

The WILDE Foundation

Trustee Annual Report

31st March 2025

Charity No: 1197361

The WILDE Foundation

Victoria Community Hall, Becklow Road, W12 9HB

Report of the trustees for the year 31 March 2025

The trustees present their annual report and financial statements of the charity for the year ended 31 March 2025. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and Accounting and the Charities Statement of Recommended Practice (second edition) and Financial Reporting Standard FRS 102.

Trustees:

Farkhanda Anjum

Marwa Al-Gouri

Yanique Harris

Kamanie Scarlett

Interviewing new trustees

Objectives and Activities for the Public Benefit

The WILDE Foundation is a women's and girls' charity dedicated to empowering victims and survivors of domestic abuse, harmful cultural practices, sexual abuse, and child sexual abuse. Through the transformative power of the written word and other creative tools, we support women and girls in reclaiming their voices and stepping into their influence.

We also provide a compassionate, safe space for women navigating loneliness, isolation, and bereavement, ensuring they are heard, supported, and connected as they rebuild their confidence and wellbeing.

Achievements & Performance

TWF Monthly Trustee Meetings & Activities

The trustees scheduled 12 monthly meetings for the year to ensure effective oversight, regular communication, and timely decision-making. Since April, eight trustee meetings have been held. These meetings have provided updates on ongoing activities, identified upcoming priorities, and allocated responsibilities to relevant trustees and volunteers.

Key matters discussed during this period included:

- **TWF Hammersmith and Fulham Annual Festival:** Preparatory requirements for our participation, including logistics, resource planning, and alignment with our charitable objectives.
- **Annual Writers' Competition:** Planning and promotion of the competition, which forms a core part of the festival. Discussions included timelines, marketing approaches, and operational needs.
- **Funding and Grant Applications:** Progress updates on funding applications, confirmation of any awards received, and monitoring of financial sustainability.
- **Continuing Professional Development (CPD) Programme:** Development of a CPD training programme for professionals on domestic abuse. Trustees reviewed the proposed content and agreed that updates will include emerging issues such as online abuse.

These meetings have ensured that trustees remain informed, engaged, and able to fulfil their governance duties throughout the year.

Human Stories

Monthly Women's Group Sessions

We held 12 monthly sessions on the second Sunday of each month. These gatherings provide a safe and supportive environment where women come together to talk, share experiences, and participate in guided writing activities.

A key feature of the sessions is our "*Living Book*" segment. Each month, one woman volunteers to become a "living book" by choosing a theme drawn from her own life experience. She shares her story, and the women present are invited to engage by asking questions, fostering connection, understanding, and peer support.

Throughout the year, we also welcomed guest speakers who delivered sessions on a variety of specialist topics relevant to members' wellbeing and personal development.

Feedback from regular attendees has been consistently positive, with members expressing that they value and enjoy the sessions and the strong sense of community they create.

Black History Month

In October 2024, we invited author Angela Harvey, also known as Poppy Seed, to lead a special workshop in celebration of Black History Month. During the session, she delivered an engaging creative workshop, performed a selection of her poetry and songs, and took part in an interview conducted by one of our members, where she spoke about her artistic journey and creative practice. The event was well received and contributed meaningfully to our cultural and educational activities for the year.

Violence Against Women and Girls

In November, we marked the UN International Day for the Elimination of Violence Against Women and Girls. To honour this day, we invited survivors to share their journeys - from experiences of abuse to stories of resilience and triumph - providing a powerful platform for empowerment, inspiration, and collective healing.

This event was delivered in collaboration with CIC Sanctuary for Sisterhood, strengthening our shared commitment to raising awareness, supporting survivors, and advocating for the safety and wellbeing of women and girls.

Advocacy

Support Provided to Clients

We provide direct support to women who are victims and survivors of domestic abuse and sexual abuse, ensuring they receive practical assistance, advocacy, and emotional reassurance.

During the reporting period:

- **11 women self-referred** for support relating to housing, after expressing that they felt unsafe in their homes. We offered guidance, signposting, and advocacy to help them pursue safer accommodation options.
- **5 women requested assistance** in attending medical appointments, and we provided accompanying support to ensure they felt safe and supported throughout the process.
- **9 women received support** to meet with their social workers, including help with preparation, attending appointments, and understanding follow-up actions.

These interventions form a crucial part of our commitment to safeguarding and empowering women as they navigate complex and often traumatic situations.

Just Write Creative Writing

Weekly Online Creative Writing Workshops

We host weekly online creative writing workshops, JustWrite, which provide members with a safe, intimate, and supportive space for reflection, expression, and connection.

Each session begins with a facilitated check-in using the “Thorns, Buds and Roses” framework:

- **Thorns** – challenges or difficulties members are currently facing
- **Buds** – areas of potential growth or aspects of life that could improve
- **Roses** – positive experiences, achievements, or things going well

This structure helps participants articulate their emotional wellbeing and receive peer support in a compassionate environment.

In the second hour, participants are given a writing prompt. They spend time writing independently and then share their work with the group, followed by discussion and constructive feedback. These sessions not only develop creative skills but also strengthen confidence, connection, and emotional resilience among members.

Easing Isolation

Reducing Isolation and Building Community

Our weekly, monthly, and annual events provide members with meaningful opportunities to form new friendships and engage in creative, confidence-building activities. These gatherings play an important role in reducing isolation and loneliness, particularly for women facing serious health challenges.

We provide lunch during our in-person sessions, giving women the chance to eat together, socialise, and strengthen peer connections in a relaxed and supportive environment. We also organise group outings that further encourage social interaction and community bonding.

Through these activities, the project has offered women a valuable platform to build new relationships, improve their wellbeing, and feel less isolated.

Learning and Reflections

We found that the “*Thorns, Buds and Roses*” framework has been a particularly effective tool for encouraging women to talk openly about their challenges. It supported members in expressing what was causing them distress and helped them develop confidence in discussing personal difficulties. The process also enabled participants to explore alternative perspectives and consider new ways of approaching the issues they faced.

We also observed that some members, including disabled women and women living with weight-related insecurities, occasionally felt self-conscious about their bodies. With consistent encouragement and reassurance, these women were supported to continue attending the workshops and to remain engaged in the group. This helped strengthen their confidence, sense of belonging, and emotional wellbeing.

Monitoring Achievement

The success of our Human Stories, Writing to Exhale, Black Women Heal well-being projects showed in the numbers of women who signed up and attended the events *since 2023. We invite speakers to talk about different topics.*

We addressed low moods, domestic abuse and loneliness through dialogue and writing with the women to understand the situation and then consider the way forward with that institution. *We are also running a living story section where one woman each month tells her story.*

We are looking to strengthen what worked for the women 40-60+ years old and to continue providing the workshops, events and intergenerational activities which was inclusive of mothers, grandmothers and children.

We will continue to encourage the women to tackle and discuss topics that have been culturally restrictive.

The funding was used to continue our social programmes for giving women the space to write about their traumas,

Funding & Fundraising

In 2024, we submitted funding applications to Hammersmith United Charities, Turning Point, and Innovation. The purpose of these applications was to secure financial support to enhance our services, enabling us to provide members with greater opportunities for self-development, self-care, and confidence-building activities.

Signature:





CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
THE WILDE FOUNDATION

No (if any)
1197361

Receipts and payments accounts


CC16a

For the period from	Period start date	To	Period end date
	01/04/2024		31/03/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	-	-	-	17,201
Donations	1,565	-	-	1,565	123
Fundraising	1,800	-	-	1,800	2,578
Memberships Fees	300	-	-	300	250
Retreat Income	12,381	-	-	12,381	-
Sales	-	-	-	-	1,892
Other Income	2,998	-	-	2,998	1,407
	-	-	-	-	-
Sub total (Gross income for AR)	19,044	-	-	19,044	23,451
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	19,044	-	-	19,044	23,451
A3 Payments					
Travel	131	-	-	131	475
Tel. Mobile & Other Admin Costs	-	-	-	-	3,621
Print & Office Supplies	382	-	-	382	574
Trustee Meetings Expenses	400	-	-	400	74
IT, Software & Website	937	-	-	937	2,415
Publications & Fees	3,808	-	-	3,808	5,574
Conferences, Retreats	12,881	-	-	12,881	2,866
Other Charitable Activities/Dues	3,962	2,485	-	6,447	1,862
Prior Year Bank Bal Adjustment	2,393	-	-	2,393	-
	-	-	-	-	-
Sub total	24,894	2,485	-	27,379	17,461
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	24,894	2,485	-	27,379	17,461
Net of receipts/(payments)	- 5,850	- 2,485	-	- 8,335	5,990
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	6,323	2,842	-	9,165	3,175
Cash funds this year end	473	357	-	830	9,165

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Balance C/forward	473	357	-
		-	-	-
		-	-	-
	Total cash funds	473	357	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Independent examiner's fees	unrestricted	510	within 1 Year
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			Kumanie Scarlett	08/01/2026