

Face Everything And Rise

Charity No: 1196975

Date: 14th December 2023



1. Welcome and Introduction

- Kim Purkis (KP) hosted the AGM and welcomed everyone.
- No Apologies
- AGM minutes from the previous AGM were agreed.

2. Treasurer's Report

FEAR was very grateful to receive grants from Sport England and National Lottery Community Fund this year; enabling us to run 2-3 swim events each month, across the country.

Additional grants were awarded to FEAR to sponsor the specialised Drysuits (known as 'FEAR Drysuits'). This enables us to purchase a number of Drysuits, ranging from junior XXS - Adult large size.

The charity expenses remain relatively low (at £23k) considering the number of events we held this year. The overall surplus this year has been £17k.

All donations are appreciatively received and make a big difference to FEAR, so thank you very much to everyone who has been involved in fundraising or sponsored events.

FEAR evaluates the charity expenditure and accounts regularly each year and all trustees are happy with the financial position of the charity in its first full financial year.

5. Chair's Report

This has been our first full year as a registered charity and I think we should all be very proud of what has been achieved in such a short amount of time.

FEAR Events

Over the past 12 months, we have held a total of 28 FEAR events across the country. These events included swimming, sailing, outdoor adventure and Alton Towers.

We have secured a brilliant partnership with Places Leisure who have been faultless in supporting our swim events. This year we have hosted events at Romsey Rapids, Rotherham, The Triangle, Camberely, Dover, and Birmingham. We were also invited to host an event at the London Aquatics Centre. Next year (2024) we will continue to hold swim events at Romsey, Rotherham, The Triangle and Camberely.

Over the summer months we introduced a couple of sailing events and 'outdoor adventure' days. These proved very popular and were a great addition to the swimming.

Merlin's Magic Wand Children's Charity funded our family day to Alton Towers. A total of 78 people enjoyed a free ticket to Alton Towers and had the opportunity to have a fun family day out together, whilst also meeting others. It was a beautiful day and many new friendships were made.

In July we joined a sponsored event at the Parallel Windsor run. We welcomed a team of 28 who ran, walked, and cycled the distance. Collectively we raised enough to purchase an 10 additional FEAR Drysuits. Huge thank you to everyone who participated and fundraised.

In total, 3,061 individuals attended our FEAR events over the year (starting Jan'23-Dec'23).

Our year in summary

In February we launched our 'FEAR Drysuits' which proved to be extremely popular. Requests to borrow a Drysuit can be made through the charity website, and to date 204 people have benefited from borrowing a FEAR Drysuit. The youngest user of a suit has been 18 month, whilst the eldest has been 80 years. Everyone has been extremely appreciative of having the ability to borrow a Drysuit for up to 6 months. Many children have learnt to swim or have been able to participate in School swimming lessons. Adults are now swimming on Holiday or partaking in water sports with peers.

In April we had an amazing surprise visit from the BBC OneShow team as part of their 'Big Thank you'. Matty Lee (Olympic Highboard diver) joined along and presented Kim with an Olympic medal replica. The exposure was fantastic and helped spread the word about FEAR.

In September we began our 'FEAR Awards'. These awards are designed to recognise people's achievements. Nominations can be made through the website and each month the charity committee meet to choose who will receive the award. It's always so lovely to hear the achievements people are making and the pride everyone feels when submitting their nomination. Each month we have shared the award winner on our social media pages, and the feedback has been brilliant.

In November we welcomed a new addition to the charity- 'Eddie' the FEAR van which is a fully converted VW Van, and will be used as a safe space for people with feeding tubes and central lines to connect and disconnect their feeds or treatments.

Not only will the van be at all of our future FEAR events, but it'll be attending a number of music festivals over the summer and winter/Christmas events. This facility will enable people to go to festivals without the worry of where to 'connect' or store their medication or feed. The van is also accessible for wheelchair users, has a sensory twist inside. There is plenty of storage inside and two temperature-controlled

fridges, a sink, charge points and drip stand. The sole purpose of 'Eddie' is to enable more people to access festivals, events and our FEAR events.

In December, I was invited to present at the House of Commons, MedTech event which was a superb opportunity to speak to members of parliament, NICE, the NHS and ministers about FEAR.

Finally, to wrap up the year of events, we had a Christmas get together at Camberley Leisure Centre. Swimming, Climbing, Soft Play and Gymnastics were on offer. Santa even joined us for the afternoon too.

Our committee will meet face-to-face again in December'24 for an AGM but will also meet at several intervals throughout the upcoming year.

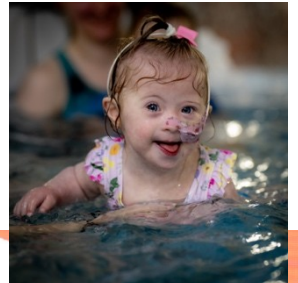
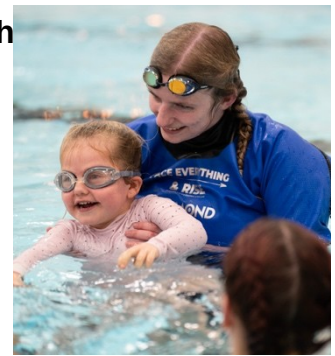
It was lovely to see everyone today and to summarise our first year as a registered charity. Thank you.

3. Election of committee for the 2023/2024 term

Following the nomination process I am pleased to report that our committee for 2024 remains the same. We have also gained a number of fantastic volunteers who will be supporting us in running our FEAR events next year. retained the support of key people as well as being able to welcome new volunteers.

A.O.B. None.

The AGM was officially closed.





CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Face Everything And Rise

No (if any)
1196975

Receipts and payments accounts

CC16a

For the period from	Period start date 25/07/2022	To	Period end date 31/07/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	19,146	-	-	19,146	-
Grants	21,100	-	-	21,100	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	40,246	-	-	40,246	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	40,246	-	-	40,246	-
A3 Payments					
Event costs	5,517	-	-	5,517	-
Post	402	-	-	402	-
Travel and accommodation	283	-	-	283	-
Promotional	1,757	-	-	1,757	-
IT	100	-	-	100	-
Insurances	362	-	-	362	-
Specialise resources	12,208	-	-	12,208	-
General	2,470	-	-	2,470	-
	-	-	-	-	-
Sub total	23,098	-	-	23,098	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	23,098	-	-	23,098	-
Net of receipts/(payments)	17,148	-	-	17,148	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	17,148	-	-	17,148	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank	17,148	-	-
		-	-	-
		-	-	-
	Total cash funds	17,148	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Kim Purkis	Kimberley R Purkis	31/07/2023	
	Tessa Hurst	Tessa Marie Hurst	31/07/2023	

Mr David Johnson

35 Seward Rise, Romsey. SO51 8PE
Email: david.johnson@gssflooring.com

Date: 1st February 2024

Dear Sir or Madam

**Independent examiner's report to the trustees of Face Everything And Rise
(The Charity) (Registered Charity No: 1196975)**

I report to the trustees on my examination of the accounts of the Face Everything And Rise (the Charity) for the year ended 24th July 2023.

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

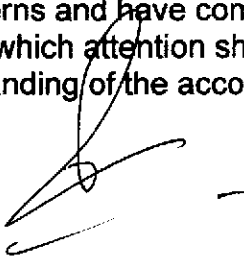
Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Mr David Johnson

Occupation: Accounts Manager

Address: As above