



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 13/12/2021

Period start date To 05/04/2023

Period end date

Charity name: Flourish Mentors

Charity registration number:1197095

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit, to act as a resource for young women aged between 16 to the age of 25 living in Brighton and Hove by providing advice and assistance and organising programmes of physical, educational and other activities as a means of advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	During this period, until 5/4/23, Flourish Mentors provided free wellbeing one-to-one mentoring to any young women living in the Brighton and Hove area. Flourish Mentors reached 115 workshop participants which focused on various mental health/wellbeing issues, have provided or are providing 25 one-to-one mentoring long-term supportive fortnightly sessions in the community, provided 6 workshops across 3 different Sixth forms.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The purpose and objectives stated above are based on the guidance issued by the charity commission and local needs.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	During this period, approximately 22 mentors offered fortnightly one hour wellbeing support sessions to their mentees. In addition, the leadership team contributed 100s of hours towards the development, administration and running of the workshop and mentoring programmes.
Other		N/A

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The evaluations of both the workshop and mentoring programmes reflect high marks on both qualitative and quantitative data. As demonstrated by the evaluations but also the fact that the Sixth forms have all asked us back and are beginning to refer mentees directly to us, demonstrates we are filling a gap which benefits society as a whole. Social Services has also begun to approach us as they are seeing that our offer is fulfilling a need which is not easy to provide in our current society and what it has to offer.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Flourish Mentors workshops and individual mentoring has successfully contributed to the physical, emotional, educational and social skills, capacities and capabilities as it is tailored to both group and individual development and can reach different young women regardless of their learning style. The 115 youth, 6 workshops and 25 mentees are evidence of this.
Performance of fundraising activities against objectives set	Para 1.41	So far, our fundraising in both the form of grants and community fundraising has surpassed the needs at present, though we are anticipating growing in scope and breadth in the future and also this allows us to build reserves which are needed for financial security, sustainability and to ensure we can attract more grants which lend to the most sustainable model of growth.
Investment performance against objectives	Para 1.41	N/A

Other		N/A
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	We have run the charity's finances within the agreed budget, leaving a surplus and a strong sustainable position.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We hold reserves within our current account to cover 6 months mentoring support
Amount of reserves held	Para 1.22	£2640
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	N/A
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A

A description of the principal risks facing the charity	Para 1.46	N/A
Other		N/A

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	incorporated
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The governing document provides for new trustees to be appointed by the current trustees for a term of three years by resolution at a properly convened meeting.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/A
The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/A
Relationship with any related parties	Para 1.51	N/A

Other		

Reference and Administrative details

Charity name	Flourish Mentors
Other name the charity uses	N/A
Registered charity number	1197095
Charity's principal address	4, Kings Gardens, Hove, BN3 2PE

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Deborah Menadue	Chair		N/A
2	Victoria Bradbury	Treasurer		N/A
3	Emma Mendes Da Costa	Diversity and Inclusion		N/A

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

	Type of adviser	Name	Address
	Name of chief executive or names of senior staff members (Optional information)		

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

Signature(s)

	
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Full name(s)

Deborah Menadue	
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Position (eg
Secretary, Chair, etc)

Chair	
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Date

08 November 2023

FLOURISH MENTORS

Registered Charity in England and Wales - Number: 1197095

Flourish Mentors

Annual accounts upto year end 31/03/2023

Operating income (credits)

Crowdfunding	1,455
Redhill Grant	4,896
Donation	500
Pearce Foundation (printer)	343
Donation	150
Church donation	625
LLoyds foundation donation	500
Pearce Foundation (Well-being day)	593
	9,061

Operating costs (debits)

Mentor/Mentee costs	-1,411
Admin costs (including printer and Well-being day)	-2,039
Workshop costs	-1,831
	-5,280

End of year balance	3,781
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