



## **YoGift Trustee Report 2022/23**

### **Introduction**

The inspiration for YoGift was the recognition that India, which gave the world the life changing practice of yoga, has suffered greatly as a result of the Covid 19 pandemic. Covid-19 has further highlighted issues of poverty in India, where many people have insecure employment and are not protected by a comprehensive social security system. The UK Yoga 'eco-system' provides an opportunity to both raise awareness of the impact of Covid-19 in India and the desirability, if not moral imperative, for richer nations to help alleviate poverty elsewhere.

YoGift seeks to:

- use the UK yoga 'ecosystem' to raise awareness of, and funds for, poverty relief in India
- fund, through grants and donations, UK based charities working to alleviate poverty in India, with an initial focus on charities working with children.

YoGift (a UK registered Charitable Incorporated Organisation) and has a Board of Trustees, who for 2022/23 were:

- Diane Groom (Chair – appointed 1 September 2021)
- John Henkel (Treasurer - appointed 1 September 2021)
- Emma Findlay (appointed 1 September 2021)
- Jamie Blowers (appointed 1 September 2021)

YoGift's first accounting period ended on 31 March 2023.

### **YoGift Objectives**

The objectives of YoGift, as set out in its constitution, are:

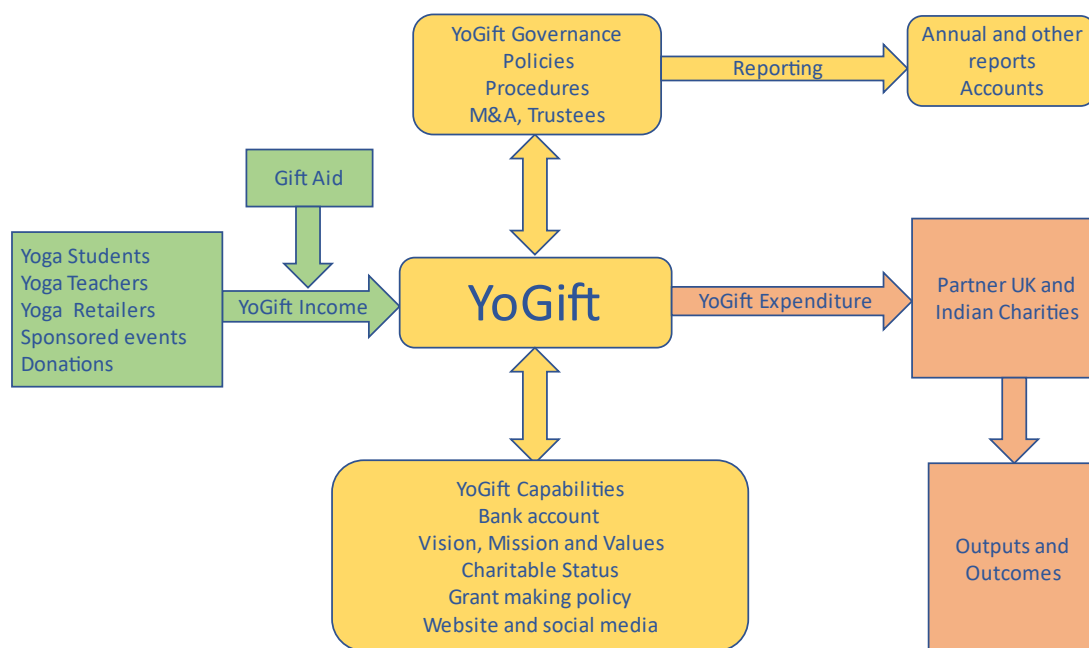
*The object of the CIO is the relief of poverty of children living in India by the provision of grants and donations to other registered UK charities furthering this purpose.*

### **Grant Making Policy**

YoGift has a grant making policy in place which sets out the principles and criteria in place

### **Overview of the 2022/23 Activities**

YoGift achieved Charitable Status at the end of 2021 and began activities in 2022 in line with the operating model set out below.



The Trustees saw 2022/23 as the charity's initiation phase, which involved developing a number of capabilities as well as a start to fund-raising and grant making.

Pump-priming funding from the YoGift founders enabled the development and hosting of a website ((<https://www.yogift.org/>) and the establishment of social media presence on Facebook and Instagram. A donation platform (Givey) was set up as one of a number of donation pathways.

A number of policies and procedures, including financial, grant making and risk management, were developed as part of the YoGift initiation phase.

Several events hosted and promoted by Yoga teachers and studios were held as fund-raisers for YoGift, with income supplemented by a corporate donation from Barclays Bank. In addition, a fund-raising 100 mile cycle ride was held in October 2022.

Harmony House (India - <https://www.harmonyhouseindia.org/>) was selected as the first delivery partner and the first two grant payments were made in 2022/23, in line with the charitable objects and grant making policy.

### **Feedback from Harmony House**

Harmony House has provided reports to YoGift about the positive impact YoGift grants have had on the lives of the children they work with. YoGift funding has contributed to Harmony House increasing its daily intake of children and establishing a service for children with special needs.



Harmony House prides itself on giving its children quality education, opportunities and hope for a brighter future. Special assembly days are organised around themes such as World Athletics day, World youth skill day and IT skills are taught.

For younger children, early and primary, the curriculum embraces monthly themes such as 'All about me', 'Transport', 'Monsoon' and for really young children, from six months to two and a half years activities are based arounds painting and crayoning.

Harmony House ensure all food provided is nutritious and medical sessions take place regularly.

During the period that YoGift has been supporting Harmony House the number of children per day has increased and a unit for children with special education needs has been established.

An example of feedback from Harmony House is set out below:

*Dear Diane,*

*Hope you are doing well. Words are not enough to express our appreciation and gratitude to you and your team for your support for the children of Harmony House. Thank you for your generosity and confidence in our mission.*

*We are blessed to have your support. Sending you a small token of love and gratitude from our children on behalf of all of us at Harmony House.*

*Thanks and kind regards,*

*Surbhi Massey*

*Manager Early Years & Primary Centre | Harmony House*

## **Financial Overview**

Income for the period to 31 March 2023 was £3832, and expenditure was £3,100, of which £2,700 was paid as grants to Harmony House. The year-end balance of £732.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name YOGIFT	No (if any) 1197129
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## Receipts and payments accounts


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For the period from	Period start date 28/03/2022	To	Period end date 31/03/2023
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations - individuals	2,432	-	-	2,432	-
Donations - Yoga Studios	800	-	-	800	-
Donations - other	600	-	-	600	-
Sales	-	-	-	-	-
Gift Aid	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>3,832</b>	<b>-</b>	<b>-</b>	<b>3,832</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>3,832</b>	<b>-</b>	<b>-</b>	<b>3,832</b>	<b>-</b>
<b>A3 Payments</b>					
Grants (Harmony House)	2,700	-	-	2,700	-
Website Development	400	-	-	400	-
	-	-	-	-	-
<b>Sub total</b>	<b>3,100</b>	<b>-</b>	<b>-</b>	<b>3,100</b>	<b>-</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>3,100</b>	<b>-</b>	<b>-</b>	<b>3,100</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>732</b>	<b>-</b>	<b>-</b>	<b>732</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>732</b>	<b>-</b>	<b>-</b>	<b>732</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash Funds	732	-	-
	<b>Total cash funds</b>	<b>732</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details	-	-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>	Details	-	-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>	Details	-	-	-
		Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>	Details	-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		J A Henkel	01-Nov-23	