

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

England & Wales · Charity number 1197208

Details

Status Registered

Legal form CIO

Registered 2021-12-20

Register [View on the Charity Commission register](#)

Contact

Address 4 Swallowfields
Carlton Colville
Lowestoft
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NR33 8TP

Phone 07731400020

Email lowestoftandwaveney@hotmail.com

Website <https://www.lowestoftandwaveneybreastfeeding.co.uk/>

Activities

Objects: 1.FOR THE PUBLIC BENEFIT, THE ADVANCEMENT OF HEALTH OF THOSE FAMILIES WHO WISH TO BREASTFEED/CHESTFEED OR PROVIDE BREASTMILK TO THEIR BABIES IN NORFOLK AND SUFFOLK. IN PARTICULAR (BUT NOT EXCLUSIVELY) BY SUPPORTING BOTH THE EMOTIONAL AND PRACTICAL NEEDS OF THESE FAMILIES BY PROVISION OF SUPPORT CAFES WHERE FAMILIES CAN ACCESS TRAINED BREASTFEEDING SUPPORT VIA PEER SUPPORTERS, BREASTFEEDING COUNSELLORS AND/OR INTERNATIONAL BOARD CERTIFIED LACTATION CONSULTANTS (IBCLC), AND BY THE PROVISION OF IBCLC HOME VISITS FOR FAMILIES WITH COMPLEX BREASTFEEDING CONCERNS OR WHO ARE UNABLE TO ACCESS A BREASTFEEDING CAFE. 2.FOR THE PUBLIC BENEFIT, THE ADVANCEMENT OF EDUCATION INCLUDING IN PARTICULAR (BUT NOT EXCLUSIVELY) BY PROVISION OF TRAINING TO VOLUNTEERS AND HEALTH CARE PRACTITIONERS TO EXPAND THEIR SKILLS AND KNOWLEDGE IN SUPPORTING SUCCESSFUL BREASTFEEDING.

Activities: LWBS provide families in Norfolk and Suffolk with trained support to reach their breastfeeding goals via volunteer-run breastfeeding cafes, IBCLC home visits and breastpump hire. Support with Perinatal Mental Health and baby wearing is also available. We provide education and training to volunteers, families and HCPs. We work to build links with the NHS and other third-sector organisations.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups, The General Public/mankind

Geography

- Norfolk
- Suffolk

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£62,378	£61,816	-	-
2024-04-05	£50,437	£38,642	-	-
2023-04-05	£59,201	£51,378	-	-

Trustees

Name	Role	Appointed
Elizabeth Mary Lister Fleischer		2021-12-20
Emily Jane Cole		2022-06-21
Hannah Victoria Barker		2021-12-20
Jemma Margaret Percy		2024-06-17
Samantha Jayne Sale		2022-06-21
Tanya Elizabeth Slater		2024-06-27
Victoria Louise Bellward		2021-12-20
Vivien Frances Crane		2022-06-21

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

England & Wales - Charity number 1197208

Accounts

**LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2025**



Lowestoft and Waveney Breastfeeding Support Contents

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Lowestoft and Waveney Breastfeeding Support Trustees' Report For The Year Ended 5 April 2025

The trustees present their report and the financial statements for the year ended 5 April 2025.

Objectives and Activities

Aims and Objectives

Structure, Governance and Management

Lowestoft and Waveney Breastfeeding Support is a Charitable Incorporated Organisation (CIO). The charity was registered with the Charity Commission on 21 December 2022. The charity's only voting members are its Trustees. Trustees are recruited and appointed by the existing Board of Trustees, and no external individual or organisation has the authority to appoint Trustees. Trustees receive appropriate induction and ongoing support to enable them to fulfil their responsibilities effectively.

During the year, governance was strengthened through the appointment of new Trustees, including a Treasurer with a professional background in finance and payroll, and a Trustee with responsibility for compliance and governance. Further skills needs, including HR expertise, have been identified and will be addressed as the charity develops.

Trustees meet at least twice per year, and in practice usually meet every three to four months, to review the financial and operational position of the charity and to set and review its strategic direction.

Public Benefit

The objects of the charity are:

- For the public benefit, the advancement of health for families who wish to breastfeed, chestfeed, or provide breastmilk to their babies in Norfolk and Suffolk. This is achieved in particular (but not exclusively) through the provision of breastfeeding support cafés, offering emotional and practical support from trained peer supporters, Breastfeeding Counsellors and/or International Board Certified Lactation Consultants (IBCLCs). The charity also provides IBCLC home visits for families with complex breastfeeding concerns or for those unable to access a breastfeeding café.
- For the public benefit, the advancement of education, including in particular (but not exclusively) the provision of training to volunteers and healthcare practitioners to expand skills and knowledge in supporting successful breastfeeding.

The Trustees confirm that they have referred to the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and in planning its activities.

The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

Achievements and Performance

Main Achievements

During this reporting period, the charity marked five years of delivering breastfeeding support to families across the Waveney area. This milestone was celebrated in February 2025 with an event for families and volunteers to recognise the impact of the charity's work and the commitment of its volunteers. The anniversary celebrations included a month-long "Move for LWBS" challenge and a sponsored toddle, raising just over £450 for the charity. As part of the event, volunteers were presented with service awards recognising their years of contribution. The Trustees intend to continue this annual recognition in future years in response to the positive feedback received.

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**Lowestoft and Waveney Breastfeeding Support
Trustees' Report (continued)
For The Year Ended 5 April 2025**

Main Achievements - continued

The IBCLC team continue to deliver the home visit service. Access to this service has become more evenly split between Norfolk and Suffolk, having previously been accessed considerably more by Suffolk families. The charity runs five weekly cafes, a sixth group has changed to a monthly drop-in whilst other drop-in services have been added including running alongside Baby Basics at Bungay Community Support, working with Norfolk Home-Start to deliver sessions in their Baby Peep Group and a Neurodiverse Parent Group.

The charity was awarded an Apollo Grant to improve breastfeeding education for healthcare professionals and those entering healthcare roles across Norfolk and Suffolk. This funding enabled the development by the IBCLC team of a comprehensive online training programme, launched in September 2024, which was well received across the area.

LWBS delivered the Suffolk Household Support Fund for the third time, distributing £10,000 in hardship funding to families in need, alongside an additional £4,000 in fuel support. The charity was selected as one of the beneficiary organisations of the Lowestoft Christmas Day Swim. The charity also hosted the most easterly Big Latch On, an international event celebrating breastfeeding and bringing families together in a shared global initiative.

The babywearing service continued to develop during the year, delivering pop-up sessions at local baby groups. The charity also attended the Association of Breastfeeding Mothers Conference as an exhibitor, raising awareness of services and strengthening sector connections.

Future Plans

The charity plans to continue delivering breastfeeding cafes, IBCLC home visits, babywearing support, and volunteer and professional education. The Trustees have agreed to work towards achieving the Community Action Suffolk Plus Award and the SAFER Safeguarding Award, to strengthen governance, safeguarding practice, and quality assurance. The Trustees are also exploring whether the charity meets the criteria to work towards the Parent and Toddler Group Quality Award, recognising this as a potential next step in embedding high-quality, consistent provision within the community. The operational work to progress these awards is being led by the Chief Executive Officer, under the oversight of the Trustees. The charity is working towards offering antenatal education and fully funding the CEO role. The charity will continue to build partnerships across Norfolk and Suffolk to ensure services remain accessible, responsive, and aligned with local need.

Financial Review

Financial Position

2023-2024 tax year saw us bring in an income of £50,437.00. The vast majority of our income comes from grants (£47,687.00) with donations remaining a key part of our income (£2,750). There has been an increase in demand on the charity with a bigger pool of volunteers alongside more groups meaning we have seen an increase in the need for the IBCLC service. The Trustees are focusing on building our grant potential and income to enable us to continue to offer this higher level of activity and our impact to be sustainable in the long term. Our reserves policy is low to hold £1,000 as our community groups run at an extremely low cost to the charity and this would enable us to offer those without the IBCLC home visit service. We will aim to hold 6-9 months of average expenditure in the longer term which we aim to meet in approximately the next 1-2 years.

**Lowestoft and Waveney Breastfeeding Support
Trustees' Report (continued)
For The Year Ended 5 April 2025**

Reference and Administrative Details

Trustees

Mrs J M Percy - Treasurer (appointed 17/06/2024)

Ms T E Slater (appointed 27/06/2024)

Ms S J Sale

Ms V F Crane

Ms E J Cole

Ms V L Bellward

Ms E M Fleischer

Ms H V Barker

Charity Number

1197208

Principal Address

4 Swallowfields

Carlton Colville

Lowestoft

Suffolk

NR33 8TP

Independent Examiner

J van Dijk

Van Dijk Accountants

11 Trinity Street

Bungay

Suffolk

NR35 1EH

**Lowestoft and Waveney Breastfeeding Support
Trustees' Report (continued)
For The Year Ended 5 April 2025**

The trustees' report was approved by the board of trustees and signed on its behalf by:



Ms E M Fleischer

Trustee
02/01/2026

Lowestoft and Waveney Breastfeeding Support
Independent Examiner's Report to the Trustees of Lowestoft and Waveney Breastfeeding Support
For The Year Ended 5 April 2025

I report to the trustees on my examination of the accounts of Lowestoft and Waveney Breastfeeding Support (the Trust) for the year ended 5 April 2025.

Responsibilities and Basis of Report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and contents of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

J van Dijk
12/12/2025
11 Trinity Street
Bungay
Suffolk
NR35 1EH

**Lowestoft and Waveney Breastfeeding Support
Statement of Financial Activities
For The Year Ended 5 April 2025**

		Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM:					
Donations and legacies	3	3,205	58,953	62,158	50,127
Charitable activities:					
Charitable activities		220	-	220	310
		<u>3,425</u>	<u>58,953</u>	<u>62,378</u>	<u>50,437</u>
EXPENDITURE ON:					
Raising funds	5	-	(696)	(696)	(970)
Charitable activities:	5				
Charitable activities		(7,912)	(53,208)	(61,120)	(37,672)
		<u>(7,912)</u>	<u>(53,904)</u>	<u>(61,816)</u>	<u>(38,642)</u>
NET INCOME		<u>(4,487)</u>	5,049	562	11,795
NET MOVEMENT IN FUNDS		<u>(4,487)</u>	5,049	562	11,795
RECONCILIATION OF FUNDS:					
Total funds brought forward		10,744	16,970	27,714	15,919
TOTAL FUNDS CARRIED FORWARD	14	<u><u>6,257</u></u>	<u><u>22,019</u></u>	<u><u>28,276</u></u>	<u><u>27,714</u></u>

The notes on pages 9 to 14 form part of these financial statements.

**Lowestoft and Waveney Breastfeeding Support
Comparative Statement of Financial Activities
For The Year Ended 5 April 2025**

		Unrestricted funds	Restricted funds	2024 Total funds
	Notes	£	£	£
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	3	2,440	47,687	50,127
Charitable activities:				
Charitable activities		310	-	310
		<u>2,750</u>	<u>47,687</u>	<u>50,437</u>
EXPENDITURE ON:				
Raising funds	5	(971)	1	(970)
Charitable activities:	5			
Charitable activities		(5,331)	(32,341)	(37,672)
		<u>(6,302)</u>	<u>(32,340)</u>	<u>(38,642)</u>
NET INCOME		(3,552)	15,347	11,795
NET MOVEMENT IN FUNDS		(3,552)	15,347	11,795
RECONCILIATION OF FUNDS:				
Total funds brought forward		14,296	1,623	15,919
TOTAL FUNDS CARRIED FORWARD	14	<u><u>10,744</u></u>	<u><u>16,970</u></u>	<u><u>27,714</u></u>

The notes on pages 9 to 14 form part of these financial statements.

**Lowestoft and Waveney Breastfeeding Support
Statement of Financial Position
As At 5 April 2025**

		Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	Notes	£	£	£	£
FIXED ASSETS					
Tangible Assets	10	5,526	-	5,526	804
		5,526	-	5,526	804
CURRENT ASSETS					
Debtors	11	-	247	247	392
Cash at bank and in hand		1,691	23,037	24,728	28,679
		1,691	23,284	24,975	29,071
Creditors: Amounts Falling Due Within One Year	12	(960)	(1,265)	(2,225)	(2,161)
NET CURRENT ASSETS (LIABILITIES)		731	22,019	22,750	26,910
TOTAL ASSETS LESS CURRENT LIABILITIES		6,257	22,019	28,276	27,714
NET ASSETS		6,257	22,019	28,276	27,714
FUNDS OF THE CHARITY					
Restricted Funds				22,019	16,970
Unrestricted Funds				6,257	10,744
TOTAL FUNDS	14			28,276	27,714

On behalf of the board



Ms E M Fleischer

Trustee
02/01/2026

The notes on pages 9 to 14 form part of these financial statements.

Lowestoft and Waveney Breastfeeding Support
Notes to the Financial Statements
For The Year Ended 5 April 2025

1. General Information

Lowestoft and Waveney Breastfeeding Support is a charitable incorporated organisation registered with the Charity Commission, registered charity number 1197208. The principal address is 4 Swallowfields, Carlton Colville, Lowestoft, Suffolk, NR33 8TP.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities Act 2011.

The charity is a Public Benefit Entity as defined by FRS 102.

2.2. Incoming Resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

2.3. Resources Expended

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

2.4. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	15% reducing balance
Computer Equipment	15% reducing balance

**Lowestoft and Waveney Breastfeeding Support
Notes to the Financial Statements (continued)
For The Year Ended 5 April 2025**

2.5. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3. Income from Donations and Legacies

	Unrestricted funds	Restricted funds	2025 Total funds
	£	£	£
Donations and gifts	3,205	-	3,205
Grants	-	58,953	58,953
	<u>3,205</u>	<u>58,953</u>	<u>62,158</u>
			2024
	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Donations and gifts	2,440	-	2,440
Grants	-	47,687	47,687
	<u>2,440</u>	<u>47,687</u>	<u>50,127</u>

4. Net Income/(Expenditure)

The net income is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation of tangible fixed assets - owned	578	628

5. Analysis of Expenditure

	Activities undertaken directly	Support costs (see note 6)	2025 Total
	£	£	£
Raising funds	696	-	696
Charitable activities	54,194	6,926	61,120
	<u>54,890</u>	<u>6,926</u>	<u>61,816</u>

**Lowestoft and Waveney Breastfeeding Support
Notes to the Financial Statements (continued)
For The Year Ended 5 April 2025**

		2024
	Activities undertaken directly	Support costs (see note 6)
	£	£
Raising funds	970	-
Charitable activities	35,878	1,794
	36,848	1,794
	36,848	1,794
		Total
		£
		970
		37,672
		38,642

6. Support Costs

	2025
	Charitable activities
	£
General administration	6,926
	6,926

	2024
	Charitable activities
	£
General administration	1,794
	1,794

7. Independent Examiner's Remuneration

	2025	2024
	£	£
Independent examination of the financial statements	960	1,400
Other assurance services	-	-
Tax advisory services	-	-
Other financial services	-	-
	960	1,400
	960	1,400

8. Staff Costs

Staff costs were as follows:

	2025	2024
	£	£
Wages and salaries	28,298	10,658
	28,298	10,658

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

Lowestoft and Waveney Breastfeeding Support
Notes to the Financial Statements (continued)
For The Year Ended 5 April 2025

9. Average Number of Employees

Average number of employees during the year was: 3 (2024: 3)

10. Tangible Assets

	Fixtures & Fittings	Computer Equipment	Total
	£	£	£
Cost			
As at 6 April 2024	1,680	507	2,187
Additions	5,300	-	5,300
As at 5 April 2025	<u>6,980</u>	<u>507</u>	<u>7,487</u>
Depreciation			
As at 6 April 2024	1,284	99	1,383
Provided during the period	517	61	578
As at 5 April 2025	<u>1,801</u>	<u>160</u>	<u>1,961</u>
Net Book Value			
As at 5 April 2025	<u>5,179</u>	<u>347</u>	<u>5,526</u>
As at 6 April 2024	<u>396</u>	<u>408</u>	<u>804</u>

11. Debtors

	2025	2024
	£	£
Due within one year		
Other debtors	<u>247</u>	<u>392</u>

12. Creditors: Amounts Falling Due Within One Year

	2025	2024
	£	£
Taxation and social security	1,131	721
Accruals and deferred income	1,094	1,440
	<u>2,225</u>	<u>2,161</u>

Lowestoft and Waveney Breastfeeding Support
Notes to the Financial Statements (continued)
For The Year Ended 5 April 2025

13. Deferred Income

Deferred income movements in the year were as follows:

	2025	2024
	£	£
Balance at the start of the period	-	-
Income deferred in the current period	135	-
Balance at the end of the period	<u>135</u>	<u>-</u>

14. Movement in Funds

	As at 6 April 2024	Income	Expenditure	As at 5 April 2025
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	10,744	3,425	(7,912)	6,257
Restricted funds				
General restricted fund	16,970	58,953	(53,904)	22,019
Total funds	<u>27,714</u>	<u>62,378</u>	<u>(61,816)</u>	<u>28,276</u>

	As at 6 April 2023	Income	Expenditure	As at 5 April 2024
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	14,296	2,750	(6,302)	10,744
Restricted funds				
General restricted fund	1,623	47,687	(32,340)	16,970
Total funds	<u>15,919</u>	<u>50,437</u>	<u>(38,642)</u>	<u>27,714</u>

15. Transactions with Trustees

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.

No trustee expenses have been incurred.

**Lowestoft and Waveney Breastfeeding Support
Notes to the Financial Statements (continued)
For The Year Ended 5 April 2025**

16. Related Party Disclosures

There were no disclosable related party transactions during the year (2024 - none).

**Lowestoft and Waveney Breastfeeding Support
Detailed Statement of Financial Activities
For The Year Ended 5 April 2025**

	2025	2024
	Total funds	Total funds
	£	£
INCOME AND ENDOWMENTS FROM:		
Donations and legacies		
Donations and gifts	3,205	2,440
Grants	58,953	47,687
	62,158	50,127
Charitable Activities:		
Charitable activities		
Income from charitable activities	220	310
	220	310
	62,378	50,437
EXPENDITURE ON:		
Raising funds		
Other fundraising costs	-	(832)
Advertising, marketing, direct mail and publicity	(696)	(138)
	(696)	(970)
Charitable Activities:		
Charitable activities		
Breastfeeding support materials	(1,109)	(2,857)
Cost of Living Support Payments	(13,865)	(9,975)
Home Visit Support Costs	(3,362)	(9,164)
Charity Insurance	(134)	(379)
Clothing	(340)	(119)
Training Costs	(2,181)	(1,430)
Telephone and Internet	(533)	(618)
Sundry expense	(3,794)	(50)
Staff Costs	(28,298)	(10,658)
Depreciation	(578)	(628)
Independent examiner's fees	(960)	(1,400)
Bookkeeping fees	(966)	(394)
Charitable donations	(5,000)	-
	(61,120)	(37,672)
	(61,816)	(38,642)
NET INCOME	562	11,795

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

England & Wales - Charity number 1197208

Accounts

Charity registration number 1197208

**LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2024**

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Ms S J Sale
Ms V F Crane
Ms E J Cole
Mrs V L Bellward
Mrs E M L Fleischer
Mrs H V Barker
Ms J M Percy (Appointed 17 June 2024)
Ms T E Slater (Appointed 27 June 2024)

Charity number 1197208

Principal address

4 Swallowfields
Carlton Colville
Lowestoft
NR33 8TP

Independent examiner

Frances Kay ACCA
Farnell Clarke Limited
Evolution House, Icen Court
Delft Way
Norwich
Norfolk
NR6 6BB

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

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Trustees annual report 2023-2024

The Trustees are pleased to present their annual report and the financial statements of the charity for the financial period 6th April 2023 to 5th April 2024.

Structure, Governance and Management

Lowestoft and Waveney Breastfeeding Support is a Charitable Incorporated Organisation (CIO) whose only voting members are its Trustees. The Charity Registered with the Charity Commission on 21 December 2022. Trustees are recruited and trained by the existing Trustees and no other person or organisation has the authority to appoint Trustees to the board. Trustees meet not less than twice per year in practice usually meeting every 3-4 months, to review the financial and operation state of the charity, and to set the strategic direction of the charity.

Objectives and activities

The objects of the charity are:

- for the public benefit, the advancement of health and those families who wish to breastfeed/chestfeed or provide breastmilk to their babies in Norfolk and Suffolk. In particular (but not exclusively) by supporting both the emotional and practical needs of these families by provision of support cafes where families can access trained breastfeeding support via peer supporters, Breastfeeding Counsellors and/or International Board Lactation Consultants (IBCLC), and by the provision of IBCLC home visits for families with complex breastfeeding concerns or who are unable to access a breastfeeding cafe.
- For the public benefit, the advancement of education, including in particular (but not exclusively) by provision of training to volunteers and health care practitioners, to expand their skills and knowledge in supporting successful breastfeeding.

Lowestoft and Waveney Breastfeeding support was set up as a charity in response to a lack of breastfeeding support for families across the Waveney area of Norfolk and Suffolk. It developed from a community group of the same name, which was set up in January 2020 to enable families to access high level breastfeeding support via facebook support and in a face to face group. Following Covid and the success of our online offering alongside one to one service, initially online then face to face inline with local covid regulations. These one to one sessions were run by highly qualified volunteers who both qualified as International Board Certified Lactation Consultants in December 2020 and June 2021. Following this success and the move to having access to two International Board Certified Lactation Consultants (IBCLC), Kaya Thorpe, founder and chair suggested the expansion to offering the home visit service for families in need of support with complex infant feeding support. Inline with this option more groups were launched to cover more parts of the area.

The Trustees confirm that they have referred to the Charity Commissions' guidance on Public Benefit when reviewing the charity's aims and objectives and in planning further activities.

Achievements and Performance

This period saw the move from self employed International Board Certified Lactation Consultants to the charity holding an employed model with 3 part time staff members – Chief Executive Officer on 8 hours per week, Clinical Director and Wellbeing Manager on 6 hours per week.

This meant a significant change in the funding model of the charity with a 4 year grant from National Lottery Reaching Communities. The charity again administered the Suffolk Household Support Fund for January 2024, administering £10,000 across the area to families in need. Six breastfeeding cafes were sustained across the year with venue changes across Norfolk. The development of the charity focused heavily on the infrastructure and model needed to sustain the employment model. The volunteer education strand was sustained and remained successful across the UK including a contract for the Camden Baby Feeding Team. Volunteer levels have been sustained which is a significant achievement due to the decrease in parents actively volunteering across the area.

Future Plans

Along with the continuation of the breastfeeding cafes, breast pump hire and IBCLC service the charity is looking to increase the number of paid hours available for their Chief Executive Officer. There is consideration in moving towards offering Healthcare practitioner education and the development of antenatal education for families across the area. The development of small pop in groups within our outlying areas is under consideration to make the best use of resources available across the area. We are looking at the development of further relationships within both the Norfolk and Suffolk areas to ensure we are in the right place to support our area to make positive changes for the families we support.

Financial Review

This year our biggest success came with the input of the National Lottery Reaching Communities 4 year grant achieved in May 2023. We also received £10,000 for the development of our Babywearing Service and Perinatal Mental Health service under the National Lottery Awards for All scheme.

The trustees declare that they have approved the Trustees Report completed above.

Signed on behalf of the trustees

Elizabeth Fleischer
Chair

Approved by the Trustees on 05/02/2025

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

I report to the trustees on my examination of the financial statements of Lowestoft and Waveney Breastfeeding Support (the charity) for the year ended 5 April 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

The charity did not have an independent examination for the prior year, despite meeting the criteria requiring one. As a result, no independent examiner's report was issued for that period. My examination of the financial statements has been limited to the current year's records and transactions and does not extend to verifying the accuracy of the comparative figures presented in these accounts.

Frances Kay ACCA

Farnell Clarke Limited
Evolution House, Icen Court
Delft Way
Norwich
Norfolk
NR6 6BB
Dated: 05/02/2025

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 5 APRIL 2024

		Unrestricted funds	Restricted funds	Total	Unrestricted funds as restated	Restricted funds as restated	Total as restated
	Notes	2024 £	2024 £	2024 £	2023 £	2023 £	2023 £
Income from:							
Donations and legacies	2	2,440	47,687	50,127	12,754	46,327	59,081
Charitable activities	3	310	-	310	1,039	-	1,039
Total income		<u>2,750</u>	<u>47,687</u>	<u>50,437</u>	<u>13,793</u>	<u>46,327</u>	<u>60,120</u>
Expenditure on:							
Raising funds	4	970	-	970	925	-	925
Charitable activities	5	5,332	32,340	37,672	6,920	44,704	51,624
Total expenditure		<u>6,302</u>	<u>32,340</u>	<u>38,642</u>	<u>7,845</u>	<u>44,704</u>	<u>52,549</u>
Net income/(expenditure) and movement in funds		(3,552)	15,347	11,795	5,948	1,623	7,571
Reconciliation of funds:							
Fund balances at 6 April 2023		14,296	1,623	15,919	8,348	-	8,348
Fund balances at 5 April 2024		<u>10,744</u>	<u>16,970</u>	<u>27,714</u>	<u>14,296</u>	<u>1,623</u>	<u>15,919</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

STATEMENT OF FINANCIAL POSITION

AS AT 5 APRIL 2024

		2024		2023 as restated	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	11		804		823
Current assets					
Debtors	12	392		-	
Cash at bank and in hand		28,679		15,096	
		<u>29,071</u>		<u>15,096</u>	
Creditors: amounts falling due within one year	13	<u>(2,161)</u>		<u>-</u>	
Net current assets			<u>26,910</u>		<u>15,096</u>
Total assets less current liabilities			<u><u>27,714</u></u>		<u><u>15,919</u></u>
The funds of the charity					
Restricted income funds	14		16,970		1,623
Unrestricted funds	15		10,744		14,296
			<u>27,714</u>		<u>15,919</u>

The financial statements were approved by the trustees on 05/02/2025

Mrs E M L Fleischer
Chair

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 5 APRIL 2024

1 Accounting policies

Charity information

Lowestoft and Waveney Breastfeeding Support is a Charitable Incorporated Organisation.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 5 APRIL 2024

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Breastfeeding equipment	33% straight line
Computer equipment	33% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

2 Income from donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds as restated	Restricted funds as restated	Total as restated
	2024	2024	2024	2023	2023	2023
	£	£	£	£	£	£
Donations and gifts	2,440	-	2,440	11,203	-	11,203
Grants	-	47,687	47,687	1,551	46,327	47,878
	<u>2,440</u>	<u>47,687</u>	<u>50,127</u>	<u>12,754</u>	<u>46,327</u>	<u>59,081</u>

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 5 APRIL 2024

3 Income from charitable activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Equipment hire	310	1,039

4 Expenditure on raising funds

	Unrestricted funds 2024 £	Unrestricted funds as restated 2023 £
Fundraising and publicity		
Advertising	138	389
Other fundraising costs	832	536
	<u>970</u>	<u>925</u>

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 5 APRIL 2024

5 Expenditure on charitable activities

	2024	2023 as restated
	£	£
Direct costs		
Staff costs	10,658	-
Depreciation and impairment	628	411
Breastfeeding support materials	2,858	10,804
Cost of living support payments	9,975	5,046
Home visit support costs	9,164	29,929
Insurance	378	97
Clothing costs	119	486
Training costs	1,430	4,669
Telephone and internet	618	-
Sundry expenses	50	182
	<u>35,878</u>	<u>51,624</u>
Share of support and governance costs (see note 6)		
Governance	1,794	-
	<u>37,672</u>	<u>51,624</u>
Analysis by fund		
Unrestricted funds	5,332	6,920
Restricted funds	32,340	44,704
	<u>37,672</u>	<u>51,624</u>

6 Support costs allocated to activities

	2024	2023
	£	£
Audit and accountancy fees	1,794	-
	<u>1,794</u>	<u>-</u>

7 Net movement in funds

	2024	2023
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	1,440	-
Depreciation of owned tangible fixed assets	628	411
	<u>2,068</u>	<u>411</u>

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year, but one trustee was reimbursed a total of £575 for training costs (2023 - no remuneration or benefits).

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 5 APRIL 2024

9 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
	3	-
	<u>3</u>	<u>-</u>

Employment costs

	2024 £	2023 £
Wages and salaries	10,643	-
Other pension costs	15	-
	<u>10,658</u>	<u>-</u>

There were no employees whose annual remuneration was more than £60,000.

10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

11 Tangible fixed assets

	Breastfeeding equipment £	Computer equipment £	Total £
Cost			
At 6 April 2023	1,578	-	1,578
Additions	102	507	609
	<u>1,680</u>	<u>507</u>	<u>2,187</u>
At 5 April 2024	1,680	507	2,187
Depreciation and impairment			
At 6 April 2023	755	-	755
Depreciation charged in the year	529	99	628
	<u>1,284</u>	<u>99</u>	<u>1,383</u>
At 5 April 2024	1,284	99	1,383
Carrying amount			
At 5 April 2024	<u>396</u>	<u>408</u>	<u>804</u>
At 5 April 2023	<u>823</u>	<u>-</u>	<u>823</u>

12 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
Other debtors	392	-
	<u>392</u>	<u>-</u>

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 5 APRIL 2024

13 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	721	-
Accruals and deferred income	1,440	-
	<u>2,161</u>	<u>-</u>

14 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 6 April 2023 as restated £	Incoming resources £	Resources expended £	At 5 April 2024 £
Household Support Fund	1,623	10,000	(9,975)	1,648
Martineau Care Fund	-	1,247	(1,247)	-
Hearts Milk Hub Project	-	5,000	-	5,000
Shelroy Charitable Trust	-	170	(170)	-
Suffolk Women and Girls	-	1,000	-	1,000
The National Lottery Community Fund	-	30,270	(20,948)	9,322
	<u>1,623</u>	<u>47,687</u>	<u>(32,340)</u>	<u>16,970</u>

Structure of restricted funds

Household Support Fund - This grant was awarded to assist local households in financial need with utility bill support and shopping vouchers.

Martineau Care Fund - This grant was awarded to purchase breast pumps and supplemental nursing systems.

Hearts Milk Hub Project - This grant was awarded to start a donor milk bank collaboration with Hearts Milk Bank. The project will aim to provide milk for families who have babies that are unwell or premature.

Suffolk Women and Girls - This grant was awarded to assist in IBCLC home visits, as well providing equipment and

The National Lottery Community Fund - These consist of multiple grants which are awarded to support salaries, mileage and IBCLC home visits.

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 5 APRIL 2024

15 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 6 April 2023 as restated £	Incoming resources £	Resources expended £	At 5 April 2024 £
General funds	14,296	2,750	(6,302)	10,744

16 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 5 April 2024:			
Tangible assets	804	-	804
Current assets/(liabilities)	9,940	16,970	26,910
	<u>10,744</u>	<u>16,970</u>	<u>27,714</u>
	<u>10,744</u>	<u>16,970</u>	<u>27,714</u>
	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
At 5 April 2023:			
Tangible assets	823	-	823
Current assets/(liabilities)	13,473	1,623	15,096
	<u>14,296</u>	<u>1,623</u>	<u>15,919</u>
	<u>14,296</u>	<u>1,623</u>	<u>15,919</u>

17 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 5 APRIL 2024

18 Prior period adjustments

In preparing the financial statements for the year ended 5th April 2024, it was identified that income and expenditure from a bank account was omitted from the financial statements for the period ended 5th April 2023. Consequently, the prior year's income and expenditure has been restated, to reflect the real world balances at 5th April 2023.

The impact of this on the Statement of Financial Position at 5th April 2023 is that cash at bank and in hand has decreased by £252, with unrestricted funds of the charity decreasing by £252. The impact on the Statement of Financial Activities for the period ended 5th April 2023 is to increase income from donations and legacies by £919, increase expenditure on raising funds by £8 and increase expenditure on charitable activities by £1,163.

In preparing the financial statements for the year ended 5th April 2024, it was also identified that grants received, along with relevant expenditure, had not been classified correctly in the financial statements for the period ended 5th April 2023. Consequently, the prior year's restricted and unrestricted funds have been restated, to reflect restrictions placed on the funds by each provider of the grant.

The impact of this on the Statement of Financial Position at 5th April 2023 is that the restricted funds of the charity has increased by £1,623, with unrestricted funds of the charity decreasing by the same amount. The impact on the Statement of Financial Activities for the period ended 5th April 2023 is to reallocate £46,327 from unrestricted to restricted donations and legacies, and to reallocate £44,704 from unrestricted to restricted expenditure on charitable activities. This adjustment does not impact the overall surplus as previously reported for the period ended 5th April 2023.

LOWESTOFT AND WAVENEY BREASTFEEDING SUPPORT

England & Wales - Charity number 1197208

Accounts



Trustees annual report 2022-2023

The Trustees are pleased to present their annual report and the financial statements of the charity for the financial period 1st November 2021 to 5th April 2023.

Structure, Governance and Management

Lowestoft and Waveney Breastfeeding Support is a Charitable Incorporated Organisation (CIO) whose only voting members are its Trustees. The Charity Registered with the Charity Commission on 21 December 2022. Trustees are recruited and trained by the existing Trustees and no other person or organisation has the authority to appoint Trustees to the board. Trustees meet not less than twice per year in practice usually meeting every 3-4 months, to review the financial and operation state of the charity, and to set the strategic direction of the charity.

Objectives and activities

The objects of the charity are:

- for the public benefit, the advancement of health and those families who wish to breastfeed/chestfeed or provide breastmilk to their babies in Norfolk and Suffolk. In particular (but not exclusively) by supporting both the emotional and practical needs of these families by provision of support cafes where families can access trained breastfeeding support via peer supporters, Breastfeeding Counsellors and/or International Board Lactation Consultants (IBCLC), and by the provision of IBCLC home visits for families with complex breastfeeding concerns or who are unable to access a breastfeeding cafe.
- For the public benefit, the advancement of education, including in particular (but not exclusively) by provision of training to volunteers and health care practitioners, to expand their skills and knowledge in supporting successful breastfeeding.

Lowestoft and Waveney Breastfeeding support was set up as a charity in response to a lack of breastfeeding support for families across the Waveney area of Norfolk and Suffolk. It developed from a community group of the same name, which was set up in January 2020 to enable families to access high level breastfeeding support via facebook support and in a face to face group. Following Covid and the success of our online offering alongside one to one service, initially online then face to face inline with local covid regulations. These one to one sessions were run by highly qualified volunteers who both qualified as International Board Certified Lactation Consultants in December 2020 and June 2021. Following this success and the move to having access to two International Board Certified Lactation Consultants (IBCLC), Kaya Thorpe, founder and chair suggested the expansion to offering the home visit service for families in need of support with complex infant feeding support. Inline with this option more groups were launched to cover more parts of the area. The Trustees confirm that they have referred to the Charity Commissions' guidance on Public Benefit when reviewing the charity's aims and objectives and in planning further activities.

Achievements and Performance

This period saw a huge change in Lowestoft and Waveney Breastfeeding Support. As well as registering as a charity we moved to offering more groups across the area, moving from 1 group to 6 by May 2022. These community groups became a lifeline for families to access free peer to peer support during the first stage of their parenting journey. In January 2022 we launched our IBCLC Home Visit service to cover a bigger volume of families and contracted a third self employed IBCLC in March 2021. In January 2023 we launched our education offering online for volunteers and health care professionals working with families to support breastfeeding. 10 sessions were offered in 2023 which were hugely successful and have national reach with the online offering. We had 900 contacts within our breastfeeding cafes across this timeframe along with offer 255 initial visits, calls and follow ups under our IBCLC Home Visit Service in 2021-2022. The volunteer group developed into a team of 39 in the same time frame to support the running and development of our 6 breastfeeding cafes. We also run a successful facebook group with 844 members currently. We also continue to rent out breast pumps across the area to families in need and have been able to support by offering out the Household Support Fund in Suffolk in 2022.

Future Plans

Along with the continuation of the breastfeeding cafes the charity is currently working towards moving into an employment model by working alongside National Lottery under the Reaching Communities scheme for a grant. This will enable the employment of 3 employees to develop and sustain the charity and the home visit service. We are also moving towards the development of our Babywearing and Perinatal Mental Health Strands to progress the offering under the charity. We continue to develop our educational offering as well as looking to move towards parent education with the development of antenatal education. We aim to continue to strengthen our ability to offer the Household Support Fund to families in need within our area as well as looking to develop strategic partnerships with other organisations and the NHS.

Financial Review

2021-2023 saw us bring in an income of £59,201. The vast majority of our income comes from grants (£47,878) with donations remaining a key part of our income (£10,284). As we move out of covid we are looking to develop more fundraising activities to support the continuation of the charity during a time when grants can be harder to access due to financial climate. Equipment hire costs are for the purchase of breast pump packs which we ask for on a donation basis is affordable (£1039).

There has been an increase in demand on the charity with a bigger pool of volunteers alongside more groups meaning we have seen an increase in the need for the IBCLC service. We are moving to a more sustainable model for the IBCLC service with the employment model and National Lottery. The Charity's income and expenditure has substantially increased over the past 18 months and we continue to work at accessing grants for families in need. The Trustees are focusing on building our grant potential and income to enable us to continue to offer this higher level of activity and our impact to be sustainable in the long term. Our reserves policy is low to hold £1000 as our community groups run at an extremely low cost to the charity and this would enable us to offer those without the IBCLC home visit service. Should we not be successful at moving to an employment model we need to look at increasing our reserves pot and policy moving forward to enable the IBCLC service to continue. We will aim to hold 6-9 months of average expenditure in the longer term which we aim to meet in approximately the next 1-2 years.

The trustees declare that they have approved the Trustees Report completed above.

Signed on behalf of the trustees

Elizabeth Fleischer
Chair
Approved by the Trustees on 26/1/2024

Charity Number: 1197208

Lowestoft and Waveney Breastfeeding Support
Report and Financial Statements
For the period ending 5th April 23

Charitable incorporated organisation

Report of the Trustees

Lowestoft and Waveney Breastfeeding Support is a Charitable incorporated organisation.
Charity number: 1197208
Company number: CE027698

Results

The surplus for the period amounted to £7,823 which has been transferred to reserves

Trustees

Mrs Elizabeth Mary Lister Fleischer
Mrs Kaya Thorpe (resigned May 2023)
Mrs Jennifer Clark (resigned May 2023)
Mrs Hannah Victoria Barker
Mrs Victoria Louise Bellward
Ms Samantha Jayne Sale
Ms Emily Jane Cole
Ms Vivien Frances Crane

By order of the board of the trustees

E.Fleisher

.....
Mrs Elizabeth Mary Lister Fleischer

09/08/23

.....
Dated

Lowestoft and Waveney Breastfeeding Support

Income and Expenditure Account For the period ended 1st Nov 21 to 5th Apr 23

	1st Nov 21 to 5th Apr 23 £	Year ending 31st Oct 21 £
Income		
Fundraising/Donations	10,284	5,380
Equipment hire	1,039	-
Grants	47,878	5,421
	59,201	10,801
Expenditure		
Breastfeeding support materials	9,641	532
Cost of living support payments	5,046	-
Home visit support costs	29,929	-
Fundraising costs	528	-
Clothing costs	486	41
Training costs	4,669	1,112
Advertising	389	179
Sundry expenses	279	244
	50,967	2,108
Depreciation		
Depreciation	411	344
	411	344
Total expenditure	51,378	2,452
Surplus for the year	7,823	8,349

Lowestoft and Waveney Breastfeeding Support

**Balance sheet
As at the 5th April 2023**

	5th April 23		31st October 21	
	£	£	£	£
Fixed Assets				
Equipment	823	<u> </u>	688	<u> </u>
		823		688
Current Assets				
Bank account	□ 14,648		7,656	
Paypal account	700	<u> </u>	4	<u> </u>
		15,348		7,660
Net Assets		<u>16,171</u>		<u>8,348</u>
Financed by				
Funds of the charity				
General surplus fund		<u>16,171</u>		<u>8,348</u>
		16,171		8,348

The financial statements were approved by the Board of Trustees on and are signed on its behalf:

Trustee:

.....E. Fleischer.....

 Mrs Elizabeth Mary Lister Fleischer

.....9.8.23.....
 Dated

