

Charity Number: 1197209

Company number: 10855551

Youth Realities Limited

Trustees' report and financial statements

For the year ended 31 July 2025

Youth Realities Limited
Trustees' annual report for the year ended 31 July 2025

Reference and administration details

Charity number 1197209

Company number 10855551

Registered office and operational address

Registered office Pulse Community Flat, Flat 15 Osler Court, 9 Charcot Road, London, NW9 5XW

Trustees

Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Anthony Lewis	Chair
Roslyn Adonteng	
Neil Meyrick	
Sara Kirkpatrick	
Ana Fitzsimons	
Niki Michael	
Uma Nayer	
Nicola Silver	
Karly Amber	(resigned 1 March 2025)

Key management personnel

Halima Nessa	CEO (resigned November 2025)
Eleanor Mitchell	Interim CEO

Bankers

HSBC
PO Box 27
101-103 Station Road
Edgware
Middlesex
HA8 7JJ

Independent Examiner

Patrick Morrello ACA
Third Sector Accountancy Limited
Holyoake House
Hanover Street
Manchester
M60 0AS

Youth Realities Limited

Trustees' annual report for the year ended 31 July 2025

The trustees present their report and the unaudited financial statements for the year ended 31 July 2025. Included within the trustees' report is the directors' report as required by company law.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Statement of Chair:

At Youth Realities, our vision remains unwavering: a world where young people live free from relationship abuse and violence. Our mission continues to be the prevention and ending of abuse by working with young people to create specialist, youth-led spaces for prevention, intervention and healing.

Our approach is still firmly rooted in being youth-led and survivor-centred, ensuring that young people's voices, experiences and expertise shape every aspect of our charity. Young survivors continue to co-produce, design and influence our programmes, projects and organisational development. Our core values — youth-led, survivor-centred, safe, equitable and ambitious— remain embedded in everything we do.

Our Work in 2024- 2025

Over the past year, Youth Realities has continued to strengthen and broaden its offer as a youth-led specialist organisation addressing teenage relationship abuse. Our programmes remained wide-ranging and impactful, integrating creativity, specialist support and education. This included:

- 1:1 YP/IDVA support and advocacy for young survivors aged 11–25, living or studying in Barnet and surrounding boroughs.
- Deepin Relationships – a creative programme supporting young people to explore healthy relationships.
- Deepin Dance – using movement and expression as a tool for healing and empowerment.
- Wellbeing workshops, supporting young people's mental, emotional and relational health.
- Bespoke workshops and training for professionals, challenging attitudes around abuse and building capacity across sectors.

Our organisational aims remain central to our work: to reduce abuse, increase awareness and challenge harmful behaviours, empower young people's development, and provide trusted advocacy for those affected.

Teenage relationship abuse continues to have significant negative impacts on those affected, including both victims and those who perpetrate. There are no simple solutions, but Youth Realities remains committed to working closely with statutory partners, education providers and the voluntary sector to challenge harmful behaviours and support all young people in navigating relationships safely.

Youth Realities Limited

Trustees' annual report for the year ended 31 July 2025

Leadership and Organisational Stability

This year saw a period of change within the organisation. We appointed an Interim CEO, whose leadership has been instrumental in stabilising operations, embedding stronger internal processes and preparing Youth Realities for its next phase of growth. Their contribution has ensured continuity of high-quality service delivery while strengthening our foundations for long-term sustainability.

I am deeply grateful for the tenacity, professionalism and compassion shown by our team throughout this transition. Their commitment to going “above and beyond” for young people continues to define who we are.

Funding Landscape

Our financial health remains sound; however, we recognise the increasingly difficult funding environment across London, particularly within the domestic abuse (DA) and violence against women and girls (VAWG) sectors. Funding pots continue to shrink at a time when demand remains extremely high. This challenge is not unique to Youth Realities, but we are acutely aware of its implications and the importance of diversifying and strengthening our income streams over the coming year. Our Board of Trustees will continue to scrutinise our financial position closely.

Gratitude and Looking Ahead

As Chair, I am profoundly grateful to:

- Our dedicated staff team, who bring expertise, creativity and care to our work every day.
- Our trustees, who remain committed to robust governance and strategic leadership.
- Our funders and donors, whose support ensures that young people continue to access specialist, youth-led support when they need it most.

As we look ahead to 2026/27, we remain ambitious, hopeful and driven. Our commitment to young people — to their safety, empowerment and right to healthy, loving relationships — is stronger than ever. Youth Realities will continue to evolve, innovate and advocate, ensuring that young survivors remain at the heart of everything we do.



Chair, Youth Realities, 20/04/2025

Youth Realities Limited

Trustees' annual report for the year ended 31 July 2025

Objectives and activities

The charity's objects ('objects') are exclusively charitable and specifically restricted to the following public benefits:

1. The advancement of education, the protection and preservation of health of young people aged between 11-25 living or studying in the London Borough of Barnet in particular but not exclusively by the provision of educational and creative workshops to help young people better understand teenage relationship abuse and wider social issues.
2. To preserve and protect the good health of young people aged 11-25 living or studying in the London Borough of Barnet who have experience of relationship abuse or other forms of abuse by the provision of support and advocacy by trained professionals.
3. To act as a resource for young people aged between 11-25 living or studying in the London Borough of Barnet by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:
 - a. advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
 - b. advancing education;
 - c. relieving unemployment;
 - d. providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty, social and economic circumstances and experiences of relationship violence and abuse with a view to improving the conditions of life of such persons.

In order to achieve the above objectives, Youth Realities provides the following activities:

- Specialist one-to-one and group support for survivors of abuse and violence, inclusive of advocacy, emotional and practical development support;
- Educational activities and workshops within schools and communities;
- Creative group activities that aid wellbeing enhancement, such as fitness and arts;
- Other bespoke and necessary activities required in order to achieve the objectives of the charity.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Youth Realities Limited

Trustees' annual report for the year ended 31 July 2025

Achievements and performance

The charity's main activities and who it tries to help are described above.

Since establishment in 2017, the charity has:

- Supported young people to exit abusive environments through specialist one-to-one support;
- Engaged young people in healthy relationships education, 97% who engaged would recommend the learning and 90% learnt more about domestic abuse;
- Worked with multiple partner organisations, including local authorities, schools and VCS organisations to run creative bespoke programmes to enhance the wellbeing and safety of young people, such as two youth-led films, a music video, a podcast and research projects to better local understanding of teenage relationship abuse and violence;
- Received the London Youth Bronze Award and we are a London Living Wage employer
- Applied for multiple funding opportunities to ensure the sustainability of the organisation, exploring joint bid and further partnership work

Beneficiaries of our services

- The key beneficiaries of our service are young women and girls aged 11-25, making up 90% of beneficiaries engaged in 2025;
- Our beneficiaries, especially those engaged in the one-to-one programme, have a range of complex and adverse experiences of harm, including:
 - intimate partner, extra-familial and intra-familial violence and abuse
 - social and academic exclusion, including engagement in crime
 - care experienced
 - poverty experienced
 - substance misuse or dependency
 - experiences of social and structural oppression, including racism, misogyny and ableism resulting in personal and systemic harm, e.g lack of access to support, homelessness, imprisonment and more.
- We deliver workshops in schools to young males as part of our aim to promote healthy relationships and a better understanding of abuse to reduce unhealthy behaviours from a young age.

Youth Realities Limited

Trustees' annual report for the year ended 31 July 2025

Financial review

For the financial year ending 31 July 2025 the charity's total income was £273,021 (2024: £356,755). The total expenditure for the year was £261,696 (2024: £267,915) resulting in net income of £9,222 (2024 net income: £88,840).

Net assets are £244,875 (2024: £233,547) of which £114,649 (2024: £39,724) represents unrestricted reserves. Current assets are £268,998 (2024: £261,989) of which £258,331 (2024: £260,101) is cash in the bank

Reserves policy

It is the policy of Youth Realities to operate a 3 month operating costs reserves, for the financial year ending July 2025, this was £51,635. The charity held £114,649 in unrestricted free reserves at the end of the financial year, which is below the stated policy amount. The charity is working actively seeking unrestricted funding in order to build up the level of free reserves so as to ensure its financial stability.

Plans for the future

The charity will continue to deliver its life saving services for young people in and around the London Borough of Barnet, whilst continuing to grow and expand work to reach more young people in need. This will include structural development internally, and the diversification of income streams for increased sustainability.

Structure, governance and management

As outlined in the governing document of the charity:

To be considered for appointment as a Trustee, a person must:

- 1) be a natural person aged 16 years or older
- 2) Not be disqualified from acting under the provisions of article 22
- 3) The minimum number of directors shall be 3 (unless otherwise determined by ordinary resolution) but shall not be subject to any maximum
- 4) The first directors shall be those persons notified to Companies House as the first directors of the charity.
- 5) A director may not appoint an alternate director or anyone to act on their behalf at meetings of the directors.

Appointment of directors

- 1) The charity may appoint a person who is willing to act to be a director; and
- 2) Determine the rotation in which any additional directors are to retire

Directors are appointed through a fair and thorough process, which is inclusive of:

- a) A multi-stage interview process with the Chief Executive of the charity, the chair of directors and where relevant, beneficiaries of the charity
- b) In the case the role for chair of directors is being appointed, the vice-chair or interim-chair of directors will conduct the interview, alongside the Chief Executive or relevant representative.

Youth Realities Limited

Trustees' annual report for the year ended 31 July 2025

No person other than a director retiring by rotation may be appointed a director at any general meeting unless:

- a) They are recommended for re-election by the directors; or
- b) Not less than fourteen nor more than thirty-five clear days before the date of the meeting, the charity is given a notice that:
 - i) Is signed by a member entitled to vote at the meeting;
 - ii) States the members intention to propose the appointment of a person as a director;
 - iii) Contains the details that, if the person were to be appointed, the charity would have to file at Companies House; and
 - iv) is signed by the person who is to be proposed to show their willingness to be appointed.

Retirement of directors

- 1) The directors are to retire in rotation based on those who have been longest in office since their last appointment
 - a) directors serve terms of up to ten years;
 - b) directors serve a six month probationary period upon appointment;
 - c) directors serve a term of two years before re-election.

The organisation is a charitable company and registered as a charity on 20 December 2021.

The charity was established under a constitution which established the objects and powers of the charity and is governed by its rules.

Members of the charity have no liability to contribute to the assets of the charity and no personal liability for settling its debts and liabilities in the event of winding up. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 9 to the accounts.

Related parties and relationships with other organisations

For the financial year ending July 2025, the charity was not operating within any formal partnerships or consortiums.

Remuneration policy for key management personnel

Remuneration for management is agreed by trustees, the charity does not operate within the boundaries of any specific payment policies.

Risk management

The trustees work closely with the CEO to identify, monitor and mitigate all risks to the charity, through robust risk register and assessment frameworks that are updated quarterly and as when required.

Youth Realities Limited

Trustees' annual report for the year ended 31 July 2025

Statement of responsibilities of the trustees

The trustees (who are also directors of the charity for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable group and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees' annual report has been approved by the trustees on 22 / 05 / 2026 and signed on their behalf by

Tony Lewis



Chair, Youth Realities

Independent examiner's report to the trustees of Youth Realities Limited

I report on the accounts of the charity for the year ended 31 July 2025 set out on pages 9 to 21.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the ICAEW.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement – matter of concern identified

I have completed my examination. I have identified a matter of concern in my report because the charity did not adequately track expenditure against restricted funds. This has necessitated a material transfer out of restricted funds totalling £72,983; no analysis of this is available. In addition, the former CEO failed to keep receipts for expenditure and the total of unreceipted expenditure is £4,408.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, I confirm that no other matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Patrick Morrello ACA
Third Sector Accountancy Limited
Holyoake House
Hanover Street
Manchester
M60 0AS

Date: 22 / 05 / 2026

Youth Realities Limited

Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 July 2025

	Note	Unrestricted funds £	Restricted funds £	Total funds 2025 £	Unrestricted funds £	Restricted funds £	Total funds 2024 £
Income from:							
Donations and legacies	3	28,062	244,802	272,864	33,683	322,807	356,490
Charitable activities	4	104	-	104	142	-	142
Investments	5	53	-	53	123	-	123
Total income		28,219	244,802	273,021	33,948	322,807	356,755
Expenditure on:							
Raising funds	5	21,450	-	21,450	9,240	-	9,240
Charitable activities	6	4,827	235,419	240,246	15,486	243,189	258,675
Total expenditure		26,277	235,419	261,696	24,726	243,189	267,915
Net income/(expenditure) for the year	7	1,942	9,383	11,325	9,222	79,618	88,840
Transfer between funds		72,983	(72,983)	-	(310)	310	-
Net movement in funds for the year		74,925	(63,600)	11,325	8,912	79,928	88,840
Reconciliation of funds							
Total funds brought forward		39,724	193,823	233,547	30,812	113,895	144,707
Total funds carried forward		114,649	130,223	244,872	39,724	193,823	233,547

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

Youth Realities Limited
Company number 10855551

Balance sheet as at 31 July 2025

	Note	2025	2024
		£	£
Fixed assets			
Tangible assets	12	802	-
Current assets			
Debtors	13	10,667	1,888
Cash at bank and in hand		258,331	260,101
Total current assets		268,998	261,989
Liabilities			
Creditors: amounts falling due in less than one year	14	(24,928)	(28,442)
Net current assets		244,070	233,547
Total assets less current liabilities		244,872	233,547
Net assets		244,872	233,547
The funds of the charity:			
Restricted income funds	15	130,223	193,823
Unrestricted income funds	17	114,649	39,724
Total charity funds		244,872	233,547

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 11 to 21 form part of these accounts.

Approved by the trustees on 22 / 05 / 2026 and signed on their behalf by:



Tony Lewis, Chair

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Youth Realities Limited meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £ sterling.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

Notes to the accounts for the year ended 31 July 2025 (continued)

d Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

Transfers totalling £73K have been made from restricted funds during the year. These funds have been allocated to Core/Programme costs and have been made in accordance with the funds terms and conditions following conversations with the grants and trusts.

e Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise the costs of applying for grants and requesting donations.
- Expenditure on charitable activities includes the costs of youth activities undertaken to further the purposes of the charity.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

f Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

g Tangible fixed assets

Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Office equipment	25%
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h Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

i Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Notes to the accounts for the year ended 31 July 2025 (continued)

j Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

k Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

l Pensions

Employees of the charity are entitled to join a defined contribution scheme. The charity's contribution is restricted to the contributions disclosed in note 8. There were no outstanding contributions at the year end.

2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

Notes to the accounts for the year ended 31 July 2025 (continued)

3 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2025 £	Unrestricted £	Restricted £	Total 2024 £
Donations	2,062	-	2,062	2,983	-	2,983
Grants	26,000	244,802	270,802	30,700	322,807	353,507
Total	28,062	244,802	272,864	33,683	322,807	356,490

4 Income from charitable activities

	Unrestricted £	Restricted £	Total 2025 £	Unrestricted £	Restricted £	Total 2024 £
Workshops and training income	104	-	104	142	-	142

5 Investment income

	Unrestricted £	Restricted £	Total 2025 £	Unrestricted £	Restricted £	Total 2024 £
Interest on bank deposits	53	-	53	123	-	123

Youth Realities Limited

Notes to the accounts for the year ended 31 July 2025 (continued)

5 Cost of raising funds

	2025 £	2024 £
Staff costs	21,450	9,240
	<u><u> </u></u>	<u><u> </u></u>

6 Analysis of expenditure on charitable activities

	2025 £	2024 £
Staff costs, sessional and expenses	153,580	206,487
Project costs	23,634	23,091
Office costs	12,952	12,223
Professional and consulting	43,247	10,027
Other costs	6,833	6,847
	<u> </u>	<u> </u>
	240,246	258,675
	<u><u> </u></u>	<u><u> </u></u>
Unrestricted expenditure	4,827	15,486
Restricted expenditure	235,419	243,189
	<u> </u>	<u> </u>
	240,246	258,675
	<u><u> </u></u>	<u><u> </u></u>

7 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2025 £	2024 £
Operating lease rentals:		
Property	10,485	9,600
Independent examiner's fee	415	415
Independent examiner's fee - other services	1,665	1,665
	<u><u> </u></u>	<u><u> </u></u>

8 Staff costs

Staff costs during the year were as follows:	2025 £	2024 £
Wages and salaries	156,877	187,851
Social security costs	9,180	17,383
Pension costs	2,579	3,082
	<u> </u>	<u> </u>
	168,636	208,316
	<u><u> </u></u>	<u><u> </u></u>

Notes to the accounts for the year ended 31 July 2025 (continued)

No employees has employee benefits in excess of £60,000 (2024: Nil).

The average number of staff employed during the period was 5.6 (2024: 7).

The key management personnel of the charity comprise the trustees and the Chief Executive Officer. The total employee benefits of the key management personnel of the charity were £67,223.45.

9 Trustee remuneration and expenses, and related party transactions

Neither the management committee nor any persons connected with them received any remuneration or reimbursed expenses during the year (2024: Nil).

None of the trustees received any expenses during the year.

Aggregate donations from related parties were £Nil.

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2024: nil).

10 Government grants

The government grants recognised in the accounts were as follows:

	2025 £	2024 £
The National Lottery	78,923	79,053
	<hr/>	<hr/>
	78,923	79,053
	<hr/> <hr/>	<hr/> <hr/>

11 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

Youth Realities Limited

Notes to the accounts for the year ended 31 July 2025 (continued)

12 Fixed assets: tangible assets

	Office equipment £
Cost	
At 1 August 2024	998
Additions	1,069
	<hr/>
At 31 July 2025	2,067
	<hr/> <hr/>
Depreciation	
At 1 August 2024	998
Charge for the year	267
	<hr/>
At 31 July 2025	1,265
	<hr/> <hr/>
Net book value	
At 31 July 2025	802
	<hr/> <hr/>
At 31 July 2024	-
	<hr/> <hr/>

13 Debtors

	2025 £	2024 £
Accrued income	8,459	-
Prepayments	2,208	1,888
	<hr/>	<hr/>
	10,667	1,888
	<hr/> <hr/>	<hr/> <hr/>

14 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	11,584	5,228
Accruals	2,496	2,496
Net pay owed to staff	6,653	13,599
Taxation and social security costs	4,195	7,119
	<hr/>	<hr/>
	24,928	28,442
	<hr/> <hr/>	<hr/> <hr/>

Notes to the accounts for the year ended 31 July 2025 (continued)

15 Analysis of movements in restricted funds

	Balance at 1 August 2024 £	Income £	Expenditure £	Transfers £	Balance at 31 July 2025 £
Awaeds4All- Supervisio	-	19,957	-	(6,253)	13,704
Awards4All	2,972	20,000	(20,864)	(2,108)	-
National Lottery					
Reaching Communities					
- Art Against Knives	17,039	5,000	(24,301)	2,262	-
The National Lottery-					
Reaching Communities	21,944	53,923	(71,895)	(3,972)	-
Badur Foundation	-	12,660	(11,035)	(1,625)	-
Children in Need	11,983	-	-	(6,725)	5,258
Young Barnet - Creativ	-	2,700	-	3,092	5,792
Berkeley Foundation	23,584	-	(1,533)	(22,051)	-
City Bridge Trust	30,996	-	(19,159)	(11,837)	-
Henry Smith Charity	9,493	51,350	(26,305)	-	34,538
John Lyon Charity	1,574	-	-	(1,574)	-
Peabody Fund	1,692	-	(395)	-	1,297
Propel Fund	33,814	59,212	(30,221)	-	62,805
Evening Standard	18,732	-	(11,903)	-	6,829
Youth Futures	20,000	20,000	(17,808)	(22,192)	-
Total	193,823	244,802	(235,419)	(72,983)	130,223

Notes to the accounts for the year ended 31 July 2025 (continued)

16 Analysis of movements in restricted funds (continued)
Comparative period

	<i>Balance at 1 August 2023 as restated</i>	<i>Income</i>	<i>Expenditure</i>	<i>Transfers</i>	<i>Balance at 31 July 2024</i>
	£	£	£	£	£
Awards4All	1,501	9,070	(7,599)		2,972
The National Lottery- Reaching Communities	27,456	52,944	(58,456)		21,944
<i>National Lottery - Art</i>					
<i>Against Knives</i>		17,039			17,039
<i>Children in Need</i>		30,905	(18,922)		11,983
<i>Badur Foundation</i>	7,271	3,000	(10,581)	310	-
<i>Active Londoners</i>	7,449		(7,449)		-
<i>Berkeley Foundation</i>	12,698	15,086	(4,200)		23,584
<i>City Bridge Trust</i>	11,552	40,560	(21,116)		30,996
<i>Henry Smith Charity</i>	4,172	47,800	(42,479)		9,493
<i>John Lyon Charity</i>	3,208		(1,634)		1,574
<i>Peabody Fund</i>	3,314		(1,622)		1,692
<i>Propel Fund</i>	35,274	67,671	(69,131)		33,814
<i>Evening Standard Fund</i>		18,732			18,732
<i>Youth Futures</i>		20,000			20,000
<i>Total</i>	<i>113,895</i>	<i>322,807</i>	<i>(243,189)</i>	<i>310</i>	<i>193,823</i>

Notes to the accounts for the year ended 31 July 2025 (continued)

Name of
restricted fund
Description, nature and purposes of the fund

The National Lottery: Year one of three year partnership to deliver specialist, creative support to Reaching Communities young women

- Art Against Knives

Children in Need Funds towards salary costs for a specialist young person's domestic abuse worker

Awards4All Supervision A years funding towards Clinical Supervision

The National Lottery- Reaching Communities Funds to grow the YPVA team and develop longer term relationships with sponsors

Badur Foundation Funds towards salary costs for a Creative Support Worker and office supplies

Active Londoners Funds to run young women's dance programme

Berkeley Foundation Funds towards recruitment of a fundraising consultant

City Bridge Trust Funds for a full time supprt worker, activities for service users and overheads

Henry Smith Charity Funds for a project supporting up to 60 women who have experienced abuse

John Lyons Charity Contribution towards the 1:1 Abuse and Violence Support Program

Evening Standard

Fund Funding to deliver workshops in schools on healthy relationships to Yr 9 pupils

Youth Futures Funding towards the Head of Programme salary to increase management capacity within the organisation

Peabody Fund Contribution towards an upgrade of the website and relationship abuse guide

Propel Fund Providing quality mentoring for disadvantaged young Londoners

Transfers from restricted funds

Transfers totalling £72,983 have been made from restricted funds during the year. These funds have been allocated to Core / Programme Costs and have been made in accordance with the Funds' terms and conditions following conversations with the grants and trusts.

17 Analysis of movement in unrestricted funds

	Balance at 1 August 2024 £	Income £	Expenditure £	Transfers £	As at 31 July 2025 £
General fund	39,724	28,219	(26,277)	72,983	114,649

Comparative period

	Balance at 1 August 2023 £	Income £	Expenditure £	Transfers £	As at 31 July 2024 £
General fund	30,812	33,948	(24,726)	(310)	39,724

Name of
unrestricted fund
Description, nature and purposes of the fund

General fund The free reserves after allowing for all designated funds

Youth Realities Limited

Notes to the accounts for the year ended 31 July 2025 (continued)

18 Analysis of net assets between funds

	General fund £	Designated funds £	Restricted funds £	Total 2025 £
Tangible fixed assets	802	-	-	802
Net current assets/(liabilities)	113,847	-	130,223	244,070
Total	114,649	-	130,223	244,872

Comparative period

	General fund £	Designated funds £	Restricted funds £	Total 2024 £
Net current assets/(liabilities)	44,988	(5,264)	193,823	233,547
Total	44,988	(5,264)	193,823	233,547

19 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods:

	Property	
	2025 £	2024 £
Less than one year	2,880	2,400
	2,880	2,400