

# **The Help and Awareness Foundation**

**Accounts**

**31/03/2025**

## **City Accountants**

**Chartered Certified Accountants**

**108 Shireland Road**

**Smethwick Birmingham B66 4QJ**

**cityaccountants@mail.com / 0121 5333 777**

**[www.city-accountants.co.uk](http://www.city-accountants.co.uk)**

## **The Help and Awareness Foundation Trustees' Report**

### **Legal and administrative status**

The Help and awareness Foundation is registered as a charity under number 1197323. The principal address of The Help and awareness Foundation is 16 Birch Tree Way Croydon CR0 7JY.

### **The Objectives of Marham Welfare Forum (MWF)**

To advance such other charitable purposes (according to the law of England and Wales) as the trustees see fit from time to time in particular by relieving need and poverty to people in poor areas of Pakistan. We are working with thousands of poor families in Pakistan who are struggling to give education to their kids. We have a private registered College specially for women for free education so they can get good knowledge and stand on their feet and make their own future.

### **Trustees**

The Trustees at the end of the year were :-

The Help and Awareness Foundation  
Mrs Shumail Suleman  
Mrs Fatima Majid  
Mr Muhammad Suleman Ali

### **Recruitment and Appointment of Trustees**

The charity is governed by a board of trustees drawn from the local community. This is to ensure that the board has the skills and experience required to oversee the management of the charity and its operations.

The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial benefits.

### **Trustee Induction and Training**

All new trustees receive a planned induction programme before taking up their place on the board. This includes an explanation of their roles and responsibilities, an introduction to other trustees, an overview of recent activities and an explanation of board format and process.

The trustees have a risk management strategy which includes an annual review of the risks the charity faces and the establishment of systems and procedures to mitigate those risks and implementation of procedures designed to minimise any potential impact on charity should those risks materialise.

### **Reserves Policy**

The trustees aim to ensure that sufficient funds are maintained to enable the charity to carry out its activities.

### **Review of activities for the year**

The Help and Awareness Foundation achieved a Gain of £4,740 during the year .

By order of the Trustees

Mrs Shumail Suleman

Chairman  
11/12/2025



**The Help and Awareness Foundation  
Independent Examiner's Report  
to the Trustees of The Help and Awareness Foundation**

I report on the accounts of The Help and Awareness Foundation for the period ended 31.03.2025, which are set out on pages 3 to 6.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- i) which gives me reasonable cause to believe that in any material respect the requirements : to keep accounting records in accordance with section 130 of the 2011 Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act, have not been met; or
- ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

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11-Dec-25

**The Help and Awareness Foundation**  
**Statement of Financial Activities**  
**for the year ended 31/03/2025**

	Note	(Unrestricted) 31/03/2025 £	(Unrestricted) 31/03/2024 £
Income from charitable activities and generated funds	1	7433	1,147
<b>Resources Expended</b>			
Cost of generating funds (cost of projects)	1		-
Direct charitable expenditure and administrative expenses	1	(2,693)	
<b>Total Resources Expended</b>		<u>(2,693)</u>	<u>-</u>
<b>The Help and Awareness Foundation</b>		<u><u>4,740</u></u>	<u><u>1,147</u></u>

**The Help and Awareness Foundation**  
**Balance Sheet**  
**as at 31/03/2025**

	Notes	2025	2024
<b>Fixed assets</b>			
Other fixed assets	3		-
<b>Current assets</b>			
Bank/building society balances		6,633	1,893
Cash in hand		<u>-</u>	<u>-</u>
The Help and Awareness Foundation		<u>6,633</u>	<u>1,893</u>
<b>Current liabilities</b>			
Other liabilities and accruals		<u>-</u>	<u>-</u>
		6,633	1,893
<b>Net current assets</b>		<u></u>	<u>1,893</u>
31/03/2024		<u><u>6,633</u></u>	<u><u>1,893</u></u>
<b>Represented by</b>			
<b>Accumulated Funds</b>			
Balance at start of period		1,893	
Net surplus		<u>4,740</u>	<u>1,893</u>
		<u><u>6,633</u></u>	<u><u>1,893</u></u>

**The Help and Awareness Foundation**  
**Notes to the Accounts**  
**for the year ended 31/03/2025**

<b>1 Income and Expenditure analysis</b>	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
<b>Income</b>		
Donations	7,433	1,147
Activities to generate funds		
Rental income		
Interest receivable		
The Help and Awareness Foundation	7,433	1,147
<b>Direct costs</b>		
Donations (project expenditure)	2,693	
<b>Rent, rates, power and insurance costs</b>		
Property insurance		
	0	0
<b>Repairs and renewals of property and equipment</b>		
Repairs and maintenance	0	0
<b>Telephone, fax, stationery and other office costs</b>		
Telephone and fax		
Cleaning		
	0	0
<b>Advertising and business entertainment costs</b>		
Advertising and PR	0	0
<b>Bank, credit card and other finance charges</b>		
	0	0
<b>Accountancy, legal and other professional fees</b>		
Other legal and professional	0	0

**The Help and Awareness Foundation**  
**Notes to the Accounts**  
**for the year ended 31/03/2025**

2 Plant, machinery and motor vehicles	Plant and machinery £
<b>Cost</b>	
At 01/04/2024	0
At 31/03/2025	0
<b>Depreciation</b>	
At 01/04/2024	0
At 31/03/2025	0
<b>Net book value</b>	
At 31/03/2025	-
3 Other fixed assets	2025 £
Premises	