

ADHD LIBERTY
a Charitable Incorporated Organisation

TRUSTEES' REPORT
AND
FINANCIAL STATEMENTS

FOR THE YEAR END
04 April 2024

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Chairman - Sarah Templeton

Trustees

Lamin Dibba

Alexandra Harvey-Bryn

Sean McNicholas

Joanne Liveston

Michelle Holloway

Rachel Bullimore

Khaled Helmy

Georgia Miller

Charity Registered Number - 1197012

Registered Office

12 Jumelle Mews

High Wycombe

Bucks HP13 5BU

Independent Examiner

Marina Hunt FCCA

Chimes Accountancy Services Ltd

G02 Terriers House

Amersham Road

High Wycombe

Bucks HP13 5AJ

Objectives and Activities

The object of the CIO is the relief of those with ADHD (Attention Deficit Hyperactivity Disorder) by providing grants to them, their families and those caring for and supporting them in particular, but not exclusively, to receive services such as professional assessment, diagnosis, medication and follow-on psychiatric support.

The main activities are to provide grants, raise awareness, campaign for positive change and to seek equality for ADHD children and adults. Specialising in marginalised members of society, e.g. homeless, ex-offenders and those impacted by addiction.

All trustees have confirmed that they have had regard to the guidance issued by the Charity Commission on public benefit.

Policy on grant making:

Applications to be made to the Board, and to be considered on financial means of the applicant, their current mental state, involvement with addiction, the criminal justice system and their risk to themselves and others.

Achievements and performance

The Charity Trustees have been working extremely hard to raise awareness of adult ADHD and childhood ADHD, particularly in homeless, addiction and offending areas. The CEO has given talks on ADHD in Aberdeen and Nice in France for ADHD Europe.

The CEO and trustees have visited homeless charities, addiction charities, schools, Prisons and Probations, in an attempt to raise awareness of ADHD.

Many members of the charity attended the Caroline Flack annual festival in aid of mental health charities.

The CEO has appeared on numerous podcasts and webinars, written articles for newspapers and magazines and released her third book on helping parents understand their ADHD teenagers.

The vast majority of the work the CEO does is unpaid, and she has not taken one penny from the charity. All the work she does to raise awareness is unpaid and she pays for all her own costs.

Achievements against objectives set

More than expected. The charity's passion has contributed to the new NHS ADHD task force looking into the amount of ADHD in the criminal justice system.

This is something that Charity has pushed for and is seeing great results. The charity has also joined forces with MP Matt Hancock's Charity, THE ASSISTED LEARNING FOUNDATION who were pushing for dyslexia screening in schools. Due to ADHD Liberty's campaigning, he has agreed to change his bill in parliament to a bill that covers all neuro divergency rather than just dyslexia.

Fundraising - has started with a just giving page. Corporation Tax has already been donated to the charity. There are plans in the year ahead for several fundraising activities.

A lot of time has been invested into setting up the charity, getting the right trustees on board, finding the right ambassadors for the charity, and setting everything up, ready to take on much more campaigning work in future.

Financial Review

The charity is in a healthy financial position. It has no overdraft facilities and will never be in any overdraft position. Currently the charity has over £18,000 in the bank.

Reserves are only held to ensure that the Charity has money available for emergency cases. Also, because there is no overdraft facility the Charity does not want to be in a negative equity position.

Going concern:

There are no uncertainties about the Charity continuing as a going concern. The Charity is in a strong position with more trustees. The trustees include two serving police officers, two fully qualified psychiatrists, a social worker and many people with lived or working experience in the field. We are gathering national and even international attention for the work we are doing, and we have an extremely good reputation.

Structure, Governance and Management

The charity is a CIO Foundation, registered 8th December 2021.

The Trustees are chosen by the CEO in conjunction with any current trustees.

Signed on behalf of the Trustees:

Sarah Templeton – Chairman

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended 4th April 2024

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

Mrs Marina Hunt FCCA

Chimes Accountancy Services Ltd

G02 Terriers House

Amersham Road

High Wycombe

Bucks HP13 5AJ

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 04 April 2024

Recommended categories by activity	Notes	Unrestricted funds £	Total Funds 2024 £	Total Funds 2023 £
Income and endowments from:				
Donations and legacies	2	24,946	24,946	39,034
Total		24,946	24,946	39,034
Expenditure on:				
Charitable activities	3	7,036	7,036	37,656
Total		7,036	7,036	37,656
Net income/(expenditure)		17,910	17,910	1,378
Net movement in funds		17,910	17,910	1,378
Reconciliation of funds:				
Total funds brought forward		1,378	1,378	-
Total funds carried forward		19,288	19,288	1,378

Recommended categories by activity	Notes	Unrestricted funds £	Total Funds 2024 £	Total Funds 2023 £
Current assets				
Debtors	4	750	750	750
Cash at bank and in hand	5	18,538	18,538	628
Total current assets		19,288	19,288	1,378
Net current assets/(liabilities)		19,288	19,288	1,378
Total net assets or liabilities		19,288	19,288	1,378
Funds of the Charity				
Unrestricted funds	6	19,288	19,288	1,378
Restricted income funds	6		-	-
Endowment funds	6		-	-
Total funds		19,288	19,288	1,378

The financial statements were approved by the Board on 24-Jan-2025 and signed on its behalf by:

Sarah Templeton
Trustee

1 Accounting Policies

1.1 Accounting Policies

The principal accounting policies adopted by the Charity, which is a public benefit entity, in the preparation of the accounts are as follows.

1.2 Basis of preparation

These accounts have been prepared under the historical cost convention, as modified by the inclusion of charitable properties and fixed asset investments and investment properties at valuation.

These accounts have been prepared in accordance with “Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)” (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

These accounts are presented in pounds sterling and rounded to the nearest pound.

1.3 Going concern

The Trustees have prepared financial projections, taking into consideration the current economic conditions and have, at the time of approving these accounts, a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the accounts.

2 Income from Donations and Legacies

Analysis	Unrestricted funds	Total funds 2024	Total funds 2023
	£	£	£
Donation and gifts	24,946	24,946	39,034
	<u>24,946</u>	<u>24,946</u>	<u>39,034</u>

3 Expenditure on Charitable Activities

Analysis	Total funds 2024	Total funds 2023
	£	£
Charity running cost	6,441	16,529
Legal/professional fees	595	21,127
	<u>7,036</u>	<u>37,656</u>

4 Debtors: Amounts falling due within one year

	Total funds 2024	Total funds 2023
	£	£
Other debtors	750	750
	<u>750</u>	<u>750</u>

5 Cash at bank and in hand

	Total funds 2024	Total funds 2023
	£	£
Cash at bank and on hand	18,538	628
	<u>18,538</u>	<u>628</u>

6 Charity funds

6.1 Details of material funds held and movements during the CURRENT reporting period

Fund names	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
	£	£	£	£	£	£
Unrestricted funds						
	1,378	24,946	(7,036)	-	-	19,288
Total	<u>1,378</u>	<u>24,946</u>	<u>(7,036)</u>	<u>-</u>	<u>-</u>	<u>19,288</u>

6.2 Details of material funds held and movements during the PREVIOUS reporting period

Fund names	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
	£	£	£	£	£	£
Unrestricted funds						
	-	39,034	(37,656)	-	-	1,378
Total	<u>-</u>	<u>39,034</u>	<u>(37,656)</u>	<u>-</u>	<u>-</u>	<u>1,378</u>