

SIGNPOSTED CYMRU LTD

England & Wales · Charity number 1197430

Details

Status Registered

Legal form Charitable company

Company number [13395013](#)

Registered 2022-01-11

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: THE OBJECTS OF THE CHARITY ARE SPECIFICALLY RESTRICTED TO THE FOLLOWING:A. THE RELIEF OF THE PHYSICAL AND MENTAL ILL HEALTH OF PERSONS IN NEED BY PROVIDINGSUPPORT, ACTIVITIES AND PROJECTS INCLUDING BUT NOT LIMITED TO THE PROVISION OFCOUNSELLING AND SUPPORT.B. THE PREVENTION OR RELIEF OF POVERTY OR FINANCIAL HARDSHIP ANYWHERE IN THE WORLDBY PROVIDING OR ASSISTING IN THE PROVISION OF EDUCATION, TRAINING, HEALTHCAREPROJECTS AND ALL THE NECESSARY SUPPORT DESIGNED TO ENABLE INDIVIDUALS TOBECOME INTERDEPENDENT AND SELF-SUFFICIENT CITIZENS.C. TO PROVIDE OR ASSIST IN THE PROVISION OF FACILITIES IN THE INTERESTS OF SOCIAL WELFAREFOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OFSUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY, MENTAL HEALTH OR DISABILITY,FINANCIAL HARDSHIP OR SOCIAL CIRCUMSTANCES WITH THE OBJECT OF IMPROVING THEIRCONDITIONS OF LIFE

Activities: Signposted Cymru is a new mental health charity, who provide Initial and immediate intervention for individuals struggling, suffering, and needing support with mental health and well-being issues by offering responsive, tailored support for people and communities to build brighter futures helping to Acknowledge,

Strive and Succeed.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Recreation
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£173,018	£158,705	-	-
2024-03-31	£136,425	£136,231	-	-
2023-03-31	£58,816	£34,217	-	-

Trustees

Name	Role	Appointed
David Gooch	Chair	2021-05-13
Mark Jones Mr		2021-05-13
Michael Haydyn Tuck		2022-03-01

SIGNPOSTED CYMRU LTD

England & Wales - Charity number 1197430

Accounts

Company registration number: 13395013

Charity registration number: 1197430

Signposted Cymru Ltd

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 May 2025

HSJ Accountants Ltd
Severn House
Hazell Drive
Newport
South Wales
NP10 8FY

Signposted Cymru Ltd

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Signposted Cymru Ltd

Reference and Administrative Details

Charity Registration Number 1197430

Company Registration Number 13395013

Registered Office The charity is incorporated in Wales.

Severn House
Hazell Drive
Newport
South Wales
NP10 8FY

Independent Examiner HSJ Accountants Ltd
Severn House
Hazell Drive
Newport
South Wales
NP10 8FY

Signposted Cymru Ltd

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 May 2025.

Objectives and activities

Objects and aims

Objectives:

1. Expand Mental Health Support: Continue providing immediate intervention and support for individuals struggling with mental health issues across Wales.
2. Increase Reach: Reach out to a larger number of individuals in need of mental health support, ensuring accessibility across diverse communities and regions.
3. Sustainability: Secure funding and develop income generation strategies to sustain the operations of Signposted Cymru in the long term, ensuring continued support for those in need.

Signposted Cymru Ltd

Trustees' Report

Objectives, strategies and activities

Strategies:

1. Partnerships with Mental Health Organizations: Collaborate with existing mental health organizations, clinics, and professionals to extend the reach of Signposted Cymru's services and resources.
2. Community Outreach: Conduct targeted outreach programs to raise awareness about mental health issues and the availability of immediate intervention services provided by Signposted Cymru.
3. Technology Integration: Utilize technology platforms such as mobile apps, online chats, or telehealth services to provide accessible and timely support to individuals in remote or underserved areas.
4. Training and Capacity Building: Invest in training programs for staff and volunteers to enhance their skills in providing effective mental health support, crisis intervention, and empathy-driven communication.
5. Fundraising and Grant Applications: Develop a comprehensive fundraising strategy that includes grant applications, corporate partnerships, individual donations, and community fundraising events to secure additional funding for sustainability.

Activities:

1. Continued Service Provision: Maintain and expand the provision of immediate mental health intervention services, ensuring that individuals in crisis receive timely support.
2. Public Awareness Campaigns: Launch targeted public awareness campaigns to reduce stigma surrounding mental health issues and encourage individuals to seek help when needed.
3. Capacity Building Workshops: Organize workshops and training sessions for staff, volunteers, and community members to enhance their understanding of mental health issues and improve their ability to provide support.
4. Grant Writing and Fundraising Events: Dedicate resources to writing grant proposals and organizing fundraising events to secure funding for ongoing operations and future expansion.
5. Evaluation and Improvement: Regularly evaluate the effectiveness of Signposted Cymru's services through feedback mechanisms and data analysis, and use this information to continuously improve service delivery and impact.

By implementing these strategies and activities, Signposted Cymru can continue its mission of providing immediate mental health support to individuals in need while also working towards long-term sustainability and expansion.

Fundraising disclosures

The principal source of funds comes from the Restricted grants including Lottey Grant, Cynon Vale CRF Project, Arnold Clark, Coalfields Trust, Neighbourhood Network Fund Council and Inter Link Charity - Winter Pressure. From donations from local residents and businesses. Fundraising events by the general public and from events organised by volunteers of the Charity. We also receive grants for staff overheads.

Signposted Cymru Ltd

Trustees' Report

Public benefit

Provide initial and immediate intervention for individuals struggling, suffering, and needing support with mental health and well-being issues by offering responsive, tailored support for people and communities to build brighter futures helping to Acknowledge, Strive and Succeed

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:

- Mr M Jones
- Ms T J Barker (resigned 24 October 2024)
- Mr D Gooch
- Mr M H Tuck
- Ms L A Davies (resigned 24 October 2024)
- Mr D M B Jones (resigned 24 October 2024)
- Ms G Meek (resigned 3 December 2024)

Structure, governance and management

Organisational structure

Signposted Cymru is a local organisation, the day to day management of Signposted Cymru is delegated to Darren Thomas, CEO.

The annual report was approved by the trustees of the charity on 23 October 2025 and signed on its behalf by:

.....
Mr M H Tuck
Trustee

Signposted Cymru Ltd

Statement of Financial Activities for the Year Ended 31 May 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £
Income and Endowments from:				
Donations and legacies	3	74,384	-	74,384
Charitable activities	4	-	96,634	96,634
Other income	5	2,000	-	2,000
Total income		<u>76,384</u>	<u>96,634</u>	<u>173,018</u>
Expenditure on:				
Charitable activities	6	<u>(62,071)</u>	<u>(96,634)</u>	<u>(158,705)</u>
Total expenditure		<u>(62,071)</u>	<u>(96,634)</u>	<u>(158,705)</u>
Net income		<u>14,313</u>	<u>-</u>	<u>14,313</u>
Net movement in funds		14,313	-	14,313
Reconciliation of funds				
Total funds brought forward		<u>20,267</u>	<u>-</u>	<u>20,267</u>
Total funds carried forward	16	<u><u>34,580</u></u>	<u><u>-</u></u>	<u><u>34,580</u></u>

The notes on pages 8 to 20 form an integral part of these financial statements.

Signposted Cymru Ltd

Statement of Financial Activities for the Year Ended 31 May 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	3	88,846	-	88,846
Charitable activities	4	<u>-</u>	<u>47,579</u>	<u>47,579</u>
Total income		<u>88,846</u>	<u>47,579</u>	<u>136,425</u>
Expenditure on:				
Charitable activities	6	<u>(88,652)</u>	<u>(47,579)</u>	<u>(136,231)</u>
Total expenditure		<u>(88,652)</u>	<u>(47,579)</u>	<u>(136,231)</u>
Net income		<u>194</u>	<u>-</u>	<u>194</u>
Net movement in funds		194	-	194
Reconciliation of funds				
Total funds brought forward		<u>20,073</u>	<u>-</u>	<u>20,073</u>
Total funds carried forward	16	<u><u>20,267</u></u>	<u><u>-</u></u>	<u><u>20,267</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2024 is shown in note 16.

Signposted Cymru Ltd
(Registration number: 13395013)
Balance Sheet as at 31 May 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	11	1,757	1,343
Current assets			
Debtors	12	250	90
Cash at bank and in hand	13	<u>42,897</u>	<u>20,877</u>
		43,147	20,967
Creditors: Amounts falling due within one year	14	<u>(10,324)</u>	<u>(2,043)</u>
Net current assets		<u>32,823</u>	<u>18,924</u>
Net assets		<u>34,580</u>	<u>20,267</u>
Funds of the charity:			
Unrestricted income funds			
Unrestricted funds		<u>34,580</u>	<u>20,267</u>
Total funds	16	<u>34,580</u>	<u>20,267</u>

For the financial year ending 31 May 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 5 to 20 were approved by the trustees, and authorised for issue on 23 October 2025 and signed on their behalf by:

.....
Mr M H Tuck
Trustee

The notes on pages 8 to 20 form an integral part of these financial statements.

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2025

1 Charity status

The charity is limited by guarantee, incorporated in Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Severn House
Hazell Drive
Newport
South Wales
NP10 8FY

These financial statements were authorised for issue by the trustees on 23 October 2025.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Signposted Cymru Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2025

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost.

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2025

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Office equipment	25% straight line on cost

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2025

Pensions and other post retirement obligations

The charity operates a defined benefit pension scheme. Typically defined benefit plans define an amount of pension benefit that an employee will receive on retirement, usually dependent on one or more factors such as age, years of service and compensation.

The liability recognised in the Balance Sheet in respect of defined benefit pension plans is the present value of the defined benefit obligation at the reporting date minus the fair value of plan assets. The defined benefit obligation is measured using the projected unit credit method. The present value of the defined benefit obligation is determined by discounting the estimated future payments by reference to market yields at the reporting date on high-quality corporate bonds that are denominated in the currency in which the benefits will be paid, and that have terms to maturity approximating to the terms of the related pension liability.

Actuarial gains and losses are charged or credited to other comprehensive income in the period in which they arise.

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2025

3 Income from donations and legacies

	Unrestricted funds		Total	Total
	Designated	General	2025	2024
	£	£	£	£
Donations and legacies;				
Donations from individuals	2,150	72,234	74,384	88,846
	<u>2,150</u>	<u>72,234</u>	<u>74,384</u>	<u>88,846</u>

4 Income from charitable activities

	Restricted funds	Total	Total
	£	2025	2024
	£	£	£
Mental Health Support	96,634	96,634	47,579
	<u>96,634</u>	<u>96,634</u>	<u>47,579</u>

5 Other income

Total funds
£

6 Expenditure on charitable activities

	Unrestricted funds	Restricted funds	Total	Total
	General	funds	2025	2024
	£	£	£	£
Mental Health Support	53,681	43,603	97,284	104,522
Staff costs	7,250	53,031	60,281	30,809
Governance costs	1,140	-	1,140	900
	<u>62,071</u>	<u>96,634</u>	<u>158,705</u>	<u>136,231</u>

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2025

	Activity undertaken directly £	2025 £	2024 £
Project & consultation costs	43,972	43,972	37,809
Office & premises costs	5,805	5,805	19,746
Training & volunteer expenses	676	676	16
IT, communications & printing	7,069	7,069	6,813
Hire of equipment and room hire	5,871	5,871	5,655
Motor & travel costs	22,932	22,932	16,818
Governance	1,140	1,140	1,700
Staff costs	60,280	60,280	30,809
Donations	850	850	2,380
Advertising & entertaining	9,524	9,524	14,244
Depreciation	586	586	241
	<u>158,705</u>	<u>158,705</u>	<u>136,231</u>

In addition to the expenditure analysed above, there are also governance costs of £1,140 (2024 - £900) which relate directly to charitable activities. See note 7 for further details.

7 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Independent examiner fees			
Examination of the financial statements	1,140	1,140	900
	<u>1,140</u>	<u>1,140</u>	<u>900</u>

8 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2025

9 Staff costs

The aggregate payroll costs were as follows:

	2025	2024
	£	£
Staff costs during the year were:		
Wages and salaries	55,306	29,524
Social security costs	4,056	992
Pension costs	919	293
	<u>60,281</u>	<u>30,809</u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2025	2024
	No	No
Mental Health Support Staff	3	1
Director & Finance Staff	<u>2</u>	<u>2</u>
	<u>5</u>	<u>3</u>

No employee received emoluments of more than £60,000 during the year.

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2025

10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

11 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 June 2024	1,584	1,584
Additions	<u>1,000</u>	<u>1,000</u>
At 31 May 2025	<u>2,584</u>	<u>2,584</u>
Depreciation		
At 1 June 2024	241	241
Charge for the year	<u>586</u>	<u>586</u>
At 31 May 2025	<u>827</u>	<u>827</u>
Net book value		
At 31 May 2025	<u>1,757</u>	<u>1,757</u>
At 31 May 2024	<u>1,343</u>	<u>1,343</u>

12 Debtors

	2025 £	2024 £
Trade debtors	<u>250</u>	<u>90</u>

13 Cash and cash equivalents

	2025 £	2024 £
Cash at bank	<u>42,897</u>	<u>20,877</u>

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2025

14 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	2,329	1,113
Other taxation and social security	1,673	30
Other creditors	181	-
Accruals	1,141	900
Deferred income	5,000	-
	<u>10,324</u>	<u>2,043</u>
		2025
		£
Resources deferred in the period		<u>5,000</u>

15 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2025 £	2024 £
Land and buildings		
Within one year	<u>5,865</u>	<u>5,871</u>

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2025

16 Funds

	Balance at 1 June 2024 £	Incoming resources £	Resources expended £	Balance at 31 May 2025 £
Unrestricted funds				
<i>General</i>				
General Unrestricted	14,567	74,234	(62,071)	26,730
<i>Designated</i>				
Everest Base Camp	5,700	2,150	-	7,850
Total unrestricted funds	<u>20,267</u>	<u>76,384</u>	<u>(62,071)</u>	<u>34,580</u>
Restricted funds				
Rhondda Cynon Taf County Borough Council	-	11,942	(11,942)	-
Euroclad - Planet Community Fund	-	1,400	(1,400)	-
Public Health Wales NHS Trust - SSHP Small Grant	-	4,000	(4,000)	-
Lottery Grant	-	15,861	(15,861)	-
The Community Facility Support Fund	-	300	(300)	-
The Forrester	-	10,100	(10,100)	-
Coalfields Trust	-	12,480	(12,480)	-
WCVA	-	30,551	(30,551)	-
Moondance	-	10,000	(10,000)	-
	<u>-</u>	<u>96,634</u>	<u>(96,634)</u>	<u>-</u>
Total funds	<u><u>20,267</u></u>	<u><u>173,018</u></u>	<u><u>(158,705)</u></u>	<u><u>34,580</u></u>

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2025

	Balance at 1 June 2023 £	Incoming resources £	Resources expended £	Balance at 31 May 2024 £
Unrestricted funds				
<i>General</i>				
General Unrestricted	20,073	83,146	(88,652)	14,567
<i>Designated</i>				
Everest Base Camp	-	5,700	-	5,700
Total unrestricted funds	<u>20,073</u>	<u>88,846</u>	<u>(88,652)</u>	<u>20,267</u>
Restricted funds				
Rhondda Cynon Taf County Borough Council	-	18,600	(18,600)	-
Public Health Wales NHS Trust - SSHP Small Grant	-	4,854	(4,854)	-
Lottery Grant	-	10,000	(10,000)	-
Moondance	-	6,000	(6,000)	-
NGED PLC - Warm Winter	-	8,125	(8,125)	-
	<u>-</u>	<u>47,579</u>	<u>(47,579)</u>	<u>-</u>
Total funds	<u><u>20,073</u></u>	<u><u>136,425</u></u>	<u><u>(136,231)</u></u>	<u><u>20,267</u></u>

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2025

The specific purposes for which the funds are to be applied are as follows:

Rhondda Cynon Taf County Borough Council - Signposted Cymru's "Active Minds, Active Bodies" integrates practical mathematics education with physical activity, specifically designed for adults over 19 who have not achieved a Level 2 qualification in mathematics. 20 individuals undertook maths and map reading courses.

Euroclad- Planet Community Fund - This was a donation.

Public Health Wales NHS Trust SSHP Small Grant - This was a suicide prevention grant providing perpetrators of domestic abuse or coercive control, or those known to the police, as well as families recovering from the trauma of such experiences, free counselling and one to one interventions.

Lottery Grant - Providing violence against women and girls workshops to secondary schools and colleges targeting Aberdare, Merthyr, Rhondda and Treforest.

The Community Facility Support Fund – awarded to help with utilities.

The Forrester – counselling support to 35 - 50 individuals (Counselling at £22.65 - £35.00 per hour).

Coalfields Trust – The Unity in Wellness project is focused on providing holistic, mental health support and well being services to individuals affected by cancer and their families.

WCVA Comic Relief Organisational growth fund - Job share Office Manager and Administrator 40 hours to ensure full time operation.

Moondance – Counselling support to 35-50 individuals (Counselling at £22.65 - £35.00 per hour).

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2025

17 Analysis of net assets between funds

	Unrestricted funds		Total funds at
	General	Designated	31 May
	£	£	2025
			£
Tangible fixed assets	1,757	-	1,757
Current assets	35,297	7,850	43,147
Current liabilities	<u>(10,324)</u>	-	<u>(10,324)</u>
Total net assets	<u>26,730</u>	<u>7,850</u>	<u>34,580</u>
	Unrestricted funds		Total funds at
	General	Designated	31 May
	£	£	2024
			£
Tangible fixed assets	1,343	-	1,343
Current assets	15,267	5,700	20,967
Current liabilities	<u>(2,043)</u>	-	<u>(2,043)</u>
Total net assets	<u>14,567</u>	<u>5,700</u>	<u>20,267</u>

SIGNPOSTED CYMRU LTD

England & Wales - Charity number 1197430

Accounts

Company registration number: 13395013

Charity registration number: 1197430

Signposted Cymru Ltd

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 May 2024

HSJ Accountants Ltd
Severn House
Hazell Drive
Newport
South Wales
NP10 8FY

Signposted Cymru Ltd

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Signposted Cymru Ltd

Reference and Administrative Details

Charity Registration Number	1197430
Company Registration Number	13395013
Registered Office	The charity is incorporated in Wales. 5 Pendarren Street Aberdare Wales CF44 7PE
Independent Examiner	HSJ Accountants Ltd Severn House Hazell Drive Newport South Wales NP10 8FY

Signposted Cymru Ltd

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 May 2024.

Objectives and activities

Objects and aims

Objectives:

1. Expand Mental Health Support: Continue providing immediate intervention and support for individuals struggling with mental health issues across Wales.
2. Increase Reach: Reach out to a larger number of individuals in need of mental health support, ensuring accessibility across diverse communities and regions.
3. Sustainability: Secure funding and develop income generation strategies to sustain the operations of Signposted Cymru in the long term, ensuring continued support for those in need.

Signposted Cymru Ltd

Trustees' Report

Objectives, strategies and activities

Strategies:

1. Partnerships with Mental Health Organizations: Collaborate with existing mental health organizations, clinics, and professionals to extend the reach of Signposted Cymru's services and resources.
2. Community Outreach: Conduct targeted outreach programs to raise awareness about mental health issues and the availability of immediate intervention services provided by Signposted Cymru.
3. Technology Integration: Utilize technology platforms such as mobile apps, online chats, or telehealth services to provide accessible and timely support to individuals in remote or underserved areas.
4. Training and Capacity Building: Invest in training programs for staff and volunteers to enhance their skills in providing effective mental health support, crisis intervention, and empathy-driven communication.
5. Fundraising and Grant Applications: Develop a comprehensive fundraising strategy that includes grant applications, corporate partnerships, individual donations, and community fundraising events to secure additional funding for sustainability.

Activities:

1. Continued Service Provision: Maintain and expand the provision of immediate mental health intervention services, ensuring that individuals in crisis receive timely support.
2. Public Awareness Campaigns: Launch targeted public awareness campaigns to reduce stigma surrounding mental health issues and encourage individuals to seek help when needed.
3. Capacity Building Workshops: Organize workshops and training sessions for staff, volunteers, and community members to enhance their understanding of mental health issues and improve their ability to provide support.
4. Grant Writing and Fundraising Events: Dedicate resources to writing grant proposals and organizing fundraising events to secure funding for ongoing operations and future expansion.
5. Evaluation and Improvement: Regularly evaluate the effectiveness of Signposted Cymru's services through feedback mechanisms and data analysis, and use this information to continuously improve service delivery and impact.

By implementing these strategies and activities, Signposted Cymru can continue its mission of providing immediate mental health support to individuals in need while also working towards long-term sustainability and expansion.

Fundraising disclosures

The principal source of funds comes from the Restricted grants including Lottey Grant, Cynon Vale CRF Project, Arnold Clark, Coalfields Trust, Neighbourhood Network Fund Council and Inter Link Charity - Winter Pressure. From donations from local residents and businesses. Fundraising events by the general public and from events organised by volunteers of the Charity. We also receive grants for staff overheads.

Signposted Cymru Ltd

Trustees' Report

Public benefit

Provide initial and immediate intervention for individuals struggling, suffering, and needing support with mental health and well-being issues by offering responsive, tailored support for people and communities to build brighter futures helping to Acknowledge, Strive and Succeed

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Mr M Jones
	Ms T J Barker
	Mr D Gooch
	Mr M H Tuck
	Mr D M B Jones
	Ms G Meek (appointed 12 May 2024)

Structure, governance and management

Organisational structure

Signposted Cymru is a local organisation, the day to day management of Signposted Cymru is delegated to Darren Thomas, CEO.

Financial review

During the year the charity has achieved total incoming resources of £136,425 (2023: £82,731). Expenditure on charitable activities has increased in the year to £136,231 (2023: £87,257) giving rise to a surplus in the year of £194 (2023: deficit £4,526).

The net result is retained funds of £20,267 (2023: £20,073) all of which are held within unrestricted reserves.

Policy on reserves

After allowing for reserves committed to fixed assets and designated projects, the charities free reserves as at 31 March 2024 stood at £13,224 (2023: £20,073).

Given the limited commitments of the charity it is considered that free reserves are only required to cover any potential redundancy costs or costs related to the exiting of lease agreements should the charity cease to operate. Given the small workforce and infrastructure the charity currently operates it is considered that current reserves are sufficient for the charities needs, although it is the aim of the Trustees' to further grow this balance to add security to the future growth of the charities services.

Signposted Cymru Ltd

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Signposted Cymru Ltd for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on and signed on its behalf by:

.....
Mr M H Tuck
Trustee

Signposted Cymru Ltd

Independent Examiner's Report to the trustees of Signposted Cymru Ltd ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 May 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Signposted Cymru Ltd are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Signposted Cymru Ltd as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
Mr Andrew Hill FCCA ACA DChA BFP
ACCA

Severn House
Hazell Drive
Newport
South Wales
NP10 8FY

Date:.....

Signposted Cymru Ltd

Statement of Financial Activities for the Year Ended 31 May 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	3	88,846	-	88,846
Charitable activities	4	<u>-</u>	<u>47,579</u>	<u>47,579</u>
Total income		<u>88,846</u>	<u>47,579</u>	<u>136,425</u>
Expenditure on:				
Charitable activities	5	<u>(88,652)</u>	<u>(47,579)</u>	<u>(136,231)</u>
Total expenditure		<u>(88,652)</u>	<u>(47,579)</u>	<u>(136,231)</u>
Net income		<u>194</u>	<u>-</u>	<u>194</u>
Net movement in funds		194	-	194
Reconciliation of funds				
Total funds brought forward		<u>20,073</u>	<u>-</u>	<u>20,073</u>
Total funds carried forward	15	<u>20,267</u>	<u>-</u>	<u>20,267</u>
	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
Income and Endowments from:				
Donations and legacies	3	48,062	-	48,062
Charitable activities	4	<u>20,169</u>	<u>14,500</u>	<u>34,669</u>
Total income		<u>68,231</u>	<u>14,500</u>	<u>82,731</u>
Expenditure on:				
Charitable activities	5	<u>(58,998)</u>	<u>(28,259)</u>	<u>(87,257)</u>
Total expenditure		<u>(58,998)</u>	<u>(28,259)</u>	<u>(87,257)</u>
Net income/(expenditure)		<u>9,233</u>	<u>(13,759)</u>	<u>(4,526)</u>
Net movement in funds		9,233	(13,759)	(4,526)
Reconciliation of funds				
Total funds brought forward		<u>10,840</u>	<u>13,759</u>	<u>24,599</u>
Total funds carried forward	15	<u>20,073</u>	<u>-</u>	<u>20,073</u>

All of the charity's activities derive from continuing operations during the above two periods.
The funds breakdown for 2023 is shown in note 15.

The notes on pages 9 to 16 form an integral part of these financial statements.

Signposted Cymru Ltd
(Registration number: 13395013)
Balance Sheet as at 31 May 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	10	1,343	-
Current assets			
Debtors	11	90	-
Cash at bank and in hand	12	<u>20,877</u>	<u>20,973</u>
		20,967	20,973
Creditors: Amounts falling due within one year	13	<u>(2,043)</u>	<u>(900)</u>
Net current assets		<u>18,924</u>	<u>20,073</u>
Net assets		<u><u>20,267</u></u>	<u><u>20,073</u></u>
Funds of the charity:			
Unrestricted income funds			
Unrestricted funds		<u>20,267</u>	<u>20,073</u>
Total funds	15	<u><u>20,267</u></u>	<u><u>20,073</u></u>

For the financial year ending 31 May 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 7 to 16 were approved by the trustees, and authorised for issue on and signed on their behalf by:

.....
Mr M H Tuck
Trustee

The notes on pages 9 to 16 form an integral part of these financial statements.

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2024

1 Charity status

The charity is limited by guarantee, incorporated in Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

5 Pendarren Street

Aberdare

Wales

CF44 7PE

[Authorised for issue date](#)

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Signposted Cymru Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2024

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Office equipment	25% straight line on cost

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2024

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined benefit pension scheme. Typically defined benefit plans define an amount of pension benefit that an employee will receive on retirement, usually dependent on one or more factors such as age, years of service and compensation.

The liability recognised in the Balance Sheet in respect of defined benefit pension plans is the present value of the defined benefit obligation at the reporting date minus the fair value of plan assets. The defined benefit obligation is measured using the projected unit credit method. The present value of the defined benefit obligation is determined by discounting the estimated future payments by reference to market yields at the reporting date on high-quality corporate bonds that are denominated in the currency in which the benefits will be paid, and that have terms to maturity approximating to the terms of the related pension liability.

Actuarial gains and losses are charged or credited to other comprehensive income in the period in which they arise.

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2024

3 Income from donations and legacies

	Unrestricted funds		Total	Total
	Designated	General	2024	2023
	£	£	£	£
Donations and legacies;				
Donations from individuals	5,700	83,146	88,846	48,062
	5,700	83,146	88,846	48,062
	5,700	83,146	88,846	48,062

4 Income from charitable activities

	Restricted funds	Total	Total
	£	2024	2023
	£	£	£
Mental Health Support	47,579	47,579	34,669
	47,579	47,579	34,669
	47,579	47,579	34,669

5 Expenditure on charitable activities

	Unrestricted funds	Restricted funds	Total	Total
	General	funds	2024	2023
	£	£	£	£
Mental Health				
Support	71,068	33,454	104,522	64,113
Staff costs	16,684	14,125	30,809	22,244
Governance costs	900	-	900	900
	88,652	47,579	136,231	87,257
	88,652	47,579	136,231	87,257
		Activity undertaken directly	2024	2023
		£	£	£
Project & consultation costs		37,809	37,809	51,612
Office & premises costs		19,746	19,746	2,725
Training & volunteer expenses		16	16	100
IT, communications & printing		6,813	6,813	2,257
Hire of equipment and room hire		5,655	5,655	4,328
Motor & travel costs		16,818	16,818	3,091
Governance		1,700	1,700	900
Staff costs		30,809	30,809	22,244
Donations		2,380	2,380	-
Advertising & entertaining		14,244	14,244	-
Depreciation		241	241	-
		136,231	136,231	87,257
		136,231	136,231	87,257

In addition to the expenditure analysed above, there are also governance costs of £900 (2023 - £900) which relate directly to charitable activities. See note 6 for further details.

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2024

6 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Independent examiner fees			
Examination of the financial statements	900	900	900
	900	900	900
	900	900	900

7 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

8 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	29,524	18,452
Social security costs	992	3,418
Pension costs	293	374
	30,809	22,244
	30,809	22,244

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2024 No	2023 No
Mental Health Support Staff	1	1
Director & Finance Staff	2	-
	3	1
	3	1

No employee received emoluments of more than £60,000 during the year.

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2024

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

10 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
Additions	1,584	1,584
At 31 May 2024	1,584	1,584
Depreciation		
Charge for the year	241	241
At 31 May 2024	241	241
Net book value		
At 31 May 2024	1,343	1,343

11 Debtors

		2024 £
Trade debtors		90

12 Cash and cash equivalents

	2024 £	2023 £
Cash at bank	20,877	20,973

13 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	1,113	-
Other taxation and social security	30	-
Accruals	900	900
	2,043	900

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2024

14 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2024 £	2023 £
Land and buildings		
Within one year	5,871	2,828

15 Funds

	Balance at 1 June 2023 £	Incoming resources £	Resources expended £	Balance at 31 May 2024 £
Unrestricted funds				
<i>General</i>				
General Unrestricted	20,073	83,146	(88,652)	14,567
<i>Designated</i>				
Everest Base Camp	-	5,700	-	5,700
Total unrestricted funds	20,073	88,846	(88,652)	20,267
Restricted funds				
Rhondda Cynon Taf County Borough Council	-	18,600	(18,600)	-
Small Grants (Albert Hunt & Ruth Mason)	-	4,854	(4,854)	-
Lottery Grant	-	10,000	(10,000)	-
Moondance	-	6,000	(6,000)	-
NGED PLC - Warm Winter	-	8,125	(8,125)	-
	-	47,579	(47,579)	-
Total funds	20,073	136,425	(136,231)	20,267

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2024

	Balance at 1 June 2022 £	Incoming resources £	Resources expended £	Balance at 31 May 2023 £
Unrestricted funds				
<i>General</i>				
General Unrestricted	10,840	68,231	(58,998)	20,073
Restricted funds				
Neighbourhood Network Fund	-	1,000	(1,000)	-
Lottery Grant	7,367	-	(7,367)	-
Community Funding	-	6,000	(6,000)	-
Cynon Value CRF Project	-	2,000	(2,000)	-
Coalfields Trust	6,392	-	(6,392)	-
SWP Pilot	-	3,000	(3,000)	-
Moondance	-	2,500	(2,500)	-
	13,759	14,500	(28,259)	-
Total funds	24,599	82,731	(87,257)	20,073

The specific purposes for which the funds are to be applied are as follows:

Rhondda Cynon Taf County Borough Council - grants were provided to fund 28 counselling sessions, materials for the walking group, funding for our coffee mornings and bootcamp and to employ one mental health nurse.

Small grants - these funds include monies from the Albert Hunt Foundation to support rental costs and Merthyr Council to support a project with local colleges for violence against women and girls.

Lottery grant - this income was provided to fund 285 counselling sessions.

Moondance - this income was provided to fund 171 counselling sessions.

NGED (National Grid) - this income was provided to support the provision of a winter warm hub for 2 nights a week during December 2023 to March 2024.

SIGNPOSTED CYMRU LTD

England & Wales - Charity number 1197430

Accounts

Company registration number: 13395013

Charity registration number: 1197430

Signposted Cymru Ltd

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 May 2023

HSJ Accountants Ltd
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Signposted Cymru Ltd

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Objectives and activities

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Objectives:

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3. Sustainability: Secure funding and develop income generation strategies to sustain the operations of Signposted Cymru in the long term, ensuring continued support for those in need.

Signposted Cymru Ltd

Trustees' Report

Objectives, strategies and activities

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Signposted Cymru Ltd

Trustees' Report

Public benefit

The charity has assisted over 400 families in the South Wales with loan of medical aids from our home comforts free loan service.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Mr M Jones
	Ms T J Barker
	Mr D Gooch
	Mr M H Tuck
	Ms L A Davies
	Mr D M B Jones (appointed 1 July 2022)

Structure, governance and management

Organisational structure

Signposted Cymru is a local organisation, the day to day management of Signposted Cymru is delegated to Darren Thomas, CEO.

Signposted Cymru Ltd

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Signposted Cymru Ltd for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on 22 April 2024 and signed on its behalf by:

.....
Mr D M B Jones
Trustee

Signposted Cymru Ltd

Independent Examiner's Report to the trustees of Signposted Cymru Ltd ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 May 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Signposted Cymru Ltd are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Signposted Cymru Ltd as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
Mr Andrew Hill FCCA ACA DChA BFP
ACCA

Severn House
Hazell Drive
Newport
South Wales
NP10 8FY

24 April 2024

Signposted Cymru Ltd

Statement of Financial Activities for the Year Ended 31 May 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
Income and Endowments from:				
Donations and legacies	3	48,062	-	48,062
Charitable activities	4	<u>20,169</u>	<u>14,500</u>	<u>34,669</u>
Total income		<u>68,231</u>	<u>14,500</u>	<u>82,731</u>
Expenditure on:				
Charitable activities		<u>(58,998)</u>	<u>(28,259)</u>	<u>(87,257)</u>
Total expenditure		<u>(58,998)</u>	<u>(28,259)</u>	<u>(87,257)</u>
Net income/(expenditure)		<u>9,233</u>	<u>(13,759)</u>	<u>(4,526)</u>
Net movement in funds		9,233	(13,759)	(4,526)
Reconciliation of funds				
Total funds brought forward		<u>10,840</u>	<u>13,759</u>	<u>24,599</u>
Total funds carried forward	12	<u>20,073</u>	<u>-</u>	<u>20,073</u>
	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	3	18,991	-	18,991
Charitable activities	4	<u>4,250</u>	<u>35,575</u>	<u>39,825</u>
Total income		<u>23,241</u>	<u>35,575</u>	<u>58,816</u>
Expenditure on:				
Charitable activities		<u>(12,401)</u>	<u>(21,816)</u>	<u>(34,217)</u>
Total expenditure		<u>(12,401)</u>	<u>(21,816)</u>	<u>(34,217)</u>
Net income		<u>10,840</u>	<u>13,759</u>	<u>24,599</u>
Net movement in funds		<u>10,840</u>	<u>13,759</u>	<u>24,599</u>
Reconciliation of funds				
Total funds carried forward	12	<u>10,840</u>	<u>13,759</u>	<u>24,599</u>

All of the charity's activities derive from continuing operations during the above two periods.
The funds breakdown for 2022 is shown in note 12.

The notes on pages 9 to 14 form an integral part of these financial statements.

Signposted Cymru Ltd

(Registration number: 13395013)

Balance Sheet as at 31 May 2023

	Note	2023 £	2022 £
Current assets			
Cash at bank and in hand	9	20,973	24,999
Creditors: Amounts falling due within one year	10	<u>(900)</u>	<u>(400)</u>
Net assets		<u>20,073</u>	<u>24,599</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		-	13,759
Unrestricted income funds			
Unrestricted funds		<u>20,073</u>	<u>10,840</u>
Total funds	12	<u>20,073</u>	<u>24,599</u>

For the financial year ending 31 May 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 7 to 14 were approved by the trustees, and authorised for issue on 22 April 2024 and signed on their behalf by:

.....
Mr D M B Jones
Trustee

The notes on pages 9 to 14 form an integral part of these financial statements.

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2023

1 Charity status

The charity is limited by guarantee, incorporated in Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

5 Pendarren Street

Aberdare

Wales

CF44 7PE

These financial statements were authorised for issue by the trustees on 22 April 2024.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Signposted Cymru Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2023

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2023

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

3 Income from donations and legacies

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from individuals	48,062	48,062	18,991
	48,062	48,062	18,991
	48,062	48,062	18,991

4 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
	20,169	14,500	34,669	39,825
	20,169	14,500	34,669	39,825
	20,169	14,500	34,669	39,825

5 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Independent examiner fees			
Examination of the financial statements	900	900	400
	900	900	400
	900	900	400

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2023

6 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

7 Independent examiner's remuneration

	2023 £	2022 £
Examination of the financial statements	<u>900</u>	<u>400</u>

8 Taxation

The charity is a registered charity and is therefore exempt from taxation.

9 Cash and cash equivalents

	2023 £	2022 £
Cash at bank	<u>20,973</u>	<u>24,999</u>

10 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	-	400
Accruals	<u>900</u>	<u>-</u>
	<u>900</u>	<u>400</u>

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2023

11 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2023 £	2022 £
Land and buildings		
Within one year	2,828	98

12 Funds

	Balance at 1 June 2022 £	Incoming resources £	Resources expended £	Balance at 31 May 2023 £
Unrestricted funds				
<i>General</i>				
General Unrestricted	10,840	68,231	(58,098)	20,973
Restricted funds				
Neighbourhood Network Fund Cou	-	1,000	(1,000)	-
Lottery Grant	7,367	-	(7,367)	-
Community Funding	-	6,000	(6,000)	-
Cynon Value CRF Project	-	2,000	(2,000)	-
Coalfields Trust	6,392	-	(6,392)	-
SWP Pilot	-	3,000	(3,000)	-
Moondance	-	2,500	(2,500)	-
	13,759	14,500	(28,259)	-
Total funds	24,599	82,731	(86,357)	20,973

Signposted Cymru Ltd

Notes to the Financial Statements for the Year Ended 31 May 2023

	Incoming resources £	Resources expended £	Balance at 31 May 2022 £
Unrestricted funds			
<i>General</i>			
General Unrestricted	23,241	(12,001)	11,240
Restricted funds			
Arnold Clark Grant	2,500	(2,500)	-
Neighbourhood Network Fund Cou	1,000	(1,000)	-
Inter Link Cymru - Winter Press	4,825	(4,825)	-
Lottery Grant	10,000	(2,633)	7,367
Community Funding	5,000	(5,000)	-
Cynon Valley CRF Project	5,250	(5,250)	-
Coalfields Trust	7,000	(608)	6,392
	35,575	(21,816)	13,759
Total funds	58,816	(33,817)	24,999

The specific purposes for which the funds are to be applied are as follows:

Neighbourhood Network Fund - £1,000 (2022: £1,000) – counselling 28 sessions @ £35;

Lottery £10,000 - £4,000 lease of premises £6,000 34 sessions of therapy;

Coalfields Trust - £6,392 (2022: £6,392) – wages for admin assistant;

South Wales Police Pilot - £3,000 counseling;

Moondance - £2,500 (2022: £2,500) – Counseling;

Inter Link Cymru - Winter Press £4,825 (2022: £4,825) - Winter Welcome hub (cost of living);

Arnold Clark Grant - £2,500 Counselling;

Coalfields Trust - £7,000 staff wages;

Lottery Grant - £10,000 Wellbeing hub.