

Cardiovascular Community  
engagement event  
SDDA collaboration with  
Nishkam

May 23

# Overview

- Footfall at the healthcare centre was 489 people on the day
- 299 people underwent physical health checks (a combination of height, weight, blood pressure, blood sugar and heart rhythm screening tests)
- 28 people attended the eye care advisory service
- 26 people attended the living kidney donation talk
- 133 males (44%)
- Average age 56 years
- Ethnicity: 9 Afro-Caribbean (3%), 259 Asian (87%), 21 Caucasian (7%), 10 Ethnicity unknown (3%)
- 3 emergency ambulances called out

# Medical Emergencies

- **3 Emergency Ambulances Called:**

- - 1 for a case a Diabetic Ketoacidosis
- - 1 for fast AF
- - 1 for BP 190/119mmHg (not previously diagnosed with htn)

- **Medical Urgencies Requiring GP Intervention Within the Next Few Days**

- - 4 cases of abnormal heart rhythm (3 new diagnoses AF, 1 tachycardia with ectopics requiring evaluation by GP).
- - 4 people BP of >180/90mmHg
- - 5 people had blood sugar >20mmol yet were not known to be diabetics.
- - A hand-written note was given to all of these individuals, which they could then take to their GP's highlighting finding from the health checks and suggesting the need for urgent medical review.

# BMI Data

- 99 people – no BMI documented
- 200 people had BMI documented. Of these 3 people were excluded from analysis because of suspected erroneous data entries (BMI of 9, 88 and 89)
- Of the remaining 197 people:
  - - 1 person was underweight
  - - 47 people = healthy weight
  - - 90 people = overweight
  - - 59 people = obese [45 people obesity class 1 (BMI  $\geq 30$  but  $< 35$ ); 12 people obesity class 2 (BMI  $\geq 35$  but  $< 40$ ); 2 people obesity class 3 (BMI  $\geq 40$ )
- Median BMI 27
- Mean BMI 28

# BP Data

- 279 BP checks but 3 excluded from analysis due to erroneous data entries
- 178 people with normal BP
- 72 people with SBP >140 and ≤159 mmHg
- 21 people with SBP >160 and ≤179 mmHg
- 5 people with SBP ≥180 mmHg
  
- 2 people with SBP <100mmHg
  
- Comments for people with BP >180mmHg
  - - 1 person HAS APPT BOOKED AT GP DAILY MONITORING SHEET PROVIDED
  - - 3 person new diagnosis suspected htn (186/90; 192/91; 194/99); advised to see GP urgently and given letter of advice from NHT volunteers
  - - 1 person sent to A&E (190/119)
  
- Average BP (data is for 276 people; 3 people excluded from analysis because of suspected erroneous data)
  - - Mean SBP 134 Mean DBP 80
  - - Median SBP 132 Median DBP 80
- Of those people with SBP ≥ 160mmHg
  - - 13 known hypertension (70m, 73f, 67m, 80f, 64f, 52f, 67f, 60m, 71f, 73f, 56f, 57m, 69m)
  - - 8 not known hypertension (68m, 44f, 50m, 68m, 70f, 68f, 80f, 52f, 69m)
  
- Of those people with a diastolic of ≥ 100mmHg and SBP <160mmHg
  - - 2 known hypertension (66f, 68m) (BMI 34, BMI 42)
  - - 1 not known hypertensive (37f, 46m, 60m) (no BMI, no BMI, BMI 29)

# Blood Glucose Data

- 200 blood glucose checks
- 1 person excluded from analysis due to erroneous results (CBG 78)
- 6 people with CBG >20mmHg
- Nobody with hypoglycaemia (blood sugar <4)

# Heart Rhythm Checks

- 38 people had heart rhythm checks
- 31 people had a normal sinus rhythm on KardiaKor monitoring
- 4 people had a tachycardia
  
- 3 cases of AF
- 1<sup>st</sup> person advised to see GP
- 2<sup>nd</sup> person 999 called
- 3<sup>rd</sup> person new diagnosis AF
  
- 1 – irregular pulse, suspect ectopics, advised to see GP



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name	No (if any)
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## Receipts and payments accounts

CC16a

For the period from	Period start date 10.01.23	To	Period end date 10.01.24
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Automated Donations	720	-	-	720	660
AGM donations	480	-	-	480	955
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	1,200	-	-	1,200	1,615
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	1,200	-	-	1,200	1,615
<b>A3 Payments</b>					
Network Sikh Organisations	90	-	-	90	-
Cancer Research	200	-	-	200	-
AGM venue cost	771	-	-	771	1,140
SDDA banner	204	-	-	204	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	1,265	-	-	1,265	1,140
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	1,265	-	-	1,265	1,140
<b>Net of receipts/(payments)</b>	- 65	-	-	- 65	475
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	65	-	-	65	475



## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>12,874</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval