

**Report of the Trustees and
Unaudited Financial Statements
FOR THE PERIOD
8 December 2021 to 31 March 2023
for
NAFSHAINU**

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NAFSHAINU

**Contents of the Financial Statements
FOR THE PERIOD 8 DECEMBER 2021 TO 31 MARCH 2023**

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NAFSHAINU

Report of the Trustees FOR THE PERIOD 8 DECEMBER 2021 TO 31 MARCH 2023

The trustees present their report with the financial statements of the charity for the period 8 December 2021 to 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the charity are the relief of emotional distress or sickness and the preservation of good mental health amongst orthodox Jewish people who are suffering or at risk of suffering from emotional, psychological or mental distress, in particular but not exclusively, by paying for or towards the cost of therapy provided by a qualified mental health practitioner in order to alleviate or prevent such suffering.

Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities and setting the grantmaking policy.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1197004

Principal address

68 Hurstwood Road
London
NW11 0AU

Trustees

Mr A Y Melinek
Mr B D Rosenberg
Mr G A J E Dunner

Approved by order of the board of trustees on 8 January 2024 and signed on its behalf by:

Mr A Y Melinek - Trustee

NAFSHAINU

**Statement of Financial Activities
FOR THE PERIOD 8 DECEMBER 2021 TO 31 MARCH 2023**

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	<u>1,250</u>
EXPENDITURE ON	
Charitable activities	
Charitable activities	<u>1,250</u>
NET INCOME	-
TOTAL FUNDS CARRIED FORWARD	<u>-</u>

The notes form part of these financial statements

NAFSHAINU

**Balance Sheet
31 MARCH 2023**

	Unrestricted fund <u>£</u>
NET CURRENT ASSETS	<u>-</u>
TOTAL ASSETS LESS CURRENT LIABILITIES	-
	<u>-</u>
NET ASSETS	<u>-</u>
FUNDS	<u>-</u>
TOTAL FUNDS	<u>-</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 8 January 2024 and were signed on its behalf by:

Mr A Y Melinek - Trustee

**Notes to the Financial Statements
FOR THE PERIOD 8 DECEMBER 2021 TO 31 MARCH 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 March 2023.

3. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31 March 2023.