

TREC LINCOLNSHIRE

England & Wales · Charity number 1197093

Details

Status Registered

Legal form CIO

Registered 2021-12-13

Register [View on the Charity Commission register](#)

Contact

Address Samoht
Cheal Road
Gosberton
Spalding
PE11 4JF

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Activities

Objects: CHARITABLE OBJECT: THE PROMOTION OF COMMUNITY PARTICIPATION IN HEALTHY RECREATION IN HORSE RIDING, BY RUNNING BRITISH TREC TRAINING EVENTS AND COMPETITIONS. BRITISH TREC IS A SPORT WHICH TESTS THE SKILLS OF A HORSE AND RIDER IN PLANNING AND EXECUTING A LONG DISTANCE RIDE IN UNFAMILIAR PLACES

Activities: The promotion, by running British TREC training events and competitions, of community participation in healthy recreation in horse riding. British TREC is a sport intended to test the skills of a horse and rider in planning and executing a long distance ride in unfamiliar country.

Classification

- **How:** Provides Services
- **What:** Amateur Sport
- **Who:** The General Public/mankind

Geography

- Lincolnshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30	£9,593	£7,626	-	-
2023-09-30	£8,984	£7,144	-	-
2022-09-30	£7,830	£4,632	-	-

Trustees

Name	Role	Appointed
Kim Beverley Lord	Chair	2021-12-13
Angela Marsh		2021-12-13
Pamela Fromm		2021-12-13

TREC LINCOLNSHIRE

England & Wales - Charity number 1197093

Accounts



Trustees' Annual Report for the period

	Period start date				Period end date		
From	01	10	23	To	30	09	24

Section A Reference and administration details

Charity name Trec Lincolnshire

Other names charity is known by

Registered charity number (if any) 1197093

Charity's principal address Samoht Cheal Road Gosberton Spalding

Postcode PE11 4JF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kim Lord	Chair		
2	Angela Marsh			
3	Pamela Fromm			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	constitution
How the charity is constituted (eg. trust, association, company)	Association
Trustee selection methods (eg. appointed by, elected by)	elected by membership at AGM

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

TREC is an amateur equestrian sport that promotes both ridden and non ridden activities to a very wide range of people from all walks of society and all types and size of ponies/horses. The age range extends from 4 years upwards as participants can to a very large extent choose their own level of challenge. This is what makes TREC a very accessible activity/sport for everyone.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

1. Training

In the past year there have been 3 training events organised. These are small and friendly groups of a similar level or experience. At an introductory level, either ridden or in hand, attendees learn about what is to be expected of the sport and how it is judged and marked. Anyone interested, but not able to bring an equine for some reason, is encouraged to attend as a spectator or helper.

Training is offered at a higher level too, both ridden and non ridden, but still allowing individuals to improve and achieve at their own pace.

A mini camp was held in May, with training on a variety of terrain obstacle not seen indoors then the participants copied their map and set out on the orienteering. It was a great way to practise being at a competition without the pressure. Several riders corralled their horses for the first time and everyone went home happy after learning loads.

The September event is organised with a mini competition at the end of the session, this affords participants a very easy and relaxed introduction into the sport and helps put the training and guidance on rules and time restrictions into context.

1. Competitive Events

In the Summer 2023, a two day event was organised on the Brocklesby Estate. The competition had 6 Classes and included 3 different Levels, each level to be ridden as an individual or a pair. Length of routes ranges from 10 Km up to a 20km route at Level 2.

The event was successful and very well received by competitors who travelled from around the country to attend as well as attracting many new and local competitors.

Four, monthly, Winter competitions held 2023/24 at Lincolnshire Rural Activities Centre (LRAC); a Registered Charity itself, have been very well attended with many new participants to the sport. Each Winter competition has 10 classes, ranging in level, some being a Starter level/in hand and others Affiliated with the TREC GB Winter League Table.

Additional details of objectives and activities (Optional information)

The charity is dependant on, and thoroughly appreciative of, all the volunteers who help throughout the year. Without the hard work of the committee there would be no events organised and volunteers at events, rather than paid stewards, keep entry fees low to ensure that everyone that wants to can join in.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

On the back of numerous competitions and training events held Trec Lincolnshire gained finalist status in 6 national awards

Section E

Financial review

Brief statement of the charity's policy on reserves

The reserves have been set to enable the charity to continue to meet its overheads in the event that it is prevented from holding events, also to provide for unexpected / occasional expenditure on new and replacement equipment and enable subsidising of training sessions

Details of any funds materially in deficit

none

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	C Forrester	
Full name(s)	Caroline Forrester	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	30/07/2025	

Trec Lincolnshire	1197093
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Receipts and payments accounts

For the period from	01/10/23	To	30/09/24
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Last year to the nearest £
A1 Receipts				
Entry Fees	8673.09	-	-	7763.86
Membership Fees	479.92	-	-	714.99
Sponsorship/	295	-	-	345
Donations/Other Income	13.09	-	-	159.99
cc	132	-	-	-
AA donation from riders	-	99.5	-	77
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	9,593	100	-	9061
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	9,593	100	-	9061

A3 Payments

Chartable activities	6720	-	-	5776
Governance costs		-	-	11
restricted fund		-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	6,720	-	-	5,788

A4 Asset and investment purchases, (see table)

Equipment	974	-	-	1356
	-	-	-	-
Sub total	974	-	-	1356

Total payments **7,694** **-** **-** **7,144**

Net of receipts/(payments) **1,899** **100** **-** **1,917**

A5 Transfers between funds - - - -

Restricted funds	100			
Bank funds last year end	5,115	77	-	3198
Cash funds this year end	7,114	177	-	5,115

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
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B1 Cash funds

Bank	
Petty cash	

to nearest £	7112
	1.48

to nearest £	77
	100

to nearest £	-
	-
	-

Total cash funds

(agree balances with receipts and payments account(s))

	7,114
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	177
--	-----

	-
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OK

OK

OK

Unrestricted funds

Restricted funds

Endowment funds

B2 Other monetary assets

Details

to nearest £	-
	-

to nearest £	-
	-

to nearest £	-
	-

B3 Investment assets

Details

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Fund to which asset belongs	
-----------------------------	--

Cost (optional)	-
-----------------	---

Current value (optional)	-
--------------------------	---

B4 Assets retained for the charity's own use

Details

Equipment

Fund to which asset belongs	

Cost (optional)	-
	-
	-
	-

Current value (optional)	-
	-
	-
	-

B5 Liabilities

Details

club credits
outstanding expenses

Fund to which liability relates	unrestricted
	unrestricted

Amount due (optional)	45
	-
	-
	-

When due (optional)	

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

Sheet1

Kim Lord

K. Lord

30/07/25

Sheet1

donations	788.01
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Entry fees	8805.09
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Sheet1

Sheet1

Sheet1

TREC LINCOLNSHIRE

England & Wales - Charity number 1197093

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	October	2022		30	September	2023

Section A Reference and administration details

Charity name Trec Lincolnshire

Other names charity is known by

Registered charity number (if any) 1197093

Charity's principal address Samoht Cheal Road Gosberton Spalding

Postcode PE11 4JF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Pamela Fromm	Chair		
2	Angela Marsh			
3	Kim Lord			
4				
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10				
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12				
13				
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15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	constitution
How the charity is constituted (eg. trust, association, company)	Association
Trustee selection methods (eg. appointed by, elected by)	elected by membership

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

TREC is an amateur equestrian sport that promotes both ridden and non ridden activities to a very wide range of people from all walks of society and all types and size of ponies/horses. The age range extends from 4 years upwards as participants can to a very large

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

extent choose their own level of challenge. This is what makes TREC a very accessible activity/sport for everyone.

In the past year there have been 6 training events organised. These are usually very small and friendly groups of a similar level or experience. At an introductory level, either ridden or in hand, attendees learn about what is to be expected of the sport and how it is judged and marked. Anyone interested, but not able to bring an equine for some reason, is encouraged to attend as a spectator or helper. Training is offered at a higher level too, both ridden and non-ridden, allowing individuals to improve and achieve at their own pace. Annually a training is organised with a mini competition at the end of the session in September, this affords participants a very easy and relaxed introduction into the sport and helps put the training and guidance on rules and time restrictions into context. Winter season Obstacle training was held in October and November and much interest was expressed by members in further dates that arrangements have been made to include PTV training sessions for January and February next year. A fun day with training and Games was a fun end to the winter season

Orienteering training was organised in the spring, to introduce newcomers into the sport to the joys of map reading and acted as a welcome refresher for more experienced riders. This was unmounted and open for anyone to attend, facilitating learning the finer details of map reading and orienteering without having to concentrate on their equine at the same time. A further PTV session was organised away from our base and Kenwick in May to include terrain type obstacles ready for summer outdoor competitions.

Competitive Events

In the Summer 2022, a two-day event was organised at Well Vale. The competition had 6 Classes which were qualifiers for the Trec GB national championships and included 3 different Levels, each level to be ridden as an individual or a pair. Length of routes ranges from 5km up to a 20km route at Level 2. The weekend also included a one-day starter class that encouraged riders who enjoyed Winter TREC, but who lacked the confidence to enter a competition with the map reading element. It was a much more informal competition than the qualification classes, allowing riders a taste of the full

competition without hours in the saddle and the stress of a weekend away. The whole event was successful and very well received by competitors who travelled from around the country to attend as well as attracting many new and local competitors.

Four Arena competitions were held over the winter 2022/23 at Lincolnshire Rural Activities Centre (LRAC); a Registered Charity itself, have been very well attended with many new participants to the sport. Each Winter competition has 10 classes, ranging in level, from Starter level - with help allowed – to open and included several classes that could be completed entirely in hand for the non ridden equine. On each occasion classes affiliated to Trec GB were held alongside unaffiliated ones and each riders scores went forward to the Trec Lincolnshire winter league competition.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The charity is dependant on, and thoroughly appreciative of, all the volunteers who help throughout the year. Without the hard work of the committee there would be no events organised and volunteers at events, rather than paid stewards, keep entry fees low to ensure that everyone that wants to can join in.

Section D Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Trec Lincolnshire gained finalist status in 2 national awards

Section E

Financial review

Brief statement of the charity's policy on reserves

The reserves have been set to enable the charity to continue to meet its overheads in the event that it is prevented from holding activities, also to provide for unexpected / occasional expenditure on new and replacement equipment, and enable subsidising of training sessions

Details of any funds materially in deficit

none

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	C Forrester	
Full name(s)	Caroline Forrester	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	25/7/2024	

Trec Lincolnshire	1197093
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Receipts and payments accounts

For the period from	01/10/22	To	30/09/23
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Entry Fees	7763.86	-	-	7764
Membership Fees	714.99	-	-	715
Sponsorship/	345	-	-	345
Donations/Other Income	159.99	-	-	160
AA donation from riders	-	77	-	77
<i>AR)</i>	8984	77	-	9060
A2 Asset and investment sales, (see table).				
	-	-	-	-
<i>Sub total</i>	-	-	-	-
Total receipts	8984	77	-	9060
A3 Payments				
Charitable activities	5776	-	-	5776
Governance costs	11	-	-	11
	-	-	-	-
	-	-	-	-
	-	-	-	-
<i>Sub total</i>	5788	-	-	5788
A4 Asset and investment purchases, (see table)				
Equipment	1356	-	-	1356
	-	-	-	-
<i>Sub total</i>	1356	-	-	1356
Total payments	7144	-	-	7144
Net of receipts/(payments)	1840	77	-	1917
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	3198	-	-	3198
Cash funds this year end	5038	77	-	5115

Section B Statement of assets and liabilities at the end of the p

Categories	Details	Unrestricted to nearest £	Restricted to nearest £
B1 Cash funds	Bank	5174	77
	AA donation from riders	-77	-
	petty cash	-59	-
	Total cash funds payments account(s))	5038 OK	77 OK
B2 Other monetary assets	Details	Unrestricted to nearest £	Restricted to nearest £
		-	-
		-	-

Last Year

Receipts and payments accounts

For the period from

15/12/21

To

30/09/22

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds nearest £	Endowment to the nearest £
A1 Receipts			
Membership Fees	45	-	-
Entry Fees	5634	-	-
Sponsorship/ Donations/Other Income	120	-	-
	1931	-	-
AA donation from riders	-	100	-
for AR)	7730	100	-
A2 Asset and investment sales, (see table).			
	-	-	-
	-	-	-
Sub total	-	-	-
Total receipts	7730	100	-
A3 Payments			
Charitable activities	4582	-	-
Governance costs	-	-	-
restricted fund	-	50	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
Sub total	4582	50	-
A4 Asset and investment purchases, (see table)			
Equipment	-	-	-
	-	-	-
Sub total	-	-	-
Total payments	4582	50	-
Net of receipts/(payments)	3148	50	-
A5 Transfers between funds	-	-	-
A6 Cash funds last year end	-	-	-
Cash funds this year end	3148	50	-

Section B Statement of assets and liabilities at the			
Period	Categories	Details	Unrestricted to nearest £
	B1 Cash funds	Bank	3148.28
		AA donation from riders	-
			-
		Total cash funds	3148
		payments account(s)	OK
	B2 Other monetary assets	Details	Unrestricted to nearest £
			-
			-
			-



**Total funds
to the nearest
£**

45
5634
120
1931
100
7830

-
-
-

7830

4582
-
50
-
-
-
-
4632

-
-
-

4632

3198
-
-
3198

end of the period

Restricted
to nearest £

50
-
50

|

OK

Restricted
to nearest £

-
-
-

TREC LINCOLNSHIRE

England & Wales - Charity number 1197093

Accounts

Trec Lincolnshire

Charity registration number: 1197093

Registered Address: Samoht Cheal Road Gosberton Spalding
PE11 4JF

Trustees' Annual Report for the period 13/12/21 -30/9/22

Structure and governance

The Charity operates as a charitable incorporated organisation, registered on 13December 2021, and governed by its Association Model constitution.

Trustees

Kim Lord (Chair)

Pam Fromm

Angela Marsh

Summary of the purposes of the charity as set out in its governing document.

Promotion of community participation in the healthy recreation of horse riding by running British TREC competitions and training events. British TREC is a sport which tests the skills of horse and rider in planning and executing a long-distance ride in unfamiliar places.

Public Benefit

The trustees have had regard to the guidance on public benefit. All events are open to every equestrian and wider public by virtue of free spectating at almost all events and the opportunity to learn more about the sport through helping at events.

TREC is an amateur equestrian sport that promotes both ridden and non-ridden activities to a very wide range of people from all walks of society and all types and size of ponies/horses. The age range extends from 4 years upwards as participants can, to a very large extent, choose their own level of challenge. This is what makes TREC a very accessible activity/sport for everyone.

Objectives and Activities

Training

In the past year there have been 4 training events organised. These are usually very small and friendly groups of a similar level or experience. At an introductory level, either ridden or in hand, attendees learn about what is to be expected of the sport and how it is judged and marked. Anyone interested, but not able to bring an equine for some reason, is encouraged to attend as a spectator or helper.

Training is offered at a higher level too, both ridden and non-ridden, allowing individuals to improve and achieve at their own pace.

Annually training is organised with a mini competition at the end of the session, this affords participants a very easy and relaxed introduction into the sport and helps put the training and guidance on rules and time restrictions into context.

Orienteering training has been organised too. This was unmounted map reading and open for anyone to attend. This facilitates inexperienced participants learning the finer details of map reading and orienteering without having to concentrate on their equine at the same time.

Competitive Events

In the Summer 2022, a two-day event was organised at Thornton Le Moor, near Market Rasen. The competition had 6 Classes which were qualifiers for the Trec GB national championships and included 3 different Levels, each level to be ridden as an individual or a pair. Length of routes ranges from 5km up to a 20km route at Level 2

The weekend also included a one-day starter class that encouraged riders who enjoyed Winter TREC, but who lacked the confidence to enter a competition with the map reading element. It was a much more informal competition than the qualification classes, allowing riders a taste of the full competition without hours in the saddle and the stress of a weekend away. The whole event was successful and very well received by competitors who travelled from around the country to attend as well as attracting many new and local competitors.

Four Arena competitions were held over the winter 2022/23 at Lincolnshire Rural Activities Centre (LRAC); a Registered Charity itself, have been very well attended with many new participants to the sport. Each Winter competition has 10 classes, ranging in level, some being a Starter level/in hand and others Affiliated with the TREC GB Winter League Table.

Volunteers

The charity is dependent on, and thoroughly appreciative of, all the volunteers who help throughout the year. We had approximately 50 people volunteer with us since we set up.

Without the hard work of the committee there would be no events organised and volunteers at events keep entry fees low to ensure that everyone that wants to can join in.

Financial review

The Charity is in a strong financial position moving forward. All applicable activities generated at least covered their costs and the summer competition was particularly successful. The restricted funds consist of the competitors' donations to the Notts and Lincs Air Ambulance, which we collect then pass on, on their behalf.

Reserves Policy

The trustees have given due regard to charity commission guidance and aim to build £5,000 (approximately 6 months of annual expenditure in reserve). That we have achieved more than half this amount already in less than a full year is indicative of a strong financial base.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>C Forrester</i>	
Full name(s)	Caroline Forrester	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	10/07/2023	

Trec Lincolnshire

Receipts and payments

For the period from

13/12/21

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £
A1 Receipts		
Membership Fees	45	-
Entry Fees	5634	-
Sponsorship/	120	-
Donations/Other Income	1931	-
AA donation from riders	-	100
	-	-
Sub total (Gross income for AR)	7,730	100
A2 Asset and investment sales, (see table).		
	-	-
	-	-
Sub total	-	-
Total receipts	7,730	100
A3 Payments		
Equipment	-	-
Charitable activities	4,582	-
Governance costs	-	-
restricted fund	-	50
	-	-
	-	-
	-	-
	-	-
Sub total	4,582	50
A4 Asset and investment purchases, (see table)		
	-	-
	-	-
Sub total	-	-

Total payments	4,582	50
Net of receipts/(payments)	3,148	50
A5 Transfers between funds	-	-
A6 Cash funds last year end	-	-
Cash funds this year end	3,148	50

Section B Statement of assets and liabilities at the end

Categories	Details
B1 Cash funds	Bank
	AA donation from riders
	Total cash funds

(agree balances with receipts and payments account(s))

Categories	Details
B2 Other monetary assets	

Categories	Details
B3 Investment assets	

Categories	Details
B4 Assets retained for the charity's own use	Trec Trailer
	Trec Obstacles
	Timing Equipment
	Printer
	Competition equipment eg clipboards, boxes

B5 Liabilities

Details

Arena Hire Fees
Expenses not yet claimed

Signed by one or two trustees on behalf of all the trustees

Signature

	1197093
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ents accounts

To	30/09/22
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Endowment funds to the nearest £	Total funds to the nearest £
-	45
-	5,634
-	120
-	1,931
-	100
-	-
-	7,830

-	-
-	-
-	-
-	7,830

-	-
-	4,582
-	-
-	50
-	-
-	-
-	-
-	-
-	4,632

-	-
-	-
-	-

Fund to which liability relates

Amount due (optional)

Unrestricted
Unrestricted

-
-
-
-
-

Print Name
