

FACE EVERYTHING AND RISE

England & Wales · Charity number 1196975

Details

Status Registered

Legal form CIO

Registered 2021-12-07

Register [View on the Charity Commission register](#)

Contact

Address Merriedale
Hamdown Crescent
East Wellow
Romsey
SO51 6BJ

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Email fear@faceeverything.co.uk

Website www.faceeverything.co.uk

Activities

Objects: TO RELIEVE, AND ASSIST, BOTH CHILDREN AND ADULTS, WHO LIVE WITH A CONDITION RESULTING IN INTRAVENOUS OR ARTIFICIAL NUTRITION THERAPY OR WHO ARE RECEIVING TREATMENT VIA A CENTRAL LINE, AND TO RELIEVE THEIR FAMILIES AND CARERS BY PROVIDING SUPPORT, UNDERSTANDING AND INFORMATION REGARDING LIVING WITH CHRONIC AND COMPLEX CONDITIONS. TO RELIEVE CHILDREN LIVING WITH CHRONIC, CRITICAL OR TERMINAL ILLNESSES THROUGH THE PROVISION OF TEDDY BEAR COMPANIONSHIP IN ORDER TO PROMOTE EMOTIONAL COMFORT, WELL-BEING AND REDUCE ANXIETY.

Activities: Provide support for patients, and their families/ carers, who use artificial nutrition or have a central line. This is through the provision of specialised resources and equipment, a mental health support helpline and regular activity events and meetings, across the UK.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, Disability, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups

Geography

- Throughout England And Wales

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|----------|-------------|--------|-----------|
| 2025-07-24 | £71,430 | £62,940 | - | - |
| 2024-07-24 | £137,269 | £114,161 | - | - |
| 2023-07-24 | £40,246 | £23,098 | - | - |
| 2022-07-24 | £4,400 | £1,594 | - | - |

Trustees

| Name | Role | Appointed |
|--------------------------------|-------|------------|
| Kimberley Rachel Purkis | Chair | 2021-12-07 |
| Lynn Catherine Purkis | | 2021-12-07 |
| Peter Andrew Nicholson | | 2021-12-07 |
| Tessa Marie Hurst | | 2021-12-07 |

FACE EVERYTHING AND RISE

England & Wales - Charity number 1196975

Accounts

Face Everything And Rise

Charity No: 1196975

Date: 17th July 2025



Annual General Meeting Notes - July 2024 – July 2025

Hosted by: Kim Purkis (KP)

Opening Remarks:

KP opened the meeting with an energetic and heartfelt welcome, thanking everyone for their incredible support, dedication, and commitment throughout the year. She spoke passionately about what an extraordinary year it has been for the charity — a year filled with growth, inclusion, meaningful impact, and inspiring achievements. KP reflected on the collective effort of participants, sponsors, volunteers, and team members, expressing immense pride in everything the organisation has accomplished together and the lives that have been positively transformed along the way.

Apologies:

None

Minutes of Previous AGM:

The minutes from the previous Annual General Meeting were reviewed and agreed upon unanimously.

Key Highlights and Successes: July 2024 – July 2025

Brief breakdown per event

Swimming:

We've held 2/3 swimming events a month! It's certainly been a busy year. Some months were filled with 4 events. 6,276 people have joined our swim events and 1021 people are now swimming with FEAR Drysuits. We have been opening up events at new venues across the country with the support of Places Leisure.

We started our specialised swimming lessons at Romsey Rapids and are excited to see the growth the children make in the water.

Outdoor Adventure:

We held several outdoor adventure days at Avon Tyrrell. These events were full day experiences including archery, rock climbing, canoeing, zip wire, camp fire and cycling.

FEAR Ambassadors:

This year we introduced our FEAR Ambassadors- individuals who we feel deserve to be recognised and given the responsibility of creating, promoting and running their own FEAR event.

This year's event was held at Hangloose Adventure in London. We all tackled the UK's longest zip wire, which was across the lake. Everyone over came their fears with heights and finished the run with beaming smiles.

Annual Christmas event:

This Christmas, we returned to Camberley Leisure Centre and were supported by all the wonderful staff at Places Leisure. 276 people joined us for the event- including swimming, soft play, bouncy castles, sensory room and, of course, a visit from Santa himself.

FEAR Cycle – sponsor event:

In December, we went on our very first FEAR Holiday to Disneyland, but in preparation, a few FEAR children decided to do a sponsored cycle along Bournemouth beach to raise money- helping to make Disney more achievable for families.

The cyclists raised a fantastic £5,000 between them- all of which went towards purchasing Disneyland park tickets. Absolutely blown away by their achievement and determination to make a difference!

Legoland:

This year, we were extremely lucky to receive a large number of Magic Merlin Wand Passes. These passes allowed us to host 4 FEAR days at Legoland for up to 150 people at a time. The events were very busy and lively, but the impact of coming together, in the sun, to a place where memories were made, was fantastic and truly memorable.

Skiing:

We returned to Tamworth Snowdome for more skiing events. The impact of these lessons is immeasurable, but from spectating, you can see the sheer freedom and pride everyone experiences as they come down the

slope. The instructors at Disability Snowsport UK are incredible and have everyone up on two feet, skiing from the top, in no time at all.

We also held a summer event at the snowdome, which proved very popular and allowed FEAR children to experience rock climbing, ice skating, skiing and snowboarding. Families came together and new friendships were made. Lunchtime was spent attaching feeds and nutrition alongside each other, which was a powerful moment for all.

Sailing:

Alongside skiing, sailing is definitely up there with the freedom it gives people. We held a number of sailing events, across the country, at various sites. Since the events, 51 individuals have gone on to learn to sail.

Festivals- Eddie the FEAR Van:

This year, Eddie (the FEAR Van) was asked to attend a number of big, and small, events across the country. CarFest and CamBestival were the largest festivals, but the van also travelled to Wales, Reading, Norwich and Brighton.

Purchasing the van has meant that children, and adults, can access our FEAR events without the barrier of needing to 'disconnect' or 'connect'. So far, this year alone, 592 individuals have accessed the van for IV medication and a further 933 individuals have accessed the van for enteral reasons.

Music festivals are a magical experience and it also acts as a fantastic way to spread awareness and empower people.

Paint and Chill

For a complete change, this year we introduced Paint and Chill events. These events were about bringing people together, in a calming space to create a canvas painting each. Everyone took home their creation and were able to display it somewhere of their choice- most of which decided to hang it in their 'medical rooms' at home.

We will certainly do more of these events. It was a beautiful change and it reached individuals who wouldn't usually attend the typical active FEAR events.

Disneyland – December 2024

This was an incredible holiday!

Our first opportunity to meet each-other was onboard the ferry. P&O had sectioned off an area of the ferry for us, which made the journey feel very exclusive!

We then drove to centreparcs and all had FEAR flags flying from the windows, making it great fun to spot each other.

Day 2 and 3 were spent at Disneyland... and what a magical place it was! We had a Whatsapp group going, so we could all keep in touch throughout the day. Many of us disconnected and connected TPN and feeds at the park. Their medical facilities were very accommodating and allowed us to store what we needed in their fridge. It was heartwarming to spot everyone around the park and hear their stories about what rides were their favourite etc. Although the days at Disney were COLD, a lot of families managed to wrap up and stay for the evening shows.

On our last day, a lot of families went swimming, while others chilled around centreparcs. We then made the 3hr journey back to the ferry and spent the crossing sharing stories of our holiday DryRobe had donated a number of Dryrobes to us to make sure we could keep warm while at Disney. These robes were a great addition and made a big difference to many at Disney! TotalCool generously lent us a number of fridges so that we could all keep our TPN/feeds at the correct temperature while away. These fridges made it possible to travel with TPN, and without their generosity, many families would have needed to spend a lot of money on purchasing one. Thank you to Dryrobe and TotalCool for supporting our trip!

Thank you to everyone who donated towards the trip fundraiser, and for making this trip possible! I cannot put into words how important trips like this are for children, adults and families. This holiday was the first of many to come!

Programme Expansion and Event Highlights

Throughout the year, FEAR continued to broaden its programme beyond swimming, delivering a wider range of activities and events designed to support social connection, confidence, wellbeing, and physical engagement for participants and their families.

The success of these events reflected the strong sense of community within FEAR, with each occasion providing a safe, inclusive, and uplifting environment for everyone involved. KP expressed sincere thanks to all those who attended, volunteered, and contributed to making every event both meaningful and memorable.

Appreciation and Closing Remarks

KP concluded the meeting by extending heartfelt gratitude to:

- The FEAR team for their ongoing passion, dedication, and hard work
- Sponsors and fundraisers whose support has enabled the charity to grow
- All participants and families who supported and attended events
- FEAR's dedicated volunteers for their continued commitment and generosity

KP reflected on the significant progress FEAR has made over the past year and shared optimism and enthusiasm for the future. She remarked:

“It's been an unforgettable year”

Any Other Business

No further business was raised.

There being no further matters to discuss, the AGM was formally closed.



Where are the FEAR Drysuits?



- Andover
- Ashington
- Ashton Keynes
- Aylesbury
- Barnsely
- Barnsley
- Bedford
- Blackwood
- Bradford
- Cambridge
- Chesterfield
- Clatterbridge
- Corby
- County Derry
- Craigavon
- Donegal, Ireland
- Dronfield
- East Cowes
- Essex
- Gloucester
- Halesowen
- Hampshire
- Hull
- Hyigh Wycombe
- Kent
- Kettering
- Lancashire
- Lincoln
- Liverpool
- London
- Melton Mowbray
- Nantwich
- North Somerset
- Northampton
- Nottingham
- Oakleigh
- Oxford
- Shropshire
- Somercotes
- South Woodford
- Trafford
- Suffolk
- Truro
- Wadesmill
- Wadhurst
- Wantage
- Waterlooville
- Weldon Corby
- West Midlands
- West Sussex
- Wigston
- Wolverhampton



Receipts and payments accounts

CC16a

| | | | |
|---------------------|--------|----|--------|
| For the period from | Jul-24 | To | Jul-25 |
|---------------------|--------|----|--------|

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|---|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Donations | 18 130 | - | - | £18 129 77 | - |
| Grants | 53 300 | - | - | £53 300 00 | - |
| | - | - | - | | - |
| | - | - | - | | - |
| | - | - | - | | - |
| | - | - | - | | - |
| | - | - | - | | - |
| Sub total (Gross income for AR) | £71 429 77 | - | - | £71 429 77 | - |
| A2 Asset and investment sales, (see table). | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total receipts | £71 429 77 | - | - | £71 429 77 | - |
| A3 Payments | | | | | |
| Event Costs | £28 222 24 | - | - | £28 222 24 | - |
| Post | £3 609 61 | - | - | £3 609 61 | - |
| Travel | £1 407 45 | - | - | £1 407 45 | - |
| Promotion | £493 00 | - | - | £493 00 | - |
| IT | £534 10 | - | - | £534 10 | - |
| Insurances | £406 82 | - | - | £406 82 | - |
| General | £24 060 00 | - | - | £24 060 00 | - |
| FEAR Van - specialised vehicle | £4 207 24 | - | - | £4 207 24 | - |
| | - | - | - | - | - |
| Sub total | £62 940 46 | - | - | £62 940 46 | - |
| A4 Asset and investment purchases, (see table) | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total payments | 62 940 | - | - | 62 940 | - |
| Net of receipts/(payments) | 8 489 | - | - | 8 489 | - |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | - | - | - | - | - |
| Cash funds this year end | 8 489 | - | - | 8 489 | - |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|--|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | Cash in bank | £27 520 75 | - | - |
| | | - | - | - |
| | | - | - | - |
| | Total cash funds | £27 520 75 | - | - |
| | (agree balances with receipts and payments account(s)) | Agreement Error | OK | OK |
| B2 Other monetary assets | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| B3 Investment assets | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| B4 Assets retained for the charity's own use | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| B5 Liabilities | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
| | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |
| Signed by one or two trustees on behalf of all the trustees | Signature | Print Name | Date of approval | |
| | <i>Kim Purkis</i> | Charity Founder | 26/07/2025 | |
| | <i>Tessa Hurst</i> | Treasurer | 26/07/2025 | |



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name

Face Everything And Rise

**On accounts for the year
ended**

24/7/25

**Charity no
(if any)**

1196975

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **24 / 07 / 2025**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

[Signature]

Date:

27/7/2025

Name:

DAVID JOHNSON

**Relevant professional
qualification(s) or body
(if any):**

COMPANY DIRECTOR / ACCOUNTS MANAGER

Address:

SEAWARD RISE

RAMSEY, HAMPSHIRE

SO51 8PE

FACE EVERYTHING AND RISE

England & Wales - Charity number 1196975

Accounts

Face Everything And Rise

Charity No: 1196975

Date: 24th July 2024



Annual General Meeting Notes - July 2023 – July 2024

Hosted by: Kim Purkis (KP)

Opening Remarks:

Kim Purkis opened the meeting by welcoming everyone warmly and expressing her heartfelt gratitude for the ongoing support and involvement of all participants, sponsors, and team members. KP expressed the immense pride the organisation feels as it reflects on a year of outstanding progress, inclusion, and impact.

Apologies:

None

Minutes of Previous AGM:

The minutes from the previous Annual General Meeting were reviewed and agreed upon unanimously.

Key Highlights and Successes: July 2023 – July 2024

Brief monthly breakdown

July 23-

- This week marks a year since we held our first ever 'FEAR event'!! ... and since then we've held 2/3 events a month! It's certainly been a busy year
- 2,982 people have joined our swim events.
- 268 people are now swimming with FEAR Drysuits.
- 283 people have joined other FEAR events this year,
- and 4,145 FEAR Bears have been donated.

Aug 23-

- Launch of the FEAR Award.
- Packed with countless 'firsts' for children, and adults, in their FEAR Drysuits...

Kaiden " I've had the best day ever! I can't believe I'm in the pool"

Harry "I'm the happiest boy on the planet"

Poppy "living the best life"

Sept 23-

- Announced - 'FEAR events' will soon be held at the London Aquatics Centre !! Home of the 2012 Olympics. There'll be opportunity for beneficiaries to try out some diving in the future too!
- 'FEAR Day' at [Avon Tyrrell Outdoor Centre](#) was a beautiful way to end the summer... It was another super busy day, filled with archery, canoeing and climbing... but most importantly, we all had lots of fun!!

Oct 23-

- FEAR on the front page of the [CIMSPA](#) magazine

Nov 23-

'Eddie the FEAR Van' joined the FEAR team

- Eddie is a fully converted VW Van, and will be used as a safe space for people with feeding tubes and central lines to connect and disconnect their feeds or treatments
- Eddie be at all of our future FEAR events and will be at big public events across the country; enabling beneficiaries to go to music festivals without the worry of where to 'connect' or store their feed. It is also fully accessible for wheelchair users, has a sensory twist inside, and has all the storage people could possibly need for ancillaries!
- The sole purpose of Eddie is to support beneficiaries, and to give them the confidence to visit music festivals and events, without the worry of where to store their feed or medication, or where they can connect and disconnect themselves safely.
- Eddie is named after an extremely special man I met in July, who believed in me and my vision for FEAR, and helped make the dream become a reality!!

Dec 23-

- I was invited to speak at the House of Commons about the importance of Medical Technology within the world of 'artificial nutrition', and how it empowers us as a patient...
- It was an absolute honour to speak to MPs, Ministers, Directors and the Chief Executives of NHS England, NICE and the Department for Health and Social Care
- After lots of planning and 80+ days of counting down the days, we finally made it to France!! A week's 'FEAR Holiday' in France. Three families, 3 individuals on TPN. We met at Folkestone to catch the [LeShuttle](#) to Calais and then drove 3 hours to where we stayed at [Center Parcs France](#). This was just a mini practice before doing a bigger FEAR Holiday next year, with more families

December 2023 summary for the newsletter was published:

- * We've held a total of 28 FEAR events across the Country.
- * A total of 3,061 people have attended our events over the year.
- * A whopping 204 people have borrowed a FEAR Drysuit and have been able to swim safely.
- * In September we introduced the 'FEAR Award',
- * In November, Eddie the 'FEAR Van' joined the team
- * We've trialled our first 'FEAR Holiday', and will be making it an annual event!

Jan 24-

- First event was held in Romsey
- Welcomed a large order of new FEAR Drysuits
- Introduced FEAR Ski events

Feb 24-

Announced that 'FEAR Van' (Eddie) will be at the following festivals this summer ...

- * 21st July - [Raver Tots](#) (Reading)
- * 25th-28th July - [Camp Bestival Dorset](#)
- * 15th- 18th August - [Camp Bestival Shropshire](#)
- * 23rd August - [Victorious Festival](#) (we will be there for Friday only)
- * 24th & 25th August - [CarFest](#) (we will be there for Saturday and Sunday only)
- * 26th August - [Raver Tots](#) (Southend)

March 24-

- Announced- FEAR is now an official charity partner with [Give Kids The World](#) !!
- FEAR will soon be sending families on a once in a life time trip to Florida.

Apr 24-

- I was presented with a HUGE cheque from Horley Swimming Club for £2,430!!! Going towards buying 5 more FEAR Drysuits and booking 3 more FEAR events... which is incredible!!
- Every year, 9 year old Robin challenges himself to raise money for charity and this year he chose FEAR...Robin cycled a whopping 300 loops of his neighbourhood and spent just over 5 hours on his bike. His aim was to raise £390 so that we could buy a new FEAR Drysuit.... Robin has raised a fantastic £400! 🌟

July 24-

- We had the most amazing FEAR day at [Official LEGOLAND Windsor](#)!!
- We have been very lucky to have had a large number of tickets donated to us from [Merlin's Magic Wand Charity](#). We were able to invite 21 families to LEGOLAND!... and in September, we be took another 30 families
- The music festival season officially started for Eddie the 'FEAR Van' ... July 23rd we were at the [Raver Tots](#) festival in Reading. We welcomed 13 families to use Eddie. Our next festival was only a few days away... [Camp Bestival Dorset](#) (25-28 July).

Sport England Funding – Extended!

KP proudly confirmed that Sport England has renewed its funding of £10,000 for another year. This crucial support enables FEAR to continue running monthly swimming and adventure-based events across England for individuals receiving artificial nutrition or long-term IV treatments.

Thanks to Sport England's initial grant, from July 2022 to July 2023, FEAR successfully hosted 28 events, welcoming 2,182 participants. For the current period (July 2023 to July 2024), FEAR once again hosted **28**

dynamic and inclusive events, reaching **3,061 attendees** — a testament to the growing popularity and trust in the organisation.

Program Expansion & Event Successes

Throughout the year, FEAR expanded its offerings beyond swimming to include activities such as sailing, rock climbing, archery, canoeing, and even theme park visits like the event at **Alton Towers** and a memorable **run/walk/push event in Windsor**.

Each event provided vital social and physical engagement opportunities for both participants and their families. KP expressed deep appreciation to everyone who attended and helped make these events a safe, joyful, and empowering experience.

Notable Events:

- **Christmas Takeover** at Camberley Leisure Centre – An emotional and festive event.
 - **Avon Tyrell Adventures** – Archery and climbing challenges.
 - **Sailing Days & First Time Skiing Plans** – Promoting new experiences.
 - **Disneyland Paris Holiday** – An unforgettable international trip for children with complex health needs.
-

FEAR Drysuit Initiative

One of the most transformative aspects of the year was the growth and impact of the **FEAR Drysuit Program**.

- Since February 2023 alone, **504 people** have borrowed Drysuits,
- These suits make it safe for children and adults with central lines and medical devices to swim and enjoy water activities.

Major Sponsors:

FEAR extended its deepest thanks to generous donors:

- **Hendy Foundation**
- **Sport England**
- **Air Control Industries**

- **Places Leisure** (sponsor of 10 suits, one of which enabled Ella to swim for the first time in years!)
- **NEC UK**
- **BOOST Charitable Trust** (2 suits for children in Hampshire)
- **ABBVIE Pharmaceutical Company** (10 suits to be distributed in 2024)

Special Mention:

- **Jane and Paul** raised funds for **9 suits** via a JustGiving page in lieu of Christmas gifts.

Personal Stories: The Human Impact

Arley's Story

Diagnosed with T-cell Acute Lymphoblastic Leukaemia in July 2021, Arley was fitted with a Hickman line that kept him out of the water for over a year. Thanks to a FEAR-sponsored Drysuit, Arley was able to return to the water, resume swimming lessons, and eventually compete in swim meets. Today, he swims twice a week and has become a symbol of perseverance and hope.

Miley's Holiday

Miley's Drysuit enabled her to enjoy water parks in Spain during her first holiday abroad. Her joyful experience in the water, after years of restrictions, left a lasting impression on her and her family.

Molly's Journey

Molly attended **every single FEAR event** this year, often travelling long distances. From barely letting go of her mother in the water to confidently diving, swimming, and participating in archery and canoeing, Molly has truly blossomed. Despite a recent surgery, she even joined FEAR for a magical trip to Disneyland Paris. Molly's courage and dedication earned her this month's **FEAR Award**.

The FEAR Award

Introduced in **September 2023**, the **FEAR Award** recognises achievements by individuals who receive artificial nutrition or long-term IV treatments. Family members, carers, and nurses are also eligible for nomination.

Award recipients are celebrated monthly, and the number of nominations has continued to grow, reflecting the community's spirit and resilience.

To nominate, individuals simply fill out a form on the FEAR website.

Meet Eddie: The FEAR Van

In **November 2023**, FEAR proudly introduced **Eddie the Van** – a fully accessible, wheelchair-friendly, converted VW van.

Key Features:

- Safe space to connect/disconnect feeds and treatments
- Storage for medical supplies
- Sensory-friendly interior
- Event-ready presence for use at festivals, public events, and FEAR gatherings

Named after a remarkable supporter who helped bring the vision to life, Eddie is a symbol of mobility, safety, and inclusivity. The Van will be attending all FEAR events and a number of small, and large, festivals across the UK. This will enable hundreds of people to access events safely, without the need to leave early to connect nutrition, or treatments.

New Swim Instructors

FEAR welcomed **Emily and Tash** as their newest certified swim instructors. Their energy, dedication, and experience have brought warmth and confidence to the swimming program.

At the Beginning of 2024

KP announced the organisation is currently planning its 2024 schedule. Although some dates (like the Camberley events) are still to be confirmed, plans are already in place for:

- **3-4 swim events in Camberley**
- **Expanded swim locations across England**
- **Additional sailing and skiing events**
- **Public events where Eddie will be present**

Participants are encouraged to visit the website regularly for updates and registration opportunities.

Gratitude and Closing Remarks

KP closed the meeting by reiterating her immense gratitude to:

- Every participant and family who joined events
- Our dedicated volunteers
- Our generous sponsors and fundraisers
- The FEAR team, for their passion and hard work

She shared her deep pride in how far FEAR has come, and excitement for the year ahead, stating:

“It’s been an unforgettable year. Every story, every smile, every step forward is what makes FEAR so special. Thank you all for rising with us. Here’s to continuing to face everything and rise – together.”

A.O.B. None.

The AGM was officially closed.



Where are the FEAR Drysuits?



- Andover
- Ashington
- Ashton Keynes
- Aylesbury
- Barnsely
- Barnsley
- Bedford
- Blackwood
- Bradford
- Cambridge
- Chesterfield
- Clatterbridge
- Corby
- County Derry
- Craigavon
- Donegal, Ireland
- Dronfield
- East Cowes
- Essex
- Gloucester
- Halesowen
- Hampshire
- Hull
- Hyigh Wycombe
- Kent
- Kettering
- Lancashire
- Lincoln
- Liverpool
- London
- Melton Mowbray
- Nantwich
- North Somerset
- Northampton
- Nottingham
- Oakleigh
- Oxford
- Shropshire
- Somercotes
- South Woodford
- Trafford
- Suffolk
- Truro
- Wadesmill
- Wadhurst
- Wantage
- Waterlooville
- Weldon Corby
- West Midlands
- West Sussex
- Wigston
- Wolverhampton



Receipts and payments accounts

CC16a

| | | | |
|---------------------|----------------|----|----------------|
| For the period from | 25th July 2023 | To | 25th July 2024 |
|---------------------|----------------|----|----------------|

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|---|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Donations | 18 930 | - | - | 18 930 | - |
| Grants | - | 118 339 | - | 118 339 | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total (Gross income for AR) | 18 930 | 118 339 | - | 137 269 | - |
| A2 Asset and investment sales, (see table). | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total receipts | 18 930 | 118 339 | - | 137 269 | - |
| A3 Payments | | | | | |
| Event costs | - | 14 632 | - | 14 632 | - |
| Post | 2 174 | - | - | 2 174 | - |
| Travel | 778 | - | - | 778 | - |
| Promotion | 2 213 | - | - | 2 213 | - |
| IT | 568 | - | - | 568 | - |
| Insurance | 362 | - | - | 362 | - |
| Specialised resources (Drysuits) | - | 12 602 | - | 12 602 | - |
| General | 18 430 | - | - | 18 430 | - |
| FEAR Van | - | 62 403 | - | 62 403 | - |
| Sub total | 24 524 | 89 637 | - | 114 161 | - |
| A4 Asset and investment purchases, (see table) | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total payments | 24 524 | 89 637 | - | 114 161 | - |
| Net of receipts/(payments) | - 5 595 | 28 703 | - | 23 108 | - |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | - | - | - | - | - |
| Cash funds this year end | - 5 595 | 28 703 | - | 23 108 | - |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|--|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | Cash in Bank | 23 108 | - | - |
| | | - | - | - |
| | | - | - | - |
| | Total cash funds | 23 108 | - | - |
| | (agree balances with receipts and payments account(s)) | Agreement Error | Agreement Error | OK |
| B2 Other monetary assets | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| B3 Investment assets | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| B4 Assets retained for the charity's own use | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| B5 Liabilities | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
| | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |
| Signed by one or two trustees on behalf of all the trustees | Signature | Print Name | Date of approval | |
| | <i>Kim Purkis</i> | Kim Purkis | 22/05/2025 | |
| | <i>Tessa Hurst</i> | Tessa Hurst | 22/05/2025 | |



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name:
Face Everything And Rise

**On accounts for the year
ended**

25th July 2024

**Charity no
(if any)**

1196975

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **25/7/2024**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

24th May 2025

Name:

David Johnson

**Relevant professional
qualification(s) or body
(if any):**

Accounts Manager

Address:

35 Seward Rise, Romsey

SO51 8PE

FACE EVERYTHING AND RISE

England & Wales - Charity number 1196975

Accounts

Face Everything And Rise

Charity No: 1196975

Date: 14th December 2023



1. Welcome and Introduction

- Kim Purkis (KP) hosted the AGM and welcomed everyone.
- No Apologies
- AGM minutes from the previous AGM were agreed.

2. Treasurer's Report

FEAR was very grateful to receive grants from Sport England and National Lottery Community Fund this year; enabling us to run 2-3 swim events each month, across the country.

Additional grants were awarded to FEAR to sponsor the specialised Drysuits (known as 'FEAR Drysuits'). This enables us to purchase a number of Drysuits, ranging from junior XXS - Adult large size.

The charity expenses remain relatively low (at £23k) considering the number of events we held this year. The overall surplus this year has been £17k.

All donations are appreciatively received and make a big difference to FEAR, so thank you very much to everyone who has been involved in fundraising or sponsored events.

FEAR evaluates the charity expenditure and accounts regularly each year and all trustees are happy with the financial position of the charity in its first full financial year.

5. Chair's Report

This has been our first full year as a registered charity and I think we should all be very proud of what has been achieved in such a short amount of time.

FEAR Events

Over the past 12 months, we have held a total of 28 FEAR events across the country. These events included swimming, sailing, outdoor adventure and Alton Towers.

We have secured a brilliant partnership with Places Leisure who have been faultless in supporting our swim events. This year we have hosted events at Romsey Rapids, Rotherham, The Triangle, Camberely, Dover, and Birmingham. We were also invited to host an event at the London Aquatics Centre. Next year (2024) we will continue to hold swim events at Romsey, Rotherham, The Triangle and Camberely.

Over the summer months we introduced a couple of sailing events and 'outdoor adventure' days. These proved very popular and were a great addition to the swimming.

Merlin's Magic Wand Children's Charity funded our family day to Alton Towers. A total of 78 people enjoyed a free ticket to Alton Towers and had the opportunity to have a fun family day out together, whilst also meeting others. It was a beautiful day and many new friendships were made.

In July we joined a sponsored event at the Parallel Windsor run. We welcomed a team of 28 who ran, walked, and cycled the distance. Collectively we raised enough to purchase an 10 additional FEAR Drysuits. Huge thank you to everyone who participated and fundraised.

In total, 3,061 individuals attended our FEAR events over the year (starting Jan'23-Dec'23).

Our year in summary

In February we launched our 'FEAR Drysuits' which proved to be extremely popular. Requests to borrow a Drysuit can be made through the charity website, and to date 204 people have benefited from borrowing a FEAR Drysuit. The youngest user of a suit has been 18 month, whilst the eldest has been 80 years. Everyone has been extremely appreciative of having the ability to borrow a Drysuit for up to 6 months. Many children have learnt to swim or have been able to participate in School swimming lessons. Adults are now swimming on Holiday or partaking in water sports with peers.

In April we had an amazing surprise visit from the BBC OneShow team as part of their 'Big Thank you'. Matty Lee (Olympic Highboard diver) joined along and presented Kim with an Olympic medal replica. The exposure was fantastic and helped spread the word about FEAR.

In September we began our 'FEAR Awards'. These awards are designed to recognise people's achievements. Nominations can be made through the website and each month the charity committee meet to choose who will receive the award. It's always so lovely to hear the achievements people are making and the pride everyone feels when submitting their nomination. Each month we have shared the award winner on our social media pages, and the feedback has been brilliant.

In November we welcomed a new addition to the charity- 'Eddie' the FEAR van which is a fully converted VW Van, and will be used as a safe space for people with feeding tubes and central lines to connect and disconnect their feeds or treatments.

Not only will the van be at all of our future FEAR events, but it'll be attending a number of music festivals over the summer and winter/Christmas events. This facility will enable people to go to festivals without the worry of where to 'connect' or store their medication or feed. The van is also accessible for wheelchair users, has a sensory twist inside. There is plenty of storage inside and two temperature-controlled

fridges, a sink, charge points and drip stand. The sole purpose of 'Eddie' is to enable more people to access festivals, events and our FEAR events.

In December, I was invited to present at the House of Commons, MedTech event which was a superb opportunity to speak to members of parliament, NICE, the NHS and ministers about FEAR.

Finally, to wrap up the year of events, we had a Christmas get together at Camberley Leisure Centre. Swimming, Climbing, Soft Play and Gymnastics were on offer. Santa even joined us for the afternoon too.

Our committee will meet face-to-face again in December'24 for an AGM but will also meet at several intervals throughout the upcoming year.

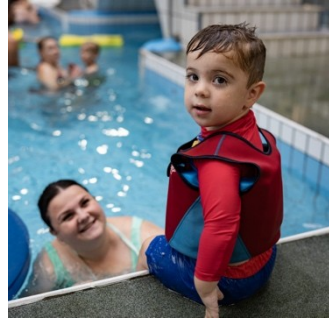
It was lovely to see everyone today and to summarise our first year as a registered charity. Thank you.

3. Election of committee for the 2023/2024 term

Following the nomination process I am pleased to report that our committee for 2024 remains the same. We have also gained a number of fantastic volunteers who will be supporting us in running our FEAR events next year. retained the support of key people as well as being able to welcome new volunteers.

A.O.B. None.

The AGM was officially closed.





CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Face Everything And Rise

No (if any)
1196975

Receipts and payments accounts

CC16a

| | | | |
|------------------------|---------------------------------|----|-------------------------------|
| For the period from | Period start date 25/07/2022 | To | Period end date 31/07/2023 |
|------------------------|---------------------------------|----|-------------------------------|

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|---|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Donations | 19,146 | - | - | 19,146 | - |
| Grants | 21,100 | - | - | 21,100 | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total (Gross income for AR) | 40,246 | - | - | 40,246 | - |
| A2 Asset and investment sales, (see table). | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total receipts | 40,246 | - | - | 40,246 | - |
| A3 Payments | | | | | |
| Event costs | 5,517 | - | - | 5,517 | - |
| Post | 402 | - | - | 402 | - |
| Travel and accomodation | 283 | - | - | 283 | - |
| Promotional | 1,757 | - | - | 1,757 | - |
| IT | 100 | - | - | 100 | - |
| Insurances | 362 | - | - | 362 | - |
| Specialise resources | 12,208 | - | - | 12,208 | - |
| General | 2,470 | - | - | 2,470 | - |
| | - | - | - | - | - |
| Sub total | 23,098 | - | - | 23,098 | - |
| A4 Asset and investment purchases, (see table) | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total payments | 23,098 | - | - | 23,098 | - |
| Net of receipts/(payments) | 17,148 | - | - | 17,148 | - |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | - | - | - | - | - |
| Cash funds this year end | 17,148 | - | - | 17,148 | - |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|----------------------|--|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | Cash in bank | 17,148 | - | - |
| | | - | - | - |
| | | - | - | - |
| | Total cash funds | 17,148 | - | - |
| | (agree balances with receipts and payments account(s)) | OK | OK | OK |

| | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| B2 Other monetary assets | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|---------|-----------------------------|-----------------|--------------------------|
| B3 Investment assets | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---------|-----------------------------|-----------------|--------------------------|
| B4 Assets retained for the charity's own use | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|---------|---------------------------------|-----------------------|---------------------|
| B5 Liabilities | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |

| Signed by one or two trustees on behalf of all the trustees | Signature | Print Name | Date of approval |
|---|--------------------|--------------------|------------------|
| | <i>Kim Purkis</i> | Kimberley R Purkis | 31/07/2023 |
| | <i>Tessa Hurst</i> | Tessa Marie Hurst | 31/07/2023 |

Mr David Johnson

35 Seward Rise, Romsey. SO51 8PE
Email: david.johnson@gssflooring.com

Date: 1st February 2024

Dear Sir or Madam

**Independent examiner's report to the trustees of Face Everything And Rise
(The Charity) (Registered Charity No: 1196975)**

I report to the trustees on my examination of the accounts of the Face Everything And Rise (the Charity) for the year ended 24th July 2023.

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

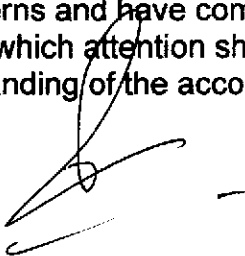
Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Mr David Johnson

Occupation: Accounts Manager

Address: As above

FACE EVERYTHING AND RISE

England & Wales - Charity number 1196975

Accounts

Face Everything And Rise (FEAR)

Annual General Meeting - 24/7/22

Charity number- 1196975



1. Introduction

Kim Purkis (KP) hosted the AGM and thanked everyone for joining. The AGM followed the family/ swim charity event, held at Bitterne Leisure Centre.

2. Apologies

No apologies

3. Treasurers report

This financial year is the charity's first. We became officially registered, with the charity commission, in December 2021. To date, we have applied for one grant, which we have been successful in securing.

In April'22 we secured a grant of £4,400 from a local radio station. This is to cover the costs of running a swim event, each month, across the South over a 12 month period.

No other grants have been secured.

Expenditures remain very low. At present the only expenditure of the charity has been the cost of running our first family charity/swimming event (held today) and purchasing the software to make specialised resources.

4. Chair's report

It has been an exciting couple of months for the charity, as we officially became a registered CIO in December and have great plans for the year ahead.

After recently receiving a grant, FEAR have been able to secure a venue to host a monthly swimming event, for children receiving artificial nutrition in the South of England. Today has been our first event of the year, which has been a huge success. We have had multiple families travel over a couple of hours to attend. Families have been able to meet each other, and children have made new friends. The BBC South were in attendance and will be airing a piece about the event in a few weeks.

FEAR have recently been recognised by Swim England and are in the process of expanding the swim events to cover England.

Due to the high number of families contacting FEAR for support, we have been able to set up a 'mental health' team to offer further support to individuals. This team is run by Steve and

Hannah, two NHS Mental Health Registered Nurses. Patients can request help via email, text, phone or video call.

FEAR also now offer families the option of personalised resources to further their child's understanding and their health condition. We have also created communication aids for a number of children, so that they can communicate their needs and feelings, within a Hospital environment. These resources have proven to be extremely successful and have given children a voice.

This year FEAR introduced our new charity mascot, the FEAR Bear. So far, we have donated over 500 Bears to children, and adults, across the country living on artificial nutrition.

In summary, I am extremely proud of what the charity has achieved in such a short amount of time and am very much looking forward to the coming months in securing more funding to further our support. The committee work incredibly well together and have pulled together great visions for the charity for 2022-2023.

5. Elections of EC for the July 2022- July 2023 term

I am pleased to report that the EC remains the same, and there are no objections.

- Kim Purkis – Chair
- Tessa Hurst – Treasurer
- Peter Nicholson – Secretary
- Lynn Purkis – Trustee
- Steve – Volunteer Mental Health Nurse
- Hannah – Volunteer Mental Health Nurse

6. A.O.B

No AOB. The AGM was officially closed.



CHARITY COMMISSION
FOR ENGLAND AND WALES

| | |
|--------------|-------------|
| Charity Name | No (if any) |
|--------------|-------------|

Receipts and payments accounts

| | | | |
|---------------------|-------------------|----|-----------------|
| For the period from | Period start date | To | Period end date |
|---------------------|-------------------|----|-----------------|

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|
| A1 Receipts | | | | |
| Donations | 4,400 | - | - | 4,400 |
| | - | - | - | - |
| | - | - | - | - |
| | - | - | - | - |
| | - | - | - | - |
| | - | - | - | - |
| Sub total (Gross income for AR) | 4,400 | - | - | 4,400 |
| A2 Asset and investment sales, (see table). | | | | |
| | - | - | - | - |
| | - | - | - | - |
| Sub total | - | - | - | - |
| Total receipts | 4,400 | - | - | 4,400 |
| A3 Payments | | | | |
| Event costs | 776 | - | - | 776 |
| Post | 125 | - | - | 125 |
| Travel and accomodation | 133 | - | - | 133 |
| Promotional | 341 | - | - | 341 |
| IT | 219 | - | - | 219 |
| | - | - | - | - |
| | - | - | - | - |
| | - | - | - | - |
| Sub total | 1,594 | - | - | 1,594 |
| A4 Asset and investment purchases, (see table) | | | | |
| | - | - | - | - |
| | - | - | - | - |
| Sub total | - | - | - | - |
| Total payments | 1,594 | - | - | 1,594 |
| Net of receipts/(payments) | 2,806 | - | - | 2,806 |
| A5 Transfers between funds | - | - | - | - |
| A6 Cash funds last year end | - | - | - | - |
| Cash funds this year end | 2,806 | - | - | 2,806 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ |
|----------------------|-------------------------|------------------------------------|----------------------------------|
| B1 Cash funds | Cash in bank | 2,806 | - |
| | | - | - |
| | | - | - |
| | Total cash funds | 2,806 | - |

(agree balances with receipts and payments account(s))

OK

Unrestricted funds
to nearest £

OK

Restricted funds
to nearest £

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|
| B2 Other monetary assets | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |

| Categories | Details | Fund to which asset belongs | Cost (optional) |
|-----------------------------|---------|--------------------------------|-----------------|
| B3 Investment assets | | | - |
| | | | - |
| | | | - |
| | | | - |
| | | | - |

| Categories | Details | Fund to which asset belongs | Cost (optional) |
|---|---------|--------------------------------|-----------------|
| B4 Assets retained for the charity's own use | | | - |
| | | | - |
| | | | - |
| | | | - |
| | | | - |
| | | | - |
| | | | - |
| | | | - |
| | | | - |

| Categories | Details | Fund to which liability relates | Amount due (optional) |
|-----------------------|---------|------------------------------------|--------------------------|
| B5 Liabilities | | | - |
| | | | - |
| | | | - |
| | | | - |
| | | | - |

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Peter Nicholson

Peter Nicholson

CC16a



Last year
to the nearest £

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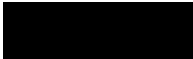
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Endowment funds
to nearest £

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When due (optional)

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Date of approval

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|------------|
| 22/08/2022 |
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