



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From 06/12/21 Period start date  
To 31/12/22 Period end date

Charity name: The Sarah Hughes Trust

Charity registration number: 1196948

## Objectives and Activities

|  | SORP reference     |   |
|--|--------------------|---|
| Summary of the purposes of the charity as set out in its governing document  | Para 1.17          | <b>(1)</b> The advancement of education and research in humanities and the History of Medicine to include the provision of an annual lecture called the Sarah Hughes Memorial Lecture at the Royal Society of Medicine; and<br><b>(2)</b> (2) the promotion and advancement of education and social diversity in journalism.  |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | We provide financial support for aspiring and talented journalists and hold an annual lecture in Sarah Hughes's name at the History of Medicine Society at the Royal Society of Medicine. This event includes the presentation of The Sarah Hughes Trust Prize, an award set up to recognise exceptional journalism that exposes false or misleading information, so-called fake news, in health or medicine. In addition, we provide funding to support the accommodation and needs costs of people from low-income backgrounds to undertake journalism internships in London. |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit   | Para 1.18          | I can confirm that the Trustees of the Sarah Hughes Trust have all read the guidance provided by the Charity.   |

## Achievements and Performance

|  | SORP reference |  |
|--|----------------|--|
|--|----------------|--|

|   |           |   |
|---|-----------|---|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20 | <p>This year was the Trust's first full year, and we achieved a great deal. The second annual lecture took place on 2 December 2022. The lecture was given by Professor Dame Marina Warner and was attended by over 100 people in person and many more online.</p> <p>The Sarah Hughes Trust prize was shared by two journalists for their article "Ivermectin: How false science created a Covid 'miracle' drug" (<a href="#">Ivermectin: How false science created a Covid 'miracle' drug - BBC News</a>)</p> <p>Finally, the Trust worked with the Guardian and Observer Newspaper on their Positive Action work placement scheme, supporting 3 aspiring journalists with their accommodation during their internship.</p> |
|---|-----------|---|

#### **Additional information (optional)**

You may choose to include further statements where relevant about:

|       |  |  |
|-------|--|--|
| Other |  | <p>When the work that led to the Trust was first established, funds were raised by Harriet Tyce (later to the Trust's first Chair) and a lecture was held (December 2021). The funds raised were held by Ms Tyce and she used them to pay for the costs of the first lecture and associated activities. On the constitution of the Trust and the setting up of its bank account, as well as the organisation of the second lecture (December 2022), all necessary steps were taken to account for the money spent and to transfer the balance of the funds to the Trust.</p> |
|-------|--|--|

## Financial Review

|  |           |  |
|--|-----------|--|
| Review of the charity's financial position at the end of the period            | Para 1.21 | <p>In 2022 voluntary income totalled £28,918. This was income solicited via a JustGiving crowdfunding page set up before the Trust was registered during the summer of 2021.</p> <p>Total expenditure for the period was £5,491, with the biggest expense being the Internships grants, at £2,695.</p> |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 |  |
| Amount of reserves held  | Para 1.22 |  |

### Additional information (optional)

You may choose to include further statements where relevant about:

|  |           |   |
|--|-----------|---|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | The Trust principal source of funds are voluntary donations from members of the public. |
|--|-----------|---|

## Structure, Governance and Management

|   |           |  |
|---|-----------|--|
| Description of charity's trusts:  |           |  |
| Type of governing document<br>(trust deed, royal charter)   | Para 1.25 | Trust deed   |
| How is the charity constituted?<br>(e.g unincorporated association, CIO)  | Para 1.25 | The Trust is a Charitable Incorporated Organisation (CIO)  |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | Trustees are appointed for a term of five years by a properly convened meeting of the charity trustees. Trustees are chosen with regard to their skills, knowledge and experience in order to deliver effective administration of the Trust. |

## Reference and Administrative details

|                             |                                       |
|-----------------------------|---------------------------------------|
| Charity name                | The Sarah Hughes Trust                |
| Other name the charity uses |                                       |
| Registered charity number   | <b>1196948</b>                        |
| Charity's principal address | 11 Hatfield Road<br>London<br>E15 1RA |
|                             |                                       |

## Names of the charity trustees who manage the charity

|   | Trustee name   | Office (if any) | Dates acted if not for whole year |  |
|---|----------------|-----------------|-----------------------------------|--|
| 1 | Harriet Tyce   | Chair           | (to 12 December 2022)             |  |
| 2 | Nat Tyce       | Treasurer       |                                   |  |
| 3 | John Hughes    |                 |                                   |  |
| 4 | Adrian Berry   |                 | (from 10 January 2023)            |  |
| 5 | Richard Neate  |                 |                                   |  |
| 6 | Emily Hills    |                 | (from 10 January 2023)            |  |
| 7 | Alexa Baracaia |                 | (from 10 January 2023)            |  |

## Declarations

The trustees declare that they have approved the trustees' report above.

### Signed on behalf of the charity's trustees

|  |                                       |  |
|--|---------------------------------------|--|
| <b>Signature(s)</b>                        | Richard Neate (signed electronically) |  |
| <b>Full name(s)</b>                        | Richard Paul Neate                    |  |
| <b>Position (eg Secretary, Chair, etc)</b> | Secretary                             |  |
| <b>Date</b>                                | 19/10/2023                            |  |

## **Receipts and Payments Accounts for The Sarah Hughes Trust**

For the period from  
to

06/12/2021  
31/12/2022

### **Section A : Receipts and payments**

|                                      | <b>Total Funds (*)</b> | <b>Last Year (**)</b> |
|--------------------------------------|------------------------|-----------------------|
| <b><u>A1 Receipts</u></b>            |                        |                       |
| Donations                            | £28,918                | £0                    |
| <b>Sub total</b>                     | <b>£28,918</b>         | <b>£0</b>             |
| <br><b><u>A2 Asset sales</u></b>     | <br>£0                 | <br>£0                |
| <br><b>Total Receipts</b>            | <br><b>£28,918</b>     | <br><b>£0</b>         |
| <br><b><u>A3 Payments</u></b>        |                        |                       |
| Events                               | £840                   | £0                    |
| Internship grants                    | £2,695                 | £0                    |
| Prize awards                         | £1,000                 | £0                    |
| Website                              | £957                   | £0                    |
| <b>Sub total</b>                     | <b>£5,491</b>          | <b>£0</b>             |
| <br><b><u>A4 Asset purchases</u></b> | <br>£0                 | <br>£0                |
| <br><b>Total Payments</b>            | <br><b>£5,491</b>      | <br><b>£0</b>         |
| <br><b>Net receipts/(payments)</b>   | <br><b>£23,427</b>     | <br><b>£0</b>         |
| <b>A6 Cash funds last YE</b>         | <b>£0</b>              | <b>£0</b>             |
| <b>Cash funds at YE</b>              | <b>£23,427</b>         | <b>£0</b>             |

### **Section B: Statement of assets and liabilities at the end of the period**

|   |                |           |
|---|----------------|-----------|
| <b><u>B1 Cash funds</u></b>                       |                |           |
| Cash on deposit                                   | £23,427        | £0        |
| <b>Total cash funds</b>                           | <b>£23,427</b> | <b>£0</b> |
| <br><b><u>B2 Other monetary assets</u></b>        | <br>£0         | <br>£0    |
| <br><b><u>B3 Investment assets</u></b>            | <br>£0         | <br>£0    |
| <br><b><u>B4 Assets for charity's own use</u></b> | <br>£0         | <br>£0    |

|                              |         |    |
|------------------------------|---------|----|
| <b>Total Assets</b>          | £23,427 | £0 |
| <b><u>B5 Liabilities</u></b> | £0      | £0 |

### Notes

All funds are unrestricted funds

Registered as a CIO on 6th Dec 2021

# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

### Report to the trustees

Charity Name

The Sarah Hughes Trust

### On accounts for the period ended

31 December 2022

**Charity no  
(if any)**

1196948

### Set out on pages

6 & 7

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the accounting period ended 31 December 2022.

### Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

## Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Signed:** Helen Hodge (signed electronically)

**Date:** 8/10/23

**Name:** Helen Hodge

**Relevant professional qualification(s) or body (if any):**

ICAEW

**Address:** 2 Cedar Park Gardens, London, SW19 4TE