

Face Everything And Rise

Charity No: 1196975

Date: 17th July 2025



Annual General Meeting Notes - July 2024 – July 2025

Hosted by: Kim Purkis (KP)

Opening Remarks:

KP opened the meeting with an energetic and heartfelt welcome, thanking everyone for their incredible support, dedication, and commitment throughout the year. She spoke passionately about what an extraordinary year it has been for the charity — a year filled with growth, inclusion, meaningful impact, and inspiring achievements. KP reflected on the collective effort of participants, sponsors, volunteers, and team members, expressing immense pride in everything the organisation has accomplished together and the lives that have been positively transformed along the way.

Apologies:

None

Minutes of Previous AGM:

The minutes from the previous Annual General Meeting were reviewed and agreed upon unanimously.

Key Highlights and Successes: July 2024 – July 2025

Brief breakdown per event

Swimming:

We've held 2/3 swimming events a month! It's certainly been a busy year. Some months were filled with 4 events. 6,276 people have joined our swim events and 1021 people are now swimming with FEAR Drysuits. We have been opening up events at new venues across the country with the support of Places Leisure.

We started our specialised swimming lessons at Romsey Rapids and are excited to see the growth the children make in the water.

Outdoor Adventure:

We held several outdoor adventure days at Avon Tyrrell. These events were full day experiences including archery, rock climbing, canoeing, zip wire, camp fire and cycling.

FEAR Ambassadors:

This year we introduced our FEAR Ambassadors- individuals who we feel deserve to be recognised and given the responsibility of creating, promoting and running their own FEAR event.

This year's event was held at Hangloose Adventure in London. We all tackled the UK's longest zip wire, which was across the lake. Everyone over came their fears with heights and finished the run with beaming smiles.

Annual Christmas event:

This Christmas, we returned to Camberley Leisure Centre and were supported by all the wonderful staff at Places Leisure. 276 people joined us for the event- including swimming, soft play, bouncy castles, sensory room and, of course, a visit from Santa himself.

FEAR Cycle – sponsor event:

In December, we went on our very first FEAR Holiday to Disneyland, but in preparation, a few FEAR children decided to do a sponsored cycle along Bournemouth beach to raise money- helping to make Disney more achievable for families.

The cyclists raised a fantastic £5,000 between them- all of which went towards purchasing Disneyland park tickets. Absolutely blown away by their achievement and determination to make a difference!

Legoland:

This year, we were extremely lucky to receive a large number of Magic Merlin Wand Passes. These passes allowed us to host 4 FEAR days at Legoland for up to 150 people at a time. The events were very busy and lively, but the impact of coming together, in the sun, to a place where memories were made, was fantastic and truly memorable.

Skiing:

We returned to Tamworth Snowdome for more skiing events. The impact of these lessons is immeasurable, but from spectating, you can see the sheer freedom and pride everyone experiences as they come down the

slope. The instructors at Disability Snowsport UK are incredible and have everyone up on two feet, skiing from the top, in no time at all.

We also held a summer event at the snowdome, which proved very popular and allowed FEAR children to experience rock climbing, ice skating, skiing and snowboarding. Families came together and new friendships were made. Lunchtime was spent attaching feeds and nutrition alongside each other, which was a powerful moment for all.

Sailing:

Alongside skiing, sailing is definitely up there with the freedom it gives people. We held a number of sailing events, across the country, at various sites. Since the events, 51 individuals have gone on to learn to sail.

Festivals- Eddie the FEAR Van:

This year, Eddie (the FEAR Van) was asked to attend a number of big, and small, events across the country. CarFest and CamBestival were the largest festivals, but the van also travelled to Wales, Reading, Norwich and Brighton.

Purchasing the van has meant that children, and adults, can access our FEAR events without the barrier of needing to 'disconnect' or 'connect'. So far, this year alone, 592 individuals have accessed the van for IV medication and a further 933 individuals have accessed the van for enteral reasons.

Music festivals are a magical experience and it also acts as a fantastic way to spread awareness and empower people.

Paint and Chill

For a complete change, this year we introduced Paint and Chill events. These events were about bringing people together, in a calming space to create a canvas painting each. Everyone took home their creation and were able to display it somewhere of their choice- most of which decided to hang it in their 'medical rooms' at home.

We will certainly do more of these events. It was a beautiful change and it reached individuals who wouldn't usually attend the typical active FEAR events.

Disneyland – December 2024

This was an incredible holiday!

Our first opportunity to meet each-other was onboard the ferry. P&O had sectioned off an area of the ferry for us, which made the journey feel very exclusive!

We then drove to centreparks and all had FEAR flags flying from the windows, making it great fun to spot each other.

Day 2 and 3 were spent at Disneyland... and what a magical place it was! We had a Whatsapp group going, so we could all keep in touch throughout the day. Many of us disconnected and connected TPN and feeds at the park. Their medical facilities were very accommodating and allowed us to store what we needed in their fridge. It was heartwarming to spot everyone around the park and hear their stories about what rides were their favourite etc. Although the days at Disney were COLD, a lot of families managed to wrap up and stay for the evening shows.

On our last day, a lot of families went swimming, while others chilled around centreparks. We then made the 3hr journey back to the ferry and spent the crossing sharing stories of our holiday DryRobe had donated a number of Dryrobes to us to make sure we could keep warm while at Disney. These robes were a great addition and made a big difference to many at Disney! TotalCool generously lent us a number of fridges so that we could all keep our TPN/feeds at the correct temperature while away. These fridges made it possible to travel with TPN, and without their generosity, many families would have needed to spend a lot of money on purchasing one. Thank you to Dryrobe and TotalCool for supporting our trip!

Thank you to everyone who donated towards the trip fundraiser, and for making this trip possible! I cannot put into words how important trips like this are for children, adults and families. This holiday was the first of many to come!

Programme Expansion and Event Highlights

Throughout the year, FEAR continued to broaden its programme beyond swimming, delivering a wider range of activities and events designed to support social connection, confidence, wellbeing, and physical engagement for participants and their families.

The success of these events reflected the strong sense of community within FEAR, with each occasion providing a safe, inclusive, and uplifting environment for everyone involved. KP expressed sincere thanks to all those who attended, volunteered, and contributed to making every event both meaningful and memorable.

Appreciation and Closing Remarks

KP concluded the meeting by extending heartfelt gratitude to:

- The FEAR team for their ongoing passion, dedication, and hard work
- Sponsors and fundraisers whose support has enabled the charity to grow
- All participants and families who supported and attended events
- FEAR's dedicated volunteers for their continued commitment and generosity

KP reflected on the significant progress FEAR has made over the past year and shared optimism and enthusiasm for the future. She remarked:

"It's been an unforgettable year"

Any Other Business

No further business was raised.

There being no further matters to discuss, the AGM was formally closed.





Where are the FEAR Drysuits?



- Andover
- Ashington
- Ashton Keynes
- Aylesbury
- Barnsely
- Barnsley
- Bedford
- Blackwood
- Bradford
- Cambridge
- Chesterfield
- Clatterbridge
- Corby
- County Derry
- Craigavon
- Donegal, Ireland
- Dronfield
- East Cowes
- Essex
- Gloucester
- Halesowen
- Hampshire
- Hull
- Hyigh Wycombe
- Kent
- Kettering
- Lancashire
- Lincoln
- Liverpool
- London
- Melton Mowbray
- Nantwich
- North Somerset
- Northampton
- Nottingham
- Oakleigh
- Oxford
- Shropshire
- Somercotes
- South Woodford
- Trafford
- Suffolk
- Truro
- Wadesmill
- Wadhurst
- Wantage
- Waterlooville
- Weldon Corby
- West Midlands
- West Sussex
- Wigston
- Wolverhampton



CHARITY COMMISSION
FOR ENGLAND AND WALES

Face Evrything And Rise

1196975

Receipts and payments accounts

CC16a

For the period from	Jul-24	To	Jul-25
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	18 130	-	-	£18 129 77	-
Grants	53 300	-	-	£53 300 00	-
	-	-	-		-
	-	-	-		-
	-	-	-		-
	-	-	-		-
	-	-	-		-
	-	-	-		-
Sub total (Gross income for AR)	£71 429 77	-	-	£71 429 77	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	£71 429 77	-	-	£71 429 77	-
A3 Payments					
Event Costs	£28 222 24	-	-	£28 222 24	-
Post	£3 609 61	-	-	£3 609 61	-
Travel	£1 407 45	-	-	£1 407 45	-
Promotion	£493 00	-	-	£493 00	-
IT	£534 10	-	-	£534 10	-
Insurances	£406 82	-	-	£406 82	-
General	£24 060 00	-	-	£24 060 00	-
FEAR Van - specialised vehicle	£4 207 24	-	-	£4 207 24	-
	-	-	-	-	-
Sub total	£62 940 46	-	-	£62 940 46	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	62 940	-	-	62 940	-
Net of receipts/(payments)	8 489	-	-	8 489	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	8 489	-	-	8 489	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank	£27 520 75	-	-
		-	-	-
		-	-	-
	Total cash funds	£27 520 75	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		<i>Kim Purkis</i>	Charity Founder	26/07/2025
		<i>Tessa Hurst</i>	Treasurer	26/07/2025



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

Face Everything And Rise

On accounts for the year
ended

24/7/25

Charity no
(if any)

1196975

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **24 / 07 / 2025**.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

Independent
examiner's statement

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

27/7/2025

Name:

DAVID JOHNSON

Relevant professional
qualification(s) or body
(if any):

COMPANY DIRECTOR/ACCOUNTS MANAGER

Address:

SEAWARD RISE

RAMSEY, HAMPSHIRE

SO51 8PE