

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

Registered Charity Number: 1197052

REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 DECEMBER 2024

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THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2024

Reference and administrative information

Charity Name: The League of Friends of St Monica's Hospital

Charity Number: 1197052

Principal Address: The Friends Office
St Monica's Hospital
Long Street
Easingwold
York
YO61 3JD

Bankers: Lloyds Bank plc
PO Box 1000
BX1 1LT

Independent Examiner: Nigel Everard BA FCA
Hunter Gee Holroyd
Club Chambers
Museum Street
York
YO1 7DN

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2024

History

The Hospital was founded in 1893 by Mrs Katherine Love, a local benefactor. At first it was known as the Easingwold Cottage Hospital but later renamed St Monica's Hospital.

Taken over by the Secretary of State for Health in 1948, the Hospital is now designated a Community Hospital with 12 beds. It is administered by the York Teaching Hospital NHS Foundation Trust providing nursing, rehabilitation and physiotherapy care.

The League of Friends of St Monica's Hospital was founded in 1969 to support and promote the work of the Hospital. It has worked tirelessly to raise funds for various building improvements as well as nursing and medical needs. The League obtained charitable status in 1983 under the Governing Document dated 13th January 1983. A new governing document (constitution) was approved by the Charity Commission on 19th October 2018. This new document enables the Trustees to allocate funds for spending in the wider community. The primary focus of spending however will always be the Hospital. On 10 December 2021 the Charity changed status to a Charitable Incorporated Organisation. The Annual General Meeting is open to the public and Members are entitled to speak and vote.

Organisation

In the year under review the President and Trustees were:

President:

Mrs Joan Ramsay

Hon. Vice President:

Peter Glossop

Trustees:

David Kenworthy (Chairman)

Jane Wintermeyer (Vice Chair)

Angela Bussey (Secretary) (appointed 9th January 2024)

David Fordham (Treasurer)

Derek McLuckie

Jennifer Rhodes

Michael Clarke

Terry Saeedi

Dr Ian Jackson

Dr Lorraine Boyd

Graham Pratt

Peter Berry

Under the revised Governing Document (Constitution) one third of the Trustees retire from office at the conclusion of the Annual General Meeting but are eligible for re-election. The total number of Trustees may not be less than five. Following the Charity Commission's guidance all Trustees undertake familiarisation on governance and trustees duties and responsibilities. In Addition, all trustees are now asked to obtain a credit rating score.

Meetings of trustees are held in person every two months.

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2024

Funds and Donations

Many people in the local community continue to be extremely generous. Whilst no fundraising events have been held this year, the trust has received donations made at funerals. From time to time the Friends also benefits from substantial legacies and anonymous donations through the Charities Aid Foundation. Routine allocations and purchases of some medical equipment are made by the Charity annually. These include:

- Maintenance of Hospital grounds and gardens
- Maintenance and provision of garden furniture
- Physiotherapy requisites
- Christmas Gifts for patients
- Provision of newspapers, toiletries and telephone
- Staff Christmas Party
- Flowers for the hospital entrance

Donations which are specified by the donor for the benefit of staff are forwarded to the York and Scarborough Teaching Hospital NHS Foundation Trust. The hospital manager is then able to request money from this fund.

Letters of thanks for major amounts are sent by the Chairman or Treasurer.

The Trustees are very aware of the generosity of many people and every effort has been made to ensure all donations are used to the best possible advantage of patients within the Hospital and within the communities served by it. Many hospital projects and major improvements require the approval of the NHS.

Investments

The current policy of the Charity is to invest excess funds in building societies and banks all of which are covered by the Financial Services Compensation Scheme. In addition an amount not exceeding 20% of total funds has been placed in a medium risk investment trust in order to improve the overall return on funds invested. Reviews are carried out regularly to ensure that the financial institutions continue to provide the appropriate and secure investment opportunities.

In 2023 the cash investments with various banks and building societies were moved to a cash investment platform, Insignis, which is an internet-based system introduced to us through Mowatt Financial Planning. The system provides the Trustees with the opportunity to take advantage of the best cash investment rates available and all monies invested are covered by the FSCS.

The trustees are aware of reviews assessing the use of NHS premises in the Easingwold area. Whilst no plans have been published, the trustees have decided that it would be prudent to notionally retain £250,000 in case new equipment is required in the next few years for the hospital.

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2024

Financial Advisor: Mowatt Financial Planning

Our financial advisor's work continues to be carried out for no charge as their contribution to the work of the charity.

Activities

The trust has provided toiletries for patients and weekly visits from a hairdresser. Efforts are being made to provide clothing packs for those patients who arrive at the hospital without sufficient changes of clothes. These small changes have resulted in positive comments from patients. Televisions which were originally purchased by the trust have been replaced as they fail.

In line with the York and Scarborough Teaching Hospitals NHS Foundation Trust Autumn Project to refresh palliative care facilities in hospitals, FOSMH paid for the decoration and updating of the Palliative Care room and another room used for palliative care.

FOSMH has agreed to fund a project to provide Comprehensive Geriatric Reviews for people who are at risk of becoming frail and requiring hospital treatment. Each patient spends about two hours with a medical team at St Monica's Hospital. The team comprises a GP, physiotherapist, prescriber and occupational therapist. The project is under the management of a local GP and will be funded for two years with regular reviews of progress by trustees.

The trust has continued to recruit and train volunteers to work in the hospital. Most of the work is providing refreshments for patients which relieves staff of those duties. Their assistance is appreciated by both staff and patients.

Close attention has been paid to the effect of alterations to other medical premises, such as the Health Centre, in the Easingwold area to assess what effect this will mean for St Monica's and its facilities, particularly those which have been provided in previous years by the trust.

FOSMH has continued making grants within the local communities. These grants are detailed elsewhere in this report. The trustees are conscious of the need to make grants wisely and, to assist in good decision making, the grants policy is regularly reviewed. It is clear that the role of FOSMH as a grant making charity has become well known in the area leading to increased requests. Requests are still being made to FOSMH which would be better directed to other grant makers such as Sport England for sporting equipment. The trustees are keen not to put off requests and, therefore, efforts are made to direct requests to the most suitable source of funds.

The partnership with EDCCA has continued through the year with FOSMH funding Meals on Wheels and contributing to Men in Sheds. Men in Sheds has refurbished garden furniture for the hospital. The trustees of both charities constantly consider areas where the charities can work closely together.

Communications

One trustee has responsibility for the communications strategy. Major grants are accompanied by stories in local press, social media or radio if appropriate. Every effort is made to attract more bids for grants by highlighting the success of grants

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2024

Risk Assessment

Public liability and Trustees' insurances are in place and a review is undertaken annually to ensure that the cover is appropriate. Controls in place for the movement of funds are considered adequate. The financial records are processed using an accounting software package and presented in summary form with a report at every Trustees' meeting at which they are open for scrutiny and discussion.

Safeguarding

Safeguarding is a key governance priority for the League of Friends Trustees. We are committed to keeping safe the vulnerable people whom we work alongside and acknowledge our duty to act appropriately to any allegations, reports or suspicions of abuse. It is important to have the policy and procedures in place so that when volunteers are recruited, they and trustees will be clear about responsibilities. The safeguarding policy is reviewed every two years. All volunteers and trustees with regular access to the hospital undergo DBS checks.

Data Protection

Procedures are in place to satisfy the requirements of the Data Protection legislation (GDPR) by using a secure third party system. This is important, particularly in view of our maintenance of a membership database.

Financial Review

During the year grants of £62,778 were paid out (details are in Note 4 to the accounts). Expenditure relating to hospital needs for 2024 was £16,267. The income available to the charity over the year was £43,361. The expenses of administering the charity in 2024 were £3,303.

Future Activities

Having joined the Yorkshire Funders organisation in 2023, trustees have learnt much about good grant-making which will continue to be an important part of the trust's work. Mention has been made of the changes to NHS premises and working practices in the area. The trustees will take every opportunity to make the case for retaining St Monica's hospital as a valuable resource in the Easingwold area.

Trustees are continually looking for other partnership possibilities such as those with EDCCA and will continue to do so.

The Trustees declare that they have approved the Trustees' report above.



David Kenworthy
Trustee



David Fordham
Trustee

Date 28.4.25

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE LEAGUE OF FRIENDS OF ST. MONICA'S HOSPITAL FOR THE YEAR ENDED 31 DECEMBER 2024

I report to the trustees on my examination of the accounts of the Trust for the year ended 31 December 2024 which are set out on pages 7 to 10

RESPONSIBILITIES AND BASIS OF REPORT

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('The Act').

I report in respect of my examination of the Trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the charity Commissioner under section 145(5)(b) of the 2011 Act.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirements that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Nigel Everard BA FCA
Hunter Gee Holroyd Chartered Accountants
Club Chambers
Museum Street
York
YO1 7DN

29th April 2025

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

RECEIPTS & PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2024

	2024		2023	
	£	£	£	£
RECEIPTS				
DONATIONS				
Donations and Memorial Gifts	9,690		7,779	
Legacies	<u>11,000</u>		<u>10,000</u>	
		20,690		17,779
INVESTMENT INCOME				
Investments - Interest	<u>22,671</u>		<u>14,520</u>	
		<u>22,671</u>		<u>14,520</u>
		43,361		32,299
PAYMENTS				
FUNDRAISING & ADMINISTRATION EXPENSES				
Insurance	316		304	
Stationery, Advertising and Promotion	630		574	
Accountancy	996		936	
Website	-		630	
Membership Recording	260		222	
Computer Equipment & Software	120		428	
Sundries	238		416	
Bank & Insignis Charges	<u>743</u>		<u>157</u>	
		<u>3,303</u>		<u>3,667</u>
BALANCE CARRIED FORWARD		40,058		28,632

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2024

	Notes	2024		2023	
		£	£	£	£
BALANCE BROUGHT FORWARD			40,058		28,632
GRANTS PAID	4		62,778		32,006
HOSPITAL NEEDS					
Hospital Equipment		152		5,082	
Newspapers		1,103		1,286	
Telephone		290		676	
Staffroom, Staff Welfare etc		1,205		2,776	
Hospital Grounds		8,750		9,239	
Autumn Project		783		-	
Flowers		475		-	
Staff Retirement Gifts		113		-	
Patient Hairdressing		3,243		1,742	
Patient Toiletries & Christmas Gifts		154	16,267	361	21,162
DECREASE IN FUNDS			<u>(38,987)</u>		<u>(24,536)</u>
FUNDS AT END OF LAST YEAR			<u>598,252</u>		<u>622,788</u>
FUNDS AT END OF THIS YEAR			<u>559,265</u>		<u>598,252</u>

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

BALANCE SHEET

AS AT 31 DECEMBER 2024

	Notes	2024		2023	
		£	£	£	£
Investments		100,000		100,000	
Balances at Bank					
- Current Account		3,525		1,136	
- Deposit Account		17,480		50,093	
- Cash Invested Deposits		437,884		446,343	
Cash		376		680	
CURRENT ASSETS			<u>559,265</u>		<u>598,252</u>
NET CURRENT ASSETS			<u>559,265</u>		<u>598,252</u>
TOTAL ASSETS			<u>559,265</u>		<u>598,252</u>
FUNDS					
Unrestricted	2		559,265		598,252
Restricted			-		-
			<u>559,265</u>		<u>598,252</u>

Approved on behalf of the trustees by:



David Kenworthy
Trustee



David Fordham
Trustee

Date 28-4-25

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

NOTES TO THE ACCOUNTS

AS AT 31 DECEMBER 2024

1. Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Charities Act 2011.

The financial statements have been prepared on the 'receipts and payments' basis.

2. Unrestricted funds

From time to time the charity is fortunate to receive substantial legacies and donations from the estates and relatives of former patients and sometimes from other generous benefactors who wish to see the work of St Monica's maintained at the highest level, within the best possible accommodation and with the finest equipment. The trustees are mindful that they need to address uses for these funds and undertake to do so with the cooperation of York Hospitals Trust which provides the day to day nursing and care functions and funds all associated costs of running the establishment.

3. Investments

Listed investments included on the balance sheet at cost of £100,000 had a market valuation of £154,780 as at 31 December 2024 (2023 £140,222).

4. Grants Paid

Stillington Cricket Club - contribution to roller	6,000
Meals on Wheels	1,335
Huby & Sutton Shop - Disabled facilities	5,700
Charities Aid Foundation re Men in Sheds	586
Friends of Springhill Court	1,820
All Hallows PCC - Craft & Natter Group	600
Kurts Club	1,500
APLA - Alne Access Path	10,000
York & Scarborough NHS re Tanpit TVs and Physio Equipment	7,178
EDCCA - Men in Sheds - tools	755
South Humberside and Ryedale Primary Care Network - CGA service	27,304
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	62,778