



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 7/12/2021
Period end date

Period start date To 31/3/2023

Charity name: Hesketh Bank and Tarleton Helpers

Charity registration number:
1196962

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<ol style="list-style-type: none">1. Prevention or relief of poverty, especially food poverty, in the area of benefit.2. Advancing the education of the public including with regard to horticulture and the environment3. Promoting facilities for recreation and leisure in the interests of social welfare in order to improve residents' lives4. Advancing such other charitable purposes as the Trustees see fit
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<ol style="list-style-type: none">1. Tackling food poverty, social isolation and loneliness by operating a weekly Community Café providing a free three course meal created by volunteers using principally donated food.2. Tackling food poverty via a small foodbank3. Addressing loneliness and social isolation among older people with a face to face befriending service4. Improving the lives of local residents by facilitating social gatherings such as holding a regular coffee morning at a sheltered accommodation complex5. Advancing education and reducing loneliness and social isolation by putting on talks and activities at local venues.6. Keeping residents informed of useful services, local news and forthcoming events and activities with a regular newsletter
Statement confirming	Para 1.18	The Trustees have had regard to the

whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit		guidance issued by the Charity Commission on public benefit
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	The Charity consists entirely of volunteers. Apart from the Trustees themselves, the Charity has approximately 30 volunteers in connection with our Community Café, and 10 volunteers working with our Befriending Service. Without the contribution of these volunteers, the Charity would not be able to deliver its services.
Other		N/A

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<ol style="list-style-type: none"> 1. The Charity supports in a number of ways a local foodbank which has provided relief to local families and migrant workers who are in food poverty. 2. The Charity operates a weekly Community Café (see above). This reduces food waste and benefits the environment since the meals are manly created from donated food that would otherwise have gone to waste. 50-60 local people attend and receive a nourishing 3 course meal cooked from scratch by our volunteers. Donated food not used for the meal is taken home by attendees. The Café reduces food poverty as no charge is made for the meal or food taken away. The weekly lunch allievates

		<p>loneliness and social isolation, especially among older people – many attendees are aged between 75 and 95. Those without transport are often brought to the café by our volunteers.</p> <p>3. Our Befriending Service has made a great difference to the lives of approximately 40 lonely or socially isolated older people. Volunteers have regular face to face contact with clients and where possible facilitate their introduction to social groups where they can make friends.</p> <p>4. We also hold, or are involved in, a number of coffee mornings held at local venues (such as a sheltered accommodation complex in Tarleton) where older people can socialise. Those who are lonely or socially isolated are supported to attend by our volunteers, who often bring them to and from the venue.</p> <p>5. We have held a number of educational talks on local history and other subjects, as well as musical performances and concerts. These have been well attended and much appreciated by local people. Again, people with mobility issues or who are lonely or socially isolated have been assisted to attend these events.</p> <p>6. The Charity produces a Newsletter every two months which provides local people with helpful information and news about forthcoming events. As there is no longer a local newspaper, this is all the more appreciated.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	N/A
Performance of fundraising activities against objectives set	Para 1.41	N/A
		N/A

Investment performance against objectives	Para 1.41	
Other		N/A

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charity ended its first financial period with no debts and almost £6000 in unrestricted funds and £643 in restricted funds.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trustees have determined that £1000 should be held as a reserve, this being the sum calculated to operate the Community Café for 3 months should its closure become necessary.
Amount of reserves held	Para 1.22	£1000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Principal sources of funds have been grants, donations made by attendees at the Community Café, and other donations from individuals and a local business. We also held a fundraising sale and a fundraising concert.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	<ol style="list-style-type: none"> 1. Loss of, or inability to recruit, sufficient volunteers 2. Fall in donations
Other		N/A

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution – Charitable Incorporated Organisation whose only voting members are its charity trustees
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are recruited by advertisement followed by shortlisting of applications and interview by a panel of 3 Trustees. The panel make appropriate recommendations upon appointment to the Board. New Trustees are appointed by a resolution passed at a properly convened meeting of charity trustees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	New Trustees undergo a comprehensive induction process overseen by the Chair, which covers information about the Charity, finance reports, duties of Trustees, policies and procedural documents, Board roles etc. They are also provided with a Trustee Manual containing copies of relevant documents including the Constitution and Charity Commission guidance.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charity has a Board of 6 Trustees, who oversee the work of approximately 40 volunteers. There are no paid members of staff.
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	Hesketh Bank and Tarleton Helpers
Other name the charity uses	
Registered charity number	1196962

Charity's principal address	The Rectory, 1, Silverdale, Hesketh Bank, Preston Lancashire PR4 6RZ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Vivien Mumford	Chair	Whole period	Board of Trustees
2	Diane Mackley	Secretary	Whole period	Board of Trustees
3	David Dickinson	Trustee	Whole period	Board of Trustees
4	Stephen Kirby	Trustee	Whole period	Board of Trustees
5	Sandra Watt	Trustee	4/1/22 to date	Board of Trustees
6	Steven Boyes	Vice-Chair	6/5/22 to date	Board of Trustees
7	Geoffrey Green	Trustee	4/1/22 – 11/6/22	Board of Trustees
8	Richard Fisk	Trustee	4/1/22 – 11/6/22	Board of Trustees
9	Rev. Canon Mark Soady	Trustee	7/12/21 – 2/2/22	Board of Trustees
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Vivien K. Mumford

Diane Mackley

Full name(s)

Vivien Kay Mumford

Diane Mackley

**Position (eg Secretary,
Chair, etc)**

Chair of Board of Trustees

Trustee

Date

21st July 2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name

Hesketh Bank and Tarleton Helpers

No (if any)

1196962

Receipts and payments accounts

CC16a

For the period
from

Period start date
07/12/21

To

Period end date
31/03/23

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grant Income	-	5,784	-	5,784	-
Restricted Donation(freezer)	-	100	-	100	-
Unrestricted donations	2,576	-	-	2,576	-
Unrestricted Donations(Community Cafe)	9,889	-	-	9,889	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	12,465	5,884	-	18,349	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	12,465	5,884	-	18,349	-
A3 Payments					
Newsletter	85	2,680	-	2,765	-
Public Liability Insurance	196	171	-	367	-
Befriending inc. DBS	32	481	-	513	-
Foodbank	480	612	-	1,092	-
Community Cafe inc. Food Safety Training	5,373	569	-	5,942	-
Printing	89	-	-	89	-
Room rental -meetings and training	125	228	-	353	-
Talks/Events for older people	83	500	-	583	-
Fundraising Event – table hire and entertainment	100	-	-	100	-
Sub total	6,563	5,241	-	11,804	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	6,563	5,241	-	11,804	-
Net of receipts/(payments)	5,902	643	-	6,545	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	5,902	643	-	6,545	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Donations	5,902	-	-
	Grants and restricted donation		643	-
		-	-	-
	Total cash funds	5,902	643	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	to nearest £	to nearest £	to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	V. K. Mumford	Vivien Mumford	19 th May 2023	