



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From** 01/01/2024  
**To** 31/12/2024

**Period start date**  
**Period end date**

**Charity name:** The Sarah Hughes Trust

**Charity registration number:** 1196948

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>(1)</b> The advancement of education and research in humanities and the History of Medicine to include the provision of an annual lecture called the Sarah Hughes Memorial Lecture at the Royal Society of Medicine; and <b>(2)</b> (2) the promotion and advancement of education and social diversity in journalism.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We provide financial support for aspiring and talented journalists and hold an annual lecture in Sarah Hughes's name at the History of Medicine Society at the Royal Society of Medicine. This event includes the presentation of The Sarah Hughes Trust Prize, an award set up to recognise exceptional journalism that exposes false or misleading information, so-called fake news, in health or medicine. In addition, we provide funding to support the accommodation and needs costs of people from low-income backgrounds to undertake journalism internships in London.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	I can confirm that the Trustees of the Sarah Hughes Trust have all read the guidance provided by the Charity Commission.

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>2024 was a successful year for the Trust. In the summer we supported 3 aspiring journalists through the Guardian and Observer Newspaper Positive Action work placement scheme.</p> <p>In November the trust awarded its annual journalism prize to Jacklin Kwan for her article in the British Medical Journal exposing the practices of some biobanks in deceiving expectant parents about the value of banking their children's umbilical cord blood by using misleading statements to market the procedure.</p> <p>And then finally in December we held our annual lecture and we were extremely fortunate to have Lady Hale, Baroness of Richmond, as our main speaker. Her lecture, "<i>Press freedom and personal privacy – a clash of rights?</i>" was full of wonderful insights across her career and enjoyed by many on and offline attendees.</p>

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	In 2024 voluntary income totalled £385.  Total expenditure for the period was £7,191, with the biggest expense being the annual lecture at £4,600.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The Trust principal source of funds are voluntary donations from members of the public.
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## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The Trust is a Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are appointed for a term of five years by a properly convened meeting of the charity trustees. Trustees are chosen with regard to their skills, knowledge and experience in order to deliver effective administration of the Trust.

## Reference and Administrative details

Charity name	The Sarah Hughes Trust
Other name the charity uses	
Registered charity number	<b>1196948</b>
Charity's principal address	11 Hatfield Road London E15 1RA

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	
3	John Hughes			
4	Adrian Berry	Chair		
5	Richard Neate	Secretary		
6	Emily Hills			
7	Alexa Baracaia			
8	Philippa Rae			

**Declarations**

The trustees declare that they have approved the trustees’ report above.

**Signed on behalf of the charity’s trustees**

<b>Signature(s)</b>	Richard Neate (signed electronically)	
<b>Full name(s)</b>	Richard Paul Neate	
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer	
<b>Date</b>	26/10/2025	

## Receipts and Payments Accounts for The Sarah Hughes Trust

For the period from	01/01/2024
to	31/12/2024

### Section A : Receipts and payments

	Total Funds (*)	Last Year
<b><u>A1 Receipts</u></b>		
Donations	£10.00	£10,755.93
Event income	£375.00	
<b>Sub total</b>	<b>£385.00</b>	<b>£10,755.93</b>
 <b><u>A2 Asset sales</u></b>	 £0.00	 £0.00
 <b>Total Receipts</b>	 <b>£385.00</b>	 <b>£10,755.93</b>
 <b><u>A3 Payments</u></b>		
Events	£4,585.78	£8,000.00
Internship grants	£1,605.00	£967.28
Prize awards	£1,000.00	£0.00
Website	£0.00	£148.93
<b>Sub total</b>	<b>£7,190.78</b>	<b>£9,116.21</b>
 <b><u>A4 Asset purchases</u></b>	 £0.00	 £0.00
 <b>Total Payments</b>	 <b>£7,190.78</b>	 <b>£9,116.21</b>
 <b>Net receipts/(payments)</b>	 <b>£6,805.78</b>	 <b>£1,639.72</b>
<b>A6 Cash funds last YE</b>	<b>£25,066.28</b>	<b>£23,426.56</b>
<b>Cash funds at YE</b>	<b>£18,260.50</b>	<b>£25,066.28</b>

### Section B: Statement of assets and liabilities at the end of the period

<b><u>B1 Cash funds</u></b>		
Cash on deposit	£18,260.50	£25,066.28
<b>Total cash funds</b>	<b>£18,260.50</b>	<b>£25,066.28</b>

<b><u>B2 Other monetary assets</u></b>	£0.00	£0.00
<b><u>B3 Investment assets</u></b>	£0.00	£0.00
<b><u>B4 Assets for charity's own use</u></b>	£0.00	£0.00
<b>Total Assets</b>	£18,260.50	£25,066.28
<b><u>B5 Liabilities</u></b>	£0.00	£0.00

#### **Notes**

(\*) All funds are unrestricted funds