address

91-93 Gloucester Road

Bishopston

Bristol

Postcode BS7 8AT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kate Thompson	Chair		
2	Adrian Tuttielt	Treasurer		
3	Jeremy Waring	Secretary		
4	Anette Fajardo			
5	Alana Berrington			
6	Heather Smith			
7	John Callaghan			
8	Ryan Johnson	Friends Trustee	From 31/5/2023 to 31/12/2023	Friends of International Zen Association UK
9	Ged Welford	Friends Trustee	From 1/1/2023 – resigned 2/2/2023	Friends of International Zen Association UK
10				
11				
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17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

--	--

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Foundation Model Constitution

How the charity is constituted
(eg. trust, association, company)

Charitable Incorporated Organisation

Trustee selection methods
(eg. appointed by, elected by)

**Trustees are selected by existing trustees on the basis of their experience and length of practice within the Charity.
One trustee is appointed by the 'Friends of the International Zen Association UK'**

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote the understanding and practice of Soto Zen Buddhism with particular emphasis on the teaching of the late Taisen Deshimaru Roshi for the public benefit.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity supports and co-ordinates the activities of approximately 9 local groups in the UK (Bradford, Brighton, Bristol, Leeds, London x2, Manchester, Norwich, Wells-next-the-sea).

It also plans and organises sesshins (Zen retreats) and similar events which are open to the public.

The charity carries out its aims and objectives with regard to the guidance issued by the Charity Commission on public benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

4 sesshins (retreats) were held during the year in: Crosby Hall (Liverpool), Ashbourne (Derbyshire) and Sheringham (Norfolk) x2.

Further special events such as zen days, weekends, kesa sewing practice and talks have been organised by local groups. This is in addition to the regular daily zazen practice (zen meditation) organised by local groups.

IZAUK also maintains a Bursary Fund to supplement the sesshin fees of those who have low or no income.

The charity produces and circulates to members a Zen newsletter 3 or 4 times per year.

The charity made a secured and repayable loan of £150,000 to Bristol Zen Dojo in support of its objectives and in accordance with its founder's bequest.

Section E Financial review

Brief statement of the charity's policy on reserves

The charity maintains a fund to be used for special projects including the establishment of a future residential retreat.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Sources of funds: Donations, Membership fees, Sesshin fees, sale of merchandise & artifacts to members, Gift Aid.

Expenditure: Hire of accommodation & catering for sesshins, committee meetings, supporting local groups, financial support to individual members to attend events via bursary fund.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (eg Secretary, Chair, etc)

Date

Adrian John Tuttiett

Treasurer

20 January 2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
International Zen Association (United Kingdom)

No (if any)
1197451

CC16a

Receipts and payments accounts

For the period from	Period start date 01/01/23	To	Period end date 31/12/23
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	4,348	-	-	4,348	-
Interest	565	-	-	565	-
Sesshin Income	19,375	-	-	19,375	-
Boutique Sales	1,413	-	-	1,413	-
Sewing Sales	20	-	-	20	-
Transfer in from Trust	12,512	-	-	12,512	161,231
Loan repayments	3,333	-	-	3,333	-
	-	-	-	-	-
Sub total (Gross income for AR)	41,566	-	-	41,566	161,231
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	41,566	-	-	41,566	161,231
A3 Payments					
Sesshin Expenses	21,909	-	-	21,909	-
Committee Meeting Expenses	1,313	-	-	1,313	-
Boutique Purchases	1,808	-	-	1,808	-
Core Management & Administration	334	-	-	334	-
Local Group Support	3,454	-	-	3,454	-
Bursary Support	715	-	-	715	-
AZI Transfer	3,132	-	-	3,132	-
Printing, Postage & Stationery	13	-	-	13	-
General Refunds	72	-	-	72	-
Bank Charges	80	-	-	80	-
Loan to Bristol Zen Dojo	150,000	-	-	150,000	-
Sub total	182,830	-	-	182,830	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	182,830	-	-	182,830	-
Net of receipts/(payments)	- 141,264	-	-	- 141,264	161,231
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	161,231	-	-	161,231	-
Cash funds this year end	19,967	-	-	19,967	161,231

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cooperative Direct Plus account	2,915	-	-
	Cooperative Bursary Fund	1,548	-	-
	Ecolgy Building Society	8,952	-	-
	Triodos Bank	6,087	-	-
	Coop Business Select	20	-	-
	Boutique Cash account	445	-	-
	Total cash funds	19,967	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	BZD Loan Outstanding	146,667	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

Independent Examiner's Report to the Trustees of International Zen Association (United Kingdom)

Year ended 31 December 2023

I report to the Charity Trustees on my examination of the accounts of the charity for the year ended 31 December 2023.

Responsibilities and basis of report

As the Charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Andrew Jordan FCA
Haines Watts Chartered Accountants
Bath House
6-8 Bath Street
Bristol
BS1 6HL

Date: 20 January 2025

INTERNATIONAL ZEN ASSOCIATION (UNITED KINGDOM)

England & Wales - Charity number 1197451

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	Jan	2022		31	Dec	2022

Reference and administration details

Charity name

International Zen Association United Kingdom CIO

Other names charity is known by

IZAUK

Registered charity number (if any)

1197451

Charity's principal address

Bristol Zen Dojo

91-93 Gloucester Road

Bristol

Postcode

BS7 8AT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kate Thompson	Chair		
2	Jeremy Waring	Secretary		
3	Adrian Tuttiett	Treasurer		
4	Alana Berrington			
5	Heather Smith			
6	Anette Fajardo			
7	John Callaghan			
8	Ryan Johnson McCourt	Friends' Trustee	Trustee from 31.05.23	Friends of IZAUK
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16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of advisor	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution

How the charity is constituted
(eg. trust, association, company)

CIO t

Trustee selection methods
(eg. appointed by, elected by)

1 elected by the membership of the Friends of the charity.
All others appointed by the Trustees.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- Policies and procedures adopted for the induction and training of trustees.
- The charity's organisational structure and any wider network with which the charity works.
- Relationship with any related parties.
- Trustees' consideration of major risks and the system and procedures to manage them.

Complaints Policy
Safeguarding policy

Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote the understanding and practice of Soto Zen Buddhism with particular emphasis on the teachings of the late Taisen Deshimaru Roshi.

Summary of the main activities in relation to these objects

Providing a linking structure for 9 local groups in the UK Bradford, Brighton, Bristol, Leeds,, London (2), Manchester ,Norwich, Nottingham Wells-next-the-Sea).

Organising sesshins (zen retreats) and similar events open to the public.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- Policy on grantmaking
- Policy programme related investment
- Contribution made by Volunteers

Achievements and performance

Summary of the main achievements of the charity during the year

3 Zen sesshins (retreats) were held in 2023: Sheringham (Norfolk) x2, Whitehall centre(Buxton

1 kesa sewing session was held at Ashbourne (Derbyshire).

Many zen days and weekend events were organised by the local groups.

Financial review

Brief statement of the charity's policy on reserves

The charity maintains and develops reserves to establish a future residential zen retreat centre.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- The charity's principal sources of funds (including any fundraising).
- How expenditure has supported the key objectives of the charity.
- Investment policy and objectives including any ethical investment policy adopted.

The Charity's income comes from sesshin fees, membership fees (Friends of IZAUK) and donations

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (eg secretary, chair, etc)

Secretary

Date



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
International Zen Association United Kingdom

No (if any)
1197451

CC16a

Receipts and payments accounts

For the period from	Period start date 01/01/22	To	Period end date 31/12/22
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	20	-	-	20	-
Interest	630	-	-	630	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	650	-	-	650	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	650	-	-	650	-
A3 Payments					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	-	-	-	-
Net of receipts/(payments)	650	-	-	650	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	650	-	-	650	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Co-operative Bank	10	-	-
	Ecology Building Society	81,977	-	-
	Triodos Bank	79,244	-	-
	Total cash funds	161,231	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
			-	-
			-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	