

Registered Charity Number :- 1197012

ADHD LIBERTY
a Charitable Incorporated Organisation

TRUSTEES' REPORT
AND
FINANCIAL STATEMENTS

FOR THE YEAR END
04 April 2023

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Chairman
Sarah Templeton

Trustees
Sarah Templeton

Lamin Dibba

Andrew Croxson

Alexandra Harvey-Bryn

Daley Bedford

Charity Registered Number 1197012

Registered Office
12 Jumelle Mews

High Wycombe

Bucks

HP13 5BU

Independent Examiner Marina Legge FCCA

Trustees' Annual Report for the period**Charity name: ADHD Liberty****Charity registration number: 1197012****Objectives and Activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The object of the CIO is: for the public benefit, the relief of those with ADHD (Attention Deficit Hyperactivity Disorder) by providing grants to them, their families and those caring and supporting them in particular but not exclusively to receive services such as professional assessment, diagnosis, medication, and follow-on psychiatric support.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To provide grants, raise awareness, campaign for positive change and to seek equality for ADHD children and adults. Specialising in marginalised members of society i.e. the homeless, ex-offenders and those impacted by addiction.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All trustees confirmed.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Applications to be made to the board, and to be considered on financial means of the applicator, their current mental state, involvement with addiction of the criminal justice system and their risk to themselves or others

Achievements and Performance

	SORP reference	
		<p>The Charity trustees have been working extremely hard to raise awareness of adult ADHD and childhood ADHD, particularly in homeless, addiction and offending areas. The CEO has given talks on ADHD in Aberdeen and Nice in France for ADHD Europe.</p>
		<p>The CEO and trustees have visited homeless charities, addiction charities, schools, Prisons and Probations, in an attempt to raise awareness of ADHD.</p>
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Many members of the charity attended the Caroline Flack annual festival in aid of mental health charities.</p> <p>The CEO has appeared on numerous podcasts and webinars, written articles for newspapers and magazines and released her third book on helping parents understand their ADHD teenagers.</p> <p>The vast majority of the work the CEO does is unpaid, and she has not taken one penny from the charity. All the work she does to raise awareness is unpaid and she pays for all her own costs.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set

Para 1.41

More than expected. The charity's passion has contributed to the new NHS ADHD task force looking into the amount of ADHD in the criminal justice system. This is something that Charity has pushed for and is seeing great results. The charity has also joined forces with MP Matt Hancock's Charity, THE ASSISTED LEARNING FOUNDATION

who were pushing for dyslexia screening in schools. Due to ADHD

Liberty's campaigning, he has agreed to change his bill in parliament to a bill that covers all neuro divergency rather than just dyslexia.

Fundraising - has started with a just giving page. Corporation Tax has already been donated to the charity. There are plans in the year ahead for several fundraising activities.

A lot of time has been invested into setting up the charity, getting the right trustees on board, finding the right ambassadors for the charity, and setting everything up, ready to take on much more campaigning work in future.

Financial Review

Review of the charity's financial position at the end of the period

Para 1.21

The charity is in a healthy position. It has no overdraft facilities. And will never be in any sort of overdraft position. Currently the Charity has over £18,000 in it. At the end of the financial year the bank balance was £628.

Statement explaining the policy for holding reserves stating why they are held

Para 1.22

Only held to make sure we have money available for emergency cases. And because we have no overdraft and do not ever wish to be in a negative equity position.

Amount of reserves held

Para 1.22

£18,538.07

Reasons for holding zero reserves

Para 1.22

We don't have zero reserves. We have over £18,000 in reserve.

Details of fund materially in deficit

Para 1.24

None

Explanation of any uncertainties about the charity continuing as a going concern

Para 1.23

Absolutely none. The Charity is in a stronger position now than when we started. We have more trustees which now includes two serving police officers, two fully qualified psychiatrists, a social worker and many people with lived or working experience in the field. We are gathering national and even international attention for the work we are doing, and we have an extremely good reputation.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	So far, the charity has benefited from profits from companies being donated to the charity, but fundraising events are planned for the forthcoming year.
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Para 1.47

A description of the principal risks facing the charity	We don't believe there are any risks that the charity is likely to face.
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Para 1.46

Structure, Governance and Management

Description of charity's trusts:

How is the charity constituted?	Para 1.25
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CIO – FOUNDATION, Registered 08 Dec 2021

Chosen by the CEO in conjunction with any current trustees.

Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25
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Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Monthly, trustee meetings, and all people joining our highly qualified psychiatrists, police, officers, and social workers all already very experienced in this field.
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Para 1.51

As the charity has grown a lot in the last year, we are just structuring new roles and

The charity's organisational structure and any wider network with which the charity works

Para 1.51

positions now. These will be in place within the next month.

Relationship with any related parties

Para 1.51

We are developing a working relationship with MP, Matt Hancock, Charity THE ASSISTED LEARNING, FOUNDATION

Reference and Administrative details

Charity name	ADHD Liberty
Other name the charity uses	No other names
Registered charity number	1197012
Charity's principal address	12 Jumelle Mews High Wycombe Buckinghamshire HP13 5BU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Lamin Dibba			
2	Andrew Michael Croxson	Treasurer		
3	Alexandra Elizabeth Harvey-Bryn			
4	Daley Matthew Bedford			
5	Sean McNicholas		2 nd November 2023	
6	Michelle Holloway		2 nd November 2023	
7	Joanne Liveston		2 nd November 2023	
8	Sam Bignell		2 nd November 2023	
9	Kelly Ann Charlotte Young		1 st December 2023	
10	Dr Juliette Helen Mary Read		1 st March 2024	
11	Rachel Mary Bullimore		1 st March 2024	
12	Khaled Mostafa Ibrahim Helmy		1 st March 2024	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity

None

Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects

None

Details of arrangements for safe custody and segregation of such assets from the charity's own assets

None

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Sarah Templeton

Position

Chair

Date

INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 04 April 2023

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended **4th April 2023**

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

Marina Legge FCCA
Chimes Accountancy Services Ltd
G02 Terriers House
Amersham Road
High Wycombe
Bucks HP13 5AJ

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 04 April 2023

	Notes	Unrestricted funds £	Total Funds 2023 £
Incoming resources			
Income and endowments from:			
Donations and legacies	2	39,034	39,034
Total		39,034	39,034
Resources expended			
Expenditure on:			
Charitable activities	3	37,656	37,656
Total		37,656	37,656
Net income/(expenditure) before investment gains/(losses)		1,378	1,378
Net income/(expenditure)		1,378	1,378
Net movement in funds		1,378	1,378
Reconciliation of funds:			
Total funds brought forward		-	-
Total funds carried forward		1,378	1,378

ADHD LIBERTY**BALANCE SHEET**

FOR THE YEAR ENDED 04 April 2023

Recommended categories by activity	Notes	Unrestricted funds £	Total Funds 2023 £
Current assets			
Debtors	4	750	750
Cash at bank and in hand	5	628	628
Total current assets		1,378	1,378
Net current assets/(liabilities)		1,378	1,378
Total assets less current liabilities		1,378	1,378
Total net assets or liabilities		1,378	1,378
Funds of the Charity			
Unrestricted funds	6	1,378	1,378
Restricted income funds	6		-
Endowment funds	6		-
Total funds		1,378	1,378

The financial statements were approved by the Board on 10-Apr-2024 and signed on its behalf by:

Sarah Templeton
Chairman

1 Accounting Policies

1.1 Accounting Policies

The principal accounting policies adopted by the Charity, which is a public benefit entity, in the preparation of the accounts are as follows:

1.2 Basis of preparation

These accounts have been prepared under the historical cost convention, as modified by the inclusion of charitable properties and fixed asset investments and investment properties at valuation.

These accounts have been prepared in accordance with “Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)” (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

These accounts are presented in pounds sterling and rounded to the nearest pound.

1.3 Going concern

The Trustees have prepared financial projections, taking into consideration the current economic conditions and have, at the time of approving these accounts, a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting preparing the accounts.

1.4 Income from donations or grants

Income from donations and grants is recognised when the charity is entitled to the funds, the receipt is probable and the amount can be measured reliably. For donations, this is usually on receipt. For grants, this is usually when a formal offer is made in writing. If a donation or grant contains terms and conditions outside of the charity’s control which must be met before the charity is entitled to the funds, or if the donor specifies that the funds must be used in future time periods, then the income is deferred.

1.5 Expenditure

Expenditure is recognised when a present legal or constructive obligation exists at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefits will be required to settle the obligation, and the amount can be estimated reliably. It is inclusive of VAT which cannot be recovered.

All costs are allocated between the expenditure categories of the charity on a basis designed to reflect the use of the resource. Costs relating to a particular activity are charged directly, others are apportioned on an appropriate basis.

2 Income from Donations and Legacies

Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds 2023
£	£	£	£	£
Donation and gifts	39,034	-	-	39,034
	39,034	-	-	39,034

3 Expenditure on Charitable Activities

Analysis	Total funds 2023
£	£
Charity running cost	16,529
Legal/professional fees	21,127
	37,656

4 Debtors: Amounts falling due within one year

	Total funds 2023
	£
Other debtors	750
	750

5 Cash at bank and in hand

	Total funds 2023
	£
Cash at bank and on hand	628
	628

6 Charity funds

6.1 Details of material funds held and movements during the CURRENT reporting period

Fund names	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
£	£	£	£	£	£	£
Unrestricted funds						
	-	39,034	(37,656)	-	-	1,378
Total	-	39,034	(37,656)	-	-	1,378