

WELLBEING PLUS

England & Wales · Charity number 1197077

Details

Status Registered

Legal form CIO

Registered 2021-12-13

Register [View on the Charity Commission register](#)

Contact

Address 57 Lord Street
Redcar and Cleveland
Redcar
Cleveland
TS10 3HN

Phone 07859803629

Email info@wellbeing-plus.co.uk

Website <https://www.wellbeing-plus.co.uk>

Activities

Objects: THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE RESIDING PERMANENTLY OR TEMPORARILY IN MIDDLESBROUGH AND THE SURROUNDING AREA.

Activities: We support individuals facing challenges like chronic illnesses, mental health issues, loneliness, and isolation etc. We host weekly coffee mornings and craft groups aimed to teach new skills, boost confidence, and reduce anxiety Overall, We strive to build a supportive & inclusive community where individuals can learn new skills, enhance self-esteem, and alleviate feelings of isolation.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, Disability, Recreation, Other Charitable Purposes
- **Who:** Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Darlington
- Hartlepool
- Middlesbrough
- Redcar And Cleveland
- Stockton-on-tees

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£19,984	£19,984	-	-
2024-04-05	£7,447	£7,447	-	-
2023-04-05	£3,800	£4,597	-	-

Trustees

Name	Role	Appointed
Jenny Crawford	Chair	2021-10-25
Edward James Cotter		2024-04-10
Erica Cotter		2024-04-10
Kenneth Marriott		2021-10-25
Raymond Crawford		2021-10-25
Thomas Penketh		2021-10-25

WELLBEING PLUS

England & Wales - Charity number 1197077

Accounts



Trustees' Annual Report for the period

From April 2024
Period end date

Period start date To April 2025

Charity name: Wellbeing Plus

Charity registration number: 1197077

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance the health and wellbeing of economically and socially deprived communities in the Tees Valley and the surrounding area by supporting and encouraging the community through inclusive mental health and wellbeing activities and group support.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>During the year, Wellbeing Plus has continued to deliver a wide range of activities and projects that directly support our charitable objectives of reducing isolation, improving wellbeing, and promoting social inclusion for vulnerable people within our community.</p> <p>Our core programme has centred on weekly craft groups and coffee mornings, providing a safe, welcoming space where individuals with long-term health conditions, mental health challenges, disabilities, and those experiencing loneliness can come together. These sessions offer opportunities for creativity, learning new skills, building confidence, and developing meaningful friendships.</p> <p>In addition, we have worked to remove barriers to participation by ensuring our venue is accessible, supporting those with mobility difficulties, and offering a non-judgemental environment where all are valued. Consumable materials, resources, and volunteer time have been invested directly into enhancing the quality of the groups, ensuring</p>

		<p>activities are engaging, therapeutic, and tailored to the needs of participants.</p> <p>Beyond craft groups, we have also engaged external facilitators to deliver specialist workshops, broadening the experiences available to our members and helping them develop new hobbies and life skills. Our work not only supports individual wellbeing but also strengthens community connections and resilience.</p> <p>This year, our efforts were recognised with the Community Achievement Award, celebrating the positive difference we make in Redcar and the surrounding areas. This external recognition highlights the impact of our work and the clear public benefit we provide by improving quality of life, reducing loneliness, and creating a sense of belonging for some of the most vulnerable members of our <u>community</u>.</p>
<p>Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit</p>	<p>Para 1.18</p>	<p>The trustees confirm that they have had due regard to the guidance issued by the Charity Commission on public benefit when reviewing Wellbeing Plus' aims and objectives, and in planning and delivering the charity's activities throughout the year.</p> <p>All of our projects and services — including craft groups, coffee mornings, specialist workshops, and community support activities — are designed to provide clear and demonstrable public benefit. In particular, they promote social inclusion, reduce isolation and loneliness, improve mental and physical wellbeing, and create opportunities for individuals to connect, learn, and thrive within their community.</p> <p>The trustees regularly review the impact of activities to ensure that they continue to meet our charitable purposes and serve those most in need.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	

Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	<p>Volunteers are at the heart of Wellbeing Plus and play an essential role in delivering our services. Over the past year, our dedicated team of three core volunteers has contributed a remarkable 4,680 hours of their time, skills, and energy to ensure the smooth running of our craft groups, coffee mornings, and community activities.</p> <ul style="list-style-type: none"> • Jenny Crawford has given around 45 hours each week, • Erica Cotter has given around 30 hours each week, and • Pat Mohan has given around 15 hours each week. <p>Together, this represents a combined annual contribution equivalent to over £53,500 in staff time (based on the National Minimum Wage). This level of dedication ensures that Wellbeing Plus can deliver high-quality activities and support in a sustainable and cost-effective way.</p> <p>Their work includes preparing and leading creative sessions, supporting participants on a one-to-one basis, setting up and maintaining the venue, assisting with fundraising, and creating a safe and welcoming environment. Each volunteer also brings their own skills, lived experience, and empathy, which greatly enhances the quality of support we can offer.</p> <p>Beyond the practical contribution, our volunteers create a warm, inclusive atmosphere where people feel valued, respected, and encouraged. Their kindness and commitment make a tangible difference in reducing isolation, building confidence, and improving wellbeing for vulnerable members of our community.</p> <p>We are proud of and deeply grateful to Jenny, Erica, and Pat for their outstanding contribution to Wellbeing Plus.</p>

Other		
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Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>This year, Wellbeing Plus has continued to make a significant impact on the lives of vulnerable individuals in Redcar and the surrounding area. Our craft groups and coffee mornings have been central to this success, providing safe and welcoming spaces where people experiencing long-term health conditions, disabilities, mental health challenges, or social isolation can come together.</p> <p>For many participants, attending Wellbeing Plus is the only time they leave their homes each week. Through creative activities, shared experiences, and supportive friendships, beneficiaries have gained increased confidence, improved motivation, and a renewed sense of purpose. Participants frequently tell us that our groups are a "lifeline" that prevents them from feeling isolated and alone.</p> <p>In addition to sessions held at our own venue, we have also delivered craft sessions at the premises of other charitable organisations in the area, extending our reach and providing creative, therapeutic activities to their participants. By collaborating in this way, we are able to share our expertise, support more people, and help other charities enhance the wellbeing of the communities they serve.</p> <p>The difference we make goes beyond individual wellbeing. By enabling people to build social connections, learn new skills, and engage in positive group activities, we are helping to strengthen community ties, reduce pressure on health services, and promote inclusion for those who might otherwise be excluded from community life.</p> <p>We were especially proud to receive the Community Achievement Award this year, which publicly recognised the value and impact of our work. This award is a reflection not only of our achievements as a charity but also of the resilience and</p>

		<p>creativity of our members and volunteers.</p> <p>Overall, Wellbeing Plus has delivered measurable improvements in quality of life, social inclusion, and community cohesion. Our work demonstrates that small, grassroots initiatives can achieve meaningful and lasting change for individuals and society as a whole.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	<p>Objective 1: Reduce isolation and loneliness among vulnerable adults</p> <ul style="list-style-type: none"> • Achievement: Our weekly craft groups and coffee mornings provided a safe, welcoming environment for participants to meet, socialise, and form friendships. Feedback from attendees indicates that for many, these sessions are the only weekly opportunity to leave their homes and interact with others. • Impact: Participants report increased confidence, reduced feelings of isolation, and improved emotional wellbeing. <p>Objective 2: Improve mental and physical wellbeing through creative activities</p> <ul style="list-style-type: none"> • Achievement: Over the year, we delivered a wide range of craft activities including painting, card making, jewellery design, cross-stitch, and upcycling. Sessions were designed to be therapeutic, engaging, and inclusive. • Impact: Many participants have reported reduced stress and anxiety, greater focus, and a sense of personal achievement. External facilitators were also brought in to provide specialist workshops, enhancing skill development. <p>Objective 3: Promote social inclusion and accessibility</p> <ul style="list-style-type: none"> • Achievement: We worked to make our venue accessible and delivered craft sessions to other local charities' premises, reaching participants who might otherwise struggle to access such activities.
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		<p>Funding applications were made for ramps, barriers, and accessible toilet facilities.</p> <ul style="list-style-type: none"> • Impact: Disabled and mobility-impaired participants are better able to engage with sessions, maintaining social connections and increasing community participation. <p>Objective 4: Recognise and support volunteer contributions</p> <ul style="list-style-type: none"> • Achievement: Volunteers contributed over 4,680 hours, helping run sessions, prepare materials, and provide support to participants. • Impact: Volunteers create a welcoming environment and help deliver cost-effective, high-quality activities that benefit a wide range of participants. <p>Objective 5: Raise the profile and credibility of Wellbeing Plus</p> <ul style="list-style-type: none"> • Achievement: Wellbeing Plus was awarded the Community Achievement Award, recognising our impact and contribution to the local community. • Impact: The award highlights the charity's positive influence and encourages further engagement and support from local partners, funders, and participants.
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	<p>Objective 1: Secure funding to cover core running costs and venue hire</p> <ul style="list-style-type: none"> • Performance: Over the year, Wellbeing Plus successfully applied for multiple grants, including funding to cover venue hire, craft materials, and accessibility improvements. These grants have ensured the continuity of our weekly craft sessions and community activities. • Impact: Funding has allowed us to provide a safe, welcoming, and accessible environment for our participants, reducing financial barriers to engagement and ensuring sessions run consistently. <p>Objective 2: Raise funds to provide craft</p>

		<p>materials and consumables</p> <ul style="list-style-type: none"> • Performance: Donations from individuals, local businesses, and online platforms such as JustGiving contributed to the purchase of paints, fabrics, beads, and other materials. We also encouraged supporters to give monthly or one-off contributions to sustain ongoing sessions. • Impact: Participants have access to a wide variety of materials, allowing sessions to remain creative, engaging, and therapeutic. This directly benefits the wellbeing and development of all attendees. <p>Objective 3: Increase community awareness and engagement through fundraising activities</p> <ul style="list-style-type: none"> • Performance: Wellbeing Plus promoted its activities through social media, community events, and local press coverage. Fundraising events and campaigns not only generated financial support but also raised awareness of our services. • Impact: Greater visibility has strengthened relationships with local partners, encouraged volunteer recruitment, and increased participation in our sessions, extending the reach of our support. <p>Objective 4: Ensure all fundraising is ethical and compliant</p> <ul style="list-style-type: none"> • Performance: All fundraising activities adhered to the Charity Commission guidance, ensuring transparency, accountability, and ethical practice. Donations were recorded and monitored, with all funds allocated to direct beneficiary benefit. • Impact: Trust and confidence among donors, participants, and the wider community have been maintained and strengthened.
Investment performance against objectives	Para 1.41	

Other		

Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>At the end of the financial year, Wellbeing Plus reported a total income of £10,424.88 and total outgoings of £20,080.33, resulting in a substantial deficit within the accounts. This deficit was fully covered by the CEO, Jenny Crawford, ensuring that the charity was able to continue operating and provide uninterrupted services to its beneficiaries. As a result, the charity concluded the year with a zero balance.</p> <p>Wellbeing Plus is a small, community-focused charity that provides free craft sessions and wellbeing activities to vulnerable adults. Due to the nature of these services, we frequently incur unpredictable and essential expenditures, such as craft consumables, cleaning and hygiene products, refreshments, and the replacement of tools and equipment damaged through normal wear and tear. These ongoing costs make it difficult for the charity to build or maintain financial reserves.</p> <p>Despite these financial challenges, the trustees are committed to ensuring the charity remains sustainable and continues to deliver its core mission. Funding applications, donations, and prudent budgeting are managed to prioritise service delivery and the direct benefit of participants. The support from the CEO and volunteers has been critical in maintaining operations and safeguarding the charity's ongoing impact within the community.</p>
<p>Statement explaining the policy for holding reserves stating why they are held</p>	<p>Para 1.22</p>	<p>Wellbeing Plus is a small, community-focused charity that provides free craft groups, wellbeing activities, and support to vulnerable adults. The trustees recognise the importance of holding financial reserves to manage unforeseen expenditure and to provide stability in times of fluctuating income.</p> <p>However, the charity's funding is often very specific, with most grants and donations being restricted for particular purposes. As a result, we receive very little unreserved funding that can be used flexibly to cover general operational costs. Coupled with the unpredictable but essential costs of craft consumables, cleaning and hygiene products, refreshments, and replacement of tools and equipment, this limits our ability to</p>

		<p>maintain substantial reserves.</p> <p>The charity's policy is therefore to hold only minimal reserves, sufficient to cover immediate operational needs and ensure continuity of service. Any available funds are prioritised for direct beneficiary support, ensuring that resources are used to maximise public benefit. The trustees continually monitor the charity's financial position to ensure commitments can be met and to respond flexibly to unexpected costs while maintaining service delivery.</p>
Amount of reserves held	Para 1.22	£0
Reasons for holding zero reserves	Para 1.22	<p>Wellbeing Plus concludes the financial year with zero reserves due to the nature of its funding and operational requirements. Most of the charity's income comes from restricted grants and donations, which are designated for specific purposes, leaving very little unreserved funding that can be used flexibly.</p> <p>Additionally, the charity regularly incurs unpredictable but essential costs, including craft consumables, cleaning and hygiene products, refreshments, and replacement of tools and equipment damaged through normal wear and tear. These costs are vital to maintaining the quality and safety of our services for participants.</p> <p>Any surplus income is therefore immediately applied to service delivery, ensuring that resources are used to directly benefit beneficiaries. The trustees and CEO carefully monitor finances to maintain continuity of services despite the lack of reserves, and personal support from the CEO has covered any shortfall when necessary.</p>
Details of fund materially in deficit	Para 1.24	<p>The deficit recorded in Wellbeing Plus' accounts was fully covered by the CEO, ensuring that all services continued uninterrupted and participants continued to benefit from our activities. This reflects the reality of small, community-focused charities, where much funding is restricted to specific purposes and unpredictable operational costs, such as craft consumables, cleaning products, refreshments, and replacement of worn or</p>

		<p>damaged equipment, must be met immediately.</p> <p>The trustees carefully monitor expenditure and funding to manage these challenges responsibly. While the charity does not hold financial reserves, all resources are prioritised to maximize public benefit. Plans are in place to seek additional unrestricted funding to reduce reliance on personal support and improve financial sustainability in the coming year.</p>
<p>Explanation of any uncertainties about the charity continuing as a going concern</p>	<p>Para 1.23</p>	<p>The trustees have considered the financial position of Wellbeing Plus and the challenges associated with small, community-focused charities, including fluctuating income, reliance on restricted funding, and unexpected operational costs such as craft consumables, cleaning products, refreshments, and equipment replacement.</p> <p>While the charity finished the year with a zero balance and a substantial deficit covered by the CEO, the trustees are confident that Wellbeing Plus can continue as a going concern in the foreseeable future. This confidence is based on ongoing funding applications, committed support from volunteers, and the continued personal financial support of the CEO when necessary.</p> <p>The trustees acknowledge that the charity's reliance on restricted funding and minimal reserves creates some financial vulnerability. However, careful budgeting, monitoring of income and expenditure, and active pursuit of additional unrestricted funding ensure that the charity is well-positioned to maintain services for its beneficiaries.</p> <p>No material uncertainties have been identified that would cast significant doubt on the charity's ability to continue operations for the next 12 months. The trustees will continue to review the financial position regularly and take appropriate measures to mitigate any emerging risks.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

<p>The charity's principal sources of funds (including any fundraising)</p>	<p>Para 1.47</p>	<p>Wellbeing Plus relies on a combination of grants, donations, and fundraising activities to support its charitable work. The charity's principal sources of funds during the year were:</p> <ol style="list-style-type: none"> 1. Grants from Charitable Trusts and Foundations – The majority of funding is received through grants, which are often restricted for specific purposes such as venue hire, craft materials, accessibility improvements, or specialist workshops. 2. Individual Donations – Supporters of Wellbeing Plus provide one-off or regular contributions, including donations via online platforms such as JustGiving. These donations are used to purchase consumables, support activities, and enhance services directly for participants. 3. Fundraising Activities – Fundraising initiatives, both in-person and online, contribute to the charity's income. These activities also help raise awareness of the charity's work and engage the local community in supporting our objectives. <p>The charity does not have significant income from trading activities. All funds raised are applied in line with the charity's objectives, prioritising services that directly benefit participants and enhance wellbeing, social inclusion, and community engagement.</p>
<p>Investment policy and objectives including any social investment policy adopted</p>	<p>Para 1.46</p>	
<p>A description of the principal risks facing the charity</p>	<p>Para 1.46</p>	<p>Wellbeing Plus operates in a small, community-focused sector and, as such, faces a number of risks that could affect its ability to deliver services. The principal risks identified by the trustees include:</p> <ol style="list-style-type: none"> 1. Financial Sustainability – The charity relies heavily on restricted grants and specific donations. Fluctuations in funding, delays in grant awards, or a lack of unrestricted income could affect the

		<p>ability to meet operational costs and deliver services.</p> <ol style="list-style-type: none"> 2. Venue and Accessibility – Our services rely on a single venue. Any issues affecting access, such as repairs, maintenance, or health and safety concerns, could disrupt activities, particularly for participants with mobility challenges. 3. Volunteer and Staff Capacity – Wellbeing Plus depends on a small team of volunteers and the CEO to deliver services. Illness, absence, or turnover could impact the continuity and quality of provision. 4. Safeguarding and Participant Safety – As a charity working with vulnerable adults, safeguarding risks are critical. Breaches or lapses in procedures could cause harm to participants and damage the charity’s reputation. 5. Operational Risks – Unpredictable costs, such as replacing craft materials or damaged equipment, may arise at short notice, affecting budgeting and resource allocation. <p>Mitigation Measures:</p> <ul style="list-style-type: none"> • The trustees monitor financial performance closely and maintain careful budgeting practices. • Health and safety policies, risk assessments, and safeguarding procedures are reviewed regularly. • Volunteers and staff are trained and supported to ensure high-quality delivery. • Funding applications are pursued proactively to diversify income and reduce reliance on a single source. <p>The trustees regularly review these risks to ensure that appropriate strategies are in place to minimise potential impact and maintain the charity’s ability to deliver its mission.</p>

Other		<p>Wellbeing Plus has ambitious plans to expand the number of groups we provide and to broaden our reach within the community. We aim to increase our beneficiary demographic, ensuring that more individuals who experience long-term health conditions, mental health challenges, disabilities, or social isolation can access our services.</p> <p>Our vision is to continue delivering high-quality craft sessions, wellbeing activities, and social support for many years to come, strengthening connections within the community and promoting inclusion for all. By developing new partnerships, securing sustainable funding, and responding to the evolving needs of our participants, Wellbeing Plus is committed to maximising its positive impact and ensuring that our services remain accessible, engaging, and beneficial to those who need them most.</p>
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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>New trustees at Wellbeing Plus are appointed by the existing board based on their skills, experience, and commitment to the charity's aims. There are no external bodies or individuals who can appoint trustees.</p> <p>Appointments are approved by the current trustees, and each trustee serves a fixed term as set out in the constitution, after which they may be reappointed or replaced. This process helps ensure the board has the right mix of skills and experience while maintaining stability in governance.</p> <p>All trustees receive guidance and support to understand their responsibilities, including charity law, financial oversight, safeguarding, and strategic planning.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<p>Wellbeing Plus is committed to ensuring that all trustees are fully prepared to carry out their roles effectively and in compliance with charity law. The charity has established clear policies and procedures for the induction and ongoing training of trustees.</p> <p>Induction:</p> <ul style="list-style-type: none"> • New trustees receive a full introduction to the charity, including its governing document, objectives, and recent annual reports. • Key policies and procedures are provided, including safeguarding, health and safety, financial management, and conflicts of interest. • Trustees are briefed on their legal responsibilities, including compliance with the Charity Commission guidance and relevant legislation.
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		<ul style="list-style-type: none"> • They meet with the CEO and existing trustees to understand the charity’s operations, activities, and community impact. <p>Ongoing Training:</p> <ul style="list-style-type: none"> • Trustees are encouraged to attend relevant training courses, workshops, and seminars to maintain and develop skills in governance, finance, safeguarding, and strategic planning. • The board regularly reviews the training needs of trustees to ensure they remain knowledgeable about best practice and emerging requirements in the charity sector. • Updates on policy changes, regulatory guidance, and sector developments are communicated to all trustees on an ongoing basis. <p>These procedures ensure that trustees are equipped, confident, and supported to provide effective oversight, make informed decisions, and contribute to the charity’s continued success.</p>
<p>The charity’s organisational structure and any wider network with which the charity works</p>	<p>Para 1.51</p>	<p>Wellbeing Plus is governed by a Board of Trustees, who provide strategic oversight, ensure compliance with charity law, and monitor the charity’s performance. The day-to-day management and delivery of services are led by the Chief Executive Officer (CEO), who is responsible for coordinating activities, managing volunteers, overseeing projects, and ensuring the smooth operation of the charity.</p> <p>Supporting the CEO, a team of dedicated volunteers assists with running craft groups, preparing materials, supporting participants, and helping with fundraising and outreach activities. This structure allows Wellbeing Plus to operate efficiently while maximising the impact of its resources for the benefit of the community.</p> <p>Wellbeing Plus also works closely with a network of local organisations, charities, and community groups. These partnerships include delivering craft sessions at the premises of other charities, sharing expertise, and collaborating on events and initiatives to extend the reach and accessibility of services. By working</p>

		<p>within this wider network, the charity is able to support more individuals, avoid duplication of services, and strengthen community ties.</p> <p>This structure and network ensure that Wellbeing Plus remains flexible, responsive, and community-focused while maintaining strong governance and operational oversight.</p>
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Wellbeing Plus
Other name the charity uses	
Registered charity number	1197077
Charity's principal address	57 Lord Street Redcar and Cleveland TS10 3HR

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Jenny Crawford

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

<i>Jenny Crawford</i>	<i>E Cotter</i>
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Full name(s)

Jenny Crawford	Erica Cotter
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Position (eg Secretary,
Chair, etc)

CEO	Treasurer
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Date

28/09/2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Wellbeing Plus

No (if any)

CC16a

receipts and payments accounts

For the period from

Period start date

Apr-24

To

Period end date

Apr-25

Section A Receipts and payments

	Unrestrict ed funds	Restrict ed funds	Endowme nt funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Dogger Bank Fund	-	1,000	-	1,000	-
Redcar and Cleveland	290		-	290	3,337
Tees Valley Community Fund	-	2,500	-	2,500	2,500
Bloom Fund	-	500	-	500	-
Jenny Crawford (Direct to Bank)	2,755	-	-	2,755	-
Raffle (Direct to Bank)	29	-	-	29	-
Square Sales (Direct to Bank)	68	-	-	68	-
Coffee donations	764			764	
Raffle funds	420			420	
Sales	803			803	
Event	75			75	
Direct Donation	374			374	
Sponsorship	595			595	
Catherine Cookson Fund					500
	-	-	-	-	-
Sub total (Gross income for AR)	6,173	4,000	-	10,173	6,337
A2 Asset and investment sales, (see					

table).						
	-	-		-	-	-
Sub total		-		-	-	-
Total receipts	6,173	4,000		-	10,173	6,337
A3 Payments						
Rent	-	-		-	5,640	3,194
Electricity	-	-		-	617	-
Phone	-	-		-	35	-
Water	-	-		-	-	-
Cleaning & Hygiene	-	-		-	-	27
Refreshments					309	
Volunteers expenses					2,780	
Fixtures and Fittings					276	
External Facilitators					1,500	
Marketing					320	
Admin & Stationary					387	223
Tonic craft essentials					517	
Cash Purchases					1,089	
Jewellery craft materials					789	
Tools					1,929	1,114
Crafting materials					2,003	1,455
Glue & Embellishment	-	-		-	413	-
Cardstock	-	-		-	1,085	-
Storage &Essentials	-	-		-	295	-
Insurance	-	-		-	-	-
Sub total	-	-		-	19,984	6,013

A4 Asset and investment purchases, (see table)						
	-	-	-	-		
	-	-	-	-		
Sub total	-	-	-	-		-
Total payments	-	-	-	-		6,013
Net of receipts/(payments)			-	-	(9,811)	324
A5 Transfers between funds	-	-	-	-		-
A6 Cash funds last year end	-	-	-	-		-
funds this year end		-	-	-	(9,811)	324

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

					-	
Signed by one or two trustees on behalf of all the trustees	Signature		Print Name			Date of approval
	<i>Jenny Crawford</i>		Jenny Crawford			28/09/2025
	<i>E Cotter</i>		Erica Cotter			28/09/2025

WELLBEING PLUS

England & Wales - Charity number 1197077

Accounts

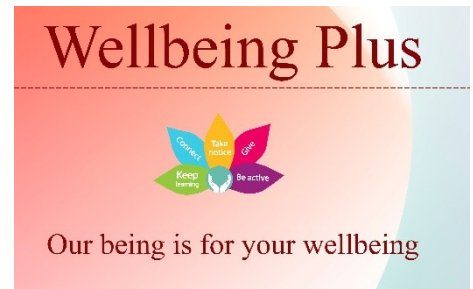
Trustees Annual Report – 2023 - 2024

Wellbeing Plus

55A Lord Street

Redcar and Cleveland

TS6 3HN



Charity Number: **1197077**

Trustee Names:

Jenny Crawford

Erica Cotter

Edward James Cotter

Patricia Mohan

Ray Crawford

Thomas Penketh

Martin Kemp

Leanne Mohan

Kenneth Marriott

Andrew Morrison

The trustees were originally sourced from a close-knit group of people who supported Wellbeing Plus from its inception. This included friends and colleagues that were active supporters of the groups, but more importantly it included volunteers and group members that were working with myself (Jenny) and Pat from the outset.

As of April 2024, the Trustees have changed slightly from the original list, as we have had some retire from their post. However, they have since been replaced by new trustees who were previously members of a group, and who stayed on as volunteers after their group ended. Their support and dedication to the success of Wellbeing Plus has been invaluable and it is people like this, that will steer Wellbeing Plus into 2025 in a positive and successful manner.

The day-to-day decision makers for Wellbeing Plus during the period of 2023 - 2024 were as follows:

Jenny Crawford (nee Penketh)

Patricia Mohan

Raymond Crawford and

Erica Cotter

However, trustees were included in, and unanimous in all other decisions that were made on behalf of Wellbeing Plus. It is and always has been, a joint effort by everyone involved.

Wellbeing Plus was originally set up by Jenny Crawford and Patricia Mohan. Jenny previously worked for a charity as the coordinator and facilitator of a 12-week programme, which was aimed to help people with long-term health conditions. The funding for the programme ended, which meant the programme also ended, after having supported people for 3 years. Although Jenny stayed on with the charity to run a food poverty project, she felt that there was still a need for something that was aimed to support people who suffered from long-term health conditions, mental health problems, isolation and loneliness. Patricia had been a volunteer for Jenny for many years and so together they decided to set up a community group. Jenny and Patricia have both had long-term health conditions for many years, and they understand the struggles and the problems that arise because of their conditions and disadvantages, so it was important to them (Jenny and Pat), that they directed their time and support to people that fit this criteria. So, Wellbeing Plus was born.

Wellbeing Plus follows the concept of the 5 ways to wellbeing:

- **Connect**
- **Take notice.**
- **Keep learning.**
- **Stay active.**
- **Give**

We encourage and support our participants to connect with people, make friends and develop and/or grow new relationships.

To take notice of their surroundings. What is going on in their local areas, church groups, other groups etc and we encourage them to join in with community groups and events as much as possible.

We encourage them to learn new skills. This is done within our own groups, but it is important that they learn new skills from as many facilitators as they are able to. This helps to keep their brain active and helps to divert their negative thoughts, even if it is just for a short while.

It is important for people to be as active as they can be. To walk as much as they can and if possible, to join a local walking group or to just walk to the shop with a friend.

Being active helps us to stay active for longer periods of time and it is an important aspect of the 5 ways to wellbeing.

We also encourage people to give. This is too often considered to be financial, however we do not encourage people to give money, we encourage people to give their time. To help others, even if this is to just pop to the shop for an elderly neighbour. When we help others, we feel proud of ourselves, and this helps to raise our self-esteem. It also reminds us that we are important, and we are able to be a positive influence in someone else's life. We also discuss the possibilities available as regards the benefits of volunteering and how the Redcar and Cleveland Voluntary Development Agency (RCVDA) can help to find volunteering roles that best suit an individual's skillset and needs etc.

The 5 Ways to Wellbeing sets a fantastic ground base for everyone who is ready to take back control of their life and to make the most of the opportunities that come their way. Many of which are offered by Wellbeing Plus.

Originally Wellbeing Plus was run as a constituted community group. Unfortunately, Covid put the groups on hold, and had to be started from scratch when it was safe to do so.

At this time Wellbeing Plus were receiving small pots of funding, but this was barely covering the room hire costs and the cost of the tools and resources that were needed during the craft sessions.

Eventually it was decided that we could support more people and put on more groups each week if we had a base to work from, rather than hiring rooms on a weekly basis so we started to look for suitable premises and found them on Lord Street in Redcar.

People who suffer with long-term health conditions, mental health problems, isolation and loneliness etc, tend to feel quite intimidated by large groups of people so it was important that we should keep each group to between 6 to 8 people, and these premises are perfect for that. Our clients often say that they feel more comfortable coming to our groups, because we keep them small, and they don't tend to access larger groups that are offered within the area because of their anxieties.

Having premises also meant that we would have everything in one place and to hand, rather than having to transport it all, which proved really difficult at times, as there are many things required when crafting. For example, guillotines, tools and glues, various colours of cardstock and papers, then all of the embellishments and decorations etc. Having a home base ensures that everyone has more choice and can be more creative with their projects.

The lease on the premises was agreed and signed in early October 2023, and we began advertising straight away. We started with a craft session on a Monday morning and a coffee morning on a Tuesday morning. Each craft group would run for a period of 8 weeks and the coffee morning would be a continual group, offering a warm and safe space for people to come along for social interactions with other people where they didn't need to worry about the cost, as all refreshments are free.

Both groups were set to start by the end of the October, which gave us time to advertise and to prepare the craft room.

The aim was to have 3 groups a week within 6 months. This included 2x 2-hour craft sessions and 1x 2-hour coffee morning.

These proved to be really popular, so a second 2-hour craft group was offered on a Tuesday afternoon, which also filled quickly. During this time, we received an email from a lady who worked during the day, but really wanted to attend our craft groups and she asked if we had anything on of an evening. Unfortunately, we were unable to accommodate her request at that time, but we said that we would add a post online to see if there was anyone else who would like to attend an evening craft session, and that if we could get enough people interested, we would get back to her.

We were overwhelmed by responses, so we added an evening 2-hour craft session for them from 5.30pm until 7.30pm. Something that we would be unable to do if we were still hiring rooms in various venues.

It is now over a year since we opened on Lord Street and we are currently running 3x daytime craft sessions, 2x evening sessions and the coffee morning, with a further 2 craft sessions already planned to start from mid-May. This is double what we had anticipated to achieve by this point, and we have been overwhelmed by the responses and support that we have received from the community since we opened.

We are predominantly funded by the generous funders that can see the benefits that we have on our group members and the community, but we have also started to do some funding of our own. We have a tea and coffee donation box where group members can donate if they are able to. We also run raffles, from which we have done really well. Last years Easter raffles that were run, raised enough funds which enabled us to buy a second hand die-cutting machine.

We also sell the crafts that I and another volunteer make, where all the proceeds go to the charity, and we sell other various items that are donated to the charity. The customer base is generally passers-by, but the longer we are there, the more and more people are noticing us and calling in to see what we do.

We are also having discussions about hosting wellbeing events in the future, such as yoga sessions, relaxation techniques, reiki etc, as well as social events such as pie and peas nights, quiz nights and bingo nights, where all proceeds that are raised will be for the benefit of Wellbeing Plus.

Wellbeing Plus is not in any debt; however, our accounts demonstrate that we have spent more money than we have received. This is the case, but the deficit has been subsidised by Jenny Crawford from her own personal incomings, and she has loaned Wellbeing Plus a lot of her crafting tools and equipment, in order to save the charity money.

In the last 6 months we have had over 50 people attending our groups and coffee mornings and their feedback has been fantastic and very positive. Our aims and objectives going forward is that we can continue to provide craft groups and coffee mornings and expand further on the number of sessions that we provide. As more and more people are getting to know what we do, we are getting more participants signing up for the next block of craft sessions. So, we will continue to meet the demand of the community, to listen to their feedback and to continue to adapt to their needs.

We plan to continue increasing sales to boost an income for Wellbeing Plus, but we understand that this is generally a slow process, as it is with any regular business that is just setting out. The funding we receive is vital to the future of Wellbeing Plus and is much appreciated and valued by many people, not just the trustees, but also the participants that are the direct beneficiaries of all funding received. We have recently gained some traction regarding fund raising and we are more and more confident that we are on the right track now and hope to see more of a steady income for the charity, as well as further funding from local benefactors. There are no paid staff within Wellbeing Plus as everyone works on a voluntary basis, and we are all dedicated to supporting the community and to the success of Wellbeing Plus.

Inv No.	Date	Details	Amount	Purchase:	Cleaning	Repair
1	4/24/2024	Amazon	6.99	6.99		
2	4/24/2024	Amazon	7.49	7.49		
3	4/24/2024	Amazon	2.33	2.33		
4	4/24/2024	Amazon	8.99	8.99		
5	4/24/2024	Amazon	9.99	9.99		
6	4/27/2024	Amazon	4.6			4.6
7	4/21/2024	Create and Cra	88.56	88.56		
8	4/20/2023	Create and Cra	233.37	233.37		
9	5/17/2023	Amazon	14.39	14.39		
10	5/29/2023	Amazon	9.99	9.99		
11	5/29/2023	Amazon	16.99	16.99		
12	5/29/2023	Amazon	5.99			5.99
13	6/20/2023	Amazon	10.79	10.79		
14	6/20/2023	Amazon	17.54	17.54		
15	6/20/2023	Amazon	12.49	12.49		
16	6/21/2023	Amazon	7.95	7.95		
17	6/20/2023	Amazon	3.99	3.99		
18	6/21/2023	Amazon	5.48	5.48		
19	7/15/2023	Amazon	4.99	4.99		
20	7/15/2023	Amazon	3.99	3.99		
21	7/26/2023	Amazon	12.49	12.49		
22	7/26/2023	Amazon	9.99	9.99		
23	7/27/2023	Amazon	4.99	4.99		
24	7/27/2023	Amazon	5.94	5.94		
25	7/30/2023	Amazon	7.95	7.95		
26	8/6/2023	Amazon	3.09	3.09		
27	8/12/2023	Amazon	3.72	3.72		
28	8/12/2023	Amazon	3.99	3.99		
29	8/12/2023	Amazon	3.89	3.89		
30	8/12/2023	Amazon	5.99	5.99		
31	8/12/2023	Amazon	4.93	4.93		
32	8/12/2023	Amazon	12.22	12.22		
33	8/14/2023	Amazon	2.49	2.49		
34	8/25/2023	Amazon	59.95			59.95
35	8/25/2023	Amazon	135.98			135.98
36	8/26/2023	Amazon	23.44	23.44		
37	8/26/2023	Amazon	24.32			
38	8/29/2023	Amazon	177.6			
39	8/30/2023	Amazon	7.49	7.49		
40	8/30/2023	Amazon	12.99			12.99
41	8/30/2023	Amazon	17.98	17.98		
42	8/30/2023	Amazon	16.98	16.98		
43	8/30/2023	Amazon	31.99	31.99		
44	8/30/2023	Amazon	4.99	4.99		
45	8/31/2023	Amazon	11.99	11.99		
46	8/31/2023	Amazon	9.22	9.22		
47	8/31/2023	Amazon	12.49	12.49		

48	8/31/2023 Fushi Electric	16.98	16.98	
49	8/31/2023 Amazon	6.79	6.79	
50	8/31/2023 Amazon	6.98	6.98	
51	9/5/2023 Amazon	9.99		9.99
52	9/5/2023 Amazon	9.38		9.38
53	9/8/2023 Amazon	11.17		11.17
54	9/8/2023 Amazon	6.64		6.64
55	9/14/2023 Amazon	11.31		11.31
56	9/14/2023 Amazon	5.3		5.3
57	9/14/2023 Amazon	7.49		7.49
58	10/11/2023 Amazon	107.98		107.98
59	10/11/2023 Amazon	149.9		149.9
60	10/11/2023 Amazon	42.7		42.7
61	10/12/2023 Amazon	7.7		
62	10/13/2023 Amazon	34.38		34.38
63	10/14/2023 Amazon	68		68
64	10/14/2023 Amazon	53.99		53.99
65	10/31/2023 Window Cleani	3	3	3
66	10/1/2023 Ner-Brek Ltd	422		
67	11/3/2023 Amazon	17.99	17.99	
68	11/3/2023 Amazon	6.99		
69	11/4/2023 Accumalted Ar	4.99		4.99
70	11/4/2023 Amazon	7.99	7.99	
71	11/6/2023 Amazon	5.4	5.4	
72	11/6/2023 Amazon	7.99	7.99	
73	11/6/2023 Amazon	11.67	11.67	
74	11/6/2023 Amazon	7.49	7.49	
75	11/6/2023 Amazon	7.02	7.02	
76	11/5/2023 Amazon	8.49	8.49	
77	11/7/2023 Amazon	10.29	10.29	
78	11/7/2023 Amazon	15.19	15.19	
79	11/7/2023 Amazon	7.83	7.83	
80	11/24/2023 Amazon	5.85	5.85	
81	11/26/2023 Amazon	12.52	12.52	
82	11/1/2023 Ner-Brek Ltd	422		
83	11/2/2023 Craft Supplies	200	200	
84	11/28/2023 Window Cleani	6		6
85	11/8/2023 Tesco	2.8	2.8	
86	2/6/2024 Aladdins Cave	120		120
87	2/1/2024 Ner-Brek Ltd	470		
88	12/1/2023 Crafty Flair	55.47	55.47	
89	12/9/2023 Amazon	6.49		
90	12/1/2023 Ner-Brek Ltd	470		
91	1/26/2024 Amazon	19.99	19.99	
92	1/26/2024 Amazon	17.99	17.99	
93	1/26/2024 Amazon	9.99	9.99	
94	1/29/2024 Amazon	5.99	5.99	
95	1/29/2024 Amazon	24.33	24.33	

96	1/1/2024 Amazon	470		
97	1/21/2024 Craft Supplies	110	110	
98	1/18/2024 S Stark	80		80
99	2/3/2024 Amazon	11.99	11.99	
100	2/13/2024 Amazon	20.99	20.99	
101	2/16/2024 Amazon	8.97	8.97	
102	2/16/2024 Amazon	17.39	17.39	
103	2/17/2024 Amazon	8.39		8.39
104	2/1/2024 Repair	30		30
105	2/1/2024 Repair	60		60
106	2/1/2024 Repair	70		70
107	3/28/2024 The Works	108.25	108.25	
108	3/21/2024 Totally Beads	12.99	12.99	
109	3/1/2024 Ner-Brek Ltd	470		
110	4/2/2024 Boyes	1.45	1.45	
111	4/2/2024 Boyes	3.6	3.6	
112	4/1/2024 Ner-Brek Ltd	470		
		6010.44	1455.23	26.99 1114.12

Office Motor Ex Light & H Rent

24.32
177.6

7.7

422

6.99

422

470

6.49

470

470

470

470

223.1 0 0 3194

1434

Funding

Date	Detail	Amount
8/14/2023	Redcar Cleveland Council	3003.30
12/18/2023	Catherine Cookson Foundation	500.00
3/27/2024	Tees Valley Community Fund	2500.00
3/28/2024	Redcar Cleveland Council	333.70
		6337.00

Donations

**Wellbeing Plus
Charity Accounts
Profit & Loss Account Year Ending 31st March 2024**

	£	£	
Income			
Grants		6337.00	4110.44
Donations		<u>1110.44</u>	
		7447.44	
Expenses			
Purchases	1455.23		
Cleaning	26.99		
Repair	1114.12		
Office	223.1		
Light & Heat	1434		
Rent	3194		
Total Expenses	7447.44	7447.44	
Net Profit		0	

4110.44

WELLBEING PLUS

England & Wales - Charity number 1197077

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

The Richard Evans Centre,	
West End Road, Haydock,	
St Helens.	
Postcode	WA11 0AH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Anthony Grimshaw	Chair		Executive committee
2	Christian Teesdale	Committee member		Executive committee
3	Suzanne Sutcliffe	Safeguarding officer		Executive committee
4	Michael Rollinson	Minutes Secretary		Executive committee
5	Ben Ramsey	Committee member		Executive committee
6	Christopher Whittle	Committee member		Executive committee
7	Carl Anthony Bretherton	Committee member		Executive committee
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution – first adopted on 6th January 1996 updated with a name change to the current name on 22nd May 2004

How the charity is constituted
(eg. trust, association, company)

Association

Trustee selection methods
(eg. appointed by, elected by)

Trustees are elected on to the executive committee at the AGM each year.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To advance the education of brass band playing and to further the development in the said art by the presentation of concerts and similar activities while also promote the advancement of citizenship, community development and to alleviate disadvantage where possible

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Valley Brass Main Band

The highest musical group within our charity. Containing 29 musicians with 8 over the age of 25 and the rest under this age with the majority being under 20 years. This is the main fundraising ensemble and therefore provides nearly 100% of the financial support for the groups listed below. The group rehearses twice a week and appears at 3 festivals/competitions each year. They also perform at approximately 20 concerts and marches/carnivals/walking days as well as undertaking 30 Christmas Carol collections throughout December. The group also provide some extra concert performances for charities in Merseyside (free of charge) including the BBC Radio Merseyside Carol Concert at either Cathedral in Liverpool in aid of Children In Need.

Music Education Programmes

Our Musical Director presents workshops to Primary Schools around the St.Helens Borough. These workshops allow children to learn about the musical heritage of their area and to show them the instruments of the Brass Band in the hope of re-educating the St.Helens public in the history and importance of Brass Bands.

Learner Group (Saturday Music School)

The group meet each Saturday and are taught by our volunteer tutors. They also have regular days out and break times to promote social activities and keep things fun. They would normally perform with our training band at community fetes and three concerts organised by Valley Brass. In an area of low-income families this group provides enrichment for children who would have limited access to music and a positive social experience which is affordable.

Adult Learners/Training Band

This group combines the improving learners with adults who are learning to play a musical instrument from scratch (aged up to 80 years of age). As previously mentioned, they would normally perform at community fetes and at three Valley Brass Concerts - our Christmas Concert, Summer Concert and Halloween Concert.

School Brass Bands/Groups

Valley Brass support two high school bands - St Augustines and St Cuthberts and two primary schools - Lyme Primary and Legh Vale, with provision of instruments for their brass bands. We also provide instruments for brass tuition for new year seven pupils as part of their class lessons at St.Cuthberts High School. Our musical director provides this tuition and this is part of our support of our local community and is evidence of our outreach work into the local community.

Community Centre

In 2013 Valley Brass took a 20-year lease on the former Richard

Evans School to use as a rehearsal centre and provide facilities for the local community. This is on West End Rd in Haydock. We currently have a number of groups who use the building as well as the Valley Brass Main Band, Our Centre is a base for a number of community groups with large memberships as well as Valley Brass. Adult Learners Group - promoting music and instrumental performance to adults who have never played before - and Childrens Group. The Crochet club is called Untangled - set up to support mental wellbeing - they are renowned for public displays throughout Haydock. The NW Veterans Corp of Drums is a new group - set up to promote traditional military Fife and Drums and help with Veterans mental health. We have supported these groups at certain times by providing very low room rentals when they have been financially challenged. This can only be done by the fundraising activities of Valley Brass.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Chairman's Report -12 months without covid - back to competing and finishing 7th at Blackpool in the 2nd section. Best set of results ever at Whit Friday, want to push on at Saddleworth area this year because of half-term. Learner band has grown, 50% increase in the younger members and older. Main band retained and grew members. Keith is in good health which is a huge positive. Adverse weather at the end of the year has caused significant damage to the building - thanks to Liam for sorting the pipes and the water heater. Heating is now a priority to get sorted. Whit walks and Christmas collections very positive - still counting exact total. Push on for 2023 and hope we continue to improve under Dave's guidance - a good performance at Blackpool being the start.

Musical Director's Report - Address bands in three - main, training, and learner. Learners are coming on well. Built to get 15 children in the band from a catastrophic loss after covid. Split between Learner & Training. Recruitment drive through schools - Dave in Leigh Vale until Easter 2023, want to do more workshops in schools after then. All generally is going well. Want to introduce more structure in Learner band - retain "club" feel with a push for potential. Introducing certificates to help them aim for improvement; measured/not too much. Need to continue with events and invest in socials to keep members interested and excited about coming to band. Training band has had a few joiners & leavers, maintaining its level - JA still advertising monthly. Would like to take them to a contest - want to get them doing a bit more but don't know what. CD recording is a good opportunity as it includes everyone. Main band, contests are as mentioned by chairman. Good performance at Blackpool last year - impressed one adjudicator. Whit Friday was good but not perfect - still room to improve recognised by everyone. Concerts are coming back, with a decent number of bookings - would be good to do more "social" concerts like Bierkeller, area to target expansion. Christmas was maybe too busy. May look to drop concerts and reevaluate our workload - felt a lack of enthusiasm from the band. Supermarket carolling is where the money is and need to think around this for 2023. Planning for a CD, 2024 trip to Normandy, 2026 trip to Chalon. 2026 trip is more definite as lots of groups with connections looking to book concerts. 2024 still needs more planning - small group going over in May 23 to scope hotels and build on the plan with opportunities. Proposing to tour Easter weekend. Christmas will be how we best subsidise costs to members. Had Parr band in the building and excited to help and continue helping them. Crochet, Ju-Jitsu, and NW Corp of Drums using the building. Lots of maintenance to be done - issues with getting heating and carpeting with delays from trades. Disabled WC had window ordered, to be fitted. 11k is needed for roof, then the next job is the main hall. The flat roof is a mess because 15 years ago, before the band first took on the building, someone stole the lead and the council's repairs that were done at the time are now proven to have been temporary only and inadequate. Cannot challenge this unfortunately. 11k in grants for repairs received but will need c.21k more to cover everything off - DC working on managing proposals for this. Generally okay but room for improvement.

Section E

Financial review

Brief statement of the charity's policy on reserves

No reserves

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Source of funds:
Membership subs
Donations
Performance fees
Grants
Room hires to community groups

Section F Other optional information

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Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

--	--

Full name(s)

Amanda Chadwick	
-----------------	--

Position (eg Secretary, Chair, etc)

Safeguarding Lead

Date

10?02/2024

Wellbeing Plus accounts from outset to April 2022

Money In

3500 Funding

Money Out

400.96 CEO Materials, equipment and expenses accumul
439.81 Director Equipment and expenses accumulated prior 1
77.71 Storage
129.6 Website
206.34 Insurance
70 Admin
9.59 Materials
41.49 Storage
175.25 Refreshments
264.32 Crafting Materials
137.21 Cardstock
126 Advertising
76.96 Games
242.35 Tools
307.8 Fuel

2705.39 Total expenses

794.61 Total income minus expenses

ated prior to the release of funds
to the release of funds

Wellbeing Plus accounts from April 2022 to April 2023

Money carried forward	794.61
Money In	300.00 Asda foundation
	1094.61 Total income for the year commenc
Money Out	10.80 Website
	10.80 Website
	12.60 Website
	78.66 CEO, Materials and equipment
	68.62 CEO, Materials and equipment
	108.00 Website
	37.80 Materials
	212.15 Insurance
	72.25 Xmas materials
	30.80 Xmas materials
	43.95 Xmas materials
	30.00 CRB
	240.00 Travel - York Trip
	339.00 Shelving
	68.48 Materials
	146.00 Materials
	381.97 Craft Items
	1891.88 Total expenses
	-797.27 Total income/loss minus expenses

ing April 2022 - April 2023