

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

England & Wales · Charity number 1197373

Details

Other names	BCS
Status	Registered
Legal form	CIO
Registered	2022-01-06
Register	View on the Charity Commission register

Contact

Address	Basingstoke Counselling Service Goldings London Road Basingstoke RG21 4AN
Phone	01256843125
Email	info@basingstokecounselling.org.uk
Website	www.basingstokecounselling.org.uk

Activities

Objects: (A) TO RELIEVE PERSONS SUFFERING FROM MENTAL AND EMOTIONAL ILL HEALTH IN SUCH WAYS AS THE CIO THINKS FIT; AND(B) TO PROVIDE EDUCATION AND TRAINING FOR THOSE ENGAGED OR WISHING TO BE ENGAGED IN COUNSELLING.

Activities: BCS provide affordable counselling to vulnerable people in the Basingstoke area, who not otherwise be able to gain access to such support. We also provide training courses on counselling up to Diploma level for those wishing to follow a career in counselling.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Disability
- **Who:** The General Public/mankind

Geography

- Hampshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-08-31	£322,304	£370,467	-	-
2023-08-31	£279,801	£395,745	-	-
2022-08-31	£0	£0	-	-

Trustees

Name	Role	Appointed
James Fradley Bellis	Chair	2022-01-06
Camilla Lovell-Hoare		2025-02-17
Joanna Mary Hopkins		2025-12-19
Julian Frederick Charles Cracknell		2025-10-01
Martin Jon Green		2023-06-16
Samir Kotecha		2022-01-06

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

England & Wales - Charity number 1197373

Accounts

**BASINGSTOKE AND DISTRICT COUNSELLING SERVICE
REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED
31ST AUGUST 2024**

REGISTERED CHARITY NUMBER: 1197373

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE
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FOR THE YEAR ENDED 31ST AUGUST 2024

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**BASINGSTOKE AND DISTRICT COUNSELLING SERVICE
REFERENCE AND ADMINISTRATIVE DETAILS**

Registered Charity Number: 1197373

Principal address:

Goldings
London Road
Basingstoke
RG21 4AN

Trustees:

J Bellis (Chair)
M Green
J Fowler
S Kotecha
C O'Hanlon
C Lovell-Hoare
(Resigned May 2025)
(Appointed May 2025)

Independent Examiner

Caroline Scull
B20 Ltd
Charwell House
Wilsons Road
Alton
Hampshire
GU34 2PP

Bankers

CAF Bank

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED

31ST AUGUST 2024

The trustees present their financial statements of the charity for the year ended 31st August 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued on 16th July 2014)

OBJECTIVES AND ACTIVITIES

The two principal objectives and aims of the charity are:

- 1) to relieve persons suffering from mental and emotional distress,
- 2) to provide education and training for those engaged, or wishing to be engaged, in counselling.

Significant activities

The significant activities of the charity are raising and holding funds from client contributions to achieve the aims of the charity.

Public benefit

The trustees consider the public benefit criteria during decision-making. The trustees are of the opinion that the activities of the charity, described in its objectives and aims, fulfil its public benefit obligations.

Financial Summary

Total income for the year was £355,898, an increase of 27% versus the prior year. Unrestricted fund income rose to £323,304, an increase of 21% versus the prior year. The increase in unrestricted fund income reflects the success of BCS in attracting:

- (a) suitable applicants and thus filling spaces on its flagship BACP accredited Diploma training and Certificate course,
- (b) participants on other courses – not just introduction to Counselling but also other annually run CPD training courses,
- (c) clients for counselling sessions who pay on a sliding scale for the cost of the counselling sessions.

The restricted fund income rose slightly reflecting a donation of £30,725 in support of our Men's Mental Health campaign. Despite the increased activity by BCS as reflected in its income and cost inflation, its total costs fell by 6% to £370,467 in the year. This reflected:

- (a) tight cost control by BCS's management
- (b) some vacancies in certain positions at BCS – which have now been filled
- (c) reduced reliance on salaried counsellors (as opposed to trainees) for the provision of counselling sessions

As a result, the annual deficit at BCS fell from £115,944 in the 2022/23 financial year to £14,569 in the 2023/24 financial year. This is particularly pleasing as the current financial year included loan repayments and thus the balance of the loan fell from £85,000 at the beginning of the financial year 22/23 to £59,824 at the end of the financial year 23/24. The cash balance was £58,801 as at 31 August 2024.

Since the Balance Sheet Date of 31 August 2024

The financial position of BCS has continued to improve during the current financial year.

Total income for the first seven months to 31 March 2025 has risen by 44% to £309,984. Total operating expenses have fallen slightly to £232,185.

Loan repayments have continued to be made and as at 31 March 2025, the outstanding loan balance was £49,894.

Counselling

BCS provides affordable counselling for people in the Basingstoke and North Hampshire area who would otherwise be unable to access it. We provide a safe environment where members of our community in emotional distress can be heard without judgement. We support our clients in gaining a deeper understanding of themselves and their problems enabling them to make changes to their life which they feel would be of benefit. 70% of clients are recommended to contact us by their GPs when the NHS is unable to provide the counselling required; the remainder come via the website or word of mouth.

Clients pay on a sliding scale, based on annual personal income, with the average being £26 per session, compared with the local market rate of £45 - £70.

For this financial year ending on 31 August 2024, over 4,000 sessions have been provided by 34 counsellors- plans are in place to expand this significantly during the year ending 31 August 2025.

Clients seek our support for a wide range of challenges, including bereavement, divorce, job loss, and financial hardship - each of which can contribute to feelings of anxiety and depression. Individuals also come to us coping with the long-term effects of historic trauma or experiencing suicidal thoughts. Our counselling services provide a vital lifeline, offering compassionate support and therapeutic interventions that empower clients to navigate these difficulties and rebuild their emotional well-being.

In the year ahead, we aim to take a more proactive approach by identifying and reaching out to specific groups who may be at higher risk or underserved—such as men affected by suicidal thoughts. By targeting our outreach and tailoring support, we hope to break down barriers to accessing help and ensure that those who need it most feel seen, supported, and empowered to seek care.

Testimonials

Here are some comments from clients we have helped in the last year:

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED

31ST AUGUST 2024

"Counselling has had a massive impact on my life, whilst I still struggle with my feelings, I am able to stop and think about things as if I was talking to my counsellor, it's helped put things into perspective and allow me to trust myself."
"Without my first counsellor I would easily have attempted suicide and not be here now and my children may have not made it back from foster care."

Training

BCS provides a range of training courses, these courses can be taken individually and many do so to enhance their communication skill set within their current profession. However, when taken together, they offer a comprehensive pathway toward becoming a fully qualified counsellor.

Level 1 – Introduction to Counselling

Level 2 & 3 – Certificate in Counselling Skills and Theory

Level 4 & 5 – Diploma in Psychodynamic Counselling (BACP accredited)

During FY23/24, approximately 100 students attended these courses with about 30% on the higher-level Diploma course.

There is a strong symbiotic relationship between our training and counselling services, with all of our Diploma trainees completing their clinical placements at BCS. As a result, trainees comprise a significant portion of our counselling team, enriching our service delivery while gaining vital hands-on experience.

Funding

At BCS, we recognise the importance of maintaining a diverse range of revenue streams to ensure long-term financial stability. While income from our training and counselling services represents a significant portion of our funding, it does not fully cover operational costs. To bridge this gap, we supplement our core income with additional revenue sources. Looking ahead, we are committed to further developing and expanding these supplementary streams to strengthen the resilience and sustainability of BCS. These initiatives include:

• A full programme of CPD courses for the therapeutic community, assisting them in supporting their clients

• Fundraising initiatives:

• We are grateful to people who undertake challenges such as the London Marathon and other inspiring events on our behalf such as the Goring Gap walk in May 2024

• We are also indebted to the support we receive from Trusts, organisations and individual donors who wish to support mental health charities

Facilities

We continue to operate out of a site leased from Basingstoke and Deane Borough Council. In September 2023, we acquired additional rooms within our current premises, such that we could increase both our training and counselling capacity.

We would like to take this opportunity to sincerely thank everyone who supports Basingstoke Counselling Service. Supporting the emotional wellbeing of our community is at the heart of everything we do, and we take this responsibility very seriously. Our ability to provide such a professional, compassionate, and effective service would not be possible without the dedication and commitment of our exceptional team of staff and volunteers. Thank you

STRUCTURE GOVERNANCE AND MANAGEMENT

Government Document

The charity is controlled by its governing document, a constitution registered on 6th January 2022, and constitutes a CIC (Charitable Incorporated Organisation). The charity took over the assets of the previous charitable trust on 1st September 2022 (registered charity number 900659).

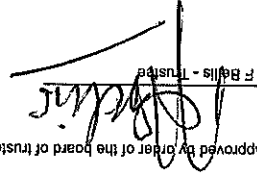
Recruitment and appointment of new trustees

Prospective new trustees are normally proposed by an existing trustee and voted onto the board at a trustees meeting.

Organisational structure

Management of the charity is delegated to the trustees, who meet on a quarterly basis to administer the charity. Directors are appointed by the trustees to manage the day to day operation of the charity.

Approved by order of the board of trustees on 27/1/25 and signed on its behalf by:


J F Bellis - Trustee

**Independent Examiner's Report to the Trustees of
Basingstoke & District Counselling Service**

Independent examiner's report to the trustees of Basingstoke & District Counselling Service ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st August 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mrs Caroline Scull FCCA

B20 Limited
Chartered Certified Accountants
Charwell House
Wilsom Road
Alton
Hampshire
GU34 2PP
Date: 23/6/25

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED

31ST AUGUST 2024

Notes

	2024			2023		
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£	£	£	£	£	£
INCOME AND ENDOWMENTS FROM						
2 Donations and legacies	119,604	33,593	153,197	135,056	13,900	148,956
5 Charitable activities To meet the charitable objectives of the charity	195,006	0	195,006	130,124	0	130,124
3 Other trading activities	6,754	0	6,754	494	0	494
4 Investment income	66	0	66	227	0	227
Other income	874	0	874			
TOTAL INCOME	322,304	33,593	355,898	265,901	13,900	279,801
EXPENDITURE ON						
Raising funds	0	0	0	111	0	111
7 Charitable activities To meet the charitable objectives of the charity	107,315	0	107,315	89,115	3,000	92,115
8 Other	263,152	0	263,152	292,619	10,900	303,519
TOTAL EXPENDITURE	370,467	0	370,467	381,845	13,900	395,745
NET (DEFICIT) / INCOME	(48,163)	33,593	(14,569)	(115,944)	0	(115,944)
RECONCILIATION OF FUNDS						
Total funds brought forward	(115,944)	0	(115,944)	0	0	0
TOTAL FUNDS CARRIED FORWARD	(164,107)	33,593	(130,514)	(115,944)	0	(115,944)

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE


BALANCE SHEET

AS AT 31ST AUGUST 2024

	Notes	2024	2023
		£	£
Current Assets			
Debtors	12	1,618	4,412
Cash at bank and in hand		58,801	56,101
Total Current Assets		<u>60,419</u>	<u>60,513</u>
Current liabilities			
Creditors: amounts falling due within one year	13	(119,900)	(87,555)
Net current assets/(liabilities)		(59,482)	(27,042)
Total assets less current liabilities		(59,482)	(27,042)
Creditors: amounts falling due after one year	14	(41,959)	(59,829)
Total net assets or liabilities		<u>(101,441)</u>	<u>(86,871)</u>
Funds			
Unrestricted funds	15	(164,107)	(115,944)
Restricted funds		33,593	0
Funds transferred from Charitable Trust		29,073	29,073
Total funds		<u>(101,441)</u>	<u>(86,871)</u>

Approval

These financial statements were approved by the Board of Trustees and authorised for issue on 24th August 2024 and signed on its behalf by:


 J F Bellis - Trustee

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31ST AUGUST 2024

1 ACCOUNTING POLICIES

Basis of preparing the financial statements. The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued on 16th July 2014)', Financial Reporting Standard applicable in the UK and Republic of Ireland and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Going Concern These accounts have been prepared on a going concern basis.

Income All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation The charity is exempt from tax on its charitable activities.

Fund accounting Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restrictive funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Tangible fixed assets All assets acquired by the charity are charged as an expense in the year of acquisition.

2 DONATIONS AND LEGACIES

	2024	2023
Client contributions	118,104	119,999
Grants and donations	35,093	28,841
Total	153,197	148,840
Grants and donations		
Total	£	£
Four Lanes Trust Equipment	1,249	-
Compass Counselling Equipment	619	-
HCC Grant	1,000	-
Kindlink	1,500	1,500
Core	-	-
Donations	30,725	-
	33,593	1,500
	33,593	30,725

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE
NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED

31ST AUGUST 2024

	2024	2023
3 OTHER TRADING ACTIVITIES	£	£
Fundraising events	0	494
	<u>0</u>	<u>494</u>
4 INVESTMENT INCOME		
Deposit account interest	66	227
	<u>66</u>	<u>227</u>
5 INCOME FROM CHARITABLE ACTIVITIES		
Training fees	195,006	130,124
	<u>195,006</u>	<u>130,124</u>
6 CHARITABLE ACTIVITIES COSTS		
To meet the charitable objectives of the cha	107,315	92,115
	<u>107,315</u>	<u>92,115</u>
7 DIRECT COSTS OF CHARITABLE ACTIVITIES		
Counselling supervision	9,600	18,330
Counsellors	0	390
Training fees and costs	97,715	71,744
Counsellors' expenses	0	1,651
	<u>107,315</u>	<u>92,115</u>
8 SUPPORT COSTS		
Other resources expended		
Management	251,505	285,956
Finance	8,036	3,693
Governance costs	3,611	13,870
	<u>263,152</u>	<u>303,519</u>
Total	<u>263,152</u>	<u>303,519</u>

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED

31ST AUGUST 2024

9 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st August 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st August 2024.

10 STAFF COSTS

The average monthly number of employees during the year was as follows:

Administration and support	16	18
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No employees received remuneration in excess of £60,000.

11 FUND ACCOUNTING

The charity established an Assistance Fund during the year ending 31st August 2022 from grant funding from Basingstoke & Deane Borough Council. The purpose of the fund was to provide free of charge counselling to clients. This fund was fully utilised by 31 August 2023.

12 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Trade Debtors	1618	942
Other debtors	0	0
Prepayments	0	3,470
	<u>1618</u>	<u>3,470</u>

13 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Accruals	0	474
Deferred income	89,155	51,074
Payroll liabilities	1,871	3,682
Trade creditors	3,704	7,154
Loan repayable within one year	25,171	25,171
	<u>119,900</u>	<u>87,555</u>

14 CREDITORS: AMOUNTS FALLING DUE AFTER ONE YEAR

Loan	41,959	59,829
	<u>41,959</u>	<u>59,829</u>

14 RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st August 2024.

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED

31ST AUGUST 2024

15 MOVEMENT IN FUNDS

2023/24		2023/24	
At	Net	At	Net
	Movement		Movement
	31/08/2024		31/08/2024
	At		At
Unrestricted funds	(231,888)	Unrestricted funds	(231,888)
General fund	0	General fund	0
TOTAL FUNDS	(231,888)	TOTAL FUNDS	(231,888)

Net movement in funds, included in the above are as follows:

Year ending 31st August 2024	Incoming resources	Resources expended	Movement in funds
	0	0	0
TOTAL FUNDS	0	0	0

2023/24		2023/24	
At	Net	At	Net
	Movement		Movement
	31/08/2024		31/08/2024
	At		At
Unrestricted funds	(115,944)	Unrestricted funds	(115,944)
General fund	(231,888)	General fund	(231,888)
TOTAL FUNDS	(115,944)	TOTAL FUNDS	(115,944)

Net movement in funds, included in the above are as follows:

Year ending 31st August 2024	Incoming resources	Resources expended	Movement in funds
	(115,944)	(381,845)	(115,944)
TOTAL FUNDS	(115,944)	(381,845)	(115,944)

**BASINGSTOKE AND DISTRICT COUNSELLING SERVICE
DETAILED STATEMENT OF FINANCIAL ACTIVITIES**

FOR THE YEAR ENDED

31ST AUGUST 2024

	2024	2023
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies	118,104	119,999
Client contributions	35,093	28,841
Grants and donations	267	116
Other Income	608	0
Gift Aid	154,071	148,956
Other trading activities		
Fundraising events	6,754	494
Investment income	66	227
Deposit account interest	195,006	130,124
Charitable activities		
Training fees	355,898	279,801
TOTAL INCOMING RESOURCES	370,467	395,745
EXPENDITURE		
TOTAL RESOURCES EXPENDED	(14,569)	(115,944)
NET (DEFICIT) / INCOME		

**BASINGSTOKE AND DISTRICT COUNSELLING SERVICE
DETAILED STATEMENT OF FINANCIAL ACTIVITIES**

**FOR THE YEAR ENDED
31ST AUGUST 2024**

	2024	2023
EXPENDITURE		
Raising donations and legacies		
Fundraising costs	0	111
Charitable activities		
Counselling supervision	9,600	18,330
Counselling	0	390
Training fees and costs	97,715	71,744
Counsellors' expenses	0	1,651
	<u>107,315</u>	<u>92,115</u>
Support costs		
Management		
Wages	215,880	250,349
Pensions	4,993	5,390
Recruitment	120	3,381
Rent & Services	13,722	10,628
Insurance	1,193	979
Telephone	1,055	973
Postage and stationery	1,118	1,295
Equipment purchases	2,026	1,435
Cleaning	1,772	1,417
Website	352	389
Repairs & Renewals	0	0
Computer support costs	2,771	935
Bookkeeping	1,186	2,893
Sundries	5,316	5,891
	<u>251,505</u>	<u>285,956</u>
Total Management costs		
Finance		
Bank charges & interest	8,036	3,693
Governance costs		
Accountancy and legal fees	3,611	13,870
	<u>370,467</u>	<u>395,745</u>

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

England & Wales - Charity number 1197373

Accounts

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE
REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED
31ST AUGUST 2023

REGISTERED CHARITY NUMBER: 1197373

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

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BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number: 1197373

Principal address: Goldings
London Road
Basingstoke
RG21 4AN

Trustees: J Bellis (Chair)
J Fowler
S Kotecha
C O'Hanlon
M Green appointed June 23
N Russell ceased May 23
J Coulson ceased February 23

Independent Examiner Caroline Scull
B20 Ltd
Charwell House
Wilsom Road
Alton
Hampshire
GU34 2PP

Bankers CAF Bank

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED

31ST AUGUST 2023

The trustees present their report with the financial statements of the charity for the year ended 31st August 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued on 16th July 2014)

OBJECTIVES AND ACTIVITIES

Objectives and aims

The two principal objectives and aims of the charity are:

- 1) to relieve persons suffering from mental and emotional distress,
- 2) to provide education and training for those engaged, or wishing to be engaged, in counselling.

Significant activities

The significant activities of the charity are raising and holding funds from client contributions to achieve the aims of the charity.

Public benefit

The trustees consider the public benefit criteria during decision-making. The trustees are of the opinion that the activities of the charity, described in its objectives and aims, fulfil its public benefit obligations.

ACHIEVEMENTS & PERFORMANCE

In a challenging, post-COVID financial environment, throughout the FY 22/23, BCS has continued to achieve our charitable aims. We have worked to develop our traditional revenue streams and also diversify our provision. This has been achieved through the continued growth of our training programme, which in turn increases our counselling capacity, and development of our CPD programme for the wider therapeutic community.

We have provided vital low-cost, high-quality counselling to members of the local community, delivering over 4,500 sessions over this period.

The expansion of our training programme continued with the introduction of a second consecutive Diploma cohort, meeting our aim to nurture robustly trained, professional Psychodynamic Counsellors. The charity has also been fortunate to be supported by a number of grants and both individual and corporate donors, and we would like to thank them all for their generosity.

FINANCIAL REVIEW

At the end of the year the charity had £87k of net liabilities.

The charity has taken a loan from RBS to cover some short term financial challenges regarding its cash flow.

The trustees have monitored cash flow of the charity on a frequent basis and have taken steps to improve it.

The trustees have also reviewed and approved a monthly cash flow forecast through to August 2025 that was prepared in May 2024.

This shows an improved financial position given strong applications for its various courses, recent fund raising efforts and tight cost control.

As a result the trustees have concluded that, based on information to date, the charity is a going concern for at least the next 12 months.

Reserves policy

It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level which is sufficient to cover three months' unrestricted expenditure.

The reserves are currently less than three months overheads.

However given the expected improvement in the financial position of the charity, the trustees expect to rebuild reserves to this level by August 2025.

STRUCTURE GOVERNANCE AND MANAGEMENT

Governing Document

The charity is controlled by its governing document, a constitution registered on 6th January 2022, and constitutes a CIO (Charitable Incorporated Organisation).

The charity took over the assets of the previous charitable trust on 1st September 2022 (registered charity number 900559).

Recruitment and appointment of new trustees

Prospective new trustees are normally proposed by an existing trustee and voted onto the board at a trustees meeting.

Organisational structure

Management of the charity is delegated to the trustees, who meet on a quarterly basis to administer the charity.

Directors are appointed by the trustees to manage the day to day operation of the charity.

Approved by order of the board of trustees on 13/4/24 and signed on its behalf by:


J F Bellis - Trustee

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED

31ST AUGUST 2023

	Notes	Unrestricted Funds £	2023 Restricted Funds £	Total Funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies	2	135,056	13,900	148,956
Charitable activities				
To meet the charitable objectives of the charity	5	130,124	0	130,124
Other trading activities	3	494	0	494
Investment income	4	227	0	227
<hr/>				
TOTAL INCOME		265,901	13,900	279,801
EXPENDITURE ON				
Raising funds		111	0	111
Charitable activities				
To meet the charitable objectives of the charity	7	89,115	3,000	92,115
Other	8	292,619	10,900	303,519
<hr/>				
TOTAL EXPENDITURE		381,845	13,900	395,745
<hr/>				
NET (DEFICIT) / INCOME		(115,944)	0	(115,944)
RECONCILIATION OF FUNDS				
Total funds brought forward		0	0	0
TOTAL FUNDS CARRIED FORWARD		<u>(115,944)</u>	<u>0</u>	<u>(115,944)</u>

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

BALANCE SHEET

AS AT 31ST AUGUST 2023

	Notes	2023 £	£
Current Assets			
Debtors	12	4,412	
Cash at bank and in hand		56,101	
Total Current Assets		<u>60,513</u>	
Creditors: amounts falling due within one year	13	<u>(87,555)</u>	
Net current assets/(liabilities)			(27,042)
Total assets less current liabilities			(27,042)
Creditors: amounts falling due after one year	14		(59,829)
Total net assets or liabilities			<u><u>(86,871)</u></u>
Funds			
Unrestricted funds	15	(115,944)	
Funds transferred from Charitable Trust		29,073	
Total funds		0	<u><u>(86,871)</u></u>

Approval

These financial statements were approved by the Board of Trustees and authorised for issue on 13/6/24.....and signed on its behalf by:



J F Bellis - Trustee

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31ST AUGUST 2023

1 ACCOUNTING POLICIES

Basis of preparing the financial statements.

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued on 16th July 2014)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Going Concern

These accounts have been prepared on a going concern basis.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restrictive funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Tangible fixed assets

All assets acquired by the charity are charged as an expense in the year of acquisition.

2 DONATIONS AND LEGACIES

	2023
	£
Client contributions	119,999
Grants and donations	28,841
	<hr/>
Total	<u>148,840</u>

Grants and donations		Total	Unrestricted	
		£	£	£
Strand	Core	5,000	5,000	
BVA	EDI training	9,900		9,900 EDI Training
BDBC	laptop	1,000		1,000 Laptops
Newbury Building Soc	Assistance Fund	3,000		3,000 Assistance Fund
National Lottery	Core	9,880	9,880	
		<hr/>	<hr/>	<hr/>
		28,780	14,880	13,900
Donations		61	61	
		<hr/>	<hr/>	<hr/>
		28,841	14,941	13,900

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE
NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED
31ST AUGUST 2023

		2023
3	OTHER TRADING ACTIVITIES	£
	Fundraising events	494
		<u>494</u>
4	INVESTMENT INCOME	
	Deposit account interest	<u>227</u>
5	INCOME FROM CHARITABLE ACTIVITIES	
	Training fees	<u>130,124</u>
6	CHARITABLE ACTIVITIES COSTS	
	To meet the charitable objectives of the charity	<u>92,115</u>
7	DIRECT COSTS OF CHARITABLE ACTIVITIES	
	Counselling supervision	18,330
	Counsellors	390
	Training fees and costs	71,744
	Counsellors' expenses	1,651
		<u>92,115</u>
8	SUPPORT COSTS	
	Other resources expended	
	Management	285,956
	Finance	3,693
	Governance costs	13,870
		<u>303,519</u>
	Total	<u>303,519</u>

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED

31ST AUGUST 2023

9 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st August 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st August 2023.

10 STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023
Administration and support	<u>18</u>

No employees received remuneration in excess of £60,000.

11 FUND ACCOUNTING

The charity established an Assistance Fund during the year ending 31st August 2022 from grant funding from Basingstoke & Deane Borough Council. The purpose of the fund was to provide free of charge counselling to clients. This fund has now been fully utilised.

12 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Trade Debtors	942
Other debtors	0
Prepayments	3,470
	<u>4,412</u>

13 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Accruals	274
Deferred Income	51,074
Payroll liabilities	3,682
Trade creditors	7,154
Loan repayable within one year	<u>25,171</u>
	<u>87,555</u>

14 CREDITORS: AMOUNTS FALLING DUE AFTER ONE YEAR

Loan	<u>59,829</u>
------	---------------

14 RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st August 2023.

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED

31ST AUGUST 2023

15 MOVEMENT IN FUNDS

	At 01/09/2022	Net Movement in funds	At 31/08/2023
Unrestricted funds			
General fund	0	(115,944)	(115,944)
	<hr/>		
TOTAL FUNDS	0	(115,944)	(115,944)
	<hr/> <hr/>		

Net movement in funds, included in the above are as follows:

Year ending 31st August 2023	Incoming resources	Resources expended	Movement in funds
Unrestricted funds			
General fund	265,901	(381,845)	(115,944)
	<hr/>		
TOTAL FUNDS	265,901	(381,845)	(115,944)
	<hr/> <hr/>		

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED

31ST AUGUST 2023

	2023
	£
INCOME AND ENDOWMENTS	
Donations and legacies	
Client contributions	119,999
Grants and donations	28,841
Other Income	116
Gift Aid	0
	<hr/>
	148,956
Other trading activities	
Fundraising events	494
Investment income	
Deposit account interest	227
Charitable activities	
Training fees	130,124
	<hr/>
TOTAL INCOMING RESOURCES	279,801
 EXPENDITURE	
TOTAL RESOURCES EXPENDED	395,745
	<hr/>
NET (DEFICIT) / INCOME	<u>(115,944)</u>

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED

31ST AUGUST 2023

	2023 £
EXPENDITURE	
Raising donations and legacies	
Fundraising costs	111
Charitable activities	
Counselling supervision	18,330
Counselling	390
Training fees and costs	71,744
Counsellors' expenses	1,651
	<hr/>
	92,115
Support costs	
Management	
Wages	250,349
Pensions	5,390
Recruitment	3,381
Rent & Services	10,628
Insurance	979
Telephone	973
Postage and stationery	1,295
Equipment purchases	1,435
Cleaning	1,417
Website	389
Repairs & Renewals	0
Computer support costs	935
Bookkeeping	2,893
Sundries	5,891
	<hr/>
Total Management costs	285,956
Finance	
Bank charges	3,693
Governance costs	
Accountancy and legal fees	13,870
	<hr/>
TOTAL RESOURCES EXPENDED	<hr/> <hr/> 395,745

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE
REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED
31ST AUGUST 2023

REGISTERED CHARITY NUMBER: 1197373

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST AUGUST 2023

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Report of the Trustees	2
Independent Examiner's Report	3
Statement of Financial Activities	4
Balance sheet	5
Notes to the Financial Statements	6 to 9
Detailed Statement of Financial Activities	10 to 11

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number: 1197373

Principal address: Goldings
London Road
Basingstoke
RG21 4AN

Trustees: J Bellis (Chair)
J Fowler
S Kotecha
C O'Hanlon
M Green appointed June 23
N Russell ceased May 23
J Coulson ceased February 23

Independent Examiner Caroline Scull
B20 Ltd
Charwell House
Wilsom Road
Alton
Hampshire
GU34 2PP

Bankers CAF Bank

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED

31ST AUGUST 2023

The trustees present their report with the financial statements of the charity for the year ended 31st August 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued on 16th July 2014)

OBJECTIVES AND ACTIVITIES

Objectives and aims

The two principal objectives and aims of the charity are:

- 1) to relieve persons suffering from mental and emotional distress,
- 2) to provide education and training for those engaged, or wishing to be engaged, in counselling.

Significant activities

The significant activities of the charity are raising and holding funds from client contributions to achieve the aims of the charity.

Public benefit

The trustees consider the public benefit criteria during decision-making. The trustees are of the opinion that the activities of the charity, described in its objectives and aims, fulfil its public benefit obligations.

ACHIEVEMENTS & PERFORMANCE

In a challenging, post-COVID financial environment, throughout the FY 22/23, BCS has continued to achieve our charitable aims. We have worked to develop our traditional revenue streams and also diversify our provision. This has been achieved through the continued growth of our training programme, which in turn increases our counselling capacity, and development of our CPD programme for the wider therapeutic community.

We have provided vital low-cost, high-quality counselling to members of the local community, delivering over 4,500 sessions over this period.

The expansion of our training programme continued with the introduction of a second consecutive Diploma cohort, meeting our aim to nurture robustly trained, professional Psychodynamic Counsellors. The charity has also been fortunate to be supported by a number of grants and both individual and corporate donors, and we would like to thank them all for their generosity.

FINANCIAL REVIEW

At the end of the year the charity had £87k of net liabilities.

The charity has taken a loan from RBS to cover some short term financial challenges regarding its cash flow.

The trustees have monitored cash flow of the charity on a frequent basis and have taken steps to improve it.

The trustees have also reviewed and approved a monthly cash flow forecast through to August 2025 that was prepared in May 2024.

This shows an improved financial position given strong applications for its various courses, recent fund raising efforts and tight cost control.

As a result the trustees have concluded that, based on information to date, the charity is a going concern for at least the next 12 months.

Reserves policy

It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level which is sufficient to cover three months' unrestricted expenditure.

The reserves are currently less than three months overheads.

However given the expected improvement in the financial position of the charity, the trustees expect to rebuild reserves to this level by August 2025.

STRUCTURE GOVERNANCE AND MANAGEMENT

Governing Document

The charity is controlled by its governing document, a constitution registered on 6th January 2022, and constitutes a CIO (Charitable Incorporated Organisation).

The charity took over the assets of the previous charitable trust on 1st September 2022 (registered charity number 900559).

Recruitment and appointment of new trustees

Prospective new trustees are normally proposed by an existing trustee and voted onto the board at a trustees meeting.

Organisational structure

Management of the charity is delegated to the trustees, who meet on a quarterly basis to administer the charity.

Directors are appointed by the trustees to manage the day to day operation of the charity.

Approved by order of the board of trustees on 13/4/24 and signed on its behalf by:


J F Bellis - Trustee

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED

31ST AUGUST 2023

	Notes	Unrestricted Funds £	2023 Restricted Funds £	Total Funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies	2	135,056	13,900	148,956
Charitable activities				
To meet the charitable objectives of the charity	5	130,124	0	130,124
Other trading activities	3	494	0	494
Investment income	4	227	0	227
<hr/>				
TOTAL INCOME		265,901	13,900	279,801
EXPENDITURE ON				
Raising funds		111	0	111
Charitable activities				
To meet the charitable objectives of the charity	7	89,115	3,000	92,115
Other	8	292,619	10,900	303,519
<hr/>				
TOTAL EXPENDITURE		381,845	13,900	395,745
<hr/>				
NET (DEFICIT) / INCOME		(115,944)	0	(115,944)
RECONCILIATION OF FUNDS				
Total funds brought forward		0	0	0
TOTAL FUNDS CARRIED FORWARD		<u>(115,944)</u>	<u>0</u>	<u>(115,944)</u>

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

BALANCE SHEET

AS AT 31ST AUGUST 2023

	Notes	2023 £	£
Current Assets			
Debtors	12	4,412	
Cash at bank and in hand		56,101	
Total Current Assets		<u>60,513</u>	
Creditors: amounts falling due within one year	13	<u>(87,555)</u>	
Net current assets/(liabilities)			(27,042)
Total assets less current liabilities			(27,042)
Creditors: amounts falling due after one year	14		(59,829)
Total net assets or liabilities			<u><u>(86,871)</u></u>
Funds			
Unrestricted funds	15	(115,944)	
Funds transferred from Charitable Trust		29,073	
Total funds		0	<u><u>(86,871)</u></u>

Approval

These financial statements were approved by the Board of Trustees and authorised for issue on 13/6/24.....and signed on its behalf by:



J F Bellis - Trustee

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31ST AUGUST 2023

1 ACCOUNTING POLICIES

Basis of preparing the financial statements.

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued on 16th July 2014)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Going Concern

These accounts have been prepared on a going concern basis.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restrictive funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Tangible fixed assets

All assets acquired by the charity are charged as an expense in the year of acquisition.

2 DONATIONS AND LEGACIES

	2023 £
Client contributions	119,999
Grants and donations	28,841
	<hr/>
Total	<u>148,840</u>

Grants and donations		Total £	Unrestricted £	Restricted £
Strand	Core	5,000	5,000	
BVA	EDI training	9,900		9,900 EDI Training
BDBC	laptop	1,000		1,000 Laptops
Newbury Building Soc	Assistance Fund	3,000		3,000 Assistance Fund
National Lottery	Core	9,880	9,880	
		<hr/>	<hr/>	<hr/>
		28,780	14,880	13,900
Donations		61	61	
		<hr/>	<hr/>	<hr/>
		28,841	14,941	13,900

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE
NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED
31ST AUGUST 2023

		2023
3	OTHER TRADING ACTIVITIES	£
	Fundraising events	494
		<u>494</u>
4	INVESTMENT INCOME	
	Deposit account interest	<u>227</u>
5	INCOME FROM CHARITABLE ACTIVITIES	
	Training fees	<u>130,124</u>
6	CHARITABLE ACTIVITIES COSTS	
	To meet the charitable objectives of the charity	<u>92,115</u>
7	DIRECT COSTS OF CHARITABLE ACTIVITIES	
	Counselling supervision	18,330
	Counsellors	390
	Training fees and costs	71,744
	Counsellors' expenses	1,651
		<u>92,115</u>
8	SUPPORT COSTS	
	Other resources expended	
	Management	285,956
	Finance	3,693
	Governance costs	13,870
		<u>303,519</u>
	Total	<u>303,519</u>

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED

31ST AUGUST 2023

9 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st August 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st August 2023.

10 STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023
Administration and support	<u>18</u>

No employees received remuneration in excess of £60,000.

11 FUND ACCOUNTING

The charity established an Assistance Fund during the year ending 31st August 2022 from grant funding from Basingstoke & Deane Borough Council. The purpose of the fund was to provide free of charge counselling to clients. This fund has now been fully utilised.

12 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Trade Debtors	942
Other debtors	0
Prepayments	3,470
	<u>4,412</u>

13 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Accruals	274
Deferred Income	51,074
Payroll liabilities	3,682
Trade creditors	7,154
Loan repayable within one year	<u>25,171</u>
	<u>87,555</u>

14 CREDITORS: AMOUNTS FALLING DUE AFTER ONE YEAR

Loan	<u>59,829</u>
------	---------------

14 RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st August 2023.

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED

31ST AUGUST 2023

15 MOVEMENT IN FUNDS

	At 01/09/2022	Net Movement in funds	At 31/08/2023
Unrestricted funds			
General fund	0	(115,944)	(115,944)
	<hr/>		
TOTAL FUNDS	0	(115,944)	(115,944)
	<hr/> <hr/>		

Net movement in funds, included in the above are as follows:

Year ending 31st August 2023	Incoming resources	Resources expended	Movement in funds
Unrestricted funds			
General fund	265,901	(381,845)	(115,944)
	<hr/>		
TOTAL FUNDS	265,901	(381,845)	(115,944)
	<hr/> <hr/>		

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED

31ST AUGUST 2023

	2023
	£
INCOME AND ENDOWMENTS	
Donations and legacies	
Client contributions	119,999
Grants and donations	28,841
Other Income	116
Gift Aid	0
	<hr/>
	148,956
Other trading activities	
Fundraising events	494
Investment income	
Deposit account interest	227
Charitable activities	
Training fees	130,124
	<hr/>
TOTAL INCOMING RESOURCES	279,801
 EXPENDITURE	
TOTAL RESOURCES EXPENDED	395,745
	<hr/>
NET (DEFICIT) / INCOME	<u>(115,944)</u>

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED

31ST AUGUST 2023

	2023 £
EXPENDITURE	
Raising donations and legacies	
Fundraising costs	111
Charitable activities	
Counselling supervision	18,330
Counselling	390
Training fees and costs	71,744
Counsellors' expenses	1,651
	<hr/>
	92,115
Support costs	
Management	
Wages	250,349
Pensions	5,390
Recruitment	3,381
Rent & Services	10,628
Insurance	979
Telephone	973
Postage and stationery	1,295
Equipment purchases	1,435
Cleaning	1,417
Website	389
Repairs & Renewals	0
Computer support costs	935
Bookkeeping	2,893
Sundries	5,891
	<hr/>
Total Management costs	285,956
Finance	
Bank charges	3,693
Governance costs	
Accountancy and legal fees	13,870
	<hr/>
TOTAL RESOURCES EXPENDED	<u><u>395,745</u></u>

**Independent Examiner's Report to the Trustees of
Basingstoke & District Counselling Service**

Independent examiner's report to the trustees of Basingstoke & District Counselling Service ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st August 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Caroline Scull

B20 Limited
Chartered Certified Accountants
Charwell House
Wilsom Road
Alton
Hampshire
GU34 2PP

Date:18/6/2024.....

BASINGSTOKE AND DISTRICT COUNSELLING SERVICE

England & Wales - Charity number 1197373

Accounts

BASINGSTOKE AND DISTRICT COUNSELLING
SERVICE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED
31ST AUGUST 2022

REGISTERED CHARITY NUMBER: 1197373
BASINGSTOKE AND DISTRICT COUNSELLING
SERVICE
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FOR THE YEAR ENDED 31ST AUGUST 2022

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BASINGSTOKE AND DISTRICT COUNSELLING
SERVICE

REFERENCE AND ADMINISTRATIVE
DETAILS

Registered Charity Number: 1197373

Principal address: Goldings
London Road
Basingstoke
RG21 4AN

Trustees: J Bellis (Chair)
N Russell
J Coulson (deceased February 2023)
J Fowler

D Waters (resigned October 2022)
C O'Hanlon

Bankers CAF Bank

BASINGSTOKE AND DISTRICT COUNSELLING
SERVICE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED
31ST AUGUST 2022

The trustees present their report of the CIO for the period ended 31st August 2022.

The CIO was registered on 6th January 2022.

It will take on the assets of the charity Basingstoke & District Counselling Service, charity number 900559.

This will take place on 1st September 2022.

For the period 6th January 2022 to 31st August 2022 there were no financial transactions.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The two principal objectives and aims of the charity are:

- 1) to relieve persons suffering from mental and emotional ill health in such ways as the CIO thinks fit
- 2) to provide education and training for those engaged, or wishing to be engaged, in counselling.

Significant activities

There were no significant activities in the year as it will not start operating until 1st September 2022.

Public benefit

The trustees consider the public benefit criteria during decision-making. The trustees are of the opinion that the activities

of the charity, described in its objectives and aims, fulfil its

FINANCIAL REVIEW

Reserves policy

There is no reserves policy for this year as the CIO will not start operating until 1st September 2022.

STRUCTURE GOVERNANCE AND MANAGEMENT

Governing Document

The charity is controlled by its governing document, a constitution dated 6th January 2022, and constitutes

a

Charitable Incorporated Organisation.

Recruitment and appointment of new trustees

Prospective new trustees are normally proposed by an existing trustee and voted onto the board at a trustees meeting.

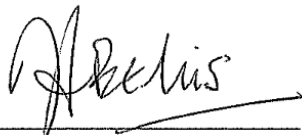
Organisational structure

Management of the charity is delegated to the trustees, who meet on a quarterly basis to administer the charity.

Directors are appointed by the trustees to manage the day to day operation of the charity.

Approved by order of the board of trustees

on... 8/5/2023... and signed on its behalf by:



J F Bellis - Trustee