

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

England & Wales · Charity number 1197052

Details

Status Registered

Legal form CIO

Registered 2021-12-10

Register [View on the Charity Commission register](#)

Contact

Address St. Monica's Hospital
Long Street
Easingwold
York
YO61 3JD

Phone 07985255869

Email friends@fosmh.org.uk

Website www.fosmh.org.uk

Activities

Objects: THE OBJECT OF THE CIO IS:FOR THE PUBLIC BENEFIT, THE RELIEF OF SICKNESS AND THE PRESERVATION AND PROTECTION OF GOOD HEALTH AND WELLBEING IN THE EASINGWOLD DISTRICT AND SURROUNDING AREAS BY:1. PROMOTING, ENCOURAGING AND SUPPORTING THE BETTERMENT OF FACILITIES AND SERVICES AT ST MONICA'S HOSPITAL, EASINGWOLD FOR THE BENEFIT OF THE LOCAL COMMUNITY, IN PARTICULAR ITS PATIENTS AND OTHER USERS; 2. PROVIDING GRANTS OF FINANCIAL ASSISTANCE AS THE TRUSTEES SEE FIT TO SUPPORT THE HEALTH AND WELLBEING OF MEMBERS OF THE WIDER COMMUNITY.

Activities: For the public benefit, the relief of sickness and the preservation and protection of good health and wellbeing in the Easingwold district and surrounding areas.

Classification

- **How:** Makes Grants To Organisations
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** LOCAL
- North Yorkshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£43,361	£82,348	-	-
2023-12-31	£32,299	£56,835	-	-
2022-12-31	£26,809	£35,354	-	-

Trustees

Name	Role	Appointed
Angela Sharon Bussey Mrs		2024-01-09
Barry Keith Wilkinson		2025-04-08
Dr Ian James Blackie Jackson		2022-09-08
Dr Lorraine Marie Boyd		2022-09-08
Graham Leonard Pratt		2022-09-08
Jane Susan Wintermeyer		2022-09-06
Jennifer Mary Rhodes		2014-09-10
Michael Charles Clarke		2019-11-28
Robert Snook		2025-09-30
Ronald James Woodham		2025-09-30
Terry Lynne Saeedi		2022-09-08

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

England & Wales - Charity number 1197052

Accounts

**THE LEAGUE OF FRIENDS OF
ST MONICA'S HOSPITAL**

Registered Charity Number: 1197052

REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 DECEMBER 2024

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THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2024

Reference and administrative information

Charity Name: The League of Friends of St Monica's Hospital

Charity Number: 1197052

Principal Address: The Friends Office
St Monica's Hospital
Long Street
Easingwold
York
YO61 3JD

Bankers: Lloyds Bank plc
PO Box 1000
BX1 1LT

Independent Examiner: Nigel Everard BA FCA
Hunter Gee Holroyd
Club Chambers
Museum Street
York
YO1 7DN

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2024

History

The Hospital was founded in 1893 by Mrs Katherine Love, a local benefactor. At first it was known as the Easingwold Cottage Hospital but later renamed St Monica's Hospital.

Taken over by the Secretary of State for Health in 1948, the Hospital is now designated a Community Hospital with 12 beds. It is administered by the York Teaching Hospital NHS Foundation Trust providing nursing, rehabilitation and physiotherapy care.

The League of Friends of St Monica's Hospital was founded in 1969 to support and promote the work of the Hospital. It has worked tirelessly to raise funds for various building improvements as well as nursing and medical needs. The League obtained charitable status in 1983 under the Governing Document dated 13th January 1983. A new governing document (constitution) was approved by the Charity Commission on 19th October 2018. This new document enables the Trustees to allocate funds for spending in the wider community. The primary focus of spending however will always be the Hospital. On 10 December 2021 the Charity changed status to a Charitable Incorporated Organisation. The Annual General Meeting is open to the public and Members are entitled to speak and vote.

Organisation

In the year under review the President and Trustees were:

President:

Mrs Joan Ramsay

Hon. Vice President:

Peter Glossop

Trustees:

David Kenworthy (Chairman)

Jane Wintermeyer (Vice Chair)

Angela Bussey (Secretary) (appointed 9th January 2024)

David Fordham (Treasurer)

Derek McLuckie

Jennifer Rhodes

Michael Clarke

Terry Saeedi

Dr Ian Jackson

Dr Lorraine Boyd

Graham Pratt

Peter Berry

Under the revised Governing Document (Constitution) one third of the Trustees retire from office at the conclusion of the Annual General Meeting but are eligible for re-election. The total number of Trustees may not be less than five. Following the Charity Commission's guidance all Trustees undertake familiarisation on governance and trustees duties and responsibilities. In Addition, all trustees are now asked to obtain a credit rating score.

Meetings of trustees are held in person every two months.

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2024

Funds and Donations

Many people in the local community continue to be extremely generous. Whilst no fundraising events have been held this year, the trust has received donations made at funerals. From time to time the Friends also benefits from substantial legacies and anonymous donations through the Charities Aid Foundation. Routine allocations and purchases of some medical equipment are made by the Charity annually. These include:

- Maintenance of Hospital grounds and gardens
- Maintenance and provision of garden furniture
- Physiotherapy requisites
- Christmas Gifts for patients
- Provision of newspapers, toiletries and telephone
- Staff Christmas Party
- Flowers for the hospital entrance

Donations which are specified by the donor for the benefit of staff are forwarded to the York and Scarborough Teaching Hospital NHS Foundation Trust. The hospital manager is then able to request money from this fund.

Letters of thanks for major amounts are sent by the Chairman or Treasurer.

The Trustees are very aware of the generosity of many people and every effort has been made to ensure all donations are used to the best possible advantage of patients within the Hospital and within the communities served by it. Many hospital projects and major improvements require the approval of the NHS.

Investments

The current policy of the Charity is to invest excess funds in building societies and banks all of which are covered by the Financial Services Compensation Scheme. In addition an amount not exceeding 20% of total funds has been placed in a medium risk investment trust in order to improve the overall return on funds invested. Reviews are carried out regularly to ensure that the financial institutions continue to provide the appropriate and secure investment opportunities.

In 2023 the cash investments with various banks and building societies were moved to a cash investment platform, Insignis, which is an internet-based system introduced to us through Mowatt Financial Planning. The system provides the Trustees with the opportunity to take advantage of the best cash investment rates available and all monies invested are covered by the FSCS.

The trustees are aware of reviews assessing the use of NHS premises in the Easingwold area. Whilst no plans have been published, the trustees have decided that it would be prudent to notionally retain £250,000 in case new equipment is required in the next few years for the hospital.

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2024

Financial Advisor: Mowatt Financial Planning

Our financial advisor's work continues to be carried out for no charge as their contribution to the work of the charity.

Activities

The trust has provided toiletries for patients and weekly visits from a hairdresser. Efforts are being made to provide clothing packs for those patients who arrive at the hospital without sufficient changes of clothes. These small changes have resulted in positive comments from patients. Televisions which were originally purchased by the trust have been replaced as they fail.

In line with the York and Scarborough Teaching Hospitals NHS Foundation Trust Autumn Project to refresh palliative care facilities in hospitals, FOSMH paid for the decoration and updating of the Palliative Care room and another room used for palliative care.

FOSMH has agreed to fund a project to provide Comprehensive Geriatric Reviews for people who are at risk of becoming frail and requiring hospital treatment. Each patient spends about two hours with a medical team at St Monica's Hospital. The team comprises a GP, physiotherapist, prescriber and occupational therapist. The project is under the management of a local GP and will be funded for two years with regular reviews of progress by trustees.

The trust has continued to recruit and train volunteers to work in the hospital. Most of the work is providing refreshments for patients which relieves staff of those duties. Their assistance is appreciated by both staff and patients.

Close attention has been paid to the effect of alterations to other medical premises, such as the Health Centre, in the Easingwold area to assess what effect this will mean for St Monica's and its facilities, particularly those which have been provided in previous years by the trust.

FOSMH has continued making grants within the local communities. These grants are detailed elsewhere in this report. The trustees are conscious of the need to make grants wisely and, to assist in good decision making, the grants policy is regularly reviewed. It is clear that the role of FOSMH as a grant making charity has become well known in the area leading to increased requests. Requests are still being made to FOSMH which would be better directed to other grant makers such as Sport England for sporting equipment. The trustees are keen not to put off requests and, therefore, efforts are made to direct requests to the most suitable source of funds.

The partnership with EDCCA has continued through the year with FOSMH funding Meals on Wheels and contributing to Men in Sheds. Men in Sheds has refurbished garden furniture for the hospital. The trustees of both charities constantly consider areas where the charities can work closely together.

Communications

One trustee has responsibility for the communications strategy. Major grants are accompanied by stories in local press, social media or radio if appropriate. Every effort is made to attract more bids for grants by highlighting the success of grants

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2024

Risk Assessment

Public liability and Trustees' insurances are in place and a review is undertaken annually to ensure that the cover is appropriate. Controls in place for the movement of funds are considered adequate. The financial records are processed using an accounting software package and presented in summary form with a report at every Trustees' meeting at which they are open for scrutiny and discussion.

Safeguarding

Safeguarding is a key governance priority for the League of Friends Trustees. We are committed to keeping safe the vulnerable people whom we work alongside and acknowledge our duty to act appropriately to any allegations, reports or suspicions of abuse. It is important to have the policy and procedures in place so that when volunteers are recruited, they and trustees will be clear about responsibilities. The safeguarding policy is reviewed every two years. All volunteers and trustees with regular access to the hospital undergo DBS checks.

Data Protection

Procedures are in place to satisfy the requirements of the Data Protection legislation (GDPR) by using a secure third party system. This is important, particularly in view of our maintenance of a membership database.

Financial Review

During the year grants of £62,778 were paid out (details are in Note 4 to the accounts). Expenditure relating to hospital needs for 2024 was £16,267. The income available to the charity over the year was £43,361. The expenses of administering the charity in 2024 were £3,303.

Future Activities

Having joined the Yorkshire Funders organisation in 2023, trustees have learnt much about good grant-making which will continue to be an important part of the trust's work. Mention has been made of the changes to NHS premises and working practices in the area. The trustees will take every opportunity to make the case for retaining St Monica's hospital as a valuable resource in the Easingwold area.

Trustees are continually looking for other partnership possibilities such as those with EDCCA and will continue to do so.

The Trustees declare that they have approved the Trustees' report above.



.....
David Kenworthy
Trustee



.....
David Fordham
Trustee

Date..... 28.4.25

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE LEAGUE OF FRIENDS OF ST. MONICA'S HOSPITAL FOR THE YEAR ENDED 31 DECEMBER 2024

I report to the trustees on my examination of the accounts of the Trust for the year ended 31 December 2024 which are set out on pages 7 to 10

RESPONSIBILITIES AND BASIS OF REPORT

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('The Act').

I report in respect of my examination of the Trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charitable Commissioner under section 145(5)(b) of the 2011 Act.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirements that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Nigel Everard BA FCA
Hunter Gee Holroyd Chartered Accountants
Club Chambers
Museum Street
York
YO1 7DN

29th April 2025

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2024

	2024		2023	
	£	£	£	£
RECEIPTS				
DONATIONS				
Donations and Memorial Gifts	9,690		7,779	
Legacies	<u>11,000</u>		<u>10,000</u>	
		20,690		17,779
INVESTMENT INCOME				
Investments - Interest	<u>22,671</u>		<u>14,520</u>	
		<u>22,671</u>		<u>14,520</u>
		43,361		32,299
PAYMENTS				
FUNDRAISING & ADMINISTRATION EXPENSES				
Insurance	316		304	
Stationery, Advertising and Promotion	630		574	
Accountancy	996		936	
Website	-		630	
Membership Recording	260		222	
Computer Equipment & Software	120		428	
Sundries	238		416	
Bank & Insignis Charges	743		157	
		<u>3,303</u>		<u>3,667</u>
BALANCE CARRIED FORWARD		40,058		28,632

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2024

	Notes	2024		2023	
		£	£	£	£
BALANCE BROUGHT FORWARD			40,058		28,632
GRANTS PAID	4		62,778		32,006
HOSPITAL NEEDS					
Hospital Equipment		152		5,082	
Newspapers		1,103		1,286	
Telephone		290		676	
Staffroom, Staff Welfare etc		1,205		2,776	
Hospital Grounds		8,750		9,239	
Autumn Project		783		-	
Flowers		475		-	
Staff Retirement Gifts		113		-	
Patient Hairdressing		3,243		1,742	
Patient Toiletries & Christmas Gifts		154	16,267	361	21,162
			<u>16,267</u>	<u>361</u>	
DECREASE IN FUNDS			<u>(38,987)</u>	<u>(24,536)</u>	
FUNDS AT END OF LAST YEAR			<u>598,252</u>	<u>622,788</u>	
FUNDS AT END OF THIS YEAR			<u>559,265</u>	<u>598,252</u>	

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

BALANCE SHEET AS AT 31 DECEMBER 2024

	Notes	2024		2023	
		£	£	£	£
Investments		100,000		100,000	
Balances at Bank					
- Current Account		3,525		1,136	
- Deposit Account		17,480		50,093	
- Cash Invested Deposits		437,884		446,343	
Cash		376		680	
CURRENT ASSETS			<u>559,265</u>		<u>598,252</u>
NET CURRENT ASSETS			<u>559,265</u>		<u>598,252</u>
TOTAL ASSETS			<u>559,265</u>		<u>598,252</u>
FUNDS					
Unrestricted	2		559,265		598,252
Restricted			-		-
			<u>559,265</u>		<u>598,252</u>

Approved on behalf of the trustees by:



David Kenworthy
Trustee



David Fordham
Trustee

Date: 28-4-25

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

NOTES TO THE ACCOUNTS AS AT 31 DECEMBER 2024

1. Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Charities Act 2011.

The financial statements have been prepared on the 'receipts and payments' basis.

2. Unrestricted funds

From time to time the charity is fortunate to receive substantial legacies and donations from the estates and relatives of former patients and sometimes from other generous benefactors who wish to see the work of St Monica's maintained at the highest level, within the best possible accommodation and with the finest equipment. The trustees are mindful that they need to address uses for these funds and undertake to do so with the cooperation of York Hospitals Trust which provides the day to day nursing and care functions and funds all associated costs of running the establishment.

3. Investments

Listed investments included on the balance sheet at cost of £100,000 had a market valuation of £154,780 as at 31 December 2024 (2023 £140,222).

4. Grants Paid

Stillington Cricket Club - contribution to roller	6,000
Meals on Wheels	1,335
Huby & Sutton Shop - Disabled facilities	5,700
Charities Aid Foundation re Men in Sheds	586
Friends of Springhill Court	1,820
All Hallows PCC - Craft & Natter Group	600
Kurts Club	1,500
APLA - Alne Access Path	10,000
York & Scarborough NHS re Tanpit TVs and Physio Equipment	7,178
EDCCA - Men in Sheds - tools	755
South Humberside and Ryedale Primary Care Network - CGA service	27,304
	<hr/> <hr/>
	62,778

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

England & Wales - Charity number 1197052

Accounts

**THE LEAGUE OF FRIENDS OF
ST MONICA'S HOSPITAL**

Registered Charity Number: 1197052

REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 DECEMBER 2023

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REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2023

Reference and administrative information

Charity Name: The League of Friends of St Monica's Hospital

Charity Number: 1197052

Principal Address: The Friends Office
St Monica's Hospital
Long Street
Easingwold
York
YO61 3JD

Bankers: HSBC Bank plc
PO Box 26
Parliament Street
York
YO1 8XS

Lloyds Bank plc
PO Box 1000
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Independent Examiner: Nigel Everard BA FCA
Hunter Gee Holroyd
Club Chambers
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THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2023

History

The Hospital was founded in 1893 by Mrs Katherine Love, a local benefactor. At first it was known as the Easingwold Cottage Hospital but later renamed St Monica's Hospital.

Taken over by the Secretary of State for Health in 1948, the Hospital is now designated a Community Hospital with 12 beds. It is administered by the York Teaching Hospital NHS Foundation Trust providing nursing, rehabilitation and physiotherapy care.

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Organisation

In the year under review the President and Trustees were:

President:

Mrs Joan Ramsay

Hon. Vice President:

John Barr

Trustees:

David Kenworthy (Chairman)

Jane Wintermeyer (Vice Chair)

Derek McLuckie (Secretary until 9th January 2024)

Peter Glossop - retired 5th September 2023

David Fordham (Treasurer)

Sharon Metcalfe (St Monica's Staff Representative) - retired 5th September 2023

Jennifer Rhodes

Michael Clarke

Terry Saeedi

Dr Ian Jackson

Dr Lorraine Boyd

Graham Pratt

Peter Berry

Angie Bussey (Secretary) - appointed 9th January 2024

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2023

Under the revised Governing Document (Constitution) one third of the Trustees retire from office at the conclusion of the Annual General Meeting but are eligible for re-election. The total number of Trustees may not be less than five. Following the Charity Commission's guidance all Trustees undertake familiarisation on governance and trustees duties and responsibilities. In Addition, all trustees are now asked to obtain a credit rating score.

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Funds and Donations

Many people in the local community continue to be extremely generous. Whilst no fundraising events have been held this year, the trust has received donations made at funerals. From time to time the Friends also benefits from substantial legacies and anonymous donations through the Charities Aid Foundation. Routine allocations and purchases of some medical equipment are made by the Charity annually. These include:

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- Maintenance and provision of garden furniture
- Physiotherapy requisites
- Christmas Gifts for patients
- Provision of newspapers, toiletries and telephone
- Staff Christmas Party

Donations which are specified by the donor for the benefit of staff are forwarded to the York and Scarborough Teaching Hospital NHS Foundation Trust. The hospital manager is then able to request money from this fund.

Letters of thanks for major amounts are sent by the Chairman or Treasurer.

The Trustees are very aware of the generosity of many people and every effort has been made to ensure all donations are used to the best possible advantage of patients within the Hospital and within the communities served by it. Many projects and major improvements require the approval of the NHS.

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2023

Investments

The current policy of the Charity is to invest excess funds in building societies and banks all of which are covered by the Financial Services Compensation Scheme. In addition an amount not exceeding 20% of total funds has been placed in a medium risk investment trust in order to improve the overall return on funds invested. Reviews are carried out regularly to ensure that the financial institutions continue to provide the appropriate and secure investment opportunities.

During the year the cash investments with various banks and building societies were moved to a cash investment platform, Insignis, which is an internet-based system introduced to us through Mowatt Financial Planning. The system provides the Trustees with the opportunity to take advantage of the best cash investment rates available and all monies invested are covered by the FSCS.

Financial Advisor: Mowatt Financial Planning

Our financial advisor's work continues to be carried out for no charge as their contribution to the work of the charity.

Activities

Changes in staff at St Monica's hospital have resulted in fresh thinking about patient and staff welfare. The trust has provided toiletries for patients, clothing packs for those patients who arrive at the hospital without sufficient changes of clothes and weekly visits from a hairdresser. These small changes have resulted in positive comments from patients. A recent inspection of the hospital drew attention to the lack of restroom facilities for staff. The trust funded alterations to a spare room to become the staff restroom and provided furniture and a television. FOSMH has also funded two recliner chairs for the use of patients.

Recruitment and training of volunteers to work in the hospital has started. The trust has been assisted by the volunteer co-ordinators at York and Scarborough NHS Trust.

Close attention has been paid to possible alterations to other medical premises, such as the Health Centre, in the Easingwold area to assess what effect this will have on St Monica's and its facilities, particularly those which have been provided in previous years by the trust.

FOSMH has continued making grants within the local communities. These grants are detailed elsewhere in this report. The trustees are conscious of the need to make grants wisely and, to assist in good decision making, the grants policy was rewritten during the year. It is clear that the role of FOSMH as a grant making charity has become well known in the area leading to increased requests. One trend that has become clear is that requests are being made to FOSMH which would be better directed to other grant makers such as Sport England for sporting equipment. The trustees are keen not to put off requests and, therefore, efforts are made to direct requests to the most suitable source of funds.

The partnership with EDCCA has continued through the year with FOSMH funding Meals on Wheels. Other projects, such as Men in Sheds, will begin in 2024.

Communications

One trustee has responsibility for the communications strategy. Major grants are accompanied by stories in local press, social media or radio if appropriate. Every effort is made to attract more bids for grants by highlighting the success of grants

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2023

Risk Assessment

Public liability and Trustees' insurances are in place and a review is undertaken annually to ensure that the cover is appropriate. Controls in place for the movement of funds are considered adequate. The financial records are processed using an accounting software package and presented in summary form with a report at every Trustees' meeting at which they are open for scrutiny and discussion.

Safeguarding

Safeguarding is a key governance priority for the League of Friends Trustees. We are committed to keeping safe the vulnerable people with whom we work alongside and acknowledge our duty to act appropriately to any allegations, reports or suspicions of abuse. It is important to have the policy and procedures in place so that staff, volunteers and trustees can work to prevent abuse and know what to do in the event of abuse. The safeguarding policy is reviewed every two years.

Data Protection

Procedures are in place to satisfy the requirements of the Data Protection legislation (GDPR) and we believe we are compliant by using a secure third party system. This is important, particularly in view of our maintenance of a membership database.

Financial Review

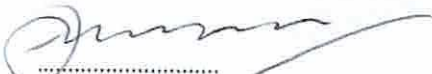
During the year grants of £32,006 were paid out (details are in Note 4 to the accounts). Expenditure relating to hospital needs for 2023 was £21,162. The income available to the charity over the year was £32,299. The expenses of administering the charity in 2023 were £3,667.

The trustees are aware of reviews assessing the use of NHS premises in the Easingwold area. Whilst no plans have been published, the trustees have decided that it would be prudent to notionally retain £250,000 in case new equipment is required in the next few years.

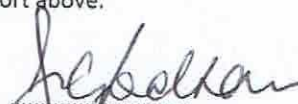
Future Activities

The trustees are keen to improve grant making and, having joined the Yorkshire Funders organisation, will take every opportunity to learn from other trusts. Further opportunities for partnership working, such as that with EDCCA, will be sought.

The Trustees declare that they have approved the Trustees' report above.



David Kenworthy
Trustee



David Fordham
Trustee

Date: 9th April 2024

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE LEAGUE OF FRIENDS OF ST. MONICA'S HOSPITAL FOR THE YEAR ENDED 31 DECEMBER 2023

I report to the trustees on my examination of the accounts of the Trust for the year ended 31 December 2023 which are set out on pages 7 to 10

RESPONSIBILITIES AND BASIS OF REPORT

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('The Act').

I report in respect of my examination of the Trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the charity Commissioner under section 145(5)(b) of the 2011 Act.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirements that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nigel Everard BA FCA
Hunter Gee Holroyd Chartered Accountants
Club Chambers
Museum Street
York
YO1 7DN

22nd April 2024

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2023

	2023		2022	
	£	£	£	£
RECEIPTS				
DONATIONS				
Donations and Memorial Gifts	7,779		12,492	
Legacies	<u>10,000</u>		<u>7,879</u>	
		17,779		20,371
INVESTMENT INCOME				
Investments - Interest	<u>14,520</u>		<u>6,438</u>	
		<u>14,520</u>		<u>6,438</u>
		32,299		26,809
PAYMENTS				
FUNDRAISING & ADMINISTRATION EXPENSES				
Insurance	304		296	
Stationery, Advertising and Promotion	574		631	
Accountancy	936		858	
Legal Fees	-		2,400	
Website	630		1,451	
Membership Recording	222		64	
Computer Equipment & Software	428		592	
Sundries	416		221	
Bank charges	<u>157</u>		<u>102</u>	
		<u>3,667</u>		<u>6,615</u>
BALANCE CARRIED FORWARD		28,632		20,194

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2023

	Notes	2023		2022	
		£	£	£	£
BALANCE BROUGHT FORWARD			28,632		20,194
GRANTS PAID	4		32,006		19,284
HOSPITAL NEEDS					
Hospital Equipment		5,082		1,107	
Newspapers		1,286		934	
Telephone		676		656	
Staffroom, Staff Welfare etc		2,776		1,271	
Hospital Grounds		9,239		4,900	
Patient Hairdressing		1,742		-	
Patient Toiletries & Christmas Gifts		361	21,162	587	9,455
DECREASE IN FUNDS			<u>(24,536)</u>		<u>(8,545)</u>
FUNDS AT END OF LAST YEAR			<u>622,788</u>		<u>631,333</u>
FUNDS AT END OF THIS YEAR			<u>598,252</u>		<u>622,788</u>

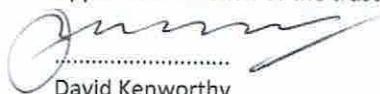
THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

BALANCE SHEET

AS AT 31 DECEMBER 2023

	Notes	2023		2022	
		£	£	£	£
Investments		100,000		100,000	
Balances at Bank					
- Current Account		1,136		19,568	
- Deposit Account		50,093		-	
- Other Accounts		446,343		502,513	
Cash		680		707	
CURRENT ASSETS			<u>598,252</u>		<u>622,788</u>
NET CURRENT ASSETS			<u>598,252</u>		<u>622,788</u>
TOTAL ASSETS			<u>598,252</u>		<u>622,788</u>
FUNDS					
Unrestricted	2		598,252		622,788
Restricted			-		-
			<u>598,252</u>		<u>622,788</u>

Approved on behalf of the trustees by:



David Kenworthy
Trustee



David Fordham
Trustee

Date: 9th April 2024

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

NOTES TO THE ACCOUNTS

AS AT 31 DECEMBER 2023

1. Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Charities Act 2011.

The financial statements have been prepared on the 'receipts and payments' basis.

2. Unrestricted funds

From time to time the charity is fortunate to receive substantial legacies and donations from the estates and relatives of former patients and sometimes from other generous benefactors who wish to see the work of St Monica's maintained at the highest level, within the best possible accommodation and with the finest equipment. The trustees are mindful that they need to address uses for these funds and undertake to do so with the cooperation of York Hospitals Trust which provides the day to day nursing and care functions and funds all associated costs of running the establishment.

3. Investments

Listed investments included on the balance sheet at cost of £100,000 had a market valuation of £140,222 as at 31 December 2023 (2022 £129,215).

4. Grants Paid

Friends of Springhill Court	1,820
Stillington Defib unit	1,660
Meals on Wheels	963
Kurts Club	3,750
Easi-Rockits Club - equipment grant	1,260
Easingwold Cricket Club	13,200
Parkrun Ltd - junior parkrun grant	2,000
York & Scarborough Hospitals - Opticler	1,593
Shipton Wildflowers	1,000
Neil Maddison - Energy saving grant	811
EDCCA - Boccia set and Course Fees	1,830
Parkinsons UK	500
Ampleforth & Hovingham Surgery - 2 x wheelchairs	720
Easingwold Short Mats Bowling Club - equipment	900
	<hr/>
	32,006

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

England & Wales - Charity number 1197052

Accounts

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

Registered Charity Number: 1197052

REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 DECEMBER 2022

Contents:

Page 1-5	Report of the Trustees
Page 6	Independent Examiners Report
Page 7-8	Receipts and Payments Account
Page 9	Balance Sheet
Page 10	Notes

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2022

Reference and administrative information

Charity Name: The League of Friends of St Monica's Hospital

Charity Number: 1197052

Principal Address: The Friends Office
St Monica's Hospital
Long Street
Easingwold
York
YO61 3JD

Bankers: HSBC Bank plc
PO Box 26
Parliament Street
York
YO1 8XS

Independent Examiner: Nigel Atkinson
Hunter Gee Holroyd
Club Chambers
Museum Street
York
YO1 7DN

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2022

History

The Hospital was founded in 1893 by Mrs Katherine Love, a local benefactor. At first it was known as the Easingwold Cottage Hospital but later renamed St Monica's Hospital.

Taken over by the Secretary of State for Health in 1948, the Hospital is now designated a Community Hospital with 12 beds. It is administered by the York Teaching Hospital NHS Foundation Trust providing nursing, rehabilitation and physiotherapy care.

The League of Friends of St Monica's Hospital was founded in 1969 to support and promote the work of the Hospital. It has worked tirelessly to raise funds for various building improvements as well as nursing and medical needs. The League obtained charitable status in 1983 under the Governing Document dated 13th January 1983. A new governing document (constitution) was approved by the Charity Commission on 19th October 2018. This new document enables the Trustees to allocate funds for spending in the wider community. The primary focus of spending however will always be the Hospital. On 10 December 2021 the Charity changed status to a Charitable Incorporated Organisation. The Annual General Meeting is open to the public and Members are entitled to speak and vote.

Organisation

In the year under review the President and Trustees were:

President:

Mrs Joan Ramsay

Trustees:

David Kenworthy (Chairman)

Jane Wintermeyer (Vice Chair) (appointed 1 September 2022)

Derek McLuckie (Secretary)

Peter Glossop

John Kirman (Treasurer) (Died 2 April 2022)

Bernard Flynn (Treasurer) (appointed 21 June 2022, Resigned 21 November 2022)

David Fordham (Treasurer) (appointed 9 December 2022)

Sharon Metcalfe (St Monica's Staff Representative)

Jennifer Rhodes

Michael Clarke

Terry Saeedi

Dr Ian Jackson

Dr Lorraine Boyd

Graham Pratt

Peter Berry

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2022

Under the revised Governing Document (Constitution) one third of the Trustees retire from office at the conclusion of the Annual General Meeting but are eligible for re-election. The total number of Trustees may not be less than five. Following the Charity Commission's guidance all Trustees undertake familiarisation on governance and trustees duties and responsibilities. In Addition, all trustees are now asked to obtain a credit rating score.

Meetings of trustees are held in person every two months.

Funds and Donations

Many people in the local community continue to be extremely generous. Whilst no fundraising events have been held this year, the trust has received donations made at funerals. From time to time the Friends also benefits from substantial legacies and anonymous donations through the Charities Aid Foundation. Routine allocations and purchases of some medical equipment are made by the Charity annually. These include:

- Maintenance of Hospital grounds and gardens
- Maintenance and provision of garden furniture
- Physiotherapy requisites
- Christmas Gifts for patients
- Provision of newspapers, toiletries and telephone
- Staff Christmas Party

Donations which are specified by the donor for the benefit of staff are forwarded to the York and Scarborough Teaching Hospital NHS Foundation Trust. The hospital manager is then able to request money from this fund.

Letters of thanks for major amounts are sent by the Chairman or Treasurer.

The Trustees are very aware of the generosity of many people and every effort has been made to ensure all donations are used to the best possible advantage of patients within the Hospital and within the communities served by it. Many projects and major improvements require the approval of the NHS.

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2022

Investments

The current policy of the Charity is to invest excess funds in building societies and banks all of which are covered by the Financial Services Compensation Scheme. In addition an amount not exceeding 20% of total funds has been placed in a medium risk investment trust in order to improve the overall return on funds invested. Reviews are carried out regularly to ensure that the financial institutions continue to provide the appropriate and secure investment opportunities.

Financial Advisor: Mowatt Financial Planning

Our financial advisor's work continues to be carried out for no charge as their contribution to the work of the charity.

Activities

The coronavirus pandemic stopped all volunteer work in the hospital. Since the end of the pandemic, a review has been undertaken, in conjunction with the sister-in-charge to assess the work to be undertaken by volunteers and what hygiene controls are required. When this has been completed a decision will be made about the best way to recruit new volunteers.

It was recognised by the trustees that whilst the trust has considerable financial resources it lacks the means of delivering services to the communities. Easingwold District Community Care Association (EDCCA) can deliver services but must raise funds for each project. The trustees of EDCCA and FOSMH agreed to work on joint projects. This agreement is still in place. A representative of each board attends meetings of the other's trustees by invitation. In addition to our support for EDCCA, we have made or committed to making grants totalling just over £34,255 this year (almost £53,000 if brought up to July 2023) to a series of recipients to help fund health and wellbeing activities in the local communities covered by our GP surgeries. Grants have been made to aid running costs for Kurt's Club in Easingwold, to fund an AED for Coxwold, to help fund a running track for Crayke School and to fund equipment for St Monica's so that a new post-operative physiotherapy service can be provided by the NHS for those who have undergone hand surgery.

Communications

One trustee has responsibility for the communications strategy. Major grants are accompanied by stories in local press, social media or radio if appropriate. Every effort is made to attract more bids for grants by highlighting the success of grants

Risk Assessment

Public liability and Trustees' insurances are in place and a review is undertaken annually to ensure that the cover is appropriate. Controls in place for the movement of funds are considered adequate. The financial records are processed using an accounting software package and presented in summary form with a report at every Trustees' meeting at which they are open for scrutiny and discussion.

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2022

Safeguarding

Safeguarding is a key governance priority for the League of Friends Trustees. We are committed to keeping safe the vulnerable people with whom we work alongside and acknowledge our duty to act appropriately to any allegations, reports or suspicions of abuse. It is important to have the policy and procedures in place so that staff, volunteers and trustees can work to prevent abuse and know what to do in the event of abuse. The safeguarding policy is reviewed every two years.

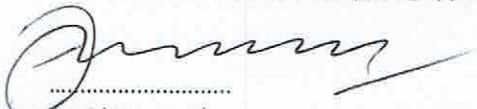
Data Protection

Procedures are in place to satisfy the requirements of the Data Protection legislation (GDPR) and we believe we are compliant by using a secure third party system. This is important, particularly in view of our maintenance of a membership database.

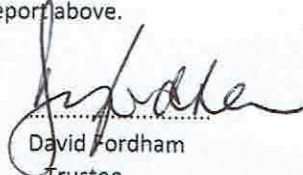
Future Activities

The trustees are keen to broaden their partnership working and the extent of grant-making. Whilst this has taken some time to develop, there are clear signs that Friends of St Monica's is seen as playing an intrinsic part in improving the quality of life for the residents of Easingwold and surrounding villages. Extending these partnerships and making more grants will be the focus of the trustees' work for the next year.

The Trustees declare that they have approved the Trustees' report above.



.....
David Kenworthy
Trustee



.....
David Fordham
Trustee

Date..... *6th June 2023*

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE LEAGUE OF FRIENDS OF ST. MONICA'S HOSPITAL FOR THE YEAR ENDED 31 DECEMBER 2022

I report to the trustees on my examination of the accounts of the Trust for the year ended 31 December 2022 which are set out on pages 7 to 10

RESPONSIBILITIES AND BASIS OF REPORT

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('The Act').

I report in respect of my examination of the Trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the charity Commissioner under section 145(5)(b) of the 2011 Act.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirements that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nigel Peter Atkinson FCA
Hunter Gee Holroyd Chartered Accountants
Club Chambers
Museum Street
York
YO1 7DN

13th June 2023

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2022

	2022		2021	
	£	£	£	£
RECEIPTS				
DONATIONS				
Donations and Memorial Gifts	12,492		6,625	
Legacies	<u>7,879</u>		<u>26,217</u>	
		20,371		32,842
INVESTMENT INCOME				
Investments - Interest	<u>6,438</u>		<u>3,278</u>	
		<u>6,438</u>		<u>3,278</u>
		26,809		36,120
PAYMENTS				
FUNDRAISING & ADMINISTRATION EXPENSES				
Insurance	296		296	
Stationery, Advertising and Promotion	631		499	
Accountancy	858		804	
Legal Fees	2,400		2,418	
Website	1,451		694	
Membership Recording	64		220	
Computer Equipment & Software	592		-	
Sundries	221		-	
Bank charges	102		-	
		<u>6,615</u>		<u>4,931</u>
BALANCE CARRIED FORWARD		20,194		31,189

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2022

	Notes	2022		2021	
		£	£	£	£
BALANCE BROUGHT FORWARD			20,194		31,189
GRANTS PAID	4		19,284		13,460
HOSPITAL NEEDS					
Hospital Equipment		1,107		3,295	
Newspapers		934		975	
Telephone		656		1,296	
Staff Party		1,271		769	
Hospital Grounds		4,900		7,489	
Kitchen		-		518	
Sundries		-		35	
Staff Retirement Gifts		-		130	
Patient Toiletries & Christmas Gifts		587	9,455	70	14,577
INCREASE IN FUNDS			<u>(8,545)</u>		<u>3,152</u>
FUNDS AT END OF LAST YEAR			<u>631,333</u>		<u>628,181</u>
FUNDS AT END OF THIS YEAR			<u>622,788</u>		<u>631,333</u>

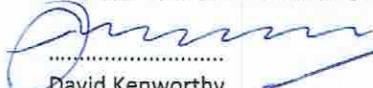
THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

BALANCE SHEET

AS AT 31 DECEMBER 2022

	Notes	2022		2021	
		£	£	£	£
Investments		100,000		100,000	
Balances at Bank					
- Current Account		19,568		34,888	
- Deposit Account		-		-	
- Other Accounts		502,513		496,074	
Cash		707		371	
CURRENT ASSETS			<u>622,788</u>		<u>631,333</u>
NET CURRENT ASSETS			<u>622,788</u>		<u>631,333</u>
TOTAL ASSETS			<u>622,788</u>		<u>631,333</u>
FUNDS					
Unrestricted	2		622,788		631,333
Restricted			-		-
			<u>622,788</u>		<u>631,333</u>

Approved on behalf of the trustees by:



David Kenworthy
Trustee



David Fordham
Trustee

Date: 6th June 2023 .

THE LEAGUE OF FRIENDS OF ST MONICA'S HOSPITAL

NOTES TO THE ACCOUNTS

AS AT 31 DECEMBER 2022

1. Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Charities Act 2011.

The financial statements have been prepared on the 'receipts and payments' basis.

2. Unrestricted funds

From time to time the charity is fortunate to receive substantial legacies and donations from the estates and relatives of former patients and sometimes from other generous benefactors who wish to see the work of St Monica's maintained at the highest level, within the best possible accommodation and with the finest equipment. The trustees are mindful that they need to address uses for these funds and undertake to do so with the cooperation of York Hospitals Trust which provides the day to day nursing and care functions and funds all associated costs of running the establishment.

3. Investments

Listed investments included on the balance sheet at cost of £100,000 had a market valuation of £129,215 as at 31 December 2022.