



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' annual report (including Directors' report) for the period

From: 01/04/2023

To: 31/03/2024

Charity name:

Charity registration number:

Company number:

Objectives and activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The objects of the CIO are the advancement of health and the saving of lives by ensuring that all children, young people and their families have access to excellent asthma care meeting national recommendations, in particular (but not exclusively) by:</p> <ol style="list-style-type: none">1. supporting education around asthma to children, young people, and their families as well as healthcare and non-healthcare professionals;2. supporting cross boundaries working between different health and education services; <p>raising awareness of the important issues around childhood asthma.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<ul style="list-style-type: none">▪ Update of website with new videos and resources including those to support the management of pre-school wheeze for both families and health-care professionals.▪ Began work on the translation of the most popular resources into easyread format.▪ Began work to create a package of resources to deliver a face-to-face version of the already available online e-module. This will be freely available to eligible health care

		<p>professionals to deliver not-for-profit courses nationwide.</p> <ul style="list-style-type: none"> ▪ Increasing use of the website from 1K users per month last year to 5K users per month this year. ▪ Creation of BeatAsthma promotional running tops to support fundraising activities
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All trustees have had regard to the guidance issued by the Charity Commission on public benefit

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	n/a
Policy on social investment including program related investment	Para 1.38	n/a
Contribution made by volunteers	Para 1.38	n/a
Other		n/a

Achievements and performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<ul style="list-style-type: none"> ▪ Preschool wheeze is very common affecting 1 in 3 children at some point in the first 5 years. Update of website with resources to support the management of pre-school wheeze has benefited both families, by educating and empowering them to self manage the condition, and health-care professionals, by offering an agreed structured approach to the management of this common
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		<p>condition with clear guidance for referral.</p> <ul style="list-style-type: none"> ▪ There are significant health inequalities in asthma, with those from the most deprived deciles of society having 4 times worse outcomes than those from the least deprived. Lack of access to easy to understand information can be a barrier to improved outcomes. We were approached several times to develop easy read versions of our most popular resources and began work on the in the last quarter. ▪ We were repeatedly approached to support the adaptation of the nationally accredited tier 3 CYP asthma online module into a face to face format. 3 pilot courses have been run and the charity has begun to support the development of a national package of resources and the support the delivery of 5 pilot courses using this package nationwide. These courses will be run by eligible health care professionals and must be not-for-profit courses. ▪ Increasing use of the website from 1K users per month last year to 5K users per month this year. ▪ The creation of BeatAsthma promotional running tops helps to raise awareness of the charity and supports fundraising activities
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	The charity has continued to support education of both families, young people and healthcare professionals as described above. The easyread resources will help reach a different cohort of patients and families.
Performance of fundraising activities against objectives set	Para 1.41	The donation from the arbour foundation, together with fundraising activities of families will support these objective listed above
Investment performance against objectives	Para 1.41	n/a
Other		n/a

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Financial review

Review of the charity's financial position at the end of the period	Para 1.21	Total funds at year end = £ 26655
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity does not have a policy on reserves
Amount of reserves held	Para 1.22	No reserves are held
Reasons for holding zero reserves	Para 1.22	There are no fluctuations in receipts and or payments to require reserves. Activities are only pad for when there are sufficient fuds in the account
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no concerns

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Adhoc fundraising
Investment policy and objectives including any social investment policy adopted	Para 1.46	n/a
A description of the principal risks facing the charity	Para 1.46	n/a
Other		

Structure, governance and management

Description of charity's		
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trusts:		
Type of governing document: for example, trust deed , memorandum and articles of association etc	Para 1.25	Constitution
How is the charity constituted? for example limited company , unincorporated association , CIO	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Every charity trustee must be a natural person. No individual may be appointed as a charity trustee of the CIO: if he or she is under the age of 16 years; or if he or she would automatically cease to hold office under the provisions of clause 12.1.5. 6</p> <p>No one is entitled to act as a charity trustee whether on appointment or on any re-appointment until he or she has expressly acknowledged, in whatever way the charity trustees decide, his or her acceptance of the office of charity trustee.</p> <p>There must be at least three charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee. There is no maximum number of charity trustees that may be appointed to the CIO.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider	Para 1.51	

network with which the charity works		
Relationship with any related parties	Para 1.51	
Other		

Reference and administrative details

Charity name	BeatAsthma	
Other name the charity uses	n/a	
Registered charity number	1197399	
Charity's principal address	34 King Edward Rd, Tynemouth, NE302RP	

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jennifer Townshend	Chair/Treasurer		
2	David Townshend	Secretary		
3	Sally Matthews	Volunteer Co-ordinator		
4	Guy Clements	Safeguarding		
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20				

Corporate trustees – names of the directors at the date the report was approved

Director name	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s)

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Full name(s) Jennifer Townshend

Jennifer Townshend	
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Position (for example Secretary, Chair, etc)	Chairperson	
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Date	08/10/24
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CHARITY COMMISSION
FOR ENGLAND AND WALES

BeatAsthma

No (if any)

Receipts and payments accounts

CC16a

For the period
from

4/1/2023

To

3/31/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
donations	10,000	-	-	10,000	2,596
grant	-	-	-	-	8,000
fund raising	5,161	-	-	5,161	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	15,161	-	-	15,161	10,596
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	15,161	-	-	15,161	10,596
A3 Payments					
Website update hours	522	-	-	522	3,200
Stationary	39	-	-	39	520
IT services	-	-	-	-	250
Course development	-	-	-	-	4,830
refund for courses not done	-	-	-	-	100
promotional clothing	381	-	-	381	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	942	-	-	942	8,900
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	942	-	-	942	8,900
Net of receipts/(payments)	14,219	-	-	14,219	1,696
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	12,437	-	-	12,437	10,741
Cash funds this year end	26,656	-	-	26,656	12,437

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds <small>(agree balances with receipts and payments account(s))</small>	26,655	-	-
		Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets			Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Jennifer Townshend	10/7/2024	
		David Townshend	10/7/2024	