



# Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	05	01	2022		01	04	2023

## Section A Reference and administration details

Charity name

ADHDadultUK

Other names charity is known by

Registered charity number (if any) 1197347

Charity's principal address

44 Bhullar Way

Oldbury

West Midlands

Postcode

B69 2GL

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Alex Conner	Chairman		
2	Professor James Brown	Secretary		
3	Samantha Brown	Treasurer		
4	Elisabeth Conner			
5	Sarah Turner			
6	Dr Nicholas Britchford			
7	Tom Watson			
8	Yve Buckland			
9	Daley Jones			
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing trustees

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

For the public benefit, the education, support and assistance of adults who have or suspect they may have attention deficit hyperactivity disorder (ADHD) by raising public awareness, engaging with policy makers, providing coaching, support group meetings and psychoeducation for adults with ADHD, and training for healthcare professionals.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The charity has produced evidence-based information on ADHD in adults and made this available on our charity website and social media accounts.

Service users have been given help and advice via email and social media where they speak directly to volunteers.

The charity set up an online community, manned by volunteers where service users can support one another and speak directly to volunteers.

The charity has provided talks on ADHD at conferences and in workplaces and has provided evidence-based information to the media on numerous occasions.

We confirm that the trustees have had regard to the Charity Commission's guidance on public benefit.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

The charity responded to 946 requests for help and information and delivered 7 talks to industry. The charity was nominated for an award by its service users in the National Diversity Awards.

## Section E Financial review

**Brief statement of the charity's policy on reserves**

The charity does not hold a reserve.

**Details of any funds materially in deficit**

Not applicable.

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

**Signature(s)**



**Full name(s)**

Samantha Brown

**Position (eg Secretary, Chair, etc)**

Treasurer

**Date**

15/01/2024



CHARITY COMMISSION  
FOR ENGLAND AND WALES

ADHDadultUK

1197347

## Receipts and payments accounts

CC16a

For the period  
from

05/01/2022


To

01/04/2023

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	4,048	-	-	4,048	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	4,048	-	-	4,048	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	4,048	-	-	4,048	-
<b>A3 Payments</b>					
Bank charges	28	-	-	28	-
PayPal charge	6	-	-	6	-
DBS checks	191	-	-	191	-
Social media management	432	-	-	432	-
Web hosting	428	-	-	428	-
Insurance	96	-	-	96	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	1,181	-	-	1,181	-
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	1,181	-	-	1,181	-
<b>Net of receipts/(payments)</b>	2,867	-	-	2,867	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	2,867	-	-	2,867	-

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Balance of cash in bank 01/04/2023	2867	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>2,867</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Samantha Brown	02/02/2024	
	CCXX R2 accounts (SS)			