

# FLOURISH MENTORS

England & Wales · Charity number 1197095

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2021-12-13

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 28 Chatsworth Road  
Brighton  
East Sussex  
BN1 5DB

**Phone** 07813025007

**Email** [Info@flourishmentors.com](mailto:Info@flourishmentors.com)

## Activities

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**Objects:** To act as a resource for young women aged 16-25, living in the Brighton and Hove area, by providing advice and assistance and organising programmes of physical, educational and other activities, to help them advance in life and develop their skills, capacities and capabilities, enabling them to participate in society as independent, mature and responsible individuals.

**Activities:** AN LGBTQIA INCLUSIVE RESOURCE FOR YOUNG WOMEN AGED BETWEEN 16 AND 25 LIVING IN THE BRIGHTON AND HOVE AREA, HELPING THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS THROUGH THE PROVISION OF ONE TO ONE MENTORING ADVICE AND ASSISTANCE, AND THE ORGANISATION OF WORKSHOP PROGRAMMES FOR MENTAL HEALTH AND PRACTICAL SKILLS SUPPORT.

## Classification

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- **How:** Provides Advocacy/advice/information
- **What:** Other Charitable Purposes
- **Who:** Children/young People

## Geography

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- Brighton And Hove

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£23,239	£12,160	-	-
2024-04-05	£11,861	£10,872	-	-
2023-04-05	£9,061	£5,280	-	-

## Trustees

Name	Role	Appointed
Aaradhya Sharma		2025-01-15
Andrea Brolly		2025-01-15
Anna Odedun		2025-12-13
Antoinette Daniel		2025-12-13
Natasha Gamble		2024-05-16
Shwezin Win		2024-01-23

**FLOURISH MENTORS**

England & Wales - Charity number 1197095

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# Accounts

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**Trustees' Annual Report for the period 01/042024 – 31/03/2025**

**Charity name: Flourish Mentors**

**Charity registration number: 1197095**

**Objectives and activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To act as a resource for young women aged 16-25, living in the Brighton and Hove area, by providing advice and assistance and organising programmes of physical, educational and other activities, to help them advance in life and develop their skills, capacities and capabilities, enabling them to participate in society as independent, mature and responsible individuals.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Flourish Mentors offers free wellbeing and mentoring support to young women (aged 16-25 years) in Brighton and Hove, East Sussex. Flourish is proudly LGBTQIA+ inclusive, and aims to empower young women and improve their sense of wellbeing. The charity provides individualised and therapeutically matched one-to-one mentoring, wellbeing events, and fun, experiential workshops, giving its mentees sustainable life-enhancing skills.</p> <p>Flourish aims to help young women increase their confidence, increase their self-awareness and self-regulation, decrease their anxiety, feel empowered, and focus on fulfilling their dreams. The charity targets any young woman who feels invisible because they have fallen through the cracks, by not receiving appropriate wellbeing support at school or in their community.</p> <p>Flourish aims to continue to grow and reach as many young women as possible. The charity's pledge to its</p>

		mentees and mentors is to genuinely commit to values of co-creation, playfulness, inclusivity, kindness and empowerment.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The following guidance has been shared with all Flourish trustees: <a href="#">Public benefit: running a charity (PB2)</a> .

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	<p>Flourish relies on its amazing cohort of volunteer mentors, and would like to share some testimonials from its mentees on the impact that their mentors have had on their lives:</p> <p>“I’m blessed to have a pretty good relationship with my daughter but know that this isn’t always enough. It’s so wonderful for young people to have other safe relationships in which they can explore issues, especially when there are difficult family matters to make sense of. Flourish Mentors have provided just that, an opportunity for a caring red line outside the home and it’s been amazing. I can’t thank them enough”</p> <p><b>(Parent of a mentee)</b></p> <p>"The best part of being part of young carers is meeting my Flourish mentor. She boosts my confidence and encourages me to try new things. She's even helping me with my CV. I'm so lucky to have her in my life."</p> <p><b>(Young carer)</b></p>

		<p>“Flourish team has provided an invaluable service providing support and encouragement for female students. Their sessions help to instill a feeling of confidence and control by teaching them coping strategies and educating them on possible triggers. The help and support extends outside of the college environment in that the students can continue to access support 1:2:1 with the Flourish team. Thanks to them, many more female students feel a greater sense of being able to cope.”</p> <p><b>Cardinal Newman, large Sixth Form, Brighton and Hove</b></p>
Other		

## Achievements and performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity’s work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<ul style="list-style-type: none"> <li>• Providing free, therapeutically-matched wellbeing mentoring for up to two years, with around 50-60 mentoring partnerships supported at any one time.</li> <li>• Over the last 2 years Flourish has matched over 110 young women in the community and is now focusing on some of the most vulnerable young women including carers and care-experienced/leavers.</li> <li>• Providing free, fun and experiential wellbeing events and mental health workshops - all expert led. We have worked with over 500 workshop participants to date in the Brighton and Hove</li> <li>• Working with young carers via the Young Carers Project in Brighton and Hove, providing additional 1:1 and group support to young carers aged 16-25.</li> <li>• Working with young women who are care-experienced/care leavers, providing bespoke</li> </ul>

		workshops and interventions to help support their transition into adulthood, when their statutory services are often significantly reduced or disappear.
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### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

### Financial review

Review of the charity's financial position at the end of the period	Para 1.21	<p>According to Flourish's annual accounts, the charity's balance on 31/03/2025 was £15,940.50.</p> <p>During the 2024/25 financial year Flourish received £23,239 in donations and grants and spent £12,160 on its activities.</p>
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Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Flourish keeps financial reserves for six months of operating costs for its 1:1 wellbeing mentoring, as this is considered the core of its operation.
Amount of reserves held	Para 1.22	The reserves held on 31/03/2025 were £4,464.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>During 2024/25 Flourish received funding from Red Hill Trust, The Chalk Cliff Trust, The Albert Hunt Trust, Sussex Community Foundation, The Homity Trust and the Ernest Kleinwort Charitable Trust totalling £18,832. Amounts from donations (including fundraising) totalled £4,407.</p> <p>The Pearce Foundation is providing Flourish with strategic and organisational support to strengthen the charity's ability to build on its core successes and work towards sustainability. This is the second grant Pearce has invested in Flourish Mentors. The focus was on scaling up Flourish's core and co-creation offers</p>
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, governance and management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO - Foundation Registered 13/12/2021.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointment of new trustees in this period followed an open advertisement and interview process.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and administrative details

Charity name	Flourish Mentors
Other name the charity uses	N/A
Registered charity number	1197095
Charity's principal address	28 Chatsworth Road BRIGHTON East Sussex BN1 5DB

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Emma Mendes da Costa	Chair, Interim Treasurer	30 November 2022 onwards	
2	Shwezin Win	Lead Trustee for Strategy and Partnerships	23 January 2024 onwards	
3	Maria Jonsson	Secretary	23 January 2024 - 15 January 2025	
4	Natasha Gamble	Lead Trustee for Safeguarding	16 May 2024 onwards	
5	Andrea Brolly	Secretary	15 January 2025 onwards	
6	Aaradhya Sharma	Treasurer	15 January 2025 onwards	
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**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	<i>Andrea Brolly</i>	
<b>Full name(s)</b>	Andrea Brolly	
<b>Position (eg Secretary, Chair, etc)</b>	Secretary	
<b>Date</b>	10/10/2025	

## Statement of income and expenditure

### Flourish Mentors

For the year ended 31 March 2025

Cash Basis

	Amount (£)	Amount (£)
Grants and donations	23,239	
Reserves brought forward available to use	<u>2,221</u>	25,460
<b>Costs</b>		
Events and workshop	6,573	
Mentoring costs	1,118	
Administrative and other running expenses	3,876	
Fundraising expenses	<u>593</u>	
		(12,160)
<b>Net Reserve Surplus/(Deficit)</b>		<u><u>13,301</u></u>
<b><u>Schedule of funds</u></b>		
<b>Restricted fund</b>	<u>9,500</u>	9,500
<b>Unrestricted fund</b>		
Reserves	4,464	
Available for operating costs	<u>1,977</u>	
		6,441
<b>Cash as at period end</b>		<u><u>15,941</u></u>

**FLOURISH MENTORS**

England & Wales - Charity number 1197095

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# Accounts

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## Trustees' Annual Report for the period 06/04/2023 - 05/04/2024

**Charity name: Flourish Mentors**

**Charity registration number: 1197095**

### Objectives and activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To act as a resource for young women aged 16-25, living in the Brighton and Hove area, by providing advice and assistance and organising programmes of physical, educational and other activities, to help them advance in life and develop their skills, capacities and capabilities, enabling them to participate in society as independent, mature and responsible individuals.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Flourish Mentors offers free wellbeing and mentoring support to young women (aged 16-25 years) in Brighton and Hove, East Sussex. Flourish is proudly LGBTQIA+ inclusive, and aims to empower young women and improve their sense of wellbeing. The charity provides individualised and therapeutically matched one-to-one mentoring, wellbeing events, and fun, experiential workshops, giving its mentees sustainable life-enhancing skills.</p> <p>Flourish aims to help young women increase their confidence, increase their self-awareness and self-regulation, decrease their anxiety, feel empowered, and focus on fulfilling their dreams. The charity targets any young woman who feels invisible because they have fallen through the cracks, by not receiving appropriate wellbeing support at school or in their community.</p> <p>Flourish aims to continue to grow and reach as many young women as possible. The charity's pledge to its mentees and mentors is to genuinely</p>

		commit to values of co-creation, playfulness, inclusivity, kindness and empowerment.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The following guidance has been shared with all Flourish trustees: <a href="#">Public benefit: running a charity (PB2)</a> .

**Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	<p>Flourish relies on its amazing cohort of volunteer mentors, and would like to share some anonymised testimonials from its mentees on the impact that their mentors have had on their lives:</p> <p>"I found that having a mentor helped me organise my thoughts during my stressful exam period. It was nice to be able to have an informal chat with someone who is not a friend or family...I think there's never a downside to just knowing that someone is there to talk things through with you if you ever need it."</p> <p>"Flourish has been really helpful for me and L has been an amazing source of information and place for me to go with any issues. It's very nice to know that I have support and the advice I get is always useful and a source of comfort."</p> <p>"My experience so far with flourish mentors has been amazing...I can definitely see changes from accessing mentoring, it has made me more confident and it has made me realise it's okay to not be okay. I would definitely recommend it to people my age who are thinking of doing it as it is definitely worth it! My mentor is great, she recently supported me at my GP appointment</p>

		and she even took me Christmas shopping! I think Flourish is an amazing charity from the volunteers through to the work that they do!"
Other		

## Achievements and performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<ul style="list-style-type: none"> <li>• Providing free, therapeutically-matched wellbeing mentoring for up to two years, with around 50-60 mentoring partnerships supported at any one time.</li> <li>• Providing free fun and experiential wellbeing events for mentees, and workshops for sixth forms and colleges in the Brighton and Hove area.</li> <li>• Working with the Young Carers Project in Brighton and Hove, providing additional 1:1 and group support to young carers aged 16-25.</li> </ul>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial review

Review of the charity's financial position at the end of the period	Para 1.21	According to Flourish's annual accounts, the charity's balance on 31/03/2024 was £4,861.03.  During the 2023/24 financial year Flourish received £11,862 in donations and grants, and spent £10,781.74 on operating costs.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Flourish keeps financial reserves for six months of operating costs for its 1:1 wellbeing mentoring, as this is considered the core of its operation.
Amount of reserves held	Para 1.22	The reserves held on 31/03/2024 were £2,640.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	During 2023/24 Flourish received funding from the Redhill Grant and the Chalk Cliff Grant, and donations totalling £505.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, governance and management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO - Foundation Registered 13/12/2021.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and administrative details

Charity name	Flourish Mentors
Other name the charity uses	N/A
Registered charity number	1197095
Charity's principal address	4 Kings Gardens Hove East Sussex BN3 2PE

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Emma Mendes da Costa	Chair, Interim Treasurer		
2	Shwezin Win	Lead Trustee for Strategy and Partnerships	23 January 2024 onwards	
3	Maria Jonsson	Secretary	23 January 2024 - 15 January 2025	
4	Natasha Gamble	Lead Trustee for Safeguarding	16 May 2024 onwards	
5	Andrea Brolly	Secretary	15 January 2025 onwards	
6	Aaradhya Sharma	Treasurer	15 January 2025 onwards	
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**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	



## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Emma Mendes da Costa

Full name(s)

Emma Mendes da Costa

Position (eg Secretary,  
Chair, etc)

Chair

Date

20/01/2025

<b>Flourish Mentors</b>			
	Annual accounts upto year end 31/03/2024		
	Cash brought forward 2022/2023	3780.77	
	<b>Operating income (credits)</b>		
	Chalk Cliff Grant for salaries	4880.00	
	Redhill Grant	6477.00	
	Donation	505.00	
		<b>15642.77</b>	
	<b>Operating costs (debits)</b>		
	Mentor/Mentee costs	-2084.67	
	Admin costs (inc DBS)	-2601.98	
	Workshop costs	-844.09	
	Carers programme costs	-1481.00	
	Salaries	-3770.00	

	End of year balance carried forward 2024/2025	<b>4861.0</b> <b>3</b>	
	Reserves	- 2640.0 0	
	Ring fenced for salaries	- 1110.0 0	
	Cash available for general operating costs	<b>1111.0</b> <b>3</b>	

**FLOURISH MENTORS**

England & Wales - Charity number 1197095

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# Accounts

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## Trustees' Annual Report for the period

From **13/12/2021**  
Period end date

Period start date To **05/04/2023**

**Charity name: Flourish Mentors**

**Charity registration number:1197095**

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit, to act as a resource for young women aged between 16 to the age of 25 living in Brighton and Hove by providing advice and assistance and organising programmes of physical, educational and other activities as a means of advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	During this period, until 5/4/23, Flourish Mentors provided free wellbeing one-to-one mentoring to any young women living in the Brighton and Hove area. Flourish Mentors reached 115 workshop participants which focused on various mental health/wellbeing issues, have provided or are providing 25 one-to-one mentoring long-term supportive fortnightly sessions in the community, provided 6 workshops across 3 different Sixth forms.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The purpose and objectives stated above are based on the guidance issued by the charity commission and local needs.

**Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A  N/A
Contribution made by volunteers	Para 1.38	During this period, approximately 22 mentors offered fortnightly one hour wellbeing support sessions to their mentees. In addition, the leadership team contributed 100s of hours towards the development, administration and running of the workshop and mentoring programmes.
Other		N/A

**Achievements and Performance**

	SORP reference	
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<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The evaluations of both the workshop and mentoring programmes reflect high marks on both qualitative and quantitative data. As demonstrated by the evaluations but also the fact that the Sixth forms have all asked us back and are beginning to refer mentees directly to us, demonstrates we are filling a gap which benefits society as a whole. Social Services has also begun to approach us as they are seeing that our offer is fulfilling a need which is not easy to provide in our current society and what it has to offer.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	<p>Flourish Mentors workshops and individual mentoring has successfully contributed to the physical, emotional, educational and social skills, capacities and capabilities as it is tailored to both group and individual development and can reach different young women regardless of their learning style. The 115 youth, 6 workshops and 25 mentees are evidence of this.</p>
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	<p>So far, our fundraising in both the form of grants and community fundraising has surpassed the needs at present, though we are anticipating growing in scope and breadth in the future and also this allows us to build reserves which are needed for financial security, sustainability and to ensure we can attract more grants which lend to the most sustainable model of growth.</p>
<p>Investment performance against objectives</p>	<p>Para 1.41</p>	<p>N/A</p>

Other		N/A
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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	We have run the charity's finances within the agreed budget, leaving a surplus and a strong sustainable position.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We hold reserves within our current account to cover 6 months mentoring support
Amount of reserves held	Para 1.22	£2640
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	N/A
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A

A description of the principal risks facing the charity	Para 1.46	N/A
Other		N/A

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	<b>Constitution</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	<b>incorporated</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The governing document provides for new trustees to be appointed by the current trustees for a term of three years by resolution at a properly convened meeting.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/A
The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/A
Relationship with any related parties	Para 1.51	N/A

Other		

### Reference and Administrative details

Charity name	Flourish Mentors
Other name the charity uses	N/A
Registered charity number	1197095
Charity's principal address	4, Kings Gardens, Hove, BN3 2PE

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Deborah Menadue	Chair		N/A
2	Victoria Bradbury	Treasurer		N/A
3	Emma Mendes Da Costa	Diversity and Inclusion		N/A

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

	Type of adviser	Name	Address
	Name of chief executive or names of senior staff members (Optional information)		

### Exemptions from disclosure

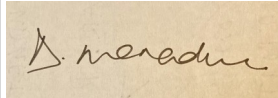
Reason for non-disclosure of key personnel details

### Other optional information



## Declarations

Signature(s)

	
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Full name(s)

Deborah Menadue	
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Position (eg  
Secretary, Chair, etc)

Chair	
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Date

08 November 2023
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# FLOURISH MENTORS

Registered Charity in England and Wales - Number: 1197095

## Flourish Mentors

Annual accounts upto year end 31/03/2023

### Operating income (credits)

Crowdfunding	1,455
Redhill Grant	4,896
Donation	500
Pearce Foundation (printer)	343
Donation	150
Church donation	625
LLoyds foundation donation	500
Pearce Foundation (Well-being day)	593
	<b>9,061</b>

### Operating costs (debits)

Mentor/Mentee costs	-1,411
Admin costs (including printer and Well-being day)	-2,039
Workshop costs	-1,831
	<b>-5,280</b>

End of year balance	<b>3,781</b>
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