



Trustees' Annual Report for the period

From **2nd Aug 2023** To **1st Aug 2024**

Charity name: **Headucate**

Charity registration number: **1197217**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To support the establishing of Headucate societies at universities across the UK and assist them in their work, providing a network for university student volunteers to work in tandem as a collective for the betterment of adolescent mental health literacy and awareness.</p> <p>To support mental health awareness and education amongst the primary and secondary school student population through the provision of information sessions, smaller group sessions and flyers surrounding mental health and how to deal with stress.</p> <p>For the public benefit, to promote good mental health, in particular, but not exclusively across primary and secondary schools and other educational institutions in the UK through assisting in the provision of, or directly providing, information and education sessions on mental health and how to handle stress, peer-support networks, mental health first-aid training and other such support and advice.</p> <p>To support the organisation of recreational activities for university students, with the object of improving mental health knowledge and the wellbeing of the persons for whom the activities are primarily intended by encouraging students to take part in social and educational events and volunteering.</p> <p>To act as a resource for people involved with our organisation by providing support and assistance and organising programmes of mental health awareness workshops and other activities with the same purpose.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<ul style="list-style-type: none">▪ Use of a group chat for affiliates, including 45 representatives from affiliated groups▪ Continuing to produce and circulate monthly updates for affiliates, through a mailing list• Running virtual meetings for affiliates every 6 months• Designing resources to support development and success of affiliates• Collaboration with mental health societies across the UK to produce mental health awareness social media posts/campaigns, and live discussions raising awareness about pertinent topics such as Eating Disorders and Women's Mental Health.• Collaboration with public figures/external groups via livestreams to promote mental health action and

		awareness.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Headucate UK trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Beneficiaries</p> <ul style="list-style-type: none"> Designed and invested in Headucate and mental health related merchandise to distribute to affiliated societies to aid with publicity and fundraisers Upkept an affiliate network through a national mailing list and an affiliates groupchat including over 45 representatives Produced and shared monthly updates with affiliates, including: <ul style="list-style-type: none"> Upcoming dates related to mental health awareness Details of opportunities, benefits, and support offered by Headucate UK Signposting to potential volunteering roles in mental health advocacy Bi-yearly virtual meetings for affiliates to identify any further areas of support <p>Wider society</p> <ul style="list-style-type: none"> Organised monthly Instagram lives and social media content to raise awareness about various mental health topics Collaborated with other mental health organisations to sign post members of the public to available source of support Supported Headucate society branches' university volunteers deliver mental health outreach workshops to secondary schools

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charity has moved to its first asset based model with the formation of a Finance Policy and intake of finances to our bank
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		account. At the end of the financial period, Headucate UK was in a positive financial position, with low outgoings and a net amount of £2,256.00 in our accounts.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Headucate UK holds ongoing reserves to maintain our ongoing mission and to build capital progressively for the purposes of meeting our long-term fundraising objectives. Reserves for these purposes are held in our one central account and used only in line with the Finance Policy mechanisms for Trustee approval when dispersing funds.
Amount of reserves held	Para 1.22	£2,256
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	There is no deficit.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no long term uncertainties that the Trustees are aware of. We continue to operate a resource, rather than finance-centred model of the value we provide. This means that operation of the Charity is not solely tied to the presence of cash funds.

Structure, Governance and Management

Description of charity's trusts:		We hold no Trusts.
Type of governing document (trust deed, royal charter)	Para 1.25	Governing Document / Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointment by the Board of Trustees, taken through collective vote. No one person has the power to appoint or dismiss a Trustee. At present the Board of Trustees consists of 8 Trustees: Victoria Rebecca Selwyn Charlotte Smith Rebecca Anna Howard Jake Goddard Gaia Ferro (Appointed 11/09/2023) Vinitha Soundararajan (appointed 12/07/2024) Aaron Speak (appointed 12/07/2024) Ciarran Buckley (appointed 12/07/2024) Mikaela D'Arcy-Smith (Until 21/03/2024) Siri Beck-Friis (Until 28/04/2024) Caitlyn Amey 11/09/2023 – 09/06/2024 Anna Wohlgemuth (12/7/2024 – 2/4/2025) Shaun Flores (12/07/2024 – 16/10/2024) It is preferable that all Trustees agree upon an appointment, though a vote is anonymously taken.

Reference and Administrative details

Charity name	HEADUCATE
Other name the charity uses	
Registered charity number	1197217
Charity's principal address	11 Gate Close, Borehamwood, Hertfordshire WD6 5DF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (/body) entitled to appoint trustee
1	Victoria Rebecca Selwyn			
2	Rebecca Anna Howard			
3	Mikaela D'Arcy-Smith		Until 21/03/2024	
4	Jake Goddard			
5	Charlotte Smith			
6	Siri Beck-Friis		Until 28/04/2024	
7	Gaia Ferro		From 11/09/2023	
8	Caitlyn Amey		11/09/2023 – 09/06/2024	
9	Ciarran Augustine Buckley		From 12/07/2024	
10	Aaron Speak		From 12/07/2024	
11	Dr Vinitha Soundararajan MBBS		From 12/07/2024	
12	Shaun Flores		12/07/2024 – 16/10/2024	
13	Anna Wohlgemuth		12/7/2024 – 2/4/2025	

Corporate trustees – names of the directors at the date the report was approved

Director name	Nil	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	Nil

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Victoria Rebecca Selwyn	
Position (eg Secretary, Chair, etc)	Chair	
Date	15/5/2025	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Headucate UK

Charity number:
1197217

Receipts and payments accounts

CC16a

For the period
from

Period start date
Aug-23

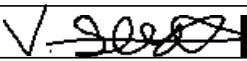
To

Period end date
Aug-24

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
JustGiving donations	72	-	-	72	-
Bank Credit interest	5	-	-	5	-
Easy Living Competitions fundraiser	275	-	-	275	-
Fair Collective donation	30	-	-	30	-
Enterprise mobility grant	2,000	-	-	2,000	-
PayPal social media fundraiser donation	10	-	-	10	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	2,392	-	-	2,392	-
A2 Asset and investment sales, (see table).					
Nil	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2,392	-	-	2,392	-
A3 Payments					
Costs of charitable activities - merch creation	136	-	-	136	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	136	-	-	136	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	136	-	-	136	-
Net of receipts/(payments)	2,256	-	-	2,256	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	2,256	-	-	2,256	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Metrobank charity account	2,256	-	-
		-	-	-
		-	-	-
	Total cash funds	2,256	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Nil	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Nil		-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Nil		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			Dr Victoria Selwyn	2/9/2025