



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From Aug 2022 To Aug 2023

Charity name: Headucate

Charity registration number: 1197217

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To support the establishing of Headucate societies at universities across the UK and assist them in their work, providing a network for university student volunteers to work in tandem as a collective for the betterment of adolescent mental health literacy and awareness.</p> <p>To support mental health awareness and education amongst the primary and secondary school student population through the provision of information sessions, smaller group sessions and flyers surrounding mental health and how to deal with stress.</p> <p>For the public benefit, to promote good mental health, in particular, but not exclusively across primary and secondary schools and other educational institutions in the UK through assisting in the provision of, or directly providing, information and education sessions on mental health and how to handle stress, peer-support networks, mental health first-aid training and other such support and advice.</p> <p>To support the organisation of recreational activities for university students, with the object of improving mental health knowledge and the wellbeing of the persons for whom the activities are primarily intended by encouraging students to take part in social and educational events and volunteering.</p> <p>To act as a resource for people involved with our organisation by providing support and assistance and organising programmes of mental health awareness workshops and other activities with the same purpose.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<ul style="list-style-type: none">▪ Use of a group chat for affiliates, including 40 representatives from affiliated groups▪ Continuing to produce and circulate monthly updates for affiliates, through a mailing list• Running virtual meetings for affiliates every 3-4 months• Designing resources to support development and success of affiliates• Collaboration with mental health societies across the UK to produce mental health awareness social media posts, and live discussions raising

		<p>awareness about pertinent topics, including campaigns ‘Headucate the Nation’ and a Mental Health awareness week anxiety series</p> <ul style="list-style-type: none"> • Received a charitable donation / grant of £2500 to from Enterprise’s Charitable Foundation • Attended the “Supporting Student Mental Health – Improving Outcomes and Achievements” conference in Manchester to present what Headucate branches are doing within Universities to educate on mental health and provide a safe space to talk about mental health.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Headucate UK trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity’s work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<ul style="list-style-type: none"> ▪ Created a mailing list for all affiliates ▪ Created a group chat for affiliates, including 40 representatives from affiliated groups ▪ Produced and circulated monthly updates for affiliates including: <ul style="list-style-type: none"> - Upcoming mental health awareness dates - Opportunities / benefits / support provided by Headucate - Signposting to potential mental health advocacy volunteering roles • Running virtual meetings for

		affiliates every 3-4 months <ul style="list-style-type: none"> • Designing resources to support development and success of affiliates including the 'Headucate the Nation' campaign for University Mental Health day reaching over 3.7k people on Instagram reels alone!
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charity has managed to open an account to conduct future business and is in the process of creating a Finance Policy.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Headucate UK do not currently hold any finances, assets or reserves. We remain resource, rather than capital, focused.
Amount of reserves held	Para 1.22	£0
Reasons for holding zero reserves	Para 1.22	We hold no finances of any kind at this moment in time. Future prioritisations when funds become raised will be towards Insurance and Reserves, when we have the correct policy, and circumstances, to do so.
Details of fund materially in deficit	Para 1.24	There is no deficit.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no financial dependencies of operating a charity such as ours at present, since we do not currently operate any finances.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
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Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		We hold no Trusts.
Type of governing document (trust deed , royal charter)	Para 1.25	Governing Document / Constitution
How is the charity constituted? (e.g. unincorporated association , CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointment by the Board of Trustees, taken through collective vote. No one person has the power to appoint or dismiss a Trustee. At present the Board of Trustees consists of 8 Trustees: Victoria Rebecca Selwyn Siri Beck-Friis Charlotte Smith Rebecca Anna Howard Mikaela D'Arcy-Smith Jake Goddard Gaia Ferro Caitlyn Amey It is preferable that all Trustees agree upon an appointment, though a vote is anonymously taken.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	

Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	HEADUCATE
Other name the charity uses	
Registered charity number	1197217
Charity's principal address	19 Edgbaston Drive, Shenley, Radlett, Hertfordshire, WD7 9HT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Victoria Rebecca Selwyn			
2	Rebecca Anna Howard			
3	Mikaela D'Arcy-Smith			
4	Jake Goddard			
5	Charlotte Smith		From 07/10/2022	
6	Siri Beck-Friis		From 07/10/2022	
7	Gaia Ferro		From 25/10/2023	
8	Caitlyn Amey		From 25/10/2023	
9				
10				
11				

Corporate trustees – names of the directors at the date the report was approved

Director name	Nil	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	Nil

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Nil
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Victoria Rebecca Selwyn	
Position (eg Secretary, Chair, etc)	Chair	
Date	6/5/2024	